

PENK O'DONNELL

SPRING FEIS



SUNDAY MAY 3, 2026

Hosted by Eire Pacific and the Penk O'Donnell School of Irish Dance

RICHMOND CURLING CLUB

5540 HOLLYBRIDGE WAY
RICHMOND, BC, V7C 4N3

*Register via lfeis.net by **April 15th***

For information and updates follow us on Instagram @
https://www.instagram.com/west_coast_id_championships/

And Facebook : [West Coast ID Championships](#)

Entry Fees:

Competition	Fee
Solo Dances	\$7.00 per dance, per competitor
First Feis/Beg/Adv Beg Reel Trophy	\$20.00 per competitor
Nov/Prizewinner Heavy Shoe Trophy *Choice of Treble jig or Hornpipe	\$20.00 per competitor
Specials	\$20.00 per competitor (excluded from Family Maximum)
Prelim/Open Championships	\$50.00 per competitor
Family Registration Fee	\$50 per immediate family
Late entry fee	\$35.00

Family Maximum: \$155 per immediate family, EXCLUDING Specials; Family Registration Fee; and Late Fee.

Register on line at <http://ifeis.net>

Entry deadline: Wednesday April 15th, 2025 (after this a late fee will apply)

Payment can be made via credit card through ifeis or by e-transfer to wccfeis@gmail.com Please include your dancer's name and dance school in the memo line if paying by e-transfer.

For any questions email: wccfeis@gmail.com

Adjudicators:

Casey Costello ADCRG - Quebec, Ontario
Ryan Carroll ADCRG – Toronto, Ontario
Laura Masters-LeMesurier ADCRG BG - California, USA
Rebecca Bell ADCRG – Edmonton, Alberta

Musicians:

Merv Bell TCRG - Edmonton, Alberta
Jessica Bell TCRG - Edmonton, Alberta

Hotel Room Block:

Sandman Signature Vancouver Airport Hotel

BOOKING INSTRUCTIONS: **Book ASAP! before cut-off date is April 20th 2026**

1. Online Booking: click this link [West Coast Championships at Sandman Signature YVR Airport](#)
2. Guests can contact the 24-hour Central reservations at [1-800-sandman \(726-3626\)](tel:1-800-sandman) and press 1.
3. The reservations also can be made by sending email to reservations@Sandman.ca

In order to receive the correct rates, callers must identify themselves by quoting the hotel name, block id, code or name.

A valid credit card is required at the time of reservation to secure any guests rooms.

Sandman Signature Vancouver Airport Hotel 10251 St. Edwards Drive | Richmond BC

Block Name: [West Coast Championships](#)

Block Code: **2605VANEIR**

Block ID: **601959**



West Coast Championships

May 1-3, 2026

Offering special
championship rates
for participating
dancers

Services & Amenities



Complimentary
high-speed Wi-Fi



Kitchenettes & Suites



In-room coffee and
tea facilities



Fitness Centre



Indoor pool and seasonal
outdoor pool



Whirlpool and waterslide



Complimentary parking



Complimentary 24-hour
shuttle service to and
from YVR Airport



On-site dining at our
restaurants Moxies,
Chop Steakhouse & Bar,
and Denny's



Pet-friendly



100% non-smoking
hotel facilities



Standard Two Queens Rates From \$ **249.00**

Deluxe Rooms & Suites Rates From \$ **259.00**



10251 St Edwards Dr, Richmond, BC
sandmanhotels.com/signature-vancouver-airport



Contact

Please contact our Sports Sales Manager, Tara Carreon, for more information:

