

# The 10th Annual Texas Capital Championships & Feis



Presented by:

**The Inishfree School of Irish  
Dance Central Texas**

**June 10th, 2023 at 8:00am  
Music and Vocals  
on Friday 9th, starting at 7:00pm**

**Veritas Academy  
13401 Escarpment Blvd.  
Austin, TX 78739**

Register on-line at [www.feisworx.com](http://www.feisworx.com)  
More information visit  
[www.irishdanceaustin.com](http://www.irishdanceaustin.com)  
email: [feisaustin@gmail.com](mailto:feisaustin@gmail.com)

Feis chair: TBD

## IDTANA Southern Region-Dancing Competition Rules

*These rules were approved by the IDTANA Southern Region on June 30, 2011 and are effective January 1, 2012. These rules are required to be included in the syllabus for all feiseanna taking place in the IDTANA Southern Region.*

1. In the case of all solo and team competitions in all grades, the age of a competitor on 1st January of the year in which the competition is held will determine the right of entry. For the purposes of this Rule a competitor whose birthday occurs on 1<sup>st</sup> January shall be deemed to be under the age attained on that date.
2. Competitions are open to all but those holding a TMRF, TCRG, or ADCRG designation. All dancers must be pupils of a person currently registered with An Coimisiun as a Dancing Teacher of any category.
3. A competitor may be disqualified for any of the following reasons:
  - a) Conduct unbecoming a lady or gentleman.
  - b) Failure to report on time to compete. (Penalty: disqualification from said event)
  - c) Falsification of age or other important facts – i.e., teaching, award winning, competing under another competitor's name or number, etc.  
Penalty for a) or c): Competitor will be disqualified from the Feis at which the occurrence happened and from all NAFC –registered Feiseanna for a period of one year beginning at the date of the occurrence. Any competitor found to be “altering” their shoes or wearing them on the wrong feet” will be treated in the same manner as is using carriage aids, and will be subject to disqualification from that particular competition (CLRG AGM 2011)
4. Competitions may be closed if there are no competitors at the assigned stage ready to compete when the competition is scheduled or announced. This will not pertain to a situation where competitors are involved in stage conflicts; in that case, the competition(s) will remain open for a reasonable amount of time to allow the dancer(s) in question to arrive at the stage and compete.

5. Solo competitors in Beginner, Advanced Beginner, Novice or Open (Prizewinner) competitions:
  - a) Must compete in their own age group.
  - b) Must be prepared to perform two steps in each event.
  - c) Cannot change competition on the day of the Feis.
6. Steel taps or “bubble” heels on dancing shoes, display of awards, wearing of shorts or other unconventional dress is prohibited. Dancers competing in First Feis (if offered), Beginner and Advanced Beginner, aka Beginner I and II, must wear a class costume, or a skirt and blouse. All other categories are excluded from this rule. Modest attire is encouraged when a competitor is not dancing. Costumes for both boys and girls should not include representations, such as globes, medals, or any other item symbolic of an award having been achieved effective Jan 1, 2013. (CLRG AGM 2012). Costume or costuming is defined as any element of performance/presentation clothing, worn by a dancer in the course of a competition, including but not limited to dress, waistcoat, trousers, shoes, headgear, capes, shawls, socks, and underwear (CLRG AGM 2012)
7. Competitor's number must be worn and visible to adjudicators when performing in all competitions, except in Championships; use of clear reflective plastic number covers is discouraged.
8. Awards will be determined in proportion to the number of entries in each competition and to the degree of proficiency shown.
9. Complaints must be in writing stating names and other factual information and signed by the complainant. A ten-dollar fee (cash) must be enclosed and presented to the Feis Chairman within one hour of the occurrence. The fee will be returned if the complaint is upheld.
10. The Feis Committee and any organization affiliated with same will not be held responsible for personal injury, property loss or damage. Destruction of Feis property or rental property will be punishable by law.

