



**SOUTH PORTLAND  
MIDDLE SCHOOL**  
120 WESCOTT RD, SOUTH  
PORTLAND, ME 04106

Feis starts at 8:30AM  
Doors open at 7:30AM

**SPONSORED BY  
THE STILLSON SCHOOL  
OF IRISH DANCE**

**MEMBER OF AN COIMISIUN LE  
RINCE GAELACHA  
DUBLIN, IRELAND**

The Maine State Feis is registered,  
sanctioned, governed by the rules of  
An Coimisiun ([www.clrg.ie](http://www.clrg.ie)) and the  
New England Region ([www.neidt.org](http://www.neidt.org))

**Feis Entries** MUST be completed  
online through FeisWeb  
([www.feisweb.com](http://www.feisweb.com))

## CONTACT

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🌐 Facebook/Stillsonirishdance

Instagram: @stillsonirishdance

# THE 25TH ANNUAL MAINE STATE FEIS

**SATURDAY JULY 26<sup>TH</sup>, 2025**

## ENTRIES

- All entries must be submitted prior to July 16th, 2025.
- Entries submitted after this date are subject to a \$30 late fee.
- Entries close on July 21st, 2025 at 6pm. Additional entries after this point will be accepted on a case-by-case basis and incur a \$50 late fee.
- Changes made after July 16th and before July 21st will be accepted with a \$20 change fee.
- No changes will be accepted after July 21st, 2025.
- No entries will be accepted by phone or on the day of the feis.
- **Payment: After registering on FeisWeb all fees must be paid online.**
- **Fees are non-refundable and non-transferable.**
- If all fees are not paid at the time of registration, the entry will be deleted to free a spot for another dancer- no exceptions.

## LOCAL RULES

- Awards will be presented in proportion to the number of entries in each competition and to the degree of proficiency shown.
- Carlene Stillson and the Stillson School of Irish Dance, The Town of South Portland, and the Feis committee will not be held responsible for personal injury, loss of property, etc.
- There will be no coolers allowed on the premises. Refreshments will be available at the feis.
- Closing date for entries is July 16th, 2025. All entries received after that date are subject to a \$30 late fee per family.
- Entries will be not accepted after July 21st, 2025 at 6pm.
- Competition numbers must be printed PRIOR to the feis. They will NOT be available the day of.
- The feis committee reserves the right to combine or split competitions based on the number of dancers.
- Dance choices for Prelim and Open must be indicated on entry.
- **NO VIDEO CAMERAS ALLOWED-** except for pre-beginner, beginner, and advanced beginner categories.
- All competitors must be pupils of a TCRG or ADCRG registered with members of CLRG.
- The Feis Committee reserves the right to deny entry to any dancer or spectator.

## \* ADULT DANCERS

\*Are classified as competitions for dancers who:

- 1) Have not taken Irish Dancing lessons as a juvenile and must be at least 18 years of age on January 1st, 2025
- 2) May have taken lessons as a juvenile but have not competed in any competition, solo or teams, feisanna or Oireachtais, except competitions specifically designated for adults within the past 5 years, and must be at least 18 years of age as of January 1st, 2025.



## Entry Fees in US Funds

**\$15.00** Per Solo Dance/ Special Comp

**\$30.00** Future Champs\*

**\$50.00** Per Preliminary Championship

**\$60.00** Per Open/ Adult  
Championship

**\$20.00** Per Rince Relay Dancer\*

**\$25.00** Family Gate Fee

**\$6.00** FeisWeb processing fee

**\$30.00** Late Fee

**\$20.00** Change Fee

Payment: After registering on FeisWeb  
all fees must be paid online.

Fees are non-refundable and non-  
transferable.

# SYLLABUS

## PRE-BEGINNER

One step, One child at a time  
Reel- Speed 122, Light Jig- Speed 115

AGE	Reel	Light Jig
Under 6	1	2

## BEGINNER

A competitor who has not taken Irish Dance lessons  
from a registered teacher prior to Sept. 1<sup>st</sup>, 2024.

