



**SAT, OCT. 5,
2024**

**START
8:00 AM**

Presented by:

**Niall O'Leary School of Irish Dance
Feis Chair: Niall O'Leary, ADCRG**

Adjudicators:

**Laura Cass, ADCRG
Ronan McCormick, ADCRG
Anthony Murnane, ADCRG**

Musician:

Claire Shirey (Fiddle and Concertina)

**Mary C O'Keefe Culture Arts Center
1600 Government Street
Ocean Springs, MS 39564**

Syllabus approved by Areleen Ni Bhaoil, TCRG Southern Region Feis Registrar on June 24, 2024

Registration

- Registration opens on Monday July 15, 2024 on ifeis.net.
- There are NO late fees and NO change fees for our feis!
- Registration closes on Saturday September 21, 2024 at 11:59 PM.
- Changes are allowed until Monday September 30, 2024 at 11:59 PM.

Pricing

- Solo dances per competition \$12
- Preliminary Championships & Advanced Adults Prelim (2 rounds) \$45
- Open Championships, Advanced Adults Open, & Adults Championships (3 rounds) \$55
- Team dancing per competitor \$12
- Specials \$15
- Cultural competitions \$10
- Account/Family Fee \$30
- Family Max: \$150 (Does not include specials, figures, second chance or account/family fee)
- Feis reserves the right to combine or split competitions as necessary, especially with 5 or fewer dancers.

Photo/Video

- No use of flash photography is allowed inside the competition room.
- Photography (without a flash) and videography is allowed for Tir na Nôg, Beginner 1 and Beginner 2 solo competitions ONLY.
- Photography (with no flash) of novice, prizewinner, championships, masters, ceilis, and specials is allowed while dancers are standing still, but NOT when dancing is occurring.

Travel

Nearest airports:

- Gulfport/Biloxi International Airport (GPT) ~20 miles from feis venue
- Mobile International Airport (BFM) ~50 miles from feis venue
- Mobile Regional Airport (MOB) ~50 miles from feis venue
- Louis Armstrong New Orleans International Airport (MSY) ~100 miles from feis venue

Hotel Room Block

Margaritaville Resort Biloxi
195 Beach Blvd, Biloxi, MS 39530

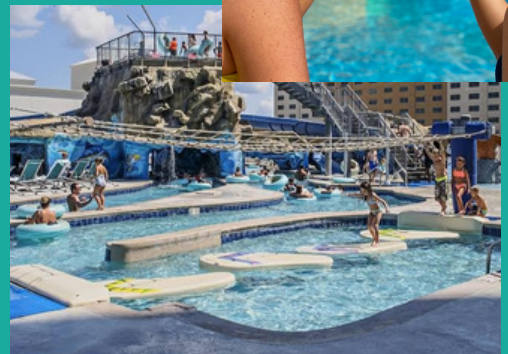
Room rates range from \$170-219 for the feis weekend depending on the day, and INCLUDE up to 4 passes to the water park!

How to Book:

Call Mon-Fri 8am-4pm
Wendy 228-271-6338
Kay 228-271-6335

Ask for the “Feisin’ the Coast Hotel Room Block”

Reservation cut-off date is September 4, 2024.
Credit card required to book room(s).
Cancellation requires 48 hours.



NEW

Click to Collect

During lunch break, come side stage and participate in a click 2,3 contest!

Dancers who perform the most clicks in a row will win a prize!

Only \$5! Register on ifeis.net or bring cash sidestage on the day of!

**Grades (Beg thru Prizewinner) - 500CC
Prelim & Open Champ - 600CC
Adults - 700CC**

Drive-In Movie Special

Dancers will dance 16 bars of treble reel. 1950's attire is strongly encouraged. Prizes will be awarded for best dance and best costume.

Beginner & Advanced Beginner - 300DIM

Novice - 400DIM

Prizewinner - 500DIM

Prelim & Open Champ - 600DIM

Adults - 700DIM

Race to the

FINISH

Special

Dancers will perform 16 bars of reel. Fun costumes in the colors of racing flags are encouraged.

Beginner & Advanced Beginner - 300RTF

Novice - 400RTF

Prizewinner - 500RTF

Prelim & Open Champ - 600RTF

Adults - 700RTF

bit.ly/feisinthecoast • feisinthecoast@gmail.com

Leapin' Llamas Special

This competition is open to all dancers over the age of 21. Dancers will perform 16 bars of soft shoe reel or slip jig. Boys/Men want to dance a slip jig? You can at our feis!

The winner will receive a 6-pack of Fly Llama beer and a Fly Llama glass. Awards sponsored by local brewery, Fly Llama in Biloxi.

**All Levels (21&O) - LL600
All Levels Adults - LL700**



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Feisin' the Coast Classic Special

Dancers will perform a traditional set dance of their choice in traditional style and to traditional music. Competitions will be split by age as needed.

