The 22nd Annual

Finger Lakes Feis

Sponsored by Finger Lakes Feis, Inc. and the Butler-Sheehan Academy of Irish Dance



Saturday, September 20th, 2025

SRC Arena and Events Center 4585 West Seneca Turnpike, Syracuse, NY, 13215

Doors open at 7:30am Anthems at 8:30am Limited to the First 600 Entries

Feis Chairperson: Peter Wright chairperson.flf@butlersheehan.com

- From the North: Take I-481S to Exit 1 for Brighton Ave, Left at E. Brighton Ave, Right at NY-173 (E. Seneca Turnpike), continue to NY-173 (W. Seneca Turnpike), keep Left at 175 (W. Seneca Turnpike), Right at Onondaga Community College entrance.
- From the South: Take I-81N to Exit 16 (Nedrow), from exit turn Left at Rt. 11 (Salina St.) towards Rt. 173 (W. Seneca Turnpike), turn Left at Rt. 173 (W. Seneca Turnpike), keep Left at 175 (W. Seneca Turnpike), Right at Onondaga Community College entrance.
- From the NYS Thruway East or West: Thruway Exit 39 to Rt. 690E, bear Left on Rt. 695 towards Fairmount / Rt. 5, Right at Rt. 5 (W. Genesee St.), Left at NY-173 (Onondaga Rd.), Continue on NY-173 (Onondaga Rd.) for 4 miles, Right at Onondaga Community College Entrance.

Cashs of Ireland Crystal Christmas Ornaments will be awarded for first place in all Preliminary, Open Championship, and Adult Championship Competitions.

Online Entries at FeisWeb.com

Check our website at: https://flf.butlersheehan.com for updated information.

Questions - contact Peter Wright info.flf@butlersheehan.com

Hotel Blocks

Tru by Hilton Syracuse North Airport Area 417 7th North St. Liverpool, NY 13088 (315) 457-0101

Hampton Inn & Suites Syracuse North Airport Area 1305 Buckley Rd. Syracuse, NY 13212 (315) 457-9900

Adjudicators

Kerry Ann Broderick - NY Jill Domick Etoll - NY John Godley - IL LuAnn O'Rourke Boyd - NY Bridget Murphy Moseley - MA Sharon McCaul-Kelly - Ireland John O'Keefe - CT

Musicians

Tony Rutherford, NY Linda Rutherford, NY Martin Kilroy, NJ Luke Sooy, OH

For Updates, check our website at: https://flf.butlersheehan.com

Last Updated: 6/30/2025

- Air-Conditioned Facility
- Free Parking
- Medal Rounds for Preliminary & Championship
- Sashes Awarded for Top 3 Places in Preliminary & Championship

Dress and Shoe Area

\$5 Display Fee Per Item (Payable at the Feis)

SUPERVISED





THIS IS A PRIVATE EVENT. WE RESERVE THE RIGHT TO REFUSE ADMITTANCE TO ANYONE.
FEIS IS REGISTERED AND WILL BE GOVERNED BY THE RULES OF AN COIMISIUN LE RINCI GAELACHA (CLRG) (WWW.CLRG.IE)
AND THE IDTANA MID-ATLANTIC REGION, INC (WWW.MID-ATLANTICREGION.COM)

We reserve the right to combine competition age groups, particularly when less than five dancers are entered.

SPECIAL NEEDS Girls & Boys No Fee	 Any Dance 1 Step Will take place on STAGE #1 after Anthems. Video recording is permitted.
ALL AGES	800

FIGURES Girls & Boys	 Figures will be 	 All team members must register Figures will begin after Anthems. Video recording is NOT permitted. 								
\$10.00	UNDER 10	UNDER 10 UNDER 12 UNDER 15 15 & OVER ADULT								
4 HAND ANY	904	924	954	964	974					
6 HAND ANY	906	926	956	966	976					
8 HAND ANY	908	928	958	968	978					

FIRST FEIS Girls & Boys	 1 Step Participants may not compete in any other dancing competitions. Video recording is permitted.
\$15.00	UNDER 8
REEL Tempo 122	96R
LIGHT JIG Tempo 115	96J

