

The Crown & Rose Feis Association proudly presents the third annual:



CROWN & ROSE FEIS, 2025

Sunday, September 28

Beginning at 8:00 am sharp

Toronto Rock Athletic Centre (TRAC)

1132 Invicta Drive

Oakville, Ontario

North Service Road East of Trafalgar



Entries are limited to the first 600 paid competitors

Online Entries at <https://www.feis.link>



A list of adjudicators, musicians, stage assignments, and additional information will be posted on social media:

@CrownandRose Feis *(FB) @crownrosefeis *(Insta)

****PLEASE NOTE ALL FEES ARE NON-REFUNDABLE****

ITEM	FEE
Tir Na Nog	\$5.00
Solo/Figure dances- Please check info. on team entry	\$15.00
Preliminary Championship	\$55.00
Treble Reel	\$15.00
PC Second Chance	\$55.00
Open Championship	\$65.00
Trophy Specials	\$15.00
Family Admission \$5 Early Bird Reduction before Aug 10	\$30.00
Late Fee added to entries received Sept 12-16	\$25.00
*Family Maximum	\$200.00
Late Fee after Registration closes/ same-day registration	\$50.00

Feis Co-Chairs
Joe Wey/Mike Keane
crownandrosefeis@hotmail.com

Feis Registrar
Bridgeen Wey
crownandrosefeis@hotmail.com

Technical assistance
info@feis.link

**Family Maximum: applies to immediate family members only. The family maximum does not include admission fees, second chance competitions, treble reel, trophy specials, figures, or late fees, if applicable.*

- ❖ Late Fees apply at 12.01 AM on Sept 12.
- ❖ Entries close by the end of the day Saturday, September 16. At the discretion of the Feis, entries after September 16 may be accepted at \$50 per dancer in addition to the entry fees.
- ❖ All entries are only by FeisLink <https://www.feis.link/login>
- ❖ All results/comments will be available via FeisLink by the end of the day.
- ❖ Unfortunately, we do not accept changes on the day of the Feis.
- ❖ As highlighted above, ALL fees are nonrefundable; please plan accordingly.
- ❖ Entries will not be considered valid until payment is received.
- ❖ If there is a stage conflict, please DO NOT WORRY, we will accommodate.
- ❖ **Throughout the event, please follow the social media accounts for updates on Stages/Awards.**

DIRECTIONS TO THE FEIS

Toronto Rock Athletic Centre (TRAC), 1132 Invicta Drive, Oakville, ON L6H 6G1

From QEW (*East or West*): Trafalgar Road exit north to North Service Road. Right on North Service Road, Left on Invicta Drive. Parking is available on-site as well as at the commercial plaza directly opposite the facility.

ACCOMMODATIONS

A hotel block will be established for 2025. Several local hotels in the area will be posted on our social media pages.



PARADE OF CHAMPIONS Any dancer winning first place in their dances is invited to perform in the 'Parade of Champions' on our outdoor stage (weather permitting).

****Grade dancers will perform 16 bars of their reel.**

****PC and OC dancers will perform 16 bars of their soft shoe dance.**

****There will be an opportunity for ALL dancers to dance on stage at the Fall Celtic Festival!**

COMPETITIONS

TROPHY SPECIAL- \$15.00

PARENT AND DANCER TWO-HAND TROPHY SPECIAL TS2H

Prizes awarded for 1st (Trophy), 2nd (medal), and 3rd (medal) places ONLY. Open to all dancers. Maximum of one parent/guardian and one dancer. **Same-day entries are accepted.**

TROPHY SPECIAL- \$30.00

PREMIER OIREACHTAS TROPHY SPECIAL

Prizes awarded for 1st, 2nd and 3rd place ONLY (Trophies)

The 'Premier Oireachtas Trophy Special' is a unique competition. You **MUST** consult your teacher before entering & know which two dances you will be performing. In true Oireachtas style, the competition will be judged by 3 adjudicators. This competition is open to ALL Premier Oireachtas competitors, U6-U14. Awards are offered at the Podium for the **TOP 3 ONLY.** **Same-day entries are accepted.**

