



# City of London Feis 2025

**Sunday 2nd March 2025**  
**Lea Valley Academy**  
**Bullsmoor Lane, Enfield EN3 6TW**

## **ADJUDICATORS**

Bernard Van Der Kuil	ADCRG	South Africa
Conor O'Sullivan	ADCRG	England
Josh Ruddock	ADCRG	England
Niall O'Leary	ADCRG	USA
Nadine Martin	ADCRG	England
Patricia Scanlon	ADCRG	England
Sylvan Kelly	ADCRG	Ireland

## **MUSICIANS**

Aidan O'Neill	London
Anthony Davis	Birmingham
Brian O'Sullivan	Scotland
Daniel Bolger	Kent

Entries via Des Silke: <https://www.instepfm.com>

**ENTRY WILL BE CAPPED DUE TO THE FEIS BEING RUN ON ONE DAY, IT MAY NOT  
BE POSSIBLE TO ENTER ON THE DAY, PLEASE  
ENTER EARLY TO AVOID ANY DISAPPOINTMENT**

**CLOSING DATE FOR ENTRIES IS FRIDAY 14th FEBRUARY 2025**

Feis Organisers: Frances & Stephanie Richmond 07960 273 795 (Teachers Only)

*Cláráithe leis An Coimisiún le Rincí Gaelacha*

## Open Mixed Championships - 3 Adjudicators

Under 5	Reel - 32	Light/Single Jig - 32	
5 & Under 6 (2019)	Reel - 40	Single Jig - 32	Light Jig - 32
6 & Under 7 (2018)	Reel - 40	Single Jig - 32	Light/Heavy Jig - 32
7 & Under 8 (2017)	Reel - 40	Heavy Jig - 40	Traditional Set
8 & Under 9 (2016)	Reel - 40	Heavy Jig - 40	Traditional Set

## Open Girls/Ladies Championships - 6 Adjudicators

### Preliminary Result after two rounds from U10 to U17 - P

9 & Under 10 (2015) - P	Reel 40 or Slip Jig 32	Heavy Jig 40 or Hornpipe 32	Open/Trad Set Dance
10 & Under 11 (2014) - P	Reel minimum 40 or Slip Jig minimum 32	Heavy Jig minimum 40 or Hornpipe minimum 32	Open Set Dance
11 & Under 12 (2013) - P	Heavy Jig minimum 40 or Hornpipe minimum 32	Reel minimum 40 or Slip Jig minimum 32	Open Set Dance
12 & Under 13 (2012) - P	Heavy Jig minimum 40 or Hornpipe minimum 32	Reel minimum 40 or Slip Jig minimum 32	Open Set Dance
13 & Under 14 (2011) - P	Heavy Jig minimum 40 or Hornpipe minimum 32	Reel minimum 40 or Slip Jig minimum 32	Open Set Dance
14 & Under 15 (2010) - P	Heavy Jig minimum 40 or Hornpipe minimum 32	Reel minimum 40 or Slip Jig minimum 32	Open Set Dance
15 & Under 16 (2009) - P	Heavy Jig minimum 40 or Hornpipe minimum 32	Reel minimum 40 or Slip Jig minimum 32	Open Set Dance
16 & Under 17 (2008) - P	Heavy Jig minimum 40 or Hornpipe minimum 32	Reel minimum 40 or Slip Jig minimum 32	Open Set Dance
17 & Under 18 (2007)	Heavy Jig minimum 40 or Hornpipe minimum 32	Reel minimum 40 or Slip Jig minimum 32	Open Set Dance
18 & Under 19 (2006)	Heavy Jig minimum 40 or Hornpipe minimum 32	Reel minimum 40 or Slip Jig minimum 32	Open Set Dance
19 & Under 20 (2005)	Heavy Jig minimum 40 or Hornpipe minimum 32	Reel minimum 40 or Slip Jig minimum 32	Open Set Dance
20 and Under 21 (2004)	Heavy Jig minimum 40 or Hornpipe minimum 32	Reel minimum 40 or Slip Jig minimum 32	Open Set Dance
Over 21 (2003 or Earlier)	Heavy Jig minimum 40 or Hornpipe minimum 32	Reel minimum 40 or Slip Jig minimum 32	Open Set Dance

