



WE PROUDLY PRESENT



FÉIS RÚTAÍ



thír Chonaill



SATURDAY 23RD AUGUST 2025



**SCOTLAND'S
NATIONAL STADIUM
HAMPDEN PARK**

GLASGOW





FÉIS RÚTAI THÍR CHONAILL



Dear Teachers, Parents and Dancers,

On behalf of the Boyle School and McQuade School, we are beyond excited to welcome you all to this, our fifth Féis Rútai Thír Chonail 2025.

No matter who we meet in whatever part of the world, our passion for Dance and our Glasgow/Donegal roots become part of our conversation. We are incredibly proud of our Donegal roots, it holds a connection to our parents and grandparents especially the areas of Dungloe, Loughanure and Falcarragh where we still have our family homes. With our upbringing firmly rooted in Glasgow and Donegal, we found it fitting to name our Feis, 'Féis Rútai Thír Chonail' – 'Our Donegal Roots.'

We are again delighted to return to our fantastic venue, Scotland's National Stadium Hampden Park. The venue offers state of the art facilities: 4 large suites, practice areas, a vending village, plenty of parking spaces, a café offering hot and cold food, drinks and a teacher hospitality room.

So that family and friends can keep in touch with the weekends' events, there will be regular photos and updates via our Feis Instagram and Facebook pages @feisrtcglasgow. We will be live streaming our results and parades. Please let us know if any child should not be included in our media posts.

Thank you again for your support and we look forward to welcoming you all to Glasgow at the end of August.

Sally Boyle ADCRG BG
Jane McGuire TCRG
Donna Marie Boyle ADCRG
Andrea McQuade ADCRG



Feis Date:

All Preliminary/Championships & Grade competitions

Saturday 23th August



Feis Secretary:

Mrs Sally Marie Boyle ADCRG BG

07855427228

feisrtc@hotmail.com



Moltóirí:

Deborah Mulvenna, Ulster, Ireland

Tara Loughran, North West, England

Alan Murphy, Connacht, Ireland

Laura Crossan, Leinster, Ireland

Bernadette Trainor, Southern Region, England

Dervla McGee, Ulster, Ireland

Mary-Theresa McHugh, Midlands, England

Aidan McLoughlin, Leinster, Ireland

Ellen Curley, Connacht, Ireland



Ceoltóirí

Kevin Murphy, Glasgow, Scotland

William Paterson, Glasgow, Scotland

Ann Murray, North West, England



Entry Fees:

Solo Championships (U/5)	£20.00
Solo Championships (U/6 including 2 solo results)	£30.00
Solo Championships (U7-U9 including 2 solo results)	£35.00
Solo Prelim/Championships (U10 up including 2 solos)	£45.00
Trophy Reel	£7.50
Trophy Solo Dances	£7.00
Rising Stars	£7.00
Dancer Maximum	£60.00
Family Maximum	£95.00
Door Entry	£7.00
Concession	£3.00

Closing Date for Receipt of Entries and Fees

Friday, 27th June 2025

to the Secretary by email

feisrtc@hotmail.com

07855427228

Entry fees by bank transfer or cheque payable to

‘Féis Rútaí Thír Chonaill’

Bank details will be provided on receipt of entry.

Please note – no refunds will be given after the closing date for entries.



Saturday 23rd August 2025



Lomond Suite	Nevis Suite	Bell Suite	Baird Suite
Prelim/Championships	Prelim/Championships	Grades	Grades



- Final timetable will be released as soon as possible after the entry closing date



- 100% Recall in all championships with 25 or less dancers



- Non-Recall set dance competition where there are more than 25 dancers in an age group



