



*COUNT DOWN  
TO NATIONALS!*

Online Feis hosted by

**VideoFeis**



[www.videofeis.com](http://www.videofeis.com)

Online registration and tabulation with



[www.QUICKFEIS.com](http://www.QUICKFEIS.com)

*Online registration  
will end on **June 08***

FEIS IS REGISTERED, SANCTIONED, AND  
WILL BE GOVERNED BY THE RULES OF  
THE IRISH DANCE TEACHER'S  
ASSOCIATION OF NORTH AMERICA

## FEIS CHAIRS

Alison Paladini TCRG  
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## LIMITS AND TIMING

- Limited to dancers who are registered with an accredited North American dance school AND who ALSO reside in North America
- No caps!
- Timing:
  - April 01 Online registration OPEN
  - June 08 Online registration CLOSED**
  - June 10 Video upload BEGINS**
  - June 17 Video upload CLOSED 8:00 pm (EDT)**
  - June 19-21 Adjudication
  - June 23 (or earlier) Results posted

## ADJUDICATORS

List of adjudicators will be posted on the  
QuickFeis website

## FEIS MUSIC

Feis music provided by Sean O'Brien

A link and password will be available to you on your QuickFeis account after your payment is completed.

If your set dance and speed are not available, you may use your own music.

This is for OPEN set dance ONLY



## HOW DOES THIS WORK

- Register and pay online at [www.quickFeis.com](http://www.quickFeis.com) for the feis up to end of day JUNE 08
- As soon as you pay for your registration you will be given your dancer number on your QuickFeis account – PRINT IT!
- Practice and film your video
  - Use your **smartphone** for the video
  - You must wear your **dancer number**
  - Must be in **landscape** mode
  - Dancer must be **alone** in video
  - **Music** must be clear
  - Dance area should be at least 8ft x 8ft. Greater dance space is allowed. Competitions will not be divided by stages.
  - Create a separate video for each dance
  - No editing allowed
  - See additional guidelines below
- Starting JUNE 10 go to VIDEOFEIS, log in with your QuickFeis account - and upload all your videos
  - You may begin to upload your video **no sooner** than JUNE 10
  - **ALL videos must be uploaded by 8:00 pm (ETZ) JUNE 17**
- All videos will be securely viewed by adjudicator(s) who will score and give comments.
- QuickFeis will tabulate all scores
- All competitors will receive specific comments and critique from adjudicators in every dance as well as their full results!
- All results will be tabulated and posted on QuickFeis website.



## ONLINE FEIS RULES

- This Online Feis is for data collection purposes only
- Placements at the Online Feis do not allow for progression between levels. Regardless of how an 18+ year old dancer competes at a feis or Oireachtas, they are permitted to participate in the Online Feis without effecting their status. For example, a dancer who competes in Senior Ladies who is contemplating a permanent shift to Advanced (once operative in IDTANA or her region) may participate in the Online Feis without losing her status as a Senior Ladies dancer. To make the actual shift to Advanced, she would need to follow established rules of her region or IDTANA.
- This Online Feis is for data collection purposes only and does not change an individual's competitive status.
- Dancers MUST have permission from their teachers to compete in the Online Feis
- This Online Feis reserves the right to refuse any video for any technical reason or rules violations
- All videos to be downloaded, stored, and securely shown to the adjudicators via VIDEOFEIS
- It is the dancers' responsibility to ensure that the correct videos are uploaded for each competition. Incorrect videos (i.e. a reel video instead of a hornpipe, or a soft shoe round video instead of the hard shoe round, ...) will be disqualified. Judges will be instructed to mark those videos with a score of ZERO.
- Feis reserves the right to combine or split competitions as it deems necessary.
- Permission to use uploaded videos for the purposes of this feis will be asked upon uploading and must be granted in order for any video to be admitted to the feis. This basic permission allows the judges, VideoFeis staff, and the organizers to watch the videos. All videos with only basic permissions will be deleted 7 days after the completion of the feis.

