



Hosted by the Watters School of Irish Dancing  
[www.OrlandoFeis.com](http://www.OrlandoFeis.com)

**Saturday May 27<sup>th</sup>, 2023**

*Back-to-back with the Alter Ego Feis*

Venue – Rosen Center Hotel, 9840 International Drive, Orlando, FL 32819  
For reservation information, please see website: [www.OrlandoFeis.com](http://www.OrlandoFeis.com)

Officials - For full list of adjudicators and musicians, see website: [www.OrlandoFeis.com](http://www.OrlandoFeis.com)

Syllabus approved by Maureen Armstrong ADCRG on behalf of IDTANA Southern Region  
Approval date: April 13<sup>th</sup> 2023

Member of An Coimisiún le Rincí Gaelacha, Dublin, Ireland

## Grade Exams

**Friday May 26<sup>th</sup> ONLY**

**\*\*\*No Saturday/Sunday exams this year\*\*\***

Register for Grade exams at [www.Feisworx.com](http://www.Feisworx.com)  
See [www.Orlandofeis.com](http://www.Orlandofeis.com) for Grade exam syllabus

Grade exam application cut-off date: May 12<sup>th</sup> 2023 (or when 75 exams are paid for)

**NO LATE CUT OFF DATE, NO LATE ENTRIES**

**Number of exam applicants will be capped at 75 exams**

Grade 1 through 10 offered.

# Feis Entries

Enter at [www.feisworx.com](http://www.feisworx.com)

*Entries will be capped at 700 dancers*

**Feis entry cut-off date: May 12th 2023**

*Late fee of \$20 per dancer after May 12th through May 22nd.*

*No online entries after May 22nd.*

*However, entries will be taken on the day of the feis with a \$20 late fee.*

*No online changes to entries after May 22nd.*

*However, changes will be taken on the day of the feis with a \$10 fee, per dancer.*

## FAMILY FEE:

All families will be subject to a one-time family fee at the time of registration. There will be no wrist bands sold on the day.

Solos	\$12 per dance
Figures	\$10 per dance
Trophy competitions	\$15 per dance
Art Competition	\$15 per entry
Prelim Championship (youth)	\$40 <b>(Includes 2 extra solo results)</b>
Open Championship	\$50 <b>(Includes 2 extra solo results)</b>
Adult Championship	\$50 <b>(Includes 2 extra solo results)</b>
Masters Championship	\$40 <b>(Includes 2 extra solo results)</b>
Family fee	\$30 <b>(Includes digital program)</b>
Family maximum	\$160* <i>(does not include Family fee, late fee, change fee or Feisworx service fee)</i>
Late fee <i>(after May 12th)</i>	\$20 per dancer
At-the-feis changes	\$10 per dancer

# Competitions

## BEGINNER

	Reel	Light jig	Slip jig	Single jig
Under 5	105RL	105LJ	105SJ	105SN
Under 6	106RL	106LJ	106SJ	106SN
Under 7	107RL	107LJ	107SJ	107SN
Under 8	108RL	108LJ	108SJ	108SN
Under 9	109RL	109LJ	109SJ	109SN
Under 10	110RL	110LJ	110SJ	110SN

Under 11	111RL	111LJ	111SJ	111SN
Under 12	112RL	112LJ	112SJ	112SN
Over 12	113RL	113LJ	113SJ	113SN
Adults	199RL	199LJ	199SJ	199SN

## ADVANCED BEGINNER

	Reel	Light jig	Slip jig	Single jig	Treble jig*	Hornpipe*
Under 6	206RL	206LJ	206SJ	206SN	206TJ	206HP
Under 7	207RL	207LJ	207SJ	207SN	207TJ	207HP
Under 8	208RL	208LJ	208SJ	208SN	208TJ	208HP
Under 9	209RL	209LJ	209SJ	209SN	209TJ	209HP
Under 10	210RL	210LJ	210SJ	210SN	210TJ	210HP
Under 11	211RL	211LJ	211SJ	211SN	211TJ	211HP
Under 12	212RL	212LJ	212SJ	212SN	212TJ	212HP
Under 13	213RL	213LJ	213SJ	213SN	213TJ	213HP
Over 13	214RL	214LJ	214SJ	214SN	214TJ	214HP
Adults	299RL	299LJ	299SJ	299SN	299TJ	299HP