## Preliminary Championship O/17 - 3 Adjudicators

Prelim Championship O/17 - P	Reel 40 or Slip Jig 32	Heavy Jig 40 or Hornpipe 32	Open Set Dance
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### 50% Recall for championships with 25 or more dancers

## Open Boys / Men Championships - 6 Adjudicators

Under 9 (2017 or 2016)	Reel - 40	Heavy Jig - 40	Traditional Set
Under 11 (2015 or 2014)	Heavy Jig minimum 40 or Hornpipe minimum 32	Reel 40	Open/Trad Set Dance
Under 13 (2013-2012)	Heavy Jig minimum 40 or Hornpipe minimum 32	Reel 40	Open Set Dance
Under 15 (2011-2010)	Heavy Jig minimum 40 or Hornpipe minimum 32	Reel 40	Open Set Dance
Under 17 (2009-2008).	Heavy Jig minimum 40 or Hornpipe minimum 32	Reel 40	Open Set Dance
Over 17. (2007 or earlier)	Heavy Jig minimum 40 or Hornpipe minimum 32	Reel 40	Open Set Dance

## Entry Fees

<b>DOOR ADMISSION FEE TO INCLUDE WITH ENTRY – PER FAMILY</b>	<b>£8.00</b>
U5, U6 & U7 Championships (2 solo results)	<b>£30.00</b>
Open / Preliminary Championships U8 - O21 (2 solo results)	<b>£40.00</b>
Solo Grade Competitions (All solos are Trophy Competitions)	<b>£6.00</b>
<b>Family Fee - Maximum for One Child</b>	<b>£60.00</b>
<b>Family Fee - For A Family of Two or more</b>	<b>£95.00</b>
Ceili Team entry fee per dancer	<b>£6.00</b>

# CITY OF LONDON 2025 - GRADE COMPETITIONS

NOVICE (Bún Grád)	TROPHY REEL	TROPHY LIGHT JIG	TROPHY SINGLE JIG	TROPHY SLIP JIG	TROPHY HEAVY JIG		
TINY TOTS	16 bars of a Reel						
Under 6	YES	YES	YES	YES			
6 & Under 7	YES	YES	YES	YES			
7 & Under 8	YES	YES	YES	YES	YES		
8 & Under 9	YES	YES	YES	YES	YES		
9 & Under 10	YES	YES	YES	YES	YES		
10 & Under 11	YES	YES	YES	YES	YES		
11 & Under 12	YES	YES	YES	YES	YES		
PRIMARY (Tús Grád)	TROPHY REEL	TROPHY LIGHT JIG	TROPHY SINGLE JIG	TROPHY SLIP JIG	TROPHY HEAVY JIG	TROPHY HORNSPIPE	
Under 6	YES	YES	YES	YES			
6 & Under 7	YES	YES	YES	YES			
7 & Under 8	YES	YES	YES	YES	YES	YES	YES
8 & Under 9	YES	YES	YES	YES	YES	YES	YES
9 & Under 10	YES	YES	YES	YES	YES	YES	YES
10 & Under 11	YES	YES	YES	YES	YES	YES	YES
11 & Under 12	YES	YES	YES	YES	YES	YES	YES
12 & Under 14	YES	YES	YES	YES	YES	YES	YES
INTERMEDIATE (Mean Grád)	TROPHY REEL	TROPHY LIGHT JIG	TROPHY SINGLE JIG	TROPHY SLIP JIG	TROPHY HEAVY JIG	TROPHY HORNSPIPE	
Under 6	YES	YES	YES	YES			
6 & Under 7	YES	YES	YES	YES			
7 & Under 8	YES	YES	YES	YES	YES	YES	YES
8 & Under 9	YES	YES	YES	YES	YES	YES	YES
9 & Under 10	YES	YES	YES	YES	YES	YES	YES
10 & Under 11	YES	YES	YES	YES	YES	YES	YES
11 & Under 12	YES	YES	YES	YES	YES	YES	YES
12 & Under 14	YES	YES	YES	YES	YES	YES	YES
Over 14	YES	YES	YES	YES	YES	YES	YES
OPEN (Ard Grád)	TROPHY REEL	TROPHY LIGHT JIG	TROPHY SINGLE JIG	TROPHY SLIP JIG	TROPHY HEAVY JIG	TROPHY HORNSPIPE	
Under 6	YES	YES	YES	YES	U	U	
6 & Under 7	YES	YES	YES	YES	U	U	

