

CROÍ NA HÉIREANN

CHAMPIONSHIP & GRADES FEIS

PRESENTED BY THE AISLING KEOGH ACADEMY
DUBLIN  IRELAND

SUNDAY 22ND SEPTEMBER 2024

SCIENTOLOGY COMMUNITY CENTRE

24 FIRHOUSE ROAD, TALLAGHT, DUBLIN 24

- ★ Bun, Tús & Mean Grád
- ★ Open Championships U6-U9
- ★ Prelim Championships
- ★ Tiny Tots & Special competitions
- ★ Open to all regions



ADJUDICATORS:

Adrian Walker ADCRG, Brisbane, Australia

Tracey Taaffe ADCRG, Cavan, Ireland

Carmel Lawrence ADCRG, Tipperary, Ireland

MUSICIAN:

Ronan Wadsworth, Newry, Ireland

 Follow "Aisling Keogh Academy Feis" on Facebook for updates

Feis syllabus approved by Comhairle Laighean Feis Registrar Deirdre Cox

Dear teachers, parents and dancers,

On behalf of the Aisling Keogh Academy, we invite you to join us for the Croí na hÉireann Championship & Grades Feis on Sunday 22nd September 2024 in our fabulous venue, the Scientology Community Centre.

We have a wide range of grade competitions for dancers in Bun, Tús and Mean Grád. We also have introduced 3 adjudicator open championships (U6-U9), as well as our 3 adjudicator Prelim Championships, Tiny Tots and brand new special competitions with great prizes!

We have a panel of 3 esteemed adjudicators and will have wonderful music on the day. Diamond Dancewear will also be in attendance to cater for your Irish dancing needs.

We look forward to welcoming you to our feis!

Aisling Keogh ADCRG

087 2347056 / aislingkeogh30@gmail.com



Entries to be made at: www.entrytable.ie

Solo grades, Tiny Tots & Special Competitions €5

Trophy dance €7

Prelim Championship €25 (2 solo results & overall result)

U6-U9 Championship €35 (3 solo results & overall result)

Adult admission €5

Entries may be made on the day subject to a €3 late fee.

Please note that all entry fees are non-refundable.

COMPETITION INFORMATION



★ NEW!!! TOY BOX REEL SPECIALS ★

Dancers to perform 16 bars of a reel in softshoes - fancy dress optional and arm movements are permitted. Separated into Under 10 and Over 10. The winners will receive a [Smyths Toys](#) voucher!

★ NEW!!! 3 ADJUDICATOR OPEN CHAMPIONSHIPS ★

[Under 6/7 Championship:](#) R1 Reel, R2 Single Jig, R3 Light/Heavy Jig

[Under 8/9 Championship:](#) R1 Reel, R2 Heavy Jig, R3 Traditional Set Dance

★ PRELIM CHAMPIONSHIPS ★

Taking place in the following age groups:

9-11, 11-13, 13-15 and Over 15.

R1 Heavy Jig or Hornpipe, R2 Reel or Slip Jig

★ STARS OF THE FUTURE ★

For young dancers who may not be 100% ready for a feis. Each dancer will perform 16 bars of Easy Reel on stage. Parent or teacher may accompany the dancer.



TIMETABLE: SUNDAY 22ND SEPTEMBER 2024

	Stage 1	Stage 2	Stage 3
9:00am	6-7 Bun	7-8 Bun	8-9 Bun
10:00am	6-7 Tús	7-8 Tús	8-9 Tús
10:45am	U7 Mean	7-8 Mean	8-9 Mean
11:30am	Under 6 Championship Under 7 Championship Under 8 Championship Under 9 Championship All above championships will alternate		
12:45pm	Toy Box Reel Special Under 10 Toy Box Reel Special Over 10		

	Stage 1	Stage 2	Stage 3
1:30pm	Stars of the Future		
1:45pm	U5 Bun	U6 Bun	
2:15pm	9-11 Bun	11-13 Bun	O13 Bun
3:00pm	9-11 Tús	11-13 Tús	O13 Tús
3:30pm	9-11 Mean	11-13 Mean	O13 Mean
4:15pm	U13 2-hands & 3-hands O13 2-hands & 3-hands		
4:30pm	9-11 Prelim Championship 11-13 Prelim Championship 13-15 Prelim Championship O15 Prelim Championship All above championships will alternate		

BUN GRÁD DANCES:

Trophy Reel, Light Jig, Single Jig, Light Trophy

TÚS GRÁD DANCES:

