



2026 Celtic Junction Winter Feis

Black-Out Recommended

This is a two day feis with PC/OC on Saturday and Grades on Sunday.

Saturday, February 7 (PC/OC)

Sunday, February 8 (Grades)

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Hosted by the Irish Dance Parent Association  
and O'Shea Irish Dance

Feis Chair: Julia Kelly

Feis Co-Chair: Kathy Lopac

Please send all questions to: [jdpafeisinfo@gmail.com](mailto:jdpafeisinfo@gmail.com)

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Location

The Celtic Junction Arts Center

836 Prior Ave N

St. Paul, MN 55104
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**Due to space limitations at the venue it is strongly recommended that dancers wear blackout attire. There are no changing facilities or space to store extra bags or supplies.**

Online at [www.feisfwd.com](http://www.feisfwd.com)

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- \*Competitions may be combined to increase the likelihood of 5+ dancers per competition
- \*There are absolutely no changing facilities available, so **blackout attire is strongly recommended.**
- \*Stage schedule will provide start times; dancers will not be allowed in room before stated start time and **competitions absolutely will not commence before stated time**
- \*Due to size of the venue, please do not arrive more than 30 minutes before stated start time

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|-------------------------------------------------------------------------------------|--------------------------------|
| Solo Competition/Tir Na Nog                                                         | \$12                           |
| Trophy Competitions*                                                                | \$15 (Shaded Blue on Syllabus) |
| Preliminary Championship/Adult Championship/Advanced Adult Preliminary Championship | \$40                           |
| Open Championship/Advanced Adult Open Championship                                  | \$50                           |
| Admission Fee (Formerly called Family Fee or Event Fee*)                            | \$25                           |
| FeisFwd Service Fee*                                                                | \$5                            |
| Family Maximum                                                                      | \$150                          |
| Late Fee*                                                                           | \$25                           |
| Day of Event Registration Fee*~                                                     | \$50                           |

\*Not included in family maximum

~ Late fees will appear as an increase in the admission fee

## ★ Important Registration Notes

- All registrations must be completed at **app.feisfwd.com**
- Registrations will be accepted until **2/1/26** or until the caps are met.
  - Competition Caps
    - Champs: 125
    - Grades: 150
- Registration requests submitted any way other than through FeisFwd will not be accepted.
- Registrations must be fully paid in order to be considered complete.
- All fees noted with an asterisk (\*) are NOT included in the family maximum. Any payments made on the day of the event must be paid with a credit card. Cash or Checks will NOT be accepted.
- **Any outstanding payments must be made at the registration table on the day of the event in order to be allowed to compete.**
- New registrations after 1/23/26 will incur a \$25 late fee.
- Changes or additions to completed registrations can be made at app.feisfwd.com until NOON on **1/23/26** for no additional fee. Regular competition fees will be charged for additions.
- This feis has a no refunds policy.
- Full results will be available at [app.feisfwd.com](http://app.feisfwd.com) following the completion of the day's competitions.
- Championship stages will start with HARD SHOE.
- All PC competitions will include set dance, no additional registration is required for set.
- ALL Adult Championship dancers will perform a traditional set dance. Advanced Adult Preliminary and Open will perform a Set Dance of choice, no additional registration is required.

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## NUMBERING SYSTEM

|                                                           |                                                                                                                                                                                           |
|-----------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>1<sup>st</sup> Digit</b>                               | <b>Level Category: FIRST FEIS Dances all begin with “1”, BEGINNER 1 with “2”, and so forth</b>                                                                                            |
| <b>2<sup>nd</sup> and 3<sup>rd</sup> Digits</b>           | Age Group, Girls begin at 01 and Boys begin at 51.<br>So “05” means girls under 5, while 61 means boys under 11.<br>99 is for ADULT dancers                                               |
| <b>4<sup>th</sup> and 5<sup>th</sup> Digits (Letters)</b> | Competition Type: <b>RL</b> = REEL <b>LJ</b> = LIGHT JIG <b>SJ</b> = SLIP JIG <b>TJ</b> = TREBLE JIG<br><b>HP</b> = HORNPIPE <b>PD</b> = ST PATRICK DAY <b>TS</b> = TRADITIONAL SET   ... |
| <b>Last Digit</b>                                         | Competitions ending with 2 signify SECOND CHANCE competitions                                                                                                                             |

**AGE GROUP:** your age group is determined by the YEAR the competitor was born. This changes from year to year!

| For 2026 | <u>U5</u> | <u>U6</u> | <u>U7</u> | <u>U8</u> | <u>U9</u> | <u>U10</u> | <u>U11</u> | <u>U12</u> | <u>U13</u> | <u>U14</u> | <u>U15</u> | <u>U16</u> | <u>U17</u> | <u>U18</u> |
|----------|-----------|-----------|-----------|-----------|-----------|------------|------------|------------|------------|------------|------------|------------|------------|------------|
| Born in: | 2021      | 2020      | 2019      | 2018      | 2017      | 2016       | 2015       | 2014       | 2013       | 2012       | 2011       | 2010       | 2009       | 2008       |

PLEASE NOTE: Age groupings beginning with "O" mean THAT age AND over (example O11 means 11 and older)

## FIRST FEIS

The First Feis level has been established for dancers who are competing in their very first Feis.