- All age groups will alternate each round

- Under 19 and 20 age groups are combined

- Please be ready to dance 30 minutes prior to scheduled time



- Championship presentations will take place in the presentation area



Comórtas Rince Aonaireach Mescatha

MIXED SOLO DANCING CHAMPIONSHIPS

Age Group	1 st Round	2 nd Round	Recall
Under 5	Reel		
Under 6	Reel	Single Jig	
Under 7	Reel	Single Jig	Light/Heavy Jig
Under 8	Reel	Heavy Jig	Hornpipe Step/Trad Set
Under 9	Reel	Heavy Jig	Trad Set Dance
Under 10	Heavy Jig/Hornpipe	Reel/Slip Jig	Open Set Dance
Under 11	Heavy Jig/Hornpipe	Reel/Slip Jig	Open Set Dance
Under 12	Heavy Jig/Hornpipe	Reel/Slip Jig	Open Set Dance
Under 13	Heavy Jig/Hornpipe	Reel/Slip Jig	Open Set Dance
Under 14	Heavy Jig/Hornpipe	Reel/Slip Jig	Open Set Dance
Under 15	Heavy Jig/Hornpipe	Reel/Slip Jig	Open Set Dance
Under 16	Heavy Jig/Hornpipe	Reel/Slip Jig	Open Set Dance
Under 17	Heavy Jig/Hornpipe	Reel/Slip Jig	Open Set Dance
Under 18	Heavy Jig/Hornpipe	Reel/Slip Jig	Open Set Dance
Under 20	Heavy Jig/Hornpipe	Reel/Slip Jig	Open Set Dance
Senior	Heavy Jig/Hornpipe	Reel/Slip Jig	Open Set Dance

- If there are 5 or more boys in an age group, there will be a separate championship
- Preliminary and Open Championship will be combined, the Preliminary result will be based on the result of the first 2 rounds
- 1st-5th place trophies and sashes awarded in Open and Prelim Championships
- Choice of 16 bar hornpipe step down the line or traditional set dance for the recall round in the under 8 championships
- **‘Rising Stars Competition’** dancers of any age who are not yet ready to compete in a graded competition. They will be required to dance 16 bars to beginner reel music either individually or collectively within a school. All dancers will receive a trophy.






Solo Grades



Age Group	Beginner	Primary	Intermediate
Under 6 Under 7 Under 8 Under 9 Under 10 Under 11 Under 12 Over 12	Trophy Reel Single Jig Light jig Slip Jig Heavy Jig Hornpipe	Trophy Reel Single Jig Light jig Slip Jig Heavy Jig Hornpipe	Trophy Reel Single Jig Light jig Slip Jig Heavy Jig Hornpipe



Please Note

- Grade competitions are open to all regions
 - 1st to 3rd place will be awarded trophies and sashes in the Trophy Reel competition
 - 1st place trophy awarded to all other solo grades
 - Dependent on grade entries, age groups may be amalgamated
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Traditional Set Dances

Traditional Set Dances may be selected from:

St Patrick's Day (Speed 94)
Job of Journeywork (Speed 138)
Garden of Daisies (Speed 138)
The Blackbird (Speed 144)
Jockey to the Fair (Speed 90)
King of the Fairies (Speed 130)
Three Sea Captains (Speed 96)

Number of Bars

- Competitors in U5 championships will dance 32 bars
- U6 & U7 will dance 40 bars in the Reel and 40 bars will be required in Single Jig, Light Jig or Heavy Jig
- U8 will dance 40 bars in Reel, 40 bars will be required in Heavy Jig and 16 bars for Hornpipe step
- U9 - Senior age categories will be expected to dance 40 bars in Reel and Heavy Jig and 32 bars in the Slip Jig and Hornpipe

Speed of Music

In all competitions the speeds of the musical accompaniment will be as follows:

	Beginner	Primary	Intermediate	Open
Reel	122-124	116-118	113	113
Single Jig	124	124	124	124
Light Jig	116	116	116	116
Slip Jig	124	120	113	113
Heavy Jig	96	76	73	73
Hornpipe	144	118	113	113

