

The Third Annual



**Presented by the Emerald Irish Dance and Cultural Society 501(c)(3)
And the Inishfree School of Irish Dance - Dallas
Saturday, October 19, 2024
Westlake, TX**

Schedule:

TBA

Figures at 8:00 am

We will start with youngest age groups.

Music and Singing Saturday night.

Adult Championships will include: Soft shoe, hard shoe, trad set

**Dancers can move up a level for the Sundance Feis same day for a fee.
Dancers can move up a level for the Samhain Feis after 4:00 pm Saturday for a fee.**

Please note: A \$5 administrative fee will be retained in case the feis is cancelled due to Covid concerns.

Marriott Dallas/Ft Worth Westlake

1301 Solana Blvd Building 3, Westlake, TX 76262

Room Rate \$139

Room Block closes October 4, 2024

Hotel Room reservation link: [**Book your group rate for Sundance and Samhain Feis 2024**](#)

For more information contact:

Chris Farrar (817) 706-0131

e-mail: inishfreedallas@verizon.net

website www.inishfreedallas.com

Facebook School Page: <https://www.facebook.com/emeraldschool/>

Facebook Feis Page: <https://www.facebook.com/Inishfree-Dallas-Feisanna-106311484844309>

Registered under the rules of An Coimisiun, and IDTANA Southern Region

Syllabus Approved Areleen Ni Bhaoill TCRG Southern Region Registrar
Approval Date: 8/25/2023

Adjudicators and Musicians will be posted at www.feisworx.com and www.inishfreedallas.com.

Entry Fees:

Solos	\$12
Preliminary Championships	\$50
Open Championships	\$50
Adult Championships	\$50

The above items count toward the \$170 family max.

Does not include specials, supplemental, 2nd chance, figures, event fee, Feisworx service fee, or late fees.

Specials:

Supplemental Preliminary Championships	\$50
Non-Champ Soft Shoe Reel Special	\$15
Non-Champ Hornpipe/TJ Special	\$15
Non-Champ Treble Reel Special	\$15
Champ Hard Shoe Special (TJ/HP)	\$15
Champ Soft Shoe Special	\$15
Champ Treble Reel Special	\$15
Champ Traditional Set Special	\$15
Preliminary Champ Modern Set	\$20
Figures (Flat Fee per competitor)	\$15
Non-Dancing: Music, Vocal, Art, Baking	\$15
Feisworx Fee	\$11.5
Event Fee (Per Family)	\$25
Late Entry Fee (Oct 4)	\$25
Day of Feis Late Entry Fee	\$50
Move Up Fee	\$10

IDTANA Southern Region - Dancing Competition Rules

1. In the case of all solo and team competitions in all grades, the age of a competitor on 1st January of the year in which the competition is held will determine the right of entry. For the purposes of this Rule a competitor whose birthday occurs on 1st January shall be deemed to be under the age attained on that date.
2. Competitions are open to all but those holding a TMRP, TCRG, or ADCRG designation. All dancers must be pupils of a person currently registered with An Coimisiun as a Dancing Teacher of any category.
3. A competitor may be disqualified for any of the following reasons:
 - a) Conduct unbecoming a lady or gentleman.
 - b) Failure to report on time to compete. (Penalty: disqualification from said event)
 - c) Falsification of age or other important facts – i.e., teaching, award winning, competing under another competitor's name or number, etc.Penalty for a) or c): Competitor will be disqualified from the Feis at which the occurrence happened and from all NAFC – registered Feiseanna for a period of one year beginning at the date of the occurrence.
4. Competitions may be closed if there are no competitors at the assigned stage ready to compete when the competition is scheduled or announced. This will not pertain to a situation where competitors are involved in stage conflicts; in that case, the competition(s) will remain open for a reasonable amount of time to allow the dancer(s) in question to arrive at the stage and compete.
5. Solo competitors in Beginner, Advanced Beginner, Novice or Open (Prizewinner) competitions:
 - a) Must compete in their own age group.
 - b) Must be prepared to perform two steps in each event.
 - c) Cannot change competition on the day of the Feis.
6. Steel taps or "bubble" heels on dancing shoes, display of awards, wearing of shorts or other unconventional dress is prohibited. Authentic Gaelic dress is desired. Dancers competing in First Feis (if offered), Beginner and Advanced Beginner, aka Beginner I and II, must wear a class costume, or a skirt and blouse. All other categories are excluded from this rule. Modest attire is encouraged when a competitor is not dancing.
7. Number must be worn and visible to adjudicators when performing in all competitions, except in Championships; use of clear reflective plastic number covers is discouraged.
8. Awards will be determined in proportion to the number of entries in each competition and to the degree of proficiency shown.