Once a dancer competes in the First Feis category, the dancer must move into Beginner 1 or Beginner 2.

AT THIS LEVEL, DANCERS ARE NOT ALLOWED TO COMPETE IN SOLO COSTUMES (only school costumes are allowed)

**Dancers competing in the First Feis category are limited to participating in the First Feis Category ONLY**

|            | GIRLS     |           |           |           |           |            |            |            | BOYS      |           |           |           |           |            |            |            |
|------------|-----------|-----------|-----------|-----------|-----------|------------|------------|------------|-----------|-----------|-----------|-----------|-----------|------------|------------|------------|
|            | <u>U5</u> | <u>U6</u> | <u>U7</u> | <u>U8</u> | <u>U9</u> | <u>U10</u> | <u>U11</u> | <u>O11</u> | <u>U5</u> | <u>U6</u> | <u>U7</u> | <u>U8</u> | <u>U9</u> | <u>U10</u> | <u>U11</u> | <u>O11</u> |
| REEL       | 105RL     | 106RL     | 107RL     | 108RL     | 109RL     | 110RL      | 111RL      | 112RL      | 155RL     | 156RL     | 157RL     | 158RL     | 159RL     | 160RL      | 161RL      | 162RL      |
| LIGHT JIG  | 105LJ     | 106LJ     | 107LJ     | 108LJ     | 109LJ     | 110LJ      | 111LJ      | 112LJ      | 155LJ     | 156LJ     | 157LJ     | 158LJ     | 159LJ     | 160LJ      | 161LJ      | 162LJ      |
| SINGLE JIG | 105SN     | 106SN     | 107SN     | 108SN     | 109SN     | 110SN      | 111SN      | 112SN      | 155SN     | 156SN     | 157SN     | 158SN     | 159SN     | 160SN      | 161SN      | 162SN      |
| SLIP JIG   | 105SJ     | 106SJ     | 107SJ     | 108SJ     | 109SJ     | 110SJ      | 111SJ      | 112SJ      |           |           |           |           |           |            |            |            |

## BEGINNER 1 (BEGINNER)

A dancer who has been dancing for less than one year. A Beginner 1 must move to Beginner 2 no later than January 1<sup>st</sup> of the dancer's second year of instruction, or may move to Beginner 2 earlier with teacher's permission and provided that the Feis has not closed to changes. Note: a Beginner 1 dancer who starts in September, may continue as a Beginner 1 until December of the following year (16 months) before moving into Beginner 2.

AT THIS LEVEL, DANCERS ARE NOT ALLOWED TO COMPETE IN SOLO COSTUMES (only school costumes are allowed)

|            | GIRLS |       |       |       |       |       |       |       |       | BOYS  |       |       |       |       |       |       |       |       |
|------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
|            | U5    | U6    | U7    | U8    | U9    | U10   | U11   | U12   | Q12   | U5    | U6    | U7    | U8    | U9    | U10   | U11   | U12   | Q12   |
| REEL       | 205RL | 206RL | 207RL | 208RL | 209RL | 210RL | 211RL | 212RL | 213RL | 255RL | 256RL | 257RL | 258RL | 259RL | 260RL | 261RL | 262RL | 263RL |
| LIGHT JIG  | 205LJ | 206LJ | 207LJ | 208LJ | 209LJ | 210LJ | 211LJ | 212LJ | 213LJ | 255LJ | 256LJ | 257LJ | 258LJ | 259LJ | 260LJ | 261LJ | 262LJ | 263LJ |
| SINGLE JIG | 205SN | 206SN | 207SN | 208SN | 209SN | 210SN | 211SN | 212SN | 213SN | 255SN | 256SN | 257SN | 258SN | 259SN | 260SN | 261SN | 262SN | 263SN |
| SLIP JIG   | 205SJ | 206SJ | 207SJ | 208SJ | 209SJ | 210SJ | 211SJ | 212SJ | 213SJ |       |       |       |       |       |       |       |       |       |

## BEGINNER 2 (ADVANCED BEGINNER)

A dancer who has been dancing for more than one year and who has not won a 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> place as Beginner 2 dancer. A dancer who has won a 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> place in a Beginner 2 dance must move into Novice in that dance no later than January 1<sup>st</sup> of the next calendar year or with teacher's permission as soon as the next Feis (if said Feis has not closed to changes).