Under 7	TS7	Under 12	TS12
Under 8	TS8	Under 14	TS14
Under 10	TS10		

TROPHY SPECIAL- \$15.00

BEATS AND RHYTHM TREBLE REEL TROPHY SPECIAL

Prizes awarded for 1st (Trophy), 2nd (medal), and 3rd (medal) place ONLY. Open to all Preliminary Champ and Open Champ competitors. This is a Hard Shoe Special during which the adjudicator will sit with their back to the dancers. The focus is on **listening** to the dancer's beats/rhythm. Dancers must be prepared to dance one step of a Treble Reel, in step-about style, from a line, one at a time (16 bars). **Same-day entries are accepted.**

Under 12	TR12	16 & over	TR99
Under 16	TR16		

FIGURE COMPETITIONS - \$15.00 per dancer

In the past, due to many non-payments of individual team members, we are asking each team to allocate **ONLY ONE** member to register and pay for the WHOLE team on Feislink. **THAT TEAM MEMBER MUST WEAR THEIR NUMBER FOR THE TEAM COMPETITION.** We are accepting ONE rate for the entire team. We recommend that teams organize their finances collaboratively.

2-HAND: \$30.00, 3-HAND:\$45.00, 4-HAND:60.00, 6-HAND: \$90.00, 8-HAND: \$120

4-hand reel/jig from Ar Rinci Ceili – 2-hand/3-hand length: 8 bar intro, plus 48 bars.

Medals are awarded to a percentage of placements in all competitions.

	Under 10	Under 12	Under 15	15 & over	Adult
2-Hand	F10-2	F12-2	F15-2	F99-2	FM99-2
3-Hand	F10-3	F12-3	F15-3	F99-3	FM99-3
4-Hand	F10-4	F12-4	F15-4	F99-4	FM99-4
6-Hand	F10-6	F12-6	F15-6	F99-6	FM99-6
8-Hand	F10-8	F12-8	F15-8	F99-8	FM99-8

**A competitor may compete in no more than two different age groups for any one category (4-hand, 8-hand, etc.)*

**6-Hand and 8-Hand must be offered from September 1st until the Oireachtas in each age group.*

TIR NA NOG – \$5.00		ART CONTEST- \$ 7.00
Open to pre-beginners. Dancers cannot be entered in any other competition. <u>No makeup or wigs</u> . No costumes or dancing shoes are required.		Participants must submit art by 8:30 of Feis day. Size to be no larger than A3. Topic: Ireland . All mediums accepted.
Under 6	TNN	Open

BEGINNER COMPETITIONS - \$15.00 per dance				
Medals are awarded to a percentage of placements in all competitions.				
	<i>Reel 122</i>	<i>Light Jig 115</i>	<i>Slip Jig 122</i>	<i>Single Jig 124</i>
Under 5	B5R	B5L	B5S	B5X
Under 6	B6R	B6L	B6S	B6X
Under 7	B7R	B7L	B7S	B7X
Under 8	B8R	B8L	B8S	B8X
Under 9	B9R	B9L	B9S	B9X
Under 10	B10R	B10L	B10S	B10X
Under 11	B11R	B11L	B11S	B11X
Under 12	B12R	B12L	B12S	B12X
12+over	B99R	B99L	B99S	B99X

ADVANCED BEGINNER COMPETITIONS - \$15.00 per dance							
Medals are awarded to a percentage of placements in all competitions.							
	<i>Reel 122</i>	<i>Light Jig 115</i>	<i>Slip Jig 122</i>	<i>Single Jig 124</i>	<i>Treble Jig 92</i>	<i>Hornpipe 138</i>	<i>St. Pats Day 94</i>
Under 6	A6R	A6L	A6S	A6X	A6T	A6H	A6P
Under 8	A8R	A8L	A8S	A8X	A8T	A8H	A8P
Under 10	A10R	A10L	A10S	A10X	A10T	A10H	A10P
Under 12	A12R	A12L	A12S	A12X	A12T	A12H	A12P
12+over	A99R	A99L	A99S	A99X	A99T	A99H	A99P

