

CELTIC HEARTS

IRISH DANCE

Presents



THE HERTFORDSHIRE CHAMPIONSHIPS

Sunday 4th June 2023

KING LANGLEY SECONDARY SCHOOL

Love Lane, WD4 9HN

ADJUDICATORS

Alan Murphy

Andrea Curley

Finbarr Conway

Lori Hall

Lorraine Scallon

Michael Ryan

Sarah Manning

MUSICIANS

Aiden O'Neill - Majella Collins

Daniel Bolger

CLÁRAITHE LEIS AN CHOIMISIÚN LE RINCÍ GAELACHA

Closing date- 26th May 2023

All entries must be prepaid by bank transfer.

Due to the feis Feis being run on one day it may not be possible to enter on the day.

Please enter early to avoid disappointment.

Feis Secretary- Mark Skehill

Teachers only please



07776176867



mark.skehill@btinternet.com

FEIS UPDATES WWW.INSTEPFM.COM

DEAR TEACHERS & PARENTS,



The 9th Hertfordshire Championships will be held Sunday 4th June 2023. Kings Langley Secondary School is once again the venue for this year's event. Under 10 to Under 16 Girls Championships will incorporate a Preliminary Result to be produced after two rounds of the championship. A separate Preliminary Championship is available for the Over 16 with a Light, Heavy & Set Round. Separate Boys Championships U9, U11, U13, U15 U17, U19 & O19. The Mixed Championships for the U6 & U7 age groups and the Over 16 Preliminary will be adjudicated by a panel of 3. The U8 Girls, U9 Girls & Boys Championships will be adjudicated by a panel of 3.

All Open Boys, Men, Girls & Ladies Championships from Under 10 will have two solo results and will be adjudicated by a panel of 6 (3 for Rounds 1 & 2 and 3 for the Set Dance Round). Once again we will be holding a "Tiny Tots" competition for competitors who are not yet ready to perform their Reel in the Grades competition, competitors will perform 16 bars of a Reel.

Vendors at the Feis will be:
Chris Skehill with Feiswear,
and Melaine Murphy.

Entries & Results will be provided by Instep Feis Management. There will be hot and cold refreshments available from our canteen. To minimise cash handling we will have the facility to accept card payments. Please note the closing date for entries is Friday 26th May 2023 and all entries are to be emailed to desilke@instepfm.com or desilke648@icloud.com.

ALL PAYMENTS BY BANK TRANSFER.
PLEASE NOTE THAT ALL ENTRIES MUST BE PREPAID AND
ENTRIES ON THE DAY WILL BE AT THE FEIS ORGANISERS DISCRETION.

Looking forward to welcoming you all to Hertfordshire in June.

MARTINA AND MARK SKEHILL

ACCOMMODATION

Holiday Inn - Hemel Hempstead, HP2 4UA

Holiday Inn Express - Hemel Hempstead, HP3 9 RH

Premier Inn - King's Langley, WD4 8BR

Premier Inn - Hemel Hempstead, HP1 1BT

9TH HERTFORDSHIRE CHAMPIONSHIPS - 4TH JUNE 2023

Mixed Premier - 1 Adjudicator

U6 Mixed	Reel	Light Jig OR Single Jig
6 & U7 Mixed	Reel	Light Jig OR Single Jig

Boys & Girls OPEN Championships - 3 Adjudicators

7 & Under 8 Girls	Heavy Jig	Trad Set	Reel
8 & Under 9 Girls	Heavy Jig	Trad Set	Reel
Under 9 Boys	Heavy Jig	Trad Set	Reel

Girls OPEN Championships with a Preliminary Result after two rounds & 2 solo results

9 & Under 10	Heavy Jig or Hornpipe	Reel or Slip Jig	Trad or Open Set
10 & Under 11	Heavy Jig or Hornpipe	Reel or Slip Jig	Open Set Dance
11 & Under 12	Heavy Jig or Hornpipe	Reel or Slip Jig	Open Set Dance
12 & Under 13	Heavy Jig or Hornpipe	Reel or Slip Jig	Open Set Dance
13 & Under 14	Heavy Jig or Hornpipe	Reel or Slip Jig	Open Set Dance
14 & Under 15	Heavy Jig or Hornpipe	Reel or Slip Jig	Open Set Dance
15 & Under 16	Heavy Jig or Hornpipe	Reel or Slip Jig	Open Set Dance

