

# The Irish Dance Academy Championships



**11th January 2025**  
**SAVE THE DATE**

Highcrest Academy, High Wycombe, HP13 7NQ

## ADJUDICATORS

Dervla McGee	ADCRG	Ulster
Lorraine Farrell	ADCRG	Connacht
Jenny Flowers	ADCRG	Midlands
Lori Hall	ADCRG	Lenster
Maria Sweeney	ADCRG	SE Region
Ann Gibbons	ADCRG	Connacht
Lisa Waites	ADCRG	SE Region
Tony Smith	ADCRG	Munster
Chris McPartland	ADCRG	SE Region

## MUSICIANS

Anthony Davis	Birmingham
Daniel Bolger	London
Majella Collins-Brooks	London

## Cláraithe Feis An Coimisiún le Rincí Gaelacha

If you need any information,  
please contact:

Sean McNicholas - 07855 351845

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Websites: [www.sercweb.com](http://www.sercweb.com) - <https://www.instepfm.com>

# Irish Dance Academy Championships

## The Irish Dance Academy Championships



Dear Teachers and Parents

On behalf of the Irish Dance Academy we are very excited to welcome you to "The Irish Dance Academy Championships 2025"

We are delighted to have acquired the excellent facilities of the Highcrest Academy. It is situated within easy reach of the M40 as well as being accessible by road with parking on site.

We are very excited to announce our esteemed panel of adjudicators and three musicians. We will be running our Tiny Tots competition this year to support the younger children ( 16 Bars Reel) U6 & U7 Championship will be judged by three adjudicators. All Open Championships from U8 & Preliminary Championships from U10 upwards will be judged by a panel of six adjudicators (three for the first two rounds and three for the Set Dance) The top five will receive trophies & sashes. All Grade competitions will have trophies from 1st to 3rd. PLEASE NOTE Some Championships will start with Set Dance first - Please check the timetable

**GRADES** - Dancers may dance up & at the appropriate speed for Heavy Jig & Hornpipes if not offered in the grades.

A catering service will be available throughout the day.

Vendors at the Feis will be: Feiswear & Redmond Rose

Instep Feis Management will be providing a full championship results service with results available to purchase at our entry desk once the awards are completed.

Please note the closing date for entries is Tuesday 7th January 2025 and payment must be made via our secure entry system using credit/debit card only at the time of entry. £1 processing fee will be added to all transactions - Please book via the following link <https://www.feisbookings.com/ida2025>

Our Facebook page (The Irish Dance Academy Championships) will be updated throughout the event to include presentation photos and results and we look forward to welcoming you on the day. We would like to thank you all in advance for your support.

**The Irish Dance Academy Team**

Base Hotel: Premier Inn High Wycombe - Arch Way HP13 5HL

Facebook: The Irish Dance Academy Championships (Feis Updates)

# Irish Dance Academy Championships 2025

## Mixed Open Championships - 3 Adjudicators

5 & Under 6	Reel (32)	Single Jig / Light Jig (32)	
6 & Under 7	Reel (32)	Single Jig (32)	Light/Heavy Jig (32)

