

**SAVE
THE
DATE**

the SCOTTISH
NATIONAL
OIREACHTAS

20



26

IRISH DANCING CHAMPIONSHIPS

The Scottish Regional Council
presents

The Scottish National Oireachtas 2026

**DoubleTree by Hilton
Cambridge Street
Glasgow
G2 3HN**

Friday 26th, Saturday 27th & Sunday 28th June 2026

Registered with An Coimisiun le Rinci Gaelacha

The Scottish National Oireachtas 2026 is the Secondary Qualifying for Oireachtas Rince na Cruinne 2027 for dancers from Scotland, England, Wales and RCEA.



A Chairde,

*Ar son SRC, is mór an pleisiúr againn, céad míle fáilte a sheol romhaibh,
chuig Oireachtas Náisiúnta hAlban i Ghlaschú.*

*It's with great pleasure on behalf of the SRC we extend a warm welcome to
everyone travelling to the Scottish National Oireachtas in June.*

*We have a new venue in Glasgow this year with plenty of hotels and restaurants
to cater for all needs. The City is well known for hosting Irish Dancing
Competitions and patrons know the area well.*

Safe travels everyone.

Is mise le meas

Owen McAuley ADCRG BG

SRC Chair



Entry Fees:

Solo Championships (U5-U9 - includes two solo results)	£80.00
Solo Championships (U10 Upwards - includes two solo results)	£90.00
Ceili Championship (per dancer)	£10.00
Family Maximum	£200.00

Other Fees:

Door entry per day	£15.00
Concession: per day	£10.00
Programme	£10.00

Moltóirí:

Michelle Higgins - Wyse, ^{ADCRG}, Cúige Mumhan, Ireland
Grainne Ni Chonochubhair, ^{ADCRG}, Cúige Laighean, Ireland
Linda Martyn, ^{ADCRG}, Cúige Chonnacht, Ireland
John Joyce, ^{ADCRG}, New South Wales, Australia
Christine Forde, ^{ADCRG}, Cúige Mumhan, Ireland
Julie Evans, ^{ADCRG}, Cúige Uladh, Ireland
Ciara Lennon, ^{ADCRG}, Cúige Uladh, Ireland
Bernard Van Der Kuil, ^{ADCRG}, Johannesburg, South Africa
Edward Searle, ^{ADCRG}, Mid America USA

Ceoltóirí

Liam O Sullivan, Brian O Sullivan,
Roisin McArdle, Seamus O Sullivan,
Kevin Murphy, William Paterson

Closing Date for Receipt of Entries

Entries and fees must be sent to Diane McFadden, Treasurer, at srctreasurer13@gmail.com

Thursday, 30th April 2026

Payment is required by bank transfer which will be payable to SRC Irish Dancing Commission,

Sort Code 80-13-95 and Account Number 00295705

Late entries will be accepted up to **Thursday, 7th May 2026** at a special higher rate of double the normal entry fee, subject to a class maximum fee of £400 per class.

