



# Summer Kickoff Feis



Presented by:  
Claddagh Irish Dance Association, 501(c)(3)

*This syllabus has been approved by Areleen Ni Bhaoill TCRG,  
Southern Region Feis Liaison, on 4/28/25.*

## June 13 & 14, 2025

### LOCATION

Manassas Church  
of the Brethren (Gym)  
10047 Nokesville Road  
Manassas, VA 20110

### ENTRY LIMITS

Total Cap - 210  
First 120 PAID Grade Level Entries  
First 40 PAID Open Champions  
First 50 PAID Preliminary Champions  
*No limits on Tir Na Nog, First Feis, Art*

### REGISTRATION

Register at [ifeis.net](https://ifeis.net) ONLY  
*After June 9<sup>th</sup> all registration and changes must be  
completed in person at the feis on June 11<sup>th</sup>.*  
**ONLY credit card payments accepted.**  
*Full online payment must be received for entry to be considered completed.*

### Contact Information

[www.cida.news](http://www.cida.news)    [info@cida.news](mailto:info@cida.news)  
[www.facebook.com/Claddaghirishda](https://www.facebook.com/Claddaghirishda)  
Instagram @Claddaghirishda

### NOTE

Single Jig – all grade levels  
**Tir Na Nog & First Feis - awards for all**  
Charity Treble Reel  
**Special Child Competition**  
Ceili Special – Cash Prize

### KEY FACTS

- ♣ Changes – Before June 9, ALL changes must be made at iFeisnet. ♣
- ♣ No checks accepted. ♣
- ♣ Parents are entirely responsible for their children's safety. Neither the feis nor organizers, nor venue will be held liable for any injury that occurs at this event. By entering this feis, you agree to these terms. ♣
- ♣ Adjudicating decisions made by the panel are final. ♣
- ♣ All Non-Adjudicating decisions will be decided by the feis organizers and will be final. ♣
- ♣ Competitions may be combined or split as deemed necessary by the Feis Committee. ♣
- ♣ Doors open at 7:45am, Saturday, June 15, 2024. ♣

## ENTRY FEES

Grade Level Solo Dances	\$13 per event
Preliminary Championship	\$50
Open Championship	\$70
Set Special	\$30
3 Hand Ceili	\$39
4 Hand Ceili	\$50
8 Hand Ceili	\$100
Irish Art	\$5 per entry
Family Admission Fee	\$30
Late Entry Fee ♦After 5/15♦	\$30
Day of Entry Fee ♦After 6/9♦ Only at Feis	\$50
Family Maximum	\$170 (excludes Adm. & Late Fees)

**ABSOLUTELY NO REFUNDS GIVEN**

## ADJUDICATORS & MUSICIANS

### Adjudicators:

Terry Gillan, ADCRG  
Philip Owens, ADCRG  
TBA

### Musicians:

Marty Garfield-Levine, Fiddle

## MASS

### All Saints Catholic Church

9300 Stonewall Road, Manassas, VA 20110  
Sat. Vigil: 5:30pm Sunday: 7:30am, 9:30am, 11:30am, 5:30pm  
(Spanish 1:30pm, 3:30pm, 7:00pm)



### St. Andrew the Apostle Catholic Church

6720 Union Mill Road, Clifton, VA 20124  
Sat. Vigil: 5:30pm Sunday: 7:30am, 9:00am, 10:30am, 12:30pm

## HOTEL INFORMATION

### Closeset to Venue

#### Tru by Hilton Manassas

[Group Rate \\$159](#)

10550 Gateway Blvd, Manassas, VA 20110  
(703) 420-1500

#### Holiday Inn Manassas Battlefield

10424 Balls Ford Road, Manassas, VA 20109  
(571) 292-5400

#### Hampton Inn Manassas

7295 Williamson Blvd., Manassas, Virginia, 20109  
(703) 369-1100

#### Residence Inn Manassas Battlefield Park

7345 Williamson Blvd, Manassas, VA 20109  
(703) 330-8808

**Friday, June 13, 2025, 4:30pm**

### BEGINNER

#### Preview Competitions

Age	Reel	Light Jig	Slip Jig
Under 6	206RL2	206LJ2	206SJ2
Under 7	207RL2	207LJ2	207SJ2
Under 8	208RL2	208LJ2	208SJ2
Under 9	209RL2	209LJ2	209SJ2
Under 10	210RL2	210LJ2	210SJ2
Under 11	211RL2	211LJ2	211SJ2
11&Over	212RL2	212LJ2	212SJ2

