



PENK O'DONNELL SPRING FEIS

SUNDAY JUNE 1, 2025

Hosted by Eire Pacific and the Penk O'Donnell School of Irish Dance

RICHMOND CURLING CLUB

5540 HOLLYBRIDGE WAY
RICHMOND, BC, V7C 4N3

*Register via lfeis.net by **May 16th***

For information and updates follow us on Instagram @
https://www.instagram.com/west_coast_id_championships/

And Facebook : [West Coast ID Championships](#)

Entry Fees:

Competition	Fee
Solo Dances	\$7.00 per dance, per competitor
First Feis/Beg/Adv Beg Reel Trophy	\$20.00 per competitor
Nov/Prizewinner Heavy Shoe Trophy *Choice of Treble jig or Hornpipe	\$20.00 per competitor
Specials	\$20.00 per competitor (excluded from Family Maximum)
Prelim/Open Championships	\$50.00 per competitor
Family Registration Fee	\$50 per immediate family
Late entry fee	\$35.00

Family Maximum: \$155 per immediate family, EXCLUDING Specials; Family Registration Fee; and Late Fee.

Register on line at <http://ifeis.net>

EARLY BIRD REGISTRATION: Register by April 15th, 2025 and receive 20% off Family Registration Fee

Entry deadline Friday May 16th, 2025 (after this a late fee will apply)

Payment can be made via credit card through ifeis or by e-transfer to wccfeis@gmail.com Please include your dancer's name and dance school in the memo line if paying by e-transfer.

For any questions email: wccfeis@gmail.com

Adjudicators:

Andrea Irwin ADCRG - Calgary, Alberta
Barb Goggin ADCRG - Toronto, Ontario
Ryan Carroll ADCRG – Toronto, Ontario
Sarah Irwin ADCRG – Calgary, Alberta
Katie Dean ADCRG – California
Margaret Cleary ADCRG, California

Musicians:

Merv Bell TCRG - Edmonton, Alberta
Jessica Bel TCRG - Edmonton, Alberta

Hotel Room Block:



Hotel Room Block Open until **APRIL 30, 2025**

Click or copy paste the link bellow:

<https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fbe.synxis.com%2F%3FHotel%3D16957%26Chain%3D6278%26group%3DWESTCOAST106930&data=05%7C02%7C%7C48c9558ae76e4f4a7da608dd56c73a24%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C638762135886895411%7CUnknown%7CTWFpbGZsb3d8eyJFbXB0eU1hcGkiOnRydWUsIlYiOiIwLjAuMDAwMCIsIlAiOiJXaW4zMilslkFOljoitWFBpbCIsIldUIjoyfQ%3D%3D%7C0%7C%7C%7C&sdata=7GpPOsek6VdEl90709Dl6WgUAGBAdq00lVBA9EF7dOI%3D&reserved=0>

OR

Call 604-278-5555 or toll free at 1-800-663-2878 and quote "West Coast Championships"

Penk O'Donnell Spring Feis June 1, 2025

SOLOS

First Feis	U5	U6	U7	U8	U9	U10	U11	U12	U13	U14	U16	16&O
Reel	1	3	5	7	9	11	13	15	17	19	23	25
Light Jig	2	4	6	8	10	12	14	16	18	20	24	26
Beginner	U5	U6	U7	U8	U9	U10	U11	U12		U14	U16	16&O
Reel	100	107	114	121	128	135	142	149		163	177	184
Light Jig	101	108	115	122	129	136	143	150		164	178	185
Single Jig		109	116	123	130	137	144	151		165	179	186
Slip Jig		110	117	124	131	138	145	152		166	180	187
Treble Jig			118	125	132	139	146	153		167	181	188
Hornpipe			119	126	133	140	147	154		168	182	189
Trad. Set			120	127	134	141	148	155		169	183	190
Advanced Beg.			U7	U8	U9	U10	U11	U12		U14	U16	16&O
Reel			214	221	228	235	242	249		263	277	284
Light Jig			215	222	229	236	243	250		264	278	285
Single Jig			216	223	230	237	244	251		265	279	286
Slip Jig			217	224	231	238	245	252		266	280	287
Treble Jig			218	225	232	239	246	253		267	281	288
Hornpipe			219	226	233	240	247	254		268	282	289
Trad. Set			220	227	234	241	248	255		269	283	290
Novice				U8		U10		U12		U14	U16	16&O
Reel				321		335		349		363	377	385
Light Jig				322		336		350		364	378	386
Single Jig				323		337		351		365	379	387
Slip Jig				324		338		352		366	380	388
Treble Jig				325		339		353		367	381	389
Hornpipe				326		340		354		368	382	390
Trad. Set				327		341		355		369	383	391
Prizewinner				U8		U10		U12		U14	U16	16&O
Reel				421		435		449		463	477	485
Light Jig				422		436		450		464	478	486
Single Jig				423		437		451		465	479	487
Slip Jig				424		438		452		466	480	488
Treble Jig				425		439		453		467	481	489
Hornpipe				426		440		454		468	482	490
Trad. Set				427		441		455		469	483	491
Adult	Beginner		Novice		Prizewinner							
Reel	740		747		754			Adult Championship				767
Light Jig	741		748		755							
Single Jig	742		749		756			Advanced Adult Championship:				768
Slip Jig	743		750		757							
Treble Jig	744		751		758							
Hornpipe	745		752		759							
Trad. Set	746		753		760							