Beginner & Advanced Beginner - 300TS

Novice - 400TS

Prizewinner - 500TS

Prelim & Open Champ - 600TS

Adults - 700TS

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Tir na Nóg Special

107TNN - 7 and Under

This competition is for children who have never had Irish dance lessons or are new to Irish dance.

Great for the younger aspiring dancers who want to go on stage just like the big kids! They might know some basics, but aren't ready to dance two steps in the beginner level.

Dancers will perform for 16 bars to a reel at speed 122.



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Cultural Competitions

These competitions are open to all age groups, dancers, family members and community members and are designed to promote greater awareness of and appreciation for Irish culture, music, language, and art.

You do **not** need to be affiliated with an Irish Dance School to participate in these competitions. All are encouraged to register! Competitions will be split by age if needed.

Register on ifeis.net OR bring cash/check/Venmo/Paypal on the day of the feis!

IRISH ART - 1A

Please label the back with your name, age, and telephone number and drop off at the registration table between 8:00 A.M. - 11:30 A.M.

IRISH MUSIC - 1M

Music competitors will play 1 Irish or Celtic tune twice through. All instruments are welcome. Music competitions will be scheduled for Saturday in a way it won't cause conflict for anyone who is in both dancing and music competitions.

IRISH SINGING - 1S

Singing competitors will sing an Irish or Celtic song in either English or Irish. Singing competitions will be scheduled for Saturday in a way it won't cause conflict for anyone who is in both dancing and singing competitions.

Irish Language - 1L

Entrants may recite prose, prayer(s), recitation, or conversation. Language competitions will be scheduled for Saturday in a way it won't cause conflict for anyone who is in both dancing and language competitions.

Irish Baking - 1B

Please label the back with your name, age, and telephone number and drop off at the registration table between 8:00 A.M. - 11:30 A.M.



Beginner

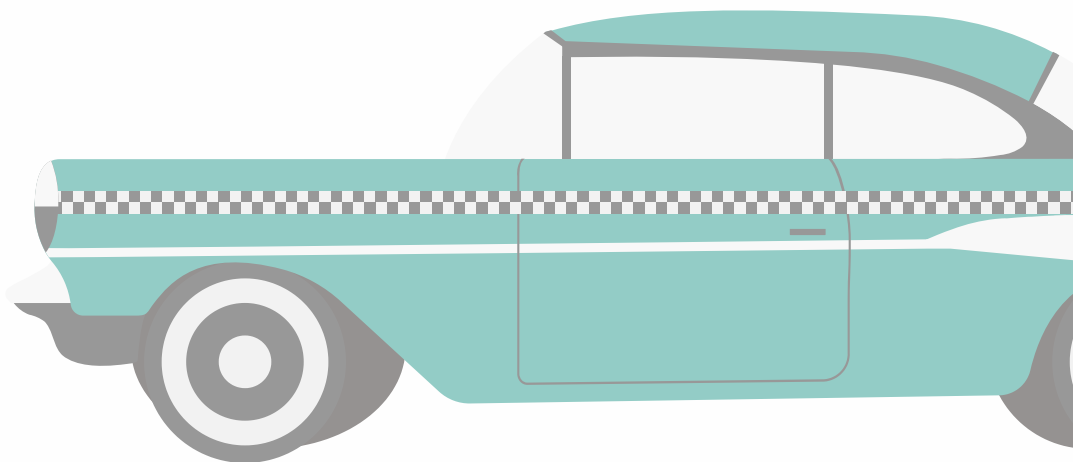
A dancer who has been dancing for less than one year. A Beginner dancer must move to Advanced Beginner no later than January 1st of the dancer's second year of instruction, or may move to Advanced Beginner earlier with teacher's permission.

Note: a Beginner dancer who starts in September, may continue as a Beginner until December of the following year (16 months) before moving into Advanced Beginner.

AT THIS LEVEL, DANCERS ARE NOT ALLOWED TO COMPETE IN SOLO COSTUMES (only school costumes are allowed)

Second chance competitions will also be offered.

	U5	U7	U9	U11	U13	13&O
REEL	205RL	207RL	209RL	211RL	213RL	214RL
LIGHT JIG	205LJ	207LJ	209LJ	211LJ	213LJ	214LJ
SINGLE JIG	205SN	207SN	209SN	211SN	213SN	214SN
SLIP JIG	205SJ	207SJ	209SJ	211SJ	213SJ	214SJ



