



Presented by:

Claddagh Irish Dance Association, 501(c)(3)

Member of the North American Feis Commission

Lori Seeman, President • Member of An Coimisiun, Dublin, Ireland

Saturday, June 8, 2019, 9am

Same location as Feis Fleur De Lis, Sunday, June 9, 2019

LOCATION

Seton School
9314 Maple Street
Manassas, VA 20110

ENTRY LIMITS

Total Cap - 370
First 250 PAID Grade Level Entries
First 60 PAID Open Champions
First 60 PAID Preliminary Champions
No limits on Tir Na Nog, First Feis, Baking, Art

REGISTRATION

Register at www.quickfeis.com ONLY

After June 1 all registration and changes must be completed in person at the Feis on June 8

ONLY credit card payments accepted.

Full online payment must be received for entry to be considered completed.

McGrath Academy of Irish Dance

Lauren McGrath Dutton, ADCRG

Ariel Raguso, TCRG

John Lawrence Morgan, TCRG

Contact Information

www.cida.news feis@cida.news

www.facebook.com/cidafeis

Twitter @CIDA_McGrath

NOTE

Single Jig – all grade levels
Miss Jeanne Special – Cash Prize
Tir Na Nog & First Feis – awards for all
Charity Treble Reel
Special Child Competition

KEY FACTS

- ♣ Changes – Before June 1, ALL changes must be made at Quickfeis.com.♣
- ♣ No checks accepted.♣
- ♣ Parents are entirely responsible for their children's safety. Neither the feis nor organizers, nor venue will be held liable for any injury that occurs at this event. By entering this feis you are agreeing to these terms.♣
- ♣ Adjudicating decisions made by the panel are final.♣
- ♣ All Non-Adjudicating decisions will be decided by the feis organizers and will be final.♣
- ♣ Competitions may be combined or split as deemed necessary by the Feis Committee in compliance with the Southern Region syllabus.♣
- ♣ Doors open at 8am, Saturday, June 8, 2019.♣
- ♣ Camping will only be allowed in cafeteria and gym.♣
- ♣ **No Food or Drink in gym.**♣

ENTRY FEES

Grade Level Solo Dances	\$10 per dance
Preliminary Championship	\$45
Open Championship	\$50
Charity Treble Reel	\$10 (100% to charity)
Irish Art & Baking	\$5 per entry
Family Admission Fee	\$25
Late Entry Fee ♦ After 6/1/19 ♦ Only at Feis - Cash or CC	\$50
Change Fee ♦ After 6/1/19 ♦ Only at Feis Cash or CC	\$25
Family Maximum	\$140 (excludes Charity Treble Reel, Adm. & Late Fees)

ABSOLUTELY NO REFUNDS GIVEN

2019 NAFC Championships

Gerry Campbell Perpetual Senior Belt
Robert Gabor Junior Trophy
George Sweetnam Minor Trophy

2019 Music Scholarship Championships
15 and over James Brennan Music Scholarship
Championship will be held at
the Peach State Feis on May 4, 2019

Under 15 Edward Callaghan Music Scholarship
Championship will be held at
the Golden Horseshoe Feis on June 15, 2019
15 and over NAFC Music Scholarship
Under 15 NAFC Music Scholarship

ADJUDICATORS & MUSICIANS

Adjudicators:
To Be Announced

Musicians:
Martin Garfield-Levine, Fiddle

Additional Adjudicators and Musicians will be posted at
www.cida.news three weeks prior to the Feis.

MASS

All Saints Catholic Church

9300 Stonewall Road, Manassas, VA 20110
Sat.: 5:30pm Sunday: 7:30am, 9:30am, 11:30am, 1:30pm, 5:30pm, 7pm



St. Andrew the Apostle Catholic Church

6720 Union Mill Road, Clifton, VA 20124
Sat.: 5:30pm Sunday: 7:30am, 8:45am, 10:30am, 12:30pm

HOTEL INFORMATION

TBD

TBD

Rooms are limited - First Come, First Served.

