

FIESTA FEIS 2025

SATURDAY, NOVEMBER 1ST

COLEGIO DE INGENIEROS CIVILES DE MÉXICO, A.C.

Camino Sta. Teresa 187, Parques del Pedregal, Tlalpan, 14010 Ciudad de México, CDMX

INVITED ADJUDICATORS

Dara O´shea Delap ADCRG, Scotland — Sharon O´Brien ADCRG, Limerick — Patricia Murphy ADCRG, New Jersey

INVITED MUSICIAN

Sean Warren, Atlanta

HOSTED BY: DRAKE MEXICO



This syllabus has been approved on behalf of the IDTANA by Areleen Ni Bhaoill TCRG, Southern Region Liaison on August 5th 2025



GENERAL INFORMATION

- Phone: +52 220 476 0389
- Registration Via www.iFeis.net
- Need help creating an account? Contact support@ifeis.net

Chairpersons:

• Karl Drake, ADCRG rangrince@aol.com And Lourdes Morales equipo.byld@gmail.com

ENTRY FEE

- Solo competitions \$12.00 USD
- Figures \$8.00 USD per competitor per dance.
- Preliminary & 2nd Chance Prelim \$40.00 USD
- Open Champions: \$50.00 USD per dancer
- Adult/ advanced championship \$50 USD
- ALL specials \$15.00 USD per dance

Family Fee **\$30.00 USD** includes admission for 3 people including the dancer, access to the live stage schedule and complete results for each family with a personal ifeis.net account.

It is recommended that each family create an iFeis account.

Spectator admission above 3 per family is \$10.00 USD pre-purchased, it is recommended not more than 4 spectators per family as viewing space is limited.

Registration without a late fee before October 13, 2025. Late fee of \$25.00 USD applies per family to new registrations made between October 13th and October 20th. No fee for changes made before October 20th.

Changes after October 20th with the permission of Registrar, Tricia White. No Refunds. Competitions will be combined where necessary to ensure at least 5 competitors in as many competitions as possible.

- ALL registrations must be done through ifeis.com
- NO REFUNDS unless cancelled by feis committee



FIRST FEIS

The First Feis level has been established for dancers who are competing in their very first Feis. Once a dancer competes in the First Feis category, the dancer must move into Beginner 1 or Beginner 2.

• AT THIS LEVEL, DANCERS ARE NOT ALLOWED TO COMPETE IN SOLO COSTUMES (only school costumes are allowed)

FIRST FEIS	U5	U6	U7	U8	U9	U10	Ull	011
REEL	105R	106R	107R	108R	109R	110R	111R	112R
LIGHT JIG	105L	106L	107L	108L	109L	110L	1111	112L
SINGLE JIG	105N	106N	107N	108N	109N	110N	111N	112N
SLIP JIG	1058	1068	1078	1088	1098	1108	1118	1128

BEGINNER (BEGINNER 1)

A dancer who has been dancing for less than one year. A Beginner 1 must move to Beginner 2 no later than January 1st of the dancer's second year of instruction, or may move to Beginner 2 earlier with teacher's permission and provided that the Feis has not closed to changes. Note: a Beginner 1 dancer who starts in September, may continue as a Beginner 1 until December of the following year (16 months) before moving into Beginner 2.

• AT THIS LEVEL, DANCERS ARE NOT ALLOWED TO COMPETE IN SOLO COSTUMES (only school costumes are allowed

BEGINNER (BEGINNER 1)	U5	U6	U7	U8	U9	U10	Ull	U12	012
REEL	205R	206R	207R	208R	209R	210R	211R	212R	213R
LIGHT JIG	205L	206L	207L	208L	209L	210L	211L	212L	213L
SINGLE JIG	205N	206N	207N	208N	209N	210N	211N	212N	213N
SLIP JIG	2058	206\$	2078	208\$	2098	2108	2118	2128	2138



ADVANCED BEGINNER (BEGINNER 2)

A dancer who has been dancing for more than one year and who has not won a 1st, 2nd or 3rd place as Beginner 2 dancer. A dancer who has won a 1st, 2nd or 3rd place in a Beginner 2 dance must move into Novice in that dance no later than January 1st of the next calendar year or with teacher's permission as soon as the next Feis (if said Feis has not closed to changes).

