

On behalf of An Coimisiún le Rincí Gaelacha,
Comhairle Chonnacht Present

Oíreachtas Rínce *Chonnacht Grades 2025*



November 16th 2025
TF Royal Theatre, Castlebar

Moltóirí

Ann Ash
Mary McElroy
Bríd McInerney Garrad
Kerrie Connolly Mcateer
Tracey Taaffe Metcalfe

ADCRG
ADCRG
ADCRG
ADCRG
ADCRG

Manchester
Leinster
Munster
Ulster
Ulster

Ceoltóirí

Paul O'Donnell
Anthony Davis

Ulster
Birmingham

Graded Competitions

- **BUNGRAD**

Ages: U6, 6-7, 7-8, 8-9, 9-10, 10-12, O12

Cor, Port Éadtrom, Port Luasca, Port Singil.

Trophy Dance – Any light dance already danced.

- **TUSGRAD**

Ages: U6, 6-7, 7-8, 8-9, 9-10, 10-12, Over 12

Cor, Port Éadtrom, Port Luasca, Port Singil, Port Trom, Seit Tradisiúnta

TROPHY LIGHT DANCE - Any light dance (Cor, Port Éadtrom, Port Luasca, Port Singil)

TROPHY HEAVY DANCE – Any heavy dance (Port Trom, Cornphíopa, Seit Tradisiúnta)

- **MEANGRAD**

Ages: U6, 6-7, 7-8, 8-9

Cor, Port Éadtrom, Port Luasca, Port Singil, Port Trom, Seit Tradisiúnta

Ages: 9-10, 10-12, Over 12

Cor, Port Éadtrom, Port Luasca, Port Singil, Port Trom, Cornphíopa

Príomh Comórtas:

U6 & U7: Choice of any 2 light dances.

All ages from 7-8 upwards: Any Light Dance and any Heavy Dance (Choice)

- **SUBSIDIARY TEAMS:**

Bun/Tus and Mean/Ard

2 hands, 3 hands and 6 hands

Age groups: U8, U10, U12, O12

- **FUTURE STARS:**

This is aimed for dancers who may not be 100% ready for a feis. Each dancer can dance 16 -24 bars of an easy reel and can be accompanied a parent or teacher. Please note: these dancers must not also compete in bungrad.

Entries

**Entries are to be made by parents online via
ENTRYTABLE.IE**

**Entries open 3rd October 2025
Entries close 12th November 2025 @ 6pm**

ENTRY FEES

Graded solo dance	€5
Graded trophy dance	€10
Meangrad Príomh Comórtas	€20
Subsidiary Teams	€5
Door Fee (CASH ONLY at door):	€10 or €25 for full Oireachtas weekend

FAMILY COMPETITION FEE: 100 euro. Teachers may apply to Comhairle Chonnacht for the family fee, listing all the names of competitors and the competitions they are entering. Only immediate family may be included, i.e., siblings. The family fee may not cross between grades and championships.

There will be a separate results hall.

Rialacha

1. Age reckoned from January 1st 2025.
2. Entries will only be accepted from teachers currently registered with An Comisiún le Rincí Gaelacha.
3. No refunds except in the case that the event does not run.
4. The adjudicator's decision is final.
5. Objections must be lodged in writing within one hour of the announcement of a competition & be accompanied by a fee of €30 which will be refunded should the objection be valid.
6. The feis committee as far as is practical will provide a stage surface suitable for dancing. However, the committee cannot accept any liability whatsoever for injuries sustained while on stage. The lodgement of any entry will be deemed to be acceptance of this made by the dancer & his/her parent(s) or guardian(s).
7. The feis committee reserve the right to refuse feis entries and refuse entrance to the venue.
8. The feis committee reserve the right to move competitions/results to a different stage or alternate age groups to ensure the smooth running of the event.
9. Photography:
 - o Any form of unauthorised photography that has the capability to capture a dancer's image whilst in motion, using electronic or manual means e.g. mobile phone, standard camera, video camera, with or without flash enhancement, is forbidden during all competitions.
 - o Awards presentation photos will be put on the organising feis Social Media page. If you do not wish your child to be on this page you must inform the organisers of the feis before the awards are made.
 - o Videoing of competitions is strictly forbidden.
10. In prelim and open competitions up to and including under 10, make up (including false lashes and face-tan) is not permitted.
11. No block/en point (stationary or moving) permitted for all ages up to and including under 12 with the exception of dancers who will be competing in the 12-13 age group next year (2026), who will be exempt from this rule from 1st September 2025.
12. Music Speeds:

Grade	Reel	Light Jig	Single Jig	Slip Jig	Heavy Jig	Hornpipe
Bun Grád	122 - 124	116	124	124		
Tús Grád	116 - 118	116	124	120	84	130
Mean/Árd Grád	113	116	124	113	73	113