# ELIGIBILITY

## ADULT GRADES

- An ADULT dancer is defined as any dancer who started Irish dancing at the age of 18 or older OR any dancer 18 or older who has not competed in at least five years in a youth competition AND has never placed in the top three in a youth Preliminary championship competition of more than five competitors.
- Dancers who are in the Adult categories cannot enter any competition other than Adult specified competitions.
- If a dancer chooses to compete in the youth/& over category after previously competing in the Adult competitions, they are required to abstain from participating in Adult competitions for a continuous period of five years.
- To progress in Adult Grade levels, dancers are to follow the same progression rules as used in youth/& over categories or progress with teacher's permission.
- In grade level competitions, hard shoes dances can be done at either traditional speed or slow speed.
- All grade level dances are 32 bars in length.

## ADULT CHAMPIONSHIP

- A dancer moves into the ADULT CHAMPIONSHIP level by winning 1st place in reel, slip jig, treble jig, and hornpipe in Adult Prizewinner competitions or by their teacher's permission.
- When a dancer begins competing in the Adult Championship level, they may not compete in Adult Grades.
- Upon winning two Adult Championships, the dancer may progress on to Advanced Adult Preliminary at teacher's discretion.
- A dancer competing in Adult Championship may not compete in the youth/& over category.
- ADULT CHAMPIONSHIP dancers will perform:
  - 48 bars of reel or 40 bars of slip jig
  - 40 bars of the hornpipe or 48 bars of the treble jig.
  - When/if a feis offers a third round, adult championship dancers will perform a traditional set dance.

## ADVANCED ADULTS (also part of "Championship")

- An ADVANCED ADULT dancer is anyone ages 18 or older who has previously placed in the top three of a Preliminary championship or competed in Open championship levels in the youth/& over levels regardless of when the competitor was active.
- A dancer competing in ADVANCED ADULT may not compete in the youth/& over category.
- Once a dancer begins competing in Advanced Adult, they may not return to youth/& over.

- An **ADVANCED ADULT PRELIMINARY** dancer is defined as any dancer over the age of 18 who has previously placed in the top three of a youth Preliminary championship competition of five or more competitors or an adult dancer who has won two Adult Championship competitions at a feis. Teachers may also use their discretion to move a dancer to Advanced Adult Preliminary.
  - When a dancer begins competing in the Advanced Adult Preliminary level, they may not also compete in Adult Championship (unless a feis opts to combine competitions) nor in youth/& over competitions.
  - ADVANCED ADULT PRELIMINARY will perform:
    - 48 bars of reel or 40 bars of slip jig,
    - 40 bars of the hornpipe or 48 bars of the treble jig.
    - When/if a feis offers a third round, Advanced Adult Preliminary will perform a Set Dance of choice.
- An **ADVANCED ADULT OPEN** level dancer is defined as any dancer over the age of 18 who has previously competed in a youth/& over open championship competition or has won two Advanced Adult Preliminary competitions at a feis. Teachers may also use their discretion to move a dancer to Advanced Adult Open.
  - When a dancer begins competing in the Advanced Adult Open level, they may not also compete in Adult Championship or Advanced Adult Preliminary (unless a feis opts to combine competitions), nor in youth/& over competitions.
  - ADVANCED ADULT OPEN dancers will perform:
    - 48 bars of reel or 40 bars of slip jig,
    - 40 bars of the hornpipe or 48 bars of the treble jig.
    - Set Dance of choice for their third round.

COMBINING COMPETITIONS: Where there are fewer than five entries in either Advanced Adult competition (Advanced Adult PC or Advanced Adult OC) or fewer than five entries in Adult championship competitions at a feis, the feis may choose to run these competitions as one combined competition, and the feis may offer separated/disaggregated results for Advanced Adult and Adult dancers. When a feis opts to combine these competitions, first combine Advanced Adult PC and Advanced Adult OC competitions if either or both have fewer than five registered competitors, before combining the joint Advanced Adult PC/OC competition with Adult Championship.