 AT THIS LEVEL, DANCERS ARE NOT ALLOWED TO COMPETE IN SOLO COSTUMES (only school costumes are allowed). ALL HARD SHOE DANCES AT TRADITIONAL SPEEDS. TRADITIONAL SET WILL BE DIVIDED BASED ON REGISTRATIONS

ADVANCED BEGINNER (BEGINNER 2)	U6	U7	U8	U9	U10	Ull	U12	U13	013
REEL	306R	307R	308R	309R	310R	311R	312R	313R	314R
LIGHT JIG	306L	307L	308L	309L	310L	311L	312L	313L	314L
SLIP JIG	3068	3078	3085	3098	3108	3115	3128	3135	3145
SINGLE JIG	306N	307N	308N	309N	310N	311N	312N	313N	314N
TREBLE JIG	306T	307T	308T	309T	310T	311T	312T	313T	314T
HORNPIPE	306H	307H	308H	309H	310H	311H	312H	313H	314H

Competitions may be divided	BEGINNER & ADVANCED BEGINNER
TRADITIONAL SET	306TS
COSTUME* REEL SPECIAL	306RS
LIGHT JIG SPECIAL	306JS



NOVICE

A dancer moves into Novice as a result of placing 1st, 2nd, or 3rd in that dance as indicated in Beginner 2. A dancer who wins 1st in a Novice dance must move into Prizewinner level in that dance no later than January 1st of the next calendar year or with teacher's permission as soon as the next feis (if said feis has not closed to changes).

• ALL HARD SHOES DANCES MAY BE DONE AT EITHER TRADITIONAL SPEED OR SLOW SPEED

NOVICE	U7	U8	U9	U10	Ull	U12	U13	U14	U15	O15
REEL	407R	408R	409R	410R	411R	412R	413R	414R	415R	416R
LIGHT JIG	407L	408L	409L	410L	411L	412L	413L	414L	415L	416L
SINGLE JIG	407N	408N	409N	410N	411N	412N	413N	414N	415N	416N
SLIP JIG	407S	408\$	4098	4108	4118	4128	4138	4148	4158	4168
*TREBLE JIG	407T	408T	409T	410T	411T	412T	413T	414T	415T	416T
*HORNPIPE	407H	408H	409H	410H	411H	412H	413H	414H	415H	416H

Competitions will be divided as registrations	NOVICE & PRIZEWINNER SPECIALS 4 &O		NOVICE & PRIZEWINNER SPECIALS 4&O
COSTUME REEL*	504TR		
SLOW TREBLE JIG (NOVICE)	504STJ	SLIP JIG SPECIAL	504SJS
FAST TREBLE JIG	504FTJ	TRADITIONAL SET	504TS



PRIZEWINNER

A dancer moves into Prizewinner as a result of placing 1st place as indicated in Novice.

• ALL HARD SHOES DANCES CAN BE DONE AT EITHER TRADITIONAL SPEED OR SLOW SPEED

PRIZEWINNER	U7	U8	U9	U10	UII	U12	U13	U14	U15	O15
REEL	507R	508R	509R	510R	511R	512R	513R	514R	515R	516R
SLIP JIG	507\$	508\$	5098	5108	5118	5128	5138	5148	5158	5168
*TREBLE JIG	507T	508T	509T	510T	511T	512T	513T	514T	515T	516T
*HORNPIPE	507H	508H	509H	510H	511H	512H	513H	514H	515H	516H

PRELIMINARY CHAMPIONSHIP

Preliminary Championships are open to those who, at any recognized Feis:

- a) Have won 1st place in both an open/prizewinner light and heavy shoe competition, and
- b) Have never won 1st, 2nd or 3rd in Open Championship. A dancer who wins two first place awards will move on to Open Championship at the next Feis they enter, or as soon as the second win is achieved, in any age category, in the following years. Only in the case of back-to-back Feiseanna (successive days), in which case the first win in the first Feis will not change the dancer's status for the second Feis. A dancer is required to perform a light shoe dance (reel or slip jig for ladies and reel only for men), and a hard shoe dance. A Feis can opt to offer either a) a set dance or b) a jig/hornpipe. Gents will be pulled out if there are 5 Gents registered in any 2 consecutive age groups.

	U9	U10	Ull	U12	U13	U14	U15	U16	U17	017
PRELIMINARY CHAMPIONSHIP	609P	610P	611P	612P	613P	614P	615P	616P	617P	618P
2nd CHANCE PRELIMINARY	S609P	\$610P	\$611P	\$612P	S613P	S614P	S615P	S615P	S617P	S618P

OPEN CHAMPIONSHIP

A dancer who wins two 1st Place awards in one calendar year will move on to Open Championship the following year, or as soon as the second win is achieved, in any age category, in the following years. Only in the case of back-to-back Feiseanna (successive days), in which case the first win in the first Feis will not change the dancer's status for the second Feis. Placing in a Regional or National Oireachtas does not change the status of a competitor.

Dancers will perform: 48 bars of reel or 40 bars of slip-jig, 40 bars of the hornpipe or 48 bars of the treble jig, and a Set Dance.

COMPETITIONS WILL BE COMBINED IN GROUPS OF 5 WHEN POSSIBLE. BOYS WILL BE SPLIT
IF THERE ARE 3 OR MORE GENTLEMEN IN 2 CONSECUTIVE AGE GROUPS.

OPEN CHAMPIONS	U9	U10	Ull	U12	U13	U14	U15	U16	U17	U18	U19	019
	709C	710C	711C	712C	713C	714C	715C	716C	717C	718C	719C	720C

Competitions will be divide based on entries, one step down the line	PRELIMINARY & OPEN CHAMPION SPECIALS
SOFT SHOE	704SS
HARD SHOE	704HS
COSTUME* TREBLE REEL	704TR
(Preliminary only) NON-traditional set dance	604NTS

*COSTUME special theme: Day of the death

DANCER OF THE DAY

• first place winner in Prelim and Open champ competitions participate



ADULTS

An Adult dancer is defined as any dancer who started Irish dancing at the age of 18 or older OR any dancer 18 or older who has

not competed in at least five years in a youth competition AND has never placed in the top three in a youth Preliminary

championship competition of more than five competitors.

An Advanced Adult dancer is defined as anyone age 18 or older who has previously placed in the top three of a Preliminary

Championship or competed in Open Championship levels in the youth/& Over levels regardless of when the competitor was

active. An Advanced Adult dancer has opted to leave Youth/& Over categories and once the dancer begins competing in

Advanced Adult, the dancer may not return to Youth/& Over categories.

Dancers competing at the Adult Championship level may move to the Advanced Adult level per teacher's discretion.

All Southern Region feiseanna may combine the Advanced Adult levels into one competition in the event that fewer than five

Advanced Adult Preliminary level dancers are entered.

For Advanced Adult level dancers to progress from Prelim to Open, youth competition rules apply. A win in any combined

Advanced Adult competition of five or more competitors would count towards that progression. All Advanced Adult levels

consist of one light round (reel or slip jig) and one heavy round (treble jig or hornpipe) to facilitate the possibility of merging at

Southern Region feiseanna. Feiseanna may offer additional Advanced Adult level competitions including traditional set, non-tradicional set, etc.