CHARITY TREBLE REEL

All proceeds will go to



ARA PARSEGHIAN
MEDICAL RESEARCH
FUND
UNIVERSITY OF NOTRE DAME

Dress in your favorite team's garb (optional).

Age	Under 11	Under 16	16 & Over & Adults
Advanced Beginner	311CTR	316CTR	317CTR
Novice/Prizewinner	511CTR	516CTR	517CTR
Champion Level	711CTR	716CTR	717CTR

Male/Female Combined - One step (16 bars) down the line.

FIRST FEIS

Age	Reel
Under 5	105RL
Under 6	106RL
Under 7	107RL
Under 8	108RL
Under 9	109RL
Under 10	110RL
Under 11	111RL
Over 12	112RL

Special award for each dancer presented at stage.

THOMAS VANDERWOUDE SPECIAL CHILD COMPETITION

Age	Reel
Any	10ISC

Awards presented at stage.

BEGINNER

Age	Reel	Light Jig	Single Jig	Slip Jig
Under 5	205RL	205LJ	205SN	205SJ
Under 6	206RL	206LJ	206SN	206SJ
Under 7	207RL	207LJ	207SN	207SJ
Under 8	208RL	208LJ	208SN	208SJ
Under 9	209RL	209LJ	209SN	209SJ
Under 10	210RL	210LJ	210SN	210SJ
Under 11	211RL	211LJ	211SN	211SJ
Under 12	212RL	212LJ	212SN	212SJ
Under 13	213RL	213LJ	213SN	213SJ
Under 14	214RL	214LJ	214SN	214SJ
Under 15	215RL	215LJ	215SN	215SJ
Under 16	216RL	216LJ	216SN	216SJ
16&Over	217RL	217LJ	217SN	217SJ

Beginner and Advanced Beginners will dance Traditional Sets together.

ADVANCED BEGINNER

Age	Reel	Light Jig	Single Jig	Slip Jig	Treble Jig*	Hornpipe*	Traditional Set
Under 5	305RL	305LJ	305SN	305SJ	305TJ	305HP	305TS
Under 6	306RL	306LJ	306SN	306SJ	306TJ	306HP	306TS
Under 7	307RL	307LJ	307SN	307SJ	307TJ	307HP	307TS
Under 8	308RL	308LJ	308SN	308SJ	308TJ	308HP	308TS
Under 9	309RL	309LJ	309SN	309SJ	309TJ	309HP	309TS
Under 10	310RL	310LJ	310SN	310SJ	310TJ	310HP	310TS
Under 11	311RL	311LJ	311SN	311SJ	311TJ	311HP	311TS
Under 12	312RL	312LJ	312SN	312SJ	312TJ	312HP	312TS
Under 13	313RL	313LJ	313SN	313SJ	313TJ	313HP	313TS
Under 14	314RL	314LJ	314SN	314SJ	314TJ	314HP	314TS
Under 15	315RL	315LJ	315SN	315SJ	315TJ	315HP	315TS
Under 16	316RL	316LJ	316SN	316SJ	316TJ	316HP	316TS
16&Over	317RL	317LJ	317SN	317SJ	317TJ	317HP	317TS

*Must be performed at Traditional Speed.

Tir Na Nog (101N)

Any child who is six years old or younger and who has not taken part in a feis. This competition will take place on the OC stage during lunch.

Dancers are welcome to dress as their favorite **Super hero**, but it is not mandatory.

Each dancer will be given the opportunity to perform to 16 bars of music. They can dance their reel, skips, sevens, or whatever they can manage.

A special award will be presented to each dancer on stage immediately following the competition.

Non Dance Competitions

Age	Irish Baking (any bread or baked good)	Celtic Art (Original artwork depicting Celtic theme or subject)
Under 11	911SB	911CA
Under 16	916SB	916CA
16 & Over	917SB	917CA

Entries must be delivered by 1pm Saturday, June 8, 2019.

