



## FEIS REGISTRATION SUMMARY

- Up to Mar 14, all registration only accepted at [www.quickfeis.com](http://www.quickfeis.com)
- Feis caps are: (registration will close for those levels only once that cap has been reached)
  - Grades..... 275
  - Prelim Champ ..... 110
  - Open Champ..... 150
- All results will be printed and given out for FREE at the feis for both championship and grades levels
- All results will also be available for FREE on your QuickFeis account during and after the feis
- Competitions will be combined and split to ensure that as many competitions will have 5 or more dancers

## FEIS INFORMATION

**SUNDAY**  
**March 26, 2023**

**Hyatt Regency Dulles**  
**2300 Dulles Corner Blvd.**  
**Herndon, VA**  
*(right next to Dulles Airport!)*

*Feis start time*  
**9:00 am**

***Springtime Fun Costume***  
***Encouraged for GRADES ONLY***



*Syllabus Approved 31 Jan 2023*  
*by IDTANA Southern Regional Director,*  
*Maureen Armstrong ADCRG*



# McGrath Morgan Cherry Blossom Feis



## COMPETITION FEES

### Competition Fees

Solo Dancing / Sets / Treble Reel \$ 12

Preliminary Championship / Second Chance PC \$ 50

Open Championship & Adult 3 round competitions \$ 60

Family Admission Fee \$ 30

Family Cap  
*Does not include teams, specials, second chance, or family fee* \$ 180

## LATE FEES

Please note that LATE FEES are in ADDITION to the competition fees listed above. All fees are PER dancer

LATE FEES	Up to Mar 14 (online)	After Mar 14 (at Feis)
New Registrations	\$ 0	\$ 50
Changes	Free	\$ 25
Payment type	CC only	CC only

- We will accept new registrations and changes at the feis provided the feis has not capped
- Credit card or cash payments will be accepted at the feis as the only acceptable payments – sorry no checks
- Charity TR will not have any late fees even if registering at the feis

## CHERRY BLOSSOM FEIS RULES

- **NUMBER OF COMPETITORS:** The Feis Committee reserves the right to combine or split competitions.
- **ENFORCEMENT:** All Feis rules will be strictly enforced.
- **RESULTS:** Personal results will be FREE and will be handed out shortly sometime after winners are announced. Results will also be available online for Free at [www.quickfeis.com](http://www.quickfeis.com)

## NO CHECKS OR CASH ACCEPTED

## STRICT NO REFUND POLICY

**FREE PRINTED RESULTS AVAILABLE WHEN ALL THE COMPETITIONS YOU REGISTERED IN ARE COMPLETED AND ANNOUNCED**

PC and OC dancers will get their individual results during announcements

Individual results will have the raw score the adjudicator gave, ranks, points (for championship only) and any comments they may have made

Free results are also available online at

[www.quickfeis.com](http://www.quickfeis.com)

(log into your QuickFeis account)





# McGrath Morgan Cherry Blossom Feis



## NUMBERING SYSTEM

<b>1<sup>st</sup> Digit</b>	Level Category	FIRST FEIS Dances all begin with "1", BEGINNER 1 with "2", and so forth
<b>2<sup>nd</sup> and 3<sup>rd</sup> Digits</b>	Age Group	Age Group, Girls begin at 01 and Boys begin at 51. So "05" means girls under 5, while 61 means boys under 11. 99 is for ADULT dancers
<b>4<sup>th</sup> and 5<sup>th</sup> Digits/Letters</b>	Competition	Competition Type: <b>RL</b> = REEL <b>LJ</b> = LIGHT JIG <b>SJ</b> = SLIP JIG <b>TJ</b> = TREBLE JIG <b>HP</b> = HORNPIPE <b>PD</b> = ST PATRICK DAY <b>TS</b> = TRADITIONAL SET ...
<b>Last Digit</b>	Second Chance	Competitions ending with 2 signify SECOND CHANCE competitions

**AGE GROUP:** your age group is determined by the YEAR the competitor was born. This changes from year to year!

<b>For 2023</b>	<b>U5</b>	<b>U6</b>	<b>U7</b>	<b>U8</b>	<b>U9</b>	<b>U10</b>	<b>U11</b>	<b>U12</b>	<b>U13</b>	<b>U14</b>	<b>U15</b>	<b>U16</b>	<b>U17</b>	<b>U18</b>
<b>Born in:</b>	2018	2017	2016	2015	2014	2013	2012	2011	2010	2009	2008	2007	2006	2005

PLEASE NOTE: Age groupings beginning with "O" mean THAT age AND over (example O11 means 11 and older)

## BEGINNER 1 (BEGINNER)

A dancer who has been dancing for less than one year. A Beginner 1 must move to Beginner 2 no later than January 1<sup>st</sup> of the dancer's second year of instruction or may move to Beginner 2 earlier with teacher's permission and provided that the Feis has not closed to changes. Note: a Beginner 1 dancer who starts in September, may continue as a Beginner 1 until December of the following year (16 months) before moving into Beginner 2.

