



FEIS INFORMATION

The Muggivan School of Irish Dance proudly presents

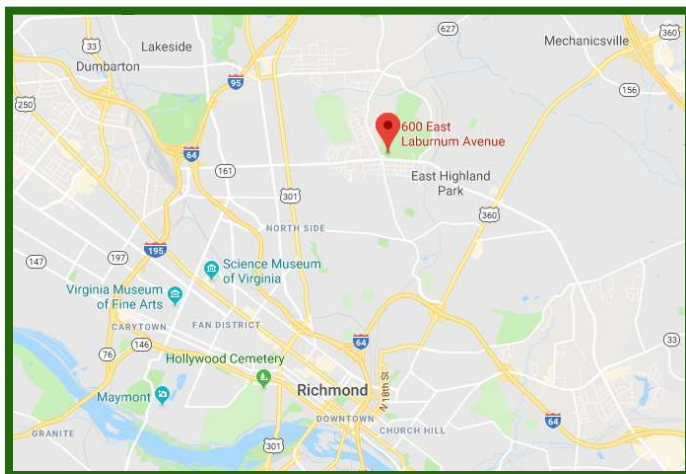
Goin' Green Casual Feis

Saturday - October 26, 2019

Central Virginia Celtic Festival and Highland Games

Richmond Raceway

600 E Laburnum Ave - Richmond, VA



No wigs, No costumes Casual Feis

T-shirt included with all entries.
All -dancers should wear black bottoms with t-shirt

FEIS REGISTRATION SUMMARY

- All entries online at www.quickfeis.com
No paper / no mailed in entries / no checks accepted
- Feis caps are: (registration will close for those levels only once that cap has been reached)
 - Grades 300
 - PC + OC 150
- All results will be printed and given out for FREE at the feis for both championship and grades levels
- Need More Feis Information?
email: goinggreencasualfeis@gmail.com
Phone: (504) 638-1779

NAFC COMMISSION

Member of the North American Feis Commission

President: Jim Graven

president@northamericanfeiscommission.org

Member of An Coimisiun, Dublin, Ireland

NAFC CHAMPIONSHIPS

2020 NAFC Belt Championships

Will be at the **2020 Lavin-Cassidy Feis**

Grand Geneva Resort and Spa

7036 Grand Geneva Way

Lake Geneva, WI, USA 53147

Feis.....Fri & Sat – Feb 28-29,2020

Ceili.....Saturday February 29, 2020

Belt.....Sun March 1, 2020

Edward Callaghan Music Scholarship Championship

Under 15 - will be held at the
Golden Horseshoe Feis on June 15, 2019

James Brennan Music Scholarship Championship

Under 21 - will be held at the
Peach State Feis on May 4, 2019

Goin' Green Casual Feis

COMPETITION FEES

Competition Fees	FEES
All Grades solo and second chance solo <i>(per competitor and per dance)</i>	\$ 10
Preliminary Championship	\$ 40
Open Championship	\$ 45
Specials <i>(Not included in the Family Cap calculation)</i>	\$ 15
Figures/Ceili Dancing <i>(Not included in the Family Cap calculation)</i>	TEAM FEE <i>See details below in figure/ceili section</i>
Family Admission Fee <i>(Not included in the Family Cap calculation)</i>	\$30
Additional T-Shirts	\$ 15 <i>each</i>
Family Cap <i>(Only applies to regular competition fees – not second chance comp or specials, and only up to Oct 16)</i>	\$ 150

**Credit card payments only online
NO REFUNDS FOR ANY REASON**

LATE FEES

Please note that LATE FEES are in ADDITION to the competition fees listed above. All fees are PER dancer

LATE FEES	Up to Oct 1 (online)	Up to Oct 16 (online)	After Oct 16 (at Feis)
New Registrations	\$ 0	\$ 25	\$ 50
Changes	Free	\$ 15	\$ 25
Family Cap	\$ 175	\$175	none
Payment type	CC only	CC only	CC or cash

GOIN' GREEN CASUAL FEIS RULES

- **NUMBER OF COMPETITORS:** The Feis Committee reserves the right to combine or split competitions and to require three performers at a time to compete.
- **ENFORCEMENT:** All Feis rules will be strictly enforced.
- New registrations will be taken at the feis only provided the feis has room within the competition. Cash and credit cards will be accepted. No checks will be accepted for any feis payments
- **Second Chance competitions**
 - Charged the same as the regular competitions
 - **Do not count towards the family max**
 - Will be run the same day, after the regular competitions are done (so there will be no conflict)
 - Results count towards advancement (same as regular competitions).