Place entrant's name and cell number on the back of item.

You must collect your artwork by 5pm.

Entries can be made the day of the feis at the registration table. (\$5 cash entry)

NOVICE

Age	Reel	Light Jig	Single Jig	Slip Jig	Treble Jig*	Hornpipe*	Traditional Set
Under 6	406RL	406LJ	406SN	406SJ	406TJ	406HP	406TS
Under 7	407RL	407LJ	407SN	407SJ	407TJ	407HP	407TS
Under 8	408RL	408LJ	408SN	408SJ	408TJ	408HP	408TS
Under 9	409RL	409LJ	409SN	409SJ	409TJ	409HP	409TS
Under 10	410RL	410LJ	410SN	410SJ	410TJ	410HP	410TS
Under 11	411RL	411LJ	411SN	411SJ	411TJ	411HP	411TS
Under 12	412RL	412LJ	412SN	412SJ	412TJ	412HP	412TS
Under 13	413RL	413LJ	413SN	413SJ	413TJ	413HP	413TS
Under 14	414RL	414LJ	414SN	414SJ	414TJ	414HP	414TS
Under 15	415RL	415LJ	415SN	415SJ	415TJ	415HP	415TS
Under 16	416RL	416LJ	416SN	416SJ	416TJ	416HP	416TS
16&Over	417RL	417LJ	417SN	417SJ	417TJ	417HP	417TS

*Hard shoe, choice of speed

PRIZEWINNER

Age	Reel	Light Jig	Single Jig	Slip Jig	Treble Jig*	Hornpipe*	Traditional Set
Under 6	506RL	506LJ	506SN	506SJ	506TJ	506HP	506TS
Under 7	507RL	507LJ	507SN	507SJ	507TJ	507HP	507TS
Under 8	508RL	508LJ	508SN	508SJ	508TJ	508HP	508TS
Under 9	509RL	509LJ	509SN	509SJ	509TJ	509HP	509TS
Under 10	510RL	510LJ	510SN	510SJ	510TJ	510HP	510TS
Under 11	511RL	511LJ	511SN	511SJ	511TJ	511HP	511TS
Under 12	512RL	512LJ	512SN	512SJ	512TJ	512HP	512TS
Under 13	513RL	513LJ	513SN	513SJ	513TJ	513HP	513TS
Under 14	514RL	514LJ	514SN	514SJ	514TJ	514HP	514TS
Under 15	515RL	515LJ	515SN	515SJ	515TJ	515HP	515TS
Under 16	516RL	516LJ	516SN	516SJ	516TJ	516HP	516TS
16&Over	517RL	517LJ	517SN	517SJ	517TJ	517HP	517TS

*Hard shoe, choice of speed

ADULTS

Level	Reel	Light Jig	Single Jig	Slip Jig	Treble Jig*	Hornpipe*	Traditional Sets
Beg/Adv Beg	835RL	835LJ	835SJ	835SJ	835TJ*	835HP*	835TS
Novice	845RL	845LJ	845LJ	845SJ	845TJ	845HP	845TS
Prizewinner	855RL	855LJ	855LJ	855SJ	855TJ	855HP	855TS

*Must be performed at Traditional Speed.

(unless 5 or more male Preliminary or 3 male Open Champions)

CHAMPIONSHIP

Age	Preliminary Championship (2 Rounds)	Open Championship (3 Rounds)
Under 8	608PC	
Under 9	609PC	709OC
Under 10	610PC	710OC
Under 11	611PC	711OC
Under 12	612PC	712OC
Under 13	613PC	713OC
Under 14	614PC	714OC
Under 15	615PC	715OC
Under 16	616PC	716OC
Under 17	617PC	717OC
Under 18	618PC	718OC
Under 20	619PC	719OC
20&Over	620PC	720OC

Combined Male/Female competitions

ADULT CHAMPIONSHIP 899OC

3 Rounds

Round 1 - Hard Shoe - 2 1/2 steps Hornpipe
or 3 steps Treble Jig
Round 2 - Soft Shoe - 2 1/2 steps Slip Jig or
3 steps Reel
Round 3 - Traditional Set

Competitors in this event may also compete in
the regular adult grade level competitions.