NOVICE COMPETITIONS - \$15.00 per dance						
Trad Set dances include: Blackbird (144) Garden of Daisies (138), Job of Journeywork (138), Jockey to the Fair (90), King of the Fairies (130), St. Patrick's Day (94), Three Sea Captains (96). Medals are awarded to a percentage of placements in all competitions.						
	<i>Reel 113</i>	<i>Light Jig 115</i>	<i>Slip Jig 113</i>	<i>Treble Jig 92 / 73</i>	<i>Hornpipe 138 / 113</i>	<i>Traditional Set</i>
Under 8	N8R	N8L	N8S	N8T	N8H	N8D
Under 10	N10R	N10L	N10S	N10T	N10H	N10D
Under 12	N12R	N12L	N12S	N12T	N12H	N12D
Under 14	N14R	N14L	N14S	N14T	N14H	N14D
14+over	N99R	N99L	N99S	N99T	N99H	N99D

PRIZEWINNER COMPETITIONS - \$15.00 per dance

Trad set dances include: Blackbird (144) Garden of Daisies (138), Job of Journeywork (138), Jockey to the Fair (90), King of the Fairies (130), St. Patrick's Day (94), Three Sea Captains (96). A trophy is awarded to first-place winners. Medals will be awarded to the chosen percentage of placements in all competitions

	<i>Reel 113</i>	<i>Slip Jig 113</i>	<i>Treble Jig 92/73</i>	<i>Hornpipe 138/113</i>	<i>Traditional Set</i>
Under 10	P10R	P10S	P10T	P10H	P10D
Under 12	P12R	P12S	P12T	P12H	P12D
Under 14	P14R	P14S	P14T	P14H	P14D
14+over	P99R	P99S	P99T	P99H	P99D

PRIZEWINNER CONTEMPORARY SET - \$15.00

A trophy is awarded to first-place winners. Medals will be awarded to the chosen percentage of placements in all competitions. U8 & U9 dancers are not eligible to compete in this category. At the time of entry, dancers must be registered/or will be registered for the Prizewinner Grades in at least 3 of the following dances: Reel, Slip Jig, Treble Jig, or Hornpipe.

Under 10	P10C
Under 12	P12C
12+over	P99C

**Prizewinner contemporary set list- as per Clrg Championship Set list.*

ADULT GRADES

Please refer to dancing rules D7, D8, and E7.

ADULT BEGINNER / ADVANCED BEGINNER - \$15.00 each

Medals will be awarded to the competition's chosen percentage .

<i>Reel 122</i>	<i>Light Jig 115</i>	<i>Slip Jig 122</i>	<i>Single Jig 124</i>	<i>Treble Jig 92</i>	<i>Hornpipe 138</i>	<i>St. Patrick's Day 94</i>	
M99R	M99L	M99S	M99X	M99T	M99H	M99P	

ADULT NOVICE/PRIZEWINNER - \$15.00 each

Medals will be awarded to a chosen percentage. Trad sets include Blackbird (144), Garden of Daisies (138), Job of Journeywork (138), Jockey to the Fair (90), King of the Fairies (130), St. Patrick's Day (94), Three Sea Captains (96).

<i>Reel 113</i>	<i>Light Jig 115</i>	<i>Slip Jig 113</i>	<i>Single Jig 124</i>	<i>Treble Jig 92</i>	<i>Hornpipe 138</i>	<i>Trad Set</i>	
M99R-2	M99L-2	M99S-2	M99X-2	M99T-2	M99H-2	M99P-2	

**Adult age group 18 and over as per the amendment to the rules, April 2024.*

ADULT CHAMPIONSHIPS – \$65.00

Three rounds. Please refer to the dancing rules D7, D8, E. **Sashes will be awarded for 1st, 2nd and 3rd places ONLY.** Trophies will be awarded to the top 5 dancers. Medals will be awarded to the remainder of the competition's chosen percentage.

ADULT CHAMPIONSHIPS

Reel or Slip Jig (113), Treble Jig (73) or Hornpipe (113) and Traditional Set Dance of choice: Blackbird (144) Garden of Daisies (138), Job of Journeywork (138), Jockey to the Fair (90), King of the Fairies (130), St. Patrick's Day (94), Three Sea Captains (96).

