

THE SOUTHERN ENGLAND REGIONAL COUNCIL
ARE PROUD TO PRESENT THE

GREAT BRITAIN CHAMPIONSHIPS 2023

FRIDAY 20TH TO
SUNDAY 22ND
OCTOBER 2023

MILLENNIUM GLOUCESTER
HOTEL & CONFERENCE CENTRE
SOUTH KENSINGTON
LONDON, SW7 4LH



REGISTERED WITH AN COIMISUIN LE RINCI GAELACHA
WWW.SERCWEB.COM

GREAT BRITAIN CHAMPIONSHIPS 2023

CHAIRMANS WELCOME

Dear Teachers & Dancers

On behalf of the Southern England regional council, I am delighted to welcome you all as our guests to the 2023 Great Britain Championships held in our capital city of London from 20th -22nd October.

We are delighted to return to The Millennium Gloucester Hotel, London Kensington, a fabulous location in the heart of the City of London. The hotel offers a seamless blend of personalised service with unrivalled comfort and the management team have worked hard with the Council to ensure our event is a success.

Just minutes away from many of London's top attractions including the Natural history museum, Albert Hall & London's west end theatres with close transport links from Heathrow airport and all major train stations. Kensington High Street offers shoppers chic boutiques and plenty of fabulous eateries for the foodies amongst us.

The Great Britain championships 2023 are delighted to offer Mixed Open Championships for our Under 5 Superstars, Under 6 and under 7 dancers, and separate Boys/Men's & Girls/ Ladies Open Championships from Under 8 upwards. All Championships from Under 6 will also have 2 solo results.

Once again, we welcome back adult teams, solo adult championship dancers and look forward to introducing new events to the Great Britain's this year. We also offer Preliminary Championships (U/10 upwards) which will run in conjunction with the Open Championships (results will be taken after 2 rounds). Please carefully read the rules of eligibility for Preliminary Championship & Mixed Adult Solo Competition within the syllabus.

Please follow us on our Facebook page where all updates about the event will be posted. <https://facebook.com/events/s/greatbritain-championships-20/6504683742899287/>

Again, for this year we will welcome all our Champions to the stage at the end of each day to take part in our Parade of Champions, so that we can delight in the endless talents of our dancers.

We would like to take this opportunity to thank our sponsors and everyone that has supported the Great Britain Championships in previous years and wish all dancers and teachers the very best of luck and a very enjoyable and memorable stay in London.

Fiona Diggins (ADCRG) Chair – Southern England Regional Council

GREAT BRITAIN CHAMPIONSHIPS 2023



ADJUDICATORS

Alan Murphy
Connacht

Tara Loughran
North West England

Deirdre Penk O'Donnell
Western Canada

Bernadette Fegan
Leinster

Marion Flanagan
Southern England

Andrew O'Reilly
Southern Region

Nicki MacLoone
Munster

Eulalia Stewart-Ayton
Scotland

Brendan J. Lynch
Mid Atlantic USA

Don McCarron
Ulster

Steven Brunning
Midlands

Jenny Bailey-Murray
Mid America USA

MUSICIANS

Liam O'Sullivan
Anthony Davis

Dean Crouch
Majella Brooks-Collins

Aidan O'Neill
Gerry Conlon

ENTRY FEES – entries open from 5th
June to 31st July 2023

Early Bird Fees

Under 5 Superstars – £30

Under 6-9 - £70

Under 10-Senior/Adults - £80

Family Fee: (2 dancers = £150 – 3 or more dancers £200)

Ceili, 4 Hand & Figure - £10 per dancer

Adult Ceili - £15 per dancer

Dance Drama

Standard Entry Fees - Final closing date
18th September 2023

1st August to 18th September 2023

Under 5 Superstars - £35

Under 6-9 - £80

Under 10-Senior/Adults - £90

Family Fee – £200

Teams - £15 per dancer

Adult Ceili - £20 per dancer

DOOR ENTRY

Please note that door entry to the event will be via wristbands that will be available to purchase each day – door entry is not included in entry fees detailed above. The Southern England Regional Council have employed security guards to help manage entry into the competition halls and wristbands will be checked on entry.

GREAT BRITAIN CHAMPIONSHIPS 2023

GREAT BRITAIN CHAMPIONSHIPS ENTRY PROCEDURE

Entries will be open from 5th June 2023.

The GB2023 Entry Pack is available for download from the following website: <https://www.instepfm.com>.