CEILI DANCES		
Age	4 Hand	8 Hand
Under 10	941FD	981FD
Under 13	943FD	983FD
Under 16	944FD	984FD
16&Over	946FD	986FD
Adult	949FD	959FD

FIGURE DANCES		
Age	2 Hand	3 Hand
Under 10	921FD	931FD
Under 13	923FD	9331FD
Under 16	924FD	934FD
16&Over	926FD	936FD
Adult	929FD	939FD

Miss Jeanne Special

U13 803FD 14&O 814FD

\$100 Cash Award

Jeanne McGrath loved to choreograph and teach 2 & 3 hand dances. Two of her favorite tunes were The Piper thro' the Meadow Straying and Kilkenny Races. To honor her memory, we are asking dancers to create a 2 or 3 hand dance, hard or soft shoe, to either song.

Be creative and have fun!

We will make sure the schedule allows all dancers to compete.

IDTANA SOUTHERN REGION-DANCING COMPETITION RULES

IDTANA Southern Region Dancing Competition Rules-Effective
January 1, 2016

1. In the case of all solo and team competitions in all grades, the age of a competitor on January 1st of the year in which the competition is held will determine the right of entry. For the purpose of this rule, a competitor whose birthday occurs on January 1st shall be deemed to be under the age attained on that date.
2. Competitions are open to all but those holding a TMRF, TCRG, ADCRG designation. A Feis can only accept entries from pupils of teachers registered with An Coimisiun, regardless of their domicile, and where applicable, registered with both the IDTANA and the North American region in which they reside
3. A competitor may be disqualified for any of the following reasons:
 - a) Conduct unbecoming a lady or gentleman;
 - b) Failure to report on time to compete (Penalty: disqualification from said event);
 - c) Falsification of age or other important fact, i.e., teaching, award winning, competing under another competitor's name or number, etc.