Advanced Beginner

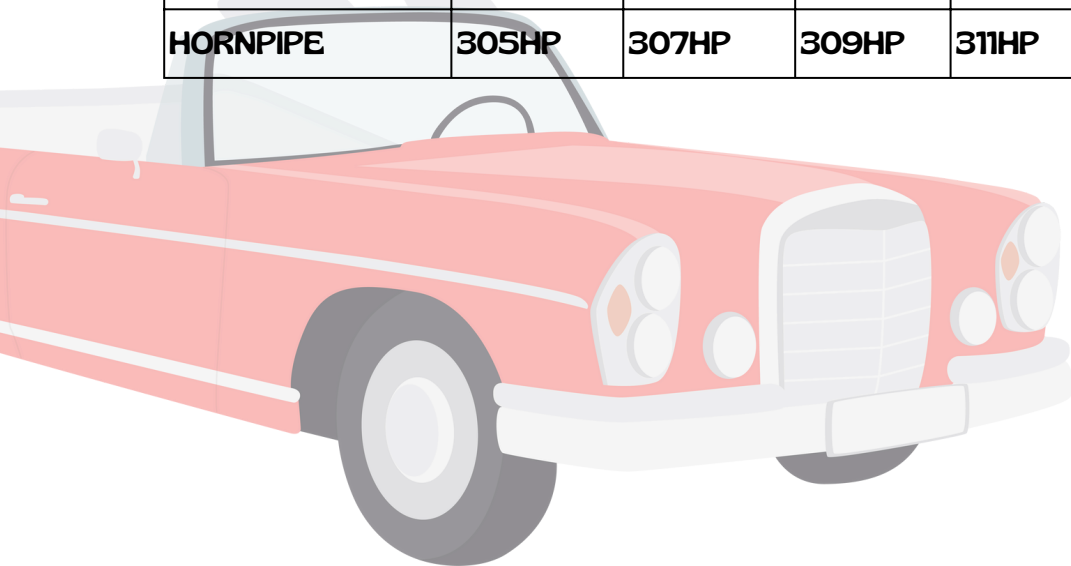
A dancer who has been dancing for more than one year and who has not won a 1st, 2nd or 3rd place (in a competition with 5 or more dancers) as an Advanced Beginner. A dancer who has won a 1st, 2nd or 3rd place in an Advanced Beginner dance (with 5 or more dancers in that competition) must move into Novice in that dance no later than January 1st of the next calendar year or with teacher's permission.

AT THIS LEVEL, DANCERS ARE NOT ALLOWED TO COMPETE IN SOLO COSTUMES (only school costumes are allowed).

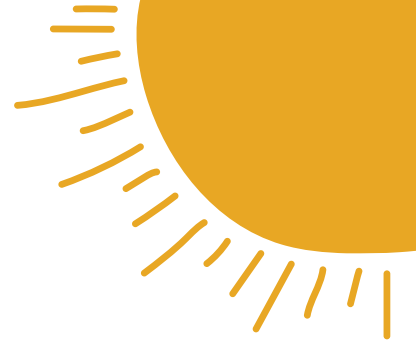
ALL HARD SHOE DANCES AT TRADITIONAL SPEEDS.

Second chance competitions will also be offered.

	U5	U7	U9	U11	U13	13&O
REEL	305RL	307RL	309RL	311RL	313RL	314RL
LIGHT JIG	305LJ	307LJ	309LJ	311LJ	313LJ	314LJ
SINGLE JIG	305SN	307SN	309SN	311SN	313SN	314SN
SLIP JIG	305SJ	307SJ	309SJ	311SJ	313SJ	314SJ
TREBLE JIG	305TJ	307TJ	309TJ	311TJ	313TJ	314TJ
HORNPIPE	305HP	307HP	309HP	311HP	313HP	314HP



Novice



A dancer moves into Novice as a result of placing 1st, 2nd, or 3rd in that dance (with 5 or more dancers in that competition) as indicated in Advanced Beginner. A dancer who wins 1st in a Novice dance (with 5 or more dancers in that competition) must move into Prizewinner level in that dance no later than January 1st of the next calendar year or with teacher's permission.

***ALL HARD SHOES DANCES CAN BE DONE AT EITHER TRADITIONAL SPEED OR SLOW SPEED.**

Second chance competitions will also be offered.

	U7	U9	U11	U13	U15	15&O
REEL	407RL	409RL	411RL	413RL	415RL	416RL
LIGHT JIG	407LJ	409LJ	411LJ	413LJ	415LJ	416LJ
SINGLE JIG	407SN	409SN	411SN	413SN	415SN	416SN
SLIP JIG	407SJ	409SJ	411SJ	413SJ	415SJ	416SJ
*TREBLE JIG	407TJ	409TJ	411TJ	413TJ	415TJ	416TJ
*HORNPIPE	407HP	409HP	411HP	413HP	415HP	416HP

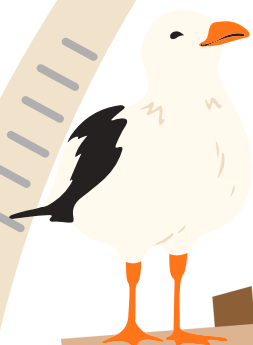
Prizewinner

A dancer moves into Prizewinner as a result of placing 1st place (with 5 or more dancers in that competition) as indicated in Novice.