M99C

The Crown & Rose
Adult Perpetual**ADVANCED ADULT CHAMPIONSHIPS**

Reel or Slip Jig (113), Treble Jig (73) or Hornpipe (113) and Set Dance of choice

M99CA

The Crown & Rose
Advanced Adult
Perpetual

*Adult age group 18 and over as per the amendment to rules April 2024.

**Round awards will be awarded to the top three dancers according to the results of TWO separate Adjudication

PRELIMINARY CHAMPIONSHIP - \$55.00

Sashes will be awarded to 1st, 2nd, and 3rd place ONLY. Trophies will be awarded to the top 5 dancers. Medals will be awarded to the remainder of the competition's chosen percentage. Awards will differ in the Set competitions. Specify: Reel (113 bpm)/Slip Jig (113 bpm) and Treble Jig (73 bpm)/Hornpipe (113 bpm).

Preliminary Championships \$55.00		Preliminary Championships Sets \$15.00	
Under 9	PC9 Perpetual Trophy	Under 9 Trad. Set	PC9S
Under 10	PC10 Perpetual Trophy	Under 10	PC10S
Under 12	PC12 Perpetual Trophy	Under 12	PC12S
Under 14	PC14 Perpetual Trophy	Under 14	PC14S
Under 16	PC16 Perpetual Trophy	Under 16	PC16S
16 +over	PC99 Perpetual Trophy	16 +over	PC99S

* Round awards will be awarded to the top three dancers according to the results of TWO separate Adjudicators

* In the case of double age groups, Perpetual trophies will be awarded to the winner in the category danced, regardless of age.

PRELIMINARY SECOND CHANCE CHAMPIONSHIP - \$55.00

Sashes will be awarded 1st, 2nd, and 3rd place ONLY. Trophies will be awarded to the top 5 dancers. Medals will be awarded to the remainder of the competition's chosen percentage. Specify: Reel (113 bpm)/Slip Jig (113 bpm) and Treble Jig (73 bpm)/Hornpipe (113 bpm).

Preliminary Championships

Under 9	PC9-2
Under 10	PC10-2
Under 12	PC12-2
Under 14	PC14-2
Under 16	PC16-2
16 +over	PC99-2

* Round awards will be awarded to the top three dancers according to the results of TWO separate Adjudicators

* In the case of double age groups, Perpetual trophies will be awarded to the winner in the category danced, regardless of age.

OPEN CHAMPIONSHIP - \$65

Sashes will be awarded to 1st, 2nd, and 3rd places ONLY. Trophies will be awarded to the top 5 dancers. Medals will be awarded to the remainder of the competition's chosen percentage. Three rounds: hard shoe/soft shoe/set dance. Specify: Reel (113 bpm)/Slip Jig (113 bpm) and Treble Jig (73 bpm)/Hornpipe (113 bpm).

Under 9	C9	The Fearon Perpetual Trophy, 2024
Under 10	C10	The Penner Cup, 2002
Under 12	C12	The Carmel Quinn Perpetual Trophy, 2003
Under 14	C14	The Mary Stirling Yates Memorial Trophy, 2000
Under 16	C16	The Mae and Paddy Butler Perpetual Trophy, 1996
Under 18	C18	The Doyle Girls Perpetual Trophy, 1999
18+over	C99	The Pat King Perpetual Trophy, 2023

* U9 Competition cannot be combined with U10

* Round awards will be awarded to the top three dancers according to the results of TWO separate Adjudicators

* In the case of double age groups, Perpetual trophies will be awarded to the winner in the category danced, regardless of age.

IDTAC-E DANCING COMPETITION RULES

Amended: 3 December 2006; 27 January 2008, 6 November 2008, 10 August 2011, 23 November 2011, 4 December 2013, 13 November 2014, 30 December 2016, 2 May 2017, 29 April 2018, 28 April 2019, 28 January 2021, 3 October 2021, 1 January 2024, 1 August 2024, 1 January 2025, 22 May 2025.