9. Competitor's Complaints must be in writing stating names and other factual information and signed by the complainant. A ten-dollar fee (cash) must be enclosed and presented to the Feis Chairman within one hour of the occurrence. The fee will be returned if the complaint is upheld.
10. The Feis Committee and any organization affiliated with same, will not be held responsible for personal injury, property loss or damage. Destruction of Feis property or rental property will be punishable by law.
11. The Feis reserves the right to reject any entry for cause, to cancel all or part of the Feis and to limit competitor's performing time. The decision of the Feis Committee is final in all matters connected with the Feis.
12. Competitors must answer all questions as required by the Feis Entry committee, including teacher's name, and enclose the entry fee when mailing. Failure to do so will result in a rejected entry. Entries must be postmarked on or before the closing date or they will be subject to a late fee as determined by the Feis committee and published on the syllabus and/or entry form. There will be no refunds of entry fees for any reason.
13. **Open Championships:**
 - a) Entrants in any Open Championship event may not enter in any other regular grade solo events, but may enter in Figure Dances and/or special competitions for which they are eligible (e.g. traditional set, treble reel, non-traditional set dance).
 - b) Entrants in Open Championships should specify, on the entry form, their choice of set dance.
 - c) Open Championship competitions in the minimum required age groups must be offered separately in the syllabus, yet the feis committee may combine an age group with the next higher age group if there are fewer than 5 competitors entered in the lower age group. A feis committee is not permitted to combine dancers from one open championship age group with any age group which is more than one age group higher than the age group in which the dancers are entered.
 - d) A dancer is required to perform a light shoe dance (reel or slip jig for ladies and reel only for men) and a set dance. A Feis can also opt to require a third dance (choice of jig/hornpipe).
 - e) Dancers must qualify for Open Championship via the method now in place for Preliminary Championship, i.e. two 1st place wins.
 - f) Dancers must compete in the Preliminary Championship competition in order to qualify for Open Championship
14. Girls & Boys competitions in Open Championships may be combined in the syllabus. If three or more boys are entered in a specific age group in a combined Open Championship competition, the boys and girls must be split into separate competitions. If separate Boys & Girls competitions in Open Championships are offered in the syllabus, they may not be combined under any circumstances on the day of the feis.
15. **Preliminary Championships:**
 - (a) are open to those who, at any NAFC recognized Feis:
 1. Have placed 1st in both a Open (Prizewinner) light and heavy shoe competition, and
 2. Have never won 1st, 2nd or 3rd in Open Championship.
 - (b) A dancer who wins two First Place Preliminary Championship awards in one calendar year will move on to Open Championship the following year (as of Jan 1); if the second first-place win does not occur within the the same feis year as the first win, as soon as the second win is achieved, in any age category, the dancer must move up to Open Championship level immediately. Only in the case of back-to-back Feiseanna (successive days), the first win in the first Feis will not change the dancer's status for the second Feis.
 - (c) A dancer in preliminary championship is required to perform a light shoe dance (reel or slip jig for ladies and reel only for men) and a hard shoe dance. A Feis can opt to offer either (a) a set dance or (b) a jig/hornpipe or (c) both a set dance and jig/hornpipe.
 - (d) Boys and girls will be combined in preliminary championships.
 - (e) Preliminary Championship competitions must be offered separately in the syllabus for the minimum required age groups, yet the feis committee may combine an age group with the next higher age group if there are fewer than 5 competitors entered in the lower age group. A feis committee is not permitted to combine dancers from one preliminary championship age group with any age group which is more than one age group higher than the age group in which the dancers are entered.
16. Open Championships and Preliminary Championships require at least three adjudicators.
17. First place winners in the Open Championship category cannot return to a Preliminary or Open (Prizewinner) competition. Placing in a Regional or National Oireachtas does not change the status of a competitor. If, after competing for two full feis years at the Open Championship level, a dancer has not placed first, second or third, he/she may opt to return to Preliminary Championship status.
18. The status of the dancer does not change unless there are five or more dancers in a competition.
19. **Grade Category Definitions:**

Beginner Grade: A beginner is a competitor who has not taken a full year of Irish Dance lessons, thereby giving beginners a full year with such status. A Beginner must move into the Advanced Beginner category the next year.

