



# MISSISSIPPI

*Gulf Coast Feis*

**SUN, OCT. 6, 2024**

**START 8:00 AM**

MARY C O'KEEFE

CULTURAL ARTS CENTER

1600 GOVERNMENT ST. OCEAN SPRINGS, MS 39564

SYLLABUS APPROVED BY ARELEEN NI BHAOILL, TCRG SOUTHERN REGION

FEIS REGISTRAR ON JUNE 24, 2024

# *Presented by*

The Niall O'Leary School of Irish Dance  
Feis chair: Niall O'Leary, ADCRG.

## *The Eco-Friendly Feis*

The Mississippi Gulf Coast Feis will make every effort to run a fully digital feis, limit paper waste, and offer eco-friendly awards.

It is suggested for this feis is to limit synthetic materials: please wear black and/or white attire with minimal make-up and no wigs.

## *Adjudicators*

Laura Cass, ADCRG  
Ronan McCormick, ADCRG  
Anthony Murnane, ADCRG

## *Musician*

Claire Shirey (Fiddle & Concertina)

## *Photo/Video*

- No use of flash photography is allowed inside the competition room.
- Photography (without a flash) and videography is allowed for Beginner 1 and Beginner 2 solo competitions only.
- Photography (with no flash) of novice, prizewinner, championships, masters, ceilis, and specials is allowed while dancers are standing still, but NOT when dancing is occurring.

## *Registration*

- Registration opens on Monday July 15, 2024 on ifeis.net.
- There are NO late fees and NO change fees for our feis!
- Registration closes on Saturday September 21, 2024 at 11:59 PM.
- Changes are allowed until Monday September 30, 2024 at 11:59 PM.

## *Pricing*

- Solo dances per competition \$12
- Preliminary Championships & Advanced Adults Prelim (2 rounds) \$45
- Open Championships, Advanced Adults Open & Adults Championships (3 rounds) \$55
- Team dancing per competitor \$12
- Specials \$15
- Account/Family Fee \$30
- Family Max: \$150 (Does not include specials, figures, or account/family fee)
- Feis reserves the right to combine or split competitions as necessary, especially with 5 or fewer dancers.

**NEW**

*Step and Repeat Special*

**Instead of competing against other dancers, they will perform one step of their choice (soft shoe or hard shoe) and will receive face to face feedback from an adjudicator.**

**The dancer will then perform the same step again.**

**Dancer will receive their score for each time dancing along with comments to see how they improved the second time.**

**Any - 1000SR**

**[bit.ly/feisinthecoast](http://bit.ly/feisinthecoast) • [feisinthecoast@gmail.com](mailto:feisinthecoast@gmail.com)**



**NEW**

## *Family Fun Reel Special*

**Families of all levels are invited to dance 32 bars of soft shoe reel at speed 113 with their relatives in this just-for-fun, inclusive special celebrating family. Each team can consist of 2 or more dancers (or wanna be dancers)!**

**Just \$15 for the entire family!  
(Only 1 dancer needs to register)**

**Competition - 1000FF**



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**NEW**

## *Future Champs Special*

Grade level dancers are invited to try their hand at performing soft shoe and hard shoe rounds with 2.5 or 3 steps in preparation for preliminary champ.

Dancers will perform: reel (48 bars) or slip jig (40 bars) and treble jig (48 bars) or hornpipe (40 bars). This special will begin with soft shoes.

	U9	U11	U13	13&O	Adult
<b>FUTURE CHAMPS</b>	<b>609FC</b>	<b>611FC</b>	<b>613FC</b>	<b>614FC</b>	<b>699AFC</b>

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## *Crawfeis Special*



**Dancers will perform 16 bars of either treble jig (speed 73) or hornpipe (speed 113).**

**Novice & Prizewinner - 500CS  
Prelim & Open Champ - 600CS  
Adults - 700CS**

## *Traditional Set Special*

**Dancers will perform a traditional set dance of their choice in traditional style and to traditional music. Competitions will be split by age as needed.**