TROPHY COMPETITIONS

Trophy	U6	U7	U8	U9	U10	U11	U12	U13	U14	U15	15&O
Girls First Feis Reel	900	901	902	903	904	905	906	907	908	909	910
Boys First Feis Reel	915	916	917	918	919	920	921	922	923	924	925
Beg / Adv Beg Reel	930	931	932	933	934	935	936	937	938	939	940
Nov / PZ Heavy Shoe Trophy	945	946	947	948	949	950	951	952	953	954	955

*Choice of Treble Jig or Hornpipe

Treble Reel	U12	U14	U16	16&O
Beg & Adv Beg	1001	1003	1005	1006
Novice & Prizewinner	1008	1010	1012	1013
Prelim & Open	1015	1017	1019	1020

Hornpipe Special	Prelim	Open
one step (16 bars), danced one at a time	1201	1202

CHAMPIONSHIP

may be split into single years in Prelim if numbers warrant

	U8	U10	U12	U14	U16	U18	18&O					
Preliminary	701	703	705	707	709	711	712					
	U8	U10	U11	U12	U13	U14	U15	U16	U17	U18	U20	20&O
Open	721	723	724	725	726	727	728	729	730	731	733	735

Feis Rules

1. Competitions are open only to amateurs. Only students of teachers registered in good standing with The W.C.I.D.T.A., The I.D.T.A.N.A., and An Coimisiun le Rinci Gaelacha may compete.
2. Competitor's ages will be determined as of January 1st of the current year.
3. Entries to all feiseanna must receive approval from the competitor's teacher.
4. Music shall be in accordance with regulation metronome speeds.
5. **Dancer Categories:**

First Feis: A dancer who has never previously competed in a registered competition.

First Feis Trophy: (Reel, 32 bars): Open to dancers entered in their first feis. Dancers may not compete in any other Trophy competition. (05/2022)

Beginner: A dancer who has not qualified for Advanced Beginner in that particular dance.

Advanced Beginner: A dancer who has received a qualifying place in that particular dance in the Beginner level but has not yet qualified to move on to Novice in that particular dance.

Beginner/Advanced Beginner Trophy: (Reel, 32 bars): Open to dancers who dance the majority of their dances in the Beginner or Advanced Beginner level in solos. A dancer must advance to Novice/Prizewinner Trophy if they receive two first place Trophies in this level, or if they advance in their solo levels.

Novice: A dancer who has received a qualifying place in that particular dance in the Advanced Beginner level but has not yet qualified to move on to Prizewinner for that particular dance.

Prizewinner: A dancer who has received a qualifying place in that particular dance in the Novice level, but has not yet qualified to advance to Preliminary Championships.

Novice/Prizewinner Heavy Shoe Trophy: (Treble Jig or Hornpipe; 32 bars, choice of 2 speeds): Open to dancers who dance the majority of their dances in the Novice or Prizewinner level in solos. Also open to dancers who have previously won two first place trophies in the Beginner/Advanced Beginner Trophy competitions.

Preliminary Championships: Open to dancers who have won two (2) first place trophies in the Novice/Prizewinner Trophy competition, and who have not previously won three (3) first place Preliminary Championships.

Option A: 48 bars of Reel OR 40 bars of Slip Jig, AND one non-traditional set dance, with the exception of the U8 / U9 age groups who will dance a Traditional Set Dance. (11/11/05)

Option B: 48 bars of Reel OR 40 bars of Slip Jig, AND one Non-Traditional Set Dance may be danced, (with the exception of the U8 / U9 age groups who will dance a Traditional Set Dance (11/11/05). Where Option B is used, all three rounds will be offered as a trophy dance instead of Preliminary Solos. (05/31/02)

Option C: 48 bars of Reel OR 40 bars of Slip Jig, AND 48 bars of Treble Jig OR 40 bars of Hornpipe, AND the option of a recall for the Set Dance Round in addition to offering all solo dances in Preliminary solo and Open competitions. (11/05/04) U8 / U9 age groups will dance a Traditional Set Dance. (11/11/05)

Open Championships: Open to dancers who have previously won three (3) first place Preliminary Championships.

