



WE PROUDLY PRESENT



FÉIS RÚTAÍ  
Thír Chonail



SATURDAY 26<sup>TH</sup> AND  
SUNDAY 27<sup>TH</sup> AUGUST



SCOTLAND'S  
NATIONAL STADIUM  
HAMPDEN PARK



GLASGOW





# FÉIS RÚTAI THÍR CHONAILL



Dear Teachers, Parents and Dancers,



On behalf of the Boyle School and McQuade School, we are beyond excited to welcome you all to this, our third Féis Rútai Thír Chonail 2023.



No matter who we meet in whatever part of the world, our passion for Dance and our Glasgow/Donegal roots become part of our conversation. We are incredibly proud of our Donegal roots, it holds a connection to our parents and grandparents especially the areas of Dungloe, Loughanure and Falcarragh where we still have our family homes. With our upbringing firmly rooted in Glasgow and Donegal, we found it fitting to name our Feis, ‘Féis Rútai Thír Chonail’ – ‘Our Donegal Roots.’



We are again delighted to have secured our fantastic venue, Scotland’s National Stadium Hampden Park, this year and for the years to follow. The venue offers state of the art facilities: 2 large halls with stages, practice areas, a vending village, plenty parking, a café offering hot and cold food, drinks and a teacher hospitality room.



So that family and friends can keep in touch with the weekends’ events, there will be regular photos and updates via our Feis Instagram and Facebook pages @feisrtcglasgow.



Thank you again for your support and we look forward to welcoming you all to Glasgow at the end of August.



Sally Boyle ADCRG  
Jane McGuire TCRG  
Donna Marie Boyle ADCRG  
Andrea McQuade TCRG





### Feis Date:

All Preliminary/Championships Saturday 26<sup>th</sup> August

All Grade Competitions Sunday 27<sup>th</sup> August\*\*

\*\* (under 12/over 12 grades may dance on the Saturday afternoon – this will be confirmed after close of entry)

### Feis Secretary:

Mrs Sally Marie Boyle ADCRG

18, Beechwood Lea, Thorntonhall, Glasgow, G74 5BQ

07855427228

feisrtc@hotmail.com

### Moltóiri:

Ailis O'Dowda ADCRG, Hampshire, England

Brendan O'Brien ADCRG, Dublin, Ireland

Donna Griffin ADCRG, Birmingham, England

Gerard Carroll ADCRG, Ulster, Ireland

Miriam McCarthy ADCRG, Ulster Ireland

Richard Griffin ADCRG, London, England

### Ceoltóiri

Kevin Murphy, Glasgow, Scotland

William Paterson, Glasgow, Scotland

Liam O'Sullivan, Newcastle, England

Anthony Davis, Birmingham, England





## Entry Fees:



Solo Championships (U/5)

£20.00



Solo Championships (U/6 including 2 solo results)

£25.00

Solo Championships (U7-U9 including 2 solo results)

£35.00

Solo Preliminary/Championships (U10 up including 2 solos)

£45.00



Solo Grade Dances

£6.00



Light Trophy/Heavy Trophy Dances

£7.00

Rising Stars

£7.00

Dancer Maximum

£60.00

Family Maximum

£95.00



Door Entry

£7.00

Concession

£3.00



## Closing Date for Receipt of Entries and Fees

Thursday, 29<sup>th</sup> June 2023

to the Secretary by email

[feisrtc@hotmail.com](mailto:feisrtc@hotmail.com)

07855427228



Entry fees by bank transfer or cheque payable to

*'Féis Rútaí Thír Chonail'*

Bank details will be provided on receipt of entry.





## PROVISIONAL TIMETABLE



Saturday 26 <sup>th</sup> August		
	Lomond Suite	Nevis Suite
8:30 am	Under 8/Under 13	Under 10/Under 14
12:30 pm	Under 12 + Under 5/6/7	Under 9/Under 11
3.45 pm	Under 15/17/Senior	Under 16/18/20



Sunday 27 <sup>th</sup> August			
	Lomond Suite		Nevis Suite
8:30 am	Under 7 Beg/Pri/Int	Under 8 Beg/Pri/Int	Under 9 Beg/Pri/Int
12 noon	Under 6 Beg/Pri/Int	Under 11 Beg/Pri/Int	Rising Stars
3.00 pm	Under 12 Beg/Pri/Int	Over 12 Beg/Pri/Int	Under 10 Beg/Pri/int



- 100% Recall in all championships
- All age groups will alternate each round
- Under 19 and 20 age groups are combined
- Please be ready to dance 30 minutes prior to scheduled time
- Championship presentations will take place on the main stage in each hall
- All grade competitions will alternate eg. Beginner Reel followed by Primary Reel then Intermediate Reel





