



# Cox Academy Spring Feis 2024

## Registration number: 3633/24

### **Date:**

Saturday 7th September, 2024

### **Venue:**

Abbotsleigh Assembly & Concert Hall

1666 Pacific Hwy Wahroonga NSW 2076

**(ENTRY VIA GATE 1A)**



### ABBOTSLEIGH

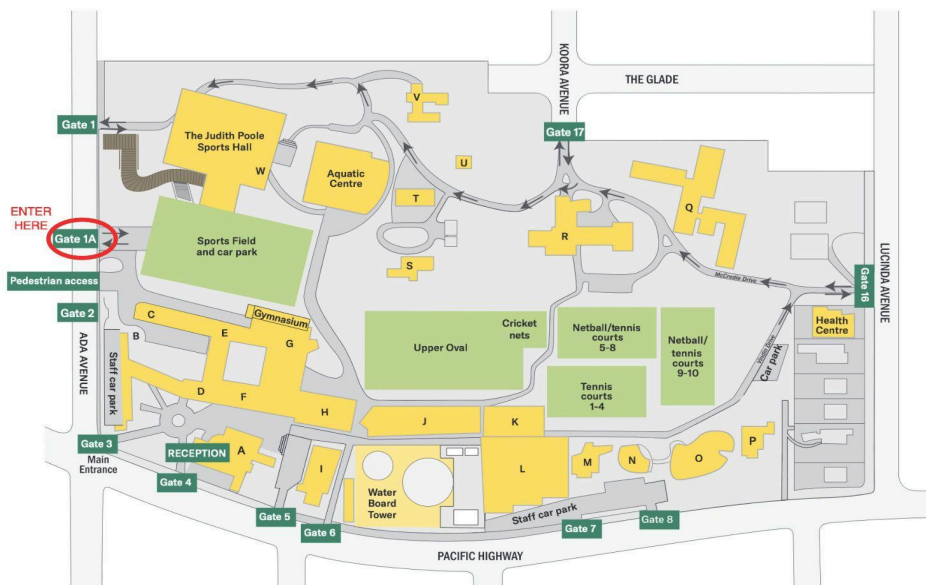
Senior School campus  
1666 Pacific Highway, Wahroonga NSW 2076  
Phone: 02 9473 7777

#### KEY

- A Marian Clarke Building
- B Lecture Theatre
- C Forum
- D RISC
- E Drama Studio
- F Global Learning Centre
- G Peter Duly Concert Hall
- H Assembly Hall
- I Chapel
- J iHub
- K Visual Arts
- L ARC (Library)
- M GCS Gallery (Vindin House)
- N Arts Centre
- O Science Centre
- P Lynton House
- Q Wheeldon House
- R McCredie House
- S Read House
- T AbbSchool Office
- U ACEE
- V Uniform Shop
- W Dance Studios and Strength and Conditioning Centre

VISITORS TO REPORT TO RECEPTION

Emergency contacts  
0409 517 168  
0419 035 747  
0413 080 182





## **Adjudicators:**

Brigid Mackness ADCRG (QLD)

Adam Morris ADCRG (NSW)

Liam Ayres ADCRG (VIC)

Genevieve Carroll ADCRG (NSW)



### **Entry Options:**

Dance to the Music

Warm Up Dances - Novice, Beginner and Primary

Feedback Dances - Elementary, Intermediate and Open

Novice, Beginner, Primary and Elementary  
Premierships – 2 Dances

Intermediate/Open Championships – 3 Dances

Adult - Beginner and Advanced - 2 Dances

*See further details on the following page.*

### **Enter Online:**

[Click Here to Enter!](#)



## **Syllabus**

**Door Entry Fee is \$30 per family.**

## **Cox Academy Spring Feis – 7th September 2024**

Our Feis will be in the Assembly Hall of Abbotsleigh School in Wahroonga. Our warmup room will be located downstairs at the entrance to the building. Our day will include a canteen, raffles and hopefully a nice Sydney Spring Day to enjoy some sunshine in the beautiful grounds of the college.

## **ADCRG**

We welcome our adjudicators, Brigid Mackness ADCRG (QLD), Liam Ayres ADCRG (VIC), Adam Morris ADCRG (NSW) and Genevieve Carroll ADCRG (NSW) to our Feis.

