

# 25<sup>th</sup> Annual Dance For Life Feis 2023

Hosted by Haley Prendergast  
School of Irish Dance

***Saturday, July 29, 2023***

Also join us for the Robert Haley Memorial Feis on Sunday, July 30<sup>th</sup>.  
This is a standalone feis with competitions for all age groups and levels.  
You must register for the Robert Haley Memorial feis separately at [www.feisworx.com](http://www.feisworx.com)

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REGISTER FOR THE FEIS VIA [WWW.FEISWORX.COM](http://WWW.FEISWORX.COM)

***Registration closes July 7, 2023***

Late Registration will incur an additional fee  
Syllabus and additional information also available at  
[www.hpirishdance.com](http://www.hpirishdance.com)

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**Adjudicators:**

Finnuala Irwin, ADCRG  
Laura LeMesurier, ADCRG  
Anne Hall, ADCRG  
Sharon Whelan MacSweeney, ADCRG  
TBA  
TBA

**Musicians:**

Fr. Ryan Duns  
Merv Bell

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**Olympia High School**  
**1302 North Street SE, Olympia, WA 98501**

**Hotel & Visitor Information**

For more information on hotels and fun activities in the area visit our website at [www.hpirishdance.com](http://www.hpirishdance.com)

**Registered with An Coimisiún le Rincí Gaelacha**

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*Updated 5/19/23*

## Schedule:

**Saturday, July 29**

**Competitions will begin at 9:00 at Olympia High School**

- Open Championships – All ages
- Preliminary Championships – All ages
- Solos (Grade levels) – All Ages
- Adult Solos & Championships
- All special trophy dances for all levels and ages
- Special throw Back charity special
- Open Champion Dance off will be held at the end of the day.

***This is a tentative schedule and is subject to change based on actual registration.***

## 2023 Dance for Life Feis Fees

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Open Championship	\$55.00
Preliminary Championship (3 rounds)	\$55.00
Solos, flat fee light shoe	\$25.00
Solos, flat fee hard shoe	\$20.00
Specials (each)	\$10.00
Soda Bread competition	Free
Family Registration Fee	\$25.00
Late Fee: <b><i>Entries accepted between 7/8 – 7/21</i></b>	\$20.00
<b><i>Entries accepted after July 21</i></b>	\$50.00

### **Please Note:**

- This feis accepts only US funds drawn on a US bank. There is no exception to this policy. Checks should be made payable to: *"HPID/Dance for Life"*.
- The Family Registration Fee includes access to online results; no printed results will be sold at the feis.
- The Family Maximum is \$150. This excludes any specials, family registration, program and late fees.
- **Dancers who have moved up in level at the Dance for Life Feis, and who are registered to compete in the Robert Haley Memorial Feis the following day, have the option to change their level for the Robert Haley Memorial feis. All changes in level that Feis must be done by 5:00 on Saturday, July 29. A \$10.00 per dancer fee will be charged to process level changes.**

<b>First Feis</b>	<b>U7</b>	<b>U9</b>	<b>U11</b>	<b>11 &amp; 0</b>				
<b>REEL</b>	1	4	7	10				
<b>LIGHT JIG</b>	2	5	8	11				

<b>Beginner 1</b>	<b>U7</b>	<b>U9</b>	<b>U11</b>	<b>11 &amp; 0</b>					
<b>REEL</b>	101	108	115	122					
<b>LIGHT JIG</b>	102	109	116	123					
<b>SLIP JIG</b>	103	110	117	124					
<b>SINGLE JIG</b>	104	111	118	125					
<b>TREBLE JIG</b>	105	112	119	126					
<b>HORNPIPE</b>	106	113	120	127					
<b>ST. PATRICK'S</b>	107	114	121	128					

<b>Beginner 2</b>	<b>U7</b>	<b>U9</b>	<b>U11</b>	<b>11 &amp; 0</b>					
<b>REEL</b>	201	208	215	222					
<b>LIGHT JIG</b>	202	209	216	223					
<b>SLIP JIG</b>	203	210	217	224					
<b>SINGLE JIG</b>	204	211	218	225					
<b>TREBLE JIG</b>	205	212	219	226					
<b>HORNPIPE</b>	206	213	220	227					
<b>ST. PATRICK'S</b>	207	214	221	228					

<b>Novice</b>	<b>U9</b>	<b>U11</b>	<b>U13</b>	<b>13 &amp; 0</b>					
<b>REEL</b>	301	308	315	322					
<b>LIGHT JIG</b>	302	309	316	323					
<b>SLIP JIG</b>	303	310	317	324					
<b>SINGLE JIG</b>	304	311	318	325					
<b>TREBLE JIG</b>	305	312	319	326					
<b>HORNPIPE</b>	306	313	320	327					
<b>TRAD SET</b>	307	314	321	328					

<b>Prizewinner</b>	<b>U9</b>	<b>U11</b>	<b>U13</b>	<b>U15</b>	<b>15 &amp; 0</b>				
<b>REEL</b>	401	408	415	422	429				
<b>LIGHT JIG</b>	402	409	416	423	430				
<b>SLIP JIG</b>	403	410	417	424	431				
<b>SINGLE JIG</b>	404	411	418	425	432				
<b>TREBLE JIG</b>	405	412	419	426	433				
<b>HORNPIPE</b>	406	413	420	427	434				
<b>TRAD SET</b>	407	414	421	428	435				