Girls & Ladies OPEN Championships, includes 2 solo results

16 & Under 17	Heavy Jig or Hornpipe	Reel or Slip Jig	Open Set Dance
17 & Under 18	Heavy Jig or Hornpipe	Reel or Slip Jig	Open Set Dance
18 & Under 20	Heavy Jig or Hornpipe	Reel or Slip Jig	Open Set Dance
Senior Over 20	Heavy Jig or Hornpipe	Reel or Slip Jig	Open Set Dance

Boys OPEN Championships from Under 11, includes 2 solo results

9 & Under 11	Heavy Jig or Hornpipe	Reel	Trad or Open Set
11 & Under 13	Heavy Jig or Hornpipe	Reel	Open Set Dance
13 & Under 15	Heavy Jig or Hornpipe	Reel	Open Set Dance
15 & Under 17	Heavy Jig or Hornpipe	Reel	Open Set Dance
17 & Under 19	Heavy Jig or Hornpipe	Reel	Open Set Dance
Senior Over 19	Heavy Jig or Hornpipe	Reel	Open Set Dance

Mixed Preliminary Championship, includes 2 solo results

Over 16	Heavy Jig or Hornpipe	Reel or Slip Jig	Open Set Dance
---------	-----------------------	------------------	----------------

Entry Fees

TINY TOTS - GRADE COMPETITIONS & CEILI CHAMPIONSHIPS	£5.00
FEE PER ADULT - PAYABLE ON ENTRY TO THE FEIS (Children Free)	£5.00
UNDER 6 & UNDER 7 PREMIERS	£20.00
UNDER 8 (GIRLS) & UNDER 9 (BOYS & GIRLS) CHAMPIONSHIPS	£30.00
OPEN & PRELIMINARY CHAMPIONSHIPS from Under 10	£40.00
Maximum for 1 Dancer	£55.00
Family Fee for 2	£70.00
Family Fee for 3 or more siblings	£90.00

Email your entry pack to: desilke@instepfm.com or desilke648@icloud.com

CLOSING DATE IS WEDNESDAY 24TH MAY 2023

9TH HERTFORDSHIRE CHAMPIONSHIPS - GRADES

TINY TOTS	16 BARS OF A REEL					
NOVICE (Bún Grád)	TROPHY	TROPHY	TROPHY	TROPHY		
	REEL	LIGHT JIG	SINGLE JIG	SLIP JIG		
Under 6	122-124	116	124	124		
6 & Under 7	122-124	116	124	124		
7 & Under 8	122-124	116	124	124		
8 & Under 9	122-124	116	124	124		
9 & Under 10	122-124	116	124	124		
10 & Under 11	122-124	116	124	124		
11 & Under 12	122-124	116	124	124		
PRIMARY (Tús Grád)	TROPHY	TROPHY	TROPHY	TROPHY	TROPHY	TROPHY
	REEL	LIGHT JIG	SINGLE JIG	SLIP JIG	HEAVY JIG	HORNPIPE
Under 6	116-118	116	124	120		
Under 7	116-118	116	124	120		
7 & Under 8	116-118	116	124	120	76/96	118/144
8 & Under 9	116-118	116	124	120	76/96	118/144
9 & Under 10	116-118	116	124	120	76/96	118/144
10 & Under 11	116-118	116	124	120	76/96	118/144
11 & Under 12	116-118	116	124	120	76/96	118/144
12 & Under 14	116-118	116	124	120	76/96	118/144
14 & Under 16	116-118	116	124	120	76/96	118/144
INTERMEDIATE (Mean Grád)	TROPHY	TROPHY	TROPHY	TROPHY	TROPHY	TROPHY
	REEL	LIGHT JIG	SINGLE JIG	SLIP JIG	HEAVY JIG	HORNPIPE
Under 6	113	116	124	113		
Under 7	113	116	124	113		
7 & Under 8	113	116	124	113	73	113
8 & Under 9	113	116	124	113	73	113
9 & Under 10	113	116	124	113	73	113
10 & Under 11	113	116	124	113	73	113
11 & Under 12	113	116	124	113	73	113
12 & Under 14	113	116	124	113	73	113
14 & Under 16	113	116	124	113	73	113
Over 16	113	116	124	113	73	113
OPEN TROPHY (Ard Grád)	TROPHY	TROPHY	TROPHY	TROPHY	TROPHY	TROPHY
	REEL	LIGHT JIG	SINGLE JIG	SLIP JIG	HEAVY JIG	HORNPIPE
Under 6	113	116	124	113	73	113
6 & Under 7	113	116	124	113	73	113
7 & Under 8	113	116	124	113	73	113
8 & Under 9	113	116	124	113	73	113
Under 11 & Under 13			13 & Under 16		Over 16	
Ceili Championship			Ceili Championship		Ceili Championship	