***ALL HARD SHOES DANCES CAN BE DONE AT EITHER TRADITIONAL SPEED OR SLOW SPEED**

Second chance competitions will also be offered.

	U7	U9	U11	U13	U15	15&O
REEL	507RL	509RL	511RL	513RL	515RL	516RL
SLIP JIG	507SJ	509SJ	511SJ	513SJ	515SJ	516SJ
*TREBLE JIG	507TJ	509TJ	511TJ	513TJ	515TJ	516TJ
*HORPIPE	507HP	509HP	511HP	513HP	515HP	516HP



Adults

An Adult dancer is defined as any dancer who started Irish dancing at the age of 18 or older OR any dancer 18 or older who has not competed in at least five years in a youth competition AND has never placed in the top three in a youth Preliminary championship competition of more than five competitors.

Dancers who are in the Adult categories cannot enter any competition other than Adult specified competitions. A dancer who wishes to return to any category other than Adult must remain out of Adult competitions until they retire from dancing for five consecutive years.

An Advanced Adult Preliminary dancer is defined as anyone age 18 or older who has previously placed in the top three of a Prelim Championship or competed in Open Champ levels in the youth/8 Over levels regardless of when the competitor was active. An Advanced Adult dancer has opted to leave Youth/8 Over categories and once the dancer begins competing in Advanced Adult, the dancer may not return to Youth/8 Over categories. Dancers competing at the Adult Championship level may move to the Advanced Adult Prelim level per teacher's discretion.

Adult Championships Requirements: Choice of Reel or Slip Jig, Treble Jig or Hornpipe, and Traditional Set.

Advanced Adult Prelim Requirements: Choice of Reel or Slip Jig, Treble Jig or Hornpipe.

Advanced Adult Open Requirements: Choice of Reel or Slip Jig, Treble Jig or Hornpipe, and Non Traditional Set

ALL ADULTS HARD SHOE DANCES CAN BE DONE AT TRADITIONAL SPEED OR SLOW SPEED IN THE NOVICE AND PRIZEWINNER GRADE LEVELS.

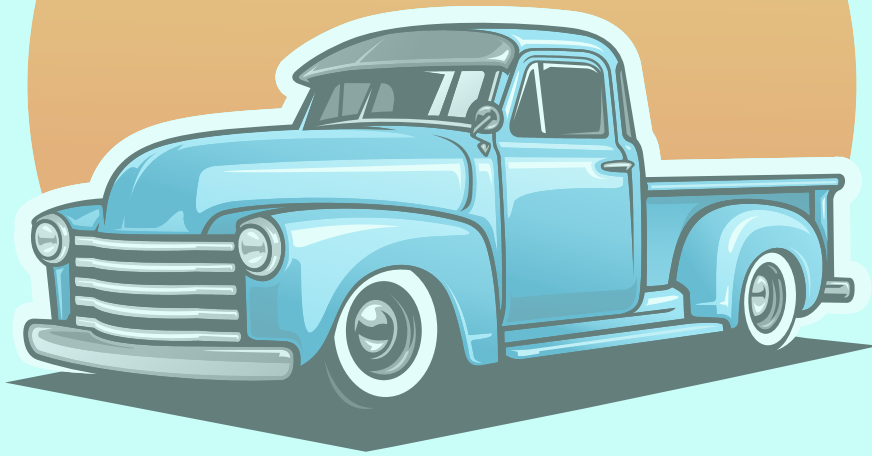
Second chance competitions will also be offered for adults. There will be a parade of champions at the end of the feis!

	Beginner	Advanced Beginner	Novice	Prizewinner	Champ	Advanced
REEL	299RL	399RL	499RL	599RL		
LIGHT JIG	299LJ	399LJ	499LJ			
SINGLE JIG	299SN	399SN	499SN			
SLIP JIG	299SJ	399SJ	499SJ	599SJ		
TREBLE JIG	299TJ	399TJ	499TJ	599TJ		
HORNPIPE	299HP	399HP	499HP	599HP		
TRAD SET						700TS
CONTEMPORARY SET DANCE						799SD
ADULTS CHAMPIONSHIP					699AC	
ADVANCED ADULT PRELIM						799AAP
ADVANCED ADULT OPEN						799AAO

Preliminary Championship

Preliminary Championships are open to those who, at any recognized Feis:

1. Have won 1st place in both an open/prizewinner light and heavy shoe competition (with 5 or more dancers in that competition), and
2. Have never won 1st, 2nd or 3rd in Open Championship.



A dancer who lives in the Southern Region and who wins 1st place in a second Preliminary Championship Competition in any Region MAY move up to Open Championship Competitions immediately, at the discretion of their dancing teacher.

A dancer who lives in the Southern Region when they win 1st place in a second Preliminary Championship competition MUST move up to Open Championship Competitions no later than the one calendar year anniversary of the second Preliminary Championship win.

Dancers will perform: reel (48 bars) or slip jig (40 bars) and treble jig (48 bars) or hornpipe (40 bars). Champs will start in soft shoe. A separate contemporary set dance competition is offered at this feis.