AT THIS LEVEL, DANCERS ARE NOT ALLOWED TO COMPETE IN SOLO COSTUMES (only school costumes are allowed)

ALL HARD SHOE DANCES AT TRADITIONAL SPEEDS

|                  | GIRLS |       |       |       |       |       |       |       |       | BOYS  |       |       |       |       |       |       |       |       |
|------------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
|                  | U6    | U7    | U8    | U9    | U10   | U11   | U12   | U13   | Q13   | U6    | U7    | U8    | U9    | U10   | U11   | U12   | U13   | Q13   |
| REEL             | 306RL | 307RL | 308RL | 309RL | 310RL | 311RL | 312RL | 313RL | 314RL | 356RL | 357RL | 358RL | 359RL | 360RL | 361RL | 362RL | 363RL | 364RL |
| LIGHT JIG        | 306LJ | 307LJ | 308LJ | 309LJ | 310LJ | 311LJ | 312LJ | 313LJ | 314LJ | 356LJ | 357LJ | 358LJ | 359LJ | 360LJ | 361LJ | 362LJ | 363LJ | 364LJ |
| SLIP JIG         | 306SJ | 307SJ | 308SJ | 309SJ | 310SJ | 311SJ | 312SJ | 313SJ | 314SJ |       |       |       |       |       |       |       |       |       |
| SINGLE JIG       | 306SN | 307SN | 308SN | 309SN | 310SN | 311SN | 312SN | 313SN | 314SN | 356SN | 357SN | 358SN | 359SN | 360SN | 361SJ | 362SN | 363SN | 364SN |
| TREBLE JIG       | 306TJ | 307TJ | 308TJ | 309TJ | 310TJ | 311TJ | 312TJ | 313TJ | 314TJ | 356TJ | 357TJ | 358TJ | 359TJ | 360TJ | 361TJ | 362TJ | 363TJ | 364TJ |
| HORNPIPE         | 306HP | 307HP | 308HP | 309HP | 310HP | 311HP | 312HP | 313HP | 314HP | 356HP | 357HP | 358HP | 359HP | 360HP | 361HP | 362HP | 363HP | 364HP |
| ST PATRICK'S DAY | 306PD | 307PD | 308PD | 309PD | 310PD | 311PD | 312PD | 313PD | 314PD | 356PD | 357PD | 358PD | 359PD | 360PD | 361PD | 362PD | 363PD | 364PD |

## NOVICE

A dancer moves into Novice as a result of placing 1<sup>st</sup>, 2<sup>nd</sup>, or 3<sup>rd</sup> in that dance as indicated in Beginner 2. A dancer who wins 1<sup>st</sup> in a Novice dance must move into Prizewinner level in that dance no later than January 1<sup>st</sup> of the next calendar year or with teacher's permission as soon as the next feis (if said feis has not closed to changes).

\*ALL HARD SHOES DANCES CAN BE DONE AT EITHER TRADITIONAL SPEED OR SLOW SPEED

|                 | GIRLS |       |       |       |       |       |       |       |       |       | BOYS  |       |       |       |       |       |       |       |       |       |
|-----------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
|                 | U7    | U8    | U9    | U10   | U11   | U12   | U13   | U14   | U15   | Q15   | U7    | U8    | U9    | U10   | U11   | U12   | U13   | U14   | U15   | Q15   |
| REEL            | 407RL | 408RL | 409RL | 410RL | 411RL | 412RL | 413RL | 414RL | 415RL | 416RL | 457RL | 458RL | 459RL | 460RL | 461RL | 462RL | 463RL | 464RL | 465RL | 466RL |
| LIGHT JIG       | 407LJ | 408LJ | 409LJ | 410LJ | 411LJ | 412LJ | 413LJ | 414LJ | 415LJ | 416LJ | 457LJ | 458LJ | 459LJ | 460LJ | 461LJ | 462LJ | 463LJ | 464LJ | 465LJ | 466LJ |
| SLIP JIG        | 407SJ | 408SJ | 409SJ | 410SJ | 411SJ | 412SJ | 413SJ | 414SJ | 415SJ | 416SJ |       |       |       |       |       |       |       |       |       |       |
| *TREBLE JIG     | 407TJ | 408TJ | 409TJ | 410TJ | 411TJ | 412TJ | 413TJ | 414TJ | 415TJ | 416TJ | 457TJ | 458TJ | 459TJ | 460TJ | 461TJ | 462TJ | 463TJ | 464TJ | 465TJ | 466TJ |
| *HORNSPIPE      | 407HP | 408HP | 409HP | 410HP | 411HP | 412HP | 413HP | 414HP | 415HP | 416HP | 457HP | 458HP | 459HP | 460HP | 461HP | 462HP | 463HP | 464HP | 465HP | 466HP |
| TRADITIONAL SET | 407TS | 408TS | 409TS | 410TS | 411TS | 412TS | 413TS | 414TS | 415TS | 416TS | 457TS | 458TS | 459TS | 460TS | 461TS | 462TS | 463TS | 464TS | 465TS | 466TS |

## PRIZE WINNER (OPEN)

A dancer moves into Prizewinner as a result of placing 1<sup>st</sup> place as indicated in Novice.