ADULT	Beginner 1	Beginner 2	Novice	Prizewinner	Champions	Adcvanced
REEL	299R	399R	499R	599R	a a	
LIGHT JIG	299L	399L	499L	599L		
SINGLE JIG	299N	399N	499N	599N		
SLIP JIG	2998	3998	4998	5998		
TREBLE JIG	299T	399T	499T	599T		1
HORNPIPE	299H	399H	499H	599H		£ :
ADULT CHAMPIONSHIP – 2 Rounds					699AC	699AAC
Non- Traditional set dance special						99NTSS
Traditional set dance special					99TSS	

FIGURES AND CEILI

Ceili Dances	2 HAND Reel	3 HAND Reel	4 HAND Reel & Jig	6 HAND Reel & Jig	8 Hand Ceili Reel & Jig	
Under 8	9208	9308	9408			
Under 10	9210	9310	9410	9610	Under 10	9810
Under 12	9212	9312	9412	9612	Under 12	9812
Under 15	9215	9315	9415	9615	Under 15	9815
15 & over	9216	9316	9416	9616	15 & over	9816
ADULT	9299	9399	9499	9699	Adult	9899



SOUTHER REGIONAL DANCING COMPETITION RULES

- 1. In the case of all solo and team competitions in all grades, the age of a competitor on 1st January of the year in which the competition is held will determine the right of entry. For the purposes of this Rule a competitor whose birthday occurs on 1st January shall be deemed to be under the age attained on that date.
- 2. Competitions are open to all but those holding a TMRF, TCRG, or ADCRG designation. A feis can only accept entries from pupils of teachers registered with An Coimisiun and registered with both the IDTANA and the North American region in which they reside.
- 3. A competitor may be disqualified for any of the following reasons:
- A) Conduct unbecoming a lady or gentleman.
- B) Failure to report on time to compete. (Penalty: disqualification from said event)
- C) Falsification of age or other important facts i.e., teaching, award winning, competing under another competitor's name or number, etc.
- Penalty for (a) or (c): Competitor will be disqualified from the Feis at which the occurrence happened and from all registered Feiseanna for a period of one year beginning at the date of the occurrence.
- 4. Competitions may be closed if there are no competitors at the assigned stage ready to compete when the competition is scheduled or announced. This does not pertain to a situation where competitors are involved in stage conflicts, and such conflicts will be handled by the stage monitor.
- 5. Steel taps or "bubble" heels on dancing shoes and any display of awards is prohibited. Authentic Gaelic dress is desired.
- 6. First Feis (if offered), Beginner and Advanced Beginner, aka Beginner I and II, must wear a class costume, or a skirt/pants and top. All other categories are excluded from this rule. Modest attire is encouraged when a competitor is not dancing.
- 7. Competitor's number must be worn and visible to adjudicators when performing in all competitions. Use of reflective plastic number covers is discouraged.
- 8. The number of awards given is determined by the Feis Committee and is based on the scores and ranks given by the adjudicator(s).
- 9. Complaints must be in writing stating names and other factual information and signed by the complainant. A \$50.00 fee must be enclosed and presented to the Feis Chairman within one hour of the occurrence. The fee will be returned if the complaint is upheld.
- 10. The Feis Committee and any organization affiliated with same, will not be held responsible for personal injury, property loss or damage. Destruction of Feis property and/or rental property will be punishable by law.
- 11. The Feis reserves the right to reject any entry for cause, to cancel all or part of the Feis and to limit competitor's performing time. The decision of the Feis Committee is final in all matters connected with the Feis.

- 12. All Feiseanna must have a process to allow parents to request that their child or children's name(s) not be listed on the posted competitor list prior to the day of the Feis.
- 13. Competitors must answer all questions as required by the Feis Entry committee, including teacher's name, and include the entry fee for entry to be accepted. Failure to do so will result in a rejected entry. Entries must be received on or before the closing date or they will be subject to a late fee of (Determined by the Feis).
- 14. With the exception of First Feis and Beginner 1 the status of the dancer does not change unless there are five or more dancers in the competition.