BEGINNER Girls & Boys \$15.00	Sep • No s • 2 ste	 A Beginner is a competitor who has not taken Irish Dancing lessons from a registered teacher prior to September 1st of the previous year. Dancer must move into Advanced Beginner the following year. No solo costumes are allowed. Skirts, trousers, blouses, shirts, or school costumes ONLY! 2 steps, 3 dancers at a time (Reels to be danced 2 at a time) Video recording is permitted. UNDER 6 UNDER 7 UNDER 8 UNDER 9 UNDER 10 UNDER 11 UNDER 12 12 & OVER ADULT									
	UNDER 6										
REEL Tempo 122	106R	107R	108R	109R	110R	111R	112R	113R	114R		
SLIP JIG Tempo 122	106SJ	107SJ	108SJ	109SJ	110SJ	111SJ	112SJ	113SJ	114SJ		
LIGHT JIG Tempo 115	106J	107J	108J	109J	110J	111J	112J	113J	114J		
HOP JIG Tempo 124	106HJ	107HJ	108HJ	109HJ	110HJ	111HJ	112HJ	113HJ	114HJ		

ADVANCED BEGINNER Girls & Boys \$15.00	mor that • No s • 2 sto	 An Advanced Beginner is a competitor who has taken Irish Dancing lessons from a registered teacher for more than 1 year. An Advanced Beginner who wins 1st, 2nd, or 3rd place will advance to the Novice category in that particular dance the next year. No solo costumes are allowed. Skirts, trousers, blouses, shirts, or school costumes ONLY! 2 steps, 3 dancers at a time (Reels to be danced 2 at a time) Video recording is permitted. 									
	UNDER 6 UNDER 7 UNDER 8 UNDER 9 UNDER 10 UNDER 11 UNDER 12 12 & OVER ADUL										
REEL Tempo 122	206R	207R	208R	209R	210R	211R	212R	213R	214R		
SLIP JIG Tempo 122	206SJ	207SJ	208SJ	209SJ	210SJ	211SJ	212SJ	213SJ	214SJ		
LIGHT JIG Tempo 115	206J	207J	208J	209J	210J	211J	212J	213J	214J		
HOP JIG Tempo 124	206HJ	207HJ	208HJ	209HJ	210HJ	211HJ	212HJ	213HJ	214HJ		
TREBLE JIG Tempo 92	206TJ	207TJ	208TJ	209TJ	210TJ	211TJ	212TJ	213TJ	214TJ		
HORNPIPE Tempo 138	206HP	207HP	208HP	209HP	210HP	211HP	212HP	213HP	214HP		

NOVICE Girls & Boys \$15.00	 A Novice is a competitor who has previously won a 1st, 2nd, or 3rd place in Advanced Beginner. A Novice who wins a 1st place will advance to the Prizewinner category in that particular dance the next year. 2 steps, 3 dancers at a time (Reels to be danced 2 at a time) Video recording is NOT permitted. 								
	UNDER 7	UNDER 8	UNDER 9	UNDER 10	UNDER 11	UNDER 12	UNDER 13	13 & OVER	ADULT
REEL Tempo 113	307R	308R	309R	310R	311R	312R	313R	314R	315R
SLIP JIG Tempo 113	307SJ	308SJ	309SJ	310SJ	311SJ	312SJ	313SJ	314SJ	315SJ
LIGHT JIG Tempo 115	307J	308J	309J	310J	311J	312J	313J	314J	315J
HOP JIG Tempo 124	307HJ	308HJ	309HJ	310HJ	311HJ	312HJ	313HJ	314HJ	315HJ
TREBLE JIG Tempo 73 or 92	307TJ	308TJ	309TJ	310TJ	311TJ	312TJ	313TJ	314TJ	315TJ
HORNPIPE Tempo 113 or 138	307HP	308HP	309HP	310HP	311HP	312HP	313HP	314HP	315HP
TRADITIONAL SET	307TS	308TS	309TS	310TS	311TS	312TS	313TS	314TS	315TS

PRIZEWINNER Girls & Boys \$15.00	• 2 ste	2 steps, 3 dancers at a time (Reels to be danced 2 at a time)								
	UNDER 8	UNDER 9	UNDER 10	UNDER 11	UNDER 12	UNDER 13	UNDER 14	14 & OVER	ADULT	
REEL Tempo 113	408R	409R	410R	411R	412R	413R	414R	415R	416R	
SLIP JIG Tempo 113	408SJ	409SJ	410SJ	411SJ	412SJ	413SJ	414SJ	415SJ	416SJ	
HOP JIG Tempo 124	408HJ	409HJ	410HJ	411HJ	412HJ	413HJ	414HJ	415HJ	416HJ	
TREBLE JIG Tempo 73 or 92	408TJ	409TJ	410TJ	411TJ	412TJ	413TJ	414TJ	415TJ	416TJ	
HORNPIPE Tempo 113 or 138	408HP	409HP	410HP	411HP	412HP	413HP	414HP	415HP	416HP	
TRADITIONAL SET	408TS	409TS	410TS	411TS	412TS	413TS	414TS	415TS	416TS	