### ADVANCED BEGINNER

#### Preview Competitions

Age	Reel	Light Jig	Slip Jig	Treble Jig*	Hornpipe*
Under 6	306RL2	306LJ2	306SJ2	306TJ2	306HP2
Under 7	307RL2	307LJ2	307SJ2	307TJ2	307HP2
Under 8	308RL2	308LJ2	308SJ2	308TJ2	308HP2
Under 9	309RL2	309LJ2	309SJ2	309TJ2	309HP2
Under 10	310RL2	310LJ2	310SJ2	310TJ2	310HP2
Under 11	311RL2	311LJ2	311SJ2	311TJ2	311HP2
Under 12	312RL2	312LJ2	312SJ2	312TJ2	312HP2
12&Over	313RL2	313LJ2	313SJ2	313TJ2	313HP2

\*Must be performed at Traditional Speed.

NOVICE					
	Preview Competitions				
Age	Reel	Light Jig	Slip Jig	Treble Jig*	Hornpipe*
Under 7	407RL2	407LJ2	407SJ2	407TJ2	407HP2
Under 8	408RL2	408LJ2	408SJ2	408TJ2	408HP2
Under 9	409RL2	409LJ2	409SJ2	409TJ2	409HP2
Under 10	410RL2	410LJ2	410SJ2	410TJ2	410HP2
Under 11	411RL2	411LJ2	411SJ2	411TJ2	411HP2
Under 12	412RL2	412LJ2	412SJ2	412TJ2	412HP2
Under 13	413RL2	413LJ2	413SJ2	413TJ2	413HP2
Under 14	414RL2	414LJ2	414SJ2	414TJ2	414HP2
Under 15	415RL2	415LJ2	415SJ2	415TJ2	415HP2
15&Over	416RL2	416LJ2	416SJ2	416TJ2	416HP2

\*Choice of traditional or slow speed.

PRIZEWINNER				
	Preview Competitions			
Age	Reel	Slip Jig	Treble Jig*	Hornpipe*
Under 7	507RL2	507SJ2	507TJ2	507HP2
Under 8	508RL2	508SJ2	508TJ2	508HP2
Under 9	509RL2	509SJ2	509TJ2	509HP2
Under 10	510RL2	510SJ2	510TJ2	510HP2
Under 11	511RL2	511SJ2	511TJ2	511HP2
Under 12	512RL2	512SJ2	512TJ2	512HP2
Under 13	513RL2	513SJ2	513TJ2	513HP2
Under 14	514RL2	514SJ2	514TJ2	514HP2
Under 15	515RL2	515SJ2	515TJ2	515HP2
15&Over	516RL2	516SJ2	516TJ2	516HP2

\*Choice of traditional or slow speed.

ADULTS				
	Preview Competitions			
	Beginner*	Advanced Beginner	Novice	Prizewinner
REEL	825RL2	835RL2	845RL2	855RL2
LIGHT JIG	825LJ2	835LJ2	845LJ2	855LJ2
SLIP JIG	825SJ2	835SJ2	845SJ2	855SJ2
TREBLE JIG	825TJ2	835TJ2	845TJ2	855TJ2
HORNPIPE	825HP2	835HP2	845HP2	855HP2

\*Must be performed at Traditional Speed

<p style="text-align: center;"><b>Set Special</b></p> <p style="text-align: center;">1020 Non Trad 1050 TS</p> <p>In preparation for NAIDC &amp; Oireachtas, the feis is offering a comment only opportunity to perform your non-traditional or traditional dance for <u>two</u> adjudicators.</p> <p>You will perform on stage alone and receive comments from both adjudicators.</p>
--

# Saturday, June 14, 2025, 8:30am

FIRST FEIS	
Age	Reel
Under 6	106RL
Under 8	108RL
Over 8	110RL

Special award for each dancer presented at stage.

## THOMAS VANDERWOUDE SPECIAL CHILD COMPETITION

Age	Reel
Any	10ISC

Awards presented at the stage.

## Tir Na Nog (101N)

Any child who is six years old or younger and who has not taken part in a feis. This competition will take place in the cafeteria during lunch.

