



FEIS McCARRON

Saturday 17th and Sunday 18th January 2026

**Christ Church Secondary Academy
Daleview Road
Yardley Wood
Birmingham
B14 4HN**

Adjudicators

**Lisa-Jane Caden Mears ADCRG – Dublin, Ireland
Aaron Crosbie ADCRG – London, England
Seaneen Doherty ADCRG – Belfast, Ireland
Carol Leavy-Joyce ADCRG – Blackrock, Ireland
Aoife McDarby ADCRG – Dublin, Ireland
Kevin Mills ADCRG – London, England**

Musicians

**Dean Crouch: Cavan
Aidan O'Neill: London**

Pre-entry closes Friday 9th January 2026



mccarronfeis



mccarrondance

REGISTERED WITH AN COIMISIÚN LE RINCÍ GAELACHA

Welcome to our Feis

We are delighted to invite you to Feis McCarron 2026, which will once again take place in a spectacular Birmingham venue offering outstanding facilities. Competitors and supporters can look forward to the hallmark hospitality, high standard of competition, and comprehensive social media coverage that have become synonymous with Feis McCarron. Catering facilities provided by the venue will offer a selection of hot and cold food throughout the weekend.

We extend our sincere thanks to all sponsors and to everyone who has contributed to the preparation and smooth running of this year's event.

Gary Healy Memorial Cup

Throughout the Feis, points will be awarded for all 1st, 2nd, and 3rd places across all grades and championships in every dance. One point will also be awarded for each McCarron All-Star competitor. The school with the highest total points at the conclusion of the Feis will receive the perpetual Gary Healy Memorial Cup.

McCarron All Stars

The McCarron All Stars competition is designed for our youngest dancers who love Irish dancing but are not yet ready for graded competition. Each dancer will perform 16 bars of light dance music, will be introduced to the adjudicators, and will receive a clear count-in before beginning. This event is open to dancers in the Under 6 and Under 7 age categories who have not previously competed in any graded (Novice, Primary, Intermediate, or Open) competitions. Every participant will receive a prize to commemorate their performance.

Adjudication and Awards

A panel of three adjudicators will officiate all Open and Preliminary Championships. Grade solo competition winners (1st–3rd place) will receive trophies. Sashes will be awarded to 1st–5th place in both Preliminary and Open Championships. Copies of marks for all Championship and Preliminary Championship competitions are included in the entry fee. Championship and preliminary championships results will be presented in a dedicated results hall.

Enquiries: kevinmccarron@talk21.com

Entries: info@treblecheck.com

McCarron Dance looks forward to welcoming you and wishes all competitors an enjoyable and successful weekend.

Kevin McCarron

Leona McCarron-Brayne

Rachel Butler

Helena McCarron

Siobhan McCarron

Sinead McCarron

Rebecca Bugler

ENTRY FEES – Cash Payments only

Solo Trophy Competitions	£6.00
McCarron All Stars (special U6/U7 competition)	£6.00
Championship U6/U7	£35.00
Championship U8/U9 including 2 solo results	£45.00
Championship U10 upwards including 2 solo results	£45.00
Mixed Preliminary Championships including 2 solo results	£45.00
Figure/Céilí Competitions	£2.50 (per dancer)
Family Fee maximum	£90.00
Door entry per adult	£5.00
All entries must be received and paid for in advance on an official entry form. One entry per school. Entries must be received by Friday 9 th January 2026 at the latest.	Payment via bank transfer. Details will be supplied on receipt of entry. Email: info@treblecheck.com Entries will be accepted on the day subject to a £5.00 admin fee.

