

Inis Fada Feis 2023 Syllabus

Beginner – Sunday --A competitor who is taking dancing lessons for less than 12 months.

A Beginner must move to Advanced Beginner the next year. **2 steps.**

Beginners must wear School Costume or skirt and blouse—No Solo Costumes

Music Speeds: Reel 122, Lt Jig 115, Slip Jig-122, Hop Jig- 124

Girls & Boys	Reel	Light Jig	Slip Jig	Hop Jig
Under 6	1	2	3	4
Under 7	5	6	7	8
Under 8	9	10	11	12
Under 9	13	14	15	16
Under 10	17	18	19	20
Under 11	21	22	23	24
Under 12	25	26	27	28
12 & Over	29	30	31	32
Adult	33	34	35	36

Advanced Beginner – Sunday A competitor who wins 1st, 2nd or 3rd in this grade will advance to Novice in that particular dance. **2 steps.**

Adv . Beginners must wear School Costume or skirt and blouse—No Solo Costumes

Music Speeds: Reel 122, Lt Jig 115, Slip Jig-122, Hop Jig-124, Tr Jig- 92, HP 138

Girls & Boys	Reel	Light Jig	Slip Jig	Hop Jig	Treble Jig	HP
Under 7	107	108	109	110	111	112
Under 8	113	114	115	116	117	118
Under 9	119	120	121	122	123	124
Under 10	125	126	127	128	129	130
Under 11	131	132	133	134	135	136
Under 12	137	138	139	140	141	142
Under 13	143	144	145	146	147	148
13 & over	149	150	151	152	153	154
Adult	155	156	157	158	159	160

Novice – Sunday A competitor who wins 1st will advance to Prizewinner in that particular dance. **2 steps**

Music Speeds: Reel/ Slip Jig-113, Lt Jig 115, Tr Jig-73 or 92; HP-113 or 138

Girls & Boys	Reel	Light Jig	Slip Jig	Treble Jig	HP
Under 8	206	207	208	209	210
Under 9	211	212	213	214	215
Under 10	216	217	218	219	220
Under 11	221	222	223	224	225
Under 12	226	227	228	229	230
Under 13	231	232	233	234	235
Under 14	236	237	238	239	240
14 & over	241	242	243	244	245
Adult	251	252	253	254	255

Prizewinner – Sunday A prizewinner is a dancer who has previously won 1st in Novice in a particular dance

2 steps Music Speeds: Reel/ Slip Jig-113, Lt Jig 115, Tr Jig-73 or 92, HP-113 or 138

Girls &	Reel	Slip Jig	Treble Jig	HP
Under 8	309	310	311	312
Under 9	313	314	315	316
Under 10	317	318	319	320
Under 11	321	322	323	324
Under 12	325	326	327	328
Under 13	329	330	331	332
Under 14	334	335	336	337
14 & Over	338	339	340	341
Adult	342	343	344	345

Inis Fada Feis 2023 Syllabus (cont'd)

Special Needs – SUNDAY Open to competitors of all ages

Girls and Boys	700
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PRELIMINARY CHAMPIONSHIP --- SUNDAY after lunch Hard shoe first.

Please enter the correct competition (A -Reel & Jig, B - Reel & Hornpipe, C - Slip Jig & Hornpipe or D - Slip Jig & Jig)

UNDER 8	400
UNDER 9	401
UNDER 10	402
UNDER 11	403
UNDER 12	404

UNDER 13	405
UNDER 14	406
UNDER 15	407
UNDER 16	408
UNDER 17	409

17 & Over	410
ADULT	411

NOTE: Preliminary dancers, who achieve 3 first-place wins in a calendar year, must move to Open Championship the following calendar year. When a third 1ST place win is achieved over several calendar years, the dancer **must** move to Open Championship the following weekend.

OPEN CHAMPIONSHIP – will start at 8:45 a.m. SATURDAY

Three rounds – Soft shoe first.

Under 9 Girls and Boys must dance Traditional Set Piece

Adult competitions must dance Traditional Set Piece

Please enter the correct competition

(A -Reel & Jig, B - Reel & Hornpipe, C - Slip Jig & Hornpipe or D - Slip Jig & Jig)

GIRLS & BOYS	
UNDER 9	500
UNDER 10	501
UNDER 11	502
UNDER 12	503
UNDER 13	504
UNDER 14	505
UNDER 15	506
UNDER 16	507
UNDER 17	508
UNDER 18	509
UNDER 19	510
19 & OVER	511
ADULT	515

Baking Competition –

Soda Bread 600

Brown Bread 601

Competition will be based on texture, taste, and presentation.

Breads must be brought to Center by 11 am Sunday.

No charge to enter, bread donated to Center after competition. Winner announced on facebook page.

Rules Governing the Feis

The Feis is Registered and will be governed by the Rules of An Coimisiun le Rinci Gaelacha (CLRG) and the IDTANA MidAtlantic Region, Inc. (<https://www.mid-atlanticregion.com>)

All dancers will dance two at a time. Adult competitions may not be combined with any other age groups in any category.

1. **SUBMIT** all entries online at www.feisweb.com.
2. **CLOSING DATE for entries is October 15, 2023.** Absolutely no entries after October 15, 2023
3. ENTRY FEES – ALL FEES INCLUDE MARKS

Solos	Each Competition	\$15.00
Preliminary		\$35.00
Open Championship		\$40.00
Maximum Family Fee		\$120.00
Event Entrance Fee (Per Family)	Not included in Maximum fee	
Feis Web Fee	Not included in Maximum fee	

Please note: Entry fees are non-refundable and non-transferable.

4. **ROTATION NUMBERS** for Preliminary and Open Championship will be drawn by computer prior to the day of the Feis.

For additional information questions, please email InisFadaFeis@gmail.com

Max of two guests allowed per dancer—no strollers. We will have chairs set up in the back area.

All grades/solo dancers will receive a results upstairs and marks will be emailed to email on file. Grades competitions will be capped at 10 per competition. All preliminary and open competitions will be capped at 16 competitors. After dancing, dancers and guests will go upstairs and wait for results while the next competition continues in main hall.