BAKING No Fee	 No Fee (Donation of bread) Will be judged around noon.
Notes	ALL AGES
SODA BREAD	840

TRADITIONAL	Will be judged around noon.	
NEEDLEWORK	UNDER 16	16 & OVER
\$6.00	820	821

CELTIC		Will be judged around noon.		
DESIG	SN	UNDER 12	UNDER 16	16 & OVER
\$6.00		830	831	832

ENTRY FEES	
Solo (Grade) Competitions, Traditional & Preliminary Sets	\$15.00 / Dance
Figures	\$10.00 / Competitor
Preliminary Championship (2 Rounds)	\$50.00 / Competitor
Open Championship / Adult Championship (3 Rounds)	\$65.00 / Competitor
Special Needs	No Fee
Soda Bread	Donation of Item
Celtic Art & Traditional Needlework	\$6.00 / Item
Max Family Fee (does not include Late Fees, or Event Fee)	\$160.00
Event Fee	\$25.00 / Family
Late Fee (For New Entries) – Sept. 8th thru Sept. 14th	\$25.00 / Competitor
Changes – Sept. 8 th thru Sept. 14 th	\$25.00 / Family
Late Fee – Starting on Sept. 15 th	\$50.00
Last Entry Date – September 15 th 2025 @	6:00PM

- Absolutely NO Refunds, No Feis Day Entries
- Entries must be submitted at https://feisweb.com
- Fee Payment via PayPal only. Payments by mail will not be accepted!
- Food and beverages will be available for purchase. Outside food and beverages will <u>not</u> be allowed.

ADULT CHAMPIONSHIP 3 ROUNDS

\$65.00

- Choice of Reel (48 Bars) or Slip Jig (40 Bars) and Treble Jig (48 Bars) or Hornpipe (40 Bars).
- ADULT age group must perform Traditional Set.
- Sashes awarded to top 3 places. Cashs of Ireland Crystal awarded for 1st place.
- 2 dancers at a time.
- Video recording is NOT permitted.

850

PRELIMINARY CHAMPIONSHIP

Girls & Boys \$50.00

- Choice of Reel (48 Bars) or Slip Jig (40 Bars) and Treble Jig (48 Bars) or Hornpipe (40 Bars).
- Preliminary Championship competitors who achieve three (3) 1st place wins in a calendar year, must move to
 Open Championship the following calendar year. When a third 1st place win is achieved over multiple
 calendar years, the competitor must move to Open Championship the following weekend.
- Sashes awarded to top 3 places. Cashs of Ireland Crystal awarded for 1st place.
- 2 dancers at a time.
- Video recording is NOT permitted.

UNDER 9	UNDER 10	UNDER 11	UNDER 12	UNDER 13	UNDER 14	UNDER 15	UNDER 16	16 & OVER	ADULT
509	510	511	512	513	514	515	516	517	518

PRELIMINARY SET Girls & Boys

\$15.00

- Contemporary Sets, except for UNDER 9 and ADULT age groups.
- UNDER 9 age group must perform Traditional Set.*
- ADULT age group must perform Traditional Set.**
- 2 dancers at a time.
- Video recording is <u>NOT</u> permitted.

UNDER 9*	UNDER 10	UNDER 11	UNDER 12	UNDER 13	UNDER 14	UNDER 15	UNDER 16	16 & OVER	ADULT**
509S	510S	511S	512S	513S	514S	515S	516S	517S	518S

OPEN CHAMPIONSHIP \$65.00

- Choice of Reel (48 Bars) or Slip Jig (40 Bars) and Treble Jig (48 Bars) or Hornpipe (40 Bars) and Set Piece of your own choice.
- UNDER 9 age group must perform Traditional Set*
- Sashes awarded to top 3 places. Cashs of Ireland Crystal awarded for 1st place.
- 2 dancers at a time.
- Video recording is NOT permitted.

