THE SYLVAN KELLY SCHOOL OF DANCE PRESENTS



Sunday 1st June 2025

Ballina Arts Centre,

Co. Mayo, F26NW83

An Comisiún le Rincí Gaelacha

Moltoirí:

- Lori Hall, Dublin
- Kieran Rogers, Cheshire
- Sarah Clogher, Galway

Ceoltoir: Dean Crouch, Cavan

All enquiries to: Sylvan Kelly, ADCRG, sylvankelly@hotmail.com or 087 6440627

Welcome!

Dear Teachers and Parents,

On behalf of the *Sylvan Kelly School of Dance* we look forward to welcoming you to our 7th Open Feis. We are delighted to hold our Feis in Ballina Arts Centre. The venue is 39km from Knock Airport and is also within easy access of the train and bus stations.

Flights to Ireland West Airport, Knock from many UK destinations. See http://www.irelandwestairport.com/ for more information and schedules

 Schools Competition – A perpetual shield will be awarded to the highest scoring school over the day based on overall grade, open and preliminary results. Our school will not be taking part in this competition.

Preliminary and Open Mixed Championships will be adjudicated by a panel of 3 adjudicators.

Top 5 dancers in all Championships will receive sashes and trophies.

Top 5 dancers in all Trophy Dances will receive trophies.

All grades - 32 bars will be danced. Championship - 48 bars Reel & Jig, 40 bars Slip Jig & Hornpipe age 7/8 up in preparation for Irish Nationals.

Separate Results Room.

Grade competitions are open to all regions.

Entries by Feis Connect via the link https://forms.gle/DXqYBZf2L3Kw7qVw6

Admission €5 payable on the day.

Buckles and Bling are our vendors for the weekend.

Live Commentary on the day via our FB page 'The Moy Championships'.

50% Recall in Championships from U10 upwards, if 15 or more competitors.

The timetable is approximate, but will be updated after the entry closing date. We look forward to seeing you in Ballina in June

Sylvan & Shakira



Timetable Sunday 1st June 2025

Time	Grade	Stage 1	Stage 2	Dances
9:00am	Bun	7-9	9-11	Reel, Light Jig,
9:30am	Bun	U7	011	Single Jig, Trophy Dance (any dance)
10:00am	Tus	7-9	9-11	Reel, Light Jig,
10:45am	Tus	U7	011	Single Jig, Heavy Jig, Trophy dance (any light dance or heavy dance)
11.30pm	Mean	7-9	9-11	Reel, Light Jig, Single
12:15pm	Mean	U7	011	Jig, Heavy Jig, Hornpipe, Trophy dance (any light dance or heavy dance)
1:15pm	Stars of the Future - aimed at young dancers up to U7 who may not be 100% ready for a feis. Each dancer can perform 16 bars of reel music on stage one at a time. They may be accompanied by parent or teacher. They cannot take part in any grade competitions.			
2pm	U5, U6, U7, U8, U9 Championships (alternating) **EXTRA SOLO COMPETITION St Patricks Day solo u8, Blackbird solo 8/9 (extra run for Irish Nationals)			
3.30 pm	U10, U11 Championships (alternating)			
5pm	U12, U13 Championships (alternating)			
6.30 pm	U14, U15, U16, O16 Championships (alternating)			

Preliminary (8-9 to 15-16) and Open Championships

U5 Championship (Ril); U5 Solos: Ril, Port Singil, Port Eadtrom

U6: Ril, Port Singil & Port Eadtrom

Age 6-7: Ril, Port Singil & Port

Age 7-8 and 8-9: Ríl, Port & Seit Tradisiúnta

Age 9-10 upwards: Ríl/Port Luasca & Port Trom/Cornpiopa &

Recall Seit Nua

Preliminary Championships will be incorporated in the open championships.

Entry Fees

Pre entry: Entries by Feis Connect via the link

https://forms.gle/DXqYBZf2L3Kw7gVw6

Closing Date: 6pm Monday 26th May

Stars of the Future €10 U5 Solo €5 per solo dance U5 Champ €10

Open Championship €40 (includes 4 results)

Open Championships including Preliminary Championship €45

Bungrad, Tusgrad and Meangrad competitions €5 per dance and €10 per trophy dance

Family Fee - please contact the feis organiser by email if in excess of €100 has been paid with proof of amount paid

Information

Location:

Ballina Arts Centre is located on Barrett St, Ballina. Eircode F26NW83. There are a number of car parts situated nearby operating Pay & Display parking. Barrett Street Car Park, Emmet Street & Teeling Street Car Parks are the closest. There is also street parking which is Pay & Display.

Accommodation

Base Hotel: Ballina Manor Hotel	00353 96 80900
The Diamond Coast Hotel, Enniscrone	00353 96 26000
The Ocean Sands Hotel, Enniscrone	00353 96 26700

Flight Information

Ballina is located 39km from Knock International Airport. Flights to Knock are available from many destinations including: London Gatwick, London Stansted, London Luton, Liverpool, East Midlands, Manchester, Birmingham, Edinburgh, Bristol

Rialacha

- Age to be taken as on 1st January, 2025.
- 2. Entries accepted only from teachers registered with An Coimisiun le Rinci Gaelacha.
- 3. The Adjudicator's decision is final. Adjudicators are to be approached by Committee members only.
- Any objections must be made in writing to feis organisers within one hour, signed and accompanied by a fee of €20 which will be returned if objection is sustained.
- 5. The feis committee will not be responsible for any personal injury or articles lost at the feis. The committee, as far as practical, will provide a stage surface suitable for dancing. However, the committee cannot accept any liability whatsoever for injuries sustained while on stage. The lodgement of any entry will be deemed to be acceptance of these rules by a dancer and his/her parents/quardian.
- 6. Bungrad competitions are confined to dancers who have never won a 1st place in that specific dance and basic steps only are permitted.
- 7. Tusgrad competitions are confined to dancers who have never won 1st place in Tusgrad or Meangrad for that specific dance. Basic steps or the first difficult version of each dance only.
- 8. Preliminary Rules and Eligibility. to be eligible to compete in preliminary championship Dancers must not have placed in the top 3 in an Open Championship judged by 3 or more adjudicators. Dancers must not have won a Preliminary Championship more than 2 times in the current year, HOWEVER, if there are 5 are less in a Preliminary competition the dancer is still eligible to compete in Preliminary Championship. Dancers must not have qualified for Oireachtas Rince na Cruinne in the current year (2025) or previous year (2024). Dancers must not have been recalled in the actual Championship at Oireachtas Rince na hEireann in the current year (2025) or previous year (2024). Dancers won 2 Preliminary Championships may not compete in any Mean grad competition for the remainder of the year HOWEVER, if a dancer has won only one Preliminary Championship they may continue to compete in Mean grad (with the exception of the dances that they won the Prelim Championship with).
- Make up, wigs or solo costumes are not permitted in the Bungrad or Tusgrad competitions.
- 10. Any form of unauthorised photography which has the ability to capture a dancer's image whilst in motion is strictly forbidden.