



# MOUNTAIN ROSE FEIS

ROSE IRISH DANCE SCHOOL

**Dates:**

Saturday the 11th of March, and Sunday the 12th of March 2023

**Venue:**

RSG 't Rijks

Burgemeester Stulemeijerlaan 24, 4611 EG Bergen op Zoom, The Netherlands

**Adjudicator:** Niall Holly, ADCRG, Dublin, Ireland

**Musician:** Erik de Jong, Groningen, The Netherlands

**Organiser:** Rosalie Wagenaar, TCRG,  
[info@iersedansschool.nl](mailto:info@iersedansschool.nl) or Mobile +31 6 48548951

Open to all CLRG affiliated Dance schools

Registered by: Lucy Johnstone TCRG - RCCEA Feis Registrar



Dear friends,

It is with great pleasure that we invite you to the second edition of the Mountain Rose feis this year. It is organised by the Rose Irish Dance School, and it will be held in one of the oldest cities in the Netherlands: Bergen op Zoom. Antwerp (40 km), Breda (40 km) and Rotterdam (70 km) are not far away. The nearest airports are: Rotterdam - The Hague Airport (78 km), Brussels Airport (83 km), Eindhoven Airport (91 km) and Schiphol (Amsterdam - 131 km).

The story behind the name of Mountain Rose Feis, is that the literal translation of Bergen (op Zoom) means mountains. And of course the Rose couldn't be forgotten in this name, so that is why we chose for the Mountain Rose.

The venue of the feis will be RSG 't Rijks, a high school located not far from the city centre in Bergen op Zoom. The school itself is on the edge of a paid parking zone, to see where you need to pay, and where it's free to park your car, take a look at this map with all the paid parking zones in Bergen op Zoom: <https://goo.gl/maps/NdnBnxHPe4Xh6uNr8>

The school itself offers a large feis hall with a 8 x 5m floor and a big changing room. The feis will be run on one floor.

There will be trophies for all first places and medals for runners up. In traditional set dances, trophy dances and the treble reel the first places will receive a trophy. In premier championships the first three places will receive a trophy.

We are looking forward to see you all in Bergen op Zoom in the beginning of April and good luck to everybody preparing to dance at our feis!

Rose Irish Dance School feis team

Rosalie Wagenaar 12/18/22 8:17 PM

**Comment [1]:** Even kijken naar welke dansen welke prijzen krijgen?



## FEES

DANCERS	
Solo competitions	€ 5
Ceili competitions + 2-hand & 3-hand competitions (sign up for only one dancer)	€ 5
Special trophies	€ 6
Open Championships**	€ 20
Adult Championships**	€ 20
RCCEA Feis Fee per dancer	€ 1

TREBLE REEL	Free
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SPECTATORS:	
Dancers and children under 13	Free
Admittance fee for spectators per day	€ 8

The doors of the venue will be open from approx 07:30 AM



## ONLINE REGISTRATION BY TEACHERS

Registration can be done by teachers using the registration system [www.feisme.net](http://www.feisme.net) (an internet based application to register dancers online).

To be able to register your dancers you will first have to go to [www.feisme.net](http://www.feisme.net) and press the 'sign up' button.

Entries to be received no later than **Sunday the 5<sup>th</sup> of March 2023**

Changes and additions to entries can be made on the day.



# Syllabus Saturday 11<sup>th</sup> March

Competitions start at 08.30 AM

See the latest updates at: [www.facebook.com/fiersedansschool.nl](http://www.facebook.com/fiersedansschool.nl)

\* Special Trophy / \*\* Premier Championship

LEVEL	DANCE	COMP	AGE
Beginners	Reel	1	Under 11
		2	11 - 13
		3	13 - 15
Beginners	Light Jig	4	Under 11
		5	11 - 13
		6	13 - 15
Beginners	Single Jig	7	Under 11
		8	11 - 13
		9	13 - 15
Beginners	Slip Jig	10	Under 11
		11	11 - 13
		12	13 - 15
Beginners	* Light Shoe Trophy	13	Under 11
		14	11 - 13
		15	13 - 15
Beginners	Heavy Jig	16	Under 11
		17	11 - 13
		18	13 - 15
Beginners	Hornpipe	19	Under 11
		20	11 - 13
		21	13 - 15
Beginners	* Heavy Shoe Trophy	22	Under 11
		23	11 - 13
		24	13 - 15
Beginners and Primary	* Traditional Set Dance	25	Under 11
		26	11 - 13
		27	13 - 15

