



The Kennedy O'Sullivan School Presents



Saturday 11th October 2025

Blessed Thomas Halford Catholic College
Urban Road, Altrincham, Manchester, WA15
8HT

Adjudicators:

Gerard McQuaid -Eire
Caroline McGrory - Midlands, UK
Ciaron Brooks – Southern Region, UK
Roisin Turley – Midlands, UK
Jackie Kennedy – Eire
Anne Kennedy-Armstrong - Eire
Sarah Manning – Southern Region, UK
Owen Joe McAuley – Eire
Ann Ash – North West, UK

Musicians:

Majella Brooks, Southern Region, UK
Ann Murray, NW Region, UK

Aidan O'Neil, Southern Region, UK

Syllabus Approved by

NWRC Feis Secretary



Dear Teachers, Parents, Guardians and Dancers,

We are delighted to welcome you all to our 4th annual, ***"FEIS CHESHIRE"***

We will be keeping everyone updated in the run up to the event and on the day via our 'Feis Cheshire' Facebook page so please follow this account in advance.

Hosting the event before the Great Britain Championships and in the lead up to regional qualifying events is an excellent practice opportunity for both solo and team competitors. We have secured an esteemed panel of adjudicators from across the UK and Ireland, accompanied by of fabulous musicians, Ann, Majella and Aidan.

Venue

We are excited to host this year's event in our new venue, Blessed Thomas Halford College, which is in a great location easily accessible from Manchester airport and all major rail and motorway networks. The venue has recently undergone extensive renovations and now offers state of the art facilities; boasting a championship auditorium with stage, set dance hall with stage, grades hall, and separate presentation and warm up areas.

Catering

Catering will be provided onsite; we will have an offering of hot and cold meals. We will also be providing a tuck shop in the grades and canteen areas throughout the day.

Competitions & Awards

U6-U9 Championships will be judged by a panel of 3 adjudicators. U10 upwards will be judged by a panel of 3 adjudicators for the first two rounds, and a separate panel of adjudicators for Round 3.

The top 5 in both the Open and Preliminary competitions will receive awards and sashes, and the winner of each championship will receive a beautiful perpetual cup.

In all championships solo results will be given for the first two rounds, with all competitors receiving a placement. We hope to be able to offer 100% recall depending on entries and time. We will update you on this once entries have been received.

In the Grade competitions all dances will be trophy dances and as with last year all dancers will be placed in every dance.

The top 3 in each dance will receive a trophy and the winner will also receive a sash.

Feis Cheshire Mini's

We are thrilled to offer an ungraded competition for any dancer U6 who hasn't yet competed in a graded competition. All the dancers will line up on the stage and perform 16 bars one at a time. Each dancer will receive a special prize for their performance. We look forward to celebrating our Feis Cheshire Mini's!

We look forward to welcoming you to Feis Cheshire and wish you a safe journey and the very best of luck!

Grace Kennedy TCRG, Amanda O'Sullivan TCRG

For enquiries please email: feischeshire@gracekennedyschool.co.uk (Teachers only)

GRADE TROPHY COMPETITIONS**32 BARS**

	REEL	HOP JIG	LIGHT JIG	SLIP JIG	HEAVY JIG	HORNPIPE	TRAD SET
UNDER 6	N, P	N, P	N, P	N, P			U7 Ungraded Heavy Jig and Hornpipe
UNDER 7	N, P, I	N, P, I	N, P, I	N, P, I	P, I	P, I	
UNDER 8	N, P, I	N, P, I	N, P, I	N, P, I	P, I	P, I	I
UNDER 9	N, P, I	N, P, I	N, P, I	N, P, I	P, I	P, I	I
UNDER 10	N, P, I	N, P, I	N, P, I	N, P, I	P, I	P, I	
UNDER 11	N, P, I	N, P, I	N, P, I	N, P, I	P, I	P, I	
UNDER 12	I	I	I	I	I	I	
UNDER 13	P, I	P, I	P, I	P, I	P, I	P, I	
Over 13	P, I	P, I	P, I	P, I	P, I	P, I	

FEIS CHESHIRE MINI'S**16 BARS REEL****CEILI COMPETITIONS**

2, 3, 4, 6, 8 hand ceili dances (from An Rince Foirne). Figure Dance (teachers own invention).