IDTAC-ER DANCING COMPETITION RULES: REGISTRATION PROCEDURES

- A1. Entries for dancing competitions are confined to pupils of accredited Irish Dancing teachers who are registered with An Coimisiún le Rinci Gaelacha, and any additional regional bodies as required (based on residency). There are no such requirements for entries in art, music, soda bread etc.
- A2. In the case of all solo and team competitions at all levels, the age of a competitor on the 1st of January in the year in which the competition is held will determine the right of entry. For the purposes of this rule, a competitor whose birthday occurs on the 1st of January shall be deemed to be under the age attained on that date.
- A3. All dancers must compete in their own age group. Exceptions may be made to compete in a higher age group (specials, team events) but it is never permissible to compete in a lower age group. Proof of age may be requested in order to participate. Falsification of documents will result in disqualification from said event, with possible additional repercussions.
- A4. Individuals holding TCRG, ADCRG, BG, SDCRG or TMRF status are not eligible to participate in any dance events.
- A5. Dancers undertaking a six-month re-styling period are not permitted to participate. It is the responsibility of the dancer/legal guardian to ensure eligibility by confirming with the dancer's teacher(s).
- A6. Grade-level dancers may not also compete in Preliminary or Open Championship level events and vice-versa, but may compete in team events, plus supplemental competitions corresponding to their level.
- A7. The Feis Committee has the right to reject any entry for cause, to cancel all or part of the feis and/or to limit, merge or split competitions. The Feis Committee has the right to approve or deny requests for changes to entries on the day of the feis and/or to charge processing fees for same. The decision of the feis committee shall be final in all such matters.
- A8. The Feis Committee (and any organization affiliated with same including, but not limited to the IDTAC-ER), will not be held responsible for personal injury, property loss/damage or any other incident as a result of participating in the event.
- A9. Participants and/or their families who do not wish for their child's name to appear on published registration lists must contact the Feis Committee to make such arrangements. The Feis Committee must honour all requests received within a reasonable time frame prior to the commencement of the feis. It is the responsibility of the person making the request to ensure it has been successfully carried out. Eastern Canada Regional Syllabus
- A10. Feis Committees must ensure that all necessary steps to protect identification data of the participants are taken by the registration/tabulation company.

COMPETITION MERGERS & SPLITS

- B1. All competitions need five or more participants to warrant achievements to count toward advancement of levels, so competitions may need to be combined to facilitate this process. See DEFINITION OF LEVELS for more information on advancing levels.
- B2. Merging of competitions occurs ONLY with the next higher age group and never with a lower age group. A competition with a satisfactory number of entries may not be merged in order to make the next highest age group have enough participants to "count". B3. Double-age groups cannot be merged with another double-age group; therefore, only two single- age groups may be combined.
- B4. It is also not permitted to merge three single-age groups, however, permission from the Regional Director may be requested for the oldest age groups of a particular level.
- B5. Splitting of grade-level competitions must occur at 15 entries. Splitting of Preliminary and Open Championship competitions must occur at 25 entries. In all cases, double-age competitions shall be split to single age groups, while single-age group competitions shall be split at random into two groups.
- B6. Competitions not reaching the threshold noted above may not be split.
- B7. Open Championship Under 9 may NOT be combined with Under 11, unless there is only one entry, in which case it must be combined with Under 11 to provide some competition for the Under 9 dancer.
- B8. Entries received after splits/mergers have been approved by the Feis Liaison and published by the Feis Committee shall not require further adjustments (effective Jan 1 2017).

ADJUDICATORS/MUSICIANS

- C1. Only persons currently registered with ADCRG certification from An Coimisiún le Rinci Gaelacha can adjudicate dancing competitions. Feis Committees must ensure that adjudicators are current with CLRG mandates related to Vetting and Child Protection Course certification before being contracted.
- C2. Adjudicators must declare any potential adjudication conflicts when contracted. It is the shared responsibility of the adjudicator and the Feis Committee to ensure that the adjudicator is assigned only to competitions without adjudication conflicts. Eastern Canada Regional Syllabus
- C3. Adjudicators and musicians shall be paid fees at current IDTANA rates, payable in US Dollars or, at the discretion of the Feis Committee, the Canadian Dollar equivalent using the exchange rate of the most recent business day prior to the commencement of the event.
- C4. In matters pertaining to adjudication, the decision of the adjudicators is final.
- C5. Adjudicators are responsible for ensuring the tempos played by the musician meet the requirements of this syllabus, therefore, Feis Committees are required to provide all engaged adjudications with syllabus requirements such as: the rules, lengths of dances and speed requirements.
- C6. Feis Committees are requested to list adjudicators on their syllabus. If adjudicators are not listed on the syllabus, they must be posted on the Feis website/social media a minimum of 30 days prior to registration closing for the Feis. Adjudicators names should not be removed once registration closes.
- C7. At least three adjudicators must be utilized for Preliminary and Open Championship competitions to serve as a set panel. Should a feis committee wish to offer an alternate format of judging, such as rotating panels, permission must be granted from the Regional Director. Such requests must be made in writing to the Regional Director a minimum of one (1) month in advance of the anticipated publication date of the syllabus.
- C8. Live music played by accomplished feis musicians is required for every competitor.