A teacher may exercise their discretion for determination of a dancer's level in Adult or Advanced Adult categories;

- if an Adult Championship dancer does not place in two consecutive years; the dancer may then return to Adult Prizewinner;
- if An Advanced Adult Preliminary dancer does not place in two consecutive years; the dancer may then move to Adult Championship;
- if An Advanced Adult Open dancer does not place in two consecutive years; the dancer may then move to Advanced Adult Preliminary Championship.



## ENTRY FEES:

- Full payment is due at time of registration. *Your registration is not complete until your payment is received.*
- All unpaid registrations will be dropped at the end of online registration period.
- US Funds ONLY will be accepted
  - Online registration will accept credit card payment only.
  - Sorry - no checks will be accepted at any time
- Fees for non-champ are PER dancer PER dance
- Champ fees are PER dancer only
- Payment must be made at the time of registration
- Online registration will close on JUNE 08  
Afterwards no additional registrations or changes will be accepted.

**ABSOLUTELY NO REFUNDS!**

Event Fee	<b>\$ 15</b> <i>per family</i>
Grades / Treble Reel	<b>\$ 10</b> <i>per competition &amp; per competitor</i>
3 round Championship	<b>\$ 45</b> <i>per dancer</i>
Figure Dances	<b>\$ 40 – 4 hand</b> <b>\$ 80 – 8 hand</b> <i>per team</i>

## COSTUME RULES

- All rules as per Feis Costume policies
- Dancer may wear Solo or Team Costumes, or;
- Long/short sleeved blouses/polo tops and skirts/tunics that conform to the regular costume length rules. Low-cut tops and shorts, tights skirts are not permitted.
- All adults must wear tights regardless of whether they use a solo costume or blackout attire. Tights must be 70 or more denier (thickness)
- No logos or school names on blackout outfits please, no team apparel (sportswear or warmup outfits)
- Correct Soft and Hard Shoes and proper tights must be worn at all times. No carriage aids allowed. Ladies are not allowed to wear poodle socks.
- Natural hair or wigs are allowed, hair must be off dancer's face
- You must wear your dancer number at all times during your video – failing to wear your number will disqualify your video!

## RELEASE OF LIABILITY:

INDEMNIFICATION AND RELEASE OF LIABILITY: By registering and paying for this feis, you indemnify and hold harmless IDTANA, QuickFeis and VideoFeis and its staff or assigns from liability or injury related to their participation in this competition. Registrants must be in good physical health and not under medical advice that would prevent them from participating in physical activity. Parents, teachers or supervisors are responsible for ensuring the safety and wellbeing of dancers at all times before, during and after filming their submissions. Parents (or dancers over 18) must indicate that they understand, accept and agree to these conditions at the time of registration.

# NUMBERING SYSTEM

1 <sup>st</sup> Digit	Level Category: BEGINNER with "2", ADVANCED BEGINNER with "3", and so forth
2 <sup>nd</sup> and 3 <sup>rd</sup> Digits	Age Group, the Under age group you are in (see age grid below) = "25" means Under 25
4 <sup>th</sup> and 5 <sup>th</sup> Digits (Letters)	Competition Type: <b>RL</b> = REEL <b>LJ</b> = LIGHT JIG <b>SJ</b> = SLIP JIG <b>SN</b> = SINGLE JIG <b>TJ</b> = TREBLE JIG <b>HP</b> = HORNPIPE <b>PD</b> = ST PATRICK DAY <b>TS</b> = TRADITIONAL SET    ...

**AGE GROUP:** your age group is determined by the YEAR the competitor was born. This changes from year to year!

For 2024	<u>U25</u>	<u>U30</u>	<u>U35</u>	<u>U40</u>	<u>U45</u>	<u>U50</u>	<u>U55</u>	<u>O55</u>
Born in or after:	1999	1994	1989	1984	1979	1974	1969	before 1969

PLEASE NOTE: Age groupings beginning with "O" mean THAT age AND over (example O55 means 55 and older)

## ADULT GRADES - BEGINNER 1 (BEGINNER)

A Beginner is a competitor who has not taken Irish Dancing Lessons from a registered teacher prior to September 1st of previous year. 2 Steps.