**No Entries will be accepted after this date.
No refunds will be given after closing date**



Fir & Buachaillí Craobhchomórtais sa Rince Aonair

MEN & BOYS SOLO DANCING CHAMPIONSHIPS

Com.	Craobhchomórtas	Rincí	Blianta breithe	
(Championship)	(Round)	(Dances)	(Year of birth)	
1	Fir Sinsir os cionn 20 <i>roimhe /</i> <i>Senior Men over 20</i>	1	Heavy Jig/ Port Trom	2005
		2	Reel/Ríl	or earlier
		3	Any Open Set Dance	
2	Fir 19 - 20 <i>Men 19-20</i>	1	Hornpipe/ Cornphíopa	2006
		2	Reel/Ríl	
		3	Any Open Set Dance	
3	Fir 18 - 19 <i>Men 18-19</i>	1	Heavy Jig/Port Trom	2007
		2	Reel/Ríl	
		3	Any Open Set Dance	
4	Fir 17 - 18 <i>Men 17-18</i>	1	Hornpipe/ Cornphíopa	2008
		2	Reel/Ríl	
		3	Any Open Set Dance	
5	Fir 16 - 17 <i>Men 16-17</i>	1	Heavy Jig/Port Trom	2009
		2	Reel/Ríl	
		3	Any Open Set Dance	
6	Buachaillí 15 - 16 <i>Boys 15-16</i>	1	Hornpipe/ Cornphíopa	2010
		2	Reel/Ríl	
		3	Any Open Set Dance	
7	Buachaillí 14 - 15 <i>Boys 14-15</i>	1	Heavy Jig/Port Trom	2011
		2	Reel/Ríl	
		3	Any Open Set Dance	
8	Buachaillí 13 - 14 <i>Boys 13-14</i>	1	Hornpipe/ Cornphíopa	2012
		2	Reel/Ríl	
		3	Any Open Set Dance	
9	Buachaillí 12 - 13 <i>Boys 12-13</i>	1	Heavy Jig/Port Trom	2013
		2	Reel/Ríl	
		3	Any Open Set Dance	
10	Buachaillí 11 - 12 <i>Boys 12 - 13</i>	1	Hornpipe/ Cornphíopa	2014
		2	Reel/Ríl	
		3	Any Open Set Dance	
11	Buachaillí 10 - 11 <i>Boys 11 - 12</i>	1	Heavy Jig/Port Trom	2015
		2	Reel/Ríl	
		3	Any Open Set Dance	
12	Buachaillí 9 - 10 <i>Boys 10 - 11</i>	1	Hornpipe/ Cornphíopa	2016
		2	Reel/Ríl	
		3	Set Dance in 6/8 or 6/8 + 9/8 time.	
13	Buachaillí 8 - 9 <i>Boys 8 - 9</i>	1	Heavy Jig/Port Trom	2017
		2	Reel/Ríl	
		3	Traditional Set Dance*/Rincí Traidisiúnta	



Mná & Cailíní Craobhchomórtais sa Rince Anair

LADIES & GIRLS SOLO DANCING CHAMPIONSHIPS

Com.	Craobhchomórtas	Rincí	Blianta breithe	
(Championship)	(Round)	(Dances)	(Year of birth)	
21	Mná Sinsir os cionn 22 roimhe/ <i>Senior Ladies over 22</i>	1	Heavy Jig/Port Trom	2003
		2	Slip Jig/Port Luascach	or earlier
		3	Any Open Set Dance	
22	Mná 20 - 22 <i>Ladies 20-22</i>	1	Heavy Jig/Port Trom	2004 or 2005
		2	Slip Jig/Port Luascach	
		3	Any Open Set Dance	
23	Mná 19 - 20 <i>Ladies 19-20</i>	1	Hornpipe/Cornphiopa	2006
		2	Reel/Ril	
		3	Any Open Set Dance	
24	Mná 18 - 19 <i>Ladies 18 - 19</i>	1	Heavy Jig/Port Trom	2007
		2	Slip Jig/Port Luascach	
		3	Any Open Set Dance	
25	Mná 17 - 18 <i>Ladies 17-18</i>	1	Hornpipe/Cornphiopa	2008
		2	Reel/Ril	
		3	Any Open Set Dance	
26	Mná 16 - 17 <i>Ladies 16-17</i>	1	Heavy Jig/Port Trom	2009
		2	Slip Jig/Port Luascach	
		3	Any Open Set Dance	
27	Cailíní 15 - 16 <i>Girls 15-16</i>	1	Hornpipe/Cornphiopa	2010
		2	Reel/Ril	
		3	Any Open Set Dance	
28	Cailíní 14 - 15 <i>Girls 14-15</i>	1	Heavy Jig/Port Trom	2011
		2	Slip Jig/Port Luascach	
		3	Any Open Set Dance	
29	Cailíní 13 - 14 <i>Girls 13-14</i>	1	Hornpipe/Cornphiopa	2012
		2	Reel/Ril	
		3	Any Open Set Dance	
30	Cailíní 12 - 13 <i>Girls 13 - 14</i>	1	Heavy Jig/Port Trom	2013
		2	Slip Jig/Port Luascach	
		3	Any Open Set Dance	
31	Cailíní 11 - 12 <i>Girls 11-12</i>	1	Hornpipe/Cornphiopa	2014
		2	Reel/Ril	
		3	Any Open set Dance	
32	Cailíní 10 - 11 <i>Girls 11 - 12</i>	1	Heavy Jig/Port Trom	2015
		2	Slip Jig/Port Luascach	
		3	Any Open Set Dance	
33	Cailíní 9 - 10 <i>Girls 10 - 11</i>	1	Hornpipe/Cornphiopa	2016
		2	Reel/Ril	
		3	Set Dance in 6/8 or 6/8 + 9/8 time.	