## RESULTS

Primary	Reel	28	Under 11
		29	11 - 13
		30	13 - 15
Primary	Light Jig	31	Under 11
		32	11 - 13
		33	13 - 15
Primary	Single Jig	34	Under 11
		35	11 - 13
		36	13 - 15
Primary	Slip Jig	37	Under 11
		38	11 - 13
		39	13 - 15
Primary	* Light Shoe Trophy	40	Under 11
		41	11 - 13
		42	13 - 15
Primary	Heavy Jig	43	Under 11
		44	11 - 13
		45	13 - 15
Primary	Hornpipe	46	Under 11
		47	11 - 13
		48	13 - 15
Primary	* Heavy Shoe Trophy	49	Under 11
		50	11 - 13
		51	13 - 15

## RESULTS & LUNCH

<b>COMPETITIONS WILL START APPROX. 14.00H (AFTER LUNCH)</b>			
Intermediate	Reel	52	Under 11
		53	11 - 13
		54	13 - 15
Intermediate	Light Jig	55	Under 11
		56	11 - 13
		57	13 - 15
Intermediate	Slip Jig	58	Under 11
		59	11 - 13
		60	13 - 15
Intermediate	* Light Shoe Trophy	61	Under 11
		62	11 - 13
		63	13 - 15
Intermediate	Heavy Jig	64	Under 11
		65	11 - 13
		66	13 - 15
Intermediate	Hornpipe	67	Under 11
		68	11 - 13
		69	13 - 15
Intermediate	* Heavy Shoe Trophy	70	Under 11
		71	11 - 13
		72	13 - 15
Intermediate and Open	* Traditional Set Dance	73	Under 11
		74	11 - 13
		75	13 - 15
<b>RESULTS</b>			

All Levels	Two Hand Reel	76	Under 15
	Three Hand Reel	77	Under 15
	Four Hand Céilí	78	Under 15
	Six And Eight Hand Céilí	79	Under 15

Open	<b>** Premier Championship</b>	80	Under 11
		81	11 - 15
	(1) * Heavy round	82	Under 11
		83	11 - 15
	(2) * Light round	84	Under 11
		85	11 - 15
	(3) Choice of Traditional Set		Under 11
	Choice of Modern Set		11 - 15

All levels	Treble reel	86	Under 15
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<b>RESULTS &amp; FINISH OF SATURDAY COMPETITIONS</b>			
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## Syllabus Sunday 12<sup>th</sup> March

Competitions start at 08.30 AM

See the latest updates at: [www.facebook.com/fiersedansschool.nl](http://www.facebook.com/fiersedansschool.nl)

\* Special Trophy / \*\* Premier Championship

LEVEL	DANCE	COMP	AGE
Beginners	Reel	87	15 - 18
		88	Over 18
Beginners	Light Jig	89	15 - 18
		90	Over 18
Beginners	Single Jig	91	15 - 18
		92	Over 18
Beginners	Slip Jig	93	15 - 18
		94	Over 18
Beginners	* Light Shoe Trophy	95	15 - 18
		96	Over 18
Beginners	Heavy Jig	97	15 - 18
		98	Over 18
Beginners	Hornpipe	99	15 - 18
		100	Over 18
Beginners	* Heavy Shoe Trophy	101	15 - 18
		102	Over 18
Beginners and Primary	* Traditional Set Dance	103	15 - 18
		104	Over 18
<b>RESULTS</b>			

Primary	Reel	105	15 - 18
		106	Over 18
Primary	Light Jig	107	15 - 18
		108	Over 18
Primary	Single Jig	109	15 - 18
		110	Over 18
Primary	Slip Jig	111	15 - 18
		112	Over 18
Primary	* Light Shoe Trophy	113	15 - 18
		114	Over 18
Primary	Heavy Jig	115	15 - 18
		116	Over 18
Primary	Hornpipe	117	15 - 18
		118	Over 18
Primary	* Heavy Shoe Trophy	119	15 - 18
		120	Over 18
<b>RESULTS &amp; LUNCH</b>			