## Mixed Open Championships - 6 Adjudicators

7 & Under 8	Heavy Jig (32)	Reel (40)	Trad Set
8 & Under 9	Heavy Jig (32)	Reel (40)	Trad Set
9 & Under 10	Heavy Jig (40) or Hornpipe (32)	Reel (40) or Slip Jig (32)	Open Set Dance / Trad Set
10 & Under 11	Heavy Jig (40) or Hornpipe (32)	Reel (40) or Slip Jig (32)	Open Set Dance
11 & Under 12	Heavy Jig (40) or Hornpipe (32)	Reel (40) or Slip Jig (32)	Open Set Dance
12 & Under 13	Heavy Jig (40) or Hornpipe (32)	Reel (40) or Slip Jig (32)	Open Set Dance
13 & Under 14	Heavy Jig (40) or Hornpipe (32)	Reel (40) or Slip Jig (32)	Open Set Dance
14 & Under 15	Heavy Jig (40) or Hornpipe (32)	Reel (40) or Slip Jig (32)	Open Set Dance
15 & Under 16	Heavy Jig (40) or Hornpipe (32)	Reel (40) or Slip Jig (32)	Open Set Dance
16 & Under 17	Heavy Jig (40) or Hornpipe (32)	Reel (40) or Slip Jig (32)	Open Set Dance
17 & Under 18	Heavy Jig (40) or Hornpipe (32)	Reel (40) or Slip Jig (32)	Open Set Dance
18 & Under 19	Heavy Jig (40) or Hornpipe (32)	Reel (40) or Slip Jig (32)	Open Set Dance
19 & Under 20	Heavy Jig (40) or Hornpipe (32)	Reel (40) or Slip Jig (32)	Open Set Dance
Senior Over 20	Heavy Jig (40) or Hornpipe (32)	Reel (40) or Slip Jig (32)	Open Set Dance

**100% Recall in all Championships & Prelims**

## Mixed Preliminary Championships

9 & Under 10	Heavy Jig (40) or Hornpipe (32)	Reel (40) or Slip Jig (32)	Open Set Dance
10 & Under 11	Heavy Jig (40) or Hornpipe (32)	Reel (40) or Slip Jig (32)	Open Set Dance
11 & Under 12	Heavy Jig (40) or Hornpipe (32)	Reel (40) or Slip Jig (32)	Open Set Dance
12 & Under 13	Heavy Jig (40) or Hornpipe (32)	Reel (40) or Slip Jig (32)	Open Set Dance
13 & Under 14	Heavy Jig (40) or Hornpipe (32)	Reel (40) or Slip Jig (32)	Open Set Dance
14 & Under 15	Heavy Jig (40) or Hornpipe (32)	Reel (40) or Slip Jig (32)	Open Set Dance
15 & Under 16	Heavy Jig (40) or Hornpipe (32)	Reel (40) or Slip Jig (32)	Open Set Dance
Over 16	Heavy Jig (40) or Hornpipe (32)	Reel (40) or Slip Jig (32)	Open Set Dance

**Open & Preliminary Championships include two solo results**

## Entry Fees

GRADE COMPETITIONS & CEILI CHAMPIONSHIPS (per dancer)	£5.00
<b>DOOR ENTRY PER PERSON (PREPAID)</b>	<b>£6.00</b>
<b>Tiny Tots</b>	<b>£10.00</b>
<b>Under 6 &amp; U7 Championship (3 Adjudicator)</b>	<b>£35.00</b>
<b>Preliminary U10 up &amp; Open Championships Under 8 up (6 Adjudicators)</b>	<b>£40.00</b>
<b>U10 Trad Set Competition - ST PATRICKS DAY ( Practice for All Ireland)</b>	<b>£5.00</b>
<b>Maximum for one child</b>	<b>£55.00</b>
<b>Family Fee Maximum</b>	<b>£90.00</b>

**Payment must be made via our secure entry system using credit/debit card only at the time of entry**

**Closing date for entries: Tuesday 7th January 2025**

# Irish Dance Academy Championships 2025- Grades

**TROPHIES 1st TO 3rd FOR ALL GRADE COMPETITIONS**

<b>NOVICE</b> (Bún Grád)	COR	PORT EADROM	PORT SINGIL	PORT LUASCA	PORT TROM	CORNPHIOPA
	32 Bars	32 Bars	32 Bars	32 Bars	32 Bars	32 Bars
	REEL	LIGHT JIG	SINGLE JIG	SLIP JIG	HEAVY JIG	HORNPIPE

Tint Tots	16 bars of the Reel for any dancer not ready for grades This competition will not be adjudicated					
5 & Under 6	✓	✓	✓	✓		
6 & Under 7	✓	✓	✓	✓		
7 & Under 8	✓	✓	✓	✓		
8 & Under 9	✓	✓	✓	✓		
9 & Under 10	✓	✓	✓	✓		
10 & Under 11	✓	✓	✓	✓		
11 & Under 12	✓	✓	✓	✓		