AT THIS LEVEL, DANCERS ARE NOT ALLOWED TO COMPETE IN SOLO COSTUMES (only school costumes are allowed)

	<b>GIRLS</b>									<b>BOYS</b>								
	<b>U5</b>	<b>U6</b>	<b>U7</b>	<b>U8</b>	<b>U9</b>	<b>U10</b>	<b>U11</b>	<b>U12</b>	<b>O12</b>	<b>U5</b>	<b>U6</b>	<b>U7</b>	<b>U8</b>	<b>U9</b>	<b>U10</b>	<b>U11</b>	<b>U12</b>	<b>O12</b>
<b>REEL</b>	205RL	206RL	207RL	208RL	209RL	210RL	211RL	212RL	213RL	255RL	256RL	257RL	258RL	259RL	260RL	261RL	262RL	263RL
<b>LIGHT JIG</b>	205LJ	206LJ	207LJ	208LJ	209LJ	210LJ	211LJ	212LJ	213LJ	255LJ	256LJ	257LJ	258LJ	259LJ	260LJ	261LJ	262LJ	263LJ
<b>SLIP JIG</b>	205SJ	206SJ	207SJ	208SJ	209SJ	210SJ	211SJ	212SJ	213SJ									

## BEGINNER 2 (ADVANCED BEGINNER)

A dancer who has been dancing for more than one year and who has not won a 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> place as Beginner 2 dancer. A dancer who has won a 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> place in a Beginner 2 dance must move into Novice in that dance no later than January 1<sup>st</sup> of the next calendar year or with teacher's permission as soon as the next Feis (if said Feis has not closed to changes).

AT THIS LEVEL, DANCERS ARE NOT ALLOWED TO COMPETE IN SOLO COSTUMES (only school costumes are allowed)

ALL HARD SHOE DANCES AT TRADITIONAL SPEEDS

	<b>GIRLS</b>									<b>BOYS</b>								
	<b>U6</b>	<b>U7</b>	<b>U8</b>	<b>U9</b>	<b>U10</b>	<b>U11</b>	<b>U12</b>	<b>U13</b>	<b>O13</b>	<b>U6</b>	<b>U7</b>	<b>U8</b>	<b>U9</b>	<b>U10</b>	<b>U11</b>	<b>U12</b>	<b>U13</b>	<b>O13</b>
<b>REEL</b>	306RL	307RL	308RL	309RL	310RL	311RL	312RL	313RL	314RL	356RL	357RL	358RL	359RL	360RL	361RL	362RL	363RL	364RL
<b>LIGHT JIG</b>	306LJ	307LJ	308LJ	309LJ	310LJ	311LJ	312LJ	313LJ	314LJ	356LJ	357LJ	358LJ	359LJ	360LJ	361LJ	362LJ	363LJ	364LJ
<b>SLIP JIG</b>	306SJ	307SJ	308SJ	309SJ	310SJ	311SJ	312SJ	313SJ	314SJ									
<b>TREBLE JIG</b>	306TJ	307TJ	308TJ	309TJ	310TJ	311TJ	312TJ	313TJ	314TJ	356TJ	357TJ	358TJ	359TJ	360TJ	361TJ	362TJ	363TJ	364TJ
<b>HORNPIPE</b>	306HP	307HP	308HP	309HP	310HP	311HP	312HP	313HP	314HP	356HP	357HP	358HP	359HP	360HP	361HP	362HP	363HP	364HP
<b>TRADITIONAL SET</b>	306TS	307TS	308TS	309TS	310TS	311TS	312TS	313TS	314TS	356TS	357TS	358TS	359TS	360TS	361TS	362TS	363TS	364TS





# McGrath Morgan Cherry Blossom Feis



## NOVICE

A dancer moves into Novice as a result of placing 1<sup>st</sup>, 2<sup>nd</sup>, or 3<sup>rd</sup> in that dance as indicated in Beginner 2. A dancer who wins 1<sup>st</sup> in a Novice dance must move into Prizewinner level in that dance no later than January 1<sup>st</sup> of the next calendar year or with teacher's permission as soon as the next feis (if said feis has not closed to changes).