PRELIMINARY CHAMPIONSHIPS

	ROUND 1	ROUND 2	RECALL
U10, U11, U12, U13, U14, U15	REEL OR SLIP JIG	HEAVY JIG OR HORNPIPE	OPEN SET
15 & OVER	REEL OR SLIP JIG	HEAVY JIG OR HORNPIPE	OPEN SET

OPEN MIXED CHAMPIONSHIPS

	ROUND 1	ROUND 2	RECALL
U6, U7	REEL	HOP JIG	LIGHT JIG OR HEAVY JIG
U8, U9	REEL	HEAVY JIG	TRAD SET
U10, U11, U12, U13, U14, U15, U16, U17, U19, U21, SENIOR	REEL OR SLIP JIG	HEAVY JIG OR HORNPIPE	OPEN SET

ENTRY FEES - CLOSING DATE FRIDAY 26th SEPTEMBER 2025

FEIS CHESHIRE MINI'S	£6.00	GRADE TROPHY SOLO'S	£6.00
U6 & U7 CHAMPIONSHIP (INCL 2 SOLO RESULTS)	£30.00	CEILI & FIGURE (PER DANCER)	£6.00
U8- SENIOR OPEN CHAMPIONSHIP (INCL 2 SOLO RESULTS)	£40.00	U10-O15 PRELIM CHAMPIONSHIP (INCL 2 SOLO RESULTS)	£40.00
DANCER MAX (GRADES & PRELIM)	£65.00	FAMILY FEE (2 OR MORE CHILDREN)	£90.00

ENTRIES TO BE EMAILED TO FEISCHESHIRE@GRACEKENNEDYSCHOOL.CO.UK

Bank details and reference number will be provided on receipt of entry, payment to be sent within 24 hours. Entry confirmed once payment received.

Entries after the closing date will incur a £10 administration fee per dancer and must be emailed to us in advance of the Feis.

Additional Information

Feis Cheshire Mini's

This will be run similar to the above but with each child dancing 16 bars. TCRG's are welcome on stage to assist their dancers.

Results

All Championships results will be tabulated by Lennie Connell and will be awarded in the presentation room.

All grade results will take place in the Grade Hall.

Vendors

Redmond Rose will be in attendance offering Wig products, Lola's Makeup will also be in attendance for all makeup needs.

Directions

Directions to the feis can be found at

<https://maps.app.goo.gl/2n9KDRjJ4PbT6CVM9>

Transport

Taxi Service: Passenger Cars 0161 928 1111 (Mobile App available also)

Nearest Airport: Manchester Airport - 12 min drive

Nearest Train Stations:

- Altrincham Tain & Metrolink (Tram Station) – 5 min walk
- Hale Railway Station – 15 min walk
- Manchester Piccadilly Train Station - 30 min drive or tram journey

Accommodation

- Travelodge Altrincham, Grafton Tower, Stamford New Rd, Altrincham WA14 1DQ
- Premier Inn Atrincham, Manchester Rd, Altrincham WA14 4PH
- Marriott Hotel, Manchester Airport, Hale Rd, Hale Barns, Cheshire WA15 8XW

Entries

We would appreciate 1 entry and payment per school.

Entry form to be completed in excel and emailed to

feischeshire@gracekennedyschool.co.uk by Friday 26th September 2025.