✉ sales_signatureyvr@sandman.ca

☎ (604) 276-1148

Penk O'Donnell Spring Feis May 3rd, 2026

SOLOS

First Feis	U6	U8	U10	U12	U14	U16	16&O
Reel	3	7	11	15	19	23	25
Light Jig	4	8	12	16	20	24	26
Beginner	U6	U8	U10	U12	U14	U16	16&O
Reel	107	121	135	149	163	177	184
Light Jig	108	122	136	150	164	178	185
Single Jig	109	123	137	151	165	179	186
Slip Jig	110	124	138	152	166	180	187
Treble Jig		125	139	153	167	181	188
Hornpipe		126	140	154	168	182	189
Trad. Set		127	141	155	169	183	190
Advanced Beg.		U8	U10	U12	U14	U16	16&O
Reel		221	235	249	263	277	284
Light Jig		222	236	250	264	278	285
Single Jig		223	237	251	265	279	286
Slip Jig		224	238	252	266	280	287
Treble Jig		225	239	253	267	281	288
Hornpipe		226	240	254	268	282	289
Trad. Set		227	241	255	269	283	290
Novice		U8	U10	U12	U14	U16	16&O
Reel		321	335	349	363	377	385
Light Jig		322	336	350	364	378	386
Single Jig		323	337	351	365	379	387
Slip Jig		324	338	352	366	380	388
Treble Jig		325	339	353	367	381	389
Hornpipe		326	340	354	368	382	390
Trad. Set		327	341	355	369	383	391
Prizewinner		U8	U10	U12	U14	U16	16&O
Reel		421	435	449	463	477	485
Light Jig		422	436	450	464	478	486
Single Jig		423	437	451	465	479	487
Slip Jig		424	438	452	466	480	488
Treble Jig		425	439	453	467	481	489
Hornpipe		426	440	454	468	482	490
Trad. Set		427	441	455	469	483	491
Adult	Beginner	Novice	Prizewinner				
Reel	740	747	754	Adult Championship			767
Light Jig	741	748	755				
Single Jig	742	749	756	Advanced Adult Championship:			768
Slip Jig	743	750	757				
Treble Jig	744	751	758				
Hornpipe	745	752	759				
Trad. Set	746	753	760				

TROPHY COMPETITIONS

Trophy	U6	U8	U10	U12	U 14	14&O
Girls First Feis Reel	900	902	904	906	908	910
Boys First Feis Reel	915	917	919	921	923	925
Beg / Adv Beg Spring Hat Reel**	930	932	934	936	938	940
Nov/PZ Spring Hat Reel**	945	947	949	951	953	955
Nov / PZ Heavy Shoe Trophy	960	962	964	966	968	970

**Wear your favorite spring hat or headpiece!

Treble Reel

	U12	U14	U16	16& O
Beg & Adv Beg	1001	1003	1005	1006
Novice & Prizewinner	1008	1010	1012	1013
Prelim & Open	1015	1017	1019	1020

Treble Jig Special

	Prelim	Open
one step (16 bars), danced one at a time	1201	1202

CHAMPIONSHIP

may be split into single years in Prelim if numbers warrant

	U8	U10	U12	U14	U16	U 18 O	18& O					
Preliminary	701	703	705	707	709	711	712					
	U8	U10	U 11	U12	U13	U14	U15	U16	U17	U 18	U20	20&O
Open	721	723	724	725	726	727	728	729	730	731	733	735

Feis Rules

1. Competitions are open only to amateurs. Only students of teachers registered in good standing with The W.C.I.D.T.A., The I.D.T.A.N.A., and An Coimisiun le Rinci Gaelacha may compete.
2. Competitor's ages will be determined as of January 1st of the current year.
3. Entries to all feiseanna must receive approval from the competitor's teacher.
4. Music shall be in accordance with regulation metronome speeds.
5. **Dancer Categories:**

First Feis: A dancer who has never previously competed in a registered competition.

First Feis Trophy: (Reel, 32 bars): Open to dancers entered in their first feis. Dancers may not compete in any other Trophy competition. (05/2022)

Beginner: A dancer who has not qualified for Advanced Beginner in that particular dance.

Advanced Beginner: A dancer who has received a qualifying place in that particular dance in the Beginner level but has not yet qualified to move on to Novice in that particular dance.

Beginner/Advanced Beginner Trophy: (Reel, 32 bars): Open to dancers who dance the majority of their dances in the Beginner or Advanced Beginner level in solos. A dancer must advance to Novice/Prizewinner Trophy if they receive two first place Trophies in this level, or if they advance in their solo levels.

Novice: A dancer who has received a qualifying place in that particular dance in the Advanced Beginner level but has not yet qualified to move on to Prizewinner for that particular dance.

Prizewinner: A dancer who has received a qualifying place in that particular dance in the Novice level, but has not yet qualified to advance to Preliminary Championships.

Novice/Prizewinner Heavy Shoe Trophy: (Treble Jig or Hornpipe; 32 bars, choice of 2 speeds): Open to dancers who dance the majority of their dances in the Novice or Prizewinner level in solos. Also open to dancers who have previously won two first place trophies in the Beginner/Advanced Beginner Trophy competitions.

Preliminary Championships: Open to dancers who have won two (2) first place trophies in the Novice/Prizewinner Trophy competition, and who have not previously won three (3) first place Preliminary Championships.