34	Cailini 8 - 9 <i>Girls 8 - 9</i>	1 3	Heavy Jig/Port Trom Reel/Ril	2017
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Comórtas Rince Aonaireach Mescatha

MIXED SOLO DANCING CHAMPIONSHIPS

Com.	Craobhchomórtas	Rincí	Blianta breithe
(Championship)	(Round)	(Dances)	(Year of birth)
35	Mescatha 7 - 8 <i>Mixed 7 - 8</i>	1 2 3	2018 Heavy Jig/Port Trom Hornpipe/Cornphiopa (1 step down the line)
36	Mescatha 6 - 7 <i>Mixed 6 - 7</i>	1 2 3	2019 Reel/Ril Single Jig/Port Singil Light or Heavy Jig/Port Éadrom/Trom
37	Mescatha Faoi 6 <i>Mixed Under 6</i>	1 2 3	2020 Reel/Ril Single Jig/Port Singil Light or Heavy Jig/Port
38	Mescatha Faoi 5 <i>Mixed Under 5</i>	1 2	2021 or later Reel/Ril Single Jig/Port Singil

**Traditional Set Dances*

Traditional Set Dances may be selected from:

St Patrick's Day (Speed 94)	Job of Journeywork (Speed 138)	Garden of Daisies (Speed 138)
The Blackbird (Speed 144)	Jockey to the Fair (Speed 90)	King of the Fairies (Speed 130)
	Three Sea Captains (Speed 96)	

Number of Bars

Competitors in U10 - Senior age categories will be expected to dance 48 bars in Reels and Jigs and 40 bars in the Slip Jig and Hornpipe. U5 - U9 will dance 8 bars less. 40 bars will be required in Single and Light Jigs. With the exception of Under 5 Reel which is 32 bars.

Speed of Music

In all solo championships the speeds of the musical accompaniment will be as follows: -

In the Under 5 Championship 32 bars in the Reel (Speed 122-124 or 113)

Reel - 113 Slip Jig - 113 Heavy Jig - 73 Hornpipe - 113 Single Jig - 124 Light Jig - 116

(a maximum deviation of ± 1 point will be permitted).



Rincí Leithleacha Ceadaithe - Set-Dances Permitted

Only set dances included in the following list may be performed in competitions at the Oireachtas.
Minimum metronomic speeds as outlined below must be adhered to.

Am 2/4 - 2/4 Time

Bóthar An Lóiste / The Lodge Road
Glóir Rodney / Rodney's Glory
An Londubh / The Blackbird
Planctstaí Daibhéis / Planxty Davis
Rí na Síog / King of the Fairies
Titim Paris / The Downfall of Paris

Am 4/4 - 4/4 Time

Aon agus Dó na Píobaireachta / Ace and Deuce of Piping
Cuan Eochaille / Youghal Harbour
Cúlú Bonaparte / Bonaparte's Retreat
An Fiach / The Hunt
Gairdín na Nóníní / Garden of Daisies
An Greas Giúrnála / Job of Journeywork
Madame Bonaparte / Madame Bonaparte
An Píobaire / The Piper
Rásaí Chill Choinnigh / Kilkenny Races
An Réice Fáin / The Rambling Rake
An Súisín Bán / The White Blanket
Cladhaire na Súile Gorma / The Blue-Eyed Rascal
An Mangaire Fáin / The Roving Pedlar
Na Ceithre Máistrí / The Four Masters

