

FÈILE ROSCOMÀIN



"THE FOUR PROVINCES FEIS"

March 11th & 12th 2023
KilBride Community & GAA Complex
Four Mile House, Co. Roscommon

Adjudicators

Adrian Kelly (London)
Maria Kiely Walsh (Munster)
Ciara Lennon (Ulster)

Musician

Dean Crouch

Dancers, please enter on www.entrytable.ie on a first come first served basis

Additional Attendees €5

Feis Registrar: _____ Derek Fahy. Date: Feb 10, 2023

SUNDAY MARCH 12TH

TIME	Preliminary & Open Championships
9:00am	8-9 Girls Championships /Prelim 9-10 Girls Championships /Prelim 8-10 Boys Championships
10:15am	U6 Mixed Championships U7 Mixed Championships U8 Mixed Championships
	Minor Parade of Champions Top 3 Dancers
12:00pm	Teams -4 hands -8 Hands
1:00pm	10-11 Girls Championships /Prelim 11-12 Girls Championships /Prelim 10-12 Boys Championships 12-14 Boys Championships
4:00pm	12-13 Girls Championships /Prelim 13-14 Girls Championships /Prelim 14-15 Girls Championships/Prelim
	Junior Parade of Champions Top 3 dancers

ENTRY Process

Parents can enter dancers on www.entrytable.ie. Championships will be capped at 35 dancers. Only dancers registered with CLRG may enter.

Please indicate if dancers are to be entered for the prelim championship.

Please indicate which traditional set dancers will dance

Please include which light/heavy dancer will dance.

Inclusive of 8-9 and 14-15 championships, all competitions will include a preliminary result based on the first two round.

Please Note: All times are approximate, and dancers must be ready to commence 30 before stated time.

Entries will CLOSE: Monday March 6th

Entry for the Feis indicated that dancers entered, and their parents/guardians agree to adhere to the Feis and venue guidelines. FEES are non-refundable except in the case that the event does not go ahead as planned.

Championship: €35

Prelim + Open Championship: €45

Grade Solo Dances €5 Per Dance

Tiny Tots Celebration €7

Príomh Comortas €15 (taken from 2 nominated dances already danced)

Family maximum fee €100

A €5 Door fee on admission

(Please note that dancers in this age group who might be in the Ceili Team Under 11 will be permitted make up for team this age group competitions, i.e. Under 11 Ceili Championships)

8. In Bungrad and Tusgrad dancers must wear either appropriate class costumes or 'Day clothes' as per Commission Rules
9. Any form of unauthorized photography which has the capability to capture a dancers image, whilst in motion, using electronic/manual means; example mobile phones, video, still cameras, commercial film with/without a flash enhancement or any other means of recording is strictly forbidden.
10. Dancers who do not present themselves for competitions immediately they are called will forfeit their chance to compete. A dancer who fails to complete one of the dances in the first two rounds will not appear in the recall.
11. Rule: 4.6 Toe Movements 4.6.1 No block, en Pointe movements, stationary or moving, are allowed to be performed for all ages up to and including the under 12 age group. 4.6.2 However dancers who are moving into the under 13 age group in January will be permitted to do block / en-Point work from September 1st of the year prior to this date. For Regions in the Southern Hemisphere a different date may be applied in the case of this rule, on the advice of the appropriate Authority.
12. 11. U6, 6-7 Mixed, 7-8 Mixed Championships will dance to 40 bars in all dances except Rince Leithead Tradisiunta (Traditional Set Dance)
13. Parents are responsible for their conduct and behaviour of their children at all times whilst attending the Feis and around the venue.
14. The use of Artificial carriage aids is strictly forbidden. Any competitor found using these and refuses to remove them will be subject to disqualification.
15. Traditional set dances must be chosen from the following list: St. Patricks Day, Garden of Daisies, Job of Journeywork, The Blackbird, King of the Fairies, Jockey to the fair, or Three Sea Captains.
16. The Feis Committee will provide suitable dance floors. However the committee cannot accept any liability for injuries sustained whilst on the stage or in the practice area. The lodgement of an entry will be deemed to be an acceptance of this provision.
17. Objections must be lodged within one hour of announcement of results. And must be accompanied with a fee of €20.
18. An Coimisiún rules will apply if disputes arise that are not covered by the above rules.
19. To be eligible to compete in a Preliminary Championship:
 - Dancers must not have placed in the top 3 in an Open Championship judged by 3 or more adjudicators.
 - Dancers must not have won a Preliminary Championship more than 2 times in the current year, **HOWEVER**, if there are 5 or less in a Preliminary competition the dancer is still eligible to compete in Preliminary Championship.
 - Dancers must not have qualified for Oireachtas Rince na Cruinne in the current year (2023) or previous year (2022).
 - Dancers must not have recalled in the actual Championship at Oireachtas Rince na hÉireann in the current year (2023) or previous year (2022).
 - Dancers having won 2 Preliminary Championships may not compete in any Mean grad competition for the remainder of the year **HOWEVER**, if a dancer has won only one Preliminary Championship they may continue to compete in Mean grad (with the exception of the dances that they won the Prelim Championship with).