STANDARD RULES FOR SER FEISEANNA - 2023

1. Lodgement of entries implies that you acknowledge and accept all of the Rules of An Coimisiun Le Rinci Gaelacha and the Southern England Regional Council plus the additional rules listed below, relating to the Feis.
2. Entries will only be accepted from Schools registered with An Coimisiun Le Rinci Gaelacha and entry forms must be signed by the registered teacher. Entries with no fee will not be processed or acknowledged.
3. New entries may be taken on the day of the Feis in line with SERC late entry rule.
4. Ages to be taken from 1st January 2023.
5. All competitors may be required to produce their birth certificate / passport as proof of age.
6. Competitors must dance in their own age group for solo competitions except where there is no competition in their age group for that particular dance. Dancers cannot compete in a younger age group.
7. All decisions of the Adjudicators are FINAL.
8. Only the committee members may approach the Adjudicators during competitions.
9. ALL Grade Competitions are OPEN to all Regions.
10. Competitors may only dance each dance in one grade.
11. Where there are five or less competitors in a competition, results will not affect their grading. In all Heavy dances the lead around must be danced on both the right and left foot.
12. A Novice is a dancer who has not gained a 1st, 2nd or 3rd place in a Novice Grade competition or any medal in a higher grade for that particular dance.
13. The basic step rule will apply to all Novice competitions as per the Southern England Regional Council.
14. The Primary Grade is for dancers who have not won a 1st or 2nd place for that particular dance in any Age Group.
15. All Novice and Primary dancers may only wear a class costume, simple dancewear or appropriate attire (skirt & top or simple dress for girls and trousers, shorts and t-shirt or shirt for boys) in competitions up to and including the Under 12 Age Group. Make-up will not be permitted for any dancer in the first two grades up to and including the Under 12 age group Worldwide. Failure to comply with this rule may lead to disqualification.
16. The Intermediate Grade is for dancers who have not won a 1st place for that particular dance in a particular Age Group, or who has not won a Premier competition, Preliminary Championships or Open Championship.
17. Intermediate competitors can dance their grade dances and either the Preliminary or Open Championship.
18. The adjudication panel is at the discretion of the Feis organiser.
19. An Coimisiun has ruled that from 1st January of each year, that no block, en pointe, stationary or moving be allowed to be performed for all ages up to and including the under 12 age group Worldwide. The Under 12 Age Group will be allowed to Toe Walk from 1st September.
20. The Feis Organiser must provide non-slip flooring for every dance surface, however the Feis Organiser cannot accept any liability for injury sustained whilst dancing.
21. Any competitor found to be using artificial carriage aids and subsequently refuses to remove same will be subject to disqualification from that particular competition. Medically prescribed apparatus, proof of which may be required, will be exempt from this ruling.
22. In order to comply with the health and safety measures, all dancers lining up side stage prior to any round of a competition will be required to perform the simple exercise of raising arms to shoulder level unhindered. If unable to do this due to costume stitching or any arm attachments by the time of their rotation they will not be permitted to perform.
23. Make-up Rule (4.5 in CLRG Rule Book) 4.5.2 Make-up (including false eyelashes) is not permitted for dancers, in either solo or team competitions, up to and including the Under 10 age group (POINT OF CLARIFICATION) For the purpose of this rule the term "Make-up" includes tinted moisturiser and any artificial tanning products. An Coimisiun hopes that teachers and parents will interpret and apply this rule in the spirit in which it is intended.
24. Dancers must be properly attired throughout the whole competition and must be in full costume and appropriate footwear when receiving awards. No changing allowed in competition areas.
25. Any form of unauthorised photography which has the capability to capture a dancer's image whilst in motion, using electronic or manual means, e.g. mobile phone, standard camera, video camcorder, cine recorder, commercial film, with or without flash enhancement, is
26. Photographs taken at awards ceremonies are permitted, however these must be for your own use and not used for public display purposes, unless permission has been obtained.
27. Any competition can be moved to another hall at the discretion of the Feis Secretary.
28. All Championship cups are perpetual and recipients will be responsible for any loss or damage and for the safe return in adequate time to be presented to subsequent winners.
29. Parents are responsible for the conduct of their children, at all times, whilst attending the Feis.
30. The Feis Organiser accepts no responsibility for any loss or damage to personal property.
31. No Smoking, eating or drinking in any of the halls, except in designated areas.
32. Objections against any breach of the above rules must be made in writing, and signed, to the Feis Secretary and accompanied by a fee of £25.00, which will be refunded if the objection is upheld. If parents have any constructive comments to make about any aspect of Feiseanna, these would be welcomed by the council and should be put in writing. It should be noted that anonymous correspondence cannot be dealt with.
33. Competitors in Bun Grad & Tus Grad, up to and including the Under 12 age group, may only wear traditional class costumes or long/short- sleeved blouses/shirts & skirts/trousers, polo tops & skirts/ trousers, body suits & skirts or tunics that conform to the regular costume length rule. Low-cut tops and short tight skirts are not permitted.
34. Costume Length: Length of costumes must adhere to principles of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty may ask a competitor to change into black tights (of a denier not less than 70 per cent) in order for the dancer to continue in the competition. For competitions adjudicated by a panel of more than one adjudicator, all adjudicators on the panel must agree to ask the dancer to wear tights.
35. Appropriate undergarments covering the midriff must be worn. Undergarments must provide full coverage as per the illustration attached. (See Addendum A). Dancers wearing undergarments that do not cover the areas of the body as in the illustrated example will be asked to put on black tights of a denier of not less than 70%. This is monitored by the adjudicator. For competitions adjudicated by a panel of more than one adjudicator all adjudicator on the panel must agree to ask the dancer to put on tights