Option A: 48 bars of Reel OR 40 bars of Slip Jig, AND 48 bars of Treble Jig OR 40 bars of Hornpipe, AND one Non-Traditional Set Dance with the exception of the U8/U9 age groups who will dance a Traditional Set Dance. (11/11/05)

Option B: 48 bars of Reel OR 40 bars of Slip Jig, AND 48 bars of Treble Jig OR 40 bars of Hornpipe, AND a Non-Traditional Set Dance except for the U8/U9 age groups who will dance a Traditional Set Dance. (11/11/05)
Where Option B is used, all three rounds will be offered as a trophy dance instead of Open Solos. (05/31/02)

Adult Championship: Open to dancers aged 18 and over, who have not competed in non-adult competitions (also known as youth/&over categories) for solo or team events during the previous five (5) years.

Advanced Adult Championship: Open to dancers aged 18 and over, who have previously placed in the top 3 of a Preliminary Championship or competed in Open Championship levels in the youth/&over levels, regardless of when the competitor was active. An Advanced Adult dancer has opted to leave the youth/&over categories, and once the dancer begins competing in Advanced Adult the dancer may not return to the youth/&over categories.

NOTE: Teachers with Adult dancers are strongly advised to consult the IDTANA Handbook for all rules related to adult dancing and competitions.

6. Dancers may only dance solo grade level dances once in a feis. Dancers entered in First Feis competitions may also dance in beginner for those dances.
7. In Figure dancing, 50% of a team may be moved to a higher age group to complete a figure - unless the Feis Committee has granted special permission. All Ceili dances must be performed in accordance with the Official book "An Rince Foirne".
8. A competition may be cancelled or combined with a higher age group if there are less than five (5) entries. If the entry is 40 or higher, the competition will be split.
9. Dancers should be in the hall 60 minutes before the scheduled time of their competition.
10. All dancers must be in costume, complete with shoes and number to receive any award onstage.
11. Under no circumstances are the adjudicators or the musicians to be approached during the feis. The decision of the adjudicator is final.
12. No steel taps or bubble heels allowed. Shoes may be subject to inspection by adjudicators. Costumes must be in accordance with the IDTANA and An Coimisiun guidelines.
13. The feis committee, the WCIDTA, its parent bodies, and the venue, are not responsible for personal injury, property loss or damage during an event.
14. Protest against breach of rules will be considered if made in writing and signed by the objector. The objection must also be accompanied with a \$25 fee and reach the committee before prizes are presented. If the complaint is justified, the \$25 fee will be refunded.
15. Competitors may only compete in a Trophy competition OR a Championship, but not both. Specials (i.e. Treble Reel, Slip Jig) do not apply.

16 .Any form of unauthorized photography which has the capability to capture a dancer's image whilst in motion, using electronic or manual means e.g. mobile phone, standard camera, video camcorder, commercial film, with or without enhancement, is expressly forbidden in competition.

17. The Feis Committee reserves the right to refuse any entry.

18. Dancers shall advance in each individual solo dance as follows (06/15/01):

Number of Dancers in the Competition	Placing(s) that move dancer(s) to the next level
<5	no placing advances
5 – 9	1st place moves up
10 – 19	1st, 2nd, 3rd move up
20 – 29	1st, 2nd, 3rd, 4th move up
30 or more	1st, 2nd, 3rd, 4th, 5th move up

19. Dancers shall advance in Trophy competitions and Championship as follows:

- A dancer who wins two first place trophies in Beginner/Advanced Beginner Trophy advances to Novice/Prizewinner Trophy, or:
- A dancer who advances to Novice or Prizewinner for the majority of their solo levels (hard shoes in particular) automatically advances to the Novice/Prizewinner Trophy.
- A dancer who wins two first place trophies in a Novice/Prizewinner Trophy dance competition advances to Preliminary Championships.
- A dancer who wins three (3) first place Preliminary Championships advances to Open Championships. (09/01/24)

20. All feis committees must award a minimum of 30% of competitors in Preliminary and Open Championships. (11/01/02)

21. Shiny plastic number cards should not be used. (11/06/03)

All other Feis rules as per An Coimisiun Le Rinci Gaelacha, the IDTANA and the WCIDTA.