Penalty for (a) or (c): Competitor will be disqualified from the Feis at which the occurrence happened and from all NAFC registered Feiseanna for a period of one year beginning at the date of the occurrence.
4. Competitions may be closed if there are no competitors at the assigned stage ready to compete when the competition is scheduled or announced. This may not pertain to a situation where competitors are involved in stage conflicts.
5. Solo competitors in First Feis (if offered), Beginner, Advanced Beginner, Novice or Open (Prizewinner) competition:
 - a) must compete in their own age group;
 - b) must be prepared to perform two steps in each event;
 - c) cannot change competition on the day of the Feis.
6. Steel taps or "bubble" heels on dancing shoes, display of awards, wearing of shorts or other unconventional dress is prohibited. Authentic Gaelic dress is desired. Dancers competing in First Feis (if offered), Beginner and Advanced Beginner (Beginner I and II) must wear a class costume or a skirt and blouse. All other categories are excluded from this rule. Modest attire is encouraged when a competitor is not dancing.
7. Competitor's number must be worn and visible to adjudicators when performing in all competitions. Use of clear reflective plastic number covers is discouraged.
8. Awards will be determined in proportion to the number of entries in each competition and to the degree of proficiency shown.
9. Complaints regarding the running or rules of a Feis must be in writing stating names and other factual information and signed by the complainant. A ten dollar fee (cash) must be enclosed and presented to the Feis Chairman within one hour of the occurrence. The fee will be returned if the complaint is upheld.
10. The Feis Committee and any organization affiliated with same will not be held responsible for personal injury, property loss or damage. Destruction of Feis property or rental property will be punishable by law..
11. The Feis reserves the right to reject any entry for cause, to cancel all or part of the Feis and to limit competitor's performing time. The decision of the Feis Committee is final in all matters connected with the Feis.
12. All Feiseanna must have a process to allow parents to request that their Child or children's name (s) not be listed on the posted competitor list prior to the day of the Feis.
13. Competitors must answer all questions on the entry form as required by the Feis Entry Committee, including teacher's name, and enclose the entry fee when mailing. Failure to do so will result in a rejected entry. Entries must be postmarked on or before the closing date or they will be subject to a late fee as determined by the Feis committee and published on the syllabus and/or entry form.
14. Championships
 - a) Entrants in any Championship event may not enter in any other regular grade solo events but may enter in Figure Dances and/or special competitions for which they are eligible (traditional set, treble reel, non-traditional set dance).
 - b) Entrants in Open Championships should specify on the entry form their choice of set dance.
 - c) Open Championship competitions in the minimum required age groups must be offered separately in the syllabus, yet the Feis Committee may combine an age group with the next higher age group if there are fewer than 5 competitors entered in the lower age groups. A Feis Committee is not permitted to combine dancers from one open championship age group with any age groups which is more than one age group higher than the age group in which the dancers are entered.
 - d) A dancer is required to perform a light shoe dance (reel or slip jig for ladies and reel only for men) and a set dance. A Feis can also opt to require a third dance (choice of jig or hornpipe).
 - e) Dancers must qualify for Open Championship via the method now in place for Preliminary Championship, i.e., two first place wins.
 - f) Dancers must compete in the Preliminary Championship competition in order to qualify for Open Championship.
15. Girls and Boys competitions in Open Championship may be combined in the syllabus. If three or more boys are entered in a specific age group in a combined Open Championship competition, the boys and girls must be split into separate competitions. If separate Boys and Girls competitions in Open Championships are offered in the syllabus, they may not be combined under any circumstance on the day of the Feis.
16. Preliminary Championships
 - a) Are open to those who at any NAFC recognized Feis:
 - (1) Have place 1st in both an Open (Prizewinner) light and heavy shoe competitions and
 - (2) Have never won 1st, 2nd or 3rd in Open Championship.
 - b) A dancer who wins two (2) first place Preliminary Championship awards in one calendar year will move onto Open Championship the following year (as of January 1); if the second first place win does not occur in the same feis year as the first win, as soon as the second win is achieved, in any age category, the dancer must move up to Open Championship level immediately. Only in the case of a back to back Feiseanna (successive days) the first place win in the first Feis will not change the dancer's status for the second Feis.
 - c) A dancer in a Preliminary Championship is required to perform a light shoe dance (reel or slip jig for ladies and reel only for men) and a hard shoe dance. A Feis can opt to offer either (a) a set dance or (b) jig/hornpipe or (c) both a set dance and jig/hornpipe.