DAY OF FEIS FEES

- **NEW Registration** will be accepted at the feis IN PERSON fee if the feis has not capped.
- **CHANGE fees:**
 - Fee is PER dancer
 - Includes switching any number of competition
 - Any additional competition will be charged the REGULAR price per competition, in addition to the CHANGE fee (per dancer)

**FREE PRINTED RESULTS AVAILABLE WHEN ALL THE
COMPETITIONS YOU REGISTERED IN ARE
COMPLETED AND ANNOUNCED**

PC and OC dancers will get their individual results during announcements

Individual results will have the raw score the adjudicator gave, ranks, points (for championship only) and any comments they may have made.

Free results are also available online at

www.quickfeis.com

(log into your QuickFeis account)

Goin' Green Casual Feis

NUMBERING SYSTEM

The following numbering system complies with the NAFC Mid America Standardized Syllabus for 2011

1st Digit	Level Category: FIRST FEIS Dances all begin with "1", BEGINNER 1 with "2", and so forth
2nd and 3rd Digits	Age Group, Girls begin at 01 and Boys begin at 51. So "05" means girls under 5, while 61 means boys under 11.
4th and 5th Digits (Letters)	Competition Type: RL = REEL LJ = LIGHT JIG SJ = SLIP JIG TJ = TREBLE JIG HP = HORNPIPE PD = ST PATRICK DAY TS = TRADITIONAL SET ...

AGE GROUP: your age group is determined by the YEAR the competitor was born. This changes from year to year!

For 2019	U5	U6	U7	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18
Born in:	2014	2013	2012	2011	2010	2009	2008	2007	2006	2005	2004	2003	2002	2001

PLEASE NOTE: Age groupings beginning with "O" mean THAT age AND over (example O11 means 11 and older)

FIRST FEIS

The First Feis level has been established for dancers who are competing in their very first Feis.

Once a dancer competes in the First Feis category, the dancer must move into Beginner 1 or Beginner 2.

AT THIS LEVEL, DANCERS ARE NOT ALLOWED TO COMPETE IN SOLO COSTUMES (only school costumes are allowed)

	U5	U6	U7	U8	U9	U10	U11	O11
REEL	105RL	106RL	107RL	108RL	109RL	110RL	111RL	112RL

NOTE – SECOND CHANCE competitions (all highlighted in green) are the same price as the regular competitions, but do not count towards the family max

BEGINNER 1 (BEGINNER)

A dancer who has been dancing for less than one year. A Beginner 1 must move to Beginner 2 no later than January 1st of the dancers second year of instruction, or may move to Beginner 2 earlier with teacher's permission and provided that the Feis has not closed to changes. Note: a Beginner 1 dancer who starts in September, may continue as a Beginner 1 until December of the following year (16 months) before moving into Beginner 2.

AT THIS LEVEL, DANCERS ARE NOT ALLOWED TO COMPETE IN SOLO COSTUMES (only school costumes are allowed)

*** ALL HARD SHOE DANCES AT TRADITIONAL SPEEDS**

	U5	U6	U7	U8	U9	U10	U11	U12	O12
REEL	205RL	206RL	207RL	208RL	209RL	210RL	211RL	212RL	213RL
LIGHT JIG	205LJ	206LJ	207LJ	208LJ	209LJ	210LJ	211LJ	212LJ	213LJ
SLIP JIG	205SJ	206SJ	207SJ	208SJ	209SJ	210SJ	211SJ	212SJ	213SJ
SINGLE JIG	205SN	206SN	207SN	208SN	209SN	210SN	211SN	212SN	213SN
REEL	205RL2	206RL2	207RL2	208RL2	209RL2	210RL2	211RL2	212RL2	213RL2
LIGHT JIG	205LJ2	206LJ2	207LJ2	208LJ2	209LJ2	210LJ2	211LJ2	212LJ2	213LJ2
SLIP JIG	205SJ2	206SJ2	207SJ2	208SJ2	209SJ2	210SJ2	211SJ2	212SJ2	213SJ2
SINGLE JIG	205SN2	206SN2	207SN2	208SN2	209SN2	210SN2	211SN2	212SN2	213SN2

