

👑 THE CARROLL SCHOOL OF IRISH DANCING PRESENTS 👑

MID-ULSTER CHAMPIONSHIPS



SATURDAY 10th JUNE 2023: Championship/Prelim U9+
SUNDAY 11TH JUNE 2023: U6-U8 Championship & Grades

GALBALLY COMMUNITY CENTRE

36 Lurgylea Road, Galbally, Dungannon, Co. Tyrone, BT70 2NX

ADJUDICATORS: 👑 **Casey Costello ADCRG, Montreal**
👑 **Claire McCole-Moran ADCRG, Galway, Ireland**
👑 **Stephanie Power ADCRG, Galway, Ireland**

MUSICIAN: 👑 **Stephen Devlin, Magherafelt, Ireland**

f [Dungannon Championships & Mid-Ulster Championships](#)

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Syllabus approved by Feis Registrar of An Comhairle Uladh Maria McCaul Mohan

Maria McCaul-Mohan



Provisional Timetable



SATURDAY 10th JUNE 2023

8:30am	Under 10 Championship Under 11 Championship (Heavy Round, Light Round, Set Dance - alternating)
10:30am	Under 12 Championship Under 13 Championship (Heavy Round, Light Round, Set Dance - alternating)
1:00pm	Under 8 Championship Under 9 Championship (Reel, Jig [light or heavy], Traditional Set Dance - alternating)
2:30pm	Under 14 Championship Under 15 Championship (Heavy Round, Light Round, Set Dance - alternating)
4:30pm	Under 16 Championship Under 17 Championship (Heavy Round, Light Round, Set Dance - alternating)
5:45pm	Under 18 Championship 18-20 Championship Over 20 Championship (Heavy Round, Light Round, Set Dance - alternating)

SUNDAY 11th JUNE 2023

	STAGE 1	STAGE 2
9:00am	Under 8 Bun, Tús & Mean	Under 9 Bun, Tús & Mean
11:00am	Under 10 Bun, Tús & Mean	10-12 Bun, Tús & Mean
1:00pm	Under 6 Championship Under 7 Championship (Reel, Single Jig, Light or Heavy Jig - alternating)	
2:00pm	👑 Tiny Tots & Under 5 Ungraded 👑	
3:00pm	Under 6 Bun & Tús	Under 7 Bun & Tús
4:30pm	12-14 Bun, Tús & Mean	Over 14 Bun, Tús & Mean



Championships & Prelim



- Recall for set dance in Under 10 to Over 20 Championship if over 20 dancers.
- Championships Under 10 to Under 18 will incorporate a prelim result taken over the first 2 rounds.
- Trophies and sashes will be awarded to the top 5 dancers in open and prelim championships. 100% placement in both championship solo rounds.



Grades



- **Tiny Tots:** Aimed at young dancers who may not be 100% ready for a feis. Each dancer can perform between 8 and 32 bars of reel music on stage. Parent or teacher may accompany the child. Each dancer will receive a sash.
- **Under 5 Ungraded dances:** Trophy Reel, Light Jig, Single Jig
- **Bun Grád dances:** Reel, Light Jig, Single Jig, Slip Jig, Light Trophy Dance
- **Tús Grád dances:** Reel, Light Jig, Single Jig, Slip Jig, Light Trophy Dance, Traditional Set Trophy
- **Mean Grád dances:** Reel, Slip Jig, Single Jig, Light Trophy Dance, Heavy Jig, Hornpipe, Traditional Set Trophy
- Trophies will be awarded to the top 5 dancers in Bun, Tús & Mean trophy dances and 100% placement in all solo rounds.



Entries



Entries will open Monday 1st May via: <https://form.jotform.com/230166860004346>

U6 & U7 Championship: £30 (Overall result, 3 x solo results)

U8-O20 Championship/Prelim: £35 (Overall result, 2 x solo results)

