

2023 QUEENSLAND STATE CHAMPIONSHIPS

(Registered with An Coimisiún le Rincí Gaelacha, Dublin and AIDA Inc.)
Registration Number – 1303/23

SYLLABUS



Sunnybank Performing Arts and Cultural Centre
470 McCullough Street, Sunnybank QLD 4109

Friday 28 July – Sunday 30 July 2023

ADJUDICATORS

Cathy O'Neill ADCRG (Christchurch, New Zealand)
Lara Donelan Upton ADCRG (Western Australia, Australia)
Gabrielle Hall SDCRG (Victoria, Australia)

MUSICIANS

Stephen Carolan ADCRG (Gold Coast, Australia)
Jack Memaris (Brisbane, Australia)

ENTRY FEES

Solo Championship -	\$80.00 per entry
Family Levy/Admission Fee -	\$20.00
Teams -	\$10.00 per Dancer/per Team
Memorial Traditional Set -	\$15.00
Official Printed Program -	\$10.00 (To be ordered at time of Entries)

KEY DATES

- 1 June All participating Dancers must be registered with AIDA Inc.
- **14 June Entries Close**
- **14 June Full entry fees due as per the entries submitted**
- 22 July Name and date of birth of team changes must be furnished to Organising Committee
- 22 July Choreography music to be submitted

LODGEMENT OF ENTRIES

Entries to be completed through the Online Google Sheet

1. In order for entries to be accepted:
 - A. Competitors must be pupils of teachers who at the date of entry are registered with An Coimisiún Le Rincí Gaelacha (CLRG) for the year 2023/2024, and who are financial members of AIDA Inc. for 2023; and financial members of AIDA QLD 2023;
 - B. Competitors must be fully registered with AIDA Inc. (A completed 2023 National Dancer Registration) by 1 June 2023, along with a completed Qld Indemnity Form & Birth Certificate.
 - C. Competitors must not on the date(s) of their competitions(s) be ineligible to compete due to any rule; and
 - D. Competitors must have been formally entered and entry fees paid in full by the official closing date.
2. Entries are to be submitted through the online entry form (link to be emailed) from the registered teacher, by the due date. A copy of the payment receipt should also be emailed to AIDA Qld Treasurer at treasureraidaqlid@outlook.com
3. Entry money, as per entries submitted on the due date, is to be paid directly into the AIDA Qld. Inc. Bank Account either by Bank Deposit or Internet Banking. No cheques will be accepted. A copy of the deposit receipt is to be forwarded to the AIDA Qld Treasurer as per above.
Commonwealth Bank - AIDA Qld. Inc
BSB – **064 136**
Account number – **00903696**,
4. **LATE ENTRIES** will **only** be accepted up to 1 week after the closing date with double entry fees. After this date, any late or incomplete entries will **NOT** be accepted and **WILL** be returned to the teacher/s.
5. Dancers Registration Number must be listed on the entry form.
6. All competitors must abide by the Championship Rules and the AIDA Qld. Inc. Rules and Regulations. Conditions of Entry, Solo Dancing, and General Conditions.
7. Entry Fees once paid are NON-REFUNDABLE for the 2023 Qld State Championship.
8. The age of a competitor shall be taken as on 1st January 2023.
9. Choreography music is to be submitted to Stephen Carolan ADCRG - scarolan3@gmail.com by **22 July 2023**.

RULES OF THE CHAMPIONSHIP

The following rules should be read in light of the AIDA Mission statement, the objective of which is to encourage good sportsmanship in a healthy, positive and fair spirited environment. This objective should be upheld by ALL teachers, dancers, parents and spectators at all events.

AIDA QLD has a Child Protection Policy (CPP) that is available for review by parents Guardians etc. If you wish to view this CPP please see a feis organiser or your teacher.