\*ALL HARD SHOES DANCES CAN BE DONE AT EITHER TRADITIONAL SPEED OR SLOW SPEED

|                 | GIRLS |       |       |       |       |       |       |       |       |       | BOYS  |       |       |       |       |       |       |       |       |       |
|-----------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
|                 | U7    | U8    | U9    | U10   | U11   | U12   | U13   | U14   | U15   | Q15   | U7    | U8    | U9    | U10   | U11   | U12   | U13   | U14   | U15   | Q15   |
| REEL            | 507RL | 508RL | 509RL | 510RL | 511RL | 512RL | 513RL | 514RL | 515RL | 516RL | 557RL | 558RL | 559RL | 560RL | 561RL | 562RL | 563RL | 564RL | 565RL | 566RL |
| SLIP JIG        | 507SJ | 508SJ | 509SJ | 510SJ | 511SJ | 512SJ | 513SJ | 514SJ | 515SJ | 516SJ |       |       |       |       |       |       |       |       |       |       |
| *TREBLE JIG     | 507TJ | 508TJ | 509TJ | 510TJ | 511TJ | 512TJ | 513TJ | 514TJ | 515TJ | 516TJ | 557TJ | 558TJ | 559TJ | 560TJ | 561TJ | 562TJ | 563TJ | 564TJ | 565TJ | 566TJ |
| *HORNSPIPE      | 507HP | 508HP | 509HP | 510HP | 511HP | 512HP | 513HP | 514HP | 515HP | 516HP | 557HP | 558HP | 559HP | 560HP | 561HP | 562HP | 563HP | 564HP | 565HP | 566HP |
| TRADITIONAL SET | 507TS | 508TS | 509TS | 510TS | 511TS | 512TS | 513TS | 514TS | 515TS | 516TS | 557TS | 558TS | 559TS | 560TS | 561TS | 562TS | 563TS | 564TS | 565TS | 566TS |

## PRELIMINARY CHAMPIONSHIP

A dancer who wins 1<sup>st</sup> place in each of the Open dances (reel, slip-jig, treble jig, and hornpipe) can move into Preliminary Championships with teacher's permission. Boys and Girls will compete against each other, however if there are at least 5 boys entered, the boys will be moved into a separate competition. In cases where a Feis elects to split a competition due to a large entry, the split must be done by birth date age in the same manner as the North American Championships. Dancers will perform 48 bars of the reel or 40 bars of the slip-jig **and** 40 bars of the hornpipe or 48 bars of the treble jig. Preliminary Championship will be judged and scored by all 3 judges. In addition, awards will also be posted for each solo round (light and heavy round) based on the scores of one judge (different judges scores for light and heavy).

| BOYS/MEN & GIRLS/LADIES  | U9    | U10   | U11   | U12   | U13   | U14   | U15   | U16   | U17   | O17   |
|--------------------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| PRELIMINARY CHAMPIONSHIP | 609PC | 610PC | 611PC | 612PC | 613PC | 614PC | 615PC | 616PC | 617PC | 618PC |

## OPEN CHAMPIONSHIP

Preliminary dancers who win three (3) 1st places in a calendar year, must move to Open Championship the following calendar year. When a third win is achieved over several calendar years, the dancer must move to Open Championship at their next Feis. Only in the case of back to back feiseanna, in which the third win on the first day will not change the dancer's status for the second Feis. Placing in a regional or national oireachtas does not change the status of a competitor.

Dancers will perform: 48 bars of reel or 40 bars of slip-jig, 40 bars of the hornpipe or 48 bars of the treble jig, and a Set Dance.

**Competitions will be combined in groups of 5 when possible per rules (see Championship rules below).**

**BOYS will be combined with girls if needed.**

| OPEN CHAMPIONSHIP     | U10   | U11   | U12   | U13   | U14   | U15   | U16   | U17   | U18   | U19   | O19   |
|-----------------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| <u>GIRLS / LADIES</u> | 710OC | 711OC | 712OC | 713OC | 714OC | 715OC | 716OC | 717OC | 718OC | 719OC | 720OC |
| <u>BOYS / MEN</u>     | 760OC | 761OC | 762OC | 763OC | 764OC | 765OC | 766OC | 767OC | 768OC | 769OC | 770OC |

NOTE: A dancer who has not received a legitimate placing (sufficient competitors within the normal placing scale) along with a dancer who has not placed in Open Championships for two consecutive years, may return to their previous competition level. For example, an Open Championship dancer that does not place in two consecutive years may return to Preliminary Championships, the same as a Preliminary dancer who does not place can return to Prizewinner.