\*ALL HARD SHOES DANCES CAN BE DONE AT EITHER TRADITIONAL SPEED OR SLOW SPEED

	GIRLS										BOYS									
	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>O15</u>	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>O15</u>
<b>REEL</b>	407RL	408RL	409RL	410RL	411RL	412RL	413RL	414RL	415RL	416RL	457RL	458RL	459RL	460RL	461RL	462RL	463RL	464RL	465RL	466RL
<b>LIGHT JIG</b>	407LJ	408LJ	409LJ	410LJ	411LJ	412LJ	413LJ	414LJ	415LJ	416LJ	457LJ	458LJ	459LJ	460LJ	461LJ	462LJ	463LJ	464LJ	465LJ	466LJ
<b>SLIP JIG</b>	407SJ	408SJ	409SJ	410SJ	411SJ	412SJ	413SJ	414SJ	415SJ	416SJ										
<b>*TREBLE JIG</b>	407TJ	408TJ	409TJ	410TJ	411TJ	412TJ	413TJ	414TJ	415TJ	416TJ	457TJ	458TJ	459TJ	460TJ	461TJ	462TJ	463TJ	464TJ	465TJ	466TJ
<b>*HORNSPIPE</b>	407HP	408HP	409HP	410HP	411HP	412HP	413HP	414HP	415HP	416HP	457HP	458HP	459HP	460HP	461HP	462HP	463HP	464HP	465HP	466HP
<b>TRADITIONAL SET</b>	407TS	408TS	409TS	410TS	411TS	412TS	413TS	414TS	415TS	416TS	457TS	458TS	459TS	460TS	461TS	462TS	463TS	464TS	465TS	466TS

## PRIZE WINNER (OPEN)

A dancer moves into Prizewinner as a result of placing 1<sup>st</sup> place as indicated in Novice.

\*ALL HARD SHOES DANCES CAN BE DONE AT EITHER TRADITIONAL SPEED OR SLOW SPEED

	GIRLS										BOYS									
	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>O15</u>	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>O15</u>
<b>REEL</b>	507RL	508RL	509RL	510RL	511RL	512RL	513RL	514RL	515RL	516RL	557RL	558RL	559RL	560RL	561RL	562RL	563RL	564RL	565RL	566RL
<b>LIGHT JIG</b>	507LJ	508LJ	509LJ	510LJ	511LJ	512LJ	513LJ	514LJ	515LJ	516LJ	557LJ	558LJ	559LJ	560LJ	561LJ	562LJ	563LJ	564LJ	565LJ	566LJ
<b>SLIP JIG</b>	507SJ	508SJ	509SJ	510SJ	511SJ	512SJ	513SJ	514SJ	515SJ	516SJ										
<b>*TREBLE JIG</b>	507TJ	508TJ	509TJ	510TJ	511TJ	512TJ	513TJ	514TJ	515TJ	516TJ	557TJ	558TJ	559TJ	560TJ	561TJ	562TJ	563TJ	564TJ	565TJ	566TJ
<b>*HORNSPIPE</b>	507HP	508HP	509HP	510HP	511HP	512HP	513HP	514HP	515HP	516HP	557HP	558HP	559HP	560HP	561HP	562HP	563HP	564HP	565HP	566HP
<b>TRADITIONAL SET</b>	507TS	508TS	509TS	510TS	511TS	512TS	513TS	514TS	515TS	516TS	557TS	558TS	559TS	560TS	561TS	562TS	563TS	564TS	565TS	566TS





# McGrath Morgan Cherry Blossom Feis



## ADULT COMPETITIONS

An Adult dancer is defined as any dancer who started Irish dancing at the age of 18 or older OR any dancer 18 or older who has not competed in at least five years in a youth competition AND has never placed in the top three in a youth Preliminary championship competition of more than five competitors. Dancers who are in the Adult categories cannot enter any competition other than Adult specified competitions. A dancer who wishes to return to any category other than Adult must remain out of Adult competitions until they retire from dancing for five consecutive years.