**Feis Approved by Maureen Armstrong ADCRG on  
4/24/23**

11. The Feis reserves the right to reject any entry for cause, to cancel all or part of the Feis and to limit competitor's performing time. The decision of the Feis Committee is final in all matters connected with the Feis.
12. Competitors must answer all questions as required by the Feis Entry committee, including teacher's name, and enclose the entry fee when mailing. Failure to do so will result in a rejected entry. Entries must be postmarked on or before the closing date or they will be subject to a late fee as determined by the Feis committee and published on the syllabus and/or entry form. There will be no refunds of entry fees for any reason.
13. Open Championships: a) Entrants in any Open Championship event may not enter in any other regular grade solo events, but may enter in Figure Dances and/or special competitions for which they are eligible (e.g. traditional set, treble reel, non-traditional set dance). b) Entrants in Open Championships should specify, on the entry form, their choice of set dance. c) Open Championship competitions in the minimum required age groups must be offered separately in the syllabus, yet the feis committee may combine an age group with the next higher age group if there are fewer than 5 competitors entered in the lower age group. A feis committee is not permitted to combine dancers from one open championship age group with any age group which is more than one age group higher than the age group in which the dancers are entered. d) A dancer is required to perform a light shoe dance (reel or slip jig for ladies and reel only for men) and a set dance. A Feis can also opt to require a third dance (choice of jig/hornpipe). e) Dancers must qualify for Open Championship via the method now in place for Preliminary Championship, i.e. two 1<sup>st</sup> place wins. f) Dancers must compete in the Preliminary Championship competition in order to qualify for Open Championship.
14. Girls & Boys competitions in Open Championships may be combined in the syllabus. If three or more boys are entered in a specific age group in a combined Open Championship competition, the boys and girls must be split into separate competitions. If separate Boys & Girls competitions in Open Championships are offered in the syllabus, they may not be combined under any circumstances on the day of the feis.

15. Preliminary Championships:
- (a) Are open to those who, at any NAFC recognized Feis:
1. Have placed 1st in both a Open (Prizewinner) light and heavy shoe competition, and
  2. Have never won 1st, 2nd or 3rd in Open Championship.
- (b) A dancer who wins two First Place Preliminary Championship awards in one calendar year will move on to Open Championship the following year (as of Jan 1); if the second first-place win does not occur within the same feis year as the first win, as soon as the second win is achieved, in any age category, the dancer must move up to Open Championship level immediately. Only in the case of back-to-back Feiseanna (successive days), the first win in the first Feis will not change the dancer's status for the second Feis.
- (c) A dancer in preliminary championship is required to perform a light shoe dance (reel or slip jig for ladies and reel only for men) and a hard shoe dance. A Feis can opt to offer either (a) a set dance or (b) a jig/hornpipe or (c) both a set dance and jig/hornpipe.
- (d) Boys and girls will be combined in preliminary championships—please note the separation policy involving 5 or more boys.
- (e) Preliminary Championship competitions must be offered separately in the syllabus for the minimum required age groups, yet the feis committee may combine an age group with the next higher age group if there are fewer than 5 competitors entered in the lower age group. A feis committee is not permitted to combine dancers from one preliminary championship age group with any age group which is more than one age group higher than the age group in which the dancers are entered.
16. Open Championships and Preliminary Championships require at least three adjudicators.
17. First place winners in the Open Championship category cannot return to a Preliminary or Open (Prizewinner) competition. Placing in a Regional or National Oireachtas does not change the status of a competitor. If, after competing for two full feis years at the Open Championship level, a dancer has not placed first, second or third, he/she may opt to return to Preliminary Championship status.
18. The status of the dancer does not change unless there are five or more dancers in a competition.

19. In Championship events or solo set dance events: Introductions for set dances will be played only once and competitors must set their speeds during that one playing, no variation in speed will be allowed once dancing is due to commence. Dancers beginning before or after the stipulated set dance introduction will automatically receive a zero for that round from the/or all adjudicators. (CLRG AGM 2011)
20. Grade Category Definitions:
- Beginner: A beginner is a competitor who has not taken a full year of Irish Dance lessons, thereby giving beginners a full year with such status. A Beginner must move into the Advanced Beginner category the next year.
- Advanced Beginner: An advanced beginner who wins 1st, 2nd or 3rd place will advance to the Novice category in that particular dance.
- Novice: A novice who wins a 1st place in a dance will advance to the Open (Prizewinner) category in that particular dance. In addition, if there are twenty or more dancers, a dancer who wins 1<sup>st</sup> place or 2<sup>nd</sup> place in a dance will advance to the Open/Prizewinner category in that particular dance (Dec 2012).
- Open (Prizewinner): A competitor who does not qualify as a Beginner, Advanced Beginner or Novice.
- Adult Beginner: An adult beginner is a competitor who never took Irish dancing lessons as a juvenile and is over 18 years of age.
- Other Adult Grades: will follow the descriptions provided above.
21. \*\*Competitors have the option to remain in the same category for the remainder of the Feis year (until the following January 1st).
- \*\* The syllabus must contain all Grade Categories.
- \*\* Boys and girls enter the appropriate age group in the appropriate grade for each dance; after entries have been closed, in any competition where five or more boys are entered, the feis committee will run a separate competition for these boys.

\*\* A feis committee may only combine two consecutive calendar year age groups (within that grade only) when fewer than five (5) competitors are entered in either age group, with the exception of the oldest age group listed.

21. Musicians and adjudicators cannot be approached during a competition by anyone except the Feis Committee. No one can approach them while a competitor is performing.

22. Musicians employed by the Feis Committee will be solely under the direction and management of the Feis Committee on Feis day.

