



Mearns Castle High School
Waterfoot Road, Newton Mearns,
Glasgow G77 5GU

Sat 25th & Sun 26th October 2025

Registered with An Coimisiún Le Rincí Gaelacha
Syllabus signed off and authorised by Liam Casey SRC Feis Registrar

Dear Teachers and Parents,

On behalf of the Caroline Greene School of Irish Dancing we look forward to welcoming you to our 11th Feis Ní Gríanna Open Feis.

Once again, we have a distinguished panel of adjudicators, great musicians, fantastic awards, and an amazing venue. All Open Championships / Preliminary Championships will be judged by a panel of three adjudicators with the top five dancers in the Open Championship receiving sashes/pennants. The top 3 dancers in the Preliminary will all receive trophies.

All children will be placed in the Reel in the grade section and all dancers in the Open Championship/Preliminary Championship will be placed in the light round. This ensures that all competitors will go home with at least a medal.

All graded competitions in beginner, primary and intermediate sections will be open to dancers from all regions.

Once again in 2025 there will be a Champion of Champions Competition at the end of each day. The amazing Crystal trophies are in memory of our late mother, Vera Greene, who dedicated so much of her life to Irish Dancing and the hobby her 5 daughters loved & enjoyed. We really hope as many of our Champions can stay till the end of the day to compete in this. This will be 16 bars in both a light and heavy dance.

We hope to be able to offer 100% recalls however if this is not possible, as we have done in previous years, all dancers from U10 through to Senior who are not recalled in their open championships will have the opportunity to dance their open set dance in a separate set dance competition. This allows everyone to fully prepare for upcoming Qualifiers. This is included in the championship entry fee.

We are delighted to advise we will once again be holding a Rising Stars Showcase where dancers of any age who are not yet ready to compete in a graded competition will dance 16 bars to beginner reel music. This can be done individually or collectively within a school.

For anyone travelling or who requires to book accommodation age groups will be on the following dates:

Saturday	U6 - U12 Solos, Preliminary & Open Championship Junior Champion of Champions
Sunday	U13 – Senior Solos, Preliminary & Open Championship Senior Champion of Champions

The canteen will sell a selection of hot and cold food at very reasonable prices. A teacher's area will also be made available.

As always, our sincere thanks and gratitude to all our sponsors and vendors.

We look forward to seeing you all there and hope you will have a successful weekend. Thank you in advance for your support.

Best Wishes,
Caroline Greene-Parfery ADCRG BG
Michelle Greene ADCRG
and The Caroline Greene School of Irish Dancing

Adjudicators

Cian Nolan	ADCRG	Limerick, Ireland
Dearbhla Lennon	ADCRG	Ulster, Ireland
Kerrie Connolly	ADCRG	Ulster, Ireland
Michael Donnellan	ADCRG	Limerick, Ireland

Musicians

Gerry Conlon	Glasgow, Scotland
Kevin Murphy	Glasgow, Scotland

Entry Fees

Rising Stars (every dancer receives a sash)	£7.00
Solo Grades	£6.00
Light Trophy / Heavy Trophy	£7.00
U6 Championship **	£30.00
U7, U8 & U9 Championship ***	£35.00
U10 - Senior Championship/Preliminary *	£45.00
Dancer Maximum	£60.00
Family Maximum	£95.00
Door Entry (on the day – concessions £3)	£7.00
2 hand, 3 hand, 4 hand and 8 hand Ceili Dances (U10, U12, U15 & Over 15)	£4.00 per dancer
Championship Results Pack per Dancer	Included in entry fee
All Championships includes 2 solo results.	

If a dancer enters 4 or more solo dances, they can enter a combined Open Championship/Preliminary Championship competition at the subsidised rate of

* £35.00. (U10 – Senior Only)

** £20.00. (U6 Only)

*** £25.00 (U7 – U9 Only)

All Grades are open to all Regions.