DEFINITION OF LEVELS

- D1. Beginner Grade: A Beginner is a competitor who has not yet taken a full year of Irish Dance lessons from a registered teacher, thereby giving Beginners a full year with such status. A Beginner must move into the Advanced Beginner category the following year. See COSTUME RULES for more information.
- D2. Advanced Beginner Grade: An Advanced Beginner dancer has at least one year's experience in Irish dancing, and no longer competes at the Beginner level. At this level, dancers begin to compete hard shoe dances (at traditional speeds), including the Traditional Set Dance called St. Patrick's Day. See ADVANCEMENT OF LEVELS and COSTUME RULES for more information.
- D3. Novice Grade: A Novice dancer is someone who has won the necessary medals in Advanced Beginner in some or all of the required dances. It is possible to participate in more than one level, however not for the same dance. At the Novice level, the speed for soft shoe dances is slower than in Advanced Beginner, and there is a choice of speed for hard shoe dances. Additionally, dancers can choose from the list of seven Traditional Set Dances to expand their knowledge. See ADVANCEMENT OF LEVELS and COSTUME RULES for more information.
- D4. Prizewinner Grade: A Prizewinner dancer is someone who has won the necessary medals in Novice in some or all of the required dances, meaning it is possible to participate in both levels, however not for Eastern Canada Regional Syllabus the same dance. At this level, the dancer typically focuses on the four main solo dances (reel, slip jig, treble jig and hornpipe) and may start to learn a set dance at contemporary speed in addition to traditional speed set dances. There is no mandate that a dancer MUST advance to Preliminary Championship after achieving the required wins. The time to advance is at the discretion of the dancer's teacher. See ADVANCEMENT OF LEVELS and COSTUME RULES for more information.
- D5. Preliminary Championship: Dancers who have successfully graduated from the grade levels shall advance to Preliminary Championship. This level may not be skipped over in favour of advancing straight to Open Championship. At this level, dancers choose one soft shoe dance and one hard shoe dance to compete in a single competition before three adjudicators on a larger stage. The length of the dances is longer than in the grade levels. Overall placements are awarded based on combined scores from all adjudicators. See ADVANCEMENT OF LEVELS and COSTUME RULES for more information.
- D6. Open Championship: Dancers who have successfully met the advancement requirements for Preliminary Championship shall register for Open Championship. The Open Championship format is similar to that of Preliminary Championship; however, three dances are performed in Open Championship. Dancers who have not placed in Open Championship for a period of two years may return to Preliminary Championship (excluding dancers who have placed first, second or third over any period of time). Dancers availing of this opportunity will have to win their way back into Open Championship. See ADVANCEMENT OF LEVELS and COSTUME RULES for more information.
- D7. Competitions for Adult dancers are to be offered at 4 levels: Adult Beginner/Advanced Beginner, Adult Novice/Prizewinner, Adult Championship, and Advanced Adult Championship. In each instance, an Adult Dancer must be at least 18 years of age or older. An Adult Beginner/Advanced Beginner must never have competed as a juvenile and may compete in hard shoe dances at traditional speeds only. An Adult Novice/Prizewinner dancer must not have competed as a juvenile during the previous five (5) years and must be offered a choice of speed for hard shoe dances (Treble Jig and Hornpipe), along with the full list of Traditional Set Dances. An Adult Championship dancer must not have competed as a juvenile during the previous five (5) years and must be offered a choice of the full list of Traditional Set Dances. A Contemporary Set Dance competition may not be offered at any level. An Advanced Adult Championship dancer is an adult dancer who has previously placed in the top three of a Preliminary Championship or competed in Open Championship levels in the youth/& over levels regardless of when the competitor was active. Once a dancer begins competing in Advanced Adult, they may not return to youth/& over.
- D8. Dancers who are eligible to compete as Adult Beginner/Advanced Beginner, Adult Novice/Prizewinner, or Adult Championship under Rule D7 may choose to compete in the non-Adult 99 age groups for Beginner, Advanced Beginner, Novice, Prizewinner, Preliminary Championships or Open Championships, per the qualifying rules for those levels, but may not return to Adult Beginner/Advanced Beginner, Adult Novice/Prizewinner, or Adult Championship for a period of five (5) years.