PROGRAMME & ORDER OF DANCES

Age Group	Novice	Primary	Intermediate	Open
	McCarron All Stars Special Competition Ungraded 16 bars, any light dance			
Under 6 Under 7	Trophy Reel Trophy Slip Jig Trophy Hop Jig Trophy Light Jig	Trophy Reel Trophy Slip Jig Trophy Hop Jig Trophy Light Jig	Trophy Reel Trophy Slip Jig Trophy Hop Jig Trophy Light Jig	Trophy Reel Trophy Slip Jig Trophy Hop Jig Trophy Light Jig
	Ungraded Trophy Heavy Jig Ungraded Trophy Hornpipe Ungraded Trophy Traditional Set			Championship
Under 8 Under 9	Trophy Reel Trophy Slip Jig Trophy Hop Jig Trophy Light Jig Trophy Heavy Jig Trophy Hornpipe	Trophy Reel Trophy Slip Jig Trophy Hop Jig Trophy Light Jig Trophy Heavy Jig Trophy Hornpipe Trophy Traditional Set Dance	Trophy Reel Trophy Slip Jig Trophy Hop Jig Trophy Light Jig Trophy Heavy Jig Trophy Hornpipe Trophy Traditional Set Dance	Trophy Reel Trophy Slip Jig Trophy Hop Jig Trophy Light Jig Trophy Heavy Jig Trophy Hornpipe Trophy Traditional Set Dance Two solo results in all Championships
Under 10 Under 11 Under 12 Under 13 – Senior Preliminary/ Championship	Trophy Reel Trophy Slip Jig Trophy Hop Jig Trophy Light Jig Trophy Heavy Jig Trophy Hornpipe	Trophy Reel Trophy Slip Jig Trophy Hop Jig Trophy Light Jig Trophy Heavy Jig Trophy Hornpipe Trophy Traditional Set Dance	Trophy Reel Trophy Slip Jig Trophy Hop Jig Trophy Light Jig Trophy Heavy Jig Trophy Hornpipe Trophy Traditional Set Dance	Preliminary Championship U10, U11, U12.U13. U14, U15 Over 15 Open Championship U10, U11, U12, U13, U14, U15, U16, U17, U19, Senior Two solo results in all Championships
Over 12		Trophy Reel Trophy Slip Jig Trophy Hop Jig Trophy Light Jig Trophy Heavy Jig Trophy Hornpipe Traditional Set Dance		
Under 14 Over 14			Trophy Reel Trophy Slip Jig Trophy Hop Jig Trophy Light Jig Trophy Heavy Jig Trophy Hornpipe Traditional Set Dance	

From Under 8 upwards separate solo awards will be given in the first two rounds of the
Championship and Preliminary Championships

Figure Competitions: Under 7, 9, 11, 13, 16, Senior - Céilí & Figure Championships

Open and Preliminary Championships required dances. All Championships will commence with light round

Age group (Girls/boys/mixed)	1 st Round	2 nd Round	Recall
Under 6 & Under 7 Open Championship	Reel	Light Jig/Hop Jig	
Under 8 & Under 9 Open Championship	Reel	Heavy Jig	Traditional Set Dance
Under 10 Open/Prelim Championship	Heavy Jig or Hornpipe	Reel or Slip Jig	Traditional or Open Set Dance
Under 11 – Senior Open Championship	Heavy Jig or Hornpipe	Reel or Slip Jig	Open Set Dance
Preliminary Championship Under 11 – Over 15	Heavy Jig or Hornpipe	Reel or Slip Jig	Open Set Dance

Rules as of June 2023

These rules should be read in conjunction with rules laid out by An Coimisiún Le Rincí Galeacha.

1 GENERAL

- 1.1 The adjudicator's decision is final.
- 1.2 Committee members only may approach adjudicators.
- 1.3 Any protest against breach of rules must be made in writing to the Feis Organiser within one hour of the conclusion of a competition, with a fee of £25.00. Should the objection be upheld, the fee will be refunded.
- 1.4 Entries will only be accepted from schools registered with An Coimisiún.
- 1.5 Lodgement of entries at a Feis implies that you accept the rules relating to the Feis in their entirety as laid down by the An Coimisiún le Rincí Gaelacha & Midland Regional Council.