## **Closing Date**

Entries will close **Friday 16<sup>th</sup> August**. Late entries *may* be accepted with an additional fee of \$20. Entry numbers will be capped to ensure we stay on schedule.

## **Entry Options**

### **Dance to the Music**

For any little dancers not ready to compete in other sections - \$15

### **Novice, Beginner and Primary**

Warm up Dance - \$15 - Maximum 2 Dances

- Novice Options – Light Jig, Extra Jig and Reel
- Beginner Options – Light Jig, Extra Jig, Reel and Single Jig
- Primary Options – Heavy Jig (Speed 82 or 92), Reel and Traditional Set Dance

### **Elementary, Intermediate and Open**

Feedback Dance of your choice - \$20 - Maximum 2 Dances



Premierships - \$45

Novice	Light Jig and Extra Jig OR Light Jig and Reel
Beginner	Light Jig and Extra Jig OR Light Jig and Reel
Primary	Heavy Jig (speed 82 or 92) and Reel
Elementary	Jig OR Hornpipe and Reel OR Slip Jig
Adult Beginner	Light Jig and Reel
Adult Advanced	Jig OR Hornpipe and Reel OR Slip Jig

Intermediate/Open Championships - \$70

6 and Under	Light Jig, Single Jig and Reel (speed 122, 116 or 113)
7 and 8 Years	Jig, Reel and Traditional Set Dance
9 Years and Over	Jig/Hornpipe, Reel/Slip Jig and Own Choice Set Dance

### **Online Entry**

Enter the Feis on our website at  
<https://www.tickettailor.com/events/coxacademyofirishdance>

### **Contact**

Questions? Contact [coxacademyfeis@gmail.com](mailto:coxacademyfeis@gmail.com) for any questions



### **Rules of the Feis**

The following rules should be read in light of the AIDA Mission statement, the objective of which is to encourage good sportsmanship in a healthy, positive and fair spirited environment. This objective should be upheld by ALL teachers, dancers, parents and spectators at all events.

1. Competitors must be pupils of Registered Teachers with An Coimisiun Le Rinci Gaelacha who are also registered with AIDA Inc for the year 2024.
2. Competitors must be registered with AIDA Inc. for 2024 and proof of age must also have been ascertained.
3. Entries must be submitted on the official entry form and fees paid by the due date of Friday 16th August. Late entries may be accepted until with a late fee of \$20 per dancer.
4. All competitors must be in the marshalling area prior to the commencement of their sections otherwise they may face disqualification.
5. The competition organiser reserves the right to amend the order of dances at any time.
6. In the case of a tie, there will be no dance off. Competitors in the next position will move back a place.
7. Competitors will be required to dance to music supplied by the Feis organiser. Teachers may be required to supply their own music for Own Choice Set Dances.
8. If there is a problem with music, either manual or recorded, the dancer will be permitted to re-dance.
9. If a dancer loses a heel or a complete shoe, he/she may stand back allowing the other dancer to continue dancing uninhibited. Such a dancer will then be allowed to re-dance.
10. Should a dancer bump, slip or fall, they may re-dance at the adjudicator's discretion.



11. No block, en point, stationary or moving is allowed to be performed for all ages up to and including the 11 years and under age groups.
12. If a dancer falls the adjudicator must ring the bell. The dancer will be permitted to re-dance at the adjudicator's discretion.
13. If the judges ring the bell to stop the performance during the last eight (8) bars in Round 1 or Round 2, the dancers will only be required to dance the last 16 bars of that dance.
14. If the judges ring the bell to stop a performance during any part of an open solo set dance, the dancer will perform the entire dance for the re-dance.
15. Where a dancer fails to complete his/her performance in any given round, that dancer is to be given zero marks by each adjudicator for that round.
16. Lead Round / heavy dancing. In all competitions for Primary, Intermediate and Open, in all heavy dancing i.e Jig and Hornpipe, the Lead Round must be danced on both right and left foot.
17. In graded sections, competitors are required to perform the correct standard of work as set out in the AIDA Inc Competitions Rules and Regulations. Competitors will be disqualified by adjudicators if incorrect standard of work is performed.
18. Make-Up & false tan will not be permitted for any Dancer in the first three grades (Novice, Beginner or Primary) up to and including the under 12 age group worldwide.
19. Make-Up (including false eyelashes) & false tan is not permitted for dancers, in either solo or team competitions, up to and including the Under 10 age group (effective March 1, 2014).