## Comórtas Rince Aonaireach Mescatha

### MIXED SOLO DANCING CHAMPIONSHIPS



Age Group	1 <sup>st</sup> Round	2 <sup>nd</sup> Round	Recall
Under 5	Reel		
Under 6	Reel	Single Jig	
Under 7	Reel	Single Jig	Light/Heavy Jig
Under 8	Reel	Heavy Jig	Hornpipe Step
Under 9	Reel	Heavy Jig	Trad Set Dance
Under 10	Heavy Jig/Hornpipe	Reel/Slip Jig	Open Set Dance
Under 11	Heavy Jig/Hornpipe	Reel/Slip Jig	Open Set Dance
Under 12	Heavy Jig/Hornpipe	Reel/Slip Jig	Open Set Dance
Under 13	Heavy Jig/Hornpipe	Reel/Slip Jig	Open Set Dance
Under 14	Heavy Jig/Hornpipe	Reel/Slip Jig	Open Set Dance
Under 15	Heavy Jig/Hornpipe	Reel/Slip Jig	Open Set Dance
Under 16	Heavy Jig/Hornpipe	Reel/Slip Jig	Open Set Dance
Under 17	Heavy Jig/Hornpipe	Reel/Slip Jig	Open Set Dance
Under 18	Heavy Jig/Hornpipe	Reel/Slip Jig	Open Set Dance
Under 20	Heavy Jig/Hornpipe	Reel/Slip Jig	Open Set Dance
Senior	Heavy Jig/Hornpipe	Reel/Slip Jig	Open Set Dance



- If there are **5 or more** boys in an age group, there will be a separate championship.
- Preliminary and Open Championship will be combined, the Preliminary result will be based on the result of the first 2 rounds.
- 100% recall in all Championships
- 1st-5th place trophies and sashes awarded in Open and Prelim Championships
- 16 bar hornpipe step down the line for the recall round in the under 8 championships
- **‘Rising Stars Competition’** dancers of any age who are not yet ready to compete in a graded competition. They will be required to dance 16 bars to beginner reel music either individually or collectively within a school. All dancers will receive a trophy and sash.





## Solo Grades



Age Group	Beginner	Primary	Intermediate
Under 6	Reel	Reel	Reel
Under 7	Single Jig	Single Jig	Single Jig
Under 8	Light jig	Light jig	Light jig
Under 9	Slip Jig	Slip Jig	Slip Jig
Under 10	Heavy Jig	Heavy Jig	Heavy Jig
Under 11	Hornpipe	Hornpipe	Hornpipe
Under 12	Light Trophy	Light Trophy	Light Trophy
Over 12	Heavy trophy	Heavy trophy	Heavy trophy



### Please Note



- Grade competitions are open to all regions
- 1<sup>st</sup> to 5<sup>th</sup> place will be awarded trophies in the trophy competitions
- Light and Heavy Trophy Dances must be a dance that has been performed in the specific grade
- Dependent on grade entries, age groups may be amalgamated





## Traditional Set Dances

Traditional Set Dances may be selected from:

St Patrick's Day (Speed 94)  
 Job of Journeywork (Speed 138)  
 Garden of Daisies (Speed 138)  
 The Blackbird (Speed 144)  
 Jockey to the Fair (Speed 90)  
 King of the Fairies (Speed 130)  
 Three Sea Captains (Speed 96)

## Number of Bars

Competitors in U9 - Senior age categories will be expected to dance 40 bars in Reel and Jig and 32 bars in the Slip Jig and Hornpipe.  
 U6 - U8 will dance 32 bars in the Reel and 40 bars will be required in Single Jig and Light Jig.

## Speed of Music

In all competitions the speeds of the musical accompaniment will be as follows:

	Beginner	Primary	Intermediate	Open
Reel	122	120	113	113
Single Jig	124	124	124	124
Light Jig	116	116	116	116
Slip Jig	122	118	113	113
Heavy Jig	96	76	73	73
Hornpipe	144	120	113	113

- In Under 5 and 6 Championships we will offer Beginner as well as Open speeds





## Accommodation



### Base Hotel

Holiday Inn East Kilbride  
Stewartfield Way  
G74 5LA

11 minutes drive from Feis

Double/Twin Room - £60

Family room - £85

Use the following link for booking

<https://www.holidayinn.com/redirect?path=rates&brandCode=HI&localeCode=en&regionCode=925&hotelCode=EKBUK&checkInDate=25&checkInMonthYear=072023&checkOutDate=28&checkOutMonthYear=072023&PMID=99801505&GPC=IRS&cn=no&viewfullsite=true>