A Masters Preliminary dancer is defined as any dancer over the age of 25 who has previously placed in the top three of a youth Preliminary competition of five or more competitors. A Masters Open level dancer is defined as any dancer over the age of 25 who has ever competed in a youth Open Championship competition or placed first in a Masters Preliminary competition. Dancers over the age of 25 currently competing in either youth championship level may move at any time into the corresponding Masters level, but will then no longer be eligible to compete in a youth solo championship.

ADULT DANCERS ARE ALLOWED TO DANCE TRADITIONAL OR OIREACTHAS SPEED DANCES IN THE NOVICE AND PRIZEWINNER GRADE LEVELS

	<u>BEGINNER 1</u>	<u>BEGINNER 2</u>	<u>NOVICE</u>	<u>PRIZEWINNER</u>
<b>REEL</b>	299RL	399RL	499RL	599RL
<b>LIGHT JIG</b>	299LJ	399LJ	499LJ	599LJ
<b>SLIP JIG</b>	299SJ	399SJ	499SJ	599SJ
<b>TREBLE JIG</b>	299TJ	399TJ	499TJ	599TJ
<b>HORNPIPE</b>	299HP	399HP	499HP	599HP

Dancers competing at the Adult Championship level may move to the Masters Prelim level per teacher's discretion. All Southern Region feiseanna may combine the Masters levels into one competition in the event that fewer than five Masters Preliminary level dancers are entered. For Masters level dancers to progress from Prelim to Open, youth competition rules apply. A win in any combined Masters competition of five or more competitors would count towards that progression.

### Masters Level:

- Masters Preliminary championship. Open to any dancer over the age of 25 who has previously placed in the top three of a youth Preliminary competition of five or more competitors.  
Choice of hard shoe and choice of soft shoe.
- Masters Open Championship. Open to any dancer over the age of 25 who has previously placed in the top three of a youth Preliminary competition of five or more competitors.  
Choice of hard shoe, choice of soft shoe, non-trad set.

	<b>Adult Championship</b>	<b>MASTERS Level PRELIMINARY Championship</b>	<b>MASTERS Level OPEN Championship</b>
<b>CHAMPIONSHIP COMPETITION</b>	<b>599AC</b>	<b>699PC</b>	<b>799OC</b>
<i>Round 1</i>	<i>Choice hard shoe</i>	<i>Choice hard shoe</i>	<i>Choice hard shoe</i>
<i>Round 2</i>	<i>Choice soft shoe</i>	<i>Choice soft shoe</i>	<i>Choice soft shoe</i>
<i>Round 3</i>	<i>Traditional Set</i>	<i>NONE</i>	<i>Non Traditional Set</i>
<b>NON TRAD SET SPECIAL</b>	<i>NONE</i>	<b>699SD</b>	<i>NONE</i>





# McGrath Morgan Cherry Blossom Feis



## PRELIMINARY CHAMPIONSHIP

- Preliminary Championships are open to those who, at any recognized Feis:
  - Have won 1st place in both an open/prizewinner light and heavy shoe competition, and
  - Have never won 1st, 2nd or 3rd in Open Championship.
- A dancer who lives in the Southern Region and who wins 1st place in a second Preliminary Championship Competition in any Region MAY move up to Open Championship Competitions immediately, at the discretion of their dancing teacher.
- A dancer who lives in the Southern Region when they win 1st place in a second Preliminary Championship competition MUST move up to Open Championship Competitions no later than the one calendar year anniversary of the second Preliminary Championship win.
- A dancer is required to perform a light shoe dance (reel or slip jig for ladies and reel only for men), and a hard shoe dance.

Ladies & Gents	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>U16</u>	<u>U17</u>	<u>U18</u>	<u>U20</u>	<u>O20</u>
Preliminary Championship	608PC	609PC	610PC	611PC	612PC	613PC	614PC	615PC	616PC	617PC	618PC	620PC	621PC
PC Second Chance*	608PC2	609PC2	610PC2	611PC2	612PC2	613PC2	614PC2	615PC2	616PC2	617PC2	618PC2	620PC2	621PC2

\*Fee is same as regular PC, but will not count towards the family max.