**Beginner & Advanced Beginner - 300TS**

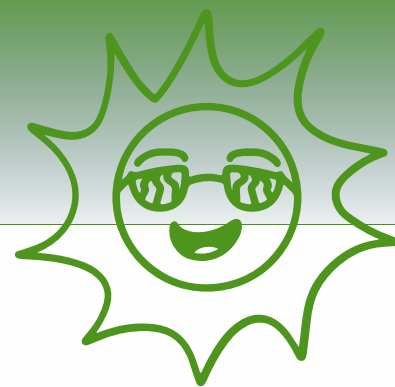
**Novice - 400TS**

**Prizewinner - 500TS**

**Prelim & Open Champ - 600TS**

**Adults - 700TS**

# *Beginner*



A dancer who has been dancing for less than one year. A Beginner dancer must move to Advanced Beginner no later than January 1st of the dancer's second year of instruction, or may move to Advanced Beginner earlier with teacher's permission.

Note: a Beginner dancer who starts in September, may continue as a Beginner until December of the following year (16 months) before moving into Advanced Beginner.

AT THIS LEVEL, DANCERS ARE NOT ALLOWED TO COMPETE IN SOLO COSTUMES (only school costumes are allowed)

	<b>U5</b>	<b>U7</b>	<b>U9</b>	<b>U11</b>	<b>U13</b>	<b>13&amp;O</b>
<b>REEL</b>	<b>205RL</b>	<b>207RL</b>	<b>209RL</b>	<b>211RL</b>	<b>213RL</b>	<b>214RL</b>
<b>LIGHT JIG</b>	<b>205LJ</b>	<b>207LJ</b>	<b>209LJ</b>	<b>211LJ</b>	<b>213LJ</b>	<b>214LJ</b>
<b>SINGLE JIG</b>	<b>205SN</b>	<b>207SN</b>	<b>209SN</b>	<b>211SN</b>	<b>213SN</b>	<b>214SN</b>
<b>SLIP JIG</b>	<b>205SJ</b>	<b>207SJ</b>	<b>209SJ</b>	<b>211SJ</b>	<b>213SJ</b>	<b>214SJ</b>





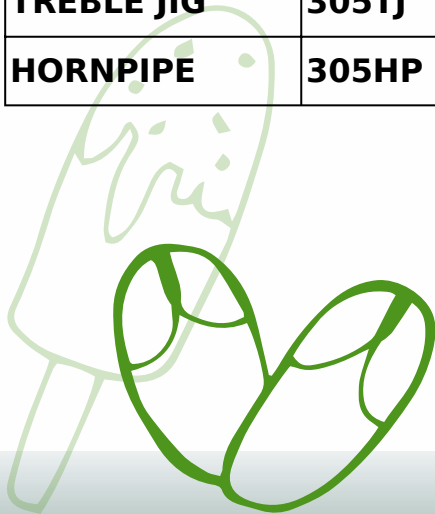
# Advanced Beginner

A dancer who has been dancing for more than one year and who has not won a 1st, 2nd or 3rd place (in a competition with 5 or more dancers) as Advanced Beginner dancer. A dancer who has won a 1st, 2nd or 3rd place in an Advanced Beginner dance (with 5 or more dancers in that competition) must move into Novice in that dance no later than January 1st of the next calendar year or with teacher's permission.

AT THIS LEVEL, DANCERS ARE NOT ALLOWED TO COMPETE IN SOLO COSTUMES (only school costumes are allowed).

ALL HARD SHOE DANCES AT TRADITIONAL SPEEDS.

	<b>U5</b>	<b>U7</b>	<b>U9</b>	<b>U11</b>	<b>U13</b>	<b>13&amp;O</b>
<b>REEL</b>	<b>305RL</b>	<b>307RL</b>	<b>309RL</b>	<b>311RL</b>	<b>313RL</b>	<b>314RL</b>
<b>LIGHT JIG</b>	<b>305LJ</b>	<b>307LJ</b>	<b>309LJ</b>	<b>311LJ</b>	<b>313LJ</b>	<b>314LJ</b>
<b>SINGLE JIG</b>	<b>305SN</b>	<b>307SN</b>	<b>309SN</b>	<b>311SN</b>	<b>313SN</b>	<b>314SN</b>
<b>SLIP JIG</b>	<b>305SJ</b>	<b>307SJ</b>	<b>309SJ</b>	<b>311SJ</b>	<b>313SJ</b>	<b>314SJ</b>
<b>TREBLE JIG</b>	<b>305TJ</b>	<b>307TJ</b>	<b>309TJ</b>	<b>311TJ</b>	<b>313TJ</b>	<b>314TJ</b>
<b>HORNPIPE</b>	<b>305HP</b>	<b>307HP</b>	<b>309HP</b>	<b>311HP</b>	<b>313HP</b>	<b>314HP</b>