1. Competitors must be pupils of Registered Teachers with An Coimisiun Le Rinci Gaelacha. Dancers who are resident in Australia are required to be registered with AIDA Inc for the year 2023.
2. Dancers must reside within the Queensland region and will be required to fulfil the requirements, enabling them to compete, as set down by AIDA Qld Inc and proof of age must also have been ascertained.
3. Entries must be submitted on the official entry form and fees paid by the due date. **Late entries will be accepted at double the entry fee up to one week after the official closing date.**
4. All competitors must be ready to commence their section at least 30 minutes prior to the scheduled start time. The Feis organising committee has the right to commence sections up to 30 minutes prior to the advertised start time.
5. It is the competitor's responsibility to be in the marshalling area when called, otherwise they may miss their event.
6. The association reserves the right to amend the order of dancers at any time.
7. In the case of a tie, there will be no dance off. Competitors in the next position will move back a place.
8. Competitors will be required to dance to music supplied by the association. Teachers are permitted to supply their own music for Choreography & Figure Dance events only.
9. If there is a problem with music, either manual or recorded, the dancer will be permitted to re-dance.
10. If a dancer loses a heel, a complete shoe or has an open lace, he/she may stand back allowing the other dancer to continue dancing uninhibited. Such a dancer will then be allowed to re-dance.
11. Should a dancer fall on stage, whether in solos or in teams, the adjudicator MUST ring the bell to stop the performance of the dancer(s). Dancers so affected will be permitted to re-dance and will be marked then at the discretion of each individual adjudicator.
12. Should a dancer slip, bump into another dancer or have a costume malfunction whether in solos or in teams, the bell will be rung at the discretion of the adjudicators to stop the performance of the dancer(s). Dancers so affected will be permitted to re-dance and will be marked then at the discretion of each individual adjudicator.
13. If a dancer falls during the last 8 bars of any performance, then he/she will only be required to dance the last 16 bars of that dance again at a time convenient to both the dancers and the stage stewards.
14. A competitor must not walk off the stage during a performance unless instructed to do so by an adjudicator. A dancer who dismisses themselves from the stage, without the permission of an adjudicator, will not be marked for that particular dance.
15. If at any stage during a performance on stage an adjudicator feels that, due to the health and safety of a performer on stage that the performance should be stopped, the adjudicator must ring the bell.
16. Respect for fellow competitors on stage is a requirement at all times. Lack of respect or courtesy for fellow competitors by aggressive dancing on stage will be subject to penalty at the discretion of each individual adjudicator.

- 17.** Where a dancer fails to complete his/her performance in any given round, in a Regional Qualifying Championship, that dancer is to be given zero marks and zero points by each adjudicator for that round. As a courtesy, they will be allowed to dance the remaining rounds and whilst they will receive marks from each adjudicator they will automatically receive ZERO points and cannot appear in a prize winning position.
Definition of complete means that all bars as outlined in the syllabus are danced without any stops. Choreographed pauses in steps are permitted.
- 18.** In all competitions in heavy dances (ie, Jig and Hornpipe) the lead round must be danced on both the right and left foot.
- 19.** No block, en point, stationary or moving is allowed to be performed for all ages up to and including the 11 years and under age groups.
- 20.** Number of Dancers on stage. The following is the maximum number of dancers to dance onstage at any one time:
Soft shoe - 3 dancers per dance up to and including 12 years and 2 dancers per dance from 13 years and over;
Hard shoe - 3 dancers per dance from 9 years up to 14 years, with 2 dancers at a time from 15 years & up. Dancers 8 Years & under will dance two at a time for their heavy round. If there are three at the end of the section, they will dance together. This is subject to change depending on the size of the venue and at the discretion of the organising committee.
- 21.** Costume Length: Length of costumes must adhere to principles of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty may ask a competitor to change into black tights (of a denier not less than 70 per cent) in order for the dancer to continue in the competition. When wearing body suits with skirts (commonly known as black-out attire) black tights (of a denier less than 70) must be worn from the age of 14 and above.
- 22.** Costume dress necklines must be of collar-bone level or above. This does not preclude the use of alternative fabrics; e.g., lace as an insert.
- 23.** Where chiffon or lace material is used as sleeves, the sleeves must start at the shoulder line and end at the cuff.
- 24.** Appropriate underwear, covering the midriff, must be worn. Where tights are worn they must be of a denier not less than 70.
- 25.** Dancers of age 9 years and under are not permitted to wear Make-up (including false eyelashes and / or tanner on the face) in either solo or team (ceili / choreography) competitions unless they are dancing in a higher age group. They are however permitted tanning products on their legs.
- 26.** The use of artificial arm aids are not permitted
- 27.** In accordance with our obligations under the Protection policy, dancers are reminded to wear appropriate clothing at all times whilst at the Feis (especially in the auditorium area). NB This means that shorts / skirt must be worn over leotards at all times.
- 28.** If selling used dresses at any AIDA Feis, the dancer / parent needs to purchase a permit to be able to display the dress at the feis. The fee will be \$20 for a permit. This fee is per dress and the permit will continue to be valid to display the costume at every AIDA feis until this Costume is sold.
- 29.** The decision of the adjudicator is final. Any protests are to be directed in writing to the Feis organisers, accompanied by a fee of \$100.00, to be forfeited if the objection is over-ruled. An adjudicator cannot make a decision that would over-ride any written rule contained in the syllabus
- 30.** To receive prizes or awards, competitors must be in full dancing costume including shoes.
- 31.** All perpetual trophies must be returned in good condition by the person who won the trophy or by their representative to the nominated AIDA Qld. representative at least by the start of the session in which the event is being competed for. Responsibility for the loss and/or damage to any Perpetual trophies is as stated in the agreement signed at the time of presentation