Am 6/8 - 6/8 Time

Na Trí Captéin Mara / The Three Sea Captains
Na Buachaillí Báire / The Hurling Boys
Cuimil An Mála / Rub the Bag
Cuir Thart An Crúsca / Hurry the Jug
An Gauiger Meisceach / The Funny Tailor
An Maide Droighnéan / The Blackthorn Stick
Lá Fhéile Pádraig / St. Patrick's Day
An Marcach Chuig an Aonach / Jockey to the Fair
Planctstaí Drúirí / Planxty Drury
Pléaracha na Bandan / Humours of Bandon
An Rógairé Buí / The Orange Rogue
Rogha Iníon De Brún / Miss Brown's Fancy
Planctstaí Aodh Ó Domhnaill / Planxty Hugh O'Donnell
An Scéalai / The Storyteller
An Bheidhleadóir ag an Crann Sí / The Fiddler Around The Fairy Tree
An Geag Siléaladh / The Sprig of Shillelagh
An Ceoltóir Fáin / The Wandering Musician
Loch an Rith Amach / The Vanishing Lake
Bean an Ghlantacháin / The Charlady

Am 6/8 + 9/8 - 6/8 + 9/8 Time

Bhuil an Fear Mór Istigh? / Is the Big Man Within?



Céilí Dancing Championships 2026

Sonraí na gComórtas - Details of Competitions

Comórtas 39 Sub Minor Mixed Four Hand Céilí Dancing Championship 7-10 One four hand dance from Ár Rincí Céilí 2014	Part A
Comórtas 40 Minor Mixed Four Hand Céilí Dancing Championship 10-12 One four hand dance from Ár Rincí Céilí 2014	Part A or B
Comórtas 41 Junior Mixed Four Hand Céilí Dancing Championship 12-15 One four hand dance from Ár Rincí Céilí 2014	Part A or B
Comórtas 42 Senior Mixed Four Hand Céilí Dancing Championship 16 & Over One four hand dance from Ár Rincí Céilí 2014	Part A or B
Comórtas 43 Sub Minor Girls Eight Hand Céilí Dancing Championship 7-10 One eight hand dance from Ár Rincí Céilí 2014	Part A
Comórtas 44 Minor Girls Eight Hand Céilí Dancing Championship 10-12 One eight hand dance from Ár Rincí Céilí 2014	Part A or B
Comórtas 45 Junior Girls Eight Hand Céilí Dancing Championship 12-15 One eight hand dance from Ár Rincí Céilí 2014	Part A or B
Comórtas 46 Senior Girls Eight Hand Céilí Dancing Championship 15-18 One eight hand dance from Ár Rincí Céilí 2014	Part A or B
Comórtas 47 Senior Ladies Eight Hand Céilí Dancing Championship Over 18 One eight hand dance from Ár Rincí Céilí 2014	Part A or B
Comórtas 48 Sub Minor Mixed Eight Hand Céilí Dancing Championship 7-10 One eight hand dance from Ár Rincí Céilí 2014	Part A
Comórtas 49 Minor Mixed Eight Hand Céilí Dancing Championship 10-12 One eight hand dance from Ár Rincí Céilí 2014	Part A or B
Comórtas 50 Junior Mixed Eight Hand Céilí Dancing Championship 12-15 One eight hand dance from Ár Rincí Céilí 2014	Part A or B
Comórtas 51 Senior Mixed Eight Hand Céilí Dancing Championship 16 & Over One eight hand dance from Ár Rincí Céilí 2014	Part A or B



Ceili Dancing Championships 2026

For the purposes of the Scottish National Oireachtas, a ‘mixed’ team means that there must be a minimum of four boys in an eight-hand dance and two boys in a four-hand dance.

Boys competing in a four-hand Ceili Championship may not compete in any eight-hand Ceili Championship either in their own age group or an older age group.

A girl may compete in a girl’s only céilí championship (competitions 43, 44, 45, 46, 47) even if she is a member of a team in a competition for mixed teams (competitions 48, 49, 50, 51), subject to age concessions in accordance with the syllabus for the Scottish National Oireachtas.