20. Costume rules are as follows;

GRADE	AGE	COSTUME	MAKE UP & LEG TAN	WIG
NOVICE and BEGINNER (BUN)	11 years & under	Traditional class costumes or appropriate attire* but NO Solo costume may be worn	No	No
	12 years & over	Solo Costume allowed	Yes	Yes
PRIMARY (TUS)	11 years & under	Traditional class costumes or appropriate attire* but NO Solo costume may be worn	No	No
	12 years & over	Solo Costume allowed	Yes	Yes
ELEMENTARY (MEAN1) INTERMEDIATE (MEAN) OPEN (ARD)	9 years & under	Solo Costume allowed	No facial make-up but leg tanner allowed	Yes
	10 years & over	Solo Costume allowed	Yes	Yes

**Appropriate attire\*** refers to long/short-sleeved blouses/shirts & skirts/trousers, polo tops & skirts/ trousers, body suits & skirts or tunics that conform to the regular costume length rule. Low-cut tops and short tight skirts are not permitted.

21. The decision of the adjudicator is final. Any protests are to be directed in writing to the competition organisers, accompanied by a fee of \$100, to be forfeited if the objection is overruled.

22. To receive prizes or awards, competitors must be in full dancing costume including shoes.

23. Any form of unauthorised photography which has the capability to capture a dancer's image whilst in motion, using electronic or manual means eg mobile phone, standard camera, video camcorder, cinerecorder, commercial film with or without flash enhancement is expressly forbidden in competition unless prior permission has been given by the Feis organisers. Except for dancers in the Novice and Beginner sections, refer to the photography conditions for novice and beginner dancers as listed below.

24. Costume dress necklines must be of collar-bone level or above. This does not preclude the use of alternative fabrics eg lace as an insert

25. Where chiffon or lace material is used as sleeves, the sleeves must start at the shoulder line and end at the cuff.

26. Appropriate underwear must be worn. Where tights are worn, they must be of a denier not less than 70.

27. In accordance with our obligations under the Protection policy, dancers are reminded to wear appropriate dress at all times whilst at the Feis (especially in the auditorium area). NB This means that shorts / skirt must be worn over leotards at all





times.

28. All forms of dance school identification; be it by sign, shape, colour–piece, logo or symbol is banned from all solo costumes worn by any competitor in any competition. Initials & name are added to this rule from Jan 2025.

29. The use of artificial arm aids is not permitted.

30. Although all care will be taken to provide a safe stage surface, all dancers participate at their own risk.

31. Cox Academy of Irish Dance will not accept any liability for injuries sustained. Lodgement of an entry will be deemed to be an acceptance of this provision by a dancer, their parent/guardian and teacher.

32. The Feis Organizer will not enter into any correspondence with parents or non- parents concerning the organisation and procedure at a Feis unless these matters are put in writing.

33. All dancers must wear the number provided on the front of their costume.

34. Following the awards, parents may photograph their own child or others with parental permission but be highly aware that there must not be other children in the shot whose privacy must be protected (if applicable). As organisers of this event, we plan to photograph winning competitors for the purpose of posting on our Facebook and Instagram page. Please indicate if you wish to opt out of this process.

35. Lodgement of an entry shall be taken to signify that the Teacher, Parent and Pupils concerned accept these rules in full and agree to strictly abide by them.



## **PHOTOGRAPHY CONDITIONS FOR NOVICE AND BEGINNER DANCER**

Following recent changes made to the photography rule as set down by An Comisiun le Rinci Gaelacha, Ireland, families will now be given the opportunity to film their children dancing in NOVICE AND BEGINNER SECTIONS ONLY under the guidelines set out below.

- **Who**

Only persons known to the Dancer may be photographers. There will only be one photographer permitted per dancer per dance.

- **What**

Video and still photo images only. NO FLASH photography permitted. Only those permitted to take images of the Dancer/s for whom the Photographer has been granted permission. Photography of any other Dancer is NOT Permitted. If the same Dancer who competes in Novice/Beginners also competes in a higher Grade event, photography is not allowed in the higher Grade event under any circumstances.

- **Where**

Any Novice/Beginner events of any AIDA Feis. Photographers are only permitted to take photographic images from the designated area/s assigned by the Feis Organisers. Prize presentation photography is permitted and is not limited to the designated photography area.