# Novice

A dancer moves into Novice as a result of placing 1st, 2nd, or 3rd in that dance (with 5 or more dancers in that competition) as indicated in Advanced Beginner. A dancer who wins 1st in a Novice dance (with 5 or more dancers in that competition) must move into Prizewinner level in that dance no later than January 1st of the next calendar year or with teacher's permission.

\*ALL HARD SHOES DANCES CAN BE DONE AT EITHER TRADITIONAL SPEED OR SLOW SPEED.

	<b>U7</b>	<b>U9</b>	<b>U11</b>	<b>U13</b>	<b>U15</b>	<b>15&amp;O</b>
<b>REEL</b>	<b>407RL</b>	<b>409RL</b>	<b>411RL</b>	<b>413RL</b>	<b>415RL</b>	<b>416RL</b>
<b>LIGHT JIG</b>	<b>407LJ</b>	<b>409LJ</b>	<b>411LJ</b>	<b>413LJ</b>	<b>415LJ</b>	<b>416LJ</b>
<b>SINGLE JIG</b>	<b>407SN</b>	<b>409SN</b>	<b>411SN</b>	<b>413SN</b>	<b>415SN</b>	<b>416SN</b>
<b>SLIP JIG</b>	<b>407SJ</b>	<b>409SJ</b>	<b>411SJ</b>	<b>413SJ</b>	<b>415SJ</b>	<b>416SJ</b>
<b>*TREBLE JIG</b>	<b>407TJ</b>	<b>409TJ</b>	<b>411TJ</b>	<b>413TJ</b>	<b>415TJ</b>	<b>416TJ</b>
<b>*HORNSPIPE</b>	<b>407HP</b>	<b>409HP</b>	<b>411HP</b>	<b>413HP</b>	<b>415HP</b>	<b>416HP</b>

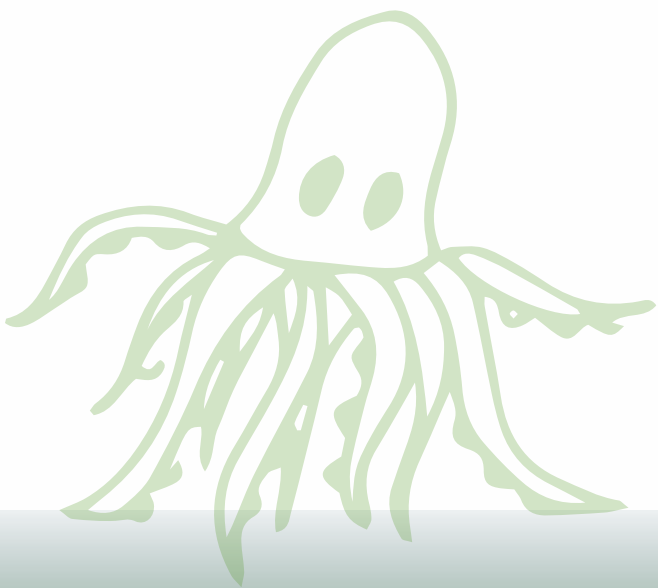
# Prizewinner



A dancer moves into Prizewinner as a result of placing 1st place (with 5 or more dancers in that competition) as indicated in Novice.