<b>PRIMARY</b> (Tús Grád)	COR	PORT EADTROM	PORT SINGIL	PORT LUASCA	PORT TROM	CORNPHIOPA
	32 Bars	32 Bars	32 Bars	32 Bars	32 Bars	32 Bars
	REEL	LIGHT JIG	SINGLE JIG	SLIP JIG	HEAVY JIG	HORNPIPE

Under 6	✓	✓	✓	✓		
6 & Under 7	✓	✓	✓	✓		
7 & Under 8	✓	✓	✓	✓	✓	✓
8 & Under 9	✓	✓	✓	✓	✓	✓
9 & Under 10	✓	✓	✓	✓	✓	✓
10 & Under 11	✓	✓	✓	✓	✓	✓
11 & Under 12	✓	✓	✓	✓	✓	✓
12 & Under 14	✓	✓	✓	✓	✓	✓
OVER 14	✓	✓	✓	✓	✓	✓

<b>INTERMEDIATE</b> (Mean Grád)	COR	PORT EADTROM	PORT SINGIL	PORT LUASCA	PORT TROM	CORNPHIOPA
	32 Bars	32 Bars	32 Bars	32 Bars	32 Bars	32 Bars
	REEL	LIGHT JIG	SINGLE JIG	SLIP JIG	HEAVY JIG	HORNPIPE

Under 6	✓	✓	✓	✓		
6 & Under 7	✓	✓	✓	✓		
7 & Under 8	✓	✓	✓	✓	✓	✓
8 & Under 9	✓	✓	✓	✓	✓	✓
9 & Under 10	✓	✓	✓	✓	✓	✓
10 & Under 11	✓	✓	✓	✓	✓	✓
11 & Under 12	✓	✓	✓	✓	✓	✓
12 & Under 14	✓	✓	✓	✓	✓	✓
OVER 14	✓	✓	✓	✓	✓	✓

<b>OPEN</b> (Ard Grád)	SET DANCE
<b>UNDER 9</b>	OPEN SET
<b>UNDER 10</b>	TRAD SET

<b>Under 10 Ceili</b>	<b>Under 12 Ceili</b>	<b>Under 15 Ceili</b>	<b>Over 15 Ceili</b>
4 Hand Reel	4 Hand Reel	4 Hand Reel	4 Hand Reel
Humours of Bandon	Humours of Bandon	Humours of Bandon	Humours of Bandon
Fairy Reel	Fairy Reel	Fairy Reel	Fairy Reel
Progressive Dance	Progressive Dance	Progressive Dance	Progressive Dance
Ceili Championship	Ceili Championship	Ceili Championship	Ceili Championship

## Preliminary Championships in England, Scotland and Wales

Effective 1st January 2021

- A minimum number of three Adjudicators must officiate.
- The first age group for a Preliminary Championship is Under 10.
- Where a Preliminary Championship is held separate from an Open Championship, three rounds should be offered, namely; Reel or Slip Jig, Heavy Jig or Hornpipe and any Set Dance.
- Where a Preliminary Championship is combined with an Open Championship, then the result should be taken from eligible dancers' ranking after the first two rounds.
- Where there are separate Preliminary and Open Championships, dancers can compete in both at the discretion of the Feis organiser.
- Where a competitor wins two Preliminary Championships they must dance in Open Championship for a period of 12 months thereafter.
- For grading purposes, two wins will be taken as being in any two year rolling period. Where a dancer does not win a second Preliminary within two years of winning their first Preliminary Championship, then the first win will be deemed as having expired and the dancer starts afresh.
- Where there are less than 6 in a Preliminary Championship that win will not normally be considered for grading purposes. However, where a dancer wins three Preliminary Championships regardless of the number of competitors in each competition, that dancer must dance in Open Championship for a period of 12 months thereafter.
- Dances performed in a Preliminary Championships do not count for grading in solo competitions.
- Competitors that qualify for and compete in Oireachtas Rince na Cruinne in the previous 12 months cannot compete in a Preliminary Championship *except where the dancer auto qualified at their Regional or National Oireachtas due to lack of numbers*.
- Dancers placing 1<sup>st</sup>-3<sup>rd</sup> in an Open Championship with up to 20 competitors or 1<sup>st</sup>-5<sup>th</sup> in an Open Championship with more than 20 Competitors cannot compete in a Preliminary Championship for a period of 12 months.