Second chance competitions will also be offered and take place no more than an hour after first chance.

There will be a parade of champions at the end of the feis!

	U9	U11	U13	U15	U17	17&O
PRELIM CHAMP (2 ROUNDS)	609PC	611PC	613PC	615PC	617PC	618PC
CONTEMPORARY SET DANCE	609SD	611SD	613SD	615SD	617SD	618SD

Open Championship

A dancer who wins two 1st Place awards in one calendar year will move on to Open Championship the following year, or as soon as the second win is achieved, in any age category, in the following years. Only in the case of back-to-back Feiseanna (successive days), in which case the first win in the first Feis will not change the dancer's status for the second Feis. Placing in a Regional or National Oireachtas does not change the status of a competitor.

Dancers will perform: reel (48 bars) or slip jig (40 bars) and treble jig (48 bars) or hornpipe (40 bars), and any contemporary set dance. Champs will start in soft shoe.

Second chance competitions will also be offered and take place no more than an hour after first chance.

There will be a parade of champions at the end of the feis!

	U9	U11	U13	U15	U17	U19	1980
OPEN CHAMP (3 ROUNDS)	7090C	7110C	7130C	7150C	7170C	7190C	7200C

Team Dancing Competitions

- There are no restrictions on team competition age groups.
- For 2 Hand and 3 Hand competitions, age groups will be determined by the oldest dancer. For 4 Hand and 8 Hand competitions, age groups will be determined by the teacher (bring our Oireachtas teams).
- Céilí teams may perform any figure as outlined in Ar Rinci Céilí- 2014.

	2 Hand Reel	3 Hand Reel	4 Hand Reel/Jig
Under 7	9207FD	9307FD	9407FD
Under 9	9209FD	9309FD	9409FD
Under 11	9211FD	9311FD	9411FD
Under 13	9213FD	9313FD	9413FD
Under 15	9215FD	9315FD	9415FD
Over 15	9216FD	9316FD	9416FD
Adult	9299FD	9399FD	9499FD

	8 Hand Ceili
Under 10	9810FD
Under 12	9812FD
Under 15	9815FD
Under 18	9818FD
Over 18	9819FD
Adult	9899FD

FREE!

Family Friendly Ceili

Saturday, October 5, 2024

6pm - 8pm

EMPANOLA
LOVEMADE EMPANADAS

Bakery

Coffee Shop

Future Home of
EMPANOLA
Coming Soon

Join us at Empanola in Ocean Springs (on the way back to Margaritaville!) from 6pm-8pm for live music and dancing. Attendance is free, but please purchase food and drinks to support the venue.

Free admission - no cover!

Empanola Ocean Springs

718 Bienville Blvd, Ocean Springs, MS 39564

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SOUTHERN REGIONAL DANCING COMPETITION RULES

1. In the case of all solo and team competitions in all grades, the age of a competitor on 1st January of the year in which the competition is held will determine the right of entry. For the purposes of this Rule a competitor whose birthday occurs on 1st January shall be deemed to be under the age attained on that date.
2. Competitions are open to all but those holding a TMRF, TCRG, or ADCRG designation. A feis can only accept entries from pupils of teachers registered with An Coimisiun and registered with both the IDTANA and the North American region in which they reside.
3. A competitor may be disqualified for any of the following reasons:
 - a. Conduct unbecoming a lady or gentleman.
 - b. Failure to report on time to compete. (Penalty: disqualification from said event)
 - c. Falsification of age or other important facts – i.e., teaching, award winning, competing under another competitor's name or number, etc.Penalty for (a) or (c): Competitor will be disqualified from the Feis at which the occurrence happened and from all registered Feiseanna for a period of one year beginning at the date of the occurrence.
4. Competitions may be closed if there are no competitors at the assigned stage ready to compete when the competition is scheduled or announced. This does not pertain to a situation where competitors are involved in stage conflicts, and such conflicts will be handled by the stage monitor.
5. Steel taps or "bubble" heels on dancing shoes and any display of awards is prohibited. Authentic Gaelic dress is desired.
6. First Feis (if offered), Beginner and Advanced Beginner, aka Beginner I and II, must wear a class costume, or a skirt/pants and top. All other categories are excluded from this rule. Modest attire is encouraged when a competitor is not dancing.
7. Competitor's number must be worn and visible to adjudicators when performing in all competitions. Use of reflective plastic number covers is discouraged.
8. The number of awards given is determined by the Feis Committee and is based on the scores and ranks given by the adjudicator(s).
9. Complaints must be in writing stating names and other factual information and signed by the complainant. A \$50.00 fee must be enclosed and presented to the Feis Chairman within one hour of the occurrence. The fee will be returned if the complaint is upheld.
10. The Feis Committee and any organization affiliated with same, will not be held responsible for personal injury, property loss or damage. Destruction of Feis property and/or rental property will be punishable by law.
11. The Feis reserves the right to reject any entry for cause, to cancel all or part of the Feis and to limit competitor's performing time. The decision of the Feis Committee is final in all matters connected with the Feis.
12. All Feiseanna must have a process to allow parents to request that their child or children's name(s) not be listed on the posted competitor list prior to the day of the Feis.
13. Competitors must answer all questions as required by the Feis Entry committee, including teacher's name, and include the entry fee for entry to be accepted. Failure to do so will result in a rejected entry. Entries must be received on or before the closing date or they will be subject to a late fee of (Determined by the Feis).
14. With the exception of First Feis and Beginner 1 the status of the dancer does not change unless there are five or more dancers in the competition.
15. Photography
 - a. With the exception of First Feis, Beginner 1 and Beginner 2 (or their equivalent), photography of any kind which has the capability of capturing a dancer's image while in motion is strictly forbidden.
 - b. A Feis may elect to allow in motion photography for publicity purposes, but the pictures are considered the sole property of the Feis and solely for Feis use only; these are not to be used for personal gain through commercial use or sale, and under no circumstances can they be published on any website or other areas, without the express written permission of the persons involved.
 - c. Additionally, a professional photographer may be formally contracted by a Feis to capture non-motion photographs, such as portrait photography, awards ceremonies, etc. and/or in motion photography provided it is taken at a vendor station or suitable location:
 - i. away from the dancing stages and,
 - ii. requested by a consenting parent, guardian, or dancer (over the age of 18).
16. No block, en Pointe, toe walking movements, stationary or moving is allowed to be performed for all ages up to and including the under 12 age group. However, after September 1 of each year an exception is made for those dancers who are 11 dancing in the under 12 age group.
17. No substance that can become airborne should be used on any dance floor in an attempt to improve traction.
18. Respect for fellow competitors on stage is a requirement at all times. Lack of respect or courtesy for fellow competitors by aggressive dancing on stage will be subject to penalty at the discretion of each individual adjudicator.