Advanced Beginner Grade: An advanced beginner who wins 1st, 2nd or 3rd place will advance to the Novice category in that particular dance.

Novice Grade: A novice who wins a 1st place in a dance will advance to the Open (Prizewinner) category in that particular dance.

Open Grade (Prizewinner): A competitor who does not qualify as a Beginner, Advanced Beginner or Novice.

Adult Beginner: An adult beginner is a competitor who never took Irish dancing lessons as a juvenile and is over 18 years of age. Other Adult grades follow the descriptions provided above.

Other:

 - (a) Competitors have the option to remain in the same category for the remainder of the Feis year (until the following January 1).
 - (b) The syllabus must contain all Grade Categories.
 - (c) Boys and girls enter the appropriate age group in the appropriate grade for each dance; after entries have been closed, in any competition where five or more boys are entered, the feis committee will run a separate competition for these boys.
 - (d) A feis committee may only combine two consecutive calendar year age groups (within that grade only) when fewer than five (5) competitors are entered in either age group, with the exception of the oldest age group listed.
20. Musicians and adjudicators cannot be approached during a competition by anyone except the Feis Committee. No one can approach them while a competitor is performing.
21. Musicians employed by the Feis Committee will be solely under the direction and management of the Feis Committee on Feis day.
22. Teachers or team captains are responsible that their teams are complete and in position when the competition is announced. Competitors may compete in their own age group or in the next higher age group; however, a competitor may compete in only one age group.
23. In matters pertaining to adjudication, the decision of the adjudicators is final.
24. Adjudicators are to monitor the quality of music at the stage(s) to which they are assigned.

- 25.** First Feis (if offered), Beginner, Advanced Beginner and Adult dancers are required to dance at traditional speeds only. Novice and Open/Prizewinner dancers may choose between traditional and Oireachtas speeds.
- 26.** Neither the EIDCS, the Feis committee nor the NAFC is responsible for any injury.
- 27.** There will be no refunds on entry fees for any reason. No telephone entries or hand delivered entries will be accepted.
- 28.** Any form of unauthorized photography which has the capability to capture a dancer's image while in motion, using electronic or manual means, i.e. mobile phone, standard camera, video camera, or commercial film, with or without enhancement is expressly forbidden in competition.
- 29.** No block, en Pointe, toe walking movements, stationary or moving is allowed to be performed for all ages up to and including the under 12 age group. However, after September 1 of each year an exception is made for those dancers who are 11 dancing in the under 12 age group.
- 30.** Make up is prohibited on a dancer in the first three grades (First Feis (if offered), Beginner and Advance Beginner or their equivalent) up to and including the under 12 age group.
- 31.** Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition. Medically prescribed aids (proof of which may be required) will be exempt from this rule.
- 32.** No substance that can become airborne should be used on any dance floor in an attempt to improve traction.

The Sundance Feis, The Inishfree School of Irish Dance, The Marriott D/FW Westlake Hotel, the Feis Committee, and anyone associated with the committee in putting on the Feis, shall not be held responsible or liable for any personal injury, property loss, or damage incurred before, during, or after the Feis, by any participants, or by anyone attending the event. By entering the feis, the entrant and/or the entrant's legal guardian and guests agree to indemnify and hold harmless the feis, the feis committee, volunteers, vendors, and venue and its personnel for any liabilities or personal injury as a result of the entrant's participation in the feis.

Sundance Feis Syllabus

Saturday, October 25, 2024

Approved by the IDTANA Southern Region on August 25, 2024.

BEGINNER I

	Under 5	Under 6	Under 7	Under 8	Under 9	Under 10	Under 11	Under 12	12 & Over
Reel	205RL	206RL	207RL	208RL	209RL	210RL	211RL	212RL	213RL
Light Jig	205LJ	206LJ	207LJ	208LJ	209LJ	210LJ	211LJ	212LJ	213LJ
Slip Jig	205SJ	206SJ	207SJ	208SJ	209SJ	210SJ	211SJ	212SJ	213SJ
Single Jig	205SN	206SN	207SN	208SN	209SN	210SN	211SN	212SN	213SN