\* Traditional speed only

## NOVICE

	Reel	Light jig	Slip jig	Single jig	Treble jig	Hornpipe
Under 7	307RL	307LJ	307SJ	307SN	307TJ	307HP
Under 8	308RL	308LJ	308SJ	308SN	308TJ	308HP
Under 9	309RL	309LJ	309SJ	309SN	309TJ	309HP
Under 10	310RL	310LJ	310SJ	310SN	310TJ	310HP
Under 11	311RL	311LJ	311SJ	311SN	311TJ	311HP
Under 12	312RL	312LJ	312SJ	312SN	312TJ	312HP
Under 13	313RL	313LJ	313SJ	313SN	313TJ	313HP
Under 14	314RL	314LJ	314SJ	314SN	314TJ	314HP
Under 15	315RL	315LJ	315SJ	315SN	315TJ	315HP
Over 15	316RL	316LJ	316SJ	316SN	316TJ	316HP
Adults	399RL	399LJ	399SJ	399SN	399TJ	399HP

## PRIZEWINNER

	Reel	Light jig	Slip jig	Single jig	Treble jig	Hornpipe
Under 7	407RL		407SJ		407TJ	407HP
Under 8	408RL		408SJ		408TJ	408HP
Under 9	409RL		409SJ		409TJ	409HP
Under 10	410RL		410SJ		410TJ	410HP
Under 11	411RL		411SJ		411TJ	411HP
Under 12	412RL		412SJ		412TJ	412HP
Under 13	413RL		413SJ		413TJ	413HP
Under 14	414RL		414SJ		414TJ	414HP
Under 15	415RL		415SJ		415TJ	415HP
Over 15	416RL		416SJ		416TJ	416HP
Adults	499RL	499LJ	499SJ	499SN	499TJ	499HP

## TROPHY COMPETITIONS

	Non champ Trad set	Non champ Treble reel	Non champ Non-Trad	All levels Trad set	All levels Treble reel	All levels Non-Trad	Champ Treble reel	Champ Trad set	Prelim Non-Trad
Under 9	409TS								
Under 10	410TS	410TR	410NT						
Under 11	411TS								
Under 12	412TS	412TR	412NT				612TR	612TS	512NT
Under 13	413TS								
Under 14	414TS	414TR	414NT				614TR	614TS	514NT
Over 14	415TS	415TR	415NT						
Under 16							616TR	616TS	516NT
Over 16							617TR	617TS	517NT
Adults & Masters				499TS	499TR	499NT			

## BOY'S SLIP JIG

For championship level boys & men, all ages. (Prelim, Open, Masters or Adult Championship levels) ONE step down the line.
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150
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## SPECIAL CHILD

Open to dancers with special needs. All age groups. Perform any dance. 2 steps approximately	151
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## ART COMPETITION – 2 dimensional

<p>Competitors of any age can enter by submitting a piece of art at the registration desk on the night before the feis, or up to 1pm on the day of the feis.  <b>Artwork must be Irish in theme and must be 2-dimensional.</b>          Results will be posted at approximately 2pm on the day of the feis.          The competition may be divided into age groups depending on the number of entries.          For 3-dimensional artwork, see the Alter Ego Feis.</p>	152-D
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## CHAMPIONSHIPS

	<b>Preliminary championship</b> <i>Awards will be given for solos also</i>	<b>Open championship</b> <i>Awards will be given for solos also</i>	<b>Championship</b> <i>Awards will be given for solos also</i>
Under 9	509	609	
Under 10	510	610	
Under 11	511	611	
Under 12	512	612	
Under 13	513	613	
Under 14	514	614	
Under 15	515	615	
Under 16	516	616	
Under 17	517	617	
Over 17	518		
Under 18		618	
Under 19		619	
Over 19		620	
Masters	550	650	
Adults			599

*All championship dancers will perform the HARD shoe round first.*

**Children's Championships:**

*If there are 3 or more boys in any Open championship they will be split from the girls.*