**For grade dancers, we will be doing the normal Grade dancing system: walk on, dance and walk off. All grade competitions will be 32 bars apart from the Slip Jig & Hornpipe which will be 24 bars.  
All Speeds are in line with SERC & GB rules.**

## 4 & 8 Hand Ceili Championship Age Groups

Ceili Championship U/11 & U/13

Ceili Championship U/16

Ceili Championship O/16

## Grade Speeds - All grades will dance 32 bars

Dance	Novice/Beginner	Primary	Intermediate/Open
REEL	122-124	116-118	113
LIGHT JIG	116	116	116
SINGLE JIG	124	124	124
SLIP JIG	124	120	113
HEAVY JIG	96	76	73
HORNSPIPE	144	118	113

### Awards - Medals & Trophies

2 medals/trophies = 5 or less - 4 medals = 6 to 10 competitors

7 medals = 11 to 20 competitors - 10 medals = 21 to 30 competitors

14 medals = 31 to 40 competitors

1 medal for each additional 5 or part of 5 competitors

**1 Trophy = 5 or less - 2 Trophies = 10 or less - 3 Trophies = More than 10**

### Venue & Nearest Hotel Information

**VENUE** – [www.leavalleyacademy.co.uk](http://www.leavalleyacademy.co.uk)

**HOTEL** – [www.travelodge.co.uk](http://www.travelodge.co.uk)

Travelodge park plaza, Cheshunt, EN8 8DY, 0871 984 6349

### General Data Protection Regulations (GDPR)

The City of London Championships Committee and teachers of the Maguire O'Shea Academy will protect all user's information in accordance with the EU General Data Protection Regulation 2018. The Teachers of the Maguire O'Shea Academy and fully paid up members of CLRG and comply with all CLRG GDPR Regulations currently in place as regards to running Feiseanna. Data collected will be via the completed entry pack that is available for download from <https://www.instepfm.com>. All the data in the entry pack will be stored on a password protected laptop and only shared with the Feis Organiser.

## CITY OF LONDON FEIS - 2024 WINNERS

### Open Girls/Ladies Championship Winners

U5	Caoimhe Reid	Maguire O'Shea Academy
U6	Orla Rose	Keady Academy
U7	Eira Doherty	Mc Cafferty Doherty Academy
U8	Shelby Hunt	Glendarragh
U9	Josie Higgins	Maguire O'Shea Academy
U10	Fiadh Fitzgerald	Scoil Rince Ceim Oir
U11	Nela Fusko	Murchu-Duiginn School
U12	Tara Frawley	Lorraine Duggan
U13	Niamh Connely	Celtic Hearts
U14	Lauren Gallagher	Hennigan Irish Dance
U15	Anna Borisenko	Scoil Rince Ceim Oir
U16	Olivia Omar	Brooks Academy
U17	Ella Morley	Turley Duggan Academy
U18	Clodagh Healy	Scoil Ui Ruairc
U19	Scarlett Skehill	Celtic Hearts
U20	Caitriona Conroy	Maguire O'Shea Academy
U21	Lily McDonnell	The Irish Dance Academy
U23	Roisin Fitzpatrick	Linda Martin
SENIORS	Laura Davidson	Sharon Taylor