Accommodation:

Hannon's Hotel	0906637644
Abbey Hotel	0906626240
Gleeson's Townhouse	0906626954

Directions:

Located on the Sligo road out of Roscommon Town. The N61 at Four Mile House. The hall is located beside the church and primary School.

ENTRY INFORMATION

Bun Grad Dances: Reel, Light Jig, Slip Jig, Single Jig,
Príomh Comortas Reel and Light Jig

Tus Grad Dances: Reel, Light Jig, Slip Jig, Single Jig, Heavy Jig, Hornpipe, St. Patrick's Day
Príomh Comortas St. Patrick's Day and any light dance

*Under 6 and Under 7 Any two light dances

Mean Grad: Reel, Light Jig, Slip Jig, Single Jig, Heavy Jig, Hornpipe, Traditional Set
Príomh Comortas Traditional Set and any Light dance

*Under 6 and Under 7 Any two light dances

Championship Dances:

Under 6: Reel, Light Jig, Single Jig

6-7: Reel, Single Jig and Jig (light or heavy)

7-8/8-9: Reel, Jig, (light or heavy) and Traditional Set

9-10 upwards: Reel/Slip Jig, Heavy Jig/Hornpipe, Open Set

Translation	
Reel	Ril
Light Jig	Port Eadtrom
Slip Jig	Port Luascadh
Single Jig	Port Singil
Heavy Jig	Port Trom
Hornpipe	Compiopa
Trad Set	Seit Tradisiúnta

20 Dancers or more 50% recall.

Separate Results Hall

RULES/RIALACHA

1. Age as on January 1st in the year of the Feis.
2. Entries only accepted from dancers that have teachers registered with an Coimisiún le Rincí Gaelacha.
3. All competitions in all grades are open to all regions worldwide.
4. Bun Grad competitions are confined to dancers who have never been regraded in that particular dance in any grade. BUN Grad steps must be performed.
5. Tus Grad competitions are confined to dancers who have never been regraded in Tus, Lar, Mean or Ard Grad. Tus steps must be danced.
6. Mean Grad competitions are confined to dancers who have never been regraded in that particular dance in that age group or higher in Mean or Ard Grad.
7. Make-Up / False Tan / Eyelashes will not be permitted for dancers in either solo or team competitions, up to and including the Under 10 age group. Effective from 1st March 2014.

TIMETABLE

SATURDAY MARCH 11TH

TIME	Grade	STAGE 1	STAGE 2	STAGE 3
9:00am	Bun	U6/U9 Reel(1a), Light Jig(2a), Single Jig(3a), Slip Jig(4a) U5 Reel (5a) and Light Jig(6a)	U7/9-10 Reel(7a), Light Jig(8a), Single Jig(9a), Slip Jig(10a)	U8/10 – 12/O12 Reel(11a), Light Jig(12a), Single Jig(13a), Slip Jig(14a)
(PC will dance Reel and Light Jig) (15a)				
11am	Tús	U6 /U9 Reel(16a), Light Jig(17a), Single Jig(18a), Slip Jig(19a), Heavy jig(20a), Hornpipe(21a), St. Patricks Day(22a)	U7/9-10 Reel(23a), Light Jig(24a), Single Jig(25a), Slip Jig(26a), Heavy jig(27a), Hornpipe(28a), St. Patricks Day(29a)	U8/10 – 12/O12 Reel(30a), Light Jig(31a), Single Jig(32a), Slip Jig(33a), Heavy jig(34a), Hornpipe(35a), St. Patricks Day (36a)
(PC will dance St Patricks day and any Light Dance) (37a)				
U6/U7 Any two light dances				
12:30	TINY TOTS Celebration 16 Bars Easy Reel			
2pm	Mean	U9/O14 Reel(38a), Light Jig(39a), Single Jig(40a), Slip Jig(41a), Heavy jig(42a), Trad set(43a), Hornpipe (44a)	U7/9-10 Reel(45a), Light Jig(46a), Single Jig(47a), Slip Jig(48a), Heavy jig(49a), Trad set(50a), Hornpipe(51a)	U8/10-12/12-14 Reel(52a), Light Jig(53a), Single Jig(54a), Slip Jig(55a), Heavy jig(56a), Trad set(57a), Hornpipe (58a)
(PC will dance Trad Set and any Light Dance) (59a)				
U6/U7 Any two light dances				
4:30pm		15-16 Girls Championships 16-17 Girls Championships 14-16 Boys Championships		
6:30pm		17-18 Girls Championships 18-20 Ladies Championships O20 Ladies Championships 16-18/ O18 Men's Championship		
Senior Parade of Champions Top 3 dancers				