



## The Carson Academy Feis

**Saturday 28<sup>th</sup> & Sunday 29<sup>th</sup> October 2023**

### Venue

St. Louise's College

468 Falls Road

Belfast, BT12 6EN

### Adjudicators

Aaron Crosbie, London

Mariam Elbadri, Dublin

Roisin Cahalan-Beck, Munster

### Musician

Stephen Devlin, Belfast

### Entries Now Open

<https://form.jotform.com/222481913002041>

 *Follow : The Carson Academy on facebook for updates*

*Contact: [carson\\_acd@icloud.com](mailto:carson_acd@icloud.com) or 07429496240 (Teachers only)*

Syllabus Approved by Feis Registrar of An Comhairle Uladh: Sukhy Nijjar



## Competitions

### Saturday 28<sup>th</sup> October

*Below is the running order of the day, times will be allocated when all entries have been submitted*

<b>8-9 Championship (Prelim &amp; Open)</b>
<b>9-10 Championship (Prelim &amp; Open)</b>
<b>10-11 Championship (Prelim &amp; Open)</b>
<b>11-12 Championship (Prelim &amp; Open)</b>
<b>12-13 Championship (Prelim &amp; Open)</b>
<b>13-14 Championship (Prelim &amp; Open)</b>
<b>14-15 Championship (Prelim &amp; Open)</b>
<b>15-16 Championship (Prelim &amp; Open)</b>
<b>16-17 Championship</b>
<b>17-18 Championship</b>
<b>18-20 Championship</b>
<b>Over 20 Championship</b>

### Sunday 29<sup>th</sup> October

*Below is the running order of the day, times will be allocated when all entries have been submitted*

<b>Under 6 Bun &amp; Tus</b>	<b>Under 7 Bun &amp; Tus</b>
<b>Tiny Tots Competition</b>	
<b>Under 5 Championship</b>	
<b>Under 6 Championship</b>	
<b>Under 7 Championship</b>	
<b>Under 8 Championship</b>	
<b>Under 8 Bun, Tus &amp; Mean</b>	<b>Under 9 Bun, Tus &amp; Mean</b>
<b>Under 10 Bun, Tus &amp; Mean</b>	<b>10-12 Bun, Tus &amp; Mean</b>
<b>12-14 Bun, Tus &amp; Mean</b>	<b>Over 14 Bun, Tus &amp; Mean</b>



### **Championship & Prelim Information**

- Recall for set dances in Under 10 to Over 20 Championship if more than 20 dancers.
- Championship Under 9- Under 16 will incorporate a prelim result taken from Round 1 & 2.
- Trophies & Sashes will be awarded to the Top 5 dancers in Open & Prelim Championships.
- Under 5 (Reel, Single or Light Jig)
- Under 6 & Under 7 (Reel, Single, Light or Heavy Jig)
- Under 8 & Under 9 (Reel, Heavy Jig & Trad Set)
- Under 10- Senior (Reel or Slip Jig, Hornpipe or Heavy Jig & Open Set Dance)
- Separate Boys if 5 or more.

### **Grades Information**

- Tiny Tots Competition: This is aimed at dancers who are not 100% ready to participate in a graded competition. Each dancer will perform 16 Bars of the beginner reel on stage. Teachers are welcome to be on stage to encourage their dancers. This is a fun competition and is to encourage younger and new dancers to the feis scene. All dancers will receive a prize.
- Bun Grad Dances: Trophy Reel, Light Jig, Single Jig, Slip Jig & Light Trophy Dance
- Tus Grad Dances: Trophy Reel, Light Jig, Single Jig, Slip Jig, Light & Heavy Trophy Dance
- Mean Grad Dances: Trophy Reel, Slip Jig, Light Trophy, Heavy Trophy & Priomh Comortas (Heavy Jig or Hornpipe/ Reel or Slip Jig)- Under 8 can dance 2 light dances for this comp.
- Trophies will be awarded to the top 3 in the Trophy Reel & Top 5 in the Trophy Dances. Winner will receive a sash.

### **Entries**

Entries will close on Friday 20th October from the below link

<https://form.jotform.com/222481913002041>

Late entries will have a surcharge of £5.00

Under 5 Championship: £20.00 (Overall Result & 2 Solos)

Under 6 & 7 Championship: £30.00 (Overall Result & 3 Solos)

Under 8-Senior (Open Only): £35.00 (Overall Result & 2 Solos)

Under 9-Under 16 (Prelim & Open): £40.00 (Overall Results & 2 Solos)

Solo Grade Dances: £4.00

Trophy Dances & Tiny Tots: £5.00

Meangrad Priomh Comortas: £15.00 (Overall Result & 2 Solos)