Feis Secretary

Michelle Greene
207 Kingsacre Road
Kings Park, Glasgow G44 4LX
07968 698 943

michelle.greene14@yahoo.co.uk

Cheques should be made payable to

‘Feis Ní Gríanna’ or Bank Info available – see Feis Rules No.3

*****Please note – one cheque / bank transfer only per school*****

All entries must be returned to the Feis Secretary by Monday 6th October 2025

Feis Ní Gríanna

Solo Grades

(B – Beginner, P – Primary, I – Intermediate)

Age Group	Reel	Single Jig	Light Jig	Slip Jig	Heavy Jig	Hornpipe	Light Trophy	Heavy Trophy
U6	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I
U7	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I
U8	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I
U9	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I
U10	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I
U11	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I
U12	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I
U13	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I
O13	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I	B,P,I

Combined Preliminary/Open Championships

(Solo results will be given for rounds 1 and 2 from U6 - Senior)

Age Group	1 st Round	2 nd Round	Recall
U6	Reel	Single Jig	
U7	Reel	Single Jig	Light or Heavy Jig
U8	Reel	Heavy Jig	Hornpipe
U9	Heavy Jig or Hornpipe	Reel or Slip Jig	Traditional Set Dance
U10	Heavy Jig or Hornpipe	Reel or Slip Jig	Open Set Dance
U11	Heavy Jig or Hornpipe	Reel or Slip Jig	Open Set Dance
U12	Heavy Jig or Hornpipe	Reel or Slip Jig	Open Set Dance
U13	Heavy Jig or Hornpipe	Reel or Slip Jig	Open Set Dance
U14	Heavy Jig or Hornpipe	Reel or Slip Jig	Open Set Dance
U15	Heavy Jig or Hornpipe	Reel or Slip Jig	Open Set Dance
U16	Heavy Jig or Hornpipe	Reel or Slip Jig	Open Set Dance
U17	Heavy Jig or Hornpipe	Reel or Slip Jig	Open Set Dance
U19	Heavy Jig or Hornpipe	Reel or Slip Jig	Open Set Dance
Senior	Heavy Jig or Hornpipe	Reel or Slip Jig	Open Set Dance

Grades may be combined to double age groups depending on entry.

Feis Rules

1. All rules of An Coimisiún le Rincí Gaelacha are applicable to this feis unless stipulated that an agreed local rule applies.
2. Entries will only be accepted directly from teachers registered with AN COIMISIUN LE RINCI GAELACHA.
3. All entries must be made on the enclosed official entry forms, which must be fully completed and signed by the teacher. Entries will only be accepted from teacher's en-bloc and not on an individual basis. The dancers' FULL FIRST and SURNAME must be entered in BLOCK CAPITALS. **One cheque / bank transfer per school.**
 - o **Bank Details**
 - Account Name Feis Ni Grianna
 - Sort Code 83 22 10
 - Account No 10737643
 - Reference Quote School Name
4. The Feis Committee may modify or cancel any arrangements detailed in this syllabus as is deemed necessary, subject to the approval of The SRC or An Coimisiún le Rincí Gaelacha.
5. The Adjudicator's decisions are final.
6. No refunds will be considered or given after the closing date of 6th October 2025.
7. Adjudicators **MUST NOT** be approached by any teacher, parent, or competitor whilst the adjudicators are employed to perform their duties at the competition. Only those officiating at the competition may approach adjudicators on matters relating to the competition.
8. Complaints must be submitted in writing with a £30 fee to the Feis Secretary within an hour of the incident to which the complaint relates. The fee will be returned if the complaint is upheld.
9. Competitors must be present when their competition is called and fully obey all directions from the Feis Stewards and Officials, or they may lose their right to dance.
10. Competitors must dance in strict numerical order and be in costume ready to dance no less than 30 minutes before the times scheduled for their competitions.
11. Competitors must use the designated areas to practice and must not practice in the competition halls, corridors, side stage etc. This rule will be strictly enforced. Any dancer found causing damage to floor surfaces out with the areas designated as official practice areas will be held personally liable for any necessary repairs and associated costs.
12. All championship trophies are perpetual challenge trophies and must be returned at the request of the Feis Committee. All trophies are to be signed for by a parent/guardian or the dancer if over 18 years old.
13. Tempos for Intermediate and Open competitions and Open Championships will be the same as those stipulated for the World Championships.