32. Competitors enter at their own risk regarding injury. AIDA QLD Inc will not accept any liability for injuries sustained. Lodgement of an entry will be deemed to be an acceptance of this provision by a dancer.
33. The Association will not enter into any correspondence with parents or non-parents concerning the organisation and procedure at a Feis unless these matters are put in writing and presented at an AIDA QLD Meeting.
34. Lodgement of an entry shall be taken to signify that the Teacher, Parent and Pupils concerned accept these rules in full and agree to strictly abide by them.
35. 2023 Queensland State Championships as a World Qualifying event, will be run in accordance with directives outlined by CLRG as per 2023 World Championships in relation to, but not limited to the distribution of the Competitor Numbers in each Championship.

PHOTOGRAPHY POLICY

Any form of unauthorised photography which has the capability to capture a dancer's image whilst in motion, using electronic or manual means (e.g. mobile phone, standard camera, video camcorder, commercial film) with or without enhancement, is expressly forbidden.

AIDA Inc. (QLD) may appoint an official photographer for the Championships who will take photographs of competitors, competitions and presentations. Such photographs and videos may be subsequently used for the marketing and promotional purposes of the organisation including the publication of such photographs on the official website www.aidainc.com or www.clrq.ie and AIDA Inc. or CLRG social media outlets.

AIDA Inc (QLD) may also appoint other agents during the course of the Championships for special promotional projects and reserves the right to permit suitably accredited photo-journalists to take photographs on a case by case basis. Should any dancer or dancer's parent or guardian wish to be excluded from any of these photographs, please contact any member of the Organising Committee with relevant details.

Please note: that other than the photographs taken by an official photographer, authorised agents of AIDA Inc(QLD) or accredited photo journalists, all photographs captured at the event including images of competitors and presentations may only be taken for personal use. They may not be redistributed, sold, lent or passed on to third parties. They may also not be used for commercial purposes or used in any publication or posted to any website without the express written permission of AIDA Inc.(QLD) and the parents or guardians of all dancers included in any particular picture.

SOLO CHAMPIONSHIPS RULES AND DIRECTIVES

1. The required dances for each solo championship are set out on Page 7.
2. All set dances must be from the official list and be performed within the specified speeds (Page 8).
3. In all championship sections competitors will dance the heavy dance first with the exception of the 6 & Under Mixed Championship competitors who will dance their Light Jig first.
4. Dancers will dance 48 bars in the Reel and Heavy Jig, 40 bars in the Slip Jig and Hornpipe, with the exception of the Sub Minor Championships where competitors will dance 32 bars of Jig, and a Traditional Set Dance comprising first step and right foot of the Set.
5. 6 Years & under competitors will dance 48 bars in all three dances (i.e., Reel, Light Jig & Single Jig).
6. In the 6 & Under Mixed Championship there will be a choice of speed for the reel in either 113, 116 or 122. Those dancers presenting to the marshalling area will need to advise the speed for their reel. Competitors will dance the Light Jig and Single Jig for their first two rounds. The third round for the Reel will be danced in numerical order in groups of the same speed commencing with the speed relevant to the starting number followed by the speed relevant to the next closest number to the starting number and continuing in like manner until all three Reel speeds have been danced.
7. Where the final round of a Championship is a Traditional Set dance that round will be danced in numerical order in groups of same Traditional Set Dance commencing with the Traditional Set Dance relevant to the starting number followed by the Traditional Set Dance relevant to the next closest number to the starting number and continuing on in like manner until all Traditional Sets have been danced.
8. In the case of set dances, introductions will be played only once. No variation of the speed of the music will be permitted once dancing is due to commence. Should a dancer submit an incorrect metronomic speed to the stage personnel and commence dancing at that speed, the dancer must continue to dance, as no further opportunity of tempo will be allowed.
9. Speed for Traditional Set Dances is as per list – Page 8
10. In all competitions, competitors must commence their dance in the first two rounds from the designated starting points. In the set dance round a competitor may choose his/her starting point.
11. Any competitor in breach of the CLRG & AIDA Inc. rules will be subject to disqualification from the 2023 Queensland State Championships.