## OPEN CHAMPIONSHIP

A dancer who wins two 1st Place awards in one calendar year will move on to Open Championship the following year, or as soon as the second win is achieved, in any age category, in the following years. Only in the case of back-to-back Feiseanna (successive days), in which case the first win in the first Feis will not change the dancer's status for the second Feis. Placing in a Regional or National Oireachtas does not change the status of a competitor. Dancers will perform: 48 bars of reel or 40 bars of slip-jig, 40 bars of the hornpipe or 48 bars of the treble jig, and a Set Dance.

**Competitions will be combined in groups of 5 when possible, per rules (see Championship rules below). BOYS will be combined with girls if needed.**

NOTE: A dancer who has not received a legitimate placing (sufficient competitors within the normal placing scale) along with a dancer who has not placed in Open Championships for two consecutive years, may return to their previous competition level. For example, an Open Championship dancer that does not place in two consecutive years may return to Preliminary Championships, the same as a Preliminary dancer who does not place can return to Prizewinner.

Ladies & Gents	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>U16</u>	<u>U17</u>	<u>U18</u>	<u>U20</u>	<u>O20</u>
Open Championship	709OC	710OC	711OC	712OC	713OC	714OC	715OC	716OC	717OC	718OC	720OC	721OC





# McGrath Morgan Cherry Blossom Feis



## CHARITY TREBLE REEL



	<u>U12</u>	<u>U18</u>	<u>U24</u>	<u>O24</u>
<b>Grades</b>	512TR	518TR	524TR	525TR
<b>Championship</b>	712TR	718TR	724TR	725TR

The story of Children in Crossfire, has its roots in what began as a tragedy and ended as a triumph of the human spirit to overcome adversity. Founded in 1996 by Richard Moore who was blinded as a 10 year old boy in 1972 during the Northern Ireland conflict, Children in Crossfire supports projects helping some of the most vulnerable children on the planet that suffer from the injustice of poverty.

We work in partnership with local organizations in Tanzania and Ethiopia to improve the lives of the most disadvantaged young children, with a particular focus on Early Childhood Education (ECE).

In Ireland, we work in schools and with the general public to raise awareness of global justice issues, and advocate for increased investment in ECE.





# McGrath Morgan Cherry Blossom Feis



## SOUTHERN REGIONAL DANCING COMPETITION RULES

1. In the case of all solo and team competitions in all grades, the age of a competitor on 1st January of the year in which the competition is held will determine the right of entry. For the purposes of this Rule a competitor whose birthday occurs on 1st January shall be deemed to be under the age attained on that date.
2. Competitions are open to all but those holding a TMRF, TCRG, or ADCRG designation. A feis can only accept entries from pupils of teachers registered with An Coimisiun and registered with both the IDTANA and the North American region in which they reside.
3. A competitor may be disqualified for any of the following reasons:
  - a. Conduct unbecoming a lady or gentleman.
  - b. Failure to report on time to compete. (Penalty: disqualification from said event)
  - c. Falsification of age or other important facts – i.e., teaching, award winning, competing under another competitor's name or number, etc.