Adult Competitions	
1	Adults 18 and over
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100	Adults 18 and over

<b>Adult Solos</b>	<b>Reel</b>	<b>Light Jig</b>	<b>Slip Jig</b>	<b>Single Jig</b>	<b>Treble Jig</b>	<b>Hornpipe</b>	<b>Trad Set</b>
<b>Beginner 1&amp; 2</b>	600	601	602	603	604	605	606
<b>Novice/PW</b>	610	611	612	613	614	615	616

<i>Adults:</i>	
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*Beginner 1 & 2 (combined): Adults must dance the treble jig and hornpipe to the traditional speed and dance the St. Patrick's Day set dance for their Traditional Set.*

*Novice & PW (combined): Adults may choose traditional or slow speed for Treble Jig and Hornpipe and any traditional set dance.*

## Championships Competitions

	U9	U11	U13	U15	15 & Over	U17	17 & Over	Adult
<b>PRELIMINARY CHAMPIONSHIPS</b>	701	702	703	704	705			
<b>OPEN &amp; Adult CHAMPIONSHIPS</b>	712	713	714	715		716	717	929

- ⌘ Preliminary & Open Championship will dance 3 rounds: Hard Shoe, Soft Shoe & Set. Each round will be awarded separately.
- ⌘ Preliminary & Open Championship entrants in the U9 championships must dance a traditional set.
- ⌘ The combined scores for all three rounds will determine the overall placement trophy.
- ⌘ Adults will dance 3 rounds: hard shoe, soft shoe and traditional set of their choice
- ⌘ **John & Peggy Prendergast Memorial Trophy:** The first place winners in each Open Championship are invited to compete for this perpetual cup. Dancers will perform Their soft shoe and set.

## Trophy & Cultural Competitions

<b>Trophy Specials*</b>	<b>U11</b>	<b>U13</b>	<b>13&amp;O</b>	<b>Adult</b>	
<b>First Feis Reel</b>	907	914	921		
<b>Beginner 1 Reel</b>	908	915	922		
<b>Advanced Beginner Reel</b>	909	916	923		
<b>Novice Reel</b>	910	917	924		
<b>Prizewinner Reel</b>	911a	918a	925a		
<b>Prizewinner Treble Reel</b>	911b	918b	925b		
<b>Champ Treble Reel</b>	912	919	926		
<b>Champ traditional Set</b>		920	927		
<b>Adult Reel Special</b>				928	
* Dancers may only register for a trophy dance at the current level of their reel.					
<b>Cultural Competitions</b>	<b>U18</b>	<b>Adult</b>			
Soda Bread Competition	930	931			
<b>Please submit 1 loaf of your homemade Irish Soda Bread to the registration desk by 10:00 am. Bread should be wrapped securely and clearly marked with the entrant's name and school affiliation.</b>					

### Dancing Competition Rules

1. Rules of the Western US regional Council are included by reference.
2. Competitor's age will be determined as of January 1, 2023.
3. Dancers must be pupils of a certified teacher registered with CLRG and their regional council.
4. Competitors must be in the hall, prepared to dance, one hour prior to the scheduled beginning of their event. Competitions may start up to 60 minutes prior to the printed schedule.
5. Refer to the [CLRG Costume Rules](#) for rules about costumes, make-up, shoes, etc.
6. Dancers who appear in competitions for which they are not registered will not be eligible for placement or awards.
7. When awards are announced from the stage, competitors must be in costume, **including dance shoes**, to receive their awards.
8. Haley Prendergast School of Irish Dance, The Olympia School District, the Feis Committee and anyone associated with putting on the Feis, shall not be held responsible or liable for any personal injury, property loss, or damage incurred before, during, or after the feis, by any participants or by anyone attending the event.

## **Level Advancement & Definitions** **(as specified in the Western US Region Rules):**

***First Feis:*** This level of competition is for dancers participating in their first feis ever. Dancers are allowed to only dance at this level once in their dancing career, regardless of how many dances they compete in at their first feis.

***Advancement Beginner 1, Beginner 2 & Novice:*** Dancers advance to the next grade level in each specific dance as follows:

- 5 – 9 Dancers in the competition: The dancer(s) placing first move onto the next level in that dance only.
- 10 or more Dancers in the competition: Dancers placing first and second move onto the next level in that dance only.
- Advancement on the second day of “back-to-back” feiseanna is optional and subject to teacher discretion.

***Advancement from Prizewinner to Preliminary Championship is at the teacher’s discretion.***

***Advancement from Preliminary Championship to Open Championship:*** Dancer must have earned 3 overall first places in competitions with 5 or more dancers. Upon winning the 3<sup>rd</sup> overall first place in preliminary championship, a dancer must immediately move to the Open level, even in the case of back-to-back feiseanna. (Note: this applies to both 2 & 3 round preliminary championships)

***Adults:*** Dancers who started Irish Dance after the age of 18 or who are over the age of 18 and have been out of competition for 5 or more years.

***Beginner Figures:*** Open only to dancers who have at least one solo dance at the beginner 1 or beginner 2 level.

***Open Figures:*** Open to dancers at all levels (except for dancers at the adult level).