Dancers are welcome to dress as their favorite **Super hero**, but it is not mandatory.

Each dancer will be given the opportunity to perform to 16 bars of music. They can dance their reel, skips, sevens, or whatever they can manage.

A special award will be presented to each dancer on stage immediately following the competition.

## Non-Dance Competitions

Age	Celtic Art (Original artwork depicting Celtic theme or subject)
Under 11	911CA
Under 16	916CA
16 & Over	917CA

**Entries must be delivered by 11am Saturday, June 14, 2025.**

Place entrant's name and cell number on the back of item.

You must collect your artwork by **5pm**.

Entries can be made the day of the feis at the registration table. (\$5 cash entry)

## BEGINNER

Age	Reel	Light Jig	Single Jig	Slip Jig
Under 6	206RL	206LJ	206SN	206SJ
Under 7	207RL	207LJ	207SN	207SJ
Under 8	208RL	208LJ	208SN	208SJ
Under 9	209RL	209LJ	209SN	209SJ
Under 10	210RL	210LJ	210SN	210SJ
Under 11	211RL	211LJ	211SN	211SJ
11&Over	212RL	212LJ	212SN	212SJ

⌘ Beginner and Advanced Beginners will dance Traditional Sets together.

ADVANCED BEGINNER							
Age	Reel	Light Jig	Single Jig	Slip Jig	Treble Jig*	Hornpipe*	Traditional Set*
Under 6	306RL	306LJ	306SN	306SJ	306TJ	306HP	306TS
Under 7	307RL	307LJ	307SN	307SJ	307TJ	307HP	307TS
Under 8	308RL	308LJ	308SN	308SJ	308TJ	308HP	308TS
Under 9	309RL	309LJ	309SN	309SJ	309TJ	309HP	309TS
Under 10	310RL	310LJ	310SN	310SJ	310TJ	310HP	310TS
Under 11	311RL	311LJ	311SN	311SJ	311TJ	311HP	311TS
Under 12	312RL	312LJ	312SN	312SJ	312TJ	312HP	312TS
12&Over	313RL	313LJ	313SN	313SJ	313TJ	313HP	313TS

*\*Must be performed at Traditional Speed.*

NOVICE							
Age	Reel	Light Jig	Single Jig	Slip Jig	Treble Jig*	Hornpipe*	Traditional Set*
Under 7	407RL	407LJ	407SN	407SJ	407TJ	407HP	407TS
Under 8	408RL	408LJ	408SN	408SJ	408TJ	408HP	408TS
Under 10	410RL	410LJ	410SN	410SJ	410TJ	410HP	410TS
Under 11	411RL	411LJ	411SN	411SJ	411TJ	411HP	411TS
Under 12	412RL	412LJ	412SN	412SJ	412TJ	412HP	412TS
Under 13	413RL	413LJ	413SN	413SJ	413TJ	413HP	413TS
Under 14	414RL	414LJ	414SN	414SJ	414TJ	414HP	414TS
Under 15	415RL	415LJ	415SN	415SJ	415TJ	415HP	415TS
15&Over	416RL	416LJ	416SN	416SJ	416TJ	416HP	416TS

*\*Choice of traditional or slow speed.*

PRIZEWINNER						
Age	Reel	Single Jig	Slip Jig	Treble Jig*	Hornpipe*	Traditional Set*
Under 7	507RL	507SN	507SJ	507TJ	507HP	507TS
Under 8	508RL	508SN	508SJ	508TJ	508HP	508TS
Under 9	509RL	509SN	509SJ	509TJ	509HP	509TS
Under 10	510RL	510SN	510SJ	510TJ	510HP	510TS
Under 11	511RL	511SN	511SJ	511TJ	511HP	511TS
Under 12	512RL	512SN	512SJ	512TJ	512HP	512TS
Under 13	513RL	513SN	513SJ	513TJ	513HP	513TS
Under 14	514RL	514SN	514SJ	514TJ	514HP	514TS
Under 15	515RL	515SN	515SJ	515TJ	515HP	515TS
15&Over	516RL	516SN	516SJ	516TJ	516HP	516TS

