
Michael Patrick Gallagher School of Irish Dance, WY
Proudly Hosts

THE COWBOY STATE FEIS



BLACKOUT FEIS

Friday, March 3rd 2023

*Best Western Downtown (Hotel AND Venue)
123 West E Street - Casper, WY 82601*

*Reservations/Direct Phone (307) 439-2074 – Rate: \$91 per night
(mention “Irish Dance” and book by February 15th for Feis rate, includes breakfast)*

Member of An Coimisiun, Dublin, Ireland

Register online @ www.feisworx.com Entry Deadline: Fri, February 17th, 2023

Check-in: Friday 4:30 ~ Competitions begin at 5:00

*ALL Dance Competitions will be danced in black (t-shirts and skirts/shorts) see Rule #9
no tanks, no showing spanks, no words, no wigs ~ just DANCE!*

Please note that any or all parts of the syllabus, including the number of dancers on stage, the number of required dances or steps, or an entry cap, may change in response to State, County and Local regulations. Feis organizers reserve the right to amend the syllabus up to the date of the feis.

*Sponsored by the Irish Dance Association of Central WY
A non-profit organization dedicated to promoting Irish Culture*

Solo Competitions

Dancers will dance two at a time, for 32 bars. Traditional sets will be danced in their entirety.
Traditional Hardshoe is required for Beginners 1 and 2, per Western US Regional Standard Syllabus.

<u>First Feis</u>	<u>U7</u>		<u>U9</u>		<u>U11</u>	<u>11&O</u>
Reel	001		005		010	015
Light Jig	002		006		011	016

Limited to dancers who have never competed before.



<u>Beginner 1</u>	<u>U7</u>		<u>U9</u>		<u>U11</u>	<u>11 & O</u>		
Reel	101		111		121	131		
Light Jig	102		112		122	132		
Slip Jig	103		113		123	133		
Single Jig	104		114		124	134		
Treble Jig	105		115		125	135		
Hornpipe	106		116		126	136		
St. Patrick's Day	107		117		127	137		

*Open to dancers who have never won 1st of 5-9 or 2nd of 10 or more in dance entered.

<u>Beginner 2</u>	<u>U7</u>		<u>U9</u>		<u>U11</u>	<u>11 & O</u>		
Reel	201		211		221	231		
Light Jig	202		212		222	232		
Slip Jig	203		213		223	233		
Single Jig	204		214		224	234		
Treble Jig	205		215		225	235		
Hornpipe	206		216		226	236		
St. Patrick's Day	207		217		227	237		

*Open to dancers who have never won 1st of 5-9 or 2nd of 10 or more in dance entered.

<u>Novice</u>		<u>U9</u>		<u>U11</u>		<u>U13</u>	<u>13 & O</u>	
Reel		311		321		341	351	
Light Jig		312		322		342	352	
Slip Jig		313		323		343	353	
Single Jig		314		324		344	354	
Treble Jig		315		325		345	355	
Hornpipe		316		326		346	356	
Traditional Set		317		327		347	357	

*Open to dancers who have never won 1st of 5-9 or 1st or 2nd of 10 or more in dance entered.

<u>Prizewinner</u>		<u>U9</u>		<u>U11</u>		<u>U13</u>	<u>U15</u>	<u>15 & O</u>
Reel		411		421		441	461	471
Light Jig		412		422		442	462	472
Slip Jig		413		423		443	463	473
Single Jig		414		424		444	464	474
Treble Jig		415		425		445	465	475
Hornpipe		416		426		446	466	476
Traditional Set		417		427		447	467	477

Open to dancers not in Championship.

CHAMPIONSHIP COMPETITIONS

All Championship Dancers will compete two at a time.

Preliminary Championships will consist of 2 rounds:

48 bars Reel/40 bars Slip Jig, and 40 bars Hornpipe/48 bars Treble Jig.

Open Championships will consist of 3 rounds:

48 bars Reel/40 bars Slip Jig, and 40 bars Hornpipe/48 bars Treble Jig, and set dance.

All U9 Open Champion Dancers **MUST** dance Traditional Set.

Adult Championships will consist of 3 rounds:

48 bars Reel/40 bars Slip Jig, and 40 bars Hornpipe/48 bars Treble Jig, and traditional set.

Any competition with fewer than 5 competitors may be combined with next higher age group.