<b>COMPETITIONS WILL START APPROX. 13.00H (AFTER LUNCH)</b>			
Intermediate	Reel	<b>121</b>	15 - 18
		<b>122</b>	Over 18
Intermediate	Light Jig	<b>123</b>	15 - 18
		<b>124</b>	Over 18
Intermediate	Slip Jig	<b>125</b>	15 - 18
		<b>126</b>	Over 18
Intermediate	* Light Shoe Trophy	<b>127</b>	15 - 18
		<b>128</b>	Over 18
Intermediate	Heavy Jig	<b>129</b>	15 - 18
		<b>130</b>	Over 18
Intermediate	Hornpipe	<b>131</b>	15 - 18
		<b>132</b>	Over 18
Intermediate	* Heavy Shoe Trophy	<b>133</b>	15 - 18
		<b>134</b>	Over 18
Intermediate and Open	* Traditional Set Dance	<b>135</b>	15 - 18
		<b>136</b>	Over 18
<b>RESULTS</b>			

All Levels	Two Hand Reel	<b>137</b>	Over 15
	Three Hand Reel	<b>138</b>	Over 15
	Four Hand Céilí	<b>139</b>	Over 15
	Six or Eight Hand Céilí	<b>140</b>	Over 15

Open	<b>** PREMIER CHAMPIONSHIP</b>	<b>141</b>	15 - 18
		<b>142</b>	Over 18
	(1) * Heavy round	<b>143</b>	15 - 18
		<b>144</b>	Over 18
	(2) * Light round	<b>145</b>	15 - 18
		<b>146</b>	Over 18
	(3) Choice of Modern Set		15 - 18
			Over 18

Open	<b>** Adult Championship</b>	<b>147</b>	Over18
	(1) * Heavy round	<b>149</b>	Over18
	(2) * Light round	<b>149</b>	Over18
	(3) Choice of Trad Set		Over18

All levels	Treble reel	<b>150</b>	Over 15
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<b>RESULTS &amp; FINISH OF SUNDAY COMPETITIONS</b>			
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# Regional Council of Continental Europe & Asia



## FEIS RULES

The Feis will run in accordance with the Rules of An Coimisiún Le Rincí Gaelacha. Entries will only be accepted from persons currently registered with An Coimisiún.

### GRADE COMPETITION RULES

- Beginners Grade** competitions are confined to dancers who have never won 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> prize (please refer to the grid) in any competition for that particular dance.
- In **Beginners Grade** competitions only basic steps may be performed.
- Primary Grade** competitions are confined to dancers who have never won 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> prize (please refer to the grid) for that particular dance other than in Beginners Grade.
- Intermediate Grade** competitions are open to all dancers who have not previously won 1<sup>st</sup> or 2<sup>nd</sup> prize (please refer to the grid) for that particular dance in Intermediate under the same or higher age limits. If a dancer in Continental Europe and Asia wins in Intermediate, they advance to the next level for the rest of the calendar year. Teachers can move dancers back at their own discretion at the start of the next calendar year.

Grade	Number of entries	Number of Dancers to progress
Beginner	5 or less	0
	6 to 10	1 <sup>st</sup> and 2 <sup>nd</sup> Place
	+ 11	1 <sup>st</sup> , 2 <sup>nd</sup> and 3 <sup>rd</sup> Place
Primary	5 or less	0
	6 to 10	1 <sup>st</sup> Place
	11 to 20	1 <sup>st</sup> and 2 <sup>nd</sup> Place
	+ 20	1 <sup>st</sup> , 2 <sup>nd</sup> and 3 <sup>rd</sup> Place
Intermediate	5 or less	0
	6 to 10	1 <sup>st</sup> Place
	+ 11	1 <sup>st</sup> and 2 <sup>nd</sup> Place

- For all **Beginner**, **Primary** and **Intermediate** competitions (excluding trophy competitions) the 32 bar method will be applied. Two and three hands are danced to 40 bars of music. Ceili and figure dances are subject to the rules applied at Oireachtas. All **Open Championship** dancers will be required to dance to 48 bars of music in the reel and jig and 40 bars in the slip-jig and hornpipe.