**PLEASE NOTE THE ABOVE RULES ARE NOT RETROSPECTIVE**

### Awards

2 medals/trophies = 5 or less - 4 medals = 6 to 10 competitors

7 medals = 11 to 20 competitors - 10 medals = 21 to 30 competitors

14 medals = 31 to 40 competitors

1 medal for each additional 5 or part of 5 competitors

### General Data Protection Regulations (GDPR)

The Feis Organiser and committee will protect all users information in accordance with the EU General Data Protection Regulation 2018.

The Feis Organiser is a fully paid up member of CLRG and comply with all CLRG GDPR Regulations currently in place as regards to running Feisanna.

Data collected will be via the completed entry pack. All data in the entry pack will be stored on a password protected laptop and only shared the Feis Organiser and the tabulation team.

## Standard Rules for SER Feiseanna – 2025

- 1 Lodgement of entries implies that you acknowledge and accept all of the Rules of An Coimisiun Le Rinci Gaelacha and the Southern England Regional Council plus the additional rules listed below, relating to the Feis.
- 2 Entries will only be accepted from Schools registered with An Coimisiun Le Rinci Gaelacha. Entries with no fee will not be processed or acknowledged.
- 3 New entries may be taken on the day of the Feis in line with SERC late entry rule.
- 4 Ages to be taken from 1st January 2025.
- 5 All dancers may be required to produce their birth certificate/passport as proof of age.
- 6 All competitors must dance in their own age group for solo competitions except where there is no competition in their age group for that particular dance. Dancers cannot compete in a younger age group

### COMPETITION RULES

- 1 All decisions of the Adjudicators are FINAL.
- 2 Competitors may dance only dance one dance in each grade.
- 3 Where there are 5 or less dancers in a competition, results will not affect their grading.
- 4 In all Heavy Dances the lead around must be danced on both the right and left foot.
- 5 NOVICE is for a dancer who has not gained a 1st,2nd or 3rd place in a Novice Grade competition or any medal in a higher grade for that particular dance.
- 6 The basic step rule will apply to all Novice Competitions as per the SERC local rules.
- 7 The Primary Grade is for dancers who have not won a 1st or 2nd place for that particular dance in ANY Age Group.
- 8 All Novice and Primary Dancers may only wear a class costume or simple dancewear in competitions up to and including Under 12 age group. Make-up will not be permitted for any dancer in the first two grades up to and including the Under 12 age group Worldwide, Failure to comply with this rule can result in disqualification.
- 9 The Intermediate Grade is for Dancers who have not won a 1st place for that particular dance in that age group or an older age group, or who has not won a Premier competition, Preliminary Championship or an Open Championship.
- 10 Intermediate dancers can dance their grades and either the Preliminary or Open Championship.
- 11 An Coimisiun has ruled that from 1st January of each year, that no block, en pointe, stationary or moving be allowed to be performed for all ages up to and including the Under 12 age group Worldwide. The Under 12 Age Group will be allowed to Toe Walk from 1st September.
- 12 Any competitor found to be using artificial carriage aids and subsequently refuses to remove same will be subject to disqualification from that competition. Medically prescribed apparatus, proof of which may be required, will be exempt from this ruling.
- 13 In order to comply with the health and safety measures, all dancers lining up side stage prior to any round of a competition will be required to perform the simple exercise of raising arms to shoulder level unhindered. If unable to do this due to costume stitching or any arm attachments by the time of their rotation they will not be permitted to perform.
- 14 Make-up rule (4.5 in CLRG rulebook) 4.5.2 make-up (including false eyelashes) is not permitted for dancers, in either solo or team competitions, up to and including the Under 10 age group (POINT OF CLARIFICATION) For the purpose of this rule the term 'Make-up' includes tinted moisturiser and any artificial tanning products. An coimisiun hopes that teachers and parents will interpret and apply this rule in the spirit in which it is intended.
- 15 Costume Length: Length of costumes must adhere to principles of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty may ask a competitor to change into black tights (of a denier not less than 70 per cent) in order for the dancer to continue in the competition. When wearing body suits with skirts (commonly known as black-out attire) black tights (of a denier less than 70) must be worn from the age of 14 and above. Effective date: 1st February, 2020. any arm attachments by the time of their rotation they will not be permitted to perform.
- 16 Appropriate undergarment covering the midriff must be worn, Undergarments must provide full coverage as per CLRG rules.

