

We are delighted to be running our Feis again this year. We hope you can all join us.

As usual it will be a fantastic friendly feis with a high standard of dancing. Championships will be in the main hall judged by a panel of three adjudicators, which will include two solo results, top 5 will be awarded trophies and sashes.

The beginner/primary grades will be open to all Regions They also will be awarded top 5 trophies

There will be stalls for all your dancing and beauty accessories. There will be a tabulation service and the marks will be on sale.

Our canteen will be selling quality hot and cold food all day, served by our dedicated parents and friends.

Looking forward to meeting you all again!

Kathleen Hannon TCRG



**In loving memory of  
Pat Murphy Livingstone ADCRG**

The Hannon Murphy  
Memorial Feis  
1<sup>st</sup> July 2023

Whitley Bay High School  
Monkseaton  
Tyne And Wear  
NE25 9AS

In loving memory of  
Pat Murphy Livingstone ADCRG  
Adjudicators

Andrea Field  
Kevin McCormack  
Colin Ryan  
Sarah Clark

North West Region  
Leinster Region  
Ulster Region  
Southern Region

Musicians

Gerry Conlon  
Martin Daly

Glasgow  
Glasgow

**CLARAITHE LEIS AN COIMISIUN LE RINCI GAELACHA**

## GOVERNING RULES

- 1 Entries with fees to reach Secretary, Mrs K M Hannon, 54 Wedmore Road, Hillhead Estate, Newcastle upon Tyne. NE5 5NR on or before Monday 19<sup>th</sup> June 2023.  
Entries will be accepted by cash or cheque (one cheque per school) or via bank transfer –  
Sort code 11/03/17 Account no 14105960 Mrs Kathleen M Hannon
- 2 No entries will be accepted without fees a registered teacher must sign all entries.
- 3 Age to be taken from 1 January 2023.
- 4 The Adjudicator's decision is final.
- 5 Beginners and Primary Competitions are open to all regions and dancers, up to and including the Under 12 age group, may only wear traditional class costumes or long/short sleeved blouses/shirts and skirts/trousers, polo tops and skirts/trousers, body suits and skirts or tunics that conform to the regular costume length rule. Low-cut tops and short tight skirts are not permitted.
- 6 Beginners are open to dancers who have never won a 1<sup>st</sup> placed medal in that particular dance in any age group and must dance basic steps.
- 7 Primary competitions are open to dancers who have never won a 1<sup>st</sup> place in that particular dance in any age group.
- 8 Intermediate competitions are open to dancers who have never won a 1<sup>st</sup> place in that particular dance in their present age group.
- 9 Beginner and Primary Trophy Reel competitions are only open to those who have danced in the respective Reel competitions and have not previously won a Trophy Reel competition in any age group. Intermediate Trophy Reel competitions are open to dancers who have danced in the Intermediate Reel on the day and have not previously won an Intermediate Reel competition in their present age group.
- 10 If there are 5 or less competitors in any Beginner, Primary or Intermediate competition this will not count for grading purposes. However, a dancer may only win 3 such competitions and then move to the next grade.

- 11 If there are 15 or more competitors in any Beginner Competition, the 1<sup>st</sup> 2<sup>nd</sup> and 3<sup>rd</sup> placed dancers will move up to the next grade. If there are less than 15 only the 1<sup>st</sup> placed will count.
- 12 With the exception of U5, U6 and U7, any dancer who has won an Open Championship must dance in the open grade in the calendar year in which this was won.
- 13 Any dancer in U5, U6 or U7 age group, who has previously an Open Championship, must dance Open for the dances performed in the Championship. They may dance their other dances in the appropriate grade
- 14 Dancers must dance in the solo competitions in order to dance in the Premier/Open Championship (Under 5, 6, 7, 8 and 9 age groups).
- 15 **Preliminary Championships**
  - A minimum number of three Adjudicators must officiate.
  - The first age group for a Preliminary Championship is under 10.
  - Where a Preliminary Championship is held separate from an Open Championship, three rounds should be offered, namely, Reel or Slip Jig, Heavy Jig or Hornpipe, and any Set Dance.
  - Where a Preliminary Championship is combined with an Open Championship, then the result should be taken from eligible dancers' ranking after the first two rounds.
  - Where there are separate Preliminary and Open Championships, dancers can compete in both at the discretion of the feis organiser.
  - Where a competitor wins two Preliminary Championships, they must dance in Open Championship for a period of 12 months thereafter.
  - For grading purposes, two wins will be taken as being in any two-year rolling period. Where a dancer does not win a second Preliminary within two years of winning their first Preliminary Championship, then the first win will be deemed as having expired and the dancer starts afresh.
  - Where there are less than 6 in a Preliminary Championship, that win will not normally be considered for grading purposes. However, where a dancer wins three Preliminary Championships, regardless of the number of competitors in each competition, that dancer must dance in Open Championship for a period of 12 months thereafter.