Goin' Green Casual Feis

NOTE – SECOND CHANCE competitions (all highlighted in green) are the same price as the regular competitions, but do not count towards the family max

BEGINNER 2 (ADVANCED BEGINNER)

A dancer who has been dancing for more than one year and who has not won a 1st, 2nd, or 3rd, in Beginner 2. A dancer who has won a 1st, 2nd, or 3rd in a Beginner 2 dance must move into Novice in that dance no later than January 1st of the next calendar year or with teacher's permission as soon as the next Feis (if said Feis has not closed to changes).

AT THIS LEVEL, DANCERS ARE NOT ALLOWED TO COMPETE IN SOLO COSTUMES (only school costumes are allowed)

*** ALL HARD SHOE DANCES AT TRADITIONAL SPEEDS**

	<u>U6</u>	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>O13</u>
REEL	306RL	307RL	308RL	309RL	310RL	311RL	312RL	313RL	314RL
LIGHT JIG	306LJ	307LJ	308LJ	309LJ	310LJ	311LJ	312LJ	313LJ	314LJ
SLIP JIG	306SJ	307SJ	308SJ	309SJ	310SJ	311SJ	312SJ	313SJ	314SJ
SINGLE JIG	306SN	307SN	308SN	309SN	310SN	311SN	312SN	313SN	314SN
*TREBLE JIG	306TJ	307TJ	308TJ	309TJ	310TJ	311TJ	312TJ	313TJ	314TJ
*HORNSPIPE	306HP	307HP	308HP	309HP	310HP	311HP	312HP	313HP	314HP
REEL	306RL2	307RL2	308RL2	309RL2	310RL2	311RL2	312RL2	313RL2	314RL2
SLIP JIG	306SJ2	307SJ2	308SJ2	309SJ2	310SJ2	311SJ2	312SJ2	313SJ2	314SJ2
SINGLE JIG	306SN2	307SN2	308SN2	309SN2	310SN2	311SN2	312SN2	313SN2	314SN2
*TREBLE JIG	306TJ2	307TJ2	308TJ2	309TJ2	310TJ2	311TJ2	312TJ2	313TJ2	314TJ2
*HORNSPIPE	306HP2	307HP2	308HP2	309HP2	310HP2	311HP2	312HP2	313HP2	314HP2

NOVICE

A dancer moves into Novice as a result of placing 1st, 2nd, or 3rd in that dance as indicated in Beginner 2. A dancer who wins 1st in a Novice dance must move into Prizewinner level in that dance no later than January 1st of the next calendar year or with teacher's permission as soon as the next feis (if said feis has not closed to changes).