### FEIS RULES

- 1 The adjudication panel is at the discretion of the Feis Organiser.
- 2 The Feis Organiser must provide non slip flooring for every dance surface, however the Feis Organiser cannot accept any liability for injury sustained whilst dancing
- 3 Dancers must be properly attired throughout the whole competition and must be in full costume and appropriate footwear when receiving results. No changing allowed in competition areas.
- 4 Any form of unauthorised photography which has the capability to capture a dancer's image whilst in motion, using electronic or manual means, e.g. mobile phone, standard camera, video camcorder, cine recorder, commercial film, with or without flash enhancement, is expressly forbidden in all competitions.
- 5 Photographs taken at awards ceremonies are permitted, however these must be for your own use and not used for public display purposes, unless permission has been obtained.
- 6 Any competition can be moved to a different hall at the discretion of the Feis Secretary.
- 7 All championship cups are perpetual and recipients will be responsible for any loss or damage and for the safe return in adequate time to be presented to subsequent winners.
- 8 Parents are responsible for the conduct of their children at all times whilst attending the Feis. of Feiseanna, these would be welcomed by the council and should be put in writing. It should be noted that anonymous correspondence cannot be dealt with.
- 9 The Feis Organiser accepts no responsibility for any loss or damage to personal property.
- 10 NO SMOKING on school premises.
- 11 Eating and drinking should only be in designated areas.
- 12 Objections against any breach of the above rules must be made in writing, and signed, to the Feis Secretary and accompanied by a fee of £25, which will be refunded if the objection is upheld. If parents have any constructive comments to make about any aspect Feisanna, these would be welcomed by the council and should be put in writing. It should be noted anonymous correspondence cannot be dealt with.

## The Irish Dance Academy Championship Winners 2023

Mixed	U6	SADIE CLARK-SINGLETON	CARA GAEL
Mixed	U7	CAITLIN DUTHIE	SHARON TAYLOR
Mixed	U8	RAFFERTY STEVENS	BROOKS ACADEMY
Mixed	U9	ELLIE-MAI HEADD-McDERMOTT	HEADD-McDERMOTT
Mixed	U10	NELA FUSKO	MURCHU DUIGINN
Mixed	U11	LUCY BROWNLIE	SHARON TAYLOR
Mixed	U12	OSCAR DONNELLY	SHARON TAYLOR
Mixed	U13	MIKAYLA YOUNG	CALLANAN MACLOONE O'MEARA
Mixed	U14	ANNA BORISENKO	CEIM OIR
Mixed	U15	TOBY MCGUINNESS	CLADDAGH
Mixed	U16	ROISIN MCINTYRE	CALLANAN MACLOONE O'MEARA
Mixed	U17	ELLIE-KATE MCCARTHY	MCGAHAN LEES ACADEMY
Mixed	U18	SE O'TOOLE	BROOKS ACADEMY
Mixed	U19	BRIDGET MORan	THE IRISH DANCE ACADEMY
Mixed	O19	LILY MCDONNELL	THE IRISH DANCE ACADEMY
Men	O17	TOMMY BATESON	MURCHU DUIGINN
Prelim	10	PHOEBE NORTON	KIDD
Prelim	11	ALYSSA MURPHY	CELTIC HEARTS
Prelim	12	ELLA LANGAN	CEIM OIR
Prelim	13	SADIE WHITE	HERLIHY BURGOINE
Prelim	14	GRACE RAFTER	MCGAHAN LEES ACADEMY
Prelim	15	NOELIA MANNERS CIDON	DEBORAH WHELAN DANCE
Prelim	16	MILLE SMITH	MAGUIRE O'SHEA
Prelim	O16	KIMBERLEY MCGARVEY	MCQUADE SCHOOL