### TROPHY & CHAMPIONSHIP RULES

- Traditional Set Dance** competitions, dancers will have a choice out of 7 traditional dance: St. Patrick's Day, Blackbird, Job of Journeywork, Garden of Daisies, King of Fairies, Jockey to the Fair & Three sea Captains. If a dancer win a first place in any traditional set dance competition, that dancer move on the next level in all 7 traditional set dances.
- Traditional Set Dances** may only be performed in the following competitions: Traditional Set dance Competitions and Adult Championships and in the Under 11 Open Championships.
- Beginner**, **Primary** and **Intermediate Trophy** competitions, will be a choice of light and heavy dance. Dancers will dance 16 bars down the line in their chosen dance(s).
- Premier Championships** will be judged by one adjudicator, as two solos and then an Overall result. The Competition is for Intermediate/ Open dancers, they will be required to dance 48 bars of music for the Reel or Heavy Jig, 40 bars of music for the Slip Jig or Hornpipe, and a MODERN SET.
- Adult Championships** are open to dancers of Intermediate and above level who have never won a 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> place in an Open Championship and are not participating in a full Open Championship at the same feis. Dancers are required to dance to 32 bars of music and will dance a choice of soft shoe (Reel or Slip Jig for ladies and Reel for gentlemen), heavy shoe (Heavy Jig or Hornpipe) and a Traditional Set. *Please note these Championships have been created for dancers who started Irish Dancing as ADULTS.*



11. Where there are 5 or less dancers in any Championship placement will not affect grading.

## MUSIC SPEEDS

DANCE	BEGINNER	PRIMARY	INTERMEDIATE and OPEN
Reel	121/123	116/118	113
Light Jig	116	116	116
Single Jig	124	124	124
Slip Jig	121	118	113
Heavy Jig	89	79	73
Hornpipe	142	130	113

## OFFICIAL CLRG RULES

12. The lodgement of an entry will be taken to mean that teachers and pupils understand these rules and undertake to abide by them.
13. **Objections** must be lodged in writing within one hour of the announcement of the result of a competition accompanied by a fee of 40 Euro, which will be refunded if the objection is upheld.
14. The **Adjudicators' decisions** are final.
15. Only Feis officials may approach the adjudicators during competition sessions.
16. **Age** will be taken as on 1st January 2023 (whatever age you turn this year, in 2023, you dance under that age all year long, e.g. if a dancer's date of birth is 29 May 2002, he/she dances under 10 in the year 2012). Evidence of age may be requested, therefore dancers should have a valid ID with them in the event of a query as to their age.
17. Competitors must be in costume and **ready to dance** 30 minutes before their competitions are scheduled.
18. The **dress code** in accordance with An Coimisiún rules will be strictly observed. For the sake of modesty and in the interest of safety to young people, dancers will not be permitted to walk around the Feis scantily dressed.
19. All **Beginners** and **Primary** dancers of all age groups may only wear a class costume, simple dancewear or appropriate attire (skirt and top/blouse, simple dress for girls and ladies, trousers and t-shirt/shirt for boys and gents. Make-up is not permitted for any dancer in the first two grades up to and including the Under 12 age group worldwide.
20. The **Costume Rules** of An Coimisiún, as amended, also apply in Continental Europe and Asia; it can be found in the "Rules" section on [www.clrg.ie](http://www.clrg.ie) for reference. Female adult dancers participating in competitions entitled 'adult competition' and/or 'adult grade competition' (both solo and team) are required to wear tights of a denier not less than 70.
21. Team dances (four hands and upward) must be performed as per the Coimisiún handbook "Ar Rinci Ceili"
22. By entering in competitions, dancers (or their legal representatives, in case of minors) consent to their names being stated in the feis results and in the public Internet archives or any other feis entry/results system as may replace it.
23. Provided that dancers are not disturbed by flashlights or the like, photography and video recording by persons other than official feis photographers is allowed during **Beginners** and **Primary** competitions and during **ALL** award ceremonies. During **Intermediate** and **Open** competitions, **ONLY** the official feis photographer is permitted to take photos. Those who do not wish to be photographed should make themselves known to the Feis Organisers.
24. An Coimisiún has ruled that from 1st January each year, no block, en pointe, stationary or moving, be allowed to be performed for all ages up to and including the under 12 age group worldwide. The Under 12 Age Group will be allowed to toe walk from September 1st.
25. Within the limits specified in the Rules of An Coimisiún, the Organisers may at their discretion cancel or combine competitions with insufficient entries.
26. **Order and quiet** must be kept in the hall, particularly while competitors are dancing.
27. The Feis organisers cannot accept any liability for injury or loss or damage to property while on the premises.
28. No **refunds** will be made.

## EXTRA MOUNTAIN ROSE FEIS RULES

31. Dancers competing in the **Treble Reel** Competitions will dance 16 bars down the line Creative Free Style. Therefore use of hands, improvised steps and non-traditional dance wear are permitted.