Standard Rules for North West Feiseanna

As of June 2025 ENTRY REQUIREMENTS

Amche

1. Ages to be taken from 1st January 2025.
2. Entries will only be accepted from schools currently registered with An Coimisiun.
3. Lodgement of entries at a Feis implies that you accept the rules relating to the Feis in their entirety as laid down by the NWRC and An Coimisiun, and that you accept that the Results of the Feis will be published on the NWRC website. **ADJUDICATORS & MUSICIANS**
4. The Adjudicators decisions are final. The Adjudicators should not be approached by any persons other than the Feis Committee.
5. Pupils of an Adjudicator employed at a particular feis may not take part in the Feis even if the adjudicator is judging alternative age groups.
6. Any Adjudicator from outside the NW Region cannot judge an Open Feis in the North West Region within 6 months of their last adjudication in the region. Any Adjudicator from the North West Region cannot judge an Open Feis in the North West Region within 3 months of their last adjudication in the region.
7. An Adjudicator from outside the North West Region may not adjudicate a Class Feis in the North West Region in the 6 months leading up to adjudicating an Open Feis in the Region.
8. All musicians should be competent and abide by the prescribed An Coimisiun metronomic speeds below. Novice Reel 122-124 Light jig 116 Single jig 124 Slip Jig 124 Heavy Jig 96 Hornpipe 144 Primary Reel 116-118 Light jig 116 Single jig 124 Slip Jig 120 Heavy Jig 76 Hornpipe 118 Intermediate/Open Reel 113 Slip Jig 113 Heavy Jig 73 Hornpipe 113 Traditional Set Dances Blackbird 144 St. Patrick's Day 94 Job of Journeywork 138 Garden of Daisies 138 King of Fairies 130 Three Sea Captains 96 Jockey to the Fair 90 **NOVICE AND PRIMARY GRADE**
9. There will be a minimum of 4 Novice Light Dances up to and including Under 11. Only the most basic Steps may be performed in this grade. Children entering the Novice cannot enter the Primary for the same dances.
10. All Novice, Primary, Intermediate, Preliminary and Open Competitions are open to all Regions.
11. Any competitions in Novice and Primary, in which there are 5 or fewer dancers shall not count for grading purposes. However a Dancer may only win 3 such competitions and they then must move up to the next grade. If there are 6-10 dancers in any Novice or Primary competition, then just the 1st placed dancer must move up to the next grade. If there are 11-20 dancers, 1st and 2nd placed dancers must move up to the next grade. If there are 21 or more dancers then 1st, 2nd and 3rd placed dancers must move up to the next grade.
12. There will be no restriction on the step content performed in the Primary grade.
13. A Novice Dancer is a dancer who has not gained a place that requires them to move up in a Novice or higher Grade competition.
14. A Primary Dancer is a dancer who has not gained a place that requires them to move up in a Primary or higher Grade competition.
15. Novice/Primary Trophy Competitions are confined to dancers who have never won a Novice/Primary Trophy. Any Light Dance can be performed for the Trophy but it must have been danced in the Novice/Primary section on the day of the Feis.
16. A winner of a Novice/Primary Trophy Competition must move up to the next grade for both the Dance they performed to win the Trophy and the Trophy competition itself.
17. Only skirts and tops or a simple current class costume may be worn in the Novice and Primary Grades.
18. In the event of there being no provision for a particular age group, a dancer may dance up an age group, however on attaining first place in any dance, that dancer must remain in the higher grade for that dance for the remainder of the year.
19. At any one Feis, a Novice or Primary dancer may only dance each Solo Dance, the Light Trophy and the Heavy Trophy in **ONE GRADE** only.
20. Should there be 5 or fewer dancers in any Novice or Primary competition then the Feis Organiser reserves the right to combine age groups to make a double age group. Any dancer/s required to subsequently move up in a double age competition must remain in the higher grade for that dance for the remainder of the year.
21. If a feis syllabus does not provide a heavy dance section in the Novice grade, a dancer may perform their heavy jig or hornpipe in the Primary grade, and be offered a choice of either Novice or Primary speed. That is, either 76 or 96 for the heavy jig and either 118 or 144 for the hornpipe.