*** ALL HARD SHOES DANCES CAN BE DONE AT EITHER TRADITIONAL SPEED OR SLOW SPEED**

	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>O15</u>
REEL	407RL	408RL	409RL	410RL	411RL	412RL	413RL	414RL	415RL	416RL
LIGHT JIG	407LJ	408LJ	409LJ	410LJ	411LJ	412LJ	413LJ	414LJ	415LJ	416LJ
SLIP JIG	407SJ	408SJ	409SJ	410SJ	411SJ	412SJ	413SJ	414SJ	415SJ	416SJ
*TREBLE JIG	407TJ	408TJ	409TJ	410TJ	411TJ	412TJ	413TJ	414TJ	415TJ	416TJ
*TREBLE JIG	407TJ	408TJ	409TJ	410TJ	411TJ	412TJ	413TJ	414TJ	415TJ	416TJ
*HORNSPIPE	407HP	408HP	409HP	410HP	411HP	412HP	413HP	414HP	415HP	416HP
REEL	407RL2	408RL2	409RL2	410RL2	411RL2	412RL2	413RL2	414RL2	415RL2	416RL2
SLIP JIG	407SJ2	408SJ2	409SJ2	410SJ2	411SJ2	412SJ2	413SJ2	414SJ2	415SJ2	416SJ2
*TREBLE JIG	407TJ2	408TJ2	409TJ2	410TJ2	411TJ2	412TJ2	413TJ2	414TJ2	415TJ2	416TJ2
*TREBLE JIG	407TJ2	408TJ2	409TJ2	410TJ2	411TJ2	412TJ2	413TJ2	414TJ2	415TJ2	416TJ2
*HORNSPIPE	407HP2	408HP2	409HP2	410HP2	411HP2	412HP2	413HP2	414HP2	415HP2	416HP2

Goin' Green Casual Feis

NOTE – SECOND CHANCE competitions (all highlighted in green) are the same price as the regular competitions, but do not count towards the family max

PRIZE WINNER

A dancer moves into Prizewinner as a result of placing 1st place as indicated in Novice.

***ALL HARD SHOES DANCES CAN BE DONE AT EITHER TRADITIONAL SPEED OR SLOW SPEED**

	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>O15</u>
REEL	507RL	508RL	509RL	510RL	511RL	512RL	513RL	514RL	515RL	516RL
SLIP JIG	507SJ	508SJ	509SJ	510SJ	511SJ	512SJ	513SJ	514SJ	515SJ	516SJ
SINGLE JIG	507SN	508SN	509SN	510SN	511SN	512SN	513SN	514SN	515SN	516SN
*TREBLE JIG	507TJ	508TJ	509TJ	510TJ	511TJ	512TJ	513TJ	514TJ	515TJ	516TJ
*HORNSPIPE	507HP	508HP	509HP	510HP	511HP	512HP	513HP	514HP	515HP	516HP
REEL	507RL2	508RL2	509RL2	510RL2	511RL2	512RL2	513RL2	514RL2	515RL2	516RL2
SLIP JIG	507SJ2	508SJ2	509SJ2	510SJ2	511SJ2	512SJ2	513SJ2	514SJ2	515SJ2	516SJ2
SINGLE JIG	507SN2	508SN2	509SN2	510SN2	511SN2	512SN2	513SN2	514SN2	515SN2	516SN2
*TREBLE JIG	507TJ2	508TJ2	509TJ2	510TJ2	511TJ2	512TJ2	513TJ2	514TJ2	515TJ2	516TJ2
*HORNSPIPE	507HP2	508HP2	509HP2	510HP2	511HP2	512HP2	513HP2	514HP2	515HP2	516HP2

ADULT COMPETITIONS

A dancer over the age of 18 who has not danced in the above described competitions for a period of five years.

Dancers who are in the Adult categories cannot enter any competition other than Adult specified competitions.

A dancer who wishes to return to any category other than Adult must remain out of Adult competitions until they retire from dancing for five consecutive years.

ALL HARD SHOES DANCES CAN BE DONE AT EITHER TRADITIONAL SPEED OR SLOW SPEED

	<u>Beginner / Advanced Beginner</u>	<u>Novice</u>	<u>Prize Winner</u>	<u>Championship</u>
REEL	845RL	855RL	865RL	
LIGHT JIG	845LJ	855LJ	865LJ	
SLIP JIG	845SJ	855SJ	865SJ	
SINGLE JIG	845SN	855SN	865SN	799OC
TREBLE JIG	845TJ	855TJ	865TJ	
HORNSPIPE	845HP	855HP	865HP	
REEL	845RL2	855RL2	865RL2	
LIGHT JIG	845LJ2	855LJ2	865LJ2	
SLIP JIG	845SJ2	855SJ2	865SJ2	
SINGLE JIG	845SN2	855SN2	865SN2	
TREBLE JIG	845TJ2	855TJ2	865TJ2	
HORNSPIPE	845HP2	855HP2	865HP2	

Goin' Green Casual Feis

PRELIMINARY CHAMPIONSHIP

A dancer who wins 1st place in each of the Open dances (reel, slip-jig, treble jig, and hornpipe) can move into Preliminary Championships with teacher's permission. Boys and Girls will compete against each other, however if there are at least 5 boys entered, the boys will be moved into a separate competition. In cases where a Feis elects to split a competition due to a large entry, the split must be done by birth date age in the same manner as the North American Championships.