2 AGE GROUPS

- 2.1 Age to be taken from 1st January of the current year. Where a competitor's birthday falls on 1st January, he/she shall, be regarded as under the age attained on that day.
- 2.2 Competitors must dance in their own age group for solo competitions except where there is no provision for that dance in that age group

3 GRADES

- 3.1 At any one Feis, a Dancer may only dance each Solo Dance in ONE grade.
 - 3.1.1 Exception - Dancers ARE permitted to dance in both Novice Reel and Primary Reel competitions.
- 3.2 **Novice** – Confined to competitors who have not progressed out of Novice grade (including Trophy Competitions) for that particular dance in any age group.
Primary - Confined to competitors who have not progressed out of Primary grade (including Trophy Competitions) for that particular dance in any age group.
Intermediate – confined to competitors who have not progressed out of Intermediate grade (including Trophy Competitions) for that particular dance in their present age group.
Open – Open solo dances must be on the syllabus for U6-U9 age groups.
- 3.3 All grade competitions are open to all regions.
- 3.4 In a trophy competition, a dancer must have performed their choice of dance in the solo competition
- 3.5 Grade Progression is as follows:

Grade	No of Entries	No of dancers to progress
Novice & Primary	5 or less	0
	6-10	1 dancer
	11 – 20	2 dancers
	21+	3 dancers
Intermediate	5 or less	0
	More than 5	1st place only

4 PRELIMINARY/OPEN CHAMPIONSHIPS AND PREMIER COMPETITIONS:

- 4.1 Championship/Premier Competitions - Only Intermediate and Open dancers are eligible to compete (except under 6 and 7 – all grades are allowed to compete).
- 4.2 Under 6s & under 7s Championships/Premier must dance Reel & Light Jig or Hop Jig (single).
- 4.3 Under 8s and Under 9s must dance Reel and Heavy Jig. A recall is at the discretion of the Feis Organisers.
- 4.4 Under 10 and up. All dancers must be given a choice of Reel or Slip Jig and Jig or Hornpipe and recall Set Dance.
- 4.5 Subsidiary solos may be run at the discretion of the Feis Organisers.
- 4.6 If a minimum number is stated for ANY championship to be held, then this must be consistent for ALL championship competitions. E.g., if you decide on a minimum number of 5 in order to run a separate boys or preliminary championship then this must be consistent with the number required to run any championship.

4.7 PRELIMINARY CHAMPIONSHIP RULES

- A minimum number of three Adjudicators must officiate.
 - The first age group for a Preliminary Championship is Under 10.
 - Where a Preliminary Championship is held separate from an Open Championship, three rounds should be offered, namely Reel or Slip Jig, Heavy Jig or Hornpipe and any Set Dance.
 - Where a Preliminary Championship is combined with an Open Championship, then the result should be taken from eligible dancers' ranking after the first two rounds.
 - Where there are separate Preliminary and Open Championships, dancers can compete in both at the discretion of the Feis Organiser.
 - Where a competitor wins two Preliminary Championships, they must dance in Open Championship for a period of 12 months thereafter.
 - For grading purposes, two wins will be taken as being in any two-year rolling period. Where a dancer does not win a second Preliminary within two years of winning their first Preliminary Championship, then the first win will be deemed as having expired and the dancer starts afresh.
 - Where there are less than 6* in a Preliminary Championship, that win will not normally be considered for grading purposes. However, where a dancer wins three Preliminary Championships regardless of the number of competitors in each competition, that dancer must dance in Open Championship for a period of 12 months thereafter.
 - Dances performed in a Preliminary Championships do not count for grading in solo competitions.
 - Competitors that qualify for and compete in Oireachtas Rince na Cruinne in the previous 12 months cannot compete in a Preliminary Championship except where the dancer auto qualified at their Regional or National Oireachtas due to lack of numbers.
 - Dancers placing 1st-3rd in an Open Championship with up to 20* competitors or 1st-5th in an Open Championship with more than 20* Competitors cannot compete in a Preliminary Championship for a period of 12 month.
- 4.8 The Midland region allows dancers to participate in any 1 round of preliminary champs as a separate solo round – these dancers should not be included in the numbers indicated above with *.