Penalty for (a) or (c): Competitor will be disqualified from the Feis at which the occurrence happened and from all registered Feiseanna for a period of one year beginning at the date of the occurrence.
4. Competitions may be closed if there are no competitors at the assigned stage ready to compete when the competition is scheduled or announced. This does not pertain to a situation where competitors are involved in stage conflicts, and such conflicts will be handled by the stage monitor.
5. Steel taps or "bubble" heels on dancing shoes and any display of awards is prohibited. Authentic Gaelic dress is desired.
6. First Feis (if offered), Beginner and Advanced Beginner, aka Beginner I and II, must wear a class costume, or a skirt/pants and top. All other categories are excluded from this rule. Modest attire is encouraged when a competitor is not dancing.
7. Competitor's number must be worn and visible to adjudicators when performing in all competitions. Use of reflective plastic number covers is discouraged.
8. The number of awards given is determined by the Feis Committee and is based on the scores and ranks given by the adjudicator(s).
9. Complaints must be in writing stating names and other factual information and signed by the complainant. A \$25.00 fee must be enclosed and presented to the Feis Chairman within one hour of the occurrence. The fee will be returned if the complaint is upheld.
10. The Feis Committee and any organization affiliated with same, will not be held responsible for personal injury, property loss or damage. Destruction of Feis property and/or rental property will be punishable by law.
11. The Feis reserves the right to reject any entry for cause, to cancel all or part of the Feis and to limit competitor's performing time. The decision of the Feis Committee is final in all matters connected with the Feis.
12. All Feiseanna must have a process to allow parents to request that their child or children's name(s) not be listed on the posted competitor list prior to the day of the Feis.
13. Competitors must answer all questions as required by the Feis Entry committee, including teacher's name, and include the entry fee for entry to be accepted. Failure to do so will result in a rejected entry.
14. With the exception of First Feis and Beginner 1 the status of the dancer does not change unless there are five or more dancers in the competition.
15. Photography
  - a. With the exception of First Feis, Beginner 1 and Beginner 2 (or their equivalent), photography of any kind which has the capability of capturing a dancer's image while in motion is strictly forbidden.
  - b. A Feis may elect to allow in motion photography for publicity purposes, but the pictures are considered the sole property of the Feis and solely for Feis use only; these are not to be used for personal gain through commercial use or sale, and under no circumstances can they be published on any website or other areas, without the express written permission of the persons involved.
  - c. Additionally, a professional photographer may be formally contracted by a Feis to capture non-motion photographs, such as portrait photography, awards ceremonies, etc. and/or in motion photography provided it is taken at a vendor station or suitable location:
    - i. away from the dancing stages and,
    - ii. requested by a consenting parent, guardian, or dancer (over the age of 18).
16. No block, en Pointe, toe walking movements, stationary or moving is allowed to be performed for all ages up to and including the under 12 age group. However, after September 1 of each year an exception is made for those dancers who are 11 dancing in the under 12 age group.
17. No substance that can become airborne should be used on any dance floor in an attempt to improve traction.
18. Respect for fellow competitors on stage is a requirement at all times. Lack of respect or courtesy for fellow competitors by aggressive dancing on stage will be subject to penalty at the discretion of each individual adjudicator.







# McGrath Morgan Cherry Blossom Feis



## GRADE LEVEL RULES

1. Solo competitors in First Feis (if offered), Beginner, Advanced Beginner, Novice or Open (Prizewinner) competitions:
  - a. Must compete in their own age group.
  - b. Must be prepared to perform two steps in each event.
2. With the exception of First Feis and Beginner 1, a dancer's level is determined in each dance (Reel, Light Jig, Single Jig, Slip-Jig, Hornpipe, Treble Jig, and Traditional Set). Traditional Set Dances are limited to those dances determined by An Coimisiun Le Rince Gaelacha as traditional set dances.
3. A Feis Committee may combine competitions if there are less than 5 competitors entered as follows:
  - a) Two consecutive age groups, combined into the higher of the two groups, within that grade.
  - b) Three consecutive age groups, combined into the highest age group, within that grade.
  - c) All Boys' grades competitions shall be initially entered in single year age groups within that grade.
  - d) If there are less than 5 Boys entered in any one age group within that grade, competitions may be combined in the following order:
    - I. Double, All Boys, age group into the higher of the two groups within that grade
    - II. If a double, All Boys age group does not create 5 or more entries, the Boys shall be combined into the corresponding single year Girls' age group.
    - III. If the combined Boys and Girls age group still does not create 5 or more entries, that competition may be combined as stated in rule #2 above.
  - e) 100 and 200 level competitions may be combined as follows:
    - I. Ages under 8 and below, CANNOT be combined with other age groups within that grade, but Boys and Girls may be combined in the corresponding single year Girls' age group within that grade.
    - II. Ages under 9 and above may first be combined into 2 consecutive age groups within that grade. If the combined competition still does not create 5 or more entries, that competition may be combined using rules 2, 3 and 4 above.
4. Each region may determine the system for moving dancers from one grade to another, as they see appropriate for their region.
5. The syllabus is to contain all grade categories.
6. Competitors have the option to remain in the same category for the remainder of the Feis year.

7. A dancer, at the discretion of the teacher, may move into the next Grade (not Open Championships) without satisfying the requirements. However, once a dancer competes in the higher level, they can never move back to a lower category, (except as outlined in Rule 1, above).