ADVANCEMENT OF LEVELS

- E1. At least five (5) participants (not entries) are required for advancement to the next higher level.
- E2. For Advanced Beginner, a first/second/third will warrant advancement to the Novice level.
- E3. For the Novice and Prizewinner levels, only a first-place warrants advancement.
- E4. Dancers who win a first place in at least one Prizewinner soft shoe (Reel or Slip Jig) plus one Prizewinner hard shoe (Treble Jig or Hornpipe) will be eligible to advance to Preliminary Championships.
- E5. Dancers who win first place in two eligible Preliminary Championship competitions (with five competitors or more) in the same calendar year must advance to Open Championship in the following year. However, if the second win is achieved in a different calendar year, then the dancer must advance to Open Championship at their next competition. If their next competition is to be held on the same weekend as that second win, then they shall not be required to advance levels until the following weekend.
- E6. Placing in a regional or national Oireachtas does not affect one's status as feiseanna.
- E7. For Adult competitions, advancement to be at teacher's discretion.

DANCING RULES

- F1. Any unauthorized visible or audible coaching (by a parent, teacher or anyone else) to a dancer who is competing on stage, may disqualify that dancer from that competition. The Feis Committee is encouraged to provide a knowledgeable volunteer to assist beginners (and other less experienced dancers) with coaching to know when to start dancing. However, once the dancer commences, no more counting/coaching will be permitted.
- F2. No block/"en Pointe"/toe-walking movements, stationary or moving, are allowed to be performed for dancers competing up to and including the under 12 age group, in any level. After September 1 of each year an exception is made for those dancers who are 11 years of age and competing in the under 12 age group.
- F3. All dancers up to and including U9 in any level may not compete a Set Dance at contemporary speed. Participants in Open Championship shall dance their Traditional Set Dance on stage one-at-a-time, whereas participants in grade-level competitions and in Preliminary Championships shall dance their Traditional Set Dance two (or three)-at-a time, at the discretion of the Feis Committee (and subject to the rules governing stage sizes). Eastern Canada Regional Syllabus
- F4. Dancers finishing ahead of the required part of music and/or not completing the required number of steps shall be deemed to have not completed the dance and will be marked accordingly.
- F5. Stages for grade level and team competitions must be at least 20' wide x 16' deep, and in order to run competitions three-at-a-time, stages must be at least 24' wide x 20' deep.
- F6. Stages for Preliminary and Open Championship competitions must be at least 24' wide x 20' deep, and in order to run competitions three-at-a-time, stages must be at least 32' wide x 24' deep.
- F7. Stages may not be either on bare concrete or cement, or with rolled out flooring overtop.

F8. Awards should be a minimum of 40%, based on the number of participants. Feis Committees are encouraged to ensure that situations are avoided where, due to ties or otherwise, one dancer is left out of a result, and that all Beginner level participants receive at least one award.

F9. Teachers or team captains are responsible to ensure that their teams are complete and in position when the competition is announced. Team competitors may compete in the next higher age group but never in a lower age group. A competitor may compete in no more than two different age groups for any one category (4-hand, 8-hand, etc.)

F10. Competitions may be closed at the discretion of the Feis Committee if there are no competitors at the assigned stage ready to compete when the competition is scheduled or announced. Dancers involved in stage conflicts should notify (or send a representative to notify) the stage manager for each stage so an accommodation can be made.