INTERMEDIATE GRADE

22. An Intermediate Dancer is one who has never won a first place in that particular dance in their present age group.
 23. Intermediate Trophy competitions are confined to dancers who have never won an Intermediate Trophy in their present age group. Any Light Dance can be performed for the Trophy but it must have been danced in the Intermediate section on the day of the Feis.
 24. A winner of an Intermediate Trophy Competition must move up to the next grade for both the Dance they performed to win the Trophy and the Trophy competition itself.
 25. At any one Feis, an Intermediate dancer may only dance each Solo Dance, the Light Trophy and the Heavy Trophy, in ONE GRADE only, with the exception of intermediate dancers wishing to enter the Preliminary or Open Trophy/Championship.
 26. In the event of there being no provision for a particular age group, then a dancer may dance up an age group, however on attaining first place in any dance, that dancer must remain in the higher grade for that dance for the remainder of the year.
 27. If there are 6 or more dancers in any Intermediate Competition, then the 1st placed dancer must move up to the next grade, Any competition in which there are 5 or fewer dancers shall not count for grading purposes. However, a Dancer may only win 3 such competitions and they then must move up to the next grade.
 28. Should there be 5 or fewer dancers in any Intermediate competition then the Feis Organiser reserves the right to combine age groups to make a double age group. Any dancer/s required to subsequently move up in a double age competition must remain in the higher grade for that dance for the remainder of the year PRELIMINARY CHAMPIONSHIPS
 29. A minimum number of three Adjudicators must officiate.
 30. The first age group for a Preliminary Championship is Under 10.
 31. Where a Preliminary Championship is held separate from an Open Championship, three rounds should be offered, namely; Reel or Slip Jig, Heavy Jig or Hornpipe and any Set Dance.
 32. Where a Preliminary Championship is combined with an Open Championship, then the result should be taken from eligible dancers' ranking after the first two rounds.
 33. Where there are separate Preliminary and Open Championships, dancers can compete in both at the discretion of the Feis organiser.
 34. Where a competitor wins two Preliminary Championships they must dance in Open Championship for a period of 12 months thereafter.
 35. For grading purposes, two wins will be taken as being in any two year rolling period. Where a dancer does not win a second Preliminary within two years of winning their first Preliminary Championship, then the first win will be deemed as having expired and the dancer starts afresh.
 36. Where there are 5 or fewer dancers in a Preliminary Championship that win will not normally be considered for grading purposes. However, where a dancer wins three Preliminary Championships regardless of the number of competitors in each competition, that dancer must dance in Open Championship for a period of 12 months thereafter.
 37. Dances performed in a Preliminary Championships do not count for grading in solo competitions.
 38. A Solo World Qualifier (in the previous 12 months) will NOT be eligible to compete in Preliminary Championships. This excludes dancers that auto qualified at their Regional or National Oireachtas due to lack of numbers.
 39. Dancers placing 1st-3rd in an Open Championship with up to 20 competitors or 1st-5th in an Open Championship with more than 20 Competitors cannot compete in a Preliminary Championship for a period of 12 month. OPEN GRADE
 40. In all age groups any dancer who has previously won an Open Championship before a panel of at least three adjudicators does NOT have to dance Open if they are eligible for a lower grade.
 41. In all age groups, (with the exception of under 6 and under 7), where solos and Championships are run separately, competitors must have performed 1 light dance and 2 heavy dances to be eligible for the Premier Trophy/Championship. This does not apply where solos are combined in with the Championship.
 42. The wording 'Championship' will only be used where there is a panel of at least 3 adjudicators.
- ## ALL GRADES
43. No block, en pointe, stationary or moving, will be allowed to be performed by any dancers up to and including the Under 11 Age Group. The Under 12 age group is also governed by this rule up until 1st September each year after which they are permitted to perform the movement.
 44. Dancers must dance in their own age group for solo competitions if that age group is provided for.
 45. Any competitor found to be using artificial carriage aids and subsequently refuses to remove them will be subject to disqualification from that particular competition. Medically prescribed

apparatus, proof of which may be required, will be exempt from this. FIGURE DANCING

46. Figure teams may contain up to 50% from a lower age group. GENERAL FEIS RULES

47. Make up (including false eyelashes and tanner on the face) will not be permitted for dancers, in either solo or team competitions, up to and including the Under 10 age group, and any dancer in the first two grades (Novice and Primary) up to and including the Under 12 age group worldwide. This rule refers to the age group of the competition, not the actual age of the dancer. Leg tan is NOT part of this rule.