Admission: £5.00 per adult payable on the day

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## Feis Rules

### Competition Rules:

1. No refunds except in the case that the event does not run.
2. Entries only accepted from teachers registered with An Coimisiún le Rince Gaelacha.
3. The adjudicator's decision is final.
4. Age taken as at 1st January 2023.
5. Competitors in Bun Grád and Tús Grád, up to and including Under 12 age group, may only wear traditional class costumes or long/short sleeved blouses/shirts & skirt/trousers, polo tops & skirt/trousers, body suits & skirts or tunics that confirm to the regular costume length rule. Low-cut tops and short tight skirts are not permitted.
6. Make-up (including false eyelashes and face-tan) is not permitted for dancers, in either solo or team competitions, up to and including the Under 10 age group.
7. Make-up will not be permitted for any dancer in the first two grades (Bun Grád & Tús Grád or equivalent) up to and including the Under 12 age group worldwide.
8. Length of costumes must adhere to principles of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty may ask a competitor to change into black tights (of a denier not less than 70 per cent) in order for the dancer to continue in the competition.
9. Appropriate undergarments covering the midriff must be worn. Undergarments must provide full coverage (as per illustration on [www.clrg.ie](http://www.clrg.ie)). Dancers wearing undergarments that do not cover the areas of the body as in the illustrated example will be asked to put on black tights of a denier of not less than 70%. This is monitored by the adjudicator. For competitions adjudicated by a panel of more than one adjudicator all adjudicators on the panel must agree to ask the dancer to put on tights.
10. Bun Grád competitions are confined to competitors who at the time of entry have never won 1st place (or being graded as per below) in that particular dance in any age group or grade. Basic steps only are permitted in Bun Grád.
11. Tús Grád competitions are confined to dancers who have never won 1st place (or being graded as per below) for that particular dance in any age in Tús Grád, Mean Grád or Ard Grád. Dancers may perform either basic steps or their first hard/difficult version of each dance. Steps in Tús Grád Heavy Jigs and Hornpipe must be similar to those used in St. Patrick's Day and Blackbird.
12. In Bun and Tús Grád competitions, one dancer moves up to the next grade if there is less than 20 competitors, two dancers move up if there are between 21 and 40 competitors and three dancers move up if there is over 40 competitors.
13. Mean Grád competitions are confined to dancers who at the time of entry never won 1st place for that particular dance in Mean or Ard Grád in that age group or a higher age group.
14. A Prelim Championship must be adjudicated by 3 or more adjudicators and must consist of 2 rounds, 1 Light Round – Reel/ Slip Jig and 1 Heavy Round – Heavy Jig/Hornpipe. Prelim Championships may run as a 'stand-alone' competition or may be incorporated into the Open Championships. Dancers may compete in an Open or a Prelim or both.
15. To be eligible to compete in a Prelim Championships: Dancers must not have placed in the top 3 in an Open Championships judged by 3 or more adjudicators. Dancers must not have won a Prelim Championships more than 2 times in the current year, HOWEVER, if there are 5 or less in a Prelim Competition the dancer is still eligible to compete in Prelim. Dancers must not have qualified for Oireachtas Rince na Cruinne in the current year or previous year. Dancers must not have recalled in the actual Championship at Oireachtas Rince na hÉireann in the current year or previous year. Dancers having won 2 Prelim Championships may not compete in any Mean Grád competition for the remainder of the year, HOWEVER, if a dancer has only won one Prelim Championship they may continue to compete in Mean Grád (with the exception of the dances that they have won the Prelim Championships with). Dancers who qualify for Oireachtas Rince na Cruinne where there are five dancers or less in the competition at their Regional Oireachtas are exempt from this ruling. They may remain in the Prelim Championships if they so wish. Boys who have qualified for the Oireachtas Rince na Cruinne, but were not placed in the top 3 at their Regional Oireachtas and who otherwise fulfil the Prelim Criteria, may continue to compete in Prelim Grade.
16. Music Speeds: BUN GRÁD: Reel 122-124, Light Jig 116, Single Jig 124, Slip Jig 124, Heavy Jig 96, Hornpipe 144 TÚS GRÁD: Reel 116-118, Light Jig 116, Single Jig 124, Slip Jig 120, Heavy Jig 82, Hornpipe 130 MEAN/ARD GRÁD: Reel 113, Light Jig 116, Sing Jig 124, Slip Jig 113, Heavy Jig 73, Hornpipe 113 TRADITIONAL SET DANCES: St Patrick's Day 94, The Blackbird 144, Job of Journeywork 138, Garden of Daisies 138, King of the Fairies 130, Three Sea Captains 96 or Jockey to the Fair 90.
17. All competitors will be required to dance a MINIMUM number of 40 bars, except the Slip Jig, Hornpipe & Bun Grád Reel where a MINIMUM number of 32 bars will be required.

### Other Rules:

18. Any form of unauthorised photography which has the capability to capture a dancer's image whilst in motion, using electronic or manual means e.g mobile phone, standard camera, video camera, with or without flash enhancement, is forbidden during competition.
19. Any parent who would not like their child to appear in photos taken by the feis committee should make the feis organiser aware prior to results being announced.
20. Changing of costumes, dressing or undressing is not permitted in the halls or public areas.
21. No black, en point, stationery or moving will be allowed for all ages up to and including Under 12. However, dancers who will be competing in the 12-13 age group in the following year, will be exempt from this rule from 1st September.
22. The feis committee will not accept any responsibility for personal injuries or articles lost at the feis.
23. The feis committee reserves the right to transfer competitions/results to a different stage or to alternate competitions if it becomes necessary in order to help the feis run smoothly. The committee reserves the right to use a relief adjudicator.
24. The feis committee reserve the right to refuse feis entries or entrance into the feis.
25. The Child Protection Designated Liason Officer for the Ulster region is Paula Bell. If you have any concerns for any child's safety at the event, please contact her: [CPDLOUlster@gmail.com](mailto:CPDLOUlster@gmail.com).

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