Dancers will perform 48 bars of the reel or 40 bars of the slip-jig **and** 40 bars of the hornpipe or 48 bars of the treble jig. Preliminary Championship will be judged and scored by all 3 judges. In addition, awards will also be posted for each solo round (light and heavy round) based on the scores of one judge (different judges scores for light and heavy).

<i>Ladies & Gents</i>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>U16</u>	<u>U17</u>	<u>U18</u>	<u>18 & Over</u>
Preliminary Championship	609PC	610PC	611PC	612PC	613PC	614PC	615PC	616PC	617PC	618PC	619PC

OPEN CHAMPIONSHIP

A dancer who wins two 1st Place awards in one calendar year will move on to Open Championship the following year, or as soon as the second win is achieved, in any age category, in the following years. Only in the case of back-to-back Feiseanna (successive days), in which case the first win in the first Feis will not change the dancer's status for the second Feis. Placing in a Regional or National Oireachtas does not change the status of a competitor.

Dancers will perform: 48 bars of reel or 40 bars of slip-jig, 40 bars of the hornpipe or 48 bars of the treble jig, and a Set Dance. A Feis may elect to have a recall of 50% of the competitors for the set-dance round if there are over 20 dancers in the competition.

Open Championship will be judged and scored by all 3 judges. In addition, awards will also be posted for each solo round (light, heavy, and set) based on the scores of one judge (different for each round).

<i>Ladies & Gents</i>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>U16</u>	<u>U17</u>	<u>U18</u>	<u>U20</u>	<u>20 & Over</u>
Championship	709OC	710OC	711OC	712OC	713OC	714OC	715OC	716OC	717OC	718OC	720OC	721OC

NOTE: A dancer who has not received a legitimate placing (sufficient competitors within the normal placing scale) along with a dancer who has not placed in Open Championships for two consecutive years, may return to their previous competition level. For example, an Open Championship dancer that does not place in two consecutive years may return to Preliminary Championships, the same as a Preliminary dancer who does not place can return to Prizewinner.

Goin' Green Casual Feis

FIGURES AND CEIL

NEW REGISTRATION PROCESS: Only ONE team member needs to register and will be charged the fee for the entire team. Only the team member who registers will have their dancer number in the stage book and will be considered the “team captain” for whom scores will be given. The “team captain” MUST wear the dancer number that was used to register the team. It is not necessary to notify the Feis nor QuickFeis who the other team members will be.

The team age group is determined by the OLDEST dancer on their team.

All ADULT team members are usually 18 or older.

BEGINNER LEVEL	<u>2 HAND Reel or Jig</u>	<u>3 HAND Reel</u>
Team Fee →	\$10	\$15
Under 11	5211FD	5311FD
Under 13	5213FD	5313FD
Under 16	5216FD	5316FD
16 & Over	5217FD	5317FD
ADULT	5299FD	5399FD

OPEN LEVEL	<u>2 HAND Reel</u>	<u>3 HAND Reel</u>	<u>4 HAND Dance</u>	<u>6 HAND Dance</u>	<u>8 Hand Ceili Dance</u>
Team Fee →	\$20	\$30	\$40	\$60	Team Fee → \$80.00
Under 11	9211FD	9311FD	9411FD	9611FD	Under 11 9811FD
Under 13	9213FD	9313FD	9413FD	9613FD	Under 13 9813FD
Under 16	9216FD	9316FD	9416FD	9616FD	Under 16 9816FD
16 & Over	9217FD	9317FD	9417FD	9617FD	16 & Over 9817FD
ADULT	9299FD	9399FD	9499FD	9699FD	Adult 9899FD

IRISH ARTS

IRISH BAKING Requirement: deliver a baked entry (white or brown bread, fancy or special bread, decorated cakes, etc.) wrapped in plastic.