Dancers will dance 2 steps, 2 at a time  
Reel/Slip Jig speed 122, Light Jig- speed 115

AGE	Reel	Light Jig	Slip Jig
Under 5	3	4	5
Under 6	6	7	8
Under 7	9	10	11
Under 8	12	13	14
Under 9	15	16	17
Under 10	18	19	20
Under 11	21	22	23
Under 12	24	25	26
Under 13	27	28	29
Under 14	30	31	32
14+	33	34	35
<b>*Adults</b>	36	37	38



## ADVANCED BEGINNER

A dancer who has taken lessons from a registered teacher for more than 1 year. A dancer remains Advanced Beginner in each dance until they win 1<sup>st</sup>, 2<sup>nd</sup>, or 3<sup>rd</sup>.

Dancers will dance 2 steps, 2 at a time  
Reel/SJ-122, Light Jig-115, Heavy Jig-92,  
Hornpipe-138

AGE	Reel	Light Jig	Slip Jig	Heavy Jig	HP
Under 6	40	41	42	43	44
Under 7	45	46	47	48	49
Under 8	50	51	52	53	54
Under 9	55	56	57	58	59
Under 10	60	61	62	63	64
Under 11	65	66	67	68	69
Under 12	70	71	72	73	74
Under 13	75	76	77	78	79
Under 14	80	81	82	83	84
Under 15	85	86	87	88	89
15+	90	91	92	93	94
*Adults	95	96	97	98	99

## NOVICE

Open to dancers who have placed 1<sup>st</sup>, 2<sup>nd</sup>, or 3<sup>rd</sup> in Adv. Beginner. A novice who wins 1<sup>st</sup> place will advance to the Prizewinner category in that particular dance.

Dancers will dance 2 steps, 2 at a time.

Reel/SJ- 113, LJ-115,

Heavy Jig- 73 OR 92, HP- 113 OR 138.

AGE	Reel	Light Jig	Slip Jig	Heavy Jig	HP	Trad Set
Under 6	100	101	102	103	104	105
Under 7	106	107	108	109	110	111
Under 8	112	113	114	115	116	117
Under 9	118	119	120	121	122	123
Under 10	124	125	126	127	128	129
Under 11	130	131	132	133	134	135
Under 12	136	137	138	139	140	141
Under 13	142	143	144	145	146	147
Under 14	148	149	150	151	152	153
Under 15	154	155	156	157	158	159
15+	160	161	162	163	164	165
*Adults	166	167	168	169	170	171

# NEW! FUTURE CHAMPS

Future Champs (see next pg)	
Under 13	511
13+	512

Open to all **Novice and Prizewinner** dancers  
2 rounds- 2 steps per round.

Danced in front of a panel of 3 adjudicators  
Reel OR Slip Jig AND Heavy Jig OR Hornpipe

# SPECIAL COMPETITIONS

## Irish Soda Bread Competition

Please bring entry by 10:00 am

### **Competition #509**

#### Treble Reel

Open to all Novice and Prizewinners

One step, one at a time

Girls and Boys

**Under 11                    501**

**Under 13                    502**

**Under 15                    503**

**15 & Over                    504**

#### Championship Treble Reel

Open to Preliminary and Open dancers ONLY

One step, one at a time

Girls and Boys

**Under 11                    505**

**Under 13                    506**

**Under 15                    507**

**15 & Over                    508**

#### NEW: Future Champs

Open to all Novice and Prizewinners

Adjudicated by a panel of 3 Judges

Get ready for Championships!

2 Rounds, 2 Steps each round:

1 Soft Shoe (Reel or SJ)

1 Hard Shoe (HP or TJ)

**Under 13                    511**

**13 & Over                    512**

#### NEW: Rince Relay

Open to all Prelims and Opens

Form a team of 3 with your friends.

Choose your fighter!