* Denotes World Qualifying events

GIRLS SOLO CHAMPIONSHIPS

1. **6 Years and under Mixed** – Light Jig (116), Single Jig (124) & Reel (Reel choice of Bun 122, Tus 116 & Mean/Ard 113)
2. **Sub-Minor Girls 7 Years & Under** - Jig (32 bars), Reel, Traditional Set Dance
3. **Sub-Minor Girls 8 Years** - Jig (32 bars); Reel; Traditional Set Dance
4. **Minor Girls 9 Years** - Hornpipe; Reel; Jig Set Dance*
5. **Minor Girls 10 Years** – Jig; Slip Jig; Hornpipe Set Dance*
6. **Junior Girls 11 Years** – Hornpipe; Reel; Jig Set Dance*
7. **Junior Girls 12 Years** – Jig; Slip Jig; Hornpipe Set Dance*
8. **Intermediate Girls 13 Years** – Hornpipe; Reel; Jig Set Dance*
9. **Intermediate Girls 14 Years** – Jig; Slip Jig; Hornpipe Set Dance*
10. **Senior Girls 15 Years** – Hornpipe; Reel; Jig Set Dance*
11. **Senior Girls 16 Years** – Jig; Slip Jig; Hornpipe Set Dance*
12. **Junior Ladies 17 Years** – Hornpipe; Reel; Jig Set Dance*
13. **Junior Ladies 18 Years** – Jig; Slip Jig; Hornpipe Set Dance*
14. **Ladies 19 Years** – Hornpipe; Reel; Jig Set Dance*
15. **Senior Ladies 20 & 21 Years**– Jig; Slip Jig; Hornpipe Set Dance*
16. **Senior Ladies 22 Years & over** – Hornpipe; Reel; Jig Set Dance *

BOYS SOLO CHAMPIONSHIPS

17. **Sub-Minor Boys 8 Years & Under** - Jig (32 bars); Reel; Traditional Set Dance
18. **Minor Boys 9 Years** - Hornpipe (40 bars); Reel; Jig Set Dance*
19. **Minor Boys 10 Years** – Jig; Reel; Hornpipe Set Dance*
20. **Junior Boys 11 Years** – Hornpipe; Reel; Jig Set Dance*
21. **Junior Boys 12 Years** – Jig; Reel; Hornpipe Set Dance*
22. **Intermediate Boys 13 Years** – Hornpipe; Reel; Jig Set Dance*
23. **Intermediate Boys 14 Years** – Jig; Reel; Hornpipe Set Dance*
24. **Senior Boys 15 Years** – Hornpipe; Reel; Jig Set Dance*
25. **Senior Boys 16 Years** – Jig; Reel; Hornpipe Set Dance*
26. **Junior Men 17 Years** – Hornpipe; Reel; Jig Set Dance*
27. **Junior Men 18 Years** – Jig; Reel; Hornpipe Set Dance*
28. **Men 19 Years** – Hornpipe; Reel; Jig Set Dance*
29. **Senior Men 20 Years & Over** – Hornpipe; Reel; Jig Set Dance*

CHARLOTTE SWEENEY MEMORIAL TROPHY

30. **Mixed 13 to 16 Years** - Traditional Set Dance

ANNETTE OXENHAM MEMORIAL TROPHY

31. **Mixed 17 Years and Over** - Traditional Set Dance

TRADITIONAL SET DANCES

St. Patrick's Day	94	King of the Fairies	130
The Blackbird	144	Jockey to the Fair	90
Job of Journey Work	138	Three Sea Captains	96
Garden of Daisies	138		

SOLO DANCING CHAMPIONSHIPS – SET DANCE LIST

Only set dances included in the following list may be performed. Minimum metronomic speeds as outlines below must be adhered to