*\*Choice of traditional or slow speed.*

ADULTS							
Level	Reel	Light Jig	Single Jig	Slip Jig	Treble Jig*	Hornpipe*	Traditional Sets*
Beginner	825RL	825LJ	825SN	825SJ	825TJ*	825HP*	825TS
Adv Beginner	835RL	835LJ	835SN	835SJ	835TJ*	835HP*	835TS
Novice	845RL	845LJ	845SN	845SJ	845TJ	845HP	845TS
Prizewinner	855RL	855LJ	855SN	855SJ	855TJ	855HP	855TS

*\*Must be performed at Traditional Speed.*

<b>Adult Championship 599AC</b>
<b>3 Rounds</b>
<u>Round 1 - Hard Shoe - 2 ½ steps Hornpipe or 3 steps Treble Jig</u>
<u>Round 2 - Soft Shoe - 2 ½ steps Slip Jig or 3 steps Reel</u>
<u>Round 3 - Traditional Set of Choice</u>

<b>Advanced Adult PRELIM Championship 699PC</b>
<b>2 Rounds</b>
<u>Round 1 - Hard Shoe - 2 ½ steps Hornpipe or 3 steps Treble Jig</u>
<u>Round 2 - Soft Shoe - 2 ½ steps Slip Jig or 3 steps Reel</u>

<b>Advanced Adult OPEN Championship 799OC</b>
<b>3 Rounds</b>
<u>Round 1 - Hard Shoe - 2 ½ steps Hornpipe or 3 steps Treble Jig</u>
<u>Round 2 - Soft Shoe - 2 ½ steps Slip Jig or 3 steps Reel</u>
<u>Round 3 - Set of Choice</u>

<b>CEILI</b>			
	<b>3 Hand</b>	<b>4 Hand</b>	<b>8 Hand</b>
<i>Team Fee</i>	<i>\$39</i>	<i>\$50</i>	<i>\$100</i>
Under 7	929FD	928FD	
Under 9	930FD	940FD	980FD
Under 11	931FD	941FD	981FD
Under 13	933FD	943FD	983FD
Under 15	934FD	944FD	
Under 16			984FD
Over 15	936FD	946FD	
Over 16			986FD
<b>Adult</b>	939FD	949FD	989FD

<b>CHAMPIONSHIPS</b>		
<b>Age</b>	<b>Preliminary Championship (2 Rounds)</b>	<b>Open Championship (3 Rounds)</b>
Under 9	609PC	709OC
Under 10	610PC	710OC
Under 11	611PC	711OC
Under 12	612PC	712OC
Under 13	613PC	713OC
Under 14	614PC	714OC
Under 15	615PC	715OC
Under 16	616 PC	716OC
Under 17	617PC	717OC
Under 18	618PC	718OC
Under 19		719OC
U20&Over		720OC

## *Ceili Special*

U13 803FD 14&O 814FD

***\$100 Cash Award***

Choregraph a 2 or 3 hand to either The Piper thro' the  
Meadow Straying or Kilkenny Races.  
It can be in either hard or soft shoe.

**Be creative and have fun!**

*We will make sure the schedule allows all dancers to compete.*

# IDTANA SOUTHERN REGION-DANCING COMPETITION RULES

1. In the case of all solo and team competitions in all grades, the age of a competitor on 1st January of the year in which the competition is held will determine the right of entry. For the purposes of this Rule a competitor whose birthday occurs on 1st January shall be deemed to be under the age attained on that date.
2. Competitions are open to all but those holding a TMRF, TCRG, or ADCRG designation. A feis can only accept entries from pupils of teachers registered with An Coimisiun and registered with both the IDTANA and the North American region in which they reside.
3. A competitor may be disqualified for any of the following reasons:
  - a. Conduct unbecoming a lady or gentleman.
  - b. Failure to report on time to compete. (Penalty: disqualification from said event)
  - c. Falsification of age or other important facts – i.e., teaching, award winning, competing under another competitor's name or number, etc.