	<u>U25</u>	<u>U30</u>	<u>U35</u>	<u>U40</u>	<u>U45</u>	<u>U50</u>	<u>U55</u>	<u>O55</u>
REEL	225RL	230RL	235RL	240RL	245RL	250RL	255RL	299RL
LIGHT JIG	225LJ	230LJ	235LJ	240LJ	245LJ	250LJ	255LJ	299LJ
SLIP JIG	225SJ	230SJ	235SJ	240SJ	245SJ	250SJ	255SJ	299SJ
SINGLE JIG	225SN	230SN	235SN	240SN	245SN	250SN	255SN	299SN
TREBLE JIG	225TJ	230TJ	235TJ	240TJ	245TJ	250TJ	255TJ	299TJ
HORNPIPE	225HP	230HP	235HP	240HP	245HP	250HP	255HP	299HP

## ADULT GRADES - BEGINNER 2 (ADVANCED BEGINNER)

An Advanced Beginner is a dancer who has taken lessons from a registered teacher for more than 1 year. 2 Steps.

	<u>U25</u>	<u>U30</u>	<u>U35</u>	<u>U40</u>	<u>U45</u>	<u>U50</u>	<u>U55</u>	<u>O55</u>
REEL	335RL	330RL	335RL	340RL	345RL	350RL	355RL	399RL
LIGHT JIG	335LJ	330LJ	335LJ	340LJ	345LJ	350LJ	355LJ	399LJ
SLIP JIG	335SJ	330SJ	335SJ	340SJ	345SJ	350SJ	355SJ	399SJ
SINGLE JIG	335SN	330SN	335SN	340SN	345SN	350SN	355SN	399SN
TREBLE JIG	335TJ	330TJ	335TJ	340TJ	345TJ	350TJ	355TJ	399TJ
HORNPIPE	335HP	330HP	335HP	340HP	345HP	350HP	355HP	399HP
TRADITIONAL SET	335TS	330TS	335TS	340TS	345TS	350TS	355TS	399TS



## ADULT GRADES - NOVICE

A Novice is a dancer who has previously won a 1st, 2nd, or 3rd in Advanced Beginner.  
2 Steps.

	<u>U25</u>	<u>U30</u>	<u>U35</u>	<u>U40</u>	<u>U45</u>	<u>U50</u>	<u>U55</u>	<u>O55</u>
<b>REEL</b>	425RL	430RL	435RL	440RL	445RL	450RL	455RL	499RL
<b>LIGHT JIG</b>	425LJ	430LJ	435LJ	440LJ	445LJ	450LJ	455LJ	499LJ
<b>SLIP JIG</b>	425SJ	430SJ	435SJ	440SJ	445SJ	450SJ	455SJ	499SJ
<b>SINGLE JIG</b>	425SN	430SN	435SN	440SN	445SN	450SN	455SN	499SN
<b>TREBLE JIG</b>	425TJ	430TJ	435TJ	440TJ	445TJ	450TJ	455TJ	499TJ
<b>HORNPIPE</b>	425HP	430HP	435HP	440HP	445HP	450HP	455HP	499HP
<b>TRADITIONAL SET</b>	425TS	430TS	435TS	440TS	445TS	450TS	455TS	499TS

## ADULT GRADES - PRIZE WINNER (OPEN)

A Prizewinner is a dancer who has previously won 1st place in Novice in a particular dance.  
2 Steps.