The Entry Pack provides clear instructions on how to enter and pay.

To be eligible for the **early bird discount** – entries need to be emailed and fully paid before 31st July 2023, **otherwise standard fees will be charged to any unpaid Early Bird entry.**

Entries received between **1st August** and **18th September** 2023 will be payable at standard fee rates, **there will be no further extension to the final closing date of 18th September 2023.**

- Once your entry has been received, Instep Feis Management will issue an email confirmation of entries and total fee payable together with the Southern England Regional Councils bank details.
- **Entry fees to be paid via a Bank Transfer and paid in Sterling** (No cheques or international bankers drafts. If you encounter any difficulties in making a payment, please let Des Silke of Instep Feis Management know and he will do his best to accommodate alternative payment methods). Please quote the reference number provided with the bank details and ensure that the correct entry fee is paid, in sterling into the Southern England Regional Council bank account (**check with your bank regarding fees that they may deduct**).
- It is the responsibility of the registered teacher to ensure that the entry emailed is correct. Please check the information on your confirmation email, names, and dates of birth as the details submitted by the teacher will be what appears in the official programme.
- No refunds for any entry money received.

AGE GROUPS & DANCES

Under 5 - Superstars

Our Under 5 Superstars competition is open to all dancers born in 2018 or later. Dancers will be invited to perform 24 bars – using the pick-up system – in reel only.

Solo medals will be awarded for rounds 1 & 2 in all age groups (excluding Under 5) – results will be taken from one adjudicator.

MIXED COMPETITIONS

1	Under 5 - Superstars	Born 2018 or later	Reel (Speed 122-124 or 113)
2	5 and under 6 Years	Born 2017	Reel & choice of Single, Light or Heavy Jig (No recall - 2 dances)
3	6 and under 7 Years	Born 2016	Reel, Single Jig - Round 3 choice of Light or Heavy Jig (No recall - All 3 dances)
4	Adult Mixed	Born 2004 or earlier	Choice of Reel/Slip Jig (Ladies) Reel (Men), Heavy Jig – Traditional set on recall

GIRLS / LADIES COMPETITIONS

5	7 and under 8 years	Born 2015	Reel/Heavy Jig and Traditional Set - No Recall (All 3 dances)
6	8 and under 9 years	Born 2014	Reel/Heavy Jig and Traditional Set - No Recall (All 3 dances)
7	9 and under 10 years	Born 2013	Hornpipe/Reel and Open Jig Set upon recall
8	10 and under 11 years	Born 2012	Heavy Jig/Slip Jig and Open Set of choice upon recall
9	11 and under 12 years	Born 2011	Hornpipe/Reel and Open Set of choice upon recall
10	12 and under 13 years	Born 2010	Heavy Jig/Slip Jig and Open Set of choice upon recall
11	13 and under 14 years	Born 2009	Hornpipe/Reel and Open Set of choice upon recall

GREAT BRITAIN CHAMPIONSHIPS 2023

12	14 and under 15 years	Born 2008	Heavy Jig/Slip Jig and Open Set of choice upon recall
13	15 and under 16 years	Born 2007	Hornpipe/Reel and Open Set of choice upon recall
14	16 and under 17 years	Born 2006	Heavy Jig/Slip Jig and Open Set of choice upon recall
15	17 and under 18 years	Born 2005	Hornpipe/Reel and Open Set of choice upon recall
16	18 and under 19 years	Born 2004	Heavy Jig/Slip Jig and Open Set of choice upon recall
17	19 and under 20 years	Born 2003	Hornpipe/Reel and Open Set of choice upon recall
18	Under 22 years	Born 2001/2002	Heavy Jig/Slip Jig and Open Set of choice upon recall
19	Senior Ladies	Born 2000 or earlier	Hornpipe/Reel and Open Set of choice upon recall