- In Under 5 and 6 Championships we will offer Beginner, Primary and Open speeds



Accommodation

Base Hotel

Holiday Inn East Kilbride
Stewartfield Way
G74 5LA

11 minutes drive from Feis

Double/Twin Room ~£79

Family room ~ £79

Booking link can be accessed through our
Feis Instagram/Facebook pages

Premier Inn Glasgow South
G5 OTW

7 minutes drive from Feis

www.premierinn.com

Premier Inn Peel Park,
East Kilbride
G75 8RH

12 minutes drive from Feis

www.premierinn.com

Premier Inn Argyle St
G2 8LL

12 minutes drive from Feis

www.premierinn.com

Number 10 Hotel
G42 8BS

10 minutes walk from Feis

www.10hotel.co.uk

FEIS RULES

1. All rules of An Coimisiún le Rincí Gaelacha are applicable to this feis unless stipulated that an agreed local rule applies.
2. Entries will only be accepted directly from teachers registered with AN COIMISIÚN LE RINCÍ GAELACHA.
3. All entries must be made on the enclosed official entry forms, which must be completed and signed by the teacher. Entries will only be accepted from teachers en-bloc and not on an individual basis.
4. The dancer's FULL FIRST NAME and SURNAME must be entered in BLOCK CAPITALS.
5. The Feis Committee may modify or cancel any arrangements detailed in this syllabus as is deemed necessary, subject to the approval of the Scottish Regional Council or An Coimisiún le Rincí Gaelacha.
6. Adjudicators' decisions are final.
7. Complaints can only be accepted if in writing, within 1 hour of the incident and accompanied with a £30 fee to the Feis Secretary. This should be submitted prior to the announcement of any result. The fee will be returned if the complaint is upheld.
8. Competitors must be present when their competition is called and fully obey all instructions and directions from Feis Stewards and Officials or they may lose their right to compete
9. The organisers reserve the right to start any competition up to 30 minutes prior to the scheduled times. Competitions will not be held open.
10. All first place championship trophies are perpetual trophies and must be returned engraved and in good condition at the request of the Feis Committee. First place Prelim championship trophies do not need to be returned.

GRADE RULES

11. Beginner and Primary competitions are open to competitors from all regions.
12. Beginners are only permitted to dance steps equivalent to the basic Reel/Single Jig/Light Jig/Heavy Jig and Hornpipe. Any competitor performing steps of a harder degree of difficulty in the Beginner's grade may be disqualified from that particular competition.
13. A dancer winning **1st or 2nd in Beginner grade**, when there are 6 or more competitors, must dance that particular dance in **Primary grade** (or above) **for a period of 12 months**.
14. A dancer winning **1st in the Primary grade**, when there are 6 or more competitors, must dance that particular dance in **Intermediate grade** (or above) **for a period of 12 months**.
15. A dancer winning **1st in the Intermediate grade**, when there are 6 or more competitors, must dance that particular dance in Open grade **for a period of 12 months**.
16. A dancer winning **1st, 2nd or 3rd in the Open grade** must dance that particular dance in the Open grade **for at least 12 months**.
17. Open championship – a dancer winning **1st, 2nd or 3rd in an Open championship** must remain Open for the dances performed in that championship **for a period of at least 12 months**.

COSTUME RULES

18. Dancers in Beginner and Primary competitions up to and including the under 12 age group may only wear class costume, skirt/trousers and blouse or appropriate civilian clothing. Low cut tops or short tight skirts are not permitted. Failure to comply with this rule may lead to disqualification from the competition.
19. Effective from 1st February 2020, length of costumes must adhere to principals of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty may ask a competitor to change in

to black tights (of a denier not less than 70 per cent) in order for the dancer to continue in the competition. When wearing body suits with skirts (commonly known as black-out attire) black tights (of a denier less than 70) must be worn from the age of 14 and above.