5 DANCE MOVEMENTS

- 5.1 In Novice Grades only basic steps should be performed i.e., no intricate movements.
- 5.2 Rules appertaining to Dance movements such as toe movements, as laid out by An Coimisiún apply.

6 METRONOMIC SPEEDS

Novice Grade/Bun Grád	Primary Grade/Tús Grád	Intermediate Open Grade/Meán/Árd Grád
Reel 122-124	Primary: Reel 116-118	Reel 113
Hop Jig 124	Hop Jig 124	Hop Jig 124
Light Jig 116	Light Jig 116	Light Jig 116
Slip Jig 124	Slip Jig 120	Slip Jig 113
Trad Jig96	Heavy Jig76	Heavy Jig73
Trad Hornpipe 144	Hornpipe 118	Hornpipe 113

Traditional Set Dance Speeds

St Patrick's Day..... 94
The Blackbird 144
Garden of Daisies..... 138
Job of Journeywork..... 138
King of the Fairies 130
Three Sea Captains 96
Jockey to the Fair.....90

7 COSTUME & MAKE-UP

- 7.1 All costume and make-up rules as laid out by An Coimisiún - [Updated Costume Rules at 01 Jul 21.doc \(live.com\)](#)
- 7.2 Undergarments Appropriate undergarments covering the midriff must be worn. Dancers wearing undergarments that do not cover the areas of the body as in the illustrated will be asked to put on black tights of a denier of not less than 70.

See here for illustrations: [Costume drawings \(clrg.ie\) Microsoft Word - Rules and Motions Passed by CLRG since 01 Sep 2021.docx](#)

- 7.3 Under no circumstances should dancers walk around any dancing venue in their underwear. Neither should dancers (regardless of age) change in to or out of costume in the main dancing hall, if at all possible. At all times, dancers should be properly attired.

8 FIGURE AND CÉILÍ

- 8.1 Rules regarding age and re-dancing as laid out by An Coimisiun apply.
- 8.2 Figure Championship in the U7's year group may be a 6 hand dance, 8 hand Ceili or Figure Dance of 6 or more.
- 8.3 Mixed Céilí – A mixed team must consist of at least 2 boys or 2 girls.

9 MEDIA POLICY

- 9.1 Any form of unauthorised photography, which has the capability to capture a dancer's image whilst in motion, using electronic or manual means e.g. mobile phone, standard camera, video camcorder commercial film, with or without enhancement, is expressly forbidden during competitions.

10 CARRIAGE AIDS

- 10.1 Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition. Medically prescribed apparatus (proof of which may be required) will be exempt from this ruling.
- 10.2 Any competitor wearing their shoes on the wrong feet will be treated in the same manner as if using carriage aids and be subject to disqualification.
- 10.3 In order to comply with health and safety measures, dancers may be required to perform the simple exercise of raising arms to shoulder level unhindered. If unable to do this due to costume stitching or arm attachments these dancers will not be permitted to perform.

11 ORDER OF DANCING, CONDUCT, MISHAPS ETC.

- 11.1 Should a dancer lose a heel or a complete shoe or have an open lace he/she may stand back – allowing the other dancer(s), where applicable, to continue dancing uninhibited. In such a case, the dancer concerned will be permitted to re-dance as soon as it is deemed practicable by the stage steward.
- 11.2 Should a dancer fall on stage, whether in solos or in teams, the adjudicator MUST ring the bell to stop the performance of the dancer(s). Dancers so affected will be permitted to re-dance and will be marked then at the discretion of each individual adjudicator. If a dancer falls during the last 8 bars of any performance, then he/she would only be required to dance the last 16 bars of that dance.
- 11.3 Should a dancer slip, bump into another dancer or have a costume malfunction whether in solos or in teams, the bell will be rung at the discretion of the adjudicators to stop the performance of the dancer(s). Dancers so affected will be permitted to re-dance and will be marked then at the discretion of each individual adjudicator.
- 11.4 Where a dancer fails to complete his/her performance in any given round, that dancer will automatically receive ZERO marks from all adjudicators for that round.
- 11.5 Competitors beginning to dance before or after the stipulated set dance introduction will automatically receive ZERO marks from all adjudicators for that round.
- 11.6 A competitor must not walk off the stage during a performance unless instructed to do so by an adjudicator. A dancer who dismisses themselves from the stage without the permission of an adjudicator will not be marked for that particular dance.

