



SHEA-JENNINGS FRIGHT FEIS

Saturday, October 18, 2025

Competitions begin at 9:00 am

(doors will not open before 8:15am)

– Entries limited to 400 –

Mother Seton Regional High School

1 Valley Road, Clark, NJ 07066

Deirdre Shea, TCRG
John Jennings, ADCRG
Meg Veca, ADCRG
Noelle Zielenbach, TCRG
Meredith Carvahlo, TCRG

Feis Chair: Emilie Schoenfeld
Feis Secretary: Jennifer Lenza
[**sheajenningsfeis@gmail.com**](mailto:sheajenningsfeis@gmail.com)

DIRECTIONS

From The Garden State Parkway North - Take exit 135 (Clark/Westfield). Stay left (follow signs for Rahway/Linden.) At the second traffic light, turn left onto Central Ave E. Drive under the overpass and go straight through the traffic light. Bear left at the fork, then quickly bear/turn right onto Valley Rd. Mother Seton Regional High School will be on the right.

From The Garden State Parkway South- Take exit 135 (Clark/Westfield) and stay in the middle lane. At the traffic light, make a right. Bear left at the fork, then quickly bear/turn right onto Valley Rd. Mother Seton Regional High School will be on the right.

From Philadelphia, Pa – Take NJ Turnpike North to Exit 11, Garden State Parkway North. Follow directions above.

AREA HOTELS :
Holiday Inn Clark
732-574-0100
36 Valley Road, Clark, NJ

Homewood Suites
877-504-5348
2 Jackson Drive, Cranford, NJ

| ADJUDICATORS | | | MUSICIANS | |
|----------------------------|-------------------|--------------------|-------------------|-----|
| Mary Ann Schade Lynch - NJ | Erin Collins - CT | Brendan Lynch - NJ | Kevin Ford - NJ | TBD |
| Molly Francis Lutwin - NY | Rose Schade - NY | John O'Keefe - CT | Karen Conway - NJ | TBD |

FEIS IS REGISTERED, SANCTIONED AND WILL BE GOVERNED BY THE RULES OF AN COIMISIUN LE RINCI GAELACHA (www.CLRG.ie)
AND THE IDTANA MID-ATLANTIC REGION (www.mid-atlanticregion.com.)

The Shea-Jennings Feis Committee, The Deirdre Shea School of Irish Dancing, Mother Seton Regional High School nor any other organizations affiliated with same will not be held responsible for personal injury, property loss or damage. Destruction of FEIS property or rental property will be punishable by law.

This is a private event and entry can be refused to any individual.

ABSOLUTELY NO REFUNDS.
ALL ENTRIES MUST BE MADE AT [FEISWEB.COM](https://feisweb.com)

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| SOLO COMPETITIONS (including First Feis)..... | \$ 15.00 |
| 4 HAND CEILI (Each competitor must register individually)..... | \$ 10.00 |
| CHARITY COSTUME TREBLE REEL..... | \$ 15.00 |
| TRADITIONAL SET..... | \$ 15.00 |
| PRELIMINARY CHAMPIONS..... | \$ 50.00 |
| OPEN CHAMPIONSHIPS (3 ROUNDS)..... | \$ 60.00 |
| SODA BREAD..... | FREE |
| FAMILY FEE (Door Entry must be included with entries)..... | \$ 20.00 |
| CHANGE FEE (all changes after 10/11 will incur a fee- no exceptions)..... | \$ 25.00 |
| LATE FEES (for entries received on 10/11 but before 10/13)..... | \$ 25.00 |
| (for entries received on 10/13 before 6pm; no entries after 6pm)..... | \$50.00 |
| MAXIMUM FAMILY FEE (does not include late fees or family fee)..... | \$ 175.00 |

LIMIT 400 ENTRIES

All Entries must be made via FeisWeb. Mailed entries will not be accepted.

Payments can be made online via FeisWeb.

Go to <https://feisweb.com> and select Shea-Jennings Fright Feis to enter.

