

Dance for Life Schedule – Saturday, July 29, 2023:

Grade Solo Stage	Stage A	Stage B	Stage C
9:00 (Solos)	U9 - First Feis	U9 - Beginner 1	U9 – Beginner 2
	9 & Over – Beginner 1	9 & Over Beginner 2	----
10:00 (specials)	U 13 - First Feis	U13 – Beginner 1	U11 – Beginner 2 11 & Over–Beginner 2 (back to back)
	U11 - Prizewinner Treble Reel	U13 – Prizewinner Treble Reel	13 & Over Prizewinner Treble Reel
	U11 – Novice	11 & Over – Novice	Adult Special
	U11 - Prizewinner reel	U13 – Prizewinner Reel	13 & over – Prizewinner Reel
10:30 (solos)	U11 Novice	11 & Over Novice	Adult – Beginner Adult – novice/PW (Back to Back)
	U11 Prizewinner	U13 Prizewinner	13 & Over Prizewinner
Noon	Lunch Break		
Grade Exams	1:00 – 2:30 - grades 11 & 12 2:30 – 4:00 Grades 9 & 10		

	Champion Stage
9:00	U15 Open 15 & over Open (Back to Back)
11:00	U13 Treble Reel Special 13 & Over Treble Reel Special U13 Traditional Set Special 13 & Over Traditional Set Special John & Peggy Memorial Special – Open champ dance off
Noon	Lunch
1:00	15& Over Prelim Adult Championship (Back to Back – must happen first) U15 Prelim U13 Prelim (Back to Back)