GRADE LEVEL RULES

1. Solo competitors in First Feis (if offered), Beginner, Advanced Beginner, Novice or Open (Prizewinner), Adult and Master competitions:
 - a. Must compete in their own age group.
 - b. Must be prepared to perform two steps in each event.
2. With the exception of First Feis and Beginner 1, a dancer's level is determined in each dance (Reel, Light Jig, Single Jig, Slip-Jig, Hornpipe, Treble Jig, and Traditional Set). Traditional Set Dances are limited to those dances determined by An Coimisiun Le Rince Gaelacha as traditional set dances.
3. AFeis Committee may combine competitions if there are less than 5 competitors entered as follows:
 - a. Three consecutive age groups, if including the youngest or oldest multi-year age groups, or up to five consecutive single-age groups, combined into the highest age group, within that grade.
4. Each region may determine the system for moving dancers from one grade to another, as they see appropriate for their region.
5. The syllabus is to contain all grade categories.
6. Competitors have the option to remain in the same category for the remainder of the Feis year.
7. A dancer, at the discretion of the teacher, may move into the next Grade (not Open Championships) without satisfying the requirements. However, once a dancer competes in the higher level, they can never move back to a lower category, (except as outlined in Rule 1, above).
8. Grade Levels
 - a. **First Feis:** A dancer who has never competed in a Feis. A dancer can only be in this category for a single day and cannot compete at any other level in the Feis. Dancers must compete with Basic Steps that coincide with the Grade Exam Syllabus.
 - b. **Beginner 1 (Beginner) Grade:** A beginner is a competitor who has not yet taken a full year of Irish Dance lessons, thereby giving beginners a full year with such status. A Beginner must move into the Beginner 2/Advanced Beginner category the next year. Dancers must compete with Basic Steps that coincide with the Grade Exam Syllabus.
 - c. **Beginner 2 (Advanced Beginner) Grade:** An advanced beginner who wins 1st, 2nd or 3rd place will advance to the Novice category in that particular dance. Competition dances are reel, light jig, slip jig, traditional treble jig and traditional hornpipe, as a minimum requirement. Dancers must compete with Basic Steps that coincide with the Grade Exam Syllabus.
 - d. **Novice Grade:** A novice who wins a 1st place will advance to the Open (Prizewinner) category in that particular dance. In Novice competitions with 20 or more dancers, a dancer who wins 1st or 2nd place in a dance will advance to the Open/PW category in that particular dance (Dec 2012)
 - e. **Open Prizewinner Grade:** A competitor who does not qualify as a beginner, advanced beginner or as a novice.
 - f. **Adult:** An Adult dancer is defined as any dancer who started Irish dancing at the age of 18 or older OR any dancer 18 or older who has not competed in at least five years in a youth competition AND has never placed in the top three in a youth Preliminary championship competition of more than five competitors.
9. First Feis (if offered), Beginner 1, and Beginner 2 are required to dance at traditional speeds. Novice and Open/Prizewinner dancers may choose between traditional and Oireachtas speeds.
10. The following dance speeds must be adhered to;