By submitting an entry , Parent or Legal Guardian agrees to abide by rules governing the feis as listed on the NAFC website, www.northamericanfeiscommission.org



NOTE: Reels in all grade categories to be danced 2 dancers at a time
All other competitors should be prepared to dance 3 at a time up to & including U14.
A complete stage schedule will be posted by 10/15/25.
****COMPETITIONS MAY BE COMBINED IF THERE ARE LESS THAN 5 COMPETITORS.****
***Adult competitions may not be combined with any other age groups in any category**

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|----------------------|---|---|--|-------------------------|--|--|
| 4 HAND CEILI | Each dancer needs to register separately. Girls & Mixed will compete together | CHARITY TREBLE REEL (Halloween costumes welcome!) Open to Novice – Open Champion | All entry fees will be donated to Mary's Place By the Sea (www.Marysplacebythesea.com) in memory of Mary Pat Barry Colicchio | TRADITIONAL SETS | Open to Adv Beginner –Prizewinner Specify Dance: JOCKEY TO THE FAIR JOB OF JOURNEYWORK KING OF THE FAIRIES 3 SEA CAPTAINS | ST PATRICK'S DAY THE BLACKBIRD GARDEN OF DAISIES |
| UNDER 8 | 602 | Under 11 | 607 | Under 8 | 611 | |
| UNDER 10 | 603 | Under 15 | 608 | Under 10 | 612 | |
| UNDER 12 | 604 | 15 & Over | 609 | Under 12 | 613 | |
| UNDER 15 | 605 | ADULT | 610 | Under 14 | 614 | |
| 15 & OVER | 606 | | | 14 & Over | 615 | |
| | | | | ADULT | 616 | |

PRELIMINARY CHAMPIONSHIP

Preliminary Championships are open to competitors who have placed 1st in Prizewinner light (Reel or Slip Jig) and TREBLE (Jig or Hornpipe) dances. Girls & Boys combined. Preliminary dancers who win THREE first places in a calendar year, must move to Open Championship the following calendar year. When a third 1st place win is achieved over several calendar years, the dancer must move to Open Championship the following weekend.
ALL AGE GROUPS 14 AND UNDER WILL DANCE 3 @ A TIME IF STAGE IS 32x24 OR LARGER.
OLDER AGE GROUPS WILL DANCE 2 @ A TIME.

PLEASE SPECIFY CHOICE OF DANCES ON ENTRY: A (Reel/Jig) B (Reel/Hornpipe) C (Slip Jig/Jig) D (Slip Jig/Hornpipe)

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|----------------------|-----|
| UNDER 8 | 400 |
| UNDER 9 | 401 |
| UNDER 10 | 402 |
| UNDER 11 | 403 |
| UNDER 12 | 404 |
| UNDER 13 | 405 |
| UNDER 14 | 406 |
| UNDER 15 | 407 |
| UNDER 16 | 408 |
| UNDER 17 | 409 |
| 17 & OVER | 410 |
| ADULT* | 411 |

OPEN CHAMPIONSHIP

ALL COMPETITORS WILL DANCE 3 ROUNDS. SOLO MEDALS WILL BE AWARDED FOR HARD & SOFT SHOE ROUNDS. PLEASE SPECIFY CHOICE OF DANCES ON ENTRY, INCLUDING SET w/ SPEED

A (Reel/Jig) B (Reel/Hornpipe) C (Slip Jig/Jig) D (Slip Jig/Hornpipe)

*UNDER 9 Girls & Boys must dance Traditional Set (3 at a time). Please specify set on your entry

| GIRLS | | BOYS | |
|-----------------|-----|----------------------|-----|
| UNDER 9 | 500 | UNDER 9 | 511 |
| UNDER 10 | 501 | UNDER 10 | 512 |
| UNDER 11 | 502 | UNDER 12 | 513 |
| UNDER 12 | 503 | UNDER 14 | 514 |
| UNDER 13 | 504 | UNDER 16 | 515 |
| UNDER 14 | 505 | 16 & OVER | 516 |
| UNDER 15 | 506 | | |
| UNDER 16 | 507 | | |
| UNDER 17 | 508 | | |
| UNDER 18 | 509 | | |
| 18+ | 510 | | |

Competitions

| | |
|-------------------|--|
| SODA BREAD | All entries must be delivered by 11am. All submissions are considered property of Shea-Jennings Feis |
| ALL AGES | 700 |

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| FIRST FEIS | Open to dancers under 7 who have never competed in a feis before. |
| GIRLS & BOYS | 1 Step Reel (Tempo 122) |
| UNDER 7 | 600 |

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|-------------------------|-----------------------------|
| SPECIAL NEEDS | Open to dancers of all ages |
| GIRLS & BOYS | Dance of Choice |
| ALL AGES | 601 |