2/4 Time Dance	Minimum Speed	6/8 Time Dance	Minimum Speed
The Lodge Road	76	The Three Sea Captains	66
Rodney's Glory	76	The Hurling Boys	66
The Blackbird	76	Rub the Bag	66
Planxty Davis	76	Hurry the Jug	66
King of the Fairies	76	The Drunken Gauger/The Funny Tailor	66
The Downfall of Paris	76	The Blackthorn Stick	66
4/4 Time Dance	Minimum Speed	St Patrick's Day	66
Ace and Deuce of Piping	76	Jockey to the Fair	66
Youghal Harbour	76	Planxty Drury	66
Bonaparte's Retreat	76	Humours of Bandon	66
The Hunt	76	The Orange Rogue	66
Garden of Daisies	76	Miss Brown's Fancy	66
Job of Journeywork	76	Planxty Hugh O'Donnell	66
Madame Bonaparte	76	The Storyteller	66
The Piper thro' the Meadow Astraying	76	The Fiddler Around the Fairy Tree	66
Kilkenny Races	76	The Sprig of Shillelagh	66
The Rambling Rake	76	The Wandering Musician	66
The White Blanket	76	The Vanishing Lake	66
Blue Eyed Rascal	76	The Charlady	66
The Roving Pedlar	76	6/8 + 9/8 Time Dance	Minimum Speed
The Four Masters	76	Is the Big Man Within?	66

Dame Judy Dench Teachers Award

Junior Ladies 17 years Championship
 Junior Mens 17 years Championship
 Open Age Ladies 4 Hand Ceili

Michael Flatley Teachers Award

Open Age 4 Hand Choreography

CEILI CHAMPIONSHIPS RULES AND DIRECTIVES

1. For Eight, and Four hand Ceili sections, girls may compete in both an all girls team and in a mixed team following the rules regarding dancing across from girls to mixed teams. i.e. 50% of girls may dance across to a mixed team.
2. 50% of dancers from any team can dance up an age group into another team.
3. Dancers may compete in **no more than 5 Ceili** events (excluding the Six Hand and Progressive Ceili Sections) regardless of the age group (ie. Those sections will not be included in the count)
4. Dancers may only be entered in one Six Hand and one Progressive Ceili event provided that all other rules are adhered to.
5. Dancers may only be entered into one team per Ceili or Choreography event.
6. Changes to teams can be applied after entries close and must be notified by **22 July 2023**. After that date the emergency rule is applied. Requests to apply the emergency rule must be made in writing to the executive AIDA Inc. (QLD).
7. All Ceili Dances must be performed in accordance with the latest edition of Ar Rinci Ceilí, unless otherwise indicated in the directive on ceili dances published by An Coimisiún. Movements and figures must be performed in the order specified and the dancers must move in the manner stipulated. Where neither Ar Rinci Ceilí nor the directive specifies how a particular movement should be performed, the teacher may use his/her discretion with regard to interpretations. Unnecessary embellishments must be avoided.
8. In the case of mixed teams, the mixed component must dance the figure.

4 HAND CEILI CHAMPIONSHIPS

* Denotes World Qualifying events

32. **Under 10 Yrs Girls** (Four Hand Reel – 2nd Figure)
33. **Under 10 Yrs Mixed** (Four Hand Reel – 2nd Figure)
34. **Under 12 Yrs Girls** (Four Hand Reel – 1st Figure)
35. **Under 12 Yrs Mixed** (Four Hand Reel–1st Figure)*
36. **Under 15 Yrs Girls** (4 Hand Reel 1st Figure)
37. **Under 15 Yrs Mixed** (4 Hand Reel 1st Figure)*
38. **Under 18 Yrs Girls** (Humours of Bandon – 2nd Figure)
39. **Under 18 Yrs Mixed** (Humours of Bandon – 2nd Figure)*
40. **Open Age Girls** (4 Hand Reel – 1st Figure)
41. **Open Age Mixed** (4 Hand Reel – 1st Figure)*

8 HANDS CEILI CHAMPIONSHIPS

Permitted dances are: Sweets Of May, Morris Reel, High-Cauled Cap, 8-Hand Reel, Three Tunes, St Patrick's Day, Cross Reel, Trip To The Cottage, Gates of Derry, 8-Hand Jig & Lannigans Ball.

