

Charlotte's Vision Charity Feis



Sunday 7th December 2025

Milltown Community Centre, H54 D579

Moltoirí:

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Syllabus approved by Ellen Curley, An Comhairle Chonnachta

An Coimisiún le Rincí Gaelacha

Our Story

Charlotte's Vision was set up in memory of Charlotte Sweeney, from Tuam, Co. Galway

Charlotte was diagnosed with breast cancer in 2019 and with Metastatic Breast Cancer in late 2020.

Charlotte passed away in December 2021, just before her 42nd birthday



Charlotte's friends and family wanted to set up a charity in her name to help others and fund developing research into this disease

We are blessed to have set up Charlotte's Vision in partnership with the National Breast Cancer Research Institute (NBCRI).

Charlotte's Vision falls under the governance of this well established charity and all proceeds raised will be directed specifically to Metastatic Breast Cancer research.

We welcome you to join our journey to prolong lives and ultimately save lives of those diagnosed with secondary cancer.

RIALACHA

- 1 Age reckoned from January 1st, 2025.
- 2 Entries will only be accepted from teachers currently registered with An Coimisiún le Rincí Gaelacha.
- 3 No refunds except in the case that the event does not run.
- 4 The adjudicator's decision is final.
- 5 Objections must be lodged in writing within one hour of the announcement of a competition & be accompanied by a fee of €30 which will be refunded should the objection be valid.
- 6 The feis committee as far as is practical will provide a stage surface suitable for dancing. However, the committee cannot accept any liability whatsoever for injuries sustained while on stage. The lodgement of any entry will be deemed to be acceptance of this made by the dancer & his/her parent(s) or guardian(s).
- 7 The Feis Committee reserve the right to refuse entries and refuse entrance to the venue.
- 8 The Feis Committee reserve the right to move competitions/results to a different stage or alternate age groups to ensure the smooth running of the event.

9 Photography

- a. Any form of unauthorized photography that has the capability to capture a dancer's image whilst in motion, using electronic means e.g. mobile phone, standard camera, video camera, with or without flash enhancement, is forbidden during all competitions.
 - b. Awards presentation photos may be put on the organising feis Social Media page. If you do not wish your child to be on this page you must inform the organisers of the feis before the awards are made.
 - c. Videoing of competitions is strictly forbidden.
- 10 No block/en point (stationary or moving) is permitted for all ages up to and including under 12 apart from dancers who will be competition in 12-13 age group next year (2026), who will be exempt from this rule from 1st September 2025.

11 Music Speed

Grade	Reel	Light Jig	Single Jig	Slip Jig	Heavy Jig	Hornpipe
Bun	122-124	116	124	124		
Tús	116-118	116	124	120	84	130
Mean/Árd	113	116	124	113	73	113

12 Costumes

- a. Length of costumes must adhere to principles of modesty and enable dancers to safely execute their movements and step.
 - b. Appropriate undergarments covering the midriff must be worn. Undergarments must provide full coverage (as per illustrations on www.clrg.ie).
 - c. Adjudicators who determine a costume to lack modesty or be too short may ask a competitor to change into black tights (of a denier not less than 70%) in order for the dancer to continue in the competition. If the competitor is being judged by more than 1 adjudicator, all adjudicators must agree that the dancer be asked to put on tights.
 - d. Changing of costumes is not permitted in halls or public areas. Dancers must use changing rooms provided.
 - e. In order to comply with health and safety measures, all dancers lining up side-stage for any round, may be asked to raise their arms to shoulder level unhindered. If unable to do this by the time of their rotation, due to costume stitching/arm attachments, the dancer will not be permitted to perform.
- 13 Stars of the Future: This competition is aimed towards the dancers of any age who may not be ready for graded competitions. Dancers must not dance in Bun Grád or any other adjudicated competition at the event.
- 14 Bungrád and Túsgrád.
- a. Dancers are not permitted to wear tan on legs in Bun & Tús Grád.
 - b. Dancers up to and including the under 10 age group are not permitted to wear make up (including false eye lashes & face tanner)
 - c. Dancers may only wear a traditional class costume or long/short sleeve blouse/shirt/t-shirt & shirt/trousers, bodysuit/leotards and skirt (must conform to the regular costume length rule). Low cut tops or short tight skirts are not permitted. Appropriate undergarments covering the midriff must be worn.
 - d. Bun Grád competitions are confined to dancers who at the time of entry have never won 1st place (or graded out) of that particular dance in any age group or grade.
 - e. Tús Grád competitions are confined to dancers who at the time of entry have never won 1st place (or graded out) of that particular dance in any age group in Tús Grád,

Mean Grád, Preliminary or Árd Grád. Basic steps or their first hard/advanced version of each dance are permitted in Tús Grád. Steps in Tús Grád heavy jigs and hornpipes should be similar to those performed in traditional sets.

f. 'Grading up' in Bun & Tús Grád.

- 1-5 dancers = 0 grade up
- 6-20 dancers = 1 dancer grades up
- 31-30 dancers = 2 dancers grade up
- 30+ dancers = 3 dancers grade up

15 Mean Grád: Mean Grád competitions are confined to those who at the time of entry have never won 1st place (or graded out) of that particular dance in any age group in Mean Grád, Preliminary or Árd Grád grades.

ENTRY FEES & ADMISSION:

Bun, Tús, Mean Grád Solos	€ 5.00 per dance
Trophy Light & Heavy Dance	€ 10.00 per dance
Stars of the Future	€ 10.00 per dancer
Admission to Feis	€ 5.00 per adult (Cash Only)

There will be a shop onsite.

Top 5 dancers in Trophy Dances will receive sashes and trophies.

All proceeds from the feis will go to Charlotte's Vision

Entries are now open.

Entries close at 6pm on Monday 1st December 2025

Entries by Feis Connect via the following link.

<https://forms.gle/pFXQFmcA8yJT3ynB6>

How can you help?

Make a Donation

Or



Become a 'friend' of
Charlotte's Vision by
making a regular monthly
donation.

Attend another Charlotte's
Vision fundraising event

Or

- Hold your own fundraising
event for Charlotte's
Vision



Follow us on



Contact Us



www.charlottesvision.ie



charlottesvision22@gmail.com.

TIME-TABLE

TIME	GRADE	STAGE 1	STAGE 2	STAGE 3
9.00am	Bun Grád	Under 6	6-7	7-8
10.00am	Bun Grád	8-9	9-10	10-12 & Over 12

Bun Grád Dances: Reel, Slip Jig, Single Jig, Light Jig, Trophy Light Dance

11.00am	 Stars of the Future 
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Stars of the Future:

This competition is aimed towards dancers of any age who may not be ready for graded competitions. Dancers must not dance in Bun Grád or any other adjudicated competition at the event.

TIME	GRADE	STAGE 1	STAGE 2	STAGE 3
11.30am	Tús Grad	Under 6	6-7	7-8
12.00pm	Tús Grad	8-9	9-10	10-12 & Over 12

Tús Grád Dances: Reel, Slip Jig, Single Jig, Light Jig, Trophy Light Dance
Heavy Jig, Hornpipe, Trad. Set, Trophy Heavy Dance

TIME	GRADE	STAGE 1	STAGE 2	STAGE 3
2.00pm	Mean Grád	Under 7	7-8	8-9
3.30pm	Mean Grád	9-10	10-12	12-14 & Over 14

Mean Grád Dances: Reel, Slip Jig, Single Jig, Light Jig, Trophy Light Dance
Heavy Jig, Hornpipe, Trad. Set, Trophy Heavy Dance

THERE WILL BE A SEPARATE RESULTS ROOM