	<u>U25</u>	<u>U30</u>	<u>U35</u>	<u>U40</u>	<u>U45</u>	<u>U50</u>	<u>U55</u>	<u>O55</u>
<b>REEL</b>	525RL	530RL	535RL	540RL	545RL	550RL	555RL	599RL
<b>LIGHT JIG</b>	525LJ	530LJ	535LJ	540LJ	545LJ	550LJ	555LJ	599LJ
<b>SLIP JIG</b>	525SJ	530SJ	535SJ	540SJ	545SJ	550SJ	555SJ	599SJ
<b>SINGLE JIG</b>	525SN	530SN	535SN	540SN	545SN	550SN	555SN	599SN
<b>TREBLE JIG</b>	525TJ	530TJ	535TJ	540TJ	545TJ	550TJ	555TJ	599TJ
<b>HORNPIPE</b>	525HP	530HP	535HP	540HP	545HP	550HP	555HP	599HP
<b>TRADITIONAL SET</b>	525TS	530TS	535TS	540TS	545TS	550TS	555TS	599TS

## ADULT CHAMPIONSHIP

- A dancer moves into the ADULT CHAMPIONSHIP level by winning 1st place in reel, slip jig, treble jig, and hornpipe in Adult Prizewinner competitions or by their teacher's permission.
- When a dancer begins competing in the Adult Championship level, they may not compete in Adult Grades.
- Upon winning two Adult Championships, the dancer may progress on to Advanced Adult Preliminary at teacher's discretion.
- A dancer competing in Adult Championship may not compete in the youth/& over category.
- ADULT CHAMPIONSHIP dancers will perform 3 rounds:
  1. 48 bars of reel or 40 bars of slip jig
  2. 40 bars of the hornpipe or 48 bars of the treble jig.
  3. Adult championship dancers will perform a traditional set dance.

3 ROUNDS!

	<u>U25</u>	<u>U30</u>	<u>U35</u>	<u>U40</u>	<u>U45</u>	<u>U50</u>	<u>U55</u>	<u>O55</u>
<b>ADULT Championship</b>	625AC	630AC	635AC	640AC	645AC	650AC	655AC	699AC

## ADVANCED ADULT PRELIMINARY

- An ADVANCED ADULT dancer is anyone ages 18 or older who has previously placed in the top three of a Preliminary championship or competed in Open championship levels in the youth/& over levels regardless of when the competitor was active.
- A dancer competing in ADVANCED ADULT may not compete in the youth/& over category.
- Once a dancer begins competing in Advanced Adult, they may not return to youth/& over.
- An ADVANCED ADULT PRELIMINARY dancer is defined as any dancer over the age of 18 who has previously placed in the top three of a youth Preliminary championship competition of five or more competitors or an adult dancer who has won two Adult Championship competitions at a feis. Teachers may also use their discretion to move a dancer to Advanced Adult Preliminary.
- When a dancer begins competing in the Advanced Adult Preliminary level, they may not also compete in Adult Championship (unless a feis opts to combine competitions) nor in youth/& over competitions.
- ADVANCED ADULT PRELIMINARY will perform:
  1. 48 bars of reel or 40 bars of slip jig,
  2. 40 bars of the hornpipe or 48 bars of the treble jig.
  3. Advanced Adult Preliminary will perform a Set Dance of choice.

3 ROUNDS!

	<u>U25</u>	<u>U30</u>	<u>U35</u>	<u>U40</u>	<u>U45</u>	<u>U50</u>	<u>U55</u>	<u>O55</u>
<b>ADVANCED ADULT Preliminary Championship</b>	625AAPC	630AAPC	635AAPC	640AAPC	645AAPC	650AAPC	655AAPC	699AAPC

# ADVANCED ADULT OPEN CHAMPIONSHIP

- An ADVANCED ADULT dancer is anyone ages 18 or older who has previously placed in the top three of a Preliminary championship or competed in Open championship levels in the youth/& over levels regardless of when the competitor was active.
- A dancer competing in ADVANCED ADULT may not compete in the youth/& over category.
- Once a dancer begins competing in Advanced Adult, they may not return to youth/& over.
- An ADVANCED ADULT OPEN level dancer is defined as any dancer over the age of 18 who has previously competed in a youth/& over open championship competition or has won two Advanced Adult Preliminary competitions at a feis. Teachers may also use their discretion to move a dancer to Advanced Adult Open.
- When a dancer begins competing in the Advanced Adult Open level, they may not also compete in Adult Championship or Advanced Adult Preliminary (unless a feis opts to combine competitions), nor in youth/& over competitions.
- ADVANCED ADULT OPEN dancers will perform:
  1. 48 bars of reel or 40 bars of slip jig,
  2. 40 bars of the hornpipe or 48 bars of the treble jig.
  3. Set Dance of choice for their third round.

