

The An Tóstal Feis Committee proudly presents the 55th

An Tóstal Feis

Dates

Saturday 14th October, 2023

Sunday 15th October, 2023

**Mayflower Community Centre,
Drumshanbo, Co Leitrim N41Y8P6**

Moltoirí Rince:

Lorraine Farrell, Galway

Bernadette Fegan, Wicklow

Colleen Quigley, Donegal

Ceoltoirí:

Paul O'Donnell & Kevin Joyce

Tabulation:

Eileen Fagan

Syllabus approved by: Bernie Curley Feis Registrar
(Comhairle Chonnacht)

**NEW FOR 2023
TINY TOTS**



AN TOSTAL

Rules

1. Entries will only be accepted from teachers currently registered with An Coimisiún le Rincí Gaelacha.
2. Age will be reckoned from the 1st of January 2023
3. The use of camcorders is not permitted during dancing.
4. Objections must be lodged within one hour of the announcement of a competition result and accompanied by a fee of €15 from registered teachers only.
5. The feis committee will not accept any responsibility for personal injuries or damage to property on premises.
6. Competitors in Bungrád and Túsgrád may only wear a class costume, dress or skirt and top. Make-up, wigs and fake tan is not permissible.
7. Bungrád competitions are confined to those who have never won a first prize for that particular dance in any age group. Only basic steps may be performed. Tusgrád competitions are confined to dancers who have not won first prize in that particular dance in Tus, Mean or Árd Grád. Meangrád competitions are confined to dancers who have not won first prize in the particular dance in Mean or Árd.
8. No block, en pointe work, stationary or moving is allowed to be performed for all ages up to and including U/12.
9. Dancers must be registered with CLRG teacher
10. Preliminary Rules and Eligibility: To be eligible to compete in a preliminary championship
 - Dancer's must not have been placed in the top 3 in an open championship judged by 3 or more adjudicators;
 - Dancers must not have won a preliminary championship more than 2 times in the current year. However, if there are 5 or less in the preliminary competition the dancer is still eligible to compete in the preliminary championship;
 - Dancers must not have qualified for the forthcoming World Championships 2024 or qualified to participate in the 2023 World Championships;
 - Dancers must not have recalled in the actual championship at the All Ireland's in 2023;
 - Any dancer having won 2 Preliminary Championships may not compete in any Mean Grad competition for the remainder of the year. However, if a dancer has won only one Preliminary Championship they may continue to compete in Meangrad (with the exception of the dances that they won the preliminary Championship with).



AN COSTAL

Accommodation:

Leitrim Inn and Blueway Lodge - <https://www.bluewaylodge.ie>
Battlebridge Camping and Caravan Park - <https://battlebridgecaravanandcamping.ie/>
Leitrim Lodge - <https://www.leitrimlodge.ie/>
Cryans Hotel - <https://cryanshotel.ie/>

Entries

All entries must be submitted on-line via **www.entrytable.ie**
Entries will open 13h September, 2023 and close on 8th October, 2023

Entries can be made by parent/guardian and/or CLRG registered teacher using the link above
Please indicate if dancer is dancing preliminary championship
Please indicate which traditional set dance will be performed
Please indicate which light/heavy dance will be performed

Entries will be accepted on the day however, in the interest of fairness a €3 surcharge will be applied

A practice area and changing facilities are available. Tea, coffee, and light snacks will be available in the hall on both days of the feis.

Vendor

Buckles and Bling will be vending on both days of the feis

Fees

Open Championship: €30 U5 & U6
€35 U7 Upwards
Preliminary/Open Championship €40 (Prelim 9-10 up to 15-16 inclusive)
Tiny Tots Special €7
Eva Mooney Memorial €10
Grades Solo Dances €5
Príomh Comórtas €20
Prelim/Championship Results €3

Door admission €5 per adult

Results

All results will take place in separate results hall

Further Information Contact: Tracy O'Neill T.C.R.G. 087 6870316 tracyoneillsd@icloud.com
Ita Gray, Feis Committee 087 2141390

** The An Tóstal Feis Committee Organisers accept **NO** responsibility for loss or injury to persons or articles in or around the hall/car park.**



AN TÓSTAL



Provisional timetable Saturday 14th October 2023



Time	Grade	Stage A	Stage B	Stage C	Dance
09.00	Bun	U7 9-10	7-8 10-11	8-9 11-12 Over 12	<ul style="list-style-type: none"> • Reel/Cor • Light jig/Port Éadtrom • Slip jig/Port Luasca • Single Jig/Port Singil <p>Priomh Comortas Any 2 light dances</p>
10.30	Tus	U7 9-10	7-8 10-11	8-9 11-12 Over 12	<ul style="list-style-type: none"> • Reel/Cor • Light Jig/Port Éadtrom • Slip Jig/Port Luasca • Single Jig/Port Singil • Heavy Jig/Port Trom • Hornpipe/Cornphíopa • Traditional set <p>Priomh Comortas One heavy and one light dance already danced U7 - any 2 light dances</p>
12.00	Mean	U7 9-10	7-8 10-11	8-9 11-12 Over 12	<ul style="list-style-type: none"> • Reel/Cor • Light Jig/Port Éadtrom • Slip Jig/Port Luasca • Single Jig/Port Singil • Heavy Jig/Port Trom • Hornpipe/Cornphíopa • Traditional Set <p>Priomh Comortas One heavy and one light dances already danced U7 - any 2 light dances</p>
13.30	<h2 style="color: yellow;">Tiny tots special</h2> <p><i>Aimed at young dancers who may not be 100% ready for a feis. Each dancer will perform 16-24 bars easy reel to music onstage one at a time accompanied by parent or teacher</i></p>				
13.45	<p>Eva Mooney Memorial Shield Open to all ages and all dancers to perform a Reel</p>				
15.00	<p>U5/U6 Championship (Reel/Light Jig) 6-7 Championship (Reel/single jig/Light Jig)</p>				
16.00	<p>7-8 Championship (Reel/LightJig/Trad set) 8-9 Championship (Reel/LightJig/Trad set)</p>				
<p>Minor Parade of Champions Top three placing dancers from each of the above age groups are invited to dance 16 bars of light round.</p>					



Provisional timetable Sunday 15th October 2023



Time	Open Championship Craobh Comórtas
09.00	9-10 Prelim/Championship (Heavy/Light/Set (Trad or Open)) 10-11 Prelim/Championship (Heavy/Light/Set (Open)) (Alternating)
11.30	11-12 Prelim/Championship (Heavy/Light/Set (Open)) 12-13 Prelim/Championship (Heavy/Light/Set (Open)) (Alternating)
14.00	Junior Parade of Champions Top three placing dancers from each of the above age groups are invited to dance 16 bars of a light round.
14.30	13-14 Prelim/Championship (Heavy/Light/Set (Open)) 14-15 Prelim/Championship (Heavy/Light/Set (Open)) (Alternating)
16.00	15-16 Prelim/Championship (Heavy/Light/Set (Open)) 16-18 Championship (Heavy/Light/Set (Open)) Over 18 (Heavy/Light/Set (Open)) (Alternating)
18.00	Senior Parade of Champions Top three placing dancers from each of the above age groups are invited to dance 16 bars of a light round.

Heavy round will be danced first in every age group.

The prelim result will be based on first two rounds of the championship.

100% Recall

Separate boys competition if >3 boys in competition

Please note: All times are approximate and dancers must be ready to commence 30 mins before stated time



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