All grade competitions are open to competitors from all regions. Speeds will be in accordance with those stipulated by the Scottish Regional Council and **ALL** other regions in Great Britain.

All agreed speeds are outlined below.

	Reel	Single Jig	Light Jig	Slip Jig	Heavy Jig	Hornpipe
Beginner	122/124	124	116	124	96	144
Primary	116/118	124	116	120	76	118
Intermediate	113	124	116	113	73	113
Open	113	124	116	113	73	113

14. Beginners are only permitted to dance steps equivalent to the basic reel, single jig, light jig, slip jig, heavy jig, and hornpipe. Any competitors performing steps of a harder degree of difficulty in the beginner's grade may be disqualified from that particular competition.

15. Make-up Rules (4.5 in CLRG Rule Book)
 - 4.5.1 Make-up will not be permitted for any dancer in the first two grades. (Beginner and Primary) up to and including the Under 12 age group worldwide.
 - 4.5.2 Make-up (including false eyelashes) is not permitted for dancers, in either solo or team competitions, up to and including the Under 10 age group. (POINT OF CLARIFICATION) For the purposes of this rule the term "make up" includes tinted moisturiser and any artificial tanning products. An Coimisiún hopes that teachers and parents will interpret and apply this rule in the spirit in which it is intended. Effective March 1st, 2014.
16. First Aiders will be available should anyone need their assistance during the Feis.
17. **Coaching is strictly prohibited whilst dancers are on stage during any competition, no matter what grade. This rule has specifically been laid down by the SRC. Failure to comply with this could result in disqualification of the dancer.**
18. Beginner – A dancer winning 1st in beginner grade, when there are 6 or more competitors, must dance that particular dance in primary grade (or above) for a period of at least 12 months.
19. Primary – A dancer winning 1st in primary grade when there are 6 or more competitors, must dance that particular dance in intermediate grade (or above) for a period of at least 12 months.
20. Intermediate – A dancer winning 1st in intermediate grade, when there are 6 or more competitors, must dance that particular dance in open grade for a period of at least 12 months.
21. Open – A dancer winning 1st, 2nd or 3rd in open grade must dance that particular dance in open grade for a period of at least 12 months.
22. Open Championship – A dancer placed 1st, 2nd or 3rd in an open championship must remain open for the dances performed in that championship for a period of at least 12 months.
23. **PRELIMINARY CHAMPIONSHIPS.** These are included in all Open Championships from Under 10 upwards, provided that there are 2 or more eligible competitors. Results will be taken from the first 2 rounds.

To be eligible to compete in a Preliminary Championship a dancer:

 - o Cannot have been placed in a top 3 position in an Open Championship with up to 20 competitors within the last 12 months.
 - o Cannot have been placed in a top 5 position in an Open Championship with more than 20 competitors within the last 12 months.
 - o Where a competitor wins two Preliminary Championships, they must dance in Open Championship for a period of 12 months thereafter.
 - For grading purposes, two wins will be taken as being in any two-year rolling period. Where a dancer does not win a second Preliminary within two years of winning their first Preliminary Championship, then the first win will be deemed as having expired and the dancer starts afresh.
 - Where there are less than 6 in a Preliminary Championship that win will not normally be considered for grading purposes. However, where a dancer wins three Preliminary Championships regardless of the number of competitors in each competition, that dancer must dance in Open Championship for a period of 12 months thereafter.
 - o Competitors that qualify for and compete in Oireachtas Rince na Cruinne in the previous 12 months cannot compete in a Preliminary Championship except where the dancer auto qualified at their Regional or National Oireachtas due to lack of numbers.
 - o A Preliminary Championship is a competition, which has been judged by a panel of at least 3 adjudicators (minimum) and which must have included 1 light and 1 heavy dance.