\*ALL HARD SHOES DANCES CAN BE DONE AT EITHER TRADITIONAL SPEED OR SLOW SPEED

	<b>U7</b>	<b>U9</b>	<b>U11</b>	<b>U13</b>	<b>U15</b>	<b>15&amp;O</b>
<b>REEL</b>	<b>507RL</b>	<b>509RL</b>	<b>511RL</b>	<b>513RL</b>	<b>515RL</b>	<b>516RL</b>
<b>SLIP JIG</b>	<b>507SJ</b>	<b>509SJ</b>	<b>511SJ</b>	<b>513SJ</b>	<b>515SJ</b>	<b>516SJ</b>
<b>*TREBLE JIG</b>	<b>507TJ</b>	<b>509TJ</b>	<b>511TJ</b>	<b>513TJ</b>	<b>515TJ</b>	<b>516TJ</b>
<b>*HORNPIPE</b>	<b>507HP</b>	<b>509HP</b>	<b>511HP</b>	<b>513HP</b>	<b>515HP</b>	<b>516HP</b>



# Adults

An Adult dancer is defined as any dancer who started Irish dancing at the age of 18 or older OR any dancer 18 or older who has not competed in at least five years in a youth competition AND has never placed in the top three in a youth Preliminary championship competition of more than five competitors.

Dancers who are in the Adult categories cannot enter any competition other than Adult specified competitions. A dancer who wishes to return to any category other than Adult must remain out of Adult competitions until they retire from dancing for five consecutive years.

An Advanced Adult Preliminary dancer is defined as anyone age 18 or older who has previously placed in the top three of a Prelim Championship or competed in Open Champ levels in the youth/& Over levels regardless of when the competitor was active. An Advanced Adult dancer has opted to leave Youth/& Over categories and once the dancer begins competing in Advanced Adult, the dancer may not return to Youth/& Over categories. Dancers competing at the Adult Championship level may move to the Advanced Adult Prelim level per teacher's discretion.

Adult Championships Requirements: Choice of Reel or Slip Jig, Treble Jig or Hornpipe, and Traditional Set.

Advanced Adult Prelim Requirements: Choice of Reel or Slip Jig, Treble Jig or Hornpipe.

Advanced Adult Open Requirements: Choice of Reel or Slip Jig, Treble Jig or Hornpipe, and Non Traditional Set

ALL ADULTS HARD SHOE DANCES CAN BE DONE AT TRADITIONAL SPEED OR SLOW SPEED IN THE NOVICE AND PRIZEWINNER GRADE LEVELS.

	<b>Beginner</b>	<b>Advanced Beginner</b>	<b>Novice</b>	<b>Prizewinner</b>	<b>Champ</b>	<b>Advanced</b>
<b>REEL</b>	<b>299RL</b>	<b>399RL</b>	<b>499RL</b>	<b>599RL</b>		
<b>LIGHT JIG</b>	<b>299LJ</b>	<b>399LJ</b>	<b>499LJ</b>			
<b>SINGLE JIG</b>	<b>299SN</b>	<b>399SN</b>	<b>499SN</b>			
<b>SLIP JIG</b>	<b>299SJ</b>	<b>399SJ</b>	<b>499SJ</b>	<b>599SJ</b>		
<b>TREBLE JIG</b>	<b>299TJ</b>	<b>399TJ</b>	<b>499TJ</b>	<b>599TJ</b>		
<b>HORNPIPE</b>	<b>299HP</b>	<b>399HP</b>	<b>499HP</b>	<b>599HP</b>		
<b>TRAD SET</b>						<b>700TS</b>
<b>CONTEMPORARY SET DANCE</b>						<b>799SD</b>
<b>ADULTS CHAMPIONSHIP</b>					<b>699AC</b>	
<b>ADVANCED ADULT PRELIM</b>						<b>799AAP</b>
<b>ADVANCED ADULT OPEN</b>						<b>799AAO</b>

# Preliminary Championship

Preliminary Championships are open to those who, at any recognized Feis:

- Have won 1st place in both an open/prizewinner light and heavy shoe competition (with 5 or more dancers in that competition), and
- Have never won 1st, 2nd or 3rd in Open Championship.

A dancer who lives in the Southern Region and who wins 1st place in a second Preliminary Championship Competition in any Region MAY move up to Open Championship Competitions immediately, at the discretion of their dancing teacher.

A dancer who lives in the Southern Region when they win 1st place in a second Preliminary Championship competition MUST move up to Open Championship Competitions no later than the one calendar year anniversary of the second Preliminary Championship win.