- Dances performed in a Preliminary Championship do not count for grading in solo competitions.
  - Dancers placing 1st – 3rd in an Open Championship with up to 20 competitors, or 1st – 5th in an Open Championship with more than 20 competitors, cannot compete in a Preliminary Championship for a period of 12 months.
  - A solo World Qualifier (in the previous 12 months) will NOT be eligible to compete in a Preliminary Championship; the exception to this would be any dancer who may have automatically qualified due to low numbers in his/her respective competition at the Regional Oireachtas.
- 16 The North East Region always runs Preliminary and Open Championships as separate competitions. In the case of the Preliminary Championships, if there are 5 or less competitors in any single age group, the competitions will be combined and held in a double age group.
- 17 If there are 3 or more boys, then there will be separate Championship
- 18 Teams may contain up to 75% from a younger age group. Dancers may only dance in one team, in the same age group (i.e., 1x 2 hand)
- 19 Competitors must be present when their age group is called otherwise they may lose their right to dance.
- 20 All trophies are perpetual challenge trophies and must be returned when requested. The recipient is responsible for any loss or damage to trophies whilst in their possession.
- 21 Any objections to be made in writing and handed to the Secretary with a fee of £5-00 within one hour of the competition. If the objection is sustained, the fee will be refunded.
- 22 No video, digital camera, digital phone camera or flash photography is to be used in the Halls during competitions. Mobile phones and electronic games must be switched off in the dancing areas. No hairspray or aerosols are to be used in the dancing areas.
- 23 No alcohol should be brought onto the premises with the intent to consume.
- 24 Prizes will be awarded in accordance with an Coimisiun rules.

**TROPHIES TO BE AWARDED TO TOP 5 PLACES IN ALL PRELIMINARY AND OPEN CHAMPIONSHIPS.**

- 25 The feis organisers reserve the right to cancel or amend any competitions. Teachers will be notified of any changes.
- 26 No smoking is permitted anywhere in the building.
- 27 Dancers must be suitably dressed at all times. No changing is permitted in the competition halls.
- 28 The feis organisers will provide a surface suitable for dancing. However, the organisers cannot accept any liability for injury sustained whilst on stage. The lodgement of an entry will be deemed acceptance of this.
- 29 ALL NORTH EAST TEACHERS MUST PROVIDE A COPY OF THEIR ENTRIES TO THE RECORDS CLERK BY THE CLOSING DATE, FOR RECORD PURPOSES. IF THIS IS NOT ADHERED TO, THE NORTH EAST REGIONAL COUNCIL WILL IMPOSE A £20-00 FINE.
- 30 Any competitor found to be using artificial carriage aids, and subsequently refusing to remove them, will be subject to disqualification from that particular competition. Medically prescribed apparatus (proof of which may be required) will be exempt from this ruling.
- 31 Length of costume must adhere to principles of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty may ask a competitor to wear black tights (of a denier not less than 70 percent) in order to continue in the competition. For competitions adjudicated by a panel of more than one adjudicator, all adjudicators on the panel must agree to asking the dancer to wear tights. (Effective from 1 March 2022).
- 32 Appropriate undergarments covering the midriff must be worn. Undergarments must provide full coverage as per the illustration attached. Dancers wearing undergarments that do not cover the areas of the body as in the illustrated example will be asked to put on black tights of a denier of not less than 70%. This is monitored by the adjudicator. For competitions adjudicated by a panel of more than one adjudicator all adjudicator on the panel must agree to ask the dancer to put on tights. (Effective from 1 March 2022).
- 33 Make-up will not be permitted for any dancer in the first two grades (Beginners and Primary) up to and including the under 12 age group worldwide. For the purpose of this rule, the term “make-up” includes tinted moisturizer and any artificial tanning products. Make-up (including false

eyelashes and tanner on the face) is not permitted for dancers, in either solo or team competitions, up to and including the Under 10 age group.

- 34 No block, en pointe movements, stationary or moving, are allowed to be performed for all ages up to and including the Under 12 Age Group worldwide. However, dancers, who are moving into the Under 13 Age Group in January, will be permitted to do block/en Pointe work from September 1<sup>st</sup> of the year prior to this date.
- 35 The feis committee may modify, alter or cancel any arrangement in the syllabus as is deemed necessary, subject to approval of the North East Regional Council.
- 36 Respect for fellow competitors on stage is a requirement at all times. Lack of respect or courtesy for fellow competitors by aggressive dancing on stage will be subject to penalty at the discretion of each individual adjudicator.