## ADULT AND ADVANCED ADULT COMPETITIONS

An Adult dancer is defined as any dancer who started Irish dancing at the age of 18 or older OR any dancer 18 or older who has not competed in at least five years in a youth competition AND has never placed in the top three in a youth Preliminary Championship competition of more than five competitors. Dancers who are in the Adult categories cannot enter any competition other than Adult specified competitions. If a dancer chooses to compete in the youth/& over category after previously competing in the Adult competitions, they are required to abstain from participating in Adult competitions for a continuous period of five years.

To progress in Adult Grade levels, dancers are to follow the same progression rules as used in youth/& over categories or progress with teacher's permission.

A dancer moves into the Adult Championship level by winning 1st place in reel, slip jig, treble jig, and hornpipe in Adult Prizewinner competitions or by their teacher's permission. When a dancer begins competing in the Adult Championship level, they may not compete in Adult Grades.

Upon winning two Adult Championships, the dancer may progress on to Advanced Adult Preliminary Championship at teacher's discretion.

### **ADVANCED ADULT COMPETITIONS**

An Advanced Adult dancer is anyone ages 18 or older who has previously placed in the top three of a Preliminary championship or competed in Open championship levels in the youth/& over levels regardless of when the competitor was active.

An Advanced Adult Preliminary dancer is defined as any dancer over the age of 18 who has previously placed in the top three of a youth Preliminary championship competition of five or more competitors or an adult dancer who has won two Adult Championship competitions at a feis. Teachers may also use their discretion to move a dancer to Advanced Adult Preliminary. When a dancer begins competing in the Advanced Adult Preliminary level, they may not also compete in Adult Championship (unless a feis opts to combine competitions) nor in youth/& over competitions.

An Advanced Adult Open level dancer is defined as any dancer over the age of 18 who has previously competed in a youth/& over open championship competition or has won two Advanced Adult Preliminary competitions at a feis. Teachers may also use their discretion to move a dancer to Advanced Adult Open. When a dancer begins competing in the Advanced Adult Open Championship level, they may not also compete in Adult Championship or Advanced Adult Preliminary Championship (unless a feis opts to combine competitions), nor in youth/& over competitions.

A dancer competing in Adult or Advanced Adult may not compete in the youth/& over category. Once a dancer begins competing in Advanced Adult, they may not return to youth/& over.

### **ADULT/ADVANCED ADULT MUSIC TEMPO and DANCE LENGTH**

IN GRADE LEVEL COMPETITIONS, HARD SHOES DANCES CAN BE DONE AT EITHER TRADITIONAL SPEED OR SLOW SPEED. All grade level dances are 32 bars in length.

For Adult Championship, Advanced Adult Preliminary Championship, and Advanced Adult Open Championships, dancers will perform: 48 bars of reel or 40 bars of slip jig, 40 bars of the hornpipe or 48 bars of the treble jig. Advanced Adult Open Championships dancers will perform a Set Dance of choice for their third round. When a feis offers a third round for Adult or Advanced Adult Preliminary Championship, Adult Championship dancers will perform a traditional set dance, and Advanced Adult Preliminary will perform a Set Dance of choice.

### **COMBINING COMPETITIONS**

Where there are fewer than five entries in either Advanced Adult competition (Advanced Adult PC or Advanced Adult OC) or fewer than five entries in Adult championship competitions at a feis, the feis may choose to run these competitions as one combined competition, and the feis may offer separated/disaggregated results for Advanced Adult and Adult dancers. When a feis opts to combine these competitions, first combine Advanced Adult PC and Advanced Adult OC competitions if either or both have fewer than five registered competitors, before combining the joint Advanced Adult PC/OC competition with Adult Championship.

|                  | <u>Beginner 1</u> | <u>Beginner 2</u> | <u>Novice</u> | <u>Prizewinner</u> | <u>Adult</u> | <u>Advanced Adult</u> |
|------------------|-------------------|-------------------|---------------|--------------------|--------------|-----------------------|
| ADULT REEL       | 299RL             | 399RL             | 499RL         | 599RL              |              |                       |
| ADULT LIGHT JIG  | 299LJ             | 399LJ             | 499LJ         | 599LJ              |              |                       |
| ADULT SINGLE JIG |                   | 399SN             | 499SN         | 599SN              |              |                       |
| ADULT SLIP JIG   | 299SJ             | 399SJ             | 499SJ         | 599SJ              |              |                       |

|                                               |  |       |       |       |       |        |
|-----------------------------------------------|--|-------|-------|-------|-------|--------|
| ADULT TREBLE JIG                              |  | 399TJ | 499TJ | 599TJ |       |        |
| ADULT HORNPIPE                                |  | 399HP | 499HP | 599HP |       |        |
| ADULT TRADITIONAL SET                         |  | 399TS | 499TS | 599TS |       |        |
|                                               |  |       |       |       |       |        |
| ADULT CHAMPIONSHIP                            |  |       |       |       | 699AC |        |
| ADVANCED ADULT<br>PRELIMINARY<br>CHAMPIONSHIP |  |       |       |       |       | 699MPC |
| ADVANCED ADULT<br>CHAMPIONSHIP                |  |       |       |       |       | 799MOC |