23. Teachers or team captains are responsible that their teams are complete and in position when the competition is announced. Competitors may compete in their own age group or in the next higher age group; however, a competitor may compete in only one age group.

24. In matters pertaining to adjudication, the decision of the adjudicators is final.

25. Adjudicators are to monitor the quality of music at the stage(s) to which they are assigned.

26. First Feis (if offered), Beginner and Beginner 1 and 2 Adult dancers are required to dance at traditional speeds only. Novice and Open (Prizewinner) dancers may choose between traditional and Oireachtas speeds. Adult categories are included in these specifications.

27. Any form of unauthorized photography which has the capability to capture a dancer's image while in motion, using electronic or manual means, i.e. mobile phone, standard camera, video camera, or commercial film, with or without enhancement is expressly forbidden in competition: except in Beginner and Advanced Beginner Categories (CLRG AGM 2011)

28. No block, en Pointe, toe walking movements, stages up to and including the under 12 age group. However, after September 1 of each year an exception is made for those dancers who are 11 dancing in the under 12 age group.

29. Make up is prohibited on a dancer in the first three grades (First Feis (if offered), Beginner and Advanced Beginner or their equivalent) up to and including the under 12 age group.

30. Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition. Medically prescribed aids (proof of which may be required) will be exempt from this rule.

31. No substance that can become airborne should be used on any dance floor in an attempt to improve traction.

32. Make-up will not be permitted for any dancer up to and including the under 10 age group.

33. Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition. Medically prescribed apparatus (proof of which may be required) will be exempt from this ruling.

Feis Specific rule: Competitors must answer all questions as required by the Feis Entry committee, including teacher's name, and enclose the entry fee when mailing. Failure to do so will result in a rejected entry. Payment date for feis is actual date of electronic payment (or postmark date if mailed). Late payments fees are as follows. None if paid on or before Friday May 26th, 2023. \$25 per individual (\$50 max per family) after that date and on or before June 2nd, 2023. Payments for corrections to an entry are not subject to late fees.

Maximum competition fee per family is \$180, \*excluding item sales, late fee, Feis Spectator/family admissions fee and Feisworx Fee and any supplemental preliminary competitions.

The Family Fee / Spectator Fee for the Feis is \$25.

The Feisworx Fee is \$9.50 which includes results for all competitors.

## Solo Competitions

\$12.00 per solo competition

	First Feis			
	U6	U8	U12	12&O
Reel	1FF	2FF	3FF	4FF
Light Jig	5FF	6FF	7FF	8FF
Single Jig	9FF	10FF	11FF	12FF

## Solo Competitions

\$12.00 per solo competition

	Beginner I						
	U5	U7	U9	U11	U13	U15	15&O
Reel	1	5	9	13	17	21	25
Light Jig	2	6	10	14	18	22	26
Single Jig	3	7	11	15	19	23	27
SlipJig	4	8	12	16	20	24	28
	Beginner II (advanced beginner)						
	U5	U7	U9	U11	U13	U15	15&O
Reel	90	100	106	112	118	124	130
Light Jig	91	101	107	113	119	125	131
Single Jig	92	102	108	114	120	126	132
Slip jig	93	103	109	115	121	127	133
Double Jig	94	104	110	116	122	128	134
Hornpipe	95	105	111	117	123	129	135
Traditional Set	900	901	902	903	904	905	906

	Novice					
	U7	U9	U11	U13	U15	15&O
Reel	200	206	212	218	224	230
Light Jig	201	207	213	219	225	231
Single Jig	202	208	214	220	226	232
Slip jig	203	209	215	221	227	233
Double Jig	204	210	216	222	228	234
Hornpipe	205	211	217	223	229	235
Traditional Set	907	908	909	910	911	912

	Prizewinner					
	U7	U9	U11	U13	U15	15&O
Reel	300	306	312	318	324	330
Light Jig	301	307	313	319	325	331
Single Jig	302	308	314	320	326	332
Slip jig	303	309	315	321	327	333
Double Jig	304	310	316	322	328	334
Hornpipe	305	311	317	323	329	335
Traditional Set	913	914	915	916	917	918

winner	Adult			
	Beginner	Beginner II	Novice	Prize-
Reel	400	406	412	418
Light. Jig	401	407	413	419
Slip Jig	402	408	414	420
Single Jig	403	409	415	421
Double Jig	404	410	416	422
Hornpipe	405	411	417	423
Traditional Set		919	920	921

## Figure Competitions

Flat Fees: \$12.00 for each competitor covers any number of figure competitions.