The following dances will be performed as follows:

The Sweets of May	Up to and including the Sea Saw
Gates of Derry	From beginning up to and including Swing around of the first repeat.
The Three Tunes	From the beginning up to and including the Hook and Chain
Lannigan's Ball	Full Dance

* Denotes World Qualifying events

- | | | |
|---------------------------|--------------------------|-------------------|
| 42. Under 10 Years | Girls* and Mixed* | Own Choice Figure |
| 43. Under 12 Years | Girls* and Mixed* | Own Choice Figure |
| 44. Under 15 Years | Girls* and Mixed* | Own Choice Figure |
| 45. Under 18 Years | Girls* and Mixed | Own Choice Figure |
| 46. Open Age | Girls* and Mixed* | Own Choice Figure |

OTHER CEILI CHAMPIONSHIPS

47. Under 12 Years Progressive	<i>Finish at the Bell</i>
48. Open Age Progressive	<i>Finish at the Bell</i>
49. Under 15 Six Hand Ceili	<i>Fairy Reel/Duke Reel/Glencar Reel – 96 Bars</i>
50. Under 8 yrs Walls of Limerick	<i>Danced as a 4 hand ceili 64 bars (twice through)</i>
51. Under 10 yrs Wall of Limerick	<i>Danced as a 4 hand ceili 64 bars (twice through)</i>

CHOREOGRAPHY/FIGURE DANCE CHAMPIONSHIPS

52. Under 12 Years (Girls)	Reel in Couples	Maximum 72 Bars
53. Under 12 Years (Mixed)	Reel in Couples	Maximum 72 Bars
54. Under 12 Years (Girls)	3 Hand Reel	Maximum 96 Bars
55. Under 12 Years (Mixed)	3 Hand Reel	Maximum 96 Bars
56. Under 15 Years (Girls)	Reel in Couples	Maximum 72 Bars
57. Under 15 Years (Mixed)	Reel in Couples	Maximum 72 Bars
58. Open Age	3 Hand Reel	Maximum 96 Bars
59. Open Age	4 Hand Jig	Maximum 96 Bars
60. Open Age Figure Dance (Min 8 dancers, max 16 dancers)		

OWN CHOREOGRAPHY REEL IN COUPLES RULES AND DIRECTIVES

1. Relevant rules of the Championship should be read for the benefit of the adjudicators prior to commencement.
2. Dance must comprise a maximum 72 bars (not including introduction) of reel music.
3. No story allowed, either read or sung.
4. Inappropriate, offensive, provocative, violent or explicit sexual content must not be included.
5. Dance must be performed in team costume.
6. Teachers are permitted to use pre-recorded accompaniment for Choreography Sections. Where a team opts to use pre-recorded accompaniment, the teacher must comply with all rules pertaining to same and submit the music to the Organising Committee by the due date – **22 July 2023**.
7. A maximum of three choreography teams per school can be entered in each event
8. Each team member should dance continuously for the duration of the dance.
9. Pauses found in ceili dancing permitted.
10. Steps are permitted if desired.
11. The throwing of a dancer or any form of acrobatics including, but not limited to somersaults, backward and forward rolls, handstands etc. are strictly prohibited.
12. Dancers cannot dance in both a girls and a mixed team.
13. Dancers may only be entered in one team per section.
14. Dance must be performed in light shoes.
15. Team members in U15 Reel in Couples events must be aged between 12-14 years
16. The names of all team members must be submitted by the official closing date of entries. Any subsequent changes must be notified to the Organising Committee by **22 July 2023**.

OWN CHOREOGRAPHY THREE HAND RULES AND DIRECTIVES

1. Relevant rules of the Championship should be read for the benefit of the adjudicators prior to commencement.
2. Dance must comprise of a maximum of 96 bars (not including the introduction) of Reel music.
3. No story allowed, either read or sung.
4. Inappropriate, offensive, provocative, violent, or explicit sexual content must not be included.
5. Must be performed in team costume.
6. Teachers are permitted to use pre-recorded accompaniment for Choreography Sections. Where a team opts to use pre-recorded accompaniment, the teacher must comply with all rules pertaining to same and submit the music to the Organising Committee by the due date – **22 July 2023**.
7. A maximum of three choreography teams per school can be entered in each event.
8. Each team member should dance continuously for the duration of the dance.
9. Pauses found in ceili dancing permitted.
10. Steps permitted if desired.
11. The throwing of a dancer or any form of acrobatics including, but not limited to somersaults, backward and forward rolls, handstands etc. are strictly prohibited.
12. A Dancer cannot dance in both girls and a mixed team.
13. Dancers may only be entered in one team per section.
14. Dance must be performed in soft shoes.
15. The names of all team members must be submitted by the official closing date of entries. Any subsequent changes must be notified to the Organising Committee by **22 July 2023**