PRELIMINARY CHAMPIONSHIPS IN ENGLAND, SCOTLAND AND WALES EFFECTIVE 1ST JANUARY 2021

- A minimum number of three Adjudicators must officiate.
- The first age group for a Preliminary Championship is Under 10.
- Where a Preliminary Championship is held separate from an Open Championship, three rounds should be offered, namely; Reel or Slip Jig, Heavy Jig or Hornpipe and any Set Dance.
- Where a Preliminary Championship is combined with an Open Championship, then the result should be taken from eligible dancers' ranking after the first two rounds.
- Where there are separate Preliminary and Open Championships, dancers can compete in both at the discretion of the Feis organiser.
- Where a competitor wins two Preliminary Championships they must dance in Open Championship for a period of 12 months thereafter .
- For grading purposes, two wins will be taken as being in any two year rolling period. Where a dancer does not win a second Preliminary within two years of winning their first Preliminary Championship, then the first win will be deemed as having expired and the dancer starts afresh.
- Where there are less than 6 in a Preliminary Championship that win will not normally be considered for grading purposes. However, where a dancer wins three Preliminary Championships regardless of the number of competitors in each competition, that dancer must dance in Open Championship for a period of 12 months thereafter .
- Dances performed in a Preliminary Championships do not count for grading in solo competitions.
- Competitors that qualify for and compete in Oireachtas Rince na Cruinne in the previous 12 months cannot compete in a Preliminary Championship except where the dancer auto qualified at their Regional or National Oireachtas due to lack of numbers.
- Dancers placing 1st-3rd in an Open Championship with up to 20 competitors or 1st-5th in an Open Championship with more than 20 Competitors cannot compete in a Preliminary Championship for a period of 12 months.