### Open Boys / Men Championship Winners

U9	Rafferty Brooks	Brooks Academy
U13	Oscar Donnely	Sharon Taylor
U15	Luke McMorrow	Maguire O'Shea Academy
U17	Cillian Cronin	Scoil Ui Ruairc
SENIORS	Declan McLaughlin	Sharon Taylor

### Preliminary Championship Winners

U10	Isla Thomas	Angela O Connor Academy
U11	Rosie Smith	Turley Duggan Academy
U12	Gabriella Demian	Frydays Academy
U13	Eimear Mclvor	Scoil Rince Ceim Oir
U14	Rhea Burgess	Ryan Lavelle
U15	Amberley Jones & Courtney O'Doherty	Maguire O'Shea Academy & Turner Academy
U16	Robyn Dempsey	Troy O'Herilhy
O16	Genesis Lima Chuncho	Deborah Whelan Dance

**Please ensure all cups are returned on time & before the competition starts**

## FEIS ENTRY REQUIREMENTS

<b>1</b>	Lodgement of entries implies that you acknowledge and accept all of the Rules of An Coimisiun Le Rinci Gaelacha and the Southern England Regional Council plus the additional rules listed below, relating to the Feis.
<b>2</b>	Entries will only be accepted from Schools registered with An Coimisiun Le Rinci Gaelacha. Entries with no fee will not be processed or acknowledged.
<b>3</b>	New entries may be taken on the day of the Feis in line with SERC late entry rule.
<b>4</b>	Ages to be taken from the 1 <sup>st</sup> January 2025.
<b>5</b>	All dancers may be required to produce their birth certificate/passport as proof of age.
<b>6</b>	All competitors must dance in their own age group for solo competitions except where there is no competition in their age group for that particular dance. Dancers cannot compete in a younger age group.

## COMPETITION RULES

<b>1</b>	All decisions of the Adjudicators are FINAL.
<b>2</b>	Competitors may only dance in 1 grade per dance.
<b>3</b>	Where there are 5 or less dancers in a competition, results will not affect their grading.
<b>4</b>	In all Heavy Dances the lead around must be danced on both the right and left foot.
<b>5</b>	NOVICE is for a dancer who has not gained a 1 <sup>st</sup> , 2 <sup>nd</sup> or 3 <sup>rd</sup> place in a Novice Grade competition or any medal in a higher grade for that particular dance.
<b>6</b>	The basic step rule will apply to all Novice Competitions as per the SERC local rules.
<b>7</b>	The Primary Grade is for dancers who have not won a 1 <sup>st</sup> or 2 <sup>nd</sup> place for that dance in ANY Age Group.
<b>8</b>	All Novice and Primary Dancers may only wear a class costume or simple dancewear in competitions up to and including Under 12 age group. Make-up will not be permitted for any dancer in the first two grades up to and including the Under 12 age group Worldwide, Failure to comply with this rule can result in disqualification.
<b>9</b>	The Intermediate Grade is for Dancers who have not won a 1 <sup>st</sup> place for that particular dance in that age group or an older age group, or who has not won a Premier competition, Preliminary Championship or an Open Championship.
<b>10</b>	Intermediate dancers can dance their grades and either the Preliminary or Open Championship.
<b>11</b>	An Coimisiun has ruled that from 1st January of each year, that no block, en pointe, stationary or moving be allowed to be performed for all ages up to and including the Under 12 age group Worldwide. The Under 12 Age Group will be allowed to Toe Walk from 1st September.
<b>12</b>	Any competitor found to be using artificial carriage aids and subsequently refuses to remove same will be subject to disqualification from that competition. Medically prescribed apparatus, proof of which may be required, will be exempt from this ruling.
<b>13</b>	In order to comply with the health and safety measures, all dancers lining up side stage prior to any round of a competition will be required to perform the simple exercise of raising arms to shoulder level unhindered. If unable to do this due to costume stitching or any arm attachments by the time of their rotation they will not be permitted to perform.
<b>14</b>	Make-up rule (4.5 in CLRG rulebook) 4.5.2 make-up (including false eyelashes) is not permitted for dancers, in either solo or team competitions, up to and including the Under 10 age group (POINT OF CLARIFICATION) For the purpose of this rule the term 'Make-up' includes tinted moisturiser and any artificial tanning products. An coimisiun hopes that teachers and parents will interpret and apply this rule in the spirit in which it is intended.
<b>15</b>	Costume length: length of costume must adhere to principles of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty may ask a competitor to change in to black tights (of a denier not less than 70%) in order for the dancer to continue in the competition. For competitions adjudicated by a panel of more than one adjudicator, all the adjudicators on the panel must agree to ask the dancer to wear tights.
<b>16</b>	Appropriate undergarment covering the midriff must be worn, Undergarments must provide full coverage as per CLRG rules.