* 32 Bars

ADVANCED BEGINNER

	Under 6	Under 7	Under 8	Under 9	Under 10	Under 11	Under 12	Under 13	13 & Over
Reel	306RL	307RL	308RL	309RL	310RL	311RL	312RL	313RL	314RL
Light Jig	306LJ	307LJ	308LJ	309LJ	310LJ	311LJ	312LJ	313LJ	314LJ
Slip Jig	306SJ	307SJ	308SJ	309SJ	310SJ	311SJ	312SJ	313SJ	314SJ
Single Jig	306SN	307SN	308SN	309SN	310SN	311SN	312SN	313SN	314SN
Treble Jig	306TJ	307TJ	308TJ	309TJ	310TJ	311TJ	312TJ	313TJ	314TJ
Hornpipe	306HP	307HP	308HP	309HP	310HP	311HP	312HP	313HP	314HP

* 32 Bars

* Hornpipe, Treble Jig, and Traditional Set will be performed at traditional speed.

NOVICE

	Under 7	Under 8	Under 9	Under 10	Under 11	Under 12	Under 13	Under 14	Under 15	15 & Over
Reel	407RL	408RL	409RL	410RL	411RL	412RL	413RL	414RL	415RL	416RL
Light Jig	407LJ	408LJ	409LJ	410LJ	411LJ	412LJ	413LJ	414LJ	415LJ	416LJ
Slip Jig	407SJ	408SJ	409SJ	410SJ	411SJ	412SJ	413SJ	414SJ	415SJ	416SJ
Single Jig	407SN	408SN	409SN	410SN	411SN	412SN	413SN	414SN	415SN	416SN
Treble Jig	407TJ	408TJ	409TJ	410TJ	411TJ	412TJ	413TJ	414TJ	415TJ	416TJ
Hornpipe	407HP	408HP	409HP	410HP	411HP	412HP	413HP	414HP	415HP	416JP
Traditional Set	407TS	408TS	409TS	410TS	411TS	412TS	413TS	414TS	415TS	416TS

* 32 Bars

* Trad Speed

PRIZEWINNER

	Under 7	Under 8	Under 9	Under 10	Under 11	Under 12	Under 13	Under 14	Under 15	15 & Over
Reel	507RL	508RL	509RL	510RL	511RL	512RL	513RL	514RL	515RL	516RL
Light Jig	507LJ	508LJ	509LJ	510LJ	511LJ	512LJ	513LJ	514LJ	515LJ	516LJ
Slip Jig	507SJ	508SJ	509SJ	510SJ	511SJ	512SJ	513SJ	514SJ	515SJ	516SJ
Single Jig	507SN	508SN	509SN	510SN	511SN	512SN	513SN	514SN	515SN	516SN
Treble Jig	507TJ	508TJ	509TJ	510TJ	511TJ	512TJ	513TJ	514TJ	515TJ	516TJ
Hornpipe	507HP	508HP	509HP	510HP	511HP	512HP	513HP	514HP	515HP	516JP

Traditional Set	507TS	508TS	509TS	510TS	511TS	512TS	513TS	514TS	515TS	516TS	<i>* Trad Speed</i>
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* 32 Bars

ADULTS

	Beg I	Beg II	Novice	Prizewinner
Reel	299RL	399RL	499RL	599RL
Light Jig	299LJ	399LJ	499LJ	599LJ
Slip Jig	299SJ	399SJ	499SJ	599SJ
Single Jig	299SN	399SN	499SN	599SN
Treble Jig	299TJ	399TJ	499TJ	599TJ
Hornpipe	299HP	399HP	499HP	599HP
Traditional Set	299TS	399TS	499TS	599TS

** Traditional Speed*

* 32 Bars

FIGURE/CEILI DANCES

FIGURE DANCE

	Under 9	Under 10	Under 11	Under 12	Under 13	Under 15	Under 18	15 & Over	Over 18	ADULT
2 Hand Reel	9209FD		9211FD		9213FD	9215FD		9216FD		9299FD
3 Hand Reel	9309FD		9311FD		9313FD	9315FD		9316FD		9399FD
4 Hand Reel/Jig *	9409FD		9411FD		9413FD	9415FD		9416FD		9499FD
8 Hand Ceilí*		9810FD		9812FD		9815FD	9818FD		9817FD	9899FD

ADULT CHAMPIONSHIPS

PRELIMINARY

Advanced Adult Preliminary	799AAP
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Advanced Adult Preliminary dancer is defined as any dancer over the age of 25 who has previously placed in the top three of a youth Preliminary competition of five or more competitors.

Advanced Adult Open	799AAO
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Advanced Adult Open dancer is defined as any dancer over the age of 25 who has ever competed in a youth Open Championship competition.