**Penalty for (a) or (c): Competitor will be disqualified from the Feis at which the occurrence happened and from all registered Feiseanna for a period of one year beginning at the date of the occurrence.**

4. Competitions may be closed if there are no competitors at the assigned stage ready to compete when the competition is scheduled or announced. This does not pertain to a situation where competitors are involved in stage conflicts, and such conflicts will be handled by the stage monitor.
5. Steel taps or "bubble" heels on dancing shoes and any display of awards is prohibited. Authentic Gaelic dress is desired.
6. First Feis (if offered), Beginner and Advanced Beginner, aka Beginner I and II, must wear a class costume, or a skirt/pants and top. All other categories are excluded from this rule. Modest attire is encouraged when a competitor is not dancing.
7. Competitor's number must be worn and visible to adjudicators when performing in all competitions. Use of reflective plastic number covers is discouraged.
8. The number of awards given is determined by the Feis Committee and is based on the scores and ranks given by the adjudicator(s).
9. Complaints must be in writing stating names and other factual information and signed by the complainant. A \$50.00 fee must be enclosed and presented to the Feis Chairman within one hour of the occurrence. The fee will be returned if the complaint is upheld.
10. The Feis Committee and any organization affiliated with same, will not be held responsible for personal injury, property loss or damage. Destruction of Feis property and/or rental property will be punishable by law.
11. The Feis reserves the right to reject any entry for cause, to cancel all or part of the Feis and to limit competitor's performing time. The decision of the Feis Committee is final in all matters connected with the Feis.
12. All Feiseanna must have a process to allow parents to request that their child or children's name(s) not be listed on the posted **competitor list prior to the day of the Feis.**
13. Competitors must answer all questions as required by the Feis Entry committee, including teacher's name, and include the entry fee for entry to be accepted. Failure to do so will result in a rejected entry. Entries must be received on or before the closing date or they will be subject to a late fee of \_\_\_\_\_ (Determined by the Feis).
14. With the exception of First Feis and Beginner 1 the status of the dancer does not change unless there are five or more dancers in the competition.
15. Photography
  - a. With the exception of First Feis, Beginner 1 and Beginner 2 (or their equivalent), photography of any kind which has the **capability of capturing a dancer's image while in motion is strictly forbidden.**
  - b. A Feis may elect to allow in motion photography for publicity purposes, but the pictures are considered the sole property of the Feis and solely for Feis use only; these are not to be used for personal gain through commercial use or sale, and under no circumstances can they be published on any website or other areas, without the express written permission of the persons involved.
  - c. Additionally, a professional photographer may be formally contracted by a Feis to capture non-motion photographs, such as portrait photography, awards ceremonies, etc. and/or in motion photography provided it is taken at a vendor station or suitable location:
    - i. away from the dancing stages and,
    - ii. requested by a consenting parent, guardian, or dancer (over the age of 18).
16. No block, en Pointe, toe walking movements, stationary or moving is allowed to be performed for all ages up to and including the under 12 age group. However, after September 1 of each year an exception is made for those dancers who are 11 dancing in the under 12 age group.
17. No substance that can become airborne should be used on any dance floor in an attempt to improve traction.
18. Respect for fellow competitors on stage is a requirement at all times. Lack of respect or courtesy for fellow competitors by aggressive dancing on stage will be subject to penalty at the discretion of each individual adjudicator.



## GRADE LEVEL RULES

1. Solo competitors in First Feis (if offered), Beginner, Advanced Beginner, Novice or Open (Prizewinner), Adult and Master competitions:
  - a. Must compete in their own age group.
  - b. Must be prepared to perform two steps in each event.
2. With the exception of First Feis and Beginner 1, a dancer's level is determined in each dance (Reel, Light Jig, Single Jig, Slip-Jig, Hornpipe, Treble Jig, and Traditional Set). Traditional Set Dances are limited to those dances determined by An Coimisiun Le Rince Gaelacha as traditional set dances.
3. A Feis Committee may combine competitions if there are less than 5 competitors entered as follows:
  - a. Three consecutive age groups, if including the youngest or oldest multi-year age groups, or up to five consecutive single-age groups, combined into the highest age group, within that grade.
4. Each region may determine the system for moving dancers from one grade to another, as they see appropriate for their region.
5. The syllabus is to contain all grade categories.
6. Competitors have the option to remain in the same category for the remainder of the Feis year.
7. A dancer, at the discretion of the teacher, may move into the next Grade (not Open Championships) without satisfying the requirements. However, once a dancer competes in the higher level, they can never move back to a lower category, (except as outlined in Rule 1, above).
8. Grade Levels
  - a. **First Feis:** A dancer who has never competed in a Feis. A dancer can only be in this category for a single day and cannot compete at any other level in the Feis. Dancers must compete with Basic Steps that coincide with the Grade Exam Syllabus.
  - b. **Beginner 1 (Beginner) Grade:** A beginner is a competitor who has not yet taken a full year of Irish Dance lessons, thereby giving beginners a full year with such status. A Beginner must move into the Beginner 2/Advanced Beginner category the next year. Dancers must compete with Basic Steps that coincide with the Grade Exam Syllabus.
  - c. **Beginner 2 (Advanced Beginner) Grade:** An advanced beginner who wins 1st, 2nd or 3rd place will advance to the Novice category in that particular dance. Competition dances are reel, light jig, slip jig, traditional treble jig and traditional hornpipe, as a minimum requirement. Dancers must compete with Basic Steps that coincide with the Grade Exam Syllabus.
  - d. **Novice Grade:** A novice who wins a 1st place will advance to the Open (Prizewinner) category in that particular dance. In Novice competitions with 20 or more dancers, a dancer who wins 1<sup>st</sup> or 2<sup>nd</sup> place in a dance will advance to the Open/PW category in that particular dance (Dec 2012)
  - e. **Open Prizewinner Grade:** A competitor who does not qualify as a beginner, advanced beginner or as a novice.
  - f. **Adult:** An Adult dancer is defined as any dancer who started Irish dancing at the age of 18 or older OR any dancer 18 or older who has not competed in at least five years in a youth competition AND has never placed in the top three in a youth Preliminary championship competition of more than five competitors.
9. First Feis (if offered), Beginner 1, and Beginner 2 are required to dance at traditional speeds. Novice and Open/Prizewinner dancers may choose between traditional and Oireachtas speeds.
10. The following dance speeds must be adhered to;