- Dances performed in a Preliminary Championships do not count for grading in solo competitions.
- The relevant notation must be made on the entry form to indicate that a dancer is entitled to also be entered into the Preliminary Championship.
24. All dancers must be in full costume and appropriate **black** footwear when receiving awards, otherwise, such awards may be forfeited.
 25. Dancers in Beginner and Primary competitions up to and including the Under 12 age group may only wear class costume, skirt and blouse or appropriate civilian clothing. Low cut tops or short tight skirts are not permitted. Failure to comply with this rule may lead to disqualification from the competition.
 26. The use of make-up is prohibited for those dancers up to and including the Under 12 age group when competing in Beginner and Primary competitions.
 27. Toe blocks or any other footwork danced "en-point" whether stationary or moving is not permitted for those dancers **up to and including Under 11**
****For clarification purposes, this means that if the full weight is put on the foot, that is en point, which is not allowed in any movement. (Effective 27/01/2019 per rule 4.6.2 Rules for Registered Teachers & Adjudicators)***
 28. Changing facilities will be provided and must be used. No changing in the halls will be allowed. The use of hairspray will only be permitted in designated changing areas. **No hairspray is to be used in competition halls or corridors.**
 29. The dress code in accordance with An Coimisiún Le Rincí Gaelacha rules will be strictly observed. i.e., for the sake of modesty and in the interest of safety to young people, dancers will not be permitted to walk around the Feis scantily dressed.
 30. Any form of unauthorised photography which has the capacity to capture a dancer's image in motion, using electrical or manual means, e.g., mobile phone, standard camera, video camera, cine recorder, commercial film, with or without flash enhancement, is strictly forbidden in competition by anyone except the official feis photographer.
The official feis photographer has been vetted in accordance with An Coimisiún Le Rincí Gaelacha guidelines.
 31. **PLEASE NOTE** – Should you wish your child / children to be excluded from being photographed during their performance or throughout the event, this should be advised in advance. Updates will be posted on social media throughout the day; therefore, it is imperative that feis organisers are advised of anyone who is to be omitted.
 32. All 4 hand and 8 hand Ceili dances must be taken from An Rincí Ceili. Part A or Part B may be performed.
 33. The Committee are not responsible for any property lost during the Feis and everyone is advised not to leave bags or clothing etc. unattended.
 34. Smoking is not permitted anywhere in the venue or its grounds
 35. The SRC has a zero tolerance on the consumption of alcohol in all areas of feiseanna. Furthermore, the consumption of alcohol on non-licensed premises is a breach of Scottish law and may be subject to prosecution by the appropriate authorities.

Accommodation

Premier Inn, Newton Mearns
Little Greenlaw, Crookfur Road
Newton Mearns
Glasgow G77 6EF

Tel: 0871 527 9304

Great value and comfortable hotel .

There are also a number of lovely restaurants within a few minutes' walk from the hotel.

Directions for Hotel

From the North leave M77 at Junction 4, heading towards Newton Mearns. At the roundabout take the first exit left, the Premier Inn is on the left.

From the South, leave M77 at Junction 5. At the roundabout, take the first exit towards A77 onto Ayr Road, follow for 1.5 miles and at the next roundabout take first left onto Crookfur Road and follow for one mile. At the roundabout take the third exit and the Premier Inn is on the left.

Direction from Premier Inn to Mearns Castle High School

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| 1. Head west toward Stewarton Road B769 | 312 ft |
| 2. Exit the roundabout onto Crookfur Road | 1.0 mi |
| 3. At the roundabout, take the 2nd exit onto Ayr Road/A77 | 197ft |
| 4. Turn left onto Firwood Road | 0.4 mi |
| 5. Turn right onto Mearns Road | 0.3 mi |
| 6. Turn left onto Waterfoot Road | |
| Destination will be on the left | 0.7 mi |

If the Premier Inn is full, please contact us to obtain information on other hotels in the nearby area.