PLEASE NOTE THE ABOVE RULES ARE NOT RETROSPECTIVE

AWARDS

2 medals/trophies - 5 or less - 4 medals - 6 to 10 competitors
7 medals - 11 to 20 competitors - 10 medals - 21 to 30 competitors
14 medals - 31 to 40 competitors
1 medal for each additional 5 or part of 5 competitors

General Data Protection Regulations (GDPR)

The Hertfordshire Championships Committee and teachers of Celtic Hearts Irish Dance will protect all user's information in accordance with the EU General Data Protection Regulation 2018.

The Teachers of Celtic Hearts Irish Dance are fully paid up members of CLRG and comply with all CLRG GDPR Regulations currently in place as regards to running Feiseanna.

Data collected will be via the completed entry pack that is available for download from <https://www.instepfm.com>. All the data in the entry pack will be stored on a password protected laptop and only shared with the Feis Organiser.

2022 WINNERS



MIXED	U6	NIAMH BRENNAN	McGAHAN LEES
MIXED	U7	JOSIE HIGGINS	MAGUIRE O'SHEA ACADEMY
GIRLS	U8	ELLIE-MAI HEADD-McDERMOTT	HEADD-McDERMOTT ACADEMY
GIRLS	U8	GRACE MORGAN	TRAINOR SCHOOL
GIRLS	U9	VALARIE SNIGUR	CLADDAGH ACADEMY
BOYS	U9	NO ENTRY	NO ENTRY
GIRLS	U10	HANNAH MAHON	CLADDAGH ACADEMY
PRELIM	U10	CONNIE LOFTHOUSE	MAGUIRE O'SHEA ACADEMY
GIRLS	U11	ELLEN LEAVENS	McGAHAN LEES ACADEMY
BOYS	U11	CALLUM HAMMON	DONNA GRIFFIN ACADEMY
PRELIM	U11	LANI LOUGHRAN	HENNIGAN IRISH DANCE
GIRLS	U12	AVELENE MULLIGAN	CLADDAGH ACADEMY
PRELIM	U12	SOPHIE LEANING	FINBARR CONWAY ACADEMY
GIRLS	U13	ANNA BORISENKO	SCOIL RINCE CÉIM ÓIR
BOYS	U13	MICHAEL O'FLAHERTY	O'DONNELL MAGUIRE ACADEMY
PRELIM	U13	SINEAD HIGGINS	BRENNAN MISKELLY McCORMACK
GIRLS	U14	SIENNA SKEHILL	CELTIC HEARTS IRISH DANCE
PRELIM	U14	SOPHIE McMAHON	ANGELA O'CONNOR ACADEMY
GIRLS	U15	OLIVIA DELANEY	McGAHAN LEES ACADEMY
BOYS	U15	TOBY McGUINNESS	CLADDAGH ACADEMY
PRELIM	U15	SARAH BOWIE	AMDC
GIRLS	U16	ELLA O'DONNELL	HERLIHY BURGOINE
PRELIM	U16	ELLEN BROCK	SCOIL RINCE CÉIM ÓIR
GIRLS	U17	ERIN MACMILLAN	CLADDAGH ACADEMY
BOYS	U17	SE O'TOOLE	BROOKS ACADEMY
LADIES	U19	LILY McDONNELL	THE IRISH DANCE ACADEMY
MEN	U19	NO ENTRY	NO ENTRY
LADIES	O19	ERIN GRACE-COOKE	HENNIGAN IRISH DANCE
MEN	O19	KRISTIAN FISL	AVALON ACADEMY
PRELIM	O16	MAYA BUTLER	MANNING SCHOOL