The names and dates of birth of all team members and details of underage dancers, if any, must be submitted with the entry and any later changes notified to the Regional Council.

A dancer must not be a member of more than one team in the same competition except in the case of an unforeseen emergency and then only with the permission of An Coimisiún or its designated representatives.

The members of a team must be pupils of the same school of dancing. A dancer may be borrowed with the permission of An Coimisiún only in an emergency, i.e., injury or illness which occurs during the actual Oireachtas. A formal application must be made in writing to An Coimisiún for the above or in any other circumstances.

Apart from the variations described below, dances must be performed in accordance with the latest edition of ‘Ár Rincí Céilí 2014’, unless otherwise indicated in any directives about Céilí dances as published by An Coimisiún. Movements and figures must be performed in the order specified, and the dancers must move in the manner stipulated. Where neither ‘Ár Rincí Céilí 2014’ nor the directive specifies how a movement should be performed, the teacher may use his/her discretion with regard to interpretation. Unnecessary embellishments must be avoided.

Movements in Ceili dances are intended to flow naturally. Although the numbers of bars may be specified in Ár Rince Céilí, the natural flow and rhythm of the dance takes precedence over strict compliance with the written breakdown of bars.

Age concessions in ceili team competitions

A team in a competition for céilí or figure dancing may include dancers who are under the minimum age limit stipulated for the competition subject to the following conditions which must be strictly adhered to.

1. A teacher may include a number of underage dancers not exceeding 50% of a Céilí team without seeking prior permission but must inform the Council / Organising Committee or An Coimisiún in writing, prior to the Oireachtas and furnish the names of the underage dancers. These dancers may also compete in a team in their own age-group in either a competition for mixed teams or a competition for girls-only teams. Alternatively, they can compete in both mixed teams and girls-only teams in a higher age group, but subject to rules 3, 4 and 5 below.



2. A teacher may include more than the 50% underage dancers in a Céilí team or 50% in a figure team as stated above provided that:
 - (a) The permission of An Coimisiún is obtained in writing and the names and dates of birth of the under-age dancers is furnished with the application. (b) The number of underage dancers does not exceed 75% of the team i.e., 3 in a four-hand, 6 in an eight-hand, 9 in a twelve-hand and 12 in a sixteen-hand.
 - (b) The underage dancers (up to the 75% maximum) may compete in both mixed teams and girls-only teams in the higher age-groups, but subject to rules 3 and 4 below.
 - (c) Where the number of underage dancers allowed to dance in a higher age group exceeds 50% in Céilí or 50% in figure, only 50% in Céilí may also compete in teams in the lower age group.
3. None of the above conditions will operate to permit a dancer to compete in a total of more than three Céilí championships (Four-Hand and/or Eight-Hand) at the event.
4. The absolute minimum age for dancers in team competitions is 7 years as at 1st January 2026. Dancers aged 7 and younger will not be permitted to compete.
5. The Regional Council will only consider applications which fall within the above limits.
6. Where in a Regional Oireachtas, due to a very small entry, a competition is for mixed teams and girls-only teams, then for qualifying purposes at Oireachtas na Rince Cruinne 2024 the teams involved shall be treated as if these were separate competitions.
7. Please note that the above age concessions apply uniformly to a Regional Oireachtas in 2025, Oireachtas Rince na hÉireann in 2026 and Oireachtas Rince na Cruinne in 2026.
8. The age of a competitor shall be taken as on 1st January 2026. Where a competitor's birthday falls on 1st January, he/she shall, for the purposes of the Oireachtas, be regarded as under the age attained on that day.
9. A dancer may only compete for one school of dancing in either solo championships, team championships, or both.
10. Team entries must include a list of all team members and dates of birth. Any later changes must be reported to An Coimisiún without delay.
11. A competitor must not be a member of more than one team in the same competition except in exceptional circumstances and then only with prior permission of The Regional Council or its designated representatives.
12. Any required permissions should be submitted in writing with the required information and documentation to The Regional Council Chairperson.