Dancers will perform: reel (48 bars) or slip jig (40 bars) and treble jig (48 bars) or hornpipe (40 bars). Champs will start in soft shoe. A separate contemporary set dance competition is offered at this feis.

	<b>U9</b>	<b>U11</b>	<b>U13</b>	<b>U15</b>	<b>U17</b>	<b>17&amp;O</b>
<b>PRELIM CHAMP (2 ROUNDS)</b>	<b>609PC</b>	<b>611PC</b>	<b>613PC</b>	<b>615PC</b>	<b>617PC</b>	<b>618PC</b>
<b>CONTEMPORARY SET DANCE</b>	<b>609SD</b>	<b>611SD</b>	<b>613SD</b>	<b>615SD</b>	<b>617SD</b>	<b>618SD</b>

# Open Championship

A dancer who wins two 1st Place awards in one calendar year will move on to Open Championship the following year, or as soon as the second win is achieved, in any age category, in the following years. Only in the case of back-to-back Feiseanna (successive days), in which case the first win in the first Feis will not change the dancer's status for the second Feis. Placing in a Regional or National Oireachtas does not change the status of a competitor.

Dancers will perform: reel (48 bars) or slip jig (40 bars) and treble jig (48 bars) or hornpipe (40 bars), and any contemporary set dance. Champs will start in soft shoe.

	<b>U9</b>	<b>U11</b>	<b>U13</b>	<b>U15</b>	<b>U17</b>	<b>U19</b>	<b>19&amp;O</b>
<b>OPEN CHAMP (3 ROUNDS)</b>	<b>7090C</b>	<b>7110C</b>	<b>7130C</b>	<b>7150C</b>	<b>7170C</b>	<b>7190C</b>	<b>7200C</b>

# *Team Dancing Competitions*

- There are no restrictions on team competition age groups.
- For 2 Hand and 3 Hand competitions, age groups will be determined by the oldest dancer. For 4 Hand and 8 Hand competitions, age groups will be determined by the teacher (bring our Oireachtas teams).
- Céilí teams may perform any figure as outlined in Ar Rinci Céilí-2014.

	2 Hand Reel	3 Hand Reel	4 Hand Reel/Jig
Under 7	9207FD	9307FD	9407FD
Under 9	9209FD	9309FD	9409FD
Under 11	9211FD	9311FD	9411FD
Under 13	9213FD	9313FD	9413FD
Under 15	9215FD	9315FD	9415FD
Over 15	9216FD	9316FD	9416FD
Adult	9299FD	9399FD	9499FD