Solo dances: £4

Trophy dances/Tiny Tots: £5

Adult admission: £5 payable on the day

Feis Rules

COMPETITION RULES

1. No refunds except in the case that the event does not run.
 2. Entries only accepted from teachers registered with An Coimisiún le Rincí Gaelacha.
 3. The adjudicator's decision is final.
 4. Age taken from 1st January 2023.
 5. Competitors in Bun Grad and Tus Grad, up to and including Under 12 age group may only wear traditional class costumes or long/short sleeved blouses & skirt/trousers, polo tops & skirt/trousers, body suits & skirts or tunics that confirm to the regular costume length rule. Low-cut tops and short tight skirts are not permitted.
 6. Make-up (including eyelashes and face tan) is not permitted for dancers, in either solo or team competitions, up to and including the Under 10 age group.
 7. Make-up will not be permitted for any dancer in the first two grades (Bun Grad & Tus Grad or equivalent) up to and including the Under 12 age group worldwide.
 8. Length of costumes must adhere to principles of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty may ask a competitor to change into black tights (of a denier not less than 70 percent) in order for the dancer to continue in the competition.
 9. Appropriate undergarments covering the midriff must be worn. Undergarments must provide full coverage (as per illustration on www.drg.ie). Dancers wearing undergarments that do not cover the areas of the body as in the illustrated example will be asked to put on black tights of a denier of not less than 70 per cent. This is monitored by the adjudicator. For competitions adjudicated by a panel of more than one adjudicator all adjudicators on the panel must agree to ask the dancer to put on tights.
 10. Bun Grad competitions are confined to competitors who at the time of entry have never won 1st place (or being graded as per below) in that particular dance in any age group or grade. Basic steps only are permitted in Bun Grad.
 11. Tus Grad confined to dancers who have never won 1st place (or being graded as per below) for that particular dance in any age in Tus Grad, Mean Grad or Ard Grad. Dancers may perform either basis steps or their first hard/difficult version of each dance.
 12. In Bun and Tus Grad competitions one dancer moves up to the next grade if there is less than 20 competitors, two dancers move up if there are between 21 and 40 competitors and three dancers move up if there are over 40 competitors.
 13. Mean Grad competitions are confined to dancers who at the time of entry never won 1st place for that particular dance in Mean or Ard Grad in that age group or a higher age group.
 14. A Prelim Championship must be adjudicated by 3 or more adjudicators and must consist of 2 rounds, 1 Light Round- reel / Slip Jig and 1 Heavy round - Heavy Jig/Hornpipe. Prelim Championships may run as a Stand-Alone competition or may be incorporated into the Open Championships. Dancers may compete in an Open or a Prelim or Both.
- Approved by Feis Registrar of An Comhairle Uladh:
15. To be eligible to compete in a Prelim Championships:
Dancers must not have placed in the top 3 in an Open Championships judged by 3 or more adjudicators. Dancers must not have won a Prelim Championships more than 2 times in the current year. HOWEVER, if there are 5 or less in a prelim Competition the dancer is still eligible to compete in Prelim. Dancers must not have qualified for Oireachtas Rince na Cruinne in the current year or previous year. Dancers must not have recalled in the actual Championships at Oireachtas Rince na hEireann in the current year or previous year. Dancers having won 2 Prelim Championships may not compete in any mean Grad competition for the remainder of the year. HOWEVER, if a dancer has only won one Prelim Championships they may continue in Mean Grad (with the exception of their dances that they have won the Prelim Championships with). Dancers who qualify for Oireachtas Rince na Cruinne where there are five dancers or less in the competition at their Regional Oireachtas are exempt from this ruling. They may remain in the Prelim Championship if they so wish. Boys who have qualified for the Oireachtas na Cruinne but were not placed in the top 3 at their Regional Oireachtas and who otherwise fulfil the criteria may continue to compete in Prelim Grade.
 16. METRONOMIC SPEEDS are as follows:
BUN GRAD: Reel 122-124, Light Jig 116, Single Jig 124, Slip Jig 124, Heavy Jig 96, Hornpipe 144
TUS GRAD: Reel 116-118, Light Jig 116, Single Jig 124, Slip Jig 120, Heavy Jig 82, Hornpipe 130
MEAN/ARD GRAD: Reel 113, Light Jig 116, Single Jig 124, Slip Jig 113, Heavy Jig 73, Hornpipe 113
TRADITIONAL SET DANCES: St Patrick's Day 94, The Blackbird 144, Job of Journeywork 138, Garden of Daisies 138, King of the Fairies 130, Three Sea Captains 96 or Jockey to the Fair 90.
 17. All competitors will be required to dance a MINIMUM number of 40 bars, except Slip Jig. Hornpipe & Bun Grad Reel where a MINIMUM number of 32 bars will be required.

OTHER RULES:

18. Any form of unauthorized, photography which has the capability to capture a dancer's image whilst in motion, using electronic or manual means, e.g mobile phone, standard camera, video camera, with or without flash enhancement, is forbidden during competition.
19. Any parent who would not like their child to appear in photos taken by the feis committee should make the feis organiser aware prior to the results being announced.
20. Changing of costumes, dressing or undressing is not permitted in the halls or public areas.
21. No block, en point, stationery or moving, will be allowed for all ages up to and including Under 12. However, dancers who will be competing in the 12-13 age group in the following year, will be exempt from this rule from 1st September.
22. The feis committee will not accept any responsibility for personal injuries or articles lost at the feis.
23. The feis committee reserves the right to transfer competitions/results to a different stage or to alternate competitions if it becomes necessary in order to help the feis run smoothly. The committee reserves the right to use a relief adjudicator.
24. The feis committee reserve the right to refuse feis entries or entrance into the feis.
25. The Child Protection Designated Liaison Officer for the Ulster Region is Paula Bell, If you have any concerns for any child's safety at the event, please contact her: <http://www.eugdpr.org/eudpr.org-1.html>.