### Beginner Figures

Beginner	U8	U10	U12	12&O
2-H Reel or 2H Light Jig	500	502	501	503
3-H Reel	504	506	505	507

	Open Figures			
	U10	U13	U16	16&O
Open				
2-H Reel	520	524	526	528
3-H Reel	521	525	527	529

Open	U13	U16	16&O
4-H Dance*	540	541	542
6-H Dance	560	561	562
8-H Dance*	580	581	582

\* Must be Book Dance

### \*Adult Figures

Adult Figures	Comp #
2-H Reel or Light Jig	424
3-H Reel	425
4-H Dance*	426
8-H Dance*	427

\* Must be Book Dance

## Texas Capital Championship

### Preliminary Championships

Fee: \$45.00 / competitor

Preliminary Championship	U9	U10	U12	U14	U16	16&O
	700	701	702	703	704	705

**Preliminary Championship Requirements:**  
Reel (48 bars) or Slip Jig (40 bars) and Double Jig (48 bars) or Hornpipe (40 bars).

### Open Championships

Fee: \$45.00 / competitor

Open Championship	U9	U10	U12	U14	U16	U18	18&O
	720	721	722	723	724	725	726

### Open Championship Requirements:

Open - Reel (48 bars) or Slip Jig (40 bars) and Jig (48 bars) or Hornpipe (40 bars) and any non Traditional Set Dance. Note: Boys & girls will be separated if there are 3 or more boys in a competition.

## Supplementary Preliminary Championships

Please note that all supplemental preliminary championship competitions are not contributed toward the family max

Fee: \$45.00 / competitor

Preliminary Championship	U9	U10	U12	U14	U16	16&O
	1000	1001	1002	1003	1004	1005

**Preliminary Championship Requirements:**  
Reel (48 bars) or Slip Jig (40 bars) and Double Jig (48 bars) or Hornpipe (40 bars).

## Special Trophy Non-Championship

Soft Shoe Dance

Open to all non Championship dancers. One step in either the Reel or Slip Jig (16 Bars)

Fee \$12.00

U10	U15	15&O
601	602	603

## Special Trophy Non-Championship

Hard Shoe Dance

Open to all non championship dancers. Once step in either the Treble Jig or Hornpipe (16 Bars)

Fee: \$12.00

U10	U12	U15	15&O
604	605	606	607

## Special Trophy – Double Reel-Non-Championship

Open to Non-Championship dancers. One double reel (hard shoe) step down the line (16 Bars).

Fee \$12.00

U10	U15	15&O
608	609	610

## Special Trophy Championship-Traditional Set

St Patricks Day, The Blackbird, The Job of Journey Work, garden of Daisies, Jockey to the Fair, The three Sea Captains and King of the Fairies.

Fee \$12.00

U12	U15	15&O
801	802	803

## Special Trophy Championship

Hard Shoe Dance

Open to all championship dancers. Once step in either the Treble Jig or Hornpipe (16 Bars)

Fee: \$12.00

U10	U12	U15	15&O
804	805	806	807

## Special Trophy Championship

Soft Shoe Dance

Open to all Championship dancers. One step in either the Reel or Slip Jig (16 Bars)

Fee \$12.00

U10	U15	15&O
808	809	810

## Special Trophy Championship-Double Reel

Open to Championship dancers. One double reel (hard shoe) step down the line. (16 Bars)

Fee \$12.00

U10	U15	15&O
811	812	813

## Non-Dance Competitions

Music and Vocal competitions are held on **Friday Night!**

The U 13 events will be held at **7:00 pm.**

The 13 & O events will begin at **8:00 pm.**

**\*\*\*An electronic keyboard will be provided for competitors\*\*\***

**Music** – Requirement: play a traditional folk tune from any of the Celtic nations. Performance limited to 3 minutes.(\$12.00 fee)

U 13	13 & O
900 A	900 B

**Vocal** – Open to all ages. Requirement: sing a traditional folk song from any of the Celtic nations. Performance limited to 3 minutes. Competition will be divided by age based upon entries. (**\$12.00 fee**)

U 13	13 & O
901 A	901 B

## **Solo Adult Championship**

Fee: \$45.00 / competitor

**727**

### **Solo Adult Championship Requirements:**

Open - Reel (48 bars) or Slip Jig (40 bars) and Jig (48 bars) or Hornpipe (40 bars) Traditional Set Dance

## **Masters Preliminary Championships**

Fee: \$45.00 / competitor

**728**

### **Masters Preliminary Championship**

**Requirements:** Reel (48 bars) or Slip Jig (40 bars) and Double Jig (48 bars) or Hornpipe (40 bars).

## **Masters Open Championships**

Fee: \$45.00 / competitor

**729**

### **Masters Open Championship Requirements:**

Open - Reel (48 bars) or Slip Jig (40 bars) and Jig (48 bars) or Hornpipe (40 bars) and any non Traditional Set Dance.

## **Entry Instructions**

### **Web Entries**

Register by following the instructions and completing the on- line forms on: <http://www.feisworx.com>

Print out the confirmation message generated online and mail it along with payment to same address as above.