Competition will be divided by age based upon entries. Must be delivered to registration desk by 10:00am. (\$10.00 fee)

IRISH ART Requirement: must be original artwork by entrant depicting Celtic theme or subject.

Competition will be divided by age based upon entries. Must be delivered to registration desk by 10:00am (\$10.00 fee)

	<u>Under 16</u>	<u>16 and Over</u>
Irish Baking	916BK	917BK
Irish Art	916Art	917Art

Goin' Green Casual Feis

SPECIALS

\$15 per dancer per special

	<u>U12</u>	<u>U15</u>	<u>15 & Over</u>
<p>Championship Traditional Set <i>Open to CHAMPIONSHIP dancers only</i> Competitors will dance any traditional set. Dancers will dance two at a time. (\$15.00 fee).</p>	712TS	715TS	712TS
<p>Special SOFT Shoe Trophy (Reel/Slip Jig only) <i>Open to ALL dancers</i></p>	912SST	915SST	916SST
<p>Special HARD Shoe Trophy (Treble Jig / Hornpipe only) <i>Open to ALL dancers</i></p>	912HST	915HST	916HST
<p>Special Treble Reel Trophy <i>Open to ALL dancers</i></p>	912TR	915TR	916TR
<p>Special TEAM Trophy <i>Open to ALL dancers</i> Teams will consist of two to eight dancers per team (your choice). Must dance the same step within team. (\$15 per team member) No more than 48 bars of dancing per team</p>	---	915Team	916Team

Goin' Green Casual Feis

SOUTHERN REGIONAL DANCING COMPETITION RULES

IDTANA Southern Region Dancing Competition Rules
Effective January 1, 2016

1. In the case of all solo and team competitions in all grades, the age of a competitor on January 1st of the year in which the competition is held will determine the right of entry. For the purpose of this rule, a competitor whose birthday occurs on January 1st shall be deemed to be under the age attained on that date.
2. Competitions are open to all but those holding a TMRP, TCRG, ADCRG designation. A Feis can only accept entries from pupils of teachers registered with An Coimisiun, regardless of their domicile, and where applicable, registered with both the IDTANA and the North American region in which they reside
3. A competitor may be disqualified for any of the following reasons:
 - a) Conduct unbecoming a lady or gentleman;
 - b) Failure to report on time to compete (Penalty: disqualification from said event);
 - c) Falsification of age or other important fact, i.e., teaching, award winning, competing under another competitor's name or number, etc.