**3 ROUNDS!**

	<u>U25</u>	<u>U30</u>	<u>U35</u>	<u>U40</u>	<u>U45</u>	<u>U50</u>	<u>U55</u>	<u>O55</u>
<b>ADVANCED ADULT</b>								
<b>Open</b>	725AAOC	730AAOC	735AAOC	740AAOC	745AAOC	750AAOC	755AAOC	799AAOC
<b>Championship</b>								



# The following competitions are open to ALL Adults

## ADULT CEILI

- Only ONE team member needs to register and pay – should be the "lead gent" person
- Only the team member that paid will be able to upload the video
- Only the team member who paid should wear their dancer number– no other dancer numbers should be worn or shown on the video.
- Please make sure that the camera is set to a wide angle to show ALL team members without needing to pan out.
- ALL team members must be visible in the video at for the entirety of the dance/video.

	<u>4 Hand</u>	<u>8 Hand</u>
<b>Fee (per team)</b>	<b>\$ 40</b>	<b>\$ 80</b>
<b>ADULT CEILI</b>	499FD	899FD

## SPECIAL NEEDS

Open to adults of all ages and levels – ONE step in any dance of their choice

An adult with learning difficulties, a physical disability, and/or emotional and behavioral difficulties. Entrance into this event is by Teacher's Discretion

	<u>Any Adult Age</u>
<b>DANCE OF CHOICE</b>	199SPC



## CHARITY TREBLE REEL (OPEN TO ALL)

All proceeds will benefit Comhaltas North America

	<u>ADULT GRADES</u>	<u>ADULT CHAMP</u>	<u>ADVANCED ADULTS</u>
<b>TREBLE REEL</b>	599TR	699TR	799TR



# VIDEO RULES

- Dancers will only be allowed to submit videos for competitions they entered and paid for.
  - Grades will submit one video per dance competition
  - Prelim champs will submit two videos (one soft shoe + one hard shoe)
  - Open champ will submit three videos (soft shoe + hard shoe + set dance)
- Upon payment, all dancers are assigned a dancer number that they can either print or copy on a piece of paper. This **DANCER CARD must be worn by the dancer during the entirety of each of their video for the feis**. Any dancer not wearing their assigned DANCER CARD will automatically be disqualified from the feis.
- Dancers are expected to create an original new "FEIS VIDEO" of their dance(s) – a video that has been recorded AFTER they registered for the competition and is specifically for this feis and no other event or social media.
- Feis videos are not allowed on social media or shared with anyone before or during the feis. Any dancer found to have shared their video during the feis will be disqualified from the feis.
- Photos of dancers in costume and/or reference to this competition/age group/competitor number are not allowed on social media or to be shared with anyone before or during the feis. Any dancer found to have shared photos or videos during the feis will be disqualified.
- The dancer registered for a competition must be the dancer dancing in the video (no substitutions allowed)
- **ONLY THE DANCER IS ALLOWED IN THE VIDEO – Teachers/parents/others may NOT be visible**
- It is HIGHLY recommended that all dance videos be only recorded using a standard smart phone.
  - Use the standard camera app for your device when recording.
  - Use the standard settings for recording the video. Please avoid any embellishment.
  - The quality (resolution) and size of the video is limited to what is produced by a smartphone.
- If you elect to not use your smart phone to record your video, you must follow these guidelines:
  - Video should be recorded at 720p or 1080p, 30fps or 60fps. Higher resolution video may not be submitted
  - The submitted video must be one of the standard video formats that can be played in a web browser. This includes, but is not limited to: MPEG-4 (H264), MPEG-5 (H265), MOV
  - webm video format will not be accepted
  - Special lenses (like a fish-eye lens, or wide angle lens) are not permitted to be used when recording submitted videos.
- Videography should be from a single static point (pretend you are the centre judge sitting at a table)
  - Camera should be about 4 feet (125 cm) from the ground
  - Camera should be in front centre of the dance floor (avoid being on the side)
  - Videographer can pan side to side to keep the dancer full body within the video frame
- **Video must be in LANDSCAPE mode** (not portrait mode – see image)
  - 
  - 
- Video for each dance must be one continuous front **FULL BODY SHOT – head AND feet must be visible at all times** throughout the video.
- The video must be cropped/trimmed with dancing to start no later than 2 seconds after the beginning of the video, and no more than one second after dancing has ended.
- No editing of the dancing portion of the video is allowed
  - Any spliced videos will automatically be disqualified
  - Videos are not to include any embellishment or photoshop type of touch ups
- The feis nor anyone working with the feis will not be held responsible for any personal injury, or property damage in the making and/or submission of the video.
- The feis reserves the right to refuse any video for any infraction of technical or rules reason.
- If a video is uploaded to the wrong competition, or a hard shoe to a soft shoe or vice versa it will be given a ZERO. It is not possible to locate a missing video. If there is an error in the uploading, the **judges will be instructed to give a score of ZERO.**