*If there are 5 or more boys in any Prelim championship they will be split from the girls*

*Competitors in Preliminary Championship will dance Treble Jig or Hornpipe AND Reel or Slip jig.*

*Competitors in Open Championship will dance Treble Jig or Hornpipe AND Reel or Slip jig AND Set dance.*

**Masters Championships:**

*If there are less than 5 dancers entered in Prelim Masters, it will be combined into Open. Wins still "count" for Prelim dancers, if there are 5 or more competitors total (Prelim or Open) in a combined competition.*

Competitors will dance Treble jig or Hornpipe (Slow speed) AND Reel or Slip jig

**Adult Championship:**

Competitors will dance Treble jig or Hornpipe (Slow speed) AND Reel or Slip jig AND Traditional set.  
Not open to dancers competing in the Beginner, Advanced beginner, Novice & Prizewinner categories.

## FIGURES

	2-hand	3-hand	4-hand	8-hand
Under 7	912	913	914	
Under 9	922	923	924	928
Under 11	932	933	934	938
Under 13	942	943	944	948
Under 15	952	953	954	
Under 16				968
Over 15	972	973	974	
Over 16				988
Adults	992	993	994	998
<b>Family Dance</b>		999		

# Dancing Competition Rules

1. In the case of all solo and team competitions in all grades, the age of a competitor on 1st January of the year in which the competition is held will determine the right of entry. For the purposes of this Rule a competitor whose birthday occurs on 1st January shall be deemed to be under the age attained on that date.
2. Competitions are open to all but those holding a TMRF, TCRG, or ADCRG designation. A feis can only accept entries from pupils of teachers registered with An Coimisiun and registered with both the IDTANA and the North American region in which they reside.
3. A competitor may be disqualified for any of the following reasons:
  - a. Conduct unbecoming a lady or gentleman.
  - b. Failure to report on time to compete. (Penalty: disqualification from said event)
  - c. Falsification of age or other important facts – i.e., teaching, award winning, competing under another competitor’s name or number, etc.

Penalty for (a) or (c): Competitor will be disqualified from the Feis at which the occurrence happened and from all registered Feiseanna for a period of one year beginning at the date of the occurrence.
4. Competitions may be closed if there are no competitors at the assigned stage ready to compete when the competition is scheduled or announced. This does not pertain to a situation where competitors are involved in stage conflicts, and such conflicts will be handled by the stage monitor.

5. Steel taps or “bubble” heels on dancing shoes and any display of awards is prohibited. Authentic Gaelic dress is desired.
6. First Feis (if offered), Beginner and Advanced Beginner, aka Beginner I and II, must wear a class costume, or a skirt/pants and top. All other categories are excluded from this rule. Modest attire is encouraged when a competitor is not dancing.
7. Competitor’s number must be worn and visible to adjudicators when performing in all competitions. Use of reflective plastic number covers is discouraged.
8. The number of awards given is determined by the Feis Committee and is based on the scores and ranks given by the adjudicator(s).
9. Complaints must be in writing stating names and other factual information and signed by the complainant. A \$50.00 fee must be enclosed and presented to the Feis Chairman within one hour of the occurrence. The fee will be returned if the complaint is upheld.
10. The Feis Committee and any organization affiliated with same, will not be held responsible for personal injury, property loss or damage. Destruction of Feis property and/or rental property will be punishable by law.
11. The Feis reserves the right to reject any entry for cause, to cancel all or part of the Feis and to limit competitor’s performing time. The decision of the Feis Committee is final in all matters connected with the Feis.
12. All Feiseanna must have a process to allow parents to request that their child or children’s name(s) not be listed on the posted competitor list prior to the day of the Feis.
13. Competitors must answer all questions as required by the Feis Entry committee, including teacher’s name, and include the entry fee for entry to be accepted. Failure to do so will result in a rejected entry. Entries must be received on or before the closing date or they will be subject to a late fee of \_\_\_\_\_ (Determined by the Feis).
14. With the exception of First Feis and Beginner 1 the status of the dancer does not change unless there are five or more dancers in the competition.
15. Photography
  - a. With the exception of First Feis, Beginner 1 and Beginner 2 (or their equivalent), photography of any kind which has the capability of capturing a dancer’s image while in motion is strictly forbidden.
  - b. A Feis may elect to allow in motion photography for publicity purposes, but the pictures are considered the sole property of the Feis and solely for Feis use only; these are not to be used for personal gain through commercial use or sale, and under no circumstances can they be published on any website or other areas, without the express written permission of the persons involved.
  - c. Additionally, a professional photographer may be formally contracted by a Feis to capture non-motion photographs, such as portrait photography, awards ceremonies, etc. and/or in motion photography provided it is taken at a vendor station or suitable location:
    - i. away from the dancing stages and,
    - ii. requested by a consenting parent, guardian, or dancer (over the age of 18).
16. No block, en Pointe, toe walking movements, stationary or moving is allowed to be performed for all ages up to and including the under 12 age group. However, after September 1 of each year an exception is made for those dancers who are 11 dancing in the under 12 age group.
17. No substance that can become airborne should be used on any dance floor in an attempt to improve traction.