13. Costumes:
 - o Length of costumes must adhere to principles of modesty and enable dancers to safely execute their movements and steps.
 - o Appropriate undergarments covering the midriff must be worn. Undergarments must provide full coverage (as per illustrations on www.clrg.ie).
 - o Adjudicators who determine a costume to lack modesty or be too short may ask a competitor to change into black tights (of a denier not less than 70%) in order for the dancer to continue in the competition. If the competition is being judged by more than 1 adjudicator, all adjudicators on the panel must agree that dancer be asked to put on tights.
 - o Changing of costumes is not permitted in halls or public areas. Dancers must use changing rooms provided.
 - o In order to comply with health and safety measures, all dancers lining up side stage for any round, may be asked to raise their arms to shoulder level unhindered. If unable to do this by the time of their rotation, due to costume stitching/arm attachments, the dancer will not be permitted to perform.
14. Stars of the Future: this competition is aimed towards dancers of any age who may not be ready for graded competitions. Dancers must not dance in Bun Grád or any other adjudicated competition at the event.
15. Bungrád and Túsgrád:
 - o Dancers are not permitted tan on legs in Bun and Tús Grád.
 - o Dancers up to and including the under 12 age group are not permitted to wear make up (including false eye lashes and face tanner).
 - o Dancers may only wear a traditional class costume or long/short sleeve blouse/shirt/t-shirt and skirt/trousers, bodysuit/leotards and skirt (must conform to the regular costume length rule). Low cut tops or short tight skirts are not permitted. Appropriate undergarments covering the midriff must be worn.
 - o Bun Grád competitions are confined to dancers who at the time of entry have never won 1st place (or graded out) of that particular dance in any age group or grade. Basic steps only are permitted in Bun Grád.
 - o Tús Grád competitions are confined to dancers who at the time of entry have never won 1st place (or graded out) of that particular dance in any age group in Tus Grád, Mean Grád, Preliminary or Árd Grád grades. Basic steps or their

first hard/advanced version of each dance are permitted in Tús Grád. Steps in Tús Grád heavy jigs and hornpipes should be similar to those performed in traditional sets.

- “Grading up” in Bun and Tús Grád:
 - 1 – 5 dancers = 0 dancers grade up
 - 6 – 20 dancers = 1 dancer grades up
 - 21 – 30 dancers = 2 dancers grade up
 - 30 + dancers = 3 dancers grade up

16. Mean Grád: Mean Grád competitions are confined to those who at the time of entry have never won 1st place (or graded out) of that particular dance in any age group in Mean Grád, Preliminary or Árd Grád grades.

17. Preliminary: to be eligible to compete in a Preliminary Championship:

- Dancers must not have placed in the top 3 in an Open Championship judged by 3 or more adjudicators.
- Dancers must not have won a Preliminary Championship more than 2 times in the current year, **HOWEVER**, if there are 5 or less in a Preliminary competition the dancer is still eligible to compete in Preliminary Championship.
- Dancers must not have qualified for Oireachtas Rince na Cruinne in the current year (2025) or previous year (2024).
- Dancers must not have recalled in the actual Championship at Oireachtas Rince na hÉireann in the current year (2025) or previous year (2024).
- Dancers having won 2 Preliminary Championships may not compete in any Mean grad competition for the remainder of the year **HOWEVER**, if a dancer has won only one Preliminary Championship they may continue to compete in Mean grad (with the exception of the dances that they won the Prelim Championship with).
- Exceptions pertaining to particular regions:
 - Dancers who qualify for Oireachtas Rince na Cruinne where there are five dancers or less in the competition at their Regional Oireachtas are exempt from this ruling. They may remain in the Preliminary Championships if they so wish.
 - Boys who have qualified for Oireachtas Rince na Cruinne but were not placed in the top 3 at their Regional Oireachtas and who otherwise fulfil the Prelim Criteria, may continue to compete in Preliminary Championships.

18. Only competitors, Comhairle members and teachers will be allowed side-stage.

19. Cups & Tiaras: All perpetual trophies/cups/tiaras awarded in 2024 must be returned to Comhairle Chonnacht on the stipulated date in good condition. Solo or Team competitors failing to comply with this rule will be refused the right to compete at this year’s Oireachtas until a fine of 200 euro is received by the Comhairle. The holder and his/her parents shall be responsible for any loss or damage to a trophy/cup while in the holder’s possession. The holder’s teacher shall be responsible for ensuring that the trophy/cup is returned in good time and in good condition.

20. Craobh Rince Céilí – Céilí teams must dance Part B only of any Eight Hand dance from Ár Rince Céilí.

21. Craobh Rince Céilí (4-Hand Mixed) – Teams must dance Part A of any four-hand dance from Ár Rinci Ceili 2014. Boys competing in a 4 Hand Ceili Championship may NOT compete in any 8 Hand Ceili Championship if both teams are going forward to Oireachtas Rince na hÉireann and Oireachtas Rince Na Cruinne

22. Birth Certificates - The correct date of birth must be completed on entry. Birth certificates must accompany entries from competitors who have not previously submitted a birth cert. Short form birth certificate will suffice. No photocopies or baptismal certificates will be accepted.

23. Dancing Costumes – Please inform your pupils that full costume including socks and shoes must be worn on stage for all presentations. Failure to do so will result in the dancer or team being excluded from presentations.