## DANCING RULES

- **DANCER MUST WEAR THEIR DANCER NUMBER during their entire dance**
- ONLY THE DANCER IS ALLOWED IN THE VIDEO – Teachers/parents/others may NOT be visible
- All dancers at all levels to dance 32 bars, including championship (with the exception of Open and Preliminary championship set – where the FULL set should be danced)
- Music and dance must match the competition registered for. (For example, a HORNPIPE competition must have HORNPIPE music and dance HORNPIPE steps)
- At the end of the dance, the dancer should simply bow and the video should end. Please refrain from walking before bowing.
- No coaching is allowed on the video
  - Any visible or audible coaching will disqualify the video
  - The only exceptions will be for beginner dancers who may need to be counted in
    - Beginners are allowed to have 8 bars counted before the start of the dance
    - When the dancer starts their steps, no more counting is allowed.
    - Only counting is allowed – no other form of coaching is allowed

## DANCE AREA

- Dancers are encouraged to dance on a proper safe dance floor (not concrete or carpet)
- Dancers are encouraged to dance on whatever space is available to them.
- Area should be well lit so that the dancer is clearly visible throughout the video
- Background should be neutral and as light (white) as possible to create contrast with the dancer – this is a recommendation and NOT a requirement.
- No school logo or identification should be seen in the video.

## MUSIC / SOUND

- The feis will be supplying dancers with the music needed. **This is the only music that should be used in all videos submitted for this feis.**
- Music cannot be dubbed over the video – the music must be played out loud to the dancer and video must capture both the dancer and music at the same time.
- **Music must be loud enough to hear on the video**
- Music speed must be according to the official syllabus and standard feis speeds
  - No speed variations are allowed
  - Music cannot speed up nor slow down during a dance
- No other sound except the music and dancer's shoes should be heard on the video
  - **No talking**
  - **No singing along**
  - **No coaching**

## COSTUMES

- Dancer may wear Solo or Team Costumes, or; White or black short sleeve t-shirt, with black bottoms (trousers, shorts or skirts of an appropriate fit and length)
- Tights must be worn with a "blackout" skirt or dress for females aged 14 years and above
- No logos or school names on blackout outfits, no team apparel (sportswear or warmup outfits)
- Beginners and advanced beginners must wear school costumes or skirt/blouse or shorts/pants and t-shirt
- Correct Soft and Hard Shoes and proper socks or tights must be worn at all times. No carriage aids allowed
- Natural hair or wigs are allowed, hair must be off dancer's face
- Makeup optional for dancers U11 age group and above
- You must wear your dancer number at all times during your video – failing to wear your number will disqualify your video!