BOYS / GENTS COMPETITIONS

20	7 and under 8 years	Born 2015	Reel/Heavy Jig and Traditional set -No Recall (All 3 dances)
21	8 and under 9 years	Born 2014	Reel/Heavy Jig and Traditional set – No Recall (All 3 dances)
22	9 and under 10 years	Born 2013	Hornpipe/Reel and Open Jig Set upon recall
23	10 and under 11 years	Born 2012	Heavy Jig/Reel and Open set of choice upon recall
24	11 and under 12 years	Born 2011	Hornpipe/Reel and Open set of choice upon recall
25	12 and under 13 years	Born 2010	Heavy Jig/Reel and Open set of choice upon recall
26	13 and under 14 years	Born 2009	Hornpipe/Reel and Open set of choice upon recall
27	14 and under 15 years	Born 2008	Heavy Jig/Reel and Open set of choice upon recall
28	15 and under 16 years	Born 2007	Hornpipe/Reel and Open set of choice upon recall
29	16 and under 17 years	Born 2006	Heavy Jig/Reel and Open set of choice upon recall
30	17 and under 18 years	Born 2005	Hornpipe/Reel and Open set of choice upon recall
31	18 and under 19 years	Born 2004	Heavy Jig/Reel and Open set of choice upon recall
32	19 and under 20 years	Born 2003	Hornpipe/Reel and Open set of choice upon recall
33	Senior Men	Born 2002 or earlier	Hornpipe/Reel and Open Set of choice upon recall

Solo competitors will dance the required number of bars as detailed in Rule 25 below. All dances will be played at championship speeds.

CEILI COMPETITIONS * Will be split (Girls/Mixed) if there are sufficient mixed teams only

34	Sub Minor Ceili – Under 10	8 Hand – Any dance from Ar Rinci Ceili (Part A or B)
35	Minor Ceili – Under 12	8 Hand – Any dance from Ar Rinci Ceili (Part A or B) *
36	Junior Ceili – 12 & Under 15	8 Hand – Any dance from Ar Rinci Ceili (Part A or B) *
37	Senior Ceili – 15 & Under 18	8 Hand – Any dance from Ar Rinci Ceili (Part A or B) *
38	Senior Ceili – Over 18	8 Hand – Any dance from Ar Rinci Ceili (Part A or B) *
39	Adult Ceili	Any dance from Ar Rinci Ceili (Part A or B)

FOUR HAND COMPETITIONS

A - Mixed B - Girls

40 A	40 B	Under 10	4 Hand – Any dance from Ar Rinci Ceili (Part A or B)
41 A	41 B	Under 12	4 Hand – Any dance from Ar Rinci Ceili (Part A or B)
42 A	42 B	Under 15	4 Hand – Any dance from Ar Rinci Ceili (Part A or B)
43 A	43 B	Over 15	4 Hand – Any dance from Ar Rinci Ceili (Part A or B)

FIGURE COMPETITIONS

44	Minor Figure – Under 12 Girls & Mixed
45	Junior Figure – 12 and Under 15 Girls & Mixed
46	Senior Figure – Over 15 Girls & Mixed
47	Dance Drama