Option A: 48 bars of Reel OR 40 bars of Slip Jig, AND one non-traditional set dance, with the exception of the U8 / U9 age groups who will dance a Traditional Set Dance. (11/11/05)

Option B: 48 bars of Reel OR 40 bars of Slip Jig, AND one Non-Traditional Set Dance may be danced, (with the exception of the U8 / U9 age groups who will dance a Traditional Set Dance (11/11/05). Where Option B is used, all three rounds will be offered as a trophy dance instead of Preliminary Solos. (05/31/02)

Option C: 48 bars of Reel OR 40 bars of Slip Jig, AND 48 bars of Treble Jig OR 40 bars of Hornpipe, AND the option of a recall for the Set Dance Round in addition to offering all solo dances in Preliminary solo and Open competitions. (11/05/04) U8 / U9 age groups will dance a Traditional Set Dance. (11/11/05)

Open Championships: Open to dancers who have previously won three (3) first place Preliminary Championships.

Option A: 48 bars of Reel OR 40 bars of Slip Jig, AND 48 bars of Treble Jig OR 40 bars of Hornpipe, AND one Non-Traditional Set Dance with the exception of the U8/U9 age groups who will dance a Traditional Set Dance. (11/11/05)

Option B: 48 bars of Reel OR 40 bars of Slip Jig, AND 48 bars of Treble Jig OR 40 bars of Hornpipe, AND a Non-Traditional Set Dance except for the U8/U9 age groups who will dance a Traditional Set Dance. (11/11/05)
Where Option B is used, all three rounds will be offered as a trophy dance instead of Open Solos. (05/31/02)

Adult Championship: Open to dancers aged 18 and over, who have not competed in non-adult competitions (also known as youth/over categories) for solo or team events during the previous five (5) years.

Advanced Adult Championship: Open to dancers aged 18 and over, who have previously placed in the top 3 of a Preliminary Championship or competed in Open Championship levels in the youth/over levels, regardless of when the competitor was active. An Advanced Adult dancer has opted to leave the youth/over categories, and once the dancer begins competing in Advanced Adult the dancer may not return to the youth/over categories.

NOTE: Teachers with Adult dancers are strongly advised to consult the IDTANA Handbook for all rules related to adult dancing and competitions.

6. Dancers may only dance solo grade level dances once in a feis. Dancers entered in First Feis competitions may also dance in beginner for those dances.

7. In Figure dancing, 50% of a team may be moved to a higher age group to complete a figure - unless the Feis Committee has granted special permission. All Ceili dances must be performed in accordance with the Official book "An Rince Foirne".

8. A competition may be cancelled or combined with a higher age group if there are less than five (5) entries. If the entry is 40 or higher, the competition will be split.

9. Dancers should be in the hall 60 minutes before the scheduled time of their competition.

10. All dancers must be in costume, complete with shoes and number to receive any award onstage.

11. Under no circumstances are the adjudicators or the musicians to be approached during the feis. The decision of the adjudicator is final.

12. No steel taps or bubble heels allowed. Shoes may be subject to inspection by adjudicators. Costumes must be in accordance with the IDTANA and An Coimisiun guidelines.

13. The feis committee, the WCIDTA, its parent bodies, and the venue, are not responsible for personal injury, property loss or damage during an event.

14. Protest against breach of rules will be considered if made in writing and signed by the objector. The objection must also be accompanied with a \$25 fee and reach the committee before prizes are presented. If the complaint is justified, the \$25 fee will be refunded.

15. Competitors may only compete in a Trophy competition OR a Championship, but not both. Specials (i.e. Treble Reel, Slip Jig) do not apply.

16. Any form of unauthorized photography which has the capability to capture a dancer's image whilst in motion, using electronic or manual means e.g. mobile phone, standard camera, video camcorder, commercial film, with or without enhancement, is expressly forbidden in competition.

17. The Feis Committee reserves the right to refuse any entry.

18. Dancers shall advance in each individual solo dance as follows (06/15/01):

Number of Dancers in the Competition	Placing(s) that move dancer(s) to the next level
<5	no placing advances
5 – 9	1st place moves up
10 – 19	1st, 2nd, 3rd move up
20 – 29	1st, 2nd, 3rd, 4th move up
30 or more	1st, 2nd, 3rd, 4th, 5th move up

19. Dancers shall advance in Trophy competitions and Championship as follows:

- A dancer who wins two first place trophies in Beginner/Advanced Beginner Trophy advances to Novice/Prizewinner Trophy, or:
- A dancer who advances to Novice or Prizewinner for the majority of their solo levels (hard shoes in particular) automatically advances to the Novice/Prizewinner Trophy.
- A dancer who wins two first place trophies in a Novice/Prizewinner Trophy dance competition advances to Preliminary Championships.
- A dancer who wins three (3) first place Preliminary Championships advances to Open Championships. (09/01/24)

20. All feis committees must award a minimum of 30% of competitors in Preliminary and Open Championships. (11/01/02)

21. Shiny plastic number cards should not be used. (11/06/03)

All other Feis rules as per An Coimisiun Le Rinci Gaelacha, the IDTANA and the WCIDTA.