Trophy Reel, Light Jig, Single Jig, Slip Jig, Light Trophy

MEAN GRÁD DANCES:

Trophy Reel, Single Jig, Slip Jig, Light Trophy, Heavy Jig, Traditional Set

COMHAIRLE LAIGHEAN CLRG

LEINSTER FEIS RULES

1. Age as on 1st January in each year of feis.
2. Entries only accepted from teachers registered with an Coimisiún le Rincí Gaelacha.
3. Make up and false tan is not permitted in Bun Grád and Tús Grád competitions up to and including under 12 age group. Make-up including false eyelashes is not permitted for dancers, in either solo or team competitions, up to and including the Under 10 age group.
4. Children competing in all age groups, in Bun and Tús Grád competitions may only wear class costumes, skirt and blouse, or appropriate civilian clothing. No low cut or off the shoulder tops or short tight skirts permitted.
5. The use of artificial carriage aids is strictly forbidden. Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition. Medically prescribed apparatus (proof of which may be required) will be exempt from this ruling.
6. In order to comply with health and safety measures, all dancers lining up side stage prior to any round at any competition will be required to perform the simple exercise of raising their arms to shoulder level unhindered. If unable to do this by the time of their rotation due to costume stitching or arm attachments, these competitors will not be permitted to perform.
7. Bun Grád competitions confined to dancers who have never won 1st prize for that particular dance in any age group or grade. Basic steps only.
8. Upgrading in Bun & Tús Competitions: 1-5 dancers: no upgrade. 6-9 dancers: 1 upgrade. 10-19 dancers: 2 upgrades (minimum of 10 dancers). 20-30 dancers: 3 upgrades (minimum of 20 dancers). There will be an extra one upgrade per 10 dancers after that.
9. Tús Grád competitions confined to dancers who have never won 1st prize for that particular dance in any age group in Lár, Méan or Árd.
10. Lár grad competitions confined to dancers who have never won 1st prize for that particular dance in any age group in Lár, Méan or Árd.
11. Méan grad competitions confined to dancers who have never won 1st prize for that particular dance in that age group or a higher age group in either Méan or Árd Grád.
12. Traditional set dance must be chosen from the following list:- a. St. Patrick's day, b. Garden of Daisies, c. Job of Journeywork, d. The Blackbird, e. King of the Fairies, f. Jockey to the Fair, g. Three Sea Captains.

13. With regard to toe movements no block, en pointe, stationary or moving, is allowed to be performed for all ages up to and including under 12 years. However, according to the an Coimisiun rule, dancers who will compete under 13 from 1st January may perform en pointe from September of the previous year.

14. Any form of unauthorised photography, which has the capability to capture a dancers' image, whilst in motion, using electronic/manual means, e.g. mobile phones, iPad, video, still camera, commercial film with/without a flash enhancement or any other means of recording is strictly forbidden.

15. Parents are responsible for the conduct and behaviour of their children at all times whilst attending the Feis within and around the hall.

16. Feis committee, as far as practicable, will provide a surface floor suitable for dancing. However, the committee cannot accept any liability whatsoever for injuries sustained whilst on stage or within the practice area. The lodgement of an entry will be deemed to be an acceptance of this provision by a dancer and by her/his parent or guardian (or teacher)

17. An Coimisiún rules will apply if disputes arise that are not covered by the above rules.

18. Objections must be lodged within one hour of the announcement of the results of a competition and must be accompanied by a fee of €20.

19. Changing of costumes, dressing and undressing, is not permitted in the halls or public areas.

20. Social Media Rule – Feis Organisers must continually make all persons aware that the taking of photographs of any children without parental permission is not permitted. Those who do not wish to be photographed should make themselves known to the Feis Organiser.

21. Comhairle Laighean Child Safety officer is Orla Nic Conuladh. Email address: dlpLeinster@gmail.com. Please contact her if you have any concerns in regard to any child safety at the event.

22. To be eligible to compete in Prelim Príomh Championship:

Dancers must not have placed in the top 3 in an Open Championship judged by 3 or more adjudicators.

Dancers must not have won a Preliminary Championship more than 2 times in the current year, HOWEVER, if there are 5 or less in a Preliminary competition the dancer is still eligible to compete in Preliminary Championship. Dancers must not have qualified for Oireachtas Rince na Cruinne in the current year (2024) or previous year (2023). Dancers must not have recalled in the actual Championship at Oireachtas Rince na hEireann in the current year (2024) or previous year (2023).