A teacher may exercise their discretion:

- for determination of a dancer's level in Adult or Advanced Adult categories;
- if an Adult Championship dancer does not place in two consecutive years; the dancer may then return to Adult Prizewinner;
- if an Advanced Adult Preliminary dancer does not place in two consecutive years; the dancer may then move to Adult Championship;
- if an Advanced Adult Open dancer does not place in two consecutive years; the dancer may then move to Advanced Adult Preliminary Championship.

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Preliminary Championship and Open Championship competitions will begin with HARD SHOE first, followed by SOFT SHOE for the second round. ALL Open Championship dancers will be required to dance their set dance following the soft shoe round. Preliminary Championship dancers have the option to dance their set dance following the soft shoe round.

Mid-America Regional Dancing Competition Rules

1. In the case of all solo and team competitions in all grades, the age of a competitor on 1st January of the year in which the competition is held will determine the right of entry. For the purposes of this Rule a competitor whose birthday occurs on 1st January shall be deemed to be under the age attained on that date.
2. Competitions are open to all but those holding a TMRF, TCRG, or ADCRG designation. A feis can only accept entries from pupils of teachers registered with An Coimisiun and registered with both the IDTANA and the North American region in which they reside.
3. A competitor may be disqualified for any of the following reasons:
 - a. Conduct unbecoming a lady or gentleman.
 - b. Failure to report on time to compete. (Penalty: disqualification from said event)
 - c. Falsification of age or other important facts – i.e., teaching, award winning, competing under another competitor's name or number, etc.

Penalty for (a) or (c): Competitor will be disqualified from the Feis at which the occurrence happened and from all registered Feiseanna for a period of one year beginning at the date of the occurrence.
4. Competitions may be closed if there are no competitors at the assigned stage ready to compete when the competition is scheduled or announced. This does not pertain to a situation where competitors are involved in stage conflicts, and such conflicts will be handled by the stage monitor.
5. Steel taps or "bubble" heels on dancing shoes and any display of awards is prohibited. Authentic Gaelic dress is desired.
6. First Feis (if offered), Beginner and Advanced Beginner, aka Beginner I and II, must wear a class costume, or a skirt/pants and top. All other categories are excluded from this rule. Modest attire is encouraged when a competitor is not dancing.
7. Competitor's number must be worn and visible to adjudicators when performing in all competitions. Use of reflective plastic number covers is discouraged.
8. The number of awards given is determined by the Feis Committee and is based on the scores and ranks given by the adjudicator(s).
9. Complaints must be in writing stating names and other factual information and signed by the complainant. A \$25.00 fee must be enclosed and presented to the Feis Chairman within one hour of the occurrence. The fee will be returned if the complaint is upheld.
10. The Feis Committee and any organization affiliated with same, will not be held responsible for personal injury, property loss or damage. Destruction of Feis property and/or rental property will be punishable by law.
11. The Feis reserves the right to reject any entry for cause, to cancel all or part of the Feis and to limit competitor's performing time. The decision of the Feis Committee is final in all matters connected with the Feis.
12. All Feiseanna must have a process to allow parents to request that their child or children's name(s) not be listed on the posted competitor list prior to the day of the Feis.
13. Competitors must answer all questions as required by the Feis Entry committee, including teacher's name, and include the entry fee for entry to be accepted. Failure to do so will result in a rejected entry.
14. With the exception of First Feis and Beginner 1 the status of the dancer does not change unless there are five or more dancers in the competition.
15. Photography
 - a. With the exception of First Feis, Beginner 1 and Beginner 2 (or their equivalent), photography of any kind which has the capability of capturing a dancer's image while in motion is strictly forbidden.
 - b. A Feis may elect to allow in motion photography for publicity purposes, but the pictures are considered the sole property of the Feis and solely for Feis use only; these are not to be used for personal gain through commercial use or sale, and under no circumstances can they be published on any website or other areas, without the express written permission of the persons involved.