GREAT BRITAIN CHAMPIONSHIPS 2023

COMPETITION RULES

1. A dancer's age group will be determined as from 1st January 2023
2. Entries will only be accepted from teachers currently registered with An Coimisiun Le Rinci Gaelacha
3. The adjudicators' decision is final. Only members of the Southern England Regional Council and those officially assisting them in the running of the championships may approach the adjudicators during competitions.
4. Complaints will only be accepted from registered teachers, in writing, and must be accompanied by a fee of £50.00, which may be refunded if the Southern England Regional Council upholds said objection.
5. Teachers are advised that all details required on the entry forms must be completed. Entry forms received in contravention of this rule will be returned.
6. Entries submitted for the Great Britain Championship is at the discretion of the teacher.
7. All competitors must be ready to dance 30 minutes prior to the published time. They must also report to the stage stewards promptly and dance in the prescribed order. Failure to report in time to dance in order will lead to disqualification. Competitors are strongly advised to check the timetable for last-minute changes to times or halls, both leading up to the event and on the day of competition.
8. In all rounds, the minimum speeds of music as laid down by An Coimisiún will apply.
9. The onus of ensuring that the stage steward is informed of the correct name and metronomic speed of the nominated open set dance will rest with the competitor.
10. An incorrect metronomic speed submitted for an open set dance can only be changed prior to the commencement of the open set dance round.
11. Introduction to open set dances will be played only once and no alteration in that speed of music will be permitted.
12. Should a competitor commence dancing to an incorrect metronomic speed submitted to the stage steward then that competitor must continue to dance at that speed as no further opportunity of tempo change will be afforded.
13. In the event of a mishap on stage, e.g., a heel or shoe coming off, the dancer should retire to the back of the stage and remain there, allowing the other dancer(s) to continue with their performance. If a dancer fails to comply with this direction and leaves the stage, then he/she will be deemed to have failed to complete the round and will be eliminated from the championship
14. Should a dancer fall, and the stage situation be that he/she inhibits the performance or safety of other dancers on stage, the bell will be rung, and the group will be permitted to dance again. Should the fall happen in the last 8 bars of the dance then the dancer/s will be required to re-dance the last 16 bars only.
15. If a competitor sustains injury or illness during a competition, and the organisers have reason to believe that such an illness or injury could be exacerbated by continued participation, he/she will be advised to retire from the competition. If this advice is ignored, then prior to continuation, the dancer (or in the case of a child or young person (5 to 17 years) an appropriate adult) will be required to sign a disclaimer form, which will be retained in the event of a possible future enquiry.
16. Any competitors found to be using artificial carriage aids will be requested to remove same. In the case of refusal, disqualification will follow. In the case of medical apparatus, this will be permitted upon the production of a letter from a medical practitioner or other documentary evidence in support, to prove authenticity and the requirement for the aid to be used or worn.
17. Any form of unauthorised photography which has the capability of capturing a dancer's image whilst in motion, using electronic or manual means, e.g., mobile phone, standard camera, video camcorder, cine recorder, commercial film, with or without flash enhancement, is expressly forbidden during competitions. Photographs taken at awards ceremonies are permitted. However, these must be for your own use, and not for public display purposes unless permission has been obtained.
18. The rules of An Coimisiún Le Rinci Gaelacha as regards standards of dress must be adhered to in the venue; discretion must be exerted when dancers are changing for competitions. Changing areas will be provided.
19. Dancers taking part in results ceremonies will not be permitted to go onto stage to receive any award unless in full costume and wearing black dance shoes.
20. All dancers deserve the same respect and ovation on completion of their performance. Excessive and unique verbal celebrations will not be tolerated on completion of a performance.
21. All cups and shields are perpetual awards. These are the responsibility of the holder for the relevant year, who is responsible for loss and any damage not previously reported. Such cups and shields must be returned in good time for the corresponding competitions this year.
22. The Southern England Regional Council have made every effort to ensure that the stages constructed for the

GREAT BRITAIN CHAMPIONSHIPS 2023



championships are of the correct specification in design and structure, considering health and safety issues. All stages are covered with Harlequin flooring. By entering the championships, competitors accept this statement, and neither the Hotel Management nor the Southern England Regional Council can be held liable for any incident or event which could not be reasonably foreseen.

23. In the event of a dispute not covered by any of the rules of these championship, reference will be made to the Rules of An Coimisiún, appertaining to the issue or matter in dispute.

Performance related

24. In all heavy dances the lead-round must be danced on both right and left feet.
25. Competitors will dance the following:
U5 – 24 bars in Reel
U6 & U7 - 48 bars in reel and 40 bars in single jig, light/heavy jig
U8 & U9 - 48 bars in reel and 40 bars in heavy jig, Traditional Set
U10 – Senior - 48 bars in the reel and heavy Jig, 40 bars in the slip jig and hornpipe
Adult solo – 48 bars in reel and heavy jig, 40 bars in slip jig
26. Under 10 Boys & Girls recall dancers must dance jig set only in line with An Coimisiún ruling - Under 11 to Senior recall can dance set of choice. Adult solo recall will dance traditional set on recall.
27. In all cases an 8-bar introduction will be played.
28. a) If a competitor fails to complete the Heavy Jig or Hornpipe round of a championship, they will receive ZERO marks and ZERO points from all adjudicators for that round. As a courtesy, they will be allowed to dance the equivalent light shoe round and whilst they will receive marks from each adjudicator they will automatically receive ZERO points and will not be allowed to progress further in the Solo Championship.
b) If a competitor fails to complete the Reel or Slip Jig round of a championship, they will receive ZERO marks and ZERO points from all adjudicators for that round and will not be allowed to progress any further in the Solo Championship.
c) A competitor who fails to complete the open set dance round will receive ZERO marks and ZERO points from all adjudicators for that round and cannot appear in a medal winning position.