## COMPETITION RULES

- Results from this feis will count towards level advancement per regional rules
- All the rules for the feis are listed in the feis syllabus. If a rule is not specifically listed, the feis rule falls back to the regional syllabus rules where the feis (feis organizer) is located.
- With the feis organizer's input, VideoFeis will organize all the submitted videos into competitions.
- The feis organizer reserves the right to cancel, combine and/or split any competition at will.
- After registration numbers are finalized, dancers/parents will be notified of the time limitation they will have to submit their videos.
- Dancers must submit their video within the timeframe listed in this syllabus:
- No late videos will be accepted after the deadline has passed

## RESULTS

- VideoFeis will submit the comments and scores to QuickFeis for tabulation
- QuickFeis will tabulate and post all results on the QuickFeis website
- Results from this feis will count towards level advancement per regional rules
- Dancers will see their raw scores, rank, and comments
- Any awards will be at the discretion of the feis organizers

## ADJUDICATION

- The feis organizers will hire the adjudicators it wishes
- The feis organizer will decide how many Adjudicators will judge each competition.
- Adjudicators will be randomly selected to judge each competition
- Adjudicators whose dancers are entered in the feis are not permitted to judge any competition with their own dancers
- All adjudicators will be encouraged to give copious comments along with their scores
- Judging will take place over several days, because adjudicators can only view one video at a time. Timing is dependent on the number of entries.
- Each adjudicator will be asked to judge all the dancers within a competition or a round, for those scores to be valid and tabulated for final results
- Adjudicators will be asked to monitor the tempo of the music – any tempo that is not appropriate will disqualify the video
- **Adjudicators will be permitted to disqualify any video that they deem is "cheating" or is not following the video rules, or is not in the spirit of this competition**
- In matters pertaining to judging, the decision of the adjudicators is final

## PRIVACY

- All submitted videos automatically become the property of VideoFeis
- All submitted videos are by default marked as PRIVATE unless additional permissions are given upon uploading
- All submitted videos can be watched by:
  - Feis Adjudicator(s)
  - Feis Organizer(s)
  - School dance teacher(s) (of that dancer)
  - VideoFeis staff
- QuickFeis and VideoFeis will share all data with each other and the feis organizer.
- QuickFeis and VideoFeis will not share nor sell any data or videos with any third/outside party.

## PERMISSIONS

Before uploading any videos on the VideoFeis site, participants will be requested to carefully read and grant the following permissions:

- **BASIC Permission** is REQUIRED before uploading any video.
  - This permission grants VideoFeis permission to show all videos to VideoFeis staff, feis organizers, dancer's dance school teacher(s) and feis adjudicators only.
  - Videos with only BASIC permission are considered PRIVATE and will be deleted directly after the completion of the feis.
  - By registering and agreeing to the basic permissions required, participants agree that their registration, competition information and data will be shared between QuickFeis and VideoFeis and the Feis organizer.
- **ADDITIONAL Permission** (optional) will be requested and *may be denied* for VideoFeis to use the videos for:
  - Potential winner's or showcase video compilation to be posted online
  - Testing for VideoFeis development and improvements
  - Videos with additional permission granted will be deleted within two months after the completion of the feis.

## RELEASE OF LIABILITY

- By registering and paying for this feis, parents and dancers agree to release IDTANA, its teachers, any workers associated with the school, QuickFeis, and VideoFeis of any liability for any injury to complete any requirements for this competition.
- The feis nor anyone working with the feis will not be held responsible for any personal injury, or property damage in the making and/or submission of the video.
- **INDEMNIFICATION AND RELEASE OF LIABILITY:** By registering and paying for this feis, you indemnify and hold harmless IDTANA, the feis organizers and their schools, QuickFeis and VideoFeis and its staff or assigns from liability or injury related to their participation in this competition.
- Registrants must be in good physical health and not under medical advice that would prevent them from participating in physical activity.
- Parents, teachers or supervisors are responsible for ensuring the safety and wellbeing of dancers at all times before, during and after filming their submissions.
- Parents (or dancers over 18) must indicate that they understand, accept and agree to these conditions at the time of registration.