**Approved by: R. O'Donnell**

**Date: 25.05.2023**

**Please note that the following dance speeds apply to all North East Feisanna:**

<b>DANCE</b>	<b>BEGINNER</b>	<b>PRIMARY</b>	<b>INTERMEDIATE</b>	<b>OPEN</b>
Reel	122	116	113	113
Single Jig	124	124	124	124
Light Jig	116	116	116	116
Slip Jig	122	118	113	113
Heavy Jig	96	76	73	73
Hornpipe	144	118	113	113

**Traditional Set Dance speeds:**

St Patrick's Day	94
Blackbird	144
Garden of Daisies	138
Job of Journeywork	138
King of the Fairies	130
Three Sea Captains	96
Jockey to the Fair	90

## **SOLO COMPETITIONS**

Tiny Tots	Under 5 Ungraded Reel (16 bars only)
Beginners	Under 5, 6, 7, 8, 9, 10, 11, 13 Reel, Slip Jig, Single Jig, Light Jig, Trophy Reel, Heavy Jig, Hornpipe
Primary	Under 5, 6, 7, 8, 9, 10, 11, 13, OVER 13 Reel, Slip Jig, Single Jig, Light Jig, Trophy Reel, Heavy Jig, Hornpipe
Intermediate	Under 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, OVER 15 Reel, Slip Jig, Single Jig, Light Jig, Trophy Reel, Heavy Jig, Hornpipe
Open	Under 5, 6 & 7 Reel, Slip Jig, Single Jig, Light Jig, Heavy Jig, Hornpipe  Under 8 & 9 Reel, Slip Jig, Single Jig, Light Jig, Heavy Jig, Hornpipe, Trad Set Dance

## **FIGURE DANCING**

Under 7 and Under 9	2 Hand, 3 Hand, 4 Hand (Trad)
Under 11, 13, 16 & Senior	2 Hand, 3 Hand, 4 Hand (Trad) and 8 Hand



## **PREMIER**

**Under 5**                      Reel

## **PRELIMINARY CHAMPIONSHIPS**

**Age groups: Under 10, 11, 12, 13, 14, 15, and over 15**

1<sup>st</sup> Round: Reel or Slip Jig

2<sup>nd</sup> Round: Heavy Jig or Hornpipe

3<sup>rd</sup> Round: Set Dance

## **OPEN CHAMPIONSHIPS**

**Age groups: Under 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 19, Senior**

Under 6 & 7                      1<sup>st</sup> Round: Reel, 2<sup>nd</sup> Round: Single Jig

Under 8 & 9                      1<sup>st</sup> Round: Reel or Slip Jig

2<sup>nd</sup> Round: Heavy Jig or Hornpipe

Recall Round: Trad Set Dance

Under 10                      1<sup>st</sup> Round: Reel or Slip Jig

2<sup>nd</sup> Round: Heavy Jig or Hornpipe

Recall Round: Set Dance

Under 11 to Senior            1<sup>st</sup> Round: Reel or Slip Jig

2<sup>nd</sup> Round: Heavy Jig or Hornpipe

Recall Round: Open Set dance

**Solo results will be given for the first two rounds from Under10 up to Senior Open Championships and all Preliminary Championships.**

**Trophies and sashes will be awarded to top 5 dancers in all Preliminary and Open Championships.**

**Marks will be available after each Preliminary and Open Championship at the cost of £4.**

**Where there are 12 or more dancers in any Preliminary and Open Championship, there will be a 50% Recall. Should there be less than 12 dancers in Preliminary or Open Championship, then all dancers will be recalled.**

## **ENTRY FEES**

Solos	£5-00
Tiny Tots Ungraded Reel	£5-50
Trophy Reels	£6-00
Premier (U5)	£8-00
Preliminary Champ	£40-00 (to include 2 solo rounds)
Open Champ up to U9	£20-00
Open Champ U10 to Snr	£40-00 (to include 2 solo rounds)
Figure Dancing	£0-60 (per dancer)
Family Ceiling	£80-00

(This applies to either Grades or Preliminary/Open Championship competitions, but not both. A family may claim two family ceilings if family members (from one family) compete in both Grades and Preliminary/Open Championship. Where a dancer enters four or more solo competitions, they can enter Open or Preliminary Championships at a charge of £10.00)

**DOOR ENTRY £6-00 (Concessions £3.00) none dancer siblings free.**

**PLEASE USE OFFICIAL ENTRY FORM**