

# THE FOUR MASTER'S CHAMPIONSHIP

**SATURDAY 14TH & SUNDAY 15TH OCTOBER, 2023**

**ST BRIGID'S COMMUNITY CENTRE,  
BALLINTRA, CO DONEGAL, F94 X7TD**



## **ADJUDICATORS:**

**BERNADETTE WHELAN, A.D.C.R.G., SYDNEY, AUSTRALIA**

**CATHERINE COLEMAN, A.D.C.R.G., MAYO**

**FIONA GALLAGHER, A.D.C.R.G., MULLINGAR**

## **MUSICIAN:**

**STEPHEN DEVLIN, MAGHERAFELT**

Syllabus approved by: Feis Registrar, An Comhairle Uladh

## **ENTRY PROCESS**

### **Entries by Feis Connect**

Parents can enter via the following link:

<https://forms.gle/nGra9f4ezgEA9ZW57>

- Entries fees are non-refundable unless the event is cancelled.
- Entries are only accepted from parents of dancers, who's teachers are registered with An Coimisiun Le Rinci Gaelacha.

All other emails to: [domicanacademy@gmail.com](mailto:domicanacademy@gmail.com)

or teachers can contact Chris, Chantelle, Clodagh & Lauren.

### **AWARDS:**

**TROPHIES & SASHES** will be awarded to the **TOP 5 DANCER**

in ALL Trophy Competitions, Championships & Prelim.

Every 1<sup>st</sup> place will receive a trophy.

### **ENTRY FEE:**

**Prelim Championships: €40**

**Championships €35**

**U/5 Champ €25**

**Grades €5**

**Trophy Dance €7**

**Tiny Tots €7**

**Admission €5**

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## Saturday 14th October Timetable

<b>9am</b>	<b>U/8 &amp; U/9 Championships</b>
<b>10.15am</b>	<b>U/10 &amp; U/12 Championships</b>
<b>12.30pm</b>	<b>U/5, U/6, U/7 Championships</b>
<b>1pm</b>	<b>U/11 &amp; U/13 Championships</b>
<b>3pm</b>	<b>U/14 &amp; U/15 Championships</b>
<b>4.30pm</b>	<b>U/16, U/18 &amp; O/18 Championships</b>

<b>COMPS</b>	<b>DANCES</b>
<b>U/5</b>	<b>Reel &amp; Light Jig</b>
<b>U/6</b>	<b>Reel, Single Jig &amp; Light Jig,</b>
<b>U/7</b>	<b>Reel, Single Jig &amp; Jig</b>
<b>U/8 &amp; U/9</b>	<b>Reel, Heavy jig &amp; Trad Set</b>
<b>U/10 &amp; above</b>	<b>Reel / Slip Jig, Heavy jig / Hornpipe &amp; Set Dance</b>

## Sunday 15th October Timetable

	<u>Stage 1</u>	<u>Stage 2</u>	<u>Stage 3</u>
<b>9am</b>	<b>8-9 Bun Grad 11-12 Bun Grad</b>	<b>9-10 Bun Grad 12-14 Bun Grad</b>	<b>10-11 Bun Grad O/14 Bun Grad</b>
<b>10.15am</b>	<b>U/6 Bun Grad</b>	<b>6-7 Bun Grad</b>	<b>7-8 Bun Grad</b>
<b>11.30am</b>	<b>8-9 Tus Grad 11-12 Tus Grad</b>	<b>9-10 Tus Grad 12-14 Tus Grad</b>	<b>10-11 Tus Grad O/14 Tus Grad</b>
<b>12.30pm</b>	<b>U/5 Tiny Tots <u>U/5 (Ungraded)</u></b>		
<b>1pm</b>	<b>U/6 Tus Grad</b>	<b>6-7 Tus Grad</b>	<b>7-8 Tus Grad</b>
<b>1.30pm</b>	<b>Lunch</b>		
<b>2pm</b>	<b>U/7 Mean Grad</b>	<b>7-8 Mean Grad</b>	<b>8-9 Mean Grad</b>
<b>3.30pm</b>	<b>9-10 Mean Grad 12-14 Mean Grad</b>	<b>10-11 Mean Grad O/14 Mean Grad</b>	<b>11-12 Mean Grad</b>

<b>COMPS</b>	<b>DANCES</b>
<b><u>Tiny tots</u></b>	<b>16 Bars Reel</b>
<b><u>U/5 Ungraded</u></b>	<b>Reel, Light Jig,</b>
<b><u>Bungrad</u></b>	<b>Reel, Single Jig, Light Jig, Slip Jig, Light Tr Dance</b>
<b><u>Tusgrad</u></b>	<b>Reel, Single Jig, Light Jig, Slip Jig, Light Tr Dance Heavy jig, Trad Set Tr Dance</b>
<b><u>Meangrad</u></b>	<b>Reel, Single Jig, Light Jig, Slip Jig, Light Tr Dance Heavy jig, Hornpipe, Trad Set Tr Dance</b>