All other rules applying to Oireachtas Rince na Cruinne apply to The Scottish National Oireachtas



COMPETITION RULES

1. All rules of An Coimisiún le Rincí Gaelacha are applicable to this feis unless stipulated that an agreed local rule applies.
2. Rules specifically relating to Oireachtas Rince na Cruinne apply to the Scottish National Oireachtas.
3. Entries will only be accepted directly from teachers registered with AN COIMISIÚN LE RINCÍ GAELACHA.
4. All entries must be made using the entry form and emailed to Diane McFadden, Treasurer, via srectreasurer13@gmail.com. Entries will only be accepted from teachers en-bloc and not on an individual basis. **One bank transfer only per school, otherwise all entries from the school will be returned.**
5. The dancer's FULL FIRST NAME and SURNAME must be entered in BLOCK CAPITALS.
6. The Scottish Regional Council may modify or cancel any arrangements detailed in this syllabus as is deemed necessary, subject to the approval of the Scottish Regional Council or An Coimisiún le Rincí Gaelacha.
7. Adjudicators' decisions are final.
8. Adjudicators **MUST NOT** be approached by any teacher, parent or competitor whilst the adjudicators are employed to carry out their duties at the competition. Only those officiating at the competition may approach the adjudicators on matters relating to the competition.
9. Complaints can only be accepted if in writing and accompanied with a fee to the Feis Secretary and should be submitted prior to the announcement of any result. The fee will be returned if the complaint is upheld.
10. Competitors must be present when their competition is called and fully obey all instructions and directions from Feis Stewards and Officials or they may lose their right to compete.
11. The organisers reserve the right to start any competition up to 30 minutes prior to the scheduled times. Competitions will not be held open.
12. The normal rotation of dances for the U5 - U9 competitions will be Reel then either Single Jig or Light or Heavy Jig. In the older age groups, the hard shoe round will be danced first.
13. Tempos for Solo Championships will be the same as those stipulated for the World Championships as noted below.
 - o Reel 113
 - o Single Jig 124
 - o Light Jig 116
 - o Slip Jig 113
 - o Heavy Jig 73
 - o Hornpipe 113
14. Toe blocks or any other footwork danced "en-point" whether stationary or moving is not permitted for those dancers **up to and including the Under 12 age group**. (Per Rule 4.6.2 Rules for Registered Teachers & Adjudicators).
**For clarification purposes, this means that if the full weight is put on the foot, that is en point, which is not allowed in any movement. (Effective 27/01/2019 per rule 4.6.2 Rules for Registered Teachers & Adjudicators)*
15. All competitors must be in full costume and appropriate **black** dance footwear when receiving awards, otherwise such awards may be forfeited.
16. Changing facilities will be provided and must be used. **NO CHANGING IN THE HALLS WILL BE ALLOWED.**



17. **THE DRESS CODE IN ACCORDANCE WITH AN COIMISIÚN RULING WILL BE STRICTLY OBSERVED.** i.e. for the sake of modesty and in the interest of safety to young people, dancers will not be permitted to walk around the feis scantily dressed.
18. Attendees must comply with the Make Up Rules 4.5 per CLRG Rule Book
 - 4.5.2 Make-up (including false eyelashes) is not permitted for dancers in either solo or team competitions, up to and including the Under 10 age group. For the purposes of this rule, the term “make-up” includes tinted moisturiser and any artificial tanning products. An Coimisiún le Rincí Gaelacha hopes that teachers and parents will interpret and apply this rule in the spirit it is intended. Effective 01/03/2017.
19. All Costume Rules of An Coimisiún le Rincí Gaelacha must be adhered to throughout the event.
20. All mobile phones and electronic games must be placed on silent in the competition arenas.
21. Practice areas will be provided. Any dancer causing damage to any floor surface outwith this area will be liable for all costs associated for any repairs required.
22. The photography and videoing policy of An Coimisiún will be strictly observed, full details of which will be published in the official programme.