Programme of Competitions

Championships

All Championships will be run as mixed competitions from U6. Also included in the price (except under 5, under 6, and under 7), is a separate solo result for each of the first 2 rounds of the Championship. These results will be taken, one from each of the three adjudicators on the panel.

Preliminary single round

Dancers who are ineligible to dance in the Intermediate grade for Reel, Slip jig, Heavy Jig or Hornpipe may enter for just one round of the Preliminary Championship i.e., Light or Heavy (£6.00). This is particularly pertinent for younger/new dancers who may have gained a first place in the Intermediate grade but are not quite ready for full Preliminary Championship level. Separate solo results are awarded in the first two rounds.

Alongside our usual schedule of competitions, we will be running the following two competitions:

Gary Healy Memorial Cup

This competition is in memory of Gary and all he achieved in his short life. Over the duration of the feis, points will be awarded for all 1st 2nd and 3rd places in all grades and championships in all dances. One point will also be awarded for every McCarron All-Star competitor. The school with the most points at the end of the feis will be awarded the perpetual Gary Healy Memorial Cup.

McCarron All Stars

This will be aimed at those youngest dances who love Irish dancing but are not quite ready for graded competition. We want to make this a fun and a memorable experience for all our newest Irish dancers so each child will perform 16 bars of light dance music, they will be introduced to our adjudicators and will be counted in to know when to start in the music. The competition is open to dancers who are aged **under 7** and have NOT previously danced in any grade (Novice, Primary, Intermediate or Open) competitions at a Feis. The entry fee is £6.00 per child and each dancer will be awarded with a prize to mark their participation.

PROVISIONAL TIMETABLE
SATURDAY 17th JANUARY 2026

CHAMPIONSHIP HALL	
9.00am	Under 12 and Under 13 Championship alternating
10.00am	
11.15am	U8 Championship
12.30pm	U9 Championship followed by U9 Céilí
1.30pm	U10 Championship and U11 Preliminary Championship alternating
2.00pm	
3.00pm	Under 11 Championship and Under 10 preliminary Championship alternating
4.30 pm	
5.30pm	Under 12 Preliminary Followed by Under 11 and Under 13 Céilí

SPORTS HALL			
	STAGE 1	STAGE 2	STAGE 3
9.00am	U8 Novice	U8 Primary	U8 Inter/Open
11.00am	U9 Novice	U9 Primary	U9 Inter/Open
1.30pm	U10 Novice	U10 Primary	U10 Inter
3.15pm	U11 and U12 Novice Alt	U11 and U12 Primary Alt	U11and U12 Intermediate Alt

SUNDAY 18th January 2026

CHAMPIONSHIP HALL	
08:45am	McCarron All Stars Competition
9:30am	U14 Championship & U15 Championship Alternating
11am	Under 13 Preliminary Championship
1.30pm	U16 and Under 17 Championship alternating
3.30pm	Senior Championship
	<i>(Separate U19 Championship will be run, if sufficient entries)</i>
	U16 Céilí & Over 16 Céilí

SPORTS HALL			
	STAGE 1	STAGE 2	STAGE 3
9.15am	U7 Novice	U7 Primary	U7 Int/Open
10.30am	U6 Novice	U6 Primary	U6 Int/Open
12.00pm	Under 6 and Under 7 Championship alternating	Followed by under 7 Céilí	
1:30pm	Over 12 Primary	Under 14 Intermediate	Over 14 Intermediate
2.30pm	U14 Preliminary Championship		
3.10pm	Under 15 /over 15 Preliminary Championship Alternating		