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# RULES:

1. The adjudicator's decision is final.
2. Age taken as of 1st January 2023.
3. Entries only accepted from teachers registered with An Coimisiun le Rinci Gaelacha.
4. No refunds unless the feis is cancelled.
5. In Bun and Tus Grad, up to and including under 12, make-up and tan is not permitted.
6. In Bun and Tus Grad, up to and including under 12, dancers may only wear class costume or day clothes i.e. long/ short sleeve tops, shirts, skirts, trousers or tunics that conform to the regular costume length Low cut tops and short tight skirts are not permitted. No solo costumes are permitted.
7. Bun Grad competitions are confined to dancers who have never won 1st prize, or have been regraded, in that particular dance in any grade or age. Basic steps must be performed.
8. Tus Grad competitions are confined to dancers who have never won 1st prize, or have been regraded, in that particular dance in Tus grad or higher.
9. Mean Grad competitions are confined to dancers who have never won 1st prize in that particular dance in mean or higher.
10. To be eligible to compete in the Preliminary Championship dancers must a) never have previously placed in the top 3 in an open championship judged by 3 or more adjudicators, b) not have won a preliminary championship more than 2 times in the current year, however, if there are 5 or less in a preliminary championship the dancer is still eligible to compete in Preliminary Championships, c) not have qualified for Oireachtas Rince na Cruinne in either the current or previous year, d) dancers having won 2 preliminary championships may not compete in any mean Grad competition for the remainder of the year, however, if a dancer has won only one preliminary championship they may continue to compete in mean grad (with the exception of the dances that they won the prelim championship with).
11. No block, en point, stationary or moving will be allowed for all ages up to and including under 12.
12. Changing of costumes, dressing and underdressing, is not permitted in the halls or public area.
13. Make-up (including false eye lashes and tanner on face) is not permitted for dancers, in either solo or team competitions, up to and including the under 10 age group.
14. Length of costume must adhere to principles of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty may ask a competitor to wear black tights (of a denier not less than 70%) in order to continue in the competition. For competitions adjudicated by a panel of more than one adjudicator, all adjudicators on the panel must agree to asking the dancer to wear tights.
15. Appropriate undergarments covering midriff must be worn. Undergarments must provide full coverage (as per illustration on [www.clrge.ie](http://www.clrge.ie)). Dancers wearing undergarments that do not cover the areas of body as in illustrated example will be asked to put on black tights of a denier of no less than 70%. This is monitored by the adjudicator. For all competitions adjudicated by a panel of more than one adjudicator all adjudicators on the panel must agree to ask the dancer to put on tights

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16. In order to comply with health and safety measures, all dancers lining up side stage prior to any round at any competition will be required to perform the simple exercise of raising their arms to shoulder level unhindered. If unable to do this by the time of their rotation due to costume stitching or arm attachments, these competitors will not be permitted to perform.
17. Dances permitted in Light dance are: Reel, Light Jig, Slip Jig or Single Jig.
18. Dances permitted in Heavy dance are: Heavy Jig, Hornpipe, St Patrick's Day or Blackbird.
19. Dances permitted in Traditional Set Dance are: St. Patrick's Day, Blackbird, Job of JourneyWork, Garden of Daisies, King of the Fairies, Three Sea Captains or Jockey to the Fair.
20. Dancers must perform the following speeds:
21. Bun Grad: Reel 122-124, Light Jig 116, Single Jig and Slip Jig 124, Heavy Jig 96, Hornpipe 144.
22. Tus Grad: Reel 116-118, Light Jig 116, Single Jig 124, Slip Jig 120, Heavy Jig 82, and Hornpipe 130.
23. Mean/ Grad: Reel, Slip Jig & Hornpipe 113, Light Jig, 116, Single Jig 124, Heavy Jig 73
24. Traditional Set Dances: Blackbird 144, St. Patrick's Day 94, Job of Journeywork 138, Garden of Daisies 138, King of Fairies 130, 3 Sea Captain 96, Jockey 90.
25. Any form of unauthorised photography which has the capability to capture a dancer's image whilst in motion, using electronic or manual means e.g. mobile phone, standard camera, video camcorder, cine recorder, commercial film, with or without flash enhancement, is strictly prohibited.
26. Any objections must be lodged in writing within one hour of result, accompanied by a fee of £20.00.
27. The Feis Committee will not accept any responsibility for personal injuries or articles lost at the feis.
28. Competitions are open to dancers from any region worldwide.
29. The Feis committee reserves the right to transfer competitions/results to a different hall or to alternate competitions if it becomes necessary in order to help the Feis run smoothly and the committee reserves the right to use a relief adjudicator.
30. If you wish for your child to be excluded from any photographs that maybe uploaded onto social media website, please ensure that you inform the feis organiser in advance.
31. The Child Protection Designated Liaison Officer for the Ulster Region is Paula Bell, If you have any concern for any child's safety at the event, please contact her: <http://www.eugdpr.org/eudpr.org-1.html>.