F11. Dancers are expected to be ready in advance of the start of the competition. Championship dancers (Prelim, Open, Adult, Advanced Adult) anticipating their round may be missed are expected to notify stagehand in advance. Dancers failing to complete their rotation may receive zero points and may be disqualified from the competition. At the discretion of the adjudicator, the dancer may be permitted to dance without receiving a mark for that round and the dancer is permitted to complete the remaining rounds & receive marks.

COSTUME RULES

G1. The costume for Beginner and Advanced Beginner level dancers may consist only of a skirt and blouse/leotard (or shirt and trousers for boys) or an official school costume. Solo costumes are not permitted at these levels.

G2. Novice, Prizewinner, Preliminary Championship and Open Championship level dancers are permitted to choose a "solo" costume, subject to the current directives of CLRG, but may also wear a School Costume. Costumes must adhere to modesty and decency in terms of length, fit and fabric. Eastern Canada Regional Syllabus

G3. Shorts or any other unconventional dresses/costumes are strictly prohibited, unless expressly permitted under these rules or the rules of a special category (e.g., charity treble reel).

G4. Where costumes are deemed to be too short, an adjudicator may insist that tights of a denier not less than 70 must be worn by the dancer. The adjudicator shall notify the Stage Manager or Feis Committee representative in a discreet manner, who in turn must handle the situation tactfully.

G5. All dancers aged 14 and older competing in what is commonly referred to as "all-black" or "black-out" attire (irrespective of the actual colour of the outfit) must wear tights of a denier not less than 70.

G6. Makeup (including facial tanner) is not permitted on dancers in Beginner and Advanced Beginner levels, up to and including the under 12 age group. G7. Makeup (including facial tanner) is prohibited on dancers in Novice, Prizewinner, Preliminary Championships and Open Championships up to and including the under 10 age group.

G8. Dancers using artificial carriage aids will be subject to disqualification from that particular competition. Medically prescribed aids (proof of which may be required) will exempt dancers from this rule.

G9. Dancers must wear an official competitor's number when performing in all competitions. The use of reflective plastic number covers is discouraged because it can be difficult for adjudicators to see the number in certain lighting conditions.

G10. All dancers (solo and teams) must be in full costume and Irish dance shoes for award presentations.

FEIS GUIDELINES

H1. No one other than the Feis Committee may approach an adjudicator during the competition day, and no one may approach an adjudicator while dancers are performing.

H2. Feiseanna must read the statement "No one other than the Feis Committee may approach an adjudicator during the competition day, and no one may approach an adjudicator while dancers are performing", once in the morning (recommended after anthems are performed), and once after lunch.

H3. Adjudicators can keep stationary (pens, paper, calculator, etc.) on the table. All other items should be under the table/in a purse while competitions are in progress.

H4. Adjudicators must not use cell phones, smart watches, or other transmitting devices while at the judge's table.

H5. TCRG who are practicing judging must not practice adjudicating any competitions (meaning individual competitions, not the entire event) where their own dancers are entered. Eastern Canada Regional Syllabus

H6. Only committee members and volunteers are allowed in tabulation.

OTHER

J1. If a rule is not specifically listed in the feis syllabus, the rules of the Eastern Canada Regional Syllabus shall preside.

J2. A competitor may be disqualified for any of the following reasons: a) Unbecoming conduct. b) Failure to report on time to compete. (Penalty: disqualification from said event) c) Falsification of age or other important facts – i.e., teaching, award winning, competing under another competitor's name or number, etc.

J3. In consideration of safety and in fairness to dancers performing at a Feis, photography of any kind which has the capability of capturing a dancer's image while in motion is strictly forbidden. A Feis may elect to allow in motion photography for publicity purposes, but the pictures are considered the sole property of the Feis and solely for Feis use only; these are not to be used for personal gain through commercial use or sale, and under no circumstances can they be published on any website or other areas, without the express written permission of the persons involved. Additionally, a professional photographer may be formally contracted by a Feis to capture non-motion photographs, such as portrait photography, awards ceremonies, etc. and/or in motion photography provided it is taken at a vendor station or suitable location: (a) away from the dancing stages and, (b) requested by a consenting parent, guardian, or dancer (over the age of 18). **END**