## GRADE LEVEL RULES

1. Solo competitors in First Feis (if offered), Beginner, Advanced Beginner, Novice or Open (Prizewinner), Adult and Master competitions:
  - a. Must compete in their own age group.
  - b. Must be prepared to perform two steps in each event.
2. With the exception of First Feis and Beginner 1, a dancer's level is determined in each dance (Reel, Light Jig, Single Jig, Slip-Jig, Hornpipe, Treble Jig, and Traditional Set). Traditional Set Dances are limited to those dances determined by An Coimisiun Le Rince Gaelacha as traditional set dances.
3. A Feis Committee may combine competitions if there are less than 5 competitors entered as follows:
  1. Two consecutive age groups, combined into the higher of the two groups, within that grade.
  2. Three consecutive age groups, combined into the highest age group, within that grade.
  3. All Boys' grades competitions shall be initially entered in single year age groups within that grade.
  4. If there are less than 5 Boys entered in any one age group within that grade, competitions may be combined in the following order:
    - a. Double, All Boys, age group into the higher of the two groups within that grade
    - b. If a double, All Boys age group does not create 5 or more entries, the Boys shall be combined into the corresponding single year Girls' age group.
    - c. If the combined Boys and Girls age group still does not create 5 or more entries, that competition may be combined as stated in rule #2 above.
  5. 100 and 200 level competitions may be combined as follows:
    - a. Ages under 8 and below, CANNOT be combined with other age groups within that grade, but Boys and Girls may be combined in the corresponding single year Girls' age group within that grade.
    - b. Ages under 9 and above may first be combined into 2 consecutive age groups within that grade. If the combined competition still does not create 5 or more entries, that competition may be combined using rules 2, 3 and 4 above.
4. Each region may determine the system for moving dancers from one grade to another, as they see appropriate for their region.
5. The syllabus is to contain all grade categories.
6. Competitors have the option to remain in the same category for the remainder of the Feis year.
7. A dancer, at the discretion of the teacher, may move into the next Grade (not Open Championships) without satisfying the requirements. However, once a dancer competes in the higher level, they can never move back to a lower category, (except as outlined in Rule 1, above).
8. Grade Levels
  - a. **First Feis:** A dancer who has never competed in a Feis. A dancer can only be in this category for a single day and cannot compete at any other level in the Feis. Dancers must compete with Basic Steps that coincide with the Grade Exam Syllabus.
  - b. **Beginner 1 (Beginner) Grade:** A beginner is a competitor who has not yet taken a full year of Irish Dance lessons, thereby giving beginners a full year with such status. A Beginner must move into the Beginner 2/Advanced Beginner category the next year. Dancers must compete with Basic Steps that coincide with the Grade Exam Syllabus.
  - c. **Beginner 2 (Advanced Beginner) Grade:** An advanced beginner who wins 1st, 2nd or 3rd place will advance to the Novice category in that particular dance. Competition dances are reel, light jig, slip jig, traditional treble jig and traditional hornpipe, as a minimum requirement. Dancers must compete with Basic Steps that coincide with the Grade Exam Syllabus.