Feis McCarron 2025 Winners

Championships

Under 6	Phyllis Matthews Memorial Cup	Mia-Grace Tinney	McQuade	Glasgow, Scotland
Under 7	McCarron Contractors Ltd	Mia Hoey	Keane Academy	Ireland
Under 8	Ann Carroll Memorial Cup	Sadie Clark-Singleton	Cara Gael	London
Under 9	Bridget McCarron Memorial Cup	Molly Monagham	McNelis Cunningham	Donegal, Ireland
Under 10	M & Z Contractors	Rafferty Brook-Stevens	Brooks	London
Under 11	Leona & James Brayne Cup	Aoife Skitt	Duffy Travis King	Merseyside
Under 12	Sinead McCarron Cup	Nela Fusko	Murchu Duiginn	London
Under 13	Fuller Foods International Cup	Eva Jane Moss	Brooks Academy	London
Under 14	M A Quinn	Maria Coco Piente De La Vega	Kelly Hendry	Newcastle upon Tyne
Under 15	Shedesigns	Holly Brennan	Curley Brennan	Kildare, Ireland
Under 16	Matthews Academy Irish Dance	Chloe Corrigan	McGahan Lees	London
Under 17	Donna Rose Memorial Cup	Olivia Omar	Brooks Academy	London
Under 19	Richard Grimes Cup	Roisin McIntyre	Clan MacLoone O'Meara	Tipperary, Ireland
Senior	Éire Designs Cup	Mary Conway	McGahan Lees	London

Preliminary Championships

Under 10	Freya Hackland	Keegan	Manchester
Under 11	Charlotte Garner	Donna Griffin	Birmingham
Under 12	Grace Green	FRB Academy	Birmingham
Under 13	Flynn McGowan	Donna Griffin	Birmingham
Under 14	Isla Hainie	Scanlon	Birmingham
Under 15	Isla Thompson	Devaney Togher	Lincoln
Over 15	Emily Mall-Leahy	Marie Connell	Wolverhampton

Overall Points Cup

Gary Healy Memorial Cup	Scanlon School	Birmingham
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TRAVEL & ACCOMMODATION:

Airports:

Birmingham Airport, 9.2 miles
East Midlands Airport, 46.1 miles

Train Stations:

Yardley Wood (local station, trains to/from Birmingham New Street & Stratford Upon Avon)
Solihull Station, 4.1 miles (West Midlands Railways and Chiltern Railways)
Birmingham Moor Street, 5.6 miles (Chiltern Railways)
Birmingham New Street, 5.7 miles (Network Rail)
Birmingham International Station (9 miles)

Hotels:

	The Pairc House Hotel – Irish Centre, Birmingham 1.8 miles
	<p>This is a newly built hotel which opens its door on 17th November 2025</p> <p>Booking by email: info@pairchousehotel.co.uk to obtain best rates please quote "FEIS MCCARRON"</p> <p>Twin rooms @ £70 Bed and Breakfast Double rooms @ £70 Bed and Breakfast Superior Double rooms @ £80 Bed and Breakfast Suites @£120 Bed and Breakfast</p>

The Regency Hotel 2.4 miles
Booking: 0121 745 6119

Village Hotel Solihull, 2.4 miles
Booking: + 44 121 796 9670

Travelodge Birmingham Maypole, 1.2 miles
Booking: 08715 591896

Premier Inn Birmingham South, 1.3 miles
Booking: 0333 777 3914

Travelodge Solihull, 3.9 miles
Booking: 0871 984 6540

Premier Inn Solihull Town Centre, 4.3 miles
Booking: 0333 321 9272

Shopping:

The venue and hotels are all within driving distance to retail and restaurant facilities:

- Parkgate Retail Park in Shirley is 2.3 miles away with an array of retail facilities and supermarkets.
- Solihull Town Centre is 4.5 miles away with a plethora of retail, facilities, restaurants and cinema.