15. Photography

- a. With the exception of First Feis, Beginner 1 and Beginner 2 (or their equivalent), photography of any kind which has the capability of capturing a dancer's image while in motion is strictly forbidden.
- b. A Feis may elect to allow in motion photography for publicity purposes, but the pictures are considered the sole property of the Feis and solely for Feis use. These are not to be used for personal gain through commercial use or sale. Under no circumstances can they be published on any website or other areas, without the express written permission of the persons involved.
- c. Additionally, a professional photographer may be formally contracted by a Feis to capture non-motion photographs, such as portrait photography, awards ceremonies, etc. and/or in motion photography provided it is taken at a vendor station or suitable location:
 - i.away from the dancing stages and,
 - ii.requested by a consenting parent, guardian, or dancer (over the age of 18).
- 16. No block, en Pointe, toe walking movements, stationary or moving is allowed to be performed for all ages up to and including the under 12 age group. However, after September 1 of each year an exception is made for those dancers who are 11 dancing in the under 12 age group.
- 17. No substance that can become airborne should be used on any dance floor in an attempt to improve traction.
- 18. Respect for fellow competitors on stage is a requirement at all times. Lack of respect or courtesy for fellow competitors by aggressive dancing on stage will be subject to penalty at the discretion of each individual adjudicator.

GRADE LEVEL RULES

- 1. Solo competitors in First Feis (if offered), Beginner, Advanced Beginner, Novice or Open (Prizewinner), Adult and Master competitions:
 - a. Must compete in their own age group.
 - b. Must be prepared to perform two steps in each event.
- 2. With the exception of First Feis and Beginner 1, a dancer's level is determined in each dance (Reel, Light Jig, Single Jig, Slip-Jig, Hornpipe, Treble Jig, and Traditional Set). Traditional Set Dances are limited to those dances determined by An Coimisiun Le Rince Gaelacha as traditional set dances.
- 3. A Feis Committee may combine competitions if there are less than 5 competitors entered as follows:
 - a. Three consecutive age groups, if including the youngest or oldest multi-year age groups, or up to five consecutive single-age groups, combined into the highest age group, within that grade.
- 4. Each region may determine the system for moving dancers from one grade to another, as they see appropriate for their region.
- 5. The syllabus is to contain all grade categories.
- 6. Competitors have the option to remain in the same category for the remainder of the Feis year.
- 7.A dancer, at the discretion of the teacher, may move into the next Grade (not Open Championships) without satisfying the requirements. However, once a dancer competes in the higher level, they can never move back to a lower category, (except as outlined in Rule 1, above).
- 8. Grade Levels
 - a. First Feis: A dancer who has never competed in a Feis. A dancer can only be in this category for a single day and cannot compete at any other level in the Feis. Dancers must compete with Basic Steps that coincide with the Grade Exam Syllabus.
 - b. Beginner I (Beginner) Grade: A beginner is a competitor who has not yet taken a full year of Irish Dance lessons, thereby giving beginners a full year with such status. A Beginner must move into the Beginner 2/Advanced Beginner category the next year. Dancers must compete with Basic Steps that coincide with the Grade Exam Syllabus.
 - c.Beginner 2 (Advanced Beginner) Grade: An advanced beginner who wins 1st, 2nd or 3rd place will advance to the Novice category in that particular dance. Competition dances are reel, light jig, slip jig, traditional treble jig and traditional hornpipe, as a minimum requirement. Dancers must compete with Basic Steps that coincide with the Grade Exam Syllabus.
 - d. Novice Grade: A novice who wins a 1st place will advance to the Open (Prizewinner) category in that particular dance. In Novice competitions with 20 or more dancers, a dancer who wins 1st or 2nd place in a dance will advance to the Open/PW category in that particular dance (Dec 2012)



- e. Open Prizewinner Grade: A competitor who does not qualify as a beginner, advanced beginner or as a novice.
- f. Adult: An Adult dancer is defined as any dancer who started Irish dancing at the age of 18 or older OR any dancer 18 or older who has not competed in at least five years in a youth competition AND has never placed in the top three in a youth Preliminary championship competition of more than five competitors.
- 9. First Feis (if offered), Beginner I, and Beginner 2 are required to dance at traditional speeds. Novice and Open/Prizewinner dancers may choose between traditional and Oireachtas speeds.
 - 10. The following dance speeds must be adhered to:

	First Feis	Beg 1	Beg 2	Novice	Prizewinne
Reel	122	122	122	113	113
Light Jig	115	115	115	115	115
Slip Jig	122	122	122	113	113
Single Jig	124	124	124	124	124
Treble Jig			92	73/92	73/92
Hornpipe			138	113/138	113/138

Traditional Sets	Traditional Speed		
St. Patrick's Day	94		
Blackbird	144		
Job of the Journeywork	138		
Three Sea Captains	96		
Garden of Daisies	138		
Jockey to the Fair	90		
King of the Fairies	130		

- 11. First Feis, Beginner 1 and Beginner 2 perform only basic steps to coincide with the Grade Exam Syllabus.
- 12. Dancers competing in the First Feis category are limited to participating in the First Feis Category only.



CHAMPIONSHIP LEVEL RULES

- 1. First place winners in the Open Championship category cannot return to a Preliminary or Open (Prizewinner) competition. Placing in a Regional or National Oireachtas does not change the status of a competitor. A dancer who moves into Open Championship must stay a minimum of 2 years. If after 2 years they have not placed they are allowed to return to Preliminary. An Open Championship dancer who places is not allowed to return to Preliminary until 2 years after their last placement. The regional syllabus where the Feis is being held may have different qualifications for entry.
- 2. Entrants in any Championship event may not enter in any other (Grade) events, but may enter in Figure Dances and Specials, i.e. Treble Reel Competition, etc.
- 3. Dancers must qualify for Open Championship via the method now in place for Preliminary Championship, i.e. two 1st place wins.
- 4. Dancers must compete in the Preliminary Championship competition in order to qualify for Open Championship
- 5. Preliminary Championships
 - a. Are open to those who at any CLRG-registered Feis:
 - i. Have placed 1st in both an Open (Prizewinner) light and heavy shoe competitions and
 - ii. Have never won 1st, 2nd or 3rd in an Open Championship.
 - b.A dancer who lives in the Southern Region and who wins 1st place in a second Preliminary Championship Competition in any Region MAY move up to Open Championship Competitions immediately, at the discretion of their dancing teacher.
 - c.A dancer who lives in the Southern Region when they win 1st place in a second Preliminary Championship competition MUST move up to Open Championship Competitions no later than the one calendar year anniversary of the second Preliminary Championship win.
 - d. Preliminary Championship competitions with 26 or more competitors may be split in half according to age. * In Preliminary Championships-Separate boys into a separate competition if there are five (5) or more boys entered in a specific competition within a single age group.
- 6. If three (3) or more boys are entered in a specific age group in a combined Open Championship competition, the boys and girls MUST be split into separate competitions.
- 7. Every competitor in Preliminary or Open Championship must have a minimum of 8 rotations or 10 minutes between each of their rounds.
- 8. In the event the same organization is running 2 feis' in one weekend the following must occur:
 - a.In championship competitions, 2/3 of adjudicators must be different from the previous day.
 - b. ***NOTE: This rule has been rescinded for 2023, 2024 & 2025.***
 - c.2nd chance competitions may only be offered on one feis.



FIGURE/CEILI TEAM RULES

- 1. Teachers or team captains are responsible that their teams are complete and in position when the competition is announced.
- 2. There are no restrictions on figure age groups
- 3. Figure age groups will be determined by the oldest dancer.
- 4. 8 hand teams are allowed to repeat dancers at all Southern Region feiseanna in accordance with the World and Regional Oireachtas rules.
- 5. The length of 2 hand and 3 hand dances in competition are to be 48 bars of music plus an 8 bar introduction.
- 6. Dancers that meet the definition of an "Adult Dancer" may compete in Adult Ceili competitions. "Adult Dancer" includes Adult Grade Level, Adult Championship, and Advanced Adult, as defined by the qualifications found elsewhere in these rules.
- 7. In the event that the same organization is running 2 feiseanna in one weekend, the following may occur: Figure and Ceili competitions may be offered at only one of the feis' on that weekend.