Penalty for (a) or (c): Competitor will be disqualified from the Feis at which the occurrence happened and from all NAFC registered Feiseanna for a period of one year beginning at the date of the occurrence.
4. Competitions may be closed if there are no competitors at the assigned stage ready to compete when the competition is scheduled or announced. This may not pertain to a situation where competitors are involved in stage conflicts.
5. Solo competitors in First Feis (if offered), Beginner, Advanced Beginner, Novice or Open (Prizewinner) competition:
 - a) must compete in their own age group;
 - b) must be prepared to perform two steps in each event;
 - c) cannot change competition on the day of the Feis.
6. Steel taps or "bubble" heels on dancing shoes, display of awards, wearing of shorts or other unconventional dress is prohibited. Authentic Gaelic dress is desired. Dancers competing in First Feis (if offered), Beginner and Advanced Beginner (Beginner I and II) must wear a class costume or a skirt and blouse. All other categories are excluded from this rule. Modest attire is encouraged when a competitor is not dancing.
7. Competitor's number must be worn and visible to adjudicators when performing in all competitions. Use of clear reflective plastic number covers is discouraged.
8. Awards will be determined in proportion to the number of entries in each competition and to the degree of proficiency shown.
9. Complaints regarding the running or rules of a Feis must be in writing stating names and other factual information and signed by the complainant. A ten dollar fee (cash) must be enclosed and presented to the Feis Chairman within one hour of the occurrence. The fee will be returned if the complaint is upheld.
10. The Feis Committee and any organization affiliated with same will not be held responsible for personal injury, property loss or damage. Destruction of Feis property or rental property will be punishable by law..
11. The Feis reserves the right to reject any entry for cause, to cancel all or part of the Feis and to limit competitor's performing time. The decision of the Feis Committee is final in all matters connected with the Feis.
12. All Feiseanna must have a process to allow parents to request that their Child or children's name (s) not be listed on the posted competitor list prior to the day of the Feis.
13. Competitors must answer all questions on the entry form as required by the Feis Entry Committee, including teacher's name, and enclose the entry fee when mailing. Failure to do so will result in a rejected entry. Entries must be postmarked on or before the closing date or they will be subject to a late fee as determined by the Feis committee and published on the syllabus and/or entry form.
14. Championships
 - a) Entrants in any Championship event may not enter in any other regular grade solo events but may enter in Figure Dances and/or special competitions for which they are eligible (traditional set, treble reel, non-traditional set dance).
 - b) Entrants in Open Championships should specify on the entry form their choice of set dance.
 - c) Open Championship competitions in the minimum required age groups must be offered separately in the syllabus, yet the Feis Committee may combine an age group with the next higher age group if there are fewer than 5 competitors entered in the lower age groups. A Feis Committee is not permitted to combine dancers from one open championship age group with any age groups which is more than one age group higher than the age group in which the dancers are entered.
 - d) A dancer is required to perform a light shoe dance (reel or slip jig for ladies and reel only for men) and a set dance. A Feis can also opt to require a third dance (choice of jig or hornpipe).
 - e) Dancers must qualify for Open Championship via the method now in place for Preliminary Championship, i.e., two first place wins.
 - f) Dancers must compete in the Preliminary Championship competition in order to qualify for Open Championship.
15. Girls and Boys competitions in Open Championship may be combined in the syllabus. If three or more boys are entered in a specific age group in a combined Open Championship competition, the boys and girls must be split into separate competitions. If separate Boys and Girls competitions in Open Championships are offered in the syllabus, they may not be combined under any circumstance on the day of the Feis.
16. Preliminary Championships
 - a) Are open to those who at any NAFC recognized Feis:
 - (1) Have place 1st in both an Open (Prizewinner) light and heavy shoe competitions and
 - (2) Have never won 1st, 2nd or 3rd in Open Championship.
 - b) A dancer who wins two (2) first place Preliminary Championship awards in one calendar year will move onto Open Championship the following year (as of January 1); if the second first place win does not occur in the same feis year as the first win, as soon as the second win is achieved, in any age category, the dancer must move up to Open Championship level immediately. Only in the case of a back to back Feiseanna (successive days) the first place win in the first Feis will not change the dancer's status for the second Feis.
 - c) A dancer in a Preliminary Championship is required to perform a light shoe dance (reel or slip jig for ladies and reel only for men) and a hard shoe dance. A Feis can opt to offer either (a) a set dance or (b) jig/hornpipe or (c) both a set dance and jig/hornpipe.