		<u> </u>										
GIRLS / LADIES	UNDER 9*	UNDER 10	UNDER 11	UNDER 12	UNDER 13	UNDER 14	UNDER 15	UNDER 16	UNDER 17	UNDER 18	18 & OVER	
	609	610	611	612	613	614	615	616	617	618	619	
BOYS / MENS	UNDER 9*		UNDER 10		UNDER 12		UNDER 14		UNDER 16		16 & OVER	
	709		710		712		714		716		717	

The Feis Committee, Finger Lakes Feis Inc., Butler-Sheehan Academy of Irish Dance, SRC Arena & Events Center, or any other organization affiliated with the afore mentioned will not be held responsible for personal injury, property loss or damage. Destruction of Feis property or rental property will be punishable by law.

Rules Governing IDTANA Mid-Atlantic Region, Inc., Feiseanna

- 1) In the case of all solo and team competitions in all grades, the age of a competitor on the 1st of January of the year in which the competition is held will determine the right of the entry. For the purposes of this rule, a competitor whose birthday occurs on the 1st of January shall be deemed to be under the age attained on that date.
- 2) Competitions are open to all but those holding a TMRF, TCRG, or ADCRG designation. A Feis can only accept entries from pupils of teachers registered with An Coimisuin, regardless of their domicile, and where applicable, registered with both the IDTANA and the North American Region in which they reside.
- 3) A competitor may be disqualified for any of the following reasons:
- a. Conduct unbecoming a lady or gentleman
- b. Failure to report on time to compete (Penalty: Disqualification from said event)
- c. Falsification of age or other important facts ie. Teaching, award winning, competing under another competitor's name or number, etc.
- d. Penalty for a or c: Competitor will be disqualified from the Feis at which the occurrence happened and from all MAR registered Feiseanna for a period of one year beginning at the date of the occurrence.
- 4) Competitions may be closed if there are no competitors at the assigned stage ready to compete when the competition is scheduled or announced. This may not pertain to a situation where competitors are involved in stage conflicts.
- 5) Solo competitors in Beginner, Advanced Beginner, Novice, or Prizewinner competitions:
 - a. Must compete in their own age group
 - b. Must be prepared to perform two (2) steps in each event
- 6) Steel taps or "bubble" heels on dancing shoes, display of awards, wearing of shorts or other unconventional dress is prohibited. Authentic Gaelic dress is desired. First Feis (if offered), Beginner and Advanced Beginner, must wear a class costume, a skirt and blouse, a shirt and trousers, or a kilt. Modest attire is encouraged when a competitor is not dancing. Adjudicators who determine a costume to be too short or to lack modesty may ask a competitor to change into black tights (of a denier not less than 70%) in order for the dancer to continue in the competition. When wearing body suits with skirts (commonly known as blackout attire), dancers Under 14 and older must wear black tights (of a denier not less than 70%).
- 7) A competitor's number must be worn and visible to adjudicators when performing in all competitions; use of reflective plastic number covers is discouraged.
- 8) Awards will be determined in proportion to the number of entries in each competition and t the degree of proficiency shown.
- Complaints regarding of the running or rules of a Feis must be in writing, stating names and other factual information and signed by the complainant. A \$50 fee must be enclosed and presented to the Feis Chairperson within one hour of the occurrence. The fee will be returned if the complaint is upheld.
- 10) The Feis Committee and any organization affiliated with same, will not be held responsible for personal injury, property loss or damage. Destruction of Feis property or rental property will be punishable by law.
- The Feis reserves the right to reject any entry for cause, to cancel all or part of the Feis and to limit competitors performing time. The decision of the Feis Committee is final in all matters connected with the Feis.
- 12) All Feiseanna must have a process to allow parents to request that their child or children's name(s) not be listed on the posted competitor list prior to the day of the Feis.
- 13) Competitors must answer all questions as required by the Feis Entry Committee, including teacher's name, and enclose the entry fee when registering. Failure to do so will result in a rejected entry. Entries must be received on or before the closing date or they will be subject to a late fee determined by the feis.
- 14) Entrants in any Championship event may not enter in any other (Grade) events, but may enter in Figure Dances and or Ceili Dance. Entrants in Championships should specify on the entry form their choice of set dance. Entrants cannot change competition or category on the day of the competition.
 - a. Dancers must qualify for Open Championships via the method now in place for Preliminary Championships, ie. Three 1st place wins.