20. The normal rotation of dances for the U7 – U9 competitions will be Reel then either Single Jig or Light or Heavy Jig. In the older age groups, the hard shoe round will be danced first.
21. **All** competitors will dance two at a time in the first two rounds.
22. Tempos for Solo Championships & Preliminary Championships will be the same as those stipulated for the World Championships.
23. Toe blocks or any other footwork danced “en-point” whether stationary or moving is not permitted for those dancers **up to and including the Under 12 age group**. (Per Rule 4.6.2 Rules for Registered Teachers & Adjudicators).
24. ****For clarification purposes, this means that if the full weight is put on the foot, that is en point, which is not allowed in any movement. (Effective 27/01/2019 per rule 4.6.2 Rules for Registered Teachers & Adjudicators)***
25. All competitors must be in full costume and appropriate **black** dance footwear when receiving awards, otherwise such awards may be forfeited.
26. Attendees must comply with the Make Up Rules 4.5 per CLRG Rule Book – 4.5.2 Make-up (including false eyelashes) is not permitted for dancers in either solo or team competitions, up to and including the Under 10 age group. **Make Up will not be permitted for any dancer in the first 2 grades (Beginner and Primary) up to and including the Under 12 age group worldwide.** For the purposes of this rule, the term “make-up” includes tinted moisturiser and any artificial tanning products. An Coimisiún le Rincí Gaelacha hopes that teachers and parents will interpret and apply this rule in the spirit it is intended. Effective 01/03/2014.
27. THE DRESS CODE IN ACCORDANCE WITH AN COIMISIÚN RULING WILL BE STRICTLY OBSERVED. i.e. for the sake of modesty and in the interest of safety to young people, dancers will not be permitted to walk around the feis scantily dressed.
28. All mobile phones and electronic devices must be placed on silent in the competition areas.
29. The photography and videoing policy of An Coimisiún will be strictly observed, full details of which will be published in the official programme.
30. ***“Any form of unauthorised photography which has the capability to capture a dancer’s image whilst in motion, using electronic or manual means, e.g. mobile phone, standard camera, video camcorder, cine recorder, commercial film, with or without flash enhancement, is expressly forbidden in competition”.***
31. The organisers will take photographs of competitors, competitions and presentations.
32. Such photographs may be subsequently used for marketing and promotional purposes of the event. **Should you wish your child/children to be excluded from being photographed at the event this must be advised in advance to the Feis organisers.**
33. Other than the photographs taken by the Feis organisers, all photographs of competitions, competitions and presentations may only be taken for personal use. They may not be redistributed, sold, lent or passed on to third parties. They may also not be used for commercial purposes or used in any publication or website without the express written permission of the organisers and the parents or guardians dancers included therein.
34. First aiders will be present should anyone need their assistance at the Feis.

PRELIM RULES

35. For the purposes of Preliminary competitions
PRELIMINARY CHAMPIONSHIP Preliminary competitions are included in all Open Championships from Under 10 upwards, provided there are 2 or more eligible competitors. Results will be taken from the first 2 rounds. In accordance with Scottish Regional Council rules,

to be considered as eligible to compete in a Preliminary Championship, the following rules apply:

- Cannot have been placed in a top three position in an open Championship with up to 20 competitors within the last **24 months**
- Cannot have been placed in a top 5 position in an open Championship with more than 20 competitors within the last **24 months**
- A minimum number of three Adjudicators must officiate, and must have included one light and one heavy dance.
- Competitors who qualify for and compete in Oireachtas Rince na Cruinne in the previous **12 months** cannot compete in a preliminary championship, except where the dancer auto-qualified at their Regional or National Oireachtas due to lack of numbers.
- The relevant notation must be made on the entry form to indicate that a dancer is entitled to also be entered into the preliminary championship,
- Where a Preliminary Championship is combined with an Open Championship, then the result should be taken from eligible dancers' ranking after the first two rounds.
- Where a competitor wins two Preliminary Championships, they must dance in Open Championship for a period of **12 months** thereafter. For grading purposes, **two wins** will be taken as being in any two-year rolling period. Where a dancer does not win a second Preliminary within two years of winning their first Preliminary Championship, then the first win will be deemed as having expired and the dancer starts afresh. Where there are less than 6 in a Preliminary Championship that win will not normally be considered for grading purposes. However, where a dancer wins **three** Preliminary Championships regardless of the number of competitors in each competition, that dancer must dance in Open Championship for a period of **12 months** thereafter.
- Dances performed in Preliminary Championships do not count for grading in solo competitions.

IMPORTANT All competitors will be asked to confirm and sign for their eligibility to compete in a Preliminary Championships when registering. This list will then be used to announce the Preliminary Championship result. No changes to this list will be allowed after the commencement of the relevant Championship.

36. Coaching from the floor is **strictly prohibited** and may result in the disqualification of the dancer.
37. Only competitors dancing in the Championship and feis officials will be allowed back stage at any time.
38. In line with Scottish Regional Council rules, the consumption of alcohol in the competition hall is strictly prohibited.
39. Smoking is not permitted anywhere within the venue.
40. The organisers retain the right to refuse admission to anyone in breach of any rule or where they believe there is a risk to any individual.
41. The Feis Committee is not responsible for property lost or damaged during the event and everyone is strongly advised not to leave bags, clothing or personal items unattended at any time. All personal property is the sole responsibility of the owner