	First Feis	Beg 1	Beg 2	Novice	Prizewinner
Reel	122	122	122	113	113
Light Jig	115	115	115	115	115
Slip Jig	122	122	122	113	113
Single Jig	124	124	124	124	124
Treble Jig			92	73/92	73/92
Hornpipe			138	113/138	113/138

Traditional Sets	Traditional Speed
St. Patrick's Day	94
Blackbird	144
Job of the Journeywork	138
Three Sea Captains	96
Garden of Daisies	138
Jockey to the Fair	90
King of the Fairies	130

11. First Feis, Beginner 1 and Beginner 2 perform only basic steps to coincide with the Grade Exam Syllabus.
12. Dancers competing in the First Feis category are limited to participating in the First Feis Category only.

## CHAMPIONSHIP LEVEL RULES

1. First place winners in the Open Championship category cannot return to a Preliminary or Open (Prizewinner) competition. Placing in a Regional or National Oireachtas does not change the status of a competitor. A dancer who moves into Open Championship must stay a minimum of 2 years. If after 2 years they have not placed they are allowed to return to Preliminary. An Open Championship dancer who places is not allowed to return to Preliminary until 2 years after their last placement. The regional syllabus where the Feis is being held may have different qualifications for entry.
2. Entrants in any Championship event may not enter in any other (Grade) events, but may enter in Figure Dances and Specials, i.e. Treble Reel Competition, etc.
  - a. Dancers must qualify for Open Championship via the method now in place for Preliminary Championship, i.e. two 1st place wins.
  - b. Dancers must compete in the Preliminary Championship competition in order to qualify for Open Championship
3. Preliminary Championships
  - a. Are open to those who at any CLRG-registered Feis:
    - i. Have placed 1st in both an Open (Prizewinner) light and heavy shoe competitions and
    - ii. Have never won 1st, 2nd or 3rd in an Open Championship.
  - b. A dancer who lives in the Southern Region and who wins 1<sup>st</sup> place in a second Preliminary Championship Competition in any Region MAY move up to Open Championship Competitions immediately, at the discretion of their dancing teacher.
  - c. A dancer who lives in the Southern Region when they win 1<sup>st</sup> place in a second Preliminary Championship competition **MUST move up to Open Championship Competitions no later than the one calendar year anniversary of the second Preliminary Championship win.**
  - d. Preliminary Championship competitions with 26 or more competitors may be split in half according to age. \* In Preliminary Championships-Separate boys into a separate competition if there are five (5) or more boys entered in a specific competition within a single age a group.

**If three (3) or more boys are entered in a specific age group in a combined Open Championship competition, the boys and girls MUST be split into separate competitions.**

4. Every competitor in Preliminary or Open Championship must have a minimum of 8 rotations or 10 minutes between each of their rounds.
5. In the event the same organization is running 2 feis' in one weekend the following must occur:
  - a. On Championship competitions, 2/3 of adjudicators must be different from the previous day.
  - b. 2<sup>nd</sup> chance competitions may only be offered on one feis.