	8 Hand Ceili
Under 10	9810FD
Under 12	9812FD
Under 15	9815FD
Under 18	9818FD
Over 18	9819FD
Adult	9899FD

## SOUTHERN REGIONAL DANCING COMPETITION RULES

1. In the case of all solo and team competitions in all grades, the age of a competitor on 1st January of the year in which the competition is held will determine the right of entry. For the purposes of this Rule a competitor whose birthday occurs on 1st January shall be deemed to be under the age attained on that date.
2. Competitions are open to all but those holding a TMRF, TCRG, or ADCRG designation. A feis can only accept entries from pupils of teachers registered with An Coimisiun and registered with both the IDTANA and the North American region in which they reside.
3. A competitor may be disqualified for any of the following reasons:
  - a. Conduct unbecoming a lady or gentleman.
  - b. Failure to report on time to compete. (Penalty: disqualification from said event)
  - c. Falsification of age or other important facts – i.e., teaching, award winning, competing under another competitor's name or number, etc.Penalty for (a) or (c): Competitor will be disqualified from the Feis at which the occurrence happened and from all registered Feiseanna for a period of one year beginning at the date of the occurrence.
4. Competitions may be closed if there are no competitors at the assigned stage ready to compete when the competition is scheduled or announced. This does not pertain to a situation where competitors are involved in stage conflicts, and such conflicts will be handled by the stage monitor.
5. Steel taps or "bubble" heels on dancing shoes and any display of awards is prohibited. Authentic Gaelic dress is desired.
6. First Feis (if offered), Beginner and Advanced Beginner, aka Beginner I and II, must wear a class costume, or a skirt/pants and top. All other categories are excluded from this rule. Modest attire is encouraged when a competitor is not dancing.
7. Competitor's number must be worn and visible to adjudicators when performing in all competitions. Use of reflective plastic number covers is discouraged.
8. The number of awards given is determined by the Feis Committee and is based on the scores and ranks given by the adjudicator(s).
9. Complaints must be in writing stating names and other factual information and signed by the complainant. A \$50.00 fee must be enclosed and presented to the Feis Chairman within one hour of the occurrence. The fee will be returned if the complaint is upheld.
10. The Feis Committee and any organization affiliated with same, will not be held responsible for personal injury, property loss or damage. Destruction of Feis property and/or rental property will be punishable by law.
11. The Feis reserves the right to reject any entry for cause, to cancel all or part of the Feis and to limit competitor's performing time. The decision of the Feis Committee is final in all matters connected with the Feis.
12. All Feiseanna must have a process to allow parents to request that their child or children's name(s) not be listed on the posted competitor list prior to the day of the Feis.
13. Competitors must answer all questions as required by the Feis Entry committee, including teacher's name, and include the entry fee for entry to be accepted. Failure to do so will result in a rejected entry. Entries must be received on or before the closing date or they will be subject to a late fee of (Determined by the Feis).
14. With the exception of First Feis and Beginner 1 the status of the dancer does not change unless there are five or more dancers in the competition.
15. Photography
  - a. With the exception of First Feis, Beginner 1 and Beginner 2 (or their equivalent), photography of any kind which has the capability of capturing a dancer's image while in motion is strictly forbidden.
  - b. A Feis may elect to allow in motion photography for publicity purposes, but the pictures are considered the sole property of the Feis and solely for Feis use only; these are not to be used for personal gain through commercial use or sale, and under no circumstances can they be published on any website or other areas, without the express written permission of the persons involved.
  - c. Additionally, a professional photographer may be formally contracted by a Feis to capture non-motion photographs, such as portrait photography, awards ceremonies, etc. and/or in motion photography provided it is taken at a vendor station or suitable location:
    - i. away from the dancing stages and,
    - ii. requested by a consenting parent, guardian, or dancer (over the age of 18).
16. No block, en Pointe, toe walking movements, stationary or moving is allowed to be performed for all ages up to and including the under 12 age group. However, after September 1 of each year an exception is made for those dancers who are 11 dancing in the under 12 age group.
17. No substance that can become airborne should be used on any dance floor in an attempt to improve traction.
18. Respect for fellow competitors on stage is a requirement at all times. Lack of respect or courtesy for fellow competitors by aggressive dancing on stage will be subject to penalty at the discretion of each individual adjudicator.



## GRADE LEVEL RULES

1. Solo competitors in First Feis (if offered), Beginner, Advanced Beginner, Novice or Open (Prizewinner), Adult and Master competitions:
  - a. Must compete in their own age group.
  - b. Must be prepared to perform two steps in each event.
2. With the exception of First Feis and Beginner 1, a dancer's level is determined in each dance (Reel, Light Jig, Single Jig, Slip-Jig, Hornpipe, Treble Jig, and Traditional Set). Traditional Set Dances are limited to those dances determined by An Coimisiun Le Rince Gaelacha as traditional set dances.
3. AFeis Committee may combine competitions if there are less than 5 competitors entered as follows:
  - a. Three consecutive age groups, if including the youngest or oldest multi-year age groups, or up to five consecutive single-age groups, combined into the highest age group, within that grade.
4. Each region may determine the system for moving dancers from one grade to another, as they see appropriate for their region.
5. The syllabus is to contain all grade categories.
6. Competitors have the option to remain in the same category for the remainder of the Feis year.
7. A dancer, at the discretion of the teacher, may move into the next Grade (not Open Championships) without satisfying the requirements. However, once a dancer competes in the higher level, they can never move back to a lower category, (except as outlined in Rule 1, above).
8. Grade Levels
  - a. **First Feis:** A dancer who has never competed in a Feis. A dancer can only be in this category for a single day and cannot compete at any other level in the Feis. Dancers must compete with Basic Steps that coincide with the Grade Exam Syllabus.
  - b. **Beginner 1 (Beginner) Grade:** A beginner is a competitor who has not yet taken a full year of Irish Dance lessons, thereby giving beginners a full year with such status. A Beginner must move into the Beginner 2/Advanced Beginner category the next year. Dancers must compete with Basic Steps that coincide with the Grade Exam Syllabus.
  - c. **Beginner 2 (Advanced Beginner) Grade:** An advanced beginner who wins 1st, 2nd or 3rd place will advance to the Novice category in that particular dance. Competition dances are reel, light jig, slip jig, traditional treble jig and traditional hornpipe, as a minimum requirement. Dancers must compete with Basic Steps that coincide with the Grade Exam Syllabus.
  - d. **Novice Grade:** A novice who wins a 1st place will advance to the Open (Prizewinner) category in that particular dance. In Novice competitions with 20 or more dancers, a dancer who wins 1st or 2nd place in a dance will advance to the Open/PW category in that particular dance (Dec 2012)
  - e. **Open Prizewinner Grade:** A competitor who does not qualify as a beginner, advanced beginner or as a novice.
  - f. **Adult:** An Adult dancer is defined as any dancer who started Irish dancing at the age of 18 or older OR any dancer 18 or older who has not competed in at least five years in a youth competition AND has never placed in the top three in a youth Preliminary championship competition of more than five competitors.
9. First Feis (if offered), Beginner 1, and Beginner 2 are required to dance at traditional speeds. Novice and Open/Prizewinner dancers may choose between traditional and Oireachtas speeds.
10. The following dance speeds must be adhered to;