One dancer from each team will compete in one of the three championship rounds: Light Shoe, Hard Shoe, and Contemporary Set Dance

**All Ages                    513**

**\*\*Each individual dancer for the relay MUST register for the competition on Feisweb**

**\*\*Teams do NOT have to be comprised of dancers from the same school.**

## Charity Dance Off

**Begins at 12:15**

**Open to Groups or Individuals**

**48 Bars of Reel Music**

**\*Costumes and Dance should portray a Maine Theme\***

**Competition # 510**

**Funds will go to Breast Cancer Research**

## PRIZEWINNER

Open to dancers who have placed 1<sup>st</sup> in Novice.

Dancers will dance 2 steps, 2 at a time.

Reel/SJ- 113, Heavy Jig- 73 OR 92, HP- 113 OR 138.

AGE	Reel	Slip Jig	Heavy Jig	HP	Trad Set
Under 6	172	173	174	175	176
Under 7	177	178	179	180	181
Under 8	182	183	184	185	186
Under 9	187	188	189	190	191
Under 10	192	193	194	195	196
Under 11	197	198	199	200	201
Under 12	202	203	204	205	206
Under 13	207	208	209	210	211
Under 14	212	213	214	215	216
Under 15	217	218	219	220	221
15+	222	223	224	225	226
*Adults	227	228	229	230	231

## ADULT CHAMPIONSHIPS

Open to dancers who:

- 1) Have not taken Irish Dancing lessons as a juvenile and must be at least 18 years of age on January 1st, 2025
- 2) May have taken lessons as a juvenile but have not competed in any competition, solo or teams, feisanna or Oireachtaisi, except competitions specifically designated for adults within the past 5 years, and must be at least 18 years of age as of January 1st, 2025.

<b>Adult Champs</b>	Choice of Reel (40 bars) or SJ (32 Bars), AND TJ (40 bars) or HP (32 bars), Trad set of Choice	<b>370</b>
<b>Adv. Adult Champs</b>	Choice of Reel (40 bars) or SJ (32 Bars), AND TJ (40 bars) or HP (32 bars), Contemporary set of Choice	<b>371</b>

# NEW! RINCE RELAY

Open to all Prelims and Opens

Form a team of 3 with your friends.

One dancer from each team will compete in one of the three championship rounds: Light Shoe, Hard Shoe, and Contemporary Set Dance

\*\*Each individual dancer for the relay MUST register for the competition on Feisweb

\*\*Teams do NOT have to be comprised of dancers from the same school.

**Competition Number 513**

## PRELIMINARY CHAMPIONSHIPS

Open to dancers who have placed 1<sup>st</sup> in all Prizewinner solo dances. Dancers will perform Reel or Slip Jig, and Heavy Jig or Hornpipe

Dances must be indicated at time of entry.

Competitions may be changed/combined due to the number of entries.

Second Chance competitions will be danced after the completion of the first prelim competitions and will be adjudicated by a different panel of judges.

## OPEN CHAMPIONSHIPS

Open to dancers who have won at least 2 firsts at the preliminary level. Dancers will perform three rounds: Reel or Slip Jig, Heavy jig or Hornpipe, and a set dance of their choice.

Dances must be indicated at time of entry.

\*Competitions may be changed/combined due to the number of entries.

Girls/Ladies	Competition Number
Under 8	401
Under 9	402
Under 10	403
Under 11	404
Under 12	405
Under 13	406
Under 14	407
Under 15	408
Under 16	409
Under 18	410
18 & Over	411

AGE	Competition Number	2 <sup>nd</sup> Chance
Under 8	301	351
Under 9	302	352
Under 10	303	353
Under 11	304	354
Under 12	305	355
Under 13	306	356
Under 14	307	357
Under 15	308	358
Under 16	309	359
16 & Over	310	360

Boys/Mens	Competition Number
Under 9	412
Under 10	413
Under 12	414
Under 14	415
Under 16	416
Under 18	417
18 & Over	418