Adult Championship	699AC
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An Adult Dancer beyond Beginner is defined as any dancer who started Irish dancing at the age of 18 or older, or any dancer 18 or older who has not competed in at least five years in a Youth competition AND has never placed in the top three in a youth Preliminary competition of more than five competitors.

** Adult Championship will dance soft shoe and hard shoe rounds and choice of Traditional Set (full dance).

*** Adult Preliminary and Adult Open Championships may be combined if less than 5 entries.

CHAMPIONSHIPS

PRELIMINARY

	Under 9	Under 10	Under 11	Under 12	Under 13	Under 14	Under 15	Under 16	Under 17	Over 17
Preliminary	609PC	610PC	611PC	612PC	613PC	614PC	615PC	615PC	617PC	618PC

Preliminary requirements: Reel (48 bars) or Slip Jig (40 bars girls only) and Treble Jig (48 bars) or Hornpipe (40 bars).
Boys and girls combined. Boys and girls will be separated if there are 5 or more boys in a competition.

OPEN (3 Rounds)

	Under 9	Under 10	Under 11	Under 12	Under 13	Under 14	Under 15	Under 16	Under 17	Under 18	Under 19	Over 19
Open	709OC	710OC	711OC	712OC	713OC	714OC	715OC	716OC	717OC	718OC	719OC	720OC

Open requirements: Reel (48 bars) or Slip Jig (40 bars girls only), Treble Jig (48 bars) or Hornpipe (40 bars), and any non-traditional set dance. Boys and girls combined. Boys and girls will be separated if there are 5 or more boys in a competition.

SUPPLEMENTARY PRELIMINARY (2 Rounds)

	Under 9	Under 10	Under 11	Under 12	Under 13	Under 14	Under 15	Under 16	Under 17	Over 17
Supplemental Preliminary	609PC2	610PC2	611PC2	612PC2	613PC2	614PC2	615PC2	615PC2	617PC2	618PC2

Preliminary requirements: Reel (48 bars) or Slip Jig (40 bars girls only) and Treble Jig (48 bars) or Hornpipe (40 bars).
Boys and girls combined. Boys and girls will be separated if there are 5 or more boys in a competition.

SPECIALS - NON-CHAMPIONSHIP

Open to non-Championship dancers.

	Under 9	Under 12	12 & Over	
Reel Special	809RLSP	812RLSP	813RLSP	Competitors dance 1 soft shoe reel step (16 bars) down the line.
Treble Reel Special	809NCTR	812NCTR	813NCTR	Competitors dance 1 treble reel step (16 bars) down the line.

SPECIALS - CHAMPIONSHIP

	Under 12	Under 15	15 & Over	
Champ Hard Shoe Special	812TJHP	815TJHP	816TJHP	(16 bars) down the line.
Champ Soft Shoe Special	812SS	815SS	816SS	(16 bars) down the line.
Champ Treble Reel Special	812TR	815TR	816TR	Competitors dance 1 treble reel step (16 bars) down the line.

Open to dancers in Preliminary or Open Championship in this feis. Boys and girls combined.

Preliminary Championship	Under 12	Under 15	15 & Over	
Modern Set	812MS	815MS	816MS	Open to Preliminary Championship and Open Championship level dancers.

NON-DANCING COMPETITIONS

Music and Vocal competitions will be held on Saturday after dance competitions are finished. Competitions are open to participants of all ages. You do not have to be a member of a dance school to compete. The music, vocal, and art competitions will be divided by age based upon number of entries.

800MU Music –

Requirement: play a tune on an instrument that has an Irish theme or is of Celtic origin. Performance is limited to 3 minutes and must be performed solo.

800VO Vocal –

Requirement: sing a tune a cappella (without any accompaniment) that has an Irish theme or is of Celtic origin. Performance limited to 3 minutes and must be performed solo.

800IA Irish Art –

Requirement: an original art work in any artistic medium depicting a Celtic theme. All entries must be presented at the check-in table by 10:00 AM on the day of the feis. NOTE: Remember to pick up your entries after the judging has occurred. The Feis Committee is not responsible for returning any artwork that is not picked up on the day of the Feis.

800IB Irish Baking –

Requirement: bake an Irish soda bread or Irish cake. All entries should be wrapped in plastic or foil and presented at the check-in table by 10:00 AM on the day of the Feis. All entries become the property of the Feis.