### 8. Grade Levels

- a. **First Feis:** A dancer who has never competed in a Feis. A dancer can only be in this category for a single day and cannot compete at any other level in the Feis. Dancers must compete with Basic Steps that coincide with the Grade Exam Syllabus.
  - b. **Beginner I (Beginner) Grade:** A beginner is a competitor who has not yet taken a full year of Irish Dance lessons, thereby giving beginners a full year with such status. A Beginner must move into the Beginner 2/Advanced Beginner category the next year. Dancers must compete with Basic Steps that coincide with the Grade Exam Syllabus.
  - c. **Beginner 2 (Advanced Beginner) Grade:** An advanced beginner who wins 1st, 2nd or 3rd place will advance to the Novice category in that particular dance. Competition dances are reel, light jig, slip jig, traditional treble jig and traditional hornpipe, as a minimum requirement. Dancers must compete with Basic Steps that coincide with the Grade Exam Syllabus.
  - d. **Novice Grade:** A novice who wins a 1st place will advance to the Open (Prizewinner) category in that particular dance.
  - e. **Open Prizewinner Grade:** A competitor who does not qualify as a beginner, advanced beginner or as a novice.
  - f. **Adult:** An Adult dancer is defined as any dancer who started Irish dancing at the age of 18 or older OR any dancer 18 or older who has not competed in at least five years in a youth competition AND has never placed in the top three in a youth Preliminary championship competition of more than five competitors.
9. First Feis (if offered), Beginner I, and Beginner 2 are required to dance at traditional speeds. Novice and Open/Prizewinner dancers may choose between traditional and Oireachtas speeds.

10. The following dance speeds must be adhered to;

	First Feis	Beg 1	Beg 2	Novice	Prizewinner
Reel	122	122	122	113	113
Light Jig	115	115	115	115	115
Slip Jig	122	122	122	113	113
Single Jig	124	124	124	124	124
Treble Jig			92	73/92	73/92
Hornpipe			138	113/138	113/138





# McGrath Morgan Cherry Blossom Feis



Traditional Sets	Traditional Speed
St. Patrick's Day	94
Blackbird	144
Job of the Journeywork	138
Three Sea Captains	96
Garden of Daisies	138
Jockey to the Fair	90
King of the Fairies	130

11. First Feis, Beginner 1 and Beginner 2 perform only basic steps to coincide with the Grade Exam Syllabus. (IDTAMA, 1/1/17)
12. Dancers competing in the First Feis category are limited to participating in the First Feis Category only. (IDTAMA, 1/1/17)

## CHAMPIONSHIP LEVEL RULES

1. First place winners in the Open Championship category cannot return to a Preliminary or Open (Prizewinner) competition. Placing in a Regional or National Oireachtas does not change the status of a competitor. A dancer who moves into Open Championship must stay a minimum of 2 years. If after 2 years they have not placed they are allowed to return to Preliminary. An Open Championship dancer who places is not allowed to return to Preliminary until 2 years after their last placement.
2. Entrants in any Championship event may not enter in any other (Grade) events, but may enter in Figure Dances and Specials, ie Treble Reel Competition, etc.
  - a. Dancers must qualify for Open Championship via the method now in place for Preliminary Championship, i.e. two 1st place wins.
  - b. Dancers must compete in the Preliminary Championship competition in order to qualify for Open Championship
3. Preliminary Championships are open to those who:
  - a. Are open to those who at any CLRG-registered Feis:
    - I. Have placed 1st in both an Open (Prizewinner) light and heavy shoe competitions and
    - II. Have never won 1st, 2nd or 3rd in an Open Championship.
  - b. A dancer who lives in the Southern Region and who wins 1st place in a second Preliminary Championship Competition in any Region MAY move up to Open Championship Competitions immediately, at the discretion of their dancing teacher.
  - c. A dancer who lives in the Southern Region when they win 1st place in a second Preliminary Championship

- d. competition MUST move up to Open Championship Competitions no later than the one calendar year anniversary of the second Preliminary Championship win.
  - e. Preliminary Championship competitions with 26 or more competitors may be split in half according to age. \* In Preliminary Championships-Separate boys into a separate competition if there are five (5) or more boys entered in a specific competition within a single age a group.
4. A Southern region feis may choose to combine boys and girls in Open Championship competitions when there are less than 5 dancers registered in a particular age category. However, if three (3) or more boys are entered in a specific age group in a combined Open Championship competition, the boys and girls MUST be split into separate competitions. If separate Boys and Girls competitions in Open Championships are offered in the syllabus, they may NOT be combined under ANY circumstances on the day of the Feis
  5. One of the following statements MUST be in the feis syllabus:
    - a. When there are less than five dancers registered in a particular Open Championship age category, the boys and girls will NOT be combined.
 OR
    - b. When there are less than five dancers registered in a particular Open Championship age category, the boys and girls WILL be combined.
  6. The boys' open championship age categories will match the girls' open championship age categories.
  7. Every competitor in Preliminary or Open Championship must have a minimum of 8 rotations or 10 minutes between each of their rounds.
  8. In the event the same organization is running 2 feis' in one weekend the following must occur:
    - a. On championship competitions, 2/3 of adjudicators must be different from the previous day.
    - b. 2nd chance competitions may only be offered on one feis.