	First Feis	Beg 1	Beg 2	Novice	Prizewinner
Reel	122	122	122	113	113
Light Jig	115	115	115	115	115
Slip Jig	122	122	122	113	113
Single Jig	124	124	124	124	124
Treble Jig			92	73/92	73/92
Hornpipe			138	113/138	113/138

Traditional Sets	Traditional Speed
St. Patrick's Day	94
Blackbird	144
Job of the Journeywork	138
Three Sea Captains	96
Garden of Daisies	138
Jockey to the Fair	90
King of the Fairies	130

11. First Feis, Beginner 1 and Beginner 2 perform only basic steps to coincide with the Grade Exam Syllabus.
12. Dancers competing in the First Feis category are limited to participating in the First Feis Category only.

CHAMPIONSHIP LEVEL RULES

1. First place winners in the Open Championship category cannot return to a Preliminary or Open (Prizewinner) competition. Placing in a Regional or National Oireachtas does not change the status of a competitor. A dancer who moves into Open Championship must stay a minimum of 2 years. If after 2 years they have not placed they are allowed to return to Preliminary. An Open Championship dancer who places is not allowed to return to Preliminary until 2 years after their last placement. The regional syllabus where the Feis is being held may have different qualifications for entry.
 2. Entrants in any Championship event may not enter in any other (Grade) events, but may enter in Figure Dances and Specials, i.e. Treble Reel Competition, etc.
 - a. Dancers must qualify for Open Championship via the method now in place for Preliminary Championship, i.e. two 1st place wins.
 - b. Dancers must compete in the Preliminary Championship competition in order to qualify for Open Championship
 3. Preliminary Championships
 - a. Are open to those who at any CLRG-registered Feis:
 - i. Have placed 1st in both an Open (Prizewinner) light and heavy shoe competitions and
 - ii. Have never won 1st, 2nd or 3rd in an Open Championship.
 - b. A dancer who lives in the Southern Region and who wins 1st place in a second Preliminary Championship Competition in any Region MAY move up to Open Championship Competitions immediately, at the discretion of their dancing teacher.
 - c. A dancer who lives in the Southern Region when they win 1st place in a second Preliminary Championship competition MUST move up to Open Championship Competitions no later than the one calendar year anniversary of the second Preliminary Championship win.
 - d. Preliminary Championship competitions with 26 or more competitors may be split in half according to age. * In Preliminary Championships-Separate boys into a separate competition if there are five (5) or more boys entered in a specific competition within a single age group.
- If three (3) or more boys are entered in a specific age group in a combined Open Championship competition, the boys and girls MUST be split into separate competitions.
4. Every competitor in Preliminary or Open Championship must have a minimum of 8 rotations or 10 minutes between each of their rounds.
 5. In the event the same organization is running 2 feis' in one weekend the following must occur:
 - a. 2nd chance competitions may only be offered on one feis

FIGURE/CEILI TEAM RULES

1. Teachers or team captains are responsible that their teams are complete and in position when the competition is announced.
 - a. There are no restrictions on figure age groups
 - b. Figure age groups will be determined by the oldest dancer.
 - c. 8hand teams are allowed to repeat dancers at all Southern Region feiseanna in accordance with the World and Regional Oireachtas rules.
2. The length of 2 hand and 3 hand dances in competition are to be 48 bars of music plus an 8 bar introduction.
3. Only dancers that meet the definition of an "Adult Dancer" may compete in Adult Ceili competitions. "Adult Dancer" includes Adult Grade Level, Adult Championship, Advanced Adult Preliminary Championship and Advanced Adult Open Championship, as defined by the qualifications found elsewhere in these rules.
4. In the event that the same organization is running 2 feiseanna in one weekend, the following may occur: Figure and Ceili competitions may be offered at only one of the feis' on that weekend.

ADJUDICATORS & MUSICIANS

1. Musicians and adjudicators cannot be approached during a competition by anyone except the Feis Committee. No one can approach them while a competitor is performing.
2. Musicians employed by the Feis Committee will be solely under the direction and management of the Feis Committee on Feis day.
3. In matters pertaining to adjudication, the decision of the adjudicators is final.
4. Adjudicators are to monitor the quality of music at the stage(s) to which they are assigned.
5. Championships and Preliminary Championships require at least three adjudicators.
6. Each Feis is required to list their adjudicators on their syllabus and/or website at least three weeks before the close of entries, one-third of which are to be from outside the region where the Feis is being held.

COSTUME RULES

1. Make up is prohibited on a dancer in the first three grades (First Feis (if offered), Beginner I and Beginner 2 or their equivalent) up to and including the under 12 age group. Make-up (including false eyelashes and tanner on the face) is not permitted for dancers, in either solo or team competitions, up to and including the Under 10 age group.