 - b. Dancers must compete in the Preliminary Championships in order to qualify for Open Championships.
 c. The Regional syllabus where the Feis is being held may have different qualifications for entry but MAR dancers must follow MAR rules when dancing out of Region.
- 15) Open and Preliminary Championships require at least three (3) adjudicators.
- 16) First Place winners in the Open Championship category cannot return to a Preliminary or Prizewinner competition. Placing in a Regional or National Oireachtas DOES NOT change the status of a competitor. A dancer who moves into Open Championships MUST stay a minimum of two (2) years. If after two (2) years they have not placed they are allowed to return to Preliminary Championship. An Open Championship dancer who places is not allowed to return to Preliminary Championship until two (2) years after their last placement.
- 17) The status of the dancer does not change unless there are five (5) or more dancers in a competition.
- 18) The syllabus is to contain all Grade categories. A Feis Committee may combine two (2) consecutive age categories into the higher of the two (2) categories within that Grade when less than five (5) competitors are entered.
- 19) Musicians and Adjudicators CANNOT be approached during a competition by anyone except the Feis Committee. No one can approach them while a competitor is
- 20) Musicians employed by the Feis Committee will be solely under the direction and management of the Feis Committee on Feis day.
- 21) In matters pertaining to adjudication, the decision of the adjudicators is final.
- 22) Adjudicators are to monitor the tempo of music at the stage(s) to which they are assigned.
- 23) The Length of 2 Hand and 3 Hand dances in competition are to be 48 bars of music plus an 8-bar introduction.
- 24) In consideration of safety and in fairness to dancers performing at a Feis, photography of any kind which has the capability of capturing a dancer's image while in motion is strictly forbidden except for in the Beginner and Advanced Beginner category. A Fe'is may elect to allow in motion photography for publicity purposes, but the pictures are considered the sole property of the Feis and solely for Feis use only; these are not to be used for personal gain through commercial use of sale, and under no circumstances can they be published on any website or other area without the express written permission of the persons involved. Additionally, a professional photographer may be formally contracted by a Feis to capture non-motion photographs, such as portrait photography, award ceremonies, etc. and/or in-motion photography provided it is taken at a vendor station or suitable location: a) away from the dancing stages and b) requested by a consenting parent, guardian, or dancer (over the age of 18).
- 25) No block, en pointe, toe walking movements, stationary or moving, is allowed to be performed for all ages up to and including the Under 12 age group. However, after September 1st of each year an exception is made for those dancers who are eleven dancing in the Under 12 age group.
- 26) Makeup is prohibited on a dancer up to and including the Under 10 age group.
- 27) Any competitor found to be using artificial carriage aides and who subsequently refuses to remove same will be subject to disqualification from that particular competition. Medically prescribed aides (proof of which may be required) will be exempt from this rule.
- 28) Each Feis is required to list their Adjudicators on their syllabus and/or website. If Adjudicators are not listed on the syllabus, they must be posted on the Feis website a minimum of three (3) weeks prior to the Feis date. Once the Feis has closed for entries the Adjudicators names may be removed from the Feis website. One third of the Adjudicators are to be from outside the Region where the Feis is being held.
- 29) No substance that can become airborne should be used on any dance floor in an attempt to improve traction.
- 30) Championship stage sizes should be at least 24' wide by 20' deep. Solo and Figure dancing stage should be at least 20' wide by 16' deep. Choreography stages should be at least 24' wide by 20' deep.
- 31) Championship stage dancing 3 dancers at a time must be at least 32' wide by 24' deep. This is limited to those dancing Under 14.
- 32) Non-championship stage dancing 3 dancers at a time must be at least 24' wide by 20' deep for each age group as prescribed by CLRG. The Adjudicator has the authority to dance the dancers 2 or 3 at a time unless specified in the syllabus.
- 33) The MAR Feis Committee must receive in writing any notification of a violation occurring at a MAR approved Feis, identifying the name and contact information of the person submitting the violation. A violation is defined as any instance where a Feis rule was not adhered to, ie. Stage size requirements. A substantiated violation will be presented to MAR Executive Board for their review. The Feis organizer will be given ten (10) days to respond. Any determination resulting in a valid violation will result in written notification to the Feis organizer advising remedy of the violation must occur by or before their next Feis. A representative of the MAR Feis Committee and/or Executive Board must attend the Feis to verify compliance. If the violation is still present the following action will be taken:
 - a. Formal notification (certified mail/return receipt) given to the Feis organizer that their Feis will be suspended the following year.
 - b. Notification regarding the suspension will also be sent to the IDTANA President.
 - c. In order to be reinstated, a written plan to remedy the violation must be submitted to the MAR Feis Committee and/or the MAR Executive Board.
 - d. Further violations, or non-compliance could result in further action left to the discretion of the MAR Executive Board.