ADJUDICATORS AND MUSICIAN RULES

- 1. 1. Musicians and adjudicators cannot be approached during a competition by anyone except the Feis Committee. No one can approach them while a competitor is performing.
- 2. Musicians employed by the Feis Committee will be solely under the direction and management of the Feis Committee on Feis day.
- 3. In matters pertaining to adjudication, the decision of the adjudicators is final.
- 4. Adjudicators are to monitor the quality of music at the stage(s) to which they are assigned.
- 5. Championships and Preliminary Championships require at least three adjudicators.
- 6. Each Feis is required to list their adjudicators on their syllabus and/or website at least three weeks before the close of entries, one-third of which are to be from outside the region where the Feis is being held.

COSTUME RULES

1. Make up is prohibited on a dancer in the first three grades (First Feis (if offered), Beginner I and Beginner 2 or their equivalent) up to and including the under 12 age group. Make-up (including false eyelashes and tanner on the face) is not permitted for dancers, in either solo or team competitions, up to and including the Under 10 age group.

Clarification: Both make up rules refer to the age group of the competition, not the actual age of the dancer. For example, 9 year old dancers, competing in a team that is entered Under 12, may wear make-up or at a feis where the youngest Open Championship age group is Under11, then all dancers in that competition may wear make-up. These rules must also be announced from side stage at the event. Participants should be reminded that should they be in breach of these rules and be required to remove their make-up, that they risk missing their rotation in the competition.

- 2. Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition. Medically prescribed aids (proof of which may be required) will be exempt from this rule.
- 3. Competitors in competitions at the First Feis (if offered), Beginner I and Beginner 2 Grade will wear only the competitor's dancing school costume or a skirt/pants and top.
- 4. Costume Length: Length of costumes must adhere to principles of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty may ask a competitor to change into black tights (of a denier not less than 70 per cent) in order for the dancer to continue in the competition.
- 5. When wearing body suits with skirts (commonly known as black-out attire) black tights (of a denier less than 70) must be worn from the age of 14 and above. Effective date: 1st February, 2020

MODESTY RULES

FROM AN COIMISIUN

- 1.1. Changing costumes, dressing and undressing of dancers will not be acceptable in the halls or public areas. For the sake of modesty and in the interests of safety of young people, dancers will not be permitted to walk around the feis scantily dressed.
 - 1.2. Respect for fellow competitors on stage is a requirement at all times.
- 1.3. Lack of respect or courtesy for fellow competitors by aggressive dancing on stage will be subject to penalty at the discretion of each individual adjudicator.
- 1.4. Length of costume must adhere to principles of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty may ask a competitor to wear black tights (of a denier not less than 70 percent) in order to continue in the competition. For competitions adjudicated by a panel of more than one adjudicator, all adjudicators on the panel must agree to asking the dancer to wear tights. Effective March 1, 2022.
- 1.5. Appropriate undergarments covering the midriff must be worn. Undergarments must provide full coverage. Dancers wearing undergarments that do not cover the areas of the body as in the illustrated example will be asked to put on black tights of a denier of not less than 70%. This is monitored by the adjudicator. For competitions adjudicated by a panel of more than one adjudicator all adjudicators on the panel must agree to ask the dancer to put on tights. (Effective March 1, 2022)

The Feis WILL NOT give any refunds for any reason including consequences for violations of these rules.

RELEASE OF LIABILITY

Adult competitors and parents of children competitors are entirely responsible for their own safety. Neither fiesta feis, or the venue will be liable for any injury that occurs at this event. By entering this feis you are agreeing to these terms and waive any right to bring legal claim for personal injury.