Clarification: Both make up rules refer to the age group of the competition, not the actual age of the dancer. For example, 9-year-old dancers, competing in a team that is entered Under 12, may wear make-up or at a feis where the youngest Open Championship age group is Under11, then all dancers in that competition may wear make-up. These rules must also be announced from side stage at the event. Participants should be reminded that should they be in breach of these rules and be required to remove their make-up, that they risk missing their rotation in the competition.

2. Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition. Medically prescribed aids (proof of which may be required) will be exempt from this rule.

3. Competitors in competitions at the First Feis (if offered), Beginner I and Beginner 2 Grade will wear only the competitor's dancing school costume or a skirt/pants and top.

4. Costume Length: Length of costumes must adhere to principles of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty may ask a competitor to change into black tights (of a denier not less than 70 per cent) in order for the dancer to continue in the competition.

MODESTY RULES

FROM AN COIMISIUN

Changing costumes, dressing and undressing of dancers will not be acceptable in the halls or public areas. For the sake of modesty and in the interests of safety of young people, dancers will not be permitted to walk around the feis scantily dressed.

Respect for fellow competitors on stage is a requirement at all times.

Lack of respect or courtesy for fellow competitors by aggressive dancing on stage will be subject to penalty at the discretion of each individual adjudicator.

Length of costume must adhere to principles of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty may ask a competitor to wear black tights (of a denier not less than 70 percent) in order to continue in the competition. For competitions adjudicated by a panel of more than one adjudicator, all adjudicators on the panel must agree to asking the dancer to wear tights. Effective March 1, 2022.

Appropriate undergarments covering the midriff must be worn. Undergarments must provide full coverage. Dancers wearing undergarments that do not cover the areas of the body as in the illustrated example will be asked to put on black tights of a denier of not less than 70%. This is monitored by the adjudicator. For competitions adjudicated by a panel of more than one adjudicator all adjudicators on the panel must agree to ask the dancer to put on tights. (Effective March 1, 2022)

The Feis WILL NOT give any refunds for any reason including consequences for violations of these rules.

FIGURE/CEILI TEAM RULES

1. Teachers or team captains are responsible that their teams are complete and in position when the competition is announced.
 - a. There are no restrictions on figure age groups
 - b. Figure age groups will be determined by the oldest dancer.
 - c. 8 hand teams are allowed to repeat dancers at all Southern Region feiseanna in accordance with the World and Regional Oireachtas rules.
2. The length of 2 hand and 3 hand dances in competition are to be 48 bars of music plus an 8 bar introduction.
3. Only dancers who meet the definition of "Adult dancer" may compete in Adult Ceili competitions. Masters level solo dancers competing in a Ceili must compete in the Youth Ceili categories.
4. In the event that the same organization is running 2 feiseanna in one weekend, the following may occur: Figure and Ceili competitions may be offered at only one of the feis' on that weekend.

ADJUDICATORS & MUSICIANS

1. Musicians and adjudicators cannot be approached during a competition by anyone except the Feis Committee. No one can approach them while a competitor is performing.
2. Musicians employed by the Feis Committee will be solely under the direction and management of the Feis Committee on Feis day.
3. In matters pertaining to adjudication, the decision of the adjudicators is final.
4. Adjudicators are to monitor the quality of music at the stage(s) to which they are assigned.
5. Championships and Preliminary Championships require at least three adjudicators.
6. Each Feis is required to list their adjudicators on their syllabus and/or website at least three weeks before the close of entries, one-third of which are to be from outside the region where the Feis is being held.

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4. Costume Length: Length of costumes must adhere to principles of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty may ask a competitor to change into black tights (of a denier not less than 70 per cent) in order for the dancer to continue in the competition.
5. When wearing body suits with skirts (commonly known as black-out attire) black tights (of a denier less than 70) must be worn from the age of 14 and above. Effective date: 1st February 2020

MODESTY RULES

FROM AN COIMISIUN

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Respect for fellow competitors on stage is a requirement at all times.

Lack of respect or courtesy for fellow competitors by aggressive dancing on stage will be subject to penalty at the discretion of each individual adjudicator.

Length of costume must adhere to principles of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty may ask a competitor to wear black tights (of a denier not less than 70 percent) in order to continue in the competition. For competitions adjudicated by a panel of more than one adjudicator, all adjudicators on the panel must agree to asking the dancer to wear tights. Effective March 1, 2022.

Appropriate undergarments covering the midriff must be worn. Undergarments must provide full coverage. Dancers wearing undergarments that do not cover the areas of the body as in the illustrated example will be asked to put on black tights of a denier of not less than 70%. This is monitored by the adjudicator. For competitions adjudicated by a panel of more than one adjudicator all adjudicators on the panel must agree to ask the dancer to put on tights. (Effective March 1, 2022)

The Feis WILL NOT give any refunds for any reason including consequences for violations of these rules.