



PRESENTS

Feis Gleann Na BhFiach

Date

Saturday 31st January 2026

Venue

The Gateway Hotel (formerly known as The Crown Plaza),
Inner Relief Road, Dundalk, Co. Louth, A91 EF88

Judges

Tara Loughran, North West, England

Marie Connell, Midlands, England

Tony Smith, Munster, Eire

Musicians

Stephen Devlin

Entries by Feis Connect only via the following link:

<https://forms.gle/LLkMh5Mam83aNtQK7>

NOTE: Entries **open** @ 9am Monday 8th December and will **close** strictly at 6pm on Monday 26th January 2026

Contact (Teachers only): Kerrie +353878831736 / Karla +353866011550 **Follow us on:**



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Provisional Timetable

Saturday 31st January 2026

Times shown are provisional and are subject to change depending on entries.

Results given in separate Results area after each competition.

TIME	AGE GROUP	
8AM	U9 CRAOBH COMORTAS & PRELIM	ALTERNATING
	U10 CRAOBH COMORTAS & PRELIM	ALTERNATING
9:45AM	U11 CRAOBH COMORTAS & PRELIM	ALTERNATING
	U12 CRAOBH COMORTAS & PRELIM	ALTERNATING
11:30AM	U13 CRAOBH COMORTAS & PRELIM	ALTERNATING
	U14 CRAOBH COMORTAS & PRELIM	ALTERNATING
1:30PM	U6 CRAOBH COMORTAS	ALTERNATING
	U7 CRAOBH COMORTAS	ALTERNATING
	U8 CRAOBH COMORTAS	ALTERNATING
3:30PM	U15 CRAOBH COMORTAS & PRELIM	ALTERNATING
	U16 CRAOBH COMORTAS & PRELIM	ALTERNATING
5:30PM	16-18 CRAOBH COMORTAS	ALTERNATING
	18-20 CRAOBH COMORTAS	ALTERNATING
	O20 CRAOBH COMORTAS	ALTERNATING
FINISH		

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Championship/Prelim Information

All Championships will start with their LIGHT ROUND.

- From U10 upwards, if there are 5 or more boys there will be a separate Championship. **This does not apply for Prelim**
- Recall for set dances in Under 10 to Over 20 Championship if 20 or more dancers.
- Championships Under 9 - Under 16 will incorporate a prelim result taken from Round 1 & 2.
- Trophies & Sashes will be awarded to the Top 5 dancers in Open & Prelim Championships.
 - Under 6 & Under 7 (Reel, Single, Light or Heavy Jig)
 - Under 8 & Under 9 (Reel, Heavy Jig & Trad Set)
 - Under 10- Senior (Reel or Slip Jig, Hornpipe or Heavy Jig & Any Set Dance)

Championships U6 & U7.....	€30
Championships U8 - Senior.....	€40
Prelim only.....	€25
Championship & Prelim.....	€45

Admission: €5.00 per adult payable on the day



Feis Rules

- Entry Fees are non-refundable except in the case that the event does not run.

Entry for the feis indicates that dancers entered, and parents/guardians agree to adhere to the feis and venue guidelines.

- Entries only accepted from teachers registered with An Coimisiún le Rince Gaelacha.
- The adjudicator's decision is final.
- Age taken as at 1st January 2026.
- Competitions are open to dancers from any region.
- Make-up (including false eyelashes and face-tan) is not permitted for dancers, in either solo or team competitions, up to and including the Under 10 age group.

Costume Length

- Length of costumes must adhere to principles of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty may ask a competitor to change into black tights (of a denier not less than 70 per cent) in order for the dancer to continue in the competition.
- Appropriate undergarments covering the midriff must be worn. Undergarments must provide full coverage (as per illustration on www.clrg.ie). Dancers wearing undergarments that do not cover the areas of the body as in the illustrated example will be asked to put on black tights of a denier of not less than 70%. This is monitored by the adjudicator. For competitions adjudicated by a panel of more than one adjudicator all adjudicators on the panel must agree to ask the dancer to put on tights.
- In order to comply with health and safety measures, all dancers lining up at side stage prior to any round at any competition will be required to perform the simple exercise of raising their arms to shoulder level unhindered. If unable to do this by the time of their rotation due to costume stitching or arm attachments, these competitors will not be permitted to perform.

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Prelim Championships:

- A Prelim Championship must be adjudicated by 3 or more adjudicators and must consist of 2 rounds, 1 Light Round – Reel/ Slip Jig and 1 Heavy Round – Heavy Jig/Hornpipe.
- Prelim Championships may run as a 'stand-alone' competition or may be incorporated into the Open Championships. Dancers may compete in an Open or a Prelim or both.

RULES AND ELIGIBILITY

To be eligible to compete in a Prelim Championships:

- Dancers must not have placed in the top 3 in an Open Championships judged by 3 or more adjudicators.
 - Dancers must not have won a Prelim Championships more than 2 times in the current year, HOWEVER, if there are 5 or less in a prelim Competition the dancer is still eligible to compete in Prelim.
 - Dancers must not have qualified for Oireachtas Rince na Cruinne in the current year or previous year.
 - Dancers must not have recalled in the actual Championship at Oireachtas Rince na hEireann in the current year or previous year.
 - Dancers having won 2 Prelim Championships may not compete in any Mean Grád competition for the remainder of the year, HOWEVER, if a dancer has only won one Prelim Championship, they may continue to compete in Mean Grád (with the exception of the dances that they have won the Prelim Championships with).
 - Dancers who qualify for Oireachtas Rince na Cruinne where there are five dancers or less in the competition at their Regional Oireachtas are exempt from this ruling. They may remain in the Prelim Championships if they so wish.
 - Boys who have qualified for the Oireachtas Rince na Cruinne but were not placed in the top 3 at their Regional Oireachtas and who otherwise fulfil the Prelim Criteria, may continue to compete in Prelim Grade.
- **CHAMPIONSHIPS:** Reel 113, Light Jig 116, Sing Jig 124, Slip Jig 113, Heavy Jig 73, Hornpipe 113.
 - **TRADITIONAL SET DANCES:** St Patrick's Day 94, The Blackbird 144, Job of Journeywork 138, Garden of Daisies 138, King of the Fairies 130, Three Sea Captains 96 or Jockey to the Fair 90.
 - All competitors will be required to dance a **MINIMUM** number of 40 bars, except the Slip Jig, Hornpipe where a **MINIMUM** number of 32 bars will be required.
 - No block, en point, stationery or moving will be allowed for all ages up to and including Under 11. However, dancers who will be competing in the 12-13 age group in the following year, will be exempt from this rule from 1st September.



Other Rules

- Any form of unauthorised photography which has the capability to capture a dancer's image whilst in motion, using electronic or manual means e.g. mobile phone, standard camera, video camera, with or without flash enhancement, is forbidden during competition.
- Any parent who would not like their child to appear in photos taken by the feis committee should make the feis organiser aware prior to results being announced.
- Changing of costumes, dressing or undressing is not permitted in the halls or public areas.
- The feis committee will not accept any responsibility for personal injuries or articles lost at the feis.
- The feis committee reserves the right to transfer competitions/results to a different stage or to alternate competitions if it becomes necessary in order to help the feis run smoothly. The committee reserves the right to use a relief adjudicator.
- The feis committee reserve the right to refuse feis entries or entrance into the feis.
- The Child Protection Designated Liaison Officer for the Ulster region is Chantelle Deazley. If you have any concerns for any child's safety at the event, please contact her: CPDLOUlster@gmail.com



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