48. Any protest against breach of rules must be made in writing, within 1 hour of the conclusion of the relevant competition and accompanied by a fee of £10.00, which will be refunded should the objection be upheld.

49. Medals will be awarded in accordance with the minimum requirements as laid down by the NWRC: 1 medal where there is 3 competitors 2 medals where there are 5 competitors 3 medals where there are 7 competitors 4 medals where there are 10 competitors and 1 medal for each additional 10 or part of 10 competitors.

50. The Feis Organiser reserves the right to cancel any competition should there be insufficient entries.

51. In the interest of Health, hairspray and any other aerosols must not be used in any of the dancing areas.

52. In accordance with the ruling laid down by An Coimisiun and in the interest of safety, dancers are asked to be suitably dressed at all times and should not undress in the competition halls.

53. Mobile phones and electronic games must be switched off in all of the dancing areas.

54. Abusive language and offensive behaviour will not be tolerated. Any person acting in such a way will be asked to leave the Feis.

55. Feis Organisers will, as far as is practicable, provide a stage surface suitable for dancing.

However, the Feis Organisers cannot accept liability for injuries sustained whilst on the dancing areas. The lodgement of an entry will be deemed to be an acceptance of this provision by a dancer.

56. If parents have any constructive comments to make about any aspect of Feiseanna, these would be welcomed by the council and should be put in writing. It should be noted that anonymous correspondence cannot be dealt with.

57. Any Form of unauthorised photography which has the capability to capture a dancer's image whilst in motion, using electronic or manual means, e.g. mobile phone, standard camera, video camcorder, cine recorder, commercial film, with or without flash enhancement, is expressly forbidden in competition

Provisional Timetable

Please note competitors must be ready to dance 30 minutes before their scheduled time as competitions may start early. The below provisional timetable is subject to change once entries are received.

The final timetable will be released 1 week before the competition.

Main Auditorium			Sports Hall				Studio	
			Floor A	Floor B	Floor C			
08:30	U10 & U11 Championship & Prelim 2 Rounds		08:30	U6 Novice	U7 Novice	U8 & U9 Novice	08:30	U9 Champ 3 Rounds
10:00	U12 & U13 Championship & Prelim 2 rounds						09:30	U10 Championship Sets
11:15	U8 Championship 3 rounds		10:30	Feis Cheshire Mini's			10:30	U11 Championship Sets
12:15	U14 Championshi p & Prelim		11:15	U6 & U7 Primary & U7 Intermediate	U8 Primary	U9 Primary	11:30	U12 Championship Sets
13:15	BREAK		13:15	BREAK			12:30	U13 Championship Sets
14:00	U6 & U7 Championship 3 rounds		14:00	U10 Intermediate	U11 Intermediate	U8 & U9 Intermediat e	13:15	BREAK
14:45	U15 Championship & Prelim 2 rounds						14:00	U14 Championship Sets
15:30	U16 & U17 Championshi p 2 rounds		16:00	U10 Primary	U11 Primary	U10 & U11 Novice	15:00	15 & Over Prelim 2 Rounds
16:15	15 & Over Prelim Sets		17:30	U12 Intermediate	U13 Primary & Intermediate	13 & Over Primary & Intermediat e	15:30	U15 Championship Sets
16:45	U19 & Senior Championship 2 Rounds		18:30	Ceili Competitions			16:15	U16 Championship Sets
			19:00	HALL CLOSED			16:45	U17 Championship Sets
							17:15	U19 Championship Sets
							18:00	Senior Championship Sets
17:45	HALL CLOSED						18:45	HALL CLOSED