- d) Boys and girls will be combined in Preliminary Championships. Please note the separation policy for 5 or more boys.
- e) Preliminary Championship competitions must be offered separately in the syllabus for the minimum required age groups, yet the Feis Committee may combine an age group with the next higher age group if there are fewer than 5 competitors entered in the lower age group. A Feis Committee is not permitted to combine dancers from one Preliminary Championship age group with any age group which is more than one age group higher than the age group in which the dancers are entered.
- f) Preliminary Championship competitions with 26 or more competitors will be split in half according to age.
17. Open Championships and Preliminary Championships require at least three adjudicators.
18. First place winners in the Open Championship category cannot return to a Preliminary or Open (Prizewinner) competition. Placing in a Regional or National Oireachtas does not change the status of a competitor. If after competing two full feis years at the Open Championship level, a dancer has not placed first, second or third, he/she may opt to return to Preliminary Championship status.
19. The status of a dancer does not change unless there are five or more dancers in a competition.
20. Grade Category Definitions:
- a) **Beginner**: A beginner is a competitor who has not taken a full year of Irish dance lessons, thereby giving Beginners a full year with such status. A Beginner must move into the Advanced Beginner category for the next year.
- b) **Advanced Beginner**: An Advanced Beginner who wins 1st, 2nd or 3rd place will advance to the Novice category in that particular dance. Competition dances are reel, light jig, slip jig, traditional treble jig and traditional hornpipe as minimum requirements.
- c) **Novice**: A Novice dancer who wins a 1st place in a dance will advance to the Open (Prizewinner) category in that particular dance.
- d) **Open (Prizewinner)**: A competitor who does not qualify as a Beginner, Advanced Beginner or Novice.
- e) **Adult Beginner**: An adult beginner is a competitor who never took Irish dancing lessons as a juvenile and is over 18 years of age.
21. The syllabus must contain all grade categories. Each region may determine the system for moving dancers from one grade to another. A Feis Committee may combine two consecutive age categories into the higher of the two categories within that grade when less than five (5) competitors are entered.
22. Musicians and adjudicators cannot be approached during a competition by anyone except the Feis Committee. No one can approach them while a competitor is performing.
23. Musicians employed by the Feis Committee will be solely under the direction and management of the Feis Committee on Feis day.
24. Teachers or team captains are responsible that their teams are complete and in position when the competition is announced. Competitors may compete in the next higher age group. A competitor may compete in no more than two different age groups for any one category (4-hand, 8-hand, etc.)
25. In matters pertaining to adjudicators, the decision of the adjudicator is final.
26. Adjudicators are to monitor the quality of music at the stage(s) to which they are assigned.
27. First Feis (if offered), Beginner, Advanced Beginner and Adult dancers are required to dance at traditional speeds only.
- Novice and Open (Prizewinner) dancers may choose between traditional and Oireachtas speeds. Adult dancers are allowed to dance traditional or Oireachtas speed dances in the novice and prizewinner grade levels, but this does not apply to contemporary set dances.
28. The length of 2 hand and 3 hand dances in competition are to be 48 bars of music plus an 8 bar introduction.
29. In consideration of safety and in fairness to dancers performing at a Feis, photography of any kind which has the capability of capturing a dancer's image while in motion is strictly forbidden. A Feis may elect to allow motion photography for publicity purposes, but the pictures are considered the sole property of the Feis and solely for Feis use only; these are not to be used for personal gain through commercial use or sale, and under no circumstances can they be published on any website or other areas without the express written permission of the persons involved. Additionally, a professional photographer may be formally contracted by a Feis to capture non-motion photographs, such as portrait photography, awards ceremonies, etc. and/or in motion photography provided it is taken at a vendor station or suitable location:
- a) away from the dancing stages and
- b) requested by a consenting parent, guardian or dancer over the age of 18.
30. No block, en Point, toe walking movements, stationary or moving is allowed to be performed for all ages up to and including the under 12 age group. However, after Sept 1st of each year, an exception is made for the dancers who are 11 dancing in the under 12 age group.
31. Make-up is prohibited on a dancer in the first three grades (First Feis [if offered], Beginner and Advanced Beginner or their equivalent) up to and including the under 12 age group.
32. Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition, medically prescribed aids (proof of which may be required) will be exempt from this rule.
33. Each Feis is required to list their adjudicators on their syllabus and/or website. If adjudicators are not listed on the syllabus, they must be posted on the Feis website a minimum of three weeks prior to the Feis. Once the Feis has closed for entries, the adjudicators names may be removed from the Feis website. One third of the adjudicators are to be from outside the region where the Feis is being held.
34. No substance that can become airborne should be used on any dance floor in an attempt to improve traction.

MODESTY RULE (FROM AN COIMISIUN)

Changing costumes, dressing and undressing of dancers will not be acceptable in the halls or public areas. For the sake of modesty and in the interests of safety of young people, dancers will not be permitted to walk around the feis scantily dressed

The Feis WILL NOT give any refunds for any reason including consequences for violations of these rules