- d. **Novice Grade:** A novice who wins a 1st place will advance to the Open (Prizewinner) category in that particular dance. In Novice competitions with 20 or more dancers, a dancer who wins 1<sup>st</sup> or 2<sup>nd</sup> place in a dance will advance to the Open/PW category in that particular dance (Dec 2012)
- e. **Open Prizewinner Grade:** A competitor who does not qualify as a beginner, advanced beginner or as a novice.
- f. **Adult:** An Adult dancer is defined as any dancer who started Irish dancing at the age of 18 or older OR any dancer 18 or older who has not competed in at least five years in a youth competition AND has never placed in the top three in a youth Preliminary championship competition of more than five competitors.
9. First Feis (if offered), Beginner 1, and Beginner 2 are required to dance at traditional speeds. Novice and Open/Prizewinner dancers may choose between traditional and Oireachtas speeds.
10. The following dance speeds must be adhered to;

	First Feis	Beg 1	Beg 2	Novice	Prizewinner
Reel	122	122	122	113	113
Light Jig	115	115	115	115	115
Slip Jig	122	122	122	113	113
Single Jig	124	124	124	124	124
Treble Jig			92	73/92	73/92
Hornpipe			138	113/138	113/138

Traditional Sets	Traditional Speed
St. Patrick's Day	94
Blackbird	144
Job of the Journeywork	138
Three Sea Captains	96
Garden of Daisies	138
Jockey to the Fair	90
King of the Fairies	130

11. First Feis, Beginner 1 and Beginner 2 perform only basic steps to coincide with the Grade Exam Syllabus.
12. Dancers competing in the First Feis category are limited to participating in the First Feis Category only.

## CHAMPIONSHIP LEVEL RULES

1. First place winners in the Open Championship category cannot return to a Preliminary or Open (Prizewinner) competition. Placing in a Regional or National Oireachtas does not change the status of a competitor. A dancer who moves into Open Championship must stay a minimum of 2 years. If after 2 years they have not placed they are allowed to return to Preliminary. An Open Championship dancer who places is not allowed to return to Preliminary until 2 years after their last placement. The regional syllabus where the Feis is being held may have different qualifications for entry.
2. Entrants in any Championship event may not enter in any other (Grade) events, but may enter in Figure Dances and Specials, ie Treble Reel Competition, etc.
  - a. Dancers must qualify for Open Championship via the method now in place for Preliminary Championship, i.e. two 1st place wins.
  - b. Dancers must compete in the Preliminary Championship competition in order to qualify for Open Championship
3. Preliminary Championships

- a. Are open to those who at any CLRG-registered Feis:
  - (1) Have placed 1st in both an Open (Prizewinner) light and heavy shoe competitions and
  - (2) Have never won 1st, 2nd or 3rd in an Open Championship.
- b. A dancer who lives in the Southern Region and who wins 1<sup>st</sup> place in a second Preliminary Championship Competition in any Region MAY move up to Open Championship Competitions immediately, at the discretion of their dancing teacher.
- c. A dancer who lives in the Southern Region when they win 1<sup>st</sup> place in a second Preliminary Championship competition MUST move up to Open Championship Competitions no later than the one calendar year anniversary of the second Preliminary Championship win.
- d. Preliminary Championship competitions with 26 or more competitors may be split in half according to age. \* In Preliminary Championships-Separate boys into a separate competition if there are five (5) or more boys entered in a specific competition within a single age a group.

A Southern region feis may choose to combine boys and girls in Open Championship competitions when there are less than 5 dancers registered in a particular age category. However, if three (3) or more boys are entered in a specific age group in a combined Open Championship competition, the boys and girls **MUST** be split into separate competitions. If separate Boys and Girls competitions in Open Championships are offered in the syllabus, they may **NOT** be combined under **ANY** circumstances on the day of the Feis

4. One of the following statements **MUST** be in the feis syllabus:
  - a. When there are less than five dancers registered in a particular Open Championship age category, the boys and girls will **NOT** be combined.

OR

  - b. When there are less than five dancers registered in a particular Open Championship age category, the boys and girls **WILL** be combined.
5. The boys' open championship age categories will match the girls' open championship age categories.
6. Every competitor in Preliminary or Open Championship must have a minimum of 8 rotations or 10 minutes between each of their rounds.