**Premier Inn Glasgow South**  
G5 OTW

7 minutes drive from Feis

[www.premierinn.com](http://www.premierinn.com)

**Burnside Hotel**  
G73 5EA

11 minutes drive from Feis

[www.theburnsidehotel.co.uk](http://www.theburnsidehotel.co.uk)



**Premier Inn Argyle St**  
G2 8LL

12 minutes drive from Feis

[www.premierinn.com](http://www.premierinn.com)

**Number 10 Hotel**  
G42 8BS

10 minutes walk from Feis

[www.10hotel.co.uk](http://www.10hotel.co.uk)



## FEIS RULES

1. All rules of An Coimisiún le Rincí Gaelacha are applicable to this feis unless stipulated that an agreed local rule applies.
2. Entries will only be accepted directly from teachers registered with AN COIMISIÚN LE RINCÍ GAELACHA.
3. All entries must be made on the enclosed official entry forms, which must be completed and signed by the teacher. Entries will only be accepted from teachers en-bloc and not on an individual basis.
4. The dancer's FULL FIRST NAME and SURNAME must be entered in BLOCK CAPITALS.
5. The Feis Committee may modify or cancel any arrangements detailed in this syllabus as is deemed necessary, subject to the approval of the Scottish Regional Council or An Coimisiún le Rincí Gaelacha.
6. Adjudicators' decisions are final.
7. Complaints can only be accepted if in writing, within 1 hour of the incident and accompanied with a £30 fee to the Feis Secretary. This should be submitted prior to the announcement of any result. The fee will be returned if the complaint is upheld.
8. Competitors must be present when their competition is called and fully obey all instructions and directions from Feis Stewards and Officials or they may lose their right to compete
9. The organisers reserve the right to start any competition up to 30 minutes prior to the scheduled times. Competitions will not be held open.
10. All first place championship trophies are perpetual trophies and must be returned engraved and in good condition at the request of the Feis Committee. First place Prelim championship trophies do not need to be returned.

## GRADE RULES

11. Beginner and Primary competitions are open to competitors from all regions.
12. Beginners are only permitted to dance steps equivalent to the basic Reel/Single Jig/Light Jig/Heavy Jig and Hornpipe. Any competitor performing steps of a harder degree of difficulty in the Beginner's grade may be disqualified from that particular competition.
13. A dancer winning **1<sup>st</sup> or 2<sup>nd</sup> in Beginner grade**, when there are 6 or more competitors, must dance that particular dance in **Primary grade** (or above) **for a period of 12 months**.
14. A dancer winning **1<sup>st</sup> in the Primary grade**, when there are 6 or more competitors, must dance that particular dance in **Intermediate grade** (or above) **for a period of 12 months**.
15. A dancer winning **1<sup>st</sup> in the Intermediate grade**, when there are 6 or more competitors, must dance that particular dance in Open grade **for a period of 12 months**.
16. A dancer winning **1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> in the Open grade** must dance that particular dance in the Open grade **for at least 12 months**.
17. Open championship – a dancer winning **1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> in an Open championship** must remain Open for the dances performed in that championship **for a period of at least 12 months**.

## COSTUME RULES

18. Dancers in Beginner and Primary competitions up to and including the under 12 age group may only wear class costume, skirt and blouse or appropriate civilian clothing. Low cut tops or short tight skirts are not permitted. Failure to comply with this rule may lead to disqualification from the competition.
19. Effective from 1<sup>st</sup> February 2020, length of costumes must adhere to principals of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty may ask a competitor to change in to black tights (of a denier not less than 70 per cent) in order for the dancer to continue in the competition. When

wearing body suits with skirts (commonly known as black-out attire) black tights (of a denier less than 70) must be worn from the age of 14 and above.