## FEIS RULES - CITY OF LONDON CHAMPIONSHIPS 2025

1	The adjudication panel is at the discretion of the Feis Organiser.
2	The Feis Organiser must provide non slip flooring for every dance surface, however the Feis Organiser cannot accept any liability for injury sustained whilst dancing.
3	Dancers must be properly attired throughout the whole competition and must be in full costume and appropriate footwear when receiving results. No changing allowed in competition areas.
4	Any form of unauthorised photography which has the capability to capture a dancer's image whilst in motion, using electronic or manual means, e.g. mobile phone, standard camera, video camcorder, cine recorder, commercial film, with or without flash enhancement, is expressly forbidden in all competitions.
5	Photographs taken at awards ceremonies are permitted, however these must be for your own use and not used for public display purposes, unless permission has been obtained.
6	Any competition can be moved to a different hall at the discretion of the Feis Secretary.
7	All championship cups are perpetual and recipients will be responsible for any loss or damage and for the safe return in adequate time to be presented to subsequent winners.
8	Parents are responsible for the conduct of their children at all times whilst attending the Feis.
9	The Feis Organiser accepts no responsibility for any loss or damage to personal property.
10	NO SMOKING on school premises.
11	Eating and drinking should only be in designated areas.
12	Objections against any breach of the above rules must be made in writing, and signed, to the Feis Secretary and accompanied by a fee of £25, which will be refunded if the objection is upheld. If parents have any constructive comments to make about any aspect Feisanna, these would be welcomed by the council and should be put in writing. It should be noted anonymous correspondence cannot be dealt with.

## Preliminary Championships in England, Scotland and Wales - Effective 1st January 2021

1	A minimum number of three Adjudicators must officiate.
2	The first age group for a preliminary championship is Under 10.
3	Where a preliminary championship is held separate from an Open Championship, three rounds should be offered, namely; Reel or Slip Jig, Heavy Jig or Hornpipe and any set dance.
4	Where a preliminary championship is combined with an open championship, then the result should be taken from eligible dancers' ranking after the first two rounds.
5	Where there are separate preliminary championships, dancers can compete in both at the discretion of the Feis Organiser.
6	When a competitor wins two preliminary championships they must dance in open championships for a period of 12 months thereafter.
7	For grading purposes, two wins will be taken as being in any 2 year rolling period. Where a dancer does not win a second preliminary within 2 years of winning their first preliminary championship, then the first win will be deemed as having expired and the dancer starts a fresh.
8	Where there are less than six in a preliminary championship that win will not normally be considered for grading purposes. However where a dancer wins three preliminary championships regardless of the number of competitors in each competition, that dancer must dance in open championship for a period of 12 months thereafter.
9	Dances performed in a preliminary championship do not count for grading in solo competitions.
10	Competitors that qualify for and compete in Oireachtas Rince Na Cruinne in the previous 12 months cannot compete in a preliminary championship except where the dancer auto qualified at their regional or national Oireachtas due to lack of numbers.
11	Dancers placing 1 <sup>st</sup> -3 <sup>rd</sup> in an open championship with up to 20 competitors or 1 <sup>st</sup> -5 <sup>th</sup> in an open championship with more than 20 competitors cannot compete in a preliminary for a period of 12 months.

**PLEASE NOTE THE ABOVE RULES ARE NOT RETROSPECTIVE**