## FIGURE/CEILI TEAM RULES

1. Teachers or team captains are responsible that their teams are complete and in position when the competition is announced.
  - a. There are no restrictions on figure age groups
  - b. Figure age groups will be determined by the oldest dancer.
  - c. 8 hand teams are allowed to repeat dancers at all Southern Region feiseanna in accordance with the World and Regional Oireachtas rules.
2. The length of 2 hand and 3 hand dances in competition are to be 48 bars of music plus an 8 bar introduction.
3. Only dancers who meet the definition of "Adult dancer" may compete in Adult Ceili competitions. Masters level solo dancers competing in a Ceili must compete in the Youth Ceili categories.
4. In the event that the same organization is running 2 feiseanna in one weekend, the following may occur:  
Figure and Ceili competitions may be offered at only one of the feis' on that weekend.

## ADJUDICATORS & MUSICIANS

1. Musicians and adjudicators cannot be approached during a competition by anyone except the Feis Committee. No one can approach them while a competitor is performing.
2. Musicians employed by the Feis Committee will be solely under the direction and management of the Feis Committee on Feis day.
3. In matters pertaining to adjudication, the decision of the adjudicators is final.
4. Adjudicators are to monitor the quality of music at the stage(s) to which they are assigned.
5. Championships and Preliminary Championships require at least three adjudicators.
6. Each Feis is required to list their adjudicators on their syllabus and/or website at least three weeks before the close of entries, one-third of which are to be from outside the region where the Feis is being held.

## COSTUME RULES

1. Make up is prohibited on a dancer in the first three grades (First Feis (if offered), Beginner 1 and Beginner 2 or their equivalent) up to and including the under 12 age group. Make-up (including false eyelashes and tanner on the face) is not permitted for dancers, in either solo or team competitions, up to and including the Under 10 age group.

Clarification: Both make up rules refer to the age group of the competition, not the actual age of the dancer. For example, 9 year old dancers, competing in a team that is entered Under 12, may wear make-up or at a feis where the youngest Open Championship age group is Under11, then all dancers in that competition may wear make-up. These rules must also be announced from side stage at the event. Participants should be reminded that should they be in breach of these rules and be required to remove their make-up, that they risk missing their rotation in the competition.

2. Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition. Medically prescribed aids (proof of which may be required) will be exempt from this rule.
3. Competitors in competitions at the First Feis (if offered), Beginner 1 and Beginner 2 Grade will wear only the competitor's dancing school costume or a skirt/pants and top.
4. Costume Length: Length of costumes must adhere to principles of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty may ask a competitor to change into black tights (of a denier not less than 70 per cent) in order for the dancer to continue in the competition.
5. When wearing body suits with skirts (commonly known as black-out attire) black tights (of a denier less than 70) must be worn from the age of 14 and above. Effective date: 1st February, 2020

## MODESTY RULES

### FROM AN COIMISIUN

Changing costumes, dressing and undressing of dancers will not be acceptable in the halls or public areas. For the sake of modesty and in the interests of safety of young people, dancers will not be permitted to walk around the feis scantily dressed.

Respect for fellow competitors on stage is a requirement at all times.

Lack of respect or courtesy for fellow competitors by aggressive dancing on stage will be subject to penalty at the discretion of each individual adjudicator.

Length of costume must adhere to principles of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty may ask a competitor to wear black tights (of a denier not less than 70 percent) in order to continue in the competition. For competitions adjudicated by a panel of more than one adjudicator, all adjudicators on the panel must agree to asking the dancer to wear tights. Effective March 1, 2022.

Appropriate undergarments covering the midriff must be worn. Undergarments must provide full coverage. Dancers wearing undergarments that do not cover the areas of the body as in the illustrated example will be asked to put on black tights of a denier of not less than 70%. This is monitored by the adjudicator. For competitions adjudicated by a panel of more than one adjudicator all adjudicators on the panel must agree to ask the dancer to put on tights. Effective March 1, 2022

The Feis WILL NOT give any refunds for any reason including consequences for violations of these rules.