20. The normal rotation of dances for the U7 – U9 competitions will be Reel then either Single Jig or Light or Heavy Jig. In the older age groups, the hard shoe round will be danced first.
21. **All** competitors will dance two at a time in the first two rounds.
22. Tempos for Solo Championships & Preliminary Championships will be the same as those stipulated for the World Championships.
23. Toe blocks or any other footwork danced “en-point” whether stationary or moving is not permitted for those dancers **up to and including the Under 12 age group**. (Per Rule 4.6.2 Rules for Registered Teachers & Adjudicators).
24. ***\*For clarification purposes, this means that if the full weight is put on the foot, that is en point, which is not allowed in any movement. (Effective 27/01/2019 per rule 4.6.2 Rules for Registered Teachers & Adjudicators)***
25. All competitors must be in full costume and appropriate **black** dance footwear when receiving awards, otherwise such awards may be forfeited.
26. Attendees must comply with the Make Up Rules 4.5 per CLRG Rule Book – 4.5.2 Make-up (including false eyelashes) is not permitted for dancers in either solo or team competitions, up to and including the Under 10 age group. Make Up will not be permitted for any dancer in the first 2 grades (Beginner and Primary) up to and including the Under 12 age group worldwide. For the purposes of this rule, the term “make-up” includes tinted moisturiser and any artificial tanning products. An Coimisiún le Rincí Gaelacha hopes that teachers and parents will interpret and apply this rule in the spirit it is intended. Effective 01/03/2014.
27. THE DRESS CODE IN ACCORDANCE WITH AN COIMISIÚN RULING WILL BE STRICTLY OBSERVED. i.e. for the sake of modesty and in the interest of safety to young people, dancers will not be permitted to walk around the feis scantily dressed.
28. All mobile phones and electronic devices must be placed on silent in the competition areas.
29. The photography and videoing policy of An Coimisiún will be strictly observed, full details of which will be published in the official programme.
30. ***“Any form of unauthorised photography which has the capability to capture a dancer’s image whilst in motion, using electronic or manual means, e.g. mobile phone, standard camera, video camcorder, cine recorder, commercial film, with or without flash enhancement, is expressly forbidden in competition”.***
31. The organisers will take photographs of competitors, competitions and presentations.
32. Such photographs may be subsequently used for marketing and promotional purposes of the event. **Should you wish your child/children to be excluded from being photographed at the event this must be advised in advance to the Feis organisers.**
33. Other than the photographs taken by the Feis organisers, all photographs of competitions, competitions and presentations may only be taken for personal use. They may not be redistributed, sold, lent or passed on to third parties. They may also not be used for commercial purposes or used in any publication or website without the express written permission of the organisers and the parents or guardians dancers included therein.
34. First aiders will be present should anyone need their assistance at the Feis.

### **PRELIM RULES**

35. For the purposes of Preliminary competitions, they are included in all Open Championships from Under 10 upwards, provided there are 2 or more eligible competitors. Results will be taken from the first 2 rounds. In accordance with Scottish Regional Council rules, to be considered as eligible to compete in a Preliminary Championship, the following rules apply:
  - Cannot have been placed in a top three position in an open Championship with up to 20 competitors within the last **12 months**.

- Cannot have been placed in a top 5 position in an open Championship with more than 20 competitors within the last **12 months**.
- A minimum number of three Adjudicators must officiate, and must have included one light and one heavy dance.
- Competitors who qualify for and compete in Oireachtas Rince na Cruinne in the previous **12 months** cannot compete in a preliminary championship, except where the dancer auto-qualified at their Regional or National Oireachtas due to lack of numbers.
  - The relevant notation must be made on the entry form to indicate that a dancer is entitled to also be entered into the preliminary championship.
  - Where a Preliminary Championship is combined with an Open Championship, then the result should be taken from eligible dancers' ranking after the first two rounds.
  - Where a competitor wins two Preliminary Championships, they must dance in Open Championship for a period of **12 months** thereafter. For grading purposes, **two wins** will be taken as being in any two-year rolling period. Where a dancer does not win a second Preliminary within two years of winning their first Preliminary Championship, then the first win will be deemed as having expired and the dancer starts afresh. Where there are less than 6 in a Preliminary Championship that win will not normally be considered for grading purposes. However, where a dancer wins **three** Preliminary Championships regardless of the number of competitors in each competition, that dancer must dance in Open Championship for a period of **12 months** thereafter.
  - Dances performed in a Preliminary Championships do not count for grading in solo competitions.

**IMPORTANT** All competitors will be asked to confirm and sign for their eligibility to compete in a Preliminary Championships when registering. This list will then be used to announce the Preliminary Championship result. No changes to this list will be allowed after the commencement of the relevant Championship.

36. Coaching from the floor is strictly prohibited and may result in the disqualification of the dancer.
37. Only competitors dancing in the Championship and feis officials will be allowed back stage at any time.
38. In line with Scottish Regional Council rules, the consumption of alcohol in the competition hall is strictly prohibited.
39. Smoking is not permitted anywhere within the venue.
40. The organisers retain the right to refuse admission to anyone in breach of any rule or where they believe there is a risk to any individual.
41. The Feis Committee is not responsible for property lost or damaged during the event and everyone is strongly advised not to leave bags, clothing or personal items unattended at any time. All personal property is the sole responsibility of the owner.