	First Feis	Beg 1	Beg 2	Novice	Prizewinner
Reel	122	122	122	113	113
Light Jig	115	115	115	115	115
Slip Jig	122	122	122	113	113
Single Jig	124	124	124	124	124
Treble Jig			92	73/92	73/92
Hornpipe			138	113/138	113/138

Traditional Sets	Traditional Speed
St. Patrick's Day	94
Blackbird	144
Job of the Journeywork	138
Three Sea Captains	96
Garden of Daisies	138
Jockey to the Fair	90
King of the Fairies	130

11. First Feis, Beginner 1 and Beginner 2 perform only basic steps to coincide with the Grade Exam Syllabus.
12. Dancers competing in the First Feis category are limited to participating in the First Feis Category only.

## CHAMPIONSHIP LEVEL RULES

1. First place winners in the Open Championship category cannot return to a Preliminary or Open (Prizewinner) competition. Placing in a Regional or National Oireachtas does not change the status of a competitor. A dancer who moves into Open Championship must stay a minimum of 2 years. If after 2 years they have not placed they are allowed to return to Preliminary. An Open Championship dancer who places is not allowed to return to Preliminary until 2 years after their last placement. The regional syllabus where the Feis is being held may have different qualifications for entry.
  2. Entrants in any Championship event may not enter in any other (Grade) events, but may enter in Figure Dances and Specials, i.e. Treble Reel Competition, etc.
    - a. Dancers must qualify for Open Championship via the method now in place for Preliminary Championship, i.e. two 1st place wins.
    - b. Dancers must compete in the Preliminary Championship competition in order to qualify for Open Championship
  3. Preliminary Championships
    - a. Are open to those who at any CLRG-registered Feis:
      - i. Have placed 1st in both an Open (Prizewinner) light and heavy shoe competitions and
      - ii. Have never won 1st, 2nd or 3rd in an Open Championship.
    - b. A dancer who lives in the Southern Region and who wins 1st place in a second Preliminary Championship Competition in any Region MAY move up to Open Championship Competitions immediately, at the discretion of their dancing teacher.
    - c. A dancer who lives in the Southern Region when they win 1st place in a second Preliminary Championship competition MUST move up to Open Championship Competitions no later than the one calendar year anniversary of the second Preliminary Championship win.
    - d. Preliminary Championship competitions with 26 or more competitors may be split in half according to age. \* In Preliminary Championships-Separate boys into a separate competition if there are five (5) or more boys entered in a specific competition within a single age group.
- If three (3) or more boys are entered in a specific age group in a combined Open Championship competition, the boys and girls MUST be split into separate competitions.
4. Every competitor in Preliminary or Open Championship must have a minimum of 8 rotations or 10 minutes between each of their rounds.
  5. In the event the same organization is running 2 feis' in one weekend the following must occur:
    - a. 2nd chance competitions may only be offered on one feis