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| BEGINNER | A beginner is a competitor who has not taken Irish dancing lessons from a registered teacher prior to September 1st of previous year. Dancer must move into Advanced Beginner the following year. 2 STEPS, No solo costumes are allowed. Skirts, trousers, blouses, shirts, or school costumes ONLY | | | |
| GIRLS & BOYS | REEL Tempo 122 | LIGHT JIG Tempo 115 | SLIP JIG Tempo 122 | HOP JIG Tempo 124 |
| UNDER 6 | 1 | 2 | 3 | 4 |
| UNDER 7 | 5 | 6 | 7 | 8 |
| UNDER 8 | 9 | 10 | 11 | 12 |
| UNDER 9 | 13 | 14 | 15 | 16 |
| UNDER 10 | 17 | 18 | 19 | 20 |
| UNDER 11 | 21 | 22 | 23 | 24 |
| UNDER 12 | 25 | 26 | 27 | 28 |
| 12 & OVER | 29 | 30 | 31 | 32 |
| ADULT* | 33 | 32 | 35 | 36 |

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|--------------------------|--|------------------------------|-------------------------------|-----------------------------|-------------------------------|------------------------------|
| ADVANCED BEGINNER | An Advanced Beginner who wins 1 st , 2 nd or 3 rd place will advance to the Novice category in that particular dance the following year. 2 STEPS No solo costumes are allowed. Skirts, trousers, blouses, shirts, or school costumes ONLY | | | | | |
| GIRLS & BOYS | REEL Tempo 122 | SLIP JIG Tempo 122 | LIGHT JIG Tempo 115 | HOP JIG Tempo 124 | TREBLE JIG Tempo 92 | HORNPIPE Tempo 138 |
| UNDER 6 | 100 | 101 | 102 | 103 | 104 | 105 |
| UNDER 7 | 106 | 107 | 108 | 109 | 110 | 111 |
| UNDER 8 | 112 | 113 | 114 | 115 | 116 | 117 |
| UNDER 9 | 118 | 119 | 120 | 121 | 122 | 123 |
| UNDER 10 | 124 | 125 | 126 | 127 | 128 | 129 |
| UNDER 11 | 130 | 131 | 132 | 133 | 134 | 135 |
| UNDER 12 | 136 | 137 | 138 | 139 | 140 | 141 |
| 12 & OVER | 142 | 143 | 144 | 145 | 146 | 147 |
| ADULT* | 148 | 149 | 150 | 151 | 152 | 153 |

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|-------------------------|--|------------------------------|-------------------------------|-------------------------------------|-------------------------------------|
| NOVICE | A novice who wins a 1 st place will advance to the Open (Prizewinner) category in that particular dance the following year. 2 STEPS | | | | |
| GIRLS & BOYS | REEL Tempo 113 | SLIP JIG Tempo 113 | LIGHT JIG Tempo 115 | TREBLE JIG Tempo 92 or 73 | HORNPIPE Tempo 138 or 113 |
| UNDER 7 | 200 | 201 | 202 | 203 | 204 |
| UNDER 8 | 205 | 206 | 207 | 208 | 209 |
| UNDER 9 | 210 | 211 | 212 | 213 | 214 |
| UNDER 10 | 215 | 216 | 217 | 218 | 219 |
| UNDER 11 | 220 | 221 | 222 | 223 | 224 |
| UNDER 12 | 225 | 226 | 227 | 228 | 229 |
| UNDER 13 | 230 | 231 | 232 | 233 | 234 |
| 13 & OVER | 235 | 236 | 237 | 238 | 239 |
| ADULT* | 240 | 241 | 242 | 243 | 244 |

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|-------------------------|---|------------------------------|-------------------------------------|-------------------------------------|
| PRIZEWINNER | A competitor who has previously won 1 st place in Novice in a particular dance 2 STEPS | | | |
| GIRLS & BOYS | REEL Tempo 113 | SLIP JIG Tempo 113 | TREBLE JIG Tempo 92 or 73 | HORNPIPE Tempo 138 or 113 |
| UNDER 8 | 300 | 301 | 302 | 303 |
| UNDER 9 | 304 | 305 | 306 | 307 |
| UNDER 10 | 308 | 309 | 310 | 311 |
| UNDER 11 | 312 | 313 | 314 | 315 |
| UNDER 12 | 316 | 317 | 318 | 319 |
| UNDER 13 | 320 | 321 | 322 | 323 |
| UNDER 14 | 324 | 325 | 326 | 327 |
| 14 & OVER | 328 | 329 | 330 | 331 |
| ADULT* | 332 | 333 | 334 | 335 |