Costume Rules

29. Length of costume must adhere to principles of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modestly may ask a competitor to wear black tights (of a denier not less than 70 percent) in order to continue in the competition. For competitions adjudicated by a panel of more than one adjudicator, all adjudicators on the panel must agree to ask the dancer to wear tights. Appropriate undergarments covering the midriff must be worn. Undergarments must provide full coverage as per the illustration attached. (See Addendum A). Dancers wearing undergarments that do not cover the areas of the body as in the illustrated example will be asked to put on black tights of a denier of not less than 70%. This is monitored by the adjudicator. For competitions adjudicated by a panel of more than one adjudicator all adjudicator on the panel must agree to ask the dancer to put on tights.
30. To comply with the health and safety measures, all dancers lining upside stage prior to any round of a competition will be required to perform the simple exercise of raising arms to shoulder level unhindered. If unable to do this due to costume stitching or any arm attachments by the time of their rotation will not be permitted to perform.
31. Make-up (including false eyelashes and tanner on the face) is not permitted for dancers, in either solo or team competitions, up to and including the Under 10 age group. Clarification: Both make up rules refer to the age group of the competition, not the actual age of the dancer. For example, 9-year-old dancers, competing in a team that is entered Under 12, may wear make-up or at a feis where the youngest Open Championship age group is Under 11, then all dancers in that competition may wear make-up.
32. Rules 31 must also be announced from side stage at the event. Participants should be reminded that should they be in breach of these rules and be required to remove their make-up, that they risk missing their rotation in the competition.

Ceili and Four Hand Rules

33. Entries will only be accepted from dancing teachers registered with An Coimisiún Le Rinci Gaelacha for the year 2022/2023 and Ceili Clubs for competition 39 only.
34. Mixed Ceili teams must consist of a minimum of 2 male dancers. All teachers are asked to please refer to the rules relating to Ceili in the An Coimisiún syllabus for Oireachtas Rince Na Cruinne 2023.
35. Members of adult ceili teams must not have competed in any solo, figure or ceili competitions, at feiseanna registered under the auspices of An Coimisiún Le Rinci Gaelacha, since 1st January 2020.

GREAT BRITAIN CHAMPIONSHIPS 2023

36. Adult Ceili (competition 39) can dance any dance from Ar Rince Ceili.
37. All teams entered for Adult Ceili (competition 39) must be entered in accordance with rule 2 above.

PRELIMINARY CHAMPIONSHIPS

- A minimum number of three Adjudicators must officiate.
- The first age group for a Preliminary Championship is Under 10.
- Where a Preliminary Championship is combined with an Open Championship, then the result should be taken from eligible dancers' ranking after the first two rounds.
- Where a competitor wins two Preliminary Championships, they must dance in Open Championship for a period of 12 months thereafter.
- For grading purposes, two wins will be taken as being in any two-year rolling period. Where a dancer does not win a second Preliminary within two years of winning their first Preliminary Championship, then the first win will be deemed as having expired and the dancer starts afresh.
- Where there are less than 6 in a Preliminary Championship that win will not normally be considered for grading purposes. However, where a dancer wins three Preliminary Championships regardless of the number of competitors in each competition, that dancer must dance in Open Championship for a period of 12 months thereafter.
- Dances performed in a Preliminary Championships do not count for grading in solo competitions.
- Competitors that qualify for and compete in Oireachtas Rince na Cruinne in the previous 12 months cannot compete in a Preliminary Championship except where the dancer auto qualified at their Regional or National Oireachtas due to lack of numbers.
- Dancers placing 1st-3rd in an Open Championship with up to 20 competitors or 1st-5th in an Open Championship with more than 20 Competitors cannot compete in a Preliminary Championship for a period of 12 month.

All competitors will be asked to confirm and sign for their eligibility to compete in a Preliminary Championships when collecting their entry number. This list will then be used to announce the Preliminary Championship result. No changes to this list will be allowed after the commencement of the relevant Championship.

ADULT SOLO CHAMPIONSHIPS

This event is open to dancers aged 18 or older, who have not competed during the previous five (5) years, except as an adult level dancer. All participants shall dance a Heavy Jig, followed by a Reel for men and a choice of Reel or Slip Jig for ladies, and a traditional set dance on recall. The choice of light dance for ladies – must be made at the time of entry.

General Conduct

Your attention is drawn to the legal position regarding smoking in public places or buildings in England. The Millennium Gloucester Hotel is designated as such a public place, and smoking is therefore forbidden in all parts of the building. It is further recommended that hair spray and similar cosmetic or hygienic spray substances should not be used in the public area(s) within the venue.

In the event of unacceptable behaviour in the venue on the part of any member of the Irish dancing community, for the duration of the Championships, The Millennium Gloucester Hotel management reserve the right to deal with those who are responsible in accordance with their policies appertaining to such situations. The Southern England Regional Council will support such action regarding unacceptable behaviour.