Goin' Green Casual Feis

- d) Boys and girls will be combined in Preliminary Championships. Please note the separation policy for 5 or more boys.
 - e) Preliminary Championship competitions must be offered separately in the syllabus for the minimum required age groups, yet the Feis Committee may combine an age group with the next higher age group if there are fewer than 5 competitors entered in the lower age group. A Feis Committee is not permitted to combine dancers from one Preliminary Championship age group with any age group which is more than one age group higher than the age group in which the dancers are entered.
 - f) Preliminary Championship competitions with 26 or more competitors will be split in half according to age.
17. Open Championships and Preliminary Championships require at least three adjudicators.
 18. First place winners in the Open Championship category cannot return to a Preliminary or Open (Prizewinner) competition. Placing in a Regional or National Oireachtas does not change the status of a competitor. If after competing two full feis years at the Open Championship level, a dancer has not placed first, second or third, he/she may opt to return to Preliminary Championship status.
 19. The status of a dancer does not change unless there are five or more dancers in a competition.
 20. Grade Category Definitions:
 - a) **Beginner:** A beginner is a competitor who has not taken a full year of Irish dance lessons, thereby giving Beginners a full year with such status. A Beginner must move into the Advanced Beginner category for the next year.
 - b) **Advanced Beginner:** An Advanced Beginner who wins 1st, 2nd or 3rd place will advance to the Novice category in that particular dance. Competition dances are reel, light jig, slip jig, traditional treble jig and traditional hornpipe as minimum requirements.
 - c) **Novice:** A Novice dancer who wins a 1st place in a dance will advance to the Open (Prizewinner) category in that particular dance.
 - d) **Open (Prizewinner):** A competitor who does not qualify as a Beginner, Advanced Beginner or Novice.
 - e) **Adult Beginner:** An adult beginner is a competitor who never took Irish dancing lessons as a juvenile and is over 18 years of age.
 21. The syllabus must contain all grade categories. Each region may determine the system for moving dancers from one grade to another. A Feis Committee may combine two consecutive age categories into the higher of the two categories within that grade when less than five (5) competitors are entered.
 22. Musicians and adjudicators cannot be approached during a competition by anyone except the Feis Committee. No one can approach them while a competitor is performing.
 23. Musicians employed by the Feis Committee will be solely under the direction and management of the Feis Committee on Feis day.
 24. Teachers or team captains are responsible that their teams are complete and in position when the competition is announced. Competitors may compete in the next higher age group. A competitor may compete in no more than two different age groups for any one category (4-hand, 8-hand, etc.)
 25. In matters pertaining to adjudicators, the decision of the adjudicator is final.
 26. Adjudicators are to monitor the quality of music at the stage(s) to which they are assigned.
 27. First Feis (if offered), Beginner, Advanced Beginner and Adult dancers are required to dance at traditional speeds only. Novice and Open (Prizewinner) dancers may choose between traditional and Oireachtas speeds. Adult dancers are allowed to dance traditional or Oireachtas speed dances in the novice and prizewinner grade levels, but this does not apply to contemporary set dances.
28. The length of 2 hand and 3 hand dances in competition are to be 48 bars of music plus an 8 bar introduction.
 29. In consideration of safety and in fairness to dancers performing at a Feis, photography of any kind which has the capability of capturing a dancer's image while in motion is strictly forbidden. A Feis may elect to allow motion photography for publicity purposes, but the pictures are considered the sole property of the Feis and solely for Feis use only; these are not to be used for personal gain through commercial use or sale, and under no circumstances can they be published on any website or others areas without the express written permission of the persons involved. Additionally, a professional photographer may be formally contracted by a Feis to capture non-motion photographs, such as portrait photography, awards ceremonies, etc. and/or in motion photography provided it is taken at a vendor station or suitable location:
 - a) away from the dancing stages and
 - b) requested by a consenting parent, guardian or dancer over the age of 18.
 30. No block, en Point, toe walking movements, stationary or moving is allowed to be performed for all ages up to and including the under 12 age group. However, after Sept 1st of each year, an exception is made for the dancers who are 11 dancing in the under 12 age group.
 31. Make-up is prohibited on a dancer in the first three grades (First Feis [if offered], Beginner and Advanced Beginner or their equivalent) up to and including the under 12 age group.
 32. Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition, medically prescribed aids (proof of which may be required) will be exempt from this rule.
 33. Each Feis is required to list their adjudicators on their syllabus and/or website. If adjudicators are not listed on the syllabus, they must be posted on the Feis website a minimum of three weeks prior to the Feis. Once the Feis has closed for entries, the adjudicators names may be removed from the Feis website. One third of the adjudicators are to be from outside the region where the Feis is being held.
 34. No substance that can become airborne should be used on any dance floor in an attempt to improve traction.

MODESTY RULE (FROM AN COIMISIUN)

Changing costumes, dressing and undressing of dancers will not be acceptable in the halls or public areas. For the sake of modesty and in the interests of safety of young people, dancers will not be permitted to walk around the feis scantily dressed

The Feis WILL NOT give any refunds for any reason including consequences for violations of these rules