- c. Additionally, a professional photographer may be formally contracted by a Feis to capture non-motion photographs, such as portrait photography, awards ceremonies, etc. and/or in motion photography provided it is taken at a vendor station or suitable location:
 - i. away from the dancing stages and,
 - ii. requested by a consenting parent, guardian, or dancer (over the age of 18).
- 16. No block, en Pointe, toe walking movements, stationary or moving is allowed to be performed for all ages up to and including the under 12 age group. However, after September 1 of each year an exception is made for those dancers who are 11 dancing in the under 12 age group.
- 17. No substance that can become airborne should be used on any dance floor in an attempt to improve traction.
- 18. A dancer may not compete in two different levels in the same dance at the same feis. (IDTAMA, 6/1/2024)

Grade Level Rules

1. Solo competitors in First Feis (if offered), Beginner, Advanced Beginner, Novice or Open (Prizewinner) competitions:
 - a. Must compete in their own age group.
 - b. Must be prepared to perform two steps in each event.
2. With the exception of First Feis and Beginner 1, a dancer's level is determined in each dance (Reel, Light Jig, Single Jig, Slip-Jig, Hornpipe, Treble Jig, and Traditional Set). Traditional Set Dances are limited to those dances determined by An Coimisiun Le Rince Gaelacha as traditional set dances.
3. A Feis Committee may combine competitions if there are less than 5 competitors entered as follows:
 1. Two consecutive age groups, combined into the higher of the two groups, within that grade.
 2. Three consecutive age groups, combined into the highest age group, within that grade.
 3. All Boys' grades competitions shall be initially entered in single year age groups within that grade.
 4. If there are less than 5 Boys entered in any one age group within that grade, competitions may be combined in the following order:
 - a. Double, All Boys, age group into the higher of the two groups within that grade
 - b. If a double, All Boys age group does not create 5 or more entries, the Boys shall be combined into the corresponding single year Girls' age group.
 - c. If the combined Boys and Girls age group still does not create 5 or more entries, that competition may be combined as stated in rule #2 above.
 5. 100 and 200 level competitions may be combined as follows:
 - a. Ages under 8 and below, CANNOT be combined with other age groups within that grade, but Boys and Girls may be combined in the corresponding single year Girls' age group within that grade.
 - b. Ages under 9 and above may first be combined into 2 consecutive age groups within that grade. If the combined competition still does not create 5 or more entries, that competition may be combined using rules 2, 3 and 4 above.
4. Each region may determine the system for moving dancers from one grade to another, as they see appropriate for their region.
5. The syllabus is to contain all grade categories.
6. Competitors have the option to remain in the same category for the remainder of the Feis year.
7. A dancer, at the discretion of the teacher, may move into the next Grade (not Open Championships) without satisfying the requirements. However, once a dancer competes in the higher level, they can never move back to a lower category, (except as outlined in Rule 1, above).
8. Grade Levels

- a. **First Feis:** A dancer who has never competed in a Feis. A dancer can only be in this category for a single day and cannot compete at any other level in the Feis. Dancers must compete with Basic Steps that coincide with the Grade Exam Syllabus.
 - b. **Beginner 1 (Beginner) Grade:** A beginner is a competitor who has not yet taken a full year of Irish Dance lessons, thereby giving beginners a full year with such status. A Beginner must move into the Beginner 2/Advanced Beginner category the next year. Dancers must compete with Basic Steps that coincide with the Grade Exam Syllabus.
 - c. **Beginner 2 (Advanced Beginner) Grade:** An advanced beginner who wins 1st, 2nd or 3rd place will advance to the Novice category in that particular dance. Competition dances are reel, light jig, slip jig, traditional treble jig and traditional hornpipe, as a minimum requirement. Dancers must compete with Basic Steps that coincide with the Grade Exam Syllabus.
 - d. **Novice Grade:** A novice who wins a 1st place will advance to the Open (Prizewinner) category in that particular dance.
 - e. **Open Prizewinner Grade:** A competitor who does not qualify as a beginner, advanced beginner or as a novice.
 - f. **Adult:** An Adult dancer is defined as any dancer who started Irish dancing at the age of 18 or older OR any dancer 18 or older who has not competed in at least five years in a youth competition AND has never placed in the top three in a youth Preliminary championship competition of more than five competitors.
9. First Feis (if offered), Beginner 1, and Beginner 2 are required to dance at traditional speeds. Novice and Open/Prizewinner dancers may choose between traditional and Oireachtas speeds.
10. The following dance speeds must be adhered to;

	First Feis	Beg 1	Beg 2	Novice	Prizewinner
Reel	122	122	122	113	113
Light Jig	115	115	115	115	115
Slip Jig	122	122	122	113	113
Single Jig	124	124	124	124	124
Treble Jig			92	73/92	73/92
Hornpipe			138	113/138	113/138

Traditional Sets	Traditional Speed
St. Patrick's Day	94
Blackbird	144
Job of the Journeywork	138
Three Sea Captains	96
Garden of Daisies	138
Jockey to the Fair	90
King of the Fairies	130

11. First Feis, Beginner 1 and Beginner 2 perform only basic steps to coincide with the Grade Exam Syllabus.(IDTAMA, 1/1/17)
12. Dancers competing in the First Feis category are limited to participating in the First Feis Category only. (IDTAMA, 1/1/17)