## FIGURE/CEILI TEAM RULES

1. Teachers or team captains are responsible that their teams are complete and in position when the competition is announced.
  - a. There are no restrictions on figure age groups
  - b. Figure age groups will be determined by the oldest dancer.
  - c. 8hand teams are allowed to repeat dancers at all Southern Region feiseanna in accordance with the World and Regional Oireachtas rules.
2. The length of 2 hand and 3 hand dances in competition are to be 48 bars of music plus an 8 bar introduction.
3. Only dancers that meet the definition of an "Adult Dancer" may compete in Adult Ceili competitions. "Adult Dancer" includes Adult Grade Level, Adult Championship, Advanced Adult Preliminary Championship and Advanced Adult Open Championship, as defined by the qualifications found elsewhere in these rules.
4. In the event that the same organization is running 2 feiseanna in one weekend, the following may occur: Figure and Ceili competitions may be offered at only one of the feis' on that weekend.

## ADJUDICATORS & MUSICIANS

1. Musicians and adjudicators cannot be approached during a competition by anyone except the Feis Committee. No one can approach them while a competitor is performing.
2. Musicians employed by the Feis Committee will be solely under the direction and management of the Feis Committee on Feis day.
3. In matters pertaining to adjudication, the decision of the adjudicators is final.
4. Adjudicators are to monitor the quality of music at the stage(s) to which they are assigned.
5. Championships and Preliminary Championships require at least three adjudicators.
6. Each Feis is required to list their adjudicators on their syllabus and/or website at least three weeks before the close of entries, one-third of which are to be from outside the region where the Feis is being held.

## **COSTUME RULES**

1. Make up is prohibited on a dancer in the first three grades (First Feis (if offered), Beginner I and Beginner 2 or their equivalent) up to and including the under 12 age group. Make-up (including false eyelashes and tanner on the face) is not permitted for dancers, in either solo or team competitions, up to and including the Under 10 age group.

Clarification: Both make up rules refer to the age group of the competition, not the actual age of the dancer. For example, 9-year-old dancers, competing in a team that is entered Under 12, may wear make-up or at a feis where the youngest Open Championship age group is Under11, then all dancers in that competition may wear make-up. These rules must also be announced from side stage at the event. Participants should be reminded that should they be in breach of these rules and be required to remove their make-up, that they risk missing their rotation in the competition.

2. Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition. Medically prescribed aids (proof of which may be required) will be exempt from this rule.

3. Competitors in competitions at the First Feis (if offered), Beginner I and Beginner 2 Grade will wear only the competitor's dancing school costume or a skirt/pants and top.

4. Costume Length: Length of costumes must adhere to principles of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty may ask a competitor to change into black tights (of a denier not less than 70 per cent) in order for the dancer to continue in the competition.

## **MODESTY RULES**

### **FROM AN COIMISIUN**

Changing costumes, dressing and undressing of dancers will not be acceptable in the halls or public areas. For the sake of modesty and in the interests of safety of young people, dancers will not be permitted to walk around the feis scantily dressed.

Respect for fellow competitors on stage is a requirement at all times.

Lack of respect or courtesy for fellow competitors by aggressive dancing on stage will be subject to penalty at the discretion of each individual adjudicator.

Length of costume must adhere to principles of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty may ask a competitor to wear black tights (of a denier not less than 70 percent) in order to continue in the competition. For competitions adjudicated by a panel of more than one adjudicator, all adjudicators on the panel must agree to asking the dancer to wear tights. Effective March 1, 2022.

Appropriate undergarments covering the midriff must be worn. Undergarments must provide full coverage. Dancers wearing undergarments that do not cover the areas of the body as in the illustrated example will be asked to put on black tights of a denier of not less than 70%. This is monitored by the adjudicator. For competitions adjudicated by a panel of more than one adjudicator all adjudicators on the panel must agree to ask the dancer to put on tights. (Effective March 1, 2022)

The Feis WILL NOT give any refunds for any reason including consequences for violations of these rules.