OWN CHOREOGRAPHY FOUR HAND JIG RULES AND DIRECTIVES

1. Relevant rules of the Championship should be read for the benefit of the adjudicators prior to commencement.
2. Dance must not exceed 96 bars of music, not including introduction.
3. Dance must be in 6/8 timing – jig.
4. No story allowed either read or sung.
5. Inappropriate, offensive, provocative, violent or explicit sexual content must not be included.
6. Must be performed in team costume.
7. Teachers are permitted to use pre-recorded accompaniment for Choreography Sections. Where a team opts to use pre-recorded accompaniment, the teacher must comply with all rules pertaining to same and submit the music to the Organising Committee by the due date – **22 July 2023**.
8. A maximum of three choreography teams per school can be entered in each event.
9. Each team member should dance continuously for the duration of the dance.
10. Pauses found in ceili dancing permitted.
11. Steps are permitted.
12. The throwing of a dancer or any form of acrobatics including, but not limited to somersaults, backward and forward rolls, handstands etc. are strictly prohibited.
13. The minimum age of Team members must be 15 years.
14. Dancers may only be entered in one team per section.
15. Dance must be performed in light shoes.
16. The names of all team members must be submitted by official closing date of entries. Any subsequent changes must be notified to the Organising Committee by **22 July 2023**.

FIGURE DANCING CHAMPIONSHIPS RULES AND DIRECTIVES

1. Relevant rules of the Championship should be read for the benefit of the adjudicators prior to commencement.
2. These rules and directions must be read in conjunction with the general rules and other relevant sections of this syllabus and those contained in the 2023 World Syllabus.
3. Every dance must be capable of being performed on a stage not greater than 30' x 30' i.e. 9.14m X 9.14m.
4. Each team must consist of no fewer than eight (8) dancers and not more than sixteen (16) dancers.
5. Dance must be performed in team costume.
6. Each dance must portray by movements an Irish theme or item.
7. Basic steps found in Ar Rinci Ceilí are strongly recommended. Solo dancing steps are not permitted as part of a Figure Dance.
8. Each team member must be on stage from the commencement of the dance and shall dance continuously for the duration of the dance except where, to emphasise a figure, short pauses for up to 4 bars may be permitted.
9. Where an entire team pauses to emphasise a figure etc. the pause must not exceed four bars of music. Pauses for longer than 4 bars by some team members are allowed (as in ceili dancing) if other team members continue to dance.
10. Where a team opts to use pre-recorded accompaniment, the teacher must comply with all rules pertaining to same and submit the music to the Organising Committee by the due date – **22 July 2023.**
11. A dance must not exceed 4 minutes duration from the beginning to end of the dance. All music will be strictly timed.
12. Each dance will be timed electronically on receipt of music and the timing will commence from the start of the music playing and finish when the music stops. Music that exceeds four minutes will be returned to the teacher for amendment as per Rule 12 and must be resubmitted within the week. Additional music will be permitted for walk offs.
13. Only Irish music or music of related ethnic origin in 2/4, 4/4, 6/8 or 9/8 time, or a combination of those times will be permitted. Any change of music must be for at least 16 bars. Music played in a Figure Dance Championship will have been checked by the Organising Committee and accepted as appropriate.
14. The arrangements for musical accompaniment are set out below.
15. There is no restriction on hand movements and handclaps are permitted.
16. Elements to be considered in a team's performance include:
 - a. Portrayal of story through Dance;
 - b. Figure Content;
 - c. Footwork and execution;
 - d. Teamwork and Presentation.
17. Stance and body movement must be performed with modesty in mind.
18. The throwing of a dancer or any form of acrobatics including, but not limited to somersaults, backward and forward rolls, handstands etc. are strictly prohibited.
19. The story will be read prior to each team's performance and no music will be permitted while the story is being read.
20. The members of a team must be members of the same dancing school.