## FIGURE/CEILI TEAM RULES

1. Teachers or team captains are responsible that their teams are complete and in position when the competition is announced.
  - a. There are no restrictions on figure age groups
  - b. Figure age groups will be determined by the oldest dancer.
  - c. 8 hand teams are allowed to repeat dancers at all Southern Region feiseanna in accordance with the World and Regional Oireachtas rules.
2. The length of 2 hand and 3 hand dances in competition are to be 48 bars of music plus an 8 bar introduction.
3. Only dancers that meet the definition of an "Adult Dancer" may compete in Adult Ceili competitions. "Adult Dancer" includes Adult Grade Level, Adult Championship, Advanced Adult Preliminary Championship and Advanced Adult Open Championship, as defined by the qualifications found elsewhere in these rules.
4. In the event that the same organization is running 2 feiseanna in one weekend, the following may occur: Figure and Ceili competitions may be offered at only one of the feis' on that weekend.

## ADJUDICATORS & MUSICIANS

1. Musicians and adjudicators cannot be approached during a competition by anyone except the Feis Committee. No one can **approach them while a competitor is performing.**
2. Musicians employed by the Feis Committee will be solely under the direction and management of the Feis Committee on Feis day.
3. In matters pertaining to adjudication, the decision of the adjudicators is final.
4. Adjudicators are to monitor the quality of music at the stage(s) to which they are assigned.
5. Championships and Preliminary Championships require at least three adjudicators.
6. Each Feis is required to list their adjudicators on their syllabus and/or website at least three weeks before the close of entries, one-third of which are to be from outside the region where the Feis is being held.

## COSTUME RULES

1. Make up is prohibited on a dancer in the first three grades (First Feis (if offered), Beginner I and Beginner 2 or their equivalent) up to and including the under 12 age group. Make-up (including false eyelashes and tanner on the face) is not permitted for dancers, in either solo or team competitions, up to and including the Under 10 age group.

**Clarification: Both make up rules refer to the age group of the competition, not the actual age of the dancer. For example, 9-year-old dancers, competing in a team that is entered Under 12, may wear make-up or at a feis where the youngest Open Championship age group is Under 11, then all dancers in that competition may wear make-up. These rules must also be announced from side stage at the event. Participants should be reminded that should they be in breach of these rules and be required to remove their make-up, that they risk missing their rotation in the competition.**

2. Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition. Medically prescribed aids (proof of which may be required) will be exempt from this rule.
3. Competitors in competitions at the First Feis (if offered), Beginner I and Beginner 2 Grade will wear only the competitor's dancing school costume or a skirt/pants and top.
4. Costume Length: Length of costumes must adhere to principles of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty may ask a competitor to change into black tights (of a denier not less than 70 per cent) in order for the dancer to continue in the competition.

## MODESTY RULES

### FROM AN COIMISIUN

Changing costumes, dressing and undressing of dancers will not be acceptable in the halls or public areas. For the sake of modesty and in the interests of safety of young people, dancers will not be permitted to walk around the feis scantily dressed.

Respect for fellow competitors on stage is a requirement at all times.

Lack of respect or courtesy for fellow competitors by aggressive dancing on stage will be subject to penalty at the discretion of each individual adjudicator.

Length of costume must adhere to principles of modesty and enable dancers to safely execute their movements and steps.

Adjudicators who determine a costume to be too short or to lack modesty may ask a competitor to wear black tights (of a denier not less than 70 percent) in order to continue in the competition. For competitions adjudicated by a panel of more than one adjudicator, all adjudicators on the panel must agree to asking the dancer to wear tights. Effective March 1, 2022.

Appropriate undergarments covering the midriff must be worn. Undergarments must provide full coverage. Dancers wearing undergarments that do not cover the areas of the body as in the illustrated example will be asked to put on black tights of a denier of not less than 70%. This is monitored by the adjudicator. For competitions adjudicated by a panel of more than one adjudicator all adjudicators on the panel must agree to ask the dancer to put on tights. (Effective March 1, 2022)

**The Feis WILL NOT give any  
refunds for any reason  
including consequences for  
violations of these rules**