## FIGURE/CEILI TEAM RULES

1. Teachers or team captains are responsible that their teams are complete and in position when the competition is announced.
  - a. There are no restrictions on figure age groups
  - b. Figure age groups will be determined by the oldest dancer.
  - c. 8 hand teams are allowed to repeat dancers at all Southern Region feiseanna in accordance with the World and Regional Oireachtas rules.





# McGrath Morgan Cherry Blossom Feis



- The length of 2 hand and 3 hand dances in competition are to be 48 bars of music plus an 8 bar introduction.
- Only dancers who meet the definition of "Adult dancer" may compete in Adult Ceili competitions. Masters level solo dancers
- competing in a Ceili must compete in the Youth Ceili categories.
- In the event that the same organization is running 2 feiseanna in one weekend, the following may occur: Figure and Ceili competitions may be offered at only one of the feis' on that weekend.
- prescribed aids (proof of which may be required) will be exempt from this rule.
- Competitors in competitions at the First Feis (if offered), Beginner 1 and Beginner 2 Grade will wear only the competitor's dancing school costume or a skirt/pants and top.
- Costume Length: Length of costumes must adhere to principles of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty may ask a competitor to change into black tights (of a denier not less than 70 per cent) in order for the dancer to continue in the competition.

## ADJUDICATORS & MUSICIANS

- Musicians and adjudicators cannot be approached during a competition by anyone except the Feis Committee. No one can approach them while a competitor is performing.
- Musicians employed by the Feis Committee will be solely under the direction and management of the Feis Committee on Feis day.
- In matters pertaining to adjudication, the decision of the adjudicators is final.
- Adjudicators are to monitor the quality of music at the stage(s) to which they are assigned.
- Championships and Preliminary Championships require at least three adjudicators.
- Each Feis is required to list their adjudicators on their syllabus and/or website at least three weeks before the close of entries, one-third of which are to be from outside the region where the Feis is being held.

## COSTUME RULES

- Make up is prohibited on a dancer in the first three grades (First Feis (if offered), Beginner 1 and Beginner 2 or their equivalent) up to and including the under 12 age group. Make-up (including false eyelashes and tanner on the face) is not permitted for dancers, in either solo or team competitions, up to and including the Under 10 age group.
- Clarification: Both make up rules refer to the age group of the competition, not the actual age of the dancer. For example, 9 year old dancers, competing in a team that is entered Under 12, may wear make-up or at a feis where the youngest Open Championship age group is Under11, then all dancers in that competition may wear make-up. These rules must also be announced from side stage at the event. Participants should be reminded that should they be in breach of these rules and be required to remove their make-up, that they risk missing their rotation in the competition.
- Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition. Medically

## MODESTY RULES

### FROM AN COIMISIUN

Changing costumes, dressing and undressing of dancers will not be acceptable in the halls or public areas. For the sake of modesty and in the interests of safety of young people, dancers will not be permitted to walk around the feis scantily dressed. Respect for fellow competitors on stage is a requirement at all times.

Lack of respect or courtesy for fellow competitors by aggressive dancing on stage will be subject to penalty at the discretion of each individual adjudicator.

Length of costume must adhere to principles of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty may ask a competitor to wear black tights (of a denier not less than 70 percent) in order to continue in the competition. For competitions adjudicated by a panel of more than one adjudicator, all adjudicators on the panel must agree to asking the dancer to wear tights. Effective March 1, 2022.

Appropriate undergarments covering the midriff must be worn. Undergarments must provide full coverage. Dancers wearing undergarments that do not cover the areas of the body as in the illustrated example will be asked to put on black tights of a denier of not less than 70%. This is monitored by the adjudicator. For competitions adjudicated by a panel of more than one adjudicator all adjudicators on the panel must agree to ask the dancer to put on tights. (Effective March 1, 2022)

**THE FEIS WILL NOT GIVE ANY REFUNDS FOR ANY REASON INCLUDING CONSEQUENCES FOR VIOLATIONS OF THESE RULES.**