**Please ensure that your cup is returned on time or contact Sean McNicholas on 07855 35185 if you want to return by post.**

# Irish Dance Academy Championships 2025 - Championships Timetable

Time	Hall A	Time	Hall B
8:30 AM	U8 Mixed Champs & U9 Mixed Champs - R1 & R2	8:30 AM	U10 Mixed Champs / U10 Trad Set & U11 Mixed Champs - <b>Set Dances</b>
9:30 AM	U10 Mixed Champs & U11 Mixed Champs - R1 & R2	9:15 AM	U8 Mixed & U9 Mixed Champs Traditional Set Dances
10:30 AM	U18, U19, U20 & O20 Mixed Champ - R1 & R2	10:00 AM	U12 Mixed Champ & U13 Mixed Champ <b>Set Dances</b>
11:15 AM	U12 Mixed Champ & U13 Mixed Champs - R1 & R2	11:15 AM	U18, U19, U20 & O20 Mixed Champ - Set Dances
12:15:pm	U10 Prelim & U11 Prelim & U14 Prelim Champs - R1 & R2	12:30 PM	U12 Prelim & U16 Prelim Champs, O16 Prelim - <b>Set Dances</b>
1:30 PM	LUNCH	2:00 PM	TINY TOTS
2:00 PM	U12 Prelim & U16 Prelim & O16 Prelim Champs - R1 & R2	2:45 PM	U15 Mixed Champ & U14 Mixed Champs, U15 Prelim - <b>Set Dances</b>
3:15 PM	U13 Prelim, U16 Mixed Champ, U17 Mixed Champ - R1 & R2	4:15 PM	U16 Mixed Champ & U17 Mixed Champ - Set Dances
4:45 PM	U15 Prelim, U14 Mixed Champ & U15 Mixed Champ - R1 & R2	<b>HALL CLOSED</b>	
6:00 PM	<b>HALL CLOSED</b>	<b>Championships highlighted blue will perform the Set Dance First.</b>	

**Please be ready to dance 30 minutes before your scheduled start time.**



## Irish Dance Academy Championships 2025- Grade Hall Timetable

Time	Stage 1	Stage 2	Stage 3	Stage 4
<b>8:00 AM</b>		U6 Novice / Primary / Intermediate	U7 Novice / Primary / Intermediate	
		<b>U6 Championship (3 Adj)</b>	<b>U7 Championship (3 Adj)</b>	
<b>9:45 AM</b>	Under 14 Primary / Intermediate	U11 Novice / Primary / Intermediate	U10 Novice / Primary / Intermediate	
<b>11:00 AM</b>	Under 8 Novice / Primary / Intermediate	O14 Primary & Intermediate	U12 Novice / Primary / Intermediate	U9 Novice / Primary / Intermediate & Open Set Dance
	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
<b>2:00 PM</b>	<b>U10 PRELIM SET DANCES</b>			
<b>2:30 PM</b>	<b>U11 PRELIM SET DANCES</b>			
<b>3:00 PM</b>	<b>U14 PRELIM SET DANCES</b>			
<b>4:30 PM</b>	<b>U13 PRELIM SET DANCES</b>			
	<b>HALL CLOSED</b>			

**Please be ready to dance 30 minutes before your scheduled start time.**