“Any form of unauthorised photography which has the capability to capture a dancer’s image whilst in motion, using electronic or manual means, e.g. mobile phone, standard camera, video camcorder, cine recorder, commercial film, with or without flash enhancement, is expressly forbidden in competition”.
23. The organisers may appoint an official photographer for the Scottish National Oireachtas 2026, who will take photographs of competitors, competitions and presentations. Such photographs may be subsequently used for marketing and promotional purposes of the event.
24. The organisers may also appoint other personnel during the course of the Championships for special promotional projects and reserves the right to appoint suitably accredited photo-journalists to take photographs on a case by case basis. Should any dancer or dancer’s parent or guardian wish to be excluded from any of these photographs, then the Chairman or Secretary of the the Championships should be informed prior to the event commencing.
25. Other than the photographs taken by the official photographer, authorised agents of the organisers or accredited photo journalists, all photographs of competitors, competitions and presentations may only be taken for personal use. They may not be redistributed, sold, lent or passed on to third parties. They may also not be used for commercial purposes or used in any publication or website without the express written permission of the organisers and the parents or guardians of dancers included therein.
26. Preliminary competitions are included from Under 10 upwards, provided there are 2 or more eligible competitors and in accordance with Scottish Regional Council rules, to be considered eligible to compete in a Preliminary Championship the following rules apply.
 - Cannot have been placed in a top three position in an open Championship with up to 20 competitors within the last 12 months.
 - Cannot have been placed in a top 5 position in an open Championship with more than 20 competitors within the last 12 months
 - A minimum number of three Adjudicators must officiate and must have included one light and one heavy dance.



- Competitors who qualify for and compete in Oireachtas Rince na Cruinne in the previous 12 months cannot compete in a preliminary championship, except where the dancer auto-qualified at their Regional or National Oireachtas due to lack of numbers.
 - The relevant notation must be made on the entry form to indicate that a dancer is entitled to also be entered into the preliminary championship,
 - Where a Preliminary Championship is combined with an Open Championship, then the result should be taken from eligible dancers' ranking after the first two rounds.
 - Where a competitor wins two Preliminary Championships, they must dance in Open Championship for a period of 12 months thereafter.
 - For grading purposes, two wins will be taken as being in any two-year rolling period. Where a dancer does not win a second Preliminary within two years of winning their first Preliminary Championship, then the first win will be deemed as having expired and the dancer starts afresh.
 - Where there are less than 6 in a Preliminary Championship that win will not normally be considered for grading purposes. However, where a dancer wins three Preliminary Championships regardless of the number of competitors in each competition, that dancer must dance in Open Championship for a period of 12 months thereafter.
 - Dances performed in a Preliminary Championships do not count for grading in solo competitions.
 - **ELIGIBILITY FOR PRELIM MUST BE NOTED ON THE ENTRY FORM**
27. Preliminary Championships will be held in conjunction with the Solo Championships and will be decided in accordance with the order of merit after the first two rounds.
 28. **IMPORTANT** All competitors will be asked to confirm and sign for their eligibility to compete in a Preliminary Championships when collecting their entry number. This list will then be used to announce the Preliminary Championship result. No changes to this list will be allowed after the commencement of the relevant Championship. **PLEASE ENSURE THAT DANCERS ARE FULLY AWARE AS TO WHETHER OR NOT THEY ARE ENTITLED TO COMPETE IN THE PRELIMINARY CHAMPIONSHIP.**
 29. **Coaching is strictly prohibited whilst dancers are on stage, during any competition.** This rule has specifically been laid down by The SRC. Failure to comply with this could result in disqualification of the dancer.
 30. Only competitors dancing in the Championship will be allowed back stage at any time.
 31. The consumption of alcohol in the competition hall is strictly prohibited and will be enforced. Alcohol may only be consumed in designated areas.
 32. Smoking is not permitted anywhere within the venue.
 33. The organisers retain the right to refuse admission to anyone in breach of any rule or where they believe there is a risk to any individual.
 34. The Regional Council is not responsible for property lost or damaged during the event and everyone is strongly advised not to leave bags, clothing or personal items unattended at any time. All personal property is the sole responsibility of the owner.



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