<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>U16</u>	<u>16 & O</u>
709	710	711	712	713	714	715	716	717

Open to dancers who have not won 3 firsts overall in Preliminary Championships.

<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>U17</u>	<u>17 & O</u>
719	720	721	722	723	724	725	727	728

Open to Championship level dancers.

Adult Championship (Three Rounds)	699
-----------------------------------	-----

<u>Adult</u>	<u>Beginner</u>	<u>Novice/PW</u>	
Reel	601	610	
Light Jig	602	611	
Slip Jig	603	612	
Single Jig	604	613	
Treble Jig	605	614	
Hornpipe	606	615	
St Patrick's Day	607		
Traditional Set		616	

<u>Paddy Ellis Blind Man's Blackout</u>	
Treble Reel – U13	906
Treble Reel – 13 & O	907
All Level dancers – 1 step DTL.	

<u>Music - Fiddle</u>	<u>U8</u>	<u>U12</u>	<u>U15</u>	<u>U18</u>	<u>18&O</u>
Beginner	970	972	975	978	979
Advanced	980	982	985	988	989
Tune Selection - Jigs, Reels, Polkas, Marches, Hornpipes, Airs.					



A Dancer's Prayer – Angel ever at my side, be here today, my feet to guide.

Help me to dance high, light and free, so that everyone is proud of me.

May judging be fair and stages spacious. In winning or losing, may I be gracious.

So that every dance I'll remember with pride . . . and angel please, keep my laces tied.

Dancing Competition Rules

1. All rules of the North American Feis Commission www.northamericanfeiscommission.org are included by reference.
2. First Feis competitions are open only to dancers who have never competed at a feis.
3. Competitions of four or less competitors may be combined; sixteen or more competitors may be split by age if there are a minimum of five dancers in each age group.
4. Competitors must be at the stage, prepared to dance, at least fifteen minutes prior to the beginning of their scheduled event.
5. Dancers who appear in competitions in which they are not entered and paid will not be eligible for placement or awards.
6. When awards are announced from the stage, competitors must be in costume, including dance shoes, to receive their awards.
7. Championship competitions are awarded by the entire adjudicator panel; individual rounds will be awarded based on one, randomly selected, adjudicator's scores as in solo competitions.
8. Music Competition Guidelines: Beginner (played for one year or less) - plays two tunes of contrasting tempo. Advanced - plays three tunes of contrasting tempo from the selection of tunes. The *Selection of Tunes* are Jigs (Single Jig / Double Jigs / Slip Jigs), Reels, Polkas, Marches, Hornpipes and Airs. No amplified instruments allowed.
9. Blackout Guidelines: Competitions will be danced in *appropriate* black t-shirts and black skirts with black spankies/tights for girls or black shorts/pants for boys. To meet CLRG considerations, "appropriate" is defined as not too short (mid-thigh length is appropriate), not too tight, no scooped necklines, no sleeveless or cap sleeve tops and no specific school identification by lettering, words or symbol. **Adjudicators will be reminded of the CLRG Blackout Guidelines for appropriate attire.**
10. The Michael Patrick Gallagher School of Irish Dance, the Irish Dance Association of Central Wyoming, the Feis Committee and anyone associated with the Committee in putting on the Feis, shall not be held responsible or liable for any personal injury, property loss or damage incurred before, during, or after the Feis, by any participants or by anyone attending the event.

Please register online @ www.feisworx.com

Prelim Championships	\$35 (2rd)	Late Entry Fee (after 2/17/23)	\$30
Open & Adult Championships	\$50 (3rd)	FeisWorx Service Fee (per family)	\$11
Solo Light Shoe Flat Fee	\$20	Figures Flat Fee	\$10
Solo Hard Shoe Flat Fee	\$15	Cowboy State Feis Specials	\$10
Family Admission Fee	\$25	Art Competitions	\$ 5
		Day of Feis Changes	\$25

Family Max \$150 (excludes Special/Cultural, Admission, Late, Service and Change fees)
Online payment only – Entry/payment deadline 2/17/23. Entry fees are non-refundable.

Adjudicators:

Rebecca Bell - Canada
Katie Dean -CA
Darren Maguire - AZ

Margaret Cleary - CA
John Jennings - NY

Musicians:

Roen Fraser - CO
Mike Shaffer– OH

Note: NO videotaping or flash photography of dance competitions permitted.