Championship Level Rules

1. First place winners in the Open Championship category cannot return to a Preliminary or Open (Prizewinner) competition. Placing in a Regional or National Oireachtas does not change the status of a competitor. A dancer who moves into Open Championship must stay a minimum of 2 years. If after 2 years they have not placed they are allowed to return to Preliminary. An Open Championship dancer who places is not allowed to return to Preliminary until 2 years after their last placement.
2. Entrants in any Championship event may not enter in any other (Grade) events, but may enter in Figure Dances and Specials, ie Treble Reel Competition, etc.
 - a. Dancers must qualify for Open Championship via the method now in place for Preliminary Championship, i.e. three 1st place wins.
 - b. Dancers must compete in the Preliminary Championship competition in order to qualify for Open Championship

3. Preliminary Championships are open to those who:
 - a. A dancer who wins 1st place in each of the Open Prizewinner dances (reel, slip-jig, treble jig, and hornpipe) can move into Preliminary Championships with teacher's permission.
 - b. Have never won 1st, 2nd or 3rd in Open Championship. A Preliminary Championship dancer who wins three first place awards will move on to Open Championship at the next Feis they enter, or as soon as the third win is achieved, in any age category, in the following years. Only in the case of back-to-back feiseanna (successive days), in which case the win in the first Feis will not change the dancer's status for the second Feis. A dancer is required to perform a light shoe dance (reel or slip jig for ladies and reel only for men), and a hard shoe dance. A Feis can opt to offer either a) a set dance or b) a jig/hornpipe.
4. A Mid-America region feis may choose to combine boys and girls in Open Championship competitions when there are less than 5 dancers registered in a particular age category.
5. One of the following statements MUST be in the feis syllabus:
 - a. When there are less than five dancers registered in a particular Open Championship age category, the boys and girls will NOT be combined.

OR

 - b. When there are less than five dancers registered in a particular Open Championship age category, the boys and girls WILL be combined.
6. The boys' open championship age categories will match the girls' open championship age categories.
7. Every competitor in Preliminary or Open Championship must have a minimum of 8 rotations or 10 minutes between each of their rounds.

Adjudicators & Musicians

1. Musicians and adjudicators cannot be approached during a competition by anyone except the Feis Committee. No one can approach them while a competitor is performing.
2. Musicians employed by the Feis Committee will be solely under the direction and management of the Feis Committee on Feis day.
3. In matters pertaining to adjudication, the decision of the adjudicators is final.
4. Adjudicators are to monitor the quality of music at the stage(s) to which they are assigned.
5. Championships and Preliminary Championships require at least three adjudicators.

Each Feis is required to list their adjudicators on their syllabus and/or website at least three weeks before the close of entries, one-third of which are to be from outside the region where the Feis is being held.

Costume Rules

1. Make up is prohibited on a dancer in the first three grades (First Feis (if offered), Beginner I and Beginner 2 or their equivalent) up to and including the under 12 age group. Make-up (including false eyelashes and tanner on the face) is not permitted for dancers, in either solo or team competitions, up to and including the Under 10 age group.

Clarification: Both make up rules refer to the age group of the competition, not the actual age of the dancer. For example, 9 year old dancers, competing in a team that is entered Under 12, may wear make-up or at a feis where the youngest Open Championship age group is Under11, then all dancers in that competition may wear make-up. These rules must also be announced from side stage at the event. Participants should be reminded that should they be in breach of these rules and be required to remove their make-up, that they risk missing their rotation in the competition.

2. Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition. Medically prescribed aids (proof of which may be required) will be exempt from this rule.

3. Competitors in girl's competitions at the First Feis (if offered), Beginner I and Beginner 2 Grade will wear only the competitor's dancing school costume or a skirt/pants and top.
4. Length of costume must adhere to principles of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty may ask a competitor to wear black tights (of a denier not less than 70 percent) in order to continue in the competition. For competitions adjudicated by a panel of more than one adjudicator, all adjudicators on the panel must agree to asking the dancer to wear tights. Effective March 1, 2022.
5. Appropriate undergarments covering the midriff must be worn. Undergarments must provide full coverage. Dancers wearing undergarments that do not cover the areas of the body as in the illustrated example will be asked to put on black tights of a denier of not less than 70%. This is monitored by the adjudicator. For competitions adjudicated by a panel of more than one adjudicator all adjudicators on the panel must agree to ask the dancer to put on tights. Effective March 1, 2022

Modesty Rule – From An Coimisium

Changing costumes, dressing and undressing of dancers will not be acceptable in the halls or public areas. For the sake of modesty and in the interests of safety of young people, dancers will not be permitted to walk around the feis scantily dressed.

Respect for fellow competitors on stage is a requirement at all times.

Lack of respect or courtesy for fellow competitors by aggressive dancing on stage will be subject to penalty at the discretion of each individual adjudicator.

**The Feis WILL NOT give any refunds for any reason
including consequences for violations of the above rules**