



Cláraithe leis an Coimisiún Le Rinci Gaelacha

The Stephanie Power and Sarah Clogher Schools of Irish Dance Present

East Galway Championships

9th & 10th November

Kiltormer GAA Complex Ballinasloe

H53 P653

Moltoirí:

Melissa Keane McCarthy - Limerick

Sarah-Jayne MacLaverty – Galway

Fiona McCabe– Meath

Ceoloirí:

Stephen Devlin– Belfast

Enquiries: Stephanie Power ADCRG 087-7536332 / Sarah Clogher ADCRG 085-7081344

Syllabus Approved By: Ellen Curley- Feis Registrar Comhairle Chonnacht



The East Galway Championships

On behalf of Stephanie Power and Sarah Clogher we would like to welcome you to the East Galway Championships.

We have an excellent panel of adjudicators and musician in attendance.

Our venue has a capacity to sit four hundred people and with a separate results room and practice area.

Just 10 minutes off the M6 motorway at junction 15 it is an ideal location for our feis.

A lot of work has gone into ensuring it will be a thoroughly enjoyable weekend of dancing.

- Championship sized Stage
- Trophies and Sashes will be awarded to the Top 5 in Prelim and Open Championships
- Separate Results Room to avoid any delays
- 50% Recall in the Open Championship if there are 15 or more dancers in the competition
- Parade of Champions for Top 3 in Open and Prelim
- Online Entry Open via www.entrytable.ie Opening date for entries is October 15th and Closing date for entries is the November 6th (Door Admission €5 on the Day)
- Food and refreshments served throughout the two days
- Live updates will be available on the Feis Facebook and Instagram pages (East Galway Championships)

**The timetable is approximate and will be updated after the Entry Closing Date.

Looking forward to seeing you all

Stephanie and Sarah

Syllabus Approved by: Ellen Curley Feis Registrar Chomhairle Chonnacht



Dance Translations

Cor – Reel

Port Luasca – Slip Jig

Port Eadtrom – Light Jig

Port Singil – Single Jig

Port Trom – Heavy Jig

Cornphiopa – Hornpipe

Seit Trad – Traditional Set

Rince Trofai- Trophy Dance - **Competitors must have previously danced this dance as a Solo**

PC – Grade Championship

Entry Fees:

- Ard Grad Championship U6 upwards €40 (includes copy of results)
- Ard Grad Championship including Prelim €45
- Bun Grad, Tus Grad, Mean Grad Solo's €6 per dance
- Bun Grad, Tus Grad and Mean Grade Trophy Dances €10
- Mean Grade Priomh Comortas €20

Vendor:

- Buckles and Bling info@bucklesandbling.ie

Accommodation near by:

Sherwater Hotel Ballinasloe www.shearwaterhotel.com H53F5P9

Lough Rea Hotel & Spa www.loughreahotelandspa.com H62Y189



Saturday 9 th November					
Grades & Open					
Time	Grade	Stage 1	Stage 2	Stage 3	Dances
9am	Bun	U5*/ U6	6-7	7-8	Reel ,Light Jig, Single Jig, Slip Jig
10am	Bun	8-9	9-10	10-12/ O12	Trophy Dance** Any light dance U5*-Reel and Single Jig (Ungraded Solos)
11am	Tus	U7	7-8	10-12	Reel, Light Jig, Single Jig ,Slip Jig, Heavy Jig, Traditional Set
12pm	Tus	9-10	8-9	O-12	Trophy Dance- Light** Trophy Dance- Heavy**
1pm	Mean	U7	7-8	8-9	Reel, Light Jig, Single Jig Slip Jig, Heavy Jig, Hornpipe Traditional Set
		9-10	O-12	10-12	Priomh Comortas** Any Heavy Dance Any Light Dance
3pm	Open Championship				
	U6 Championship	Reel – Single Jig – Light Jig			
	U7 Championship	Reel – Single Jig – Light/Heavy Jig			
4pm	15-16 Championship				
	16-18 Championship				
	O-18 Championship				



Parade of Champions			
Sunday 10th November Open Championship			
9am	U8 Championship U9 Championship	Reel – Heavy Jig- Traditional Set Reel – Heavy Jig– Traditional Set	
10am	9-10 Championship 10-11 Championship		
	Parade of Champions		
1pm	11-12 Championship 12-13 Championship		
3pm	13-14 Championship 14-15 Championship		
	Parade of Champions		

Age 9-10 upwards: Ril/Port Luasca – Port Trom/Cornphiopa -Recall Seit

Syllabus Approved by: Ellen Curley Feis Registrar Chomhairle Chonnacht



Preliminary Championships (8-9 to 14-15) will be incorporated in the Open Championships

Competition Rules

1. Age as at 1st January 2022
2. Entries excepted only from schools registered with CLRG.
3. The Adjudicator's decision is final.
4. Objections must be lodged within one hour of the announcement of the competition result and accompanied by a fee of €20 by registered teachers only.
5. The Feis Committee will not accept responsibility for any personal injuries or property lost/damaged on the premises of the Feis.
6. Competitors in Bun Grad & Tus Grad, up to and including the Under 12 age group, may only wear traditional class costumes or long/short-sleeved blouses/shirts & skirts/trousers, polo tops & skirts/ trousers, body suits & skirts or tunics that conform to the regular costume length rule. Low-cut tops and short tight skirts are not permitted.
7. Make-up (including false eyelashes and face-tan) is not be permitted for dancers, in either solo or team competitions, up to and including the Under 10 age group.
8. Make-up will not be permitted for any dancer in the first two grades (Bungrád and Tusgrád or equivalent) up to and including the under 12 age group
9. Bun Grád competitions are confined to competitors who at the time of entry have never won 1st place (or being regraded as per below) in that particular dance in any age group or grade. Basic Steps only are permitted in Bun Grad.
10. Tus Grad confined to dancers who have never won 1st prize (or being graded as per below) for that particular dance in any age in Tus Grad, Mean Grad or Ard Grad. Dancers may perform either basic steps or their first hard/difficult version of each dance. Steps in Tus Grad Heavy Jigs and Hornpipe must be similar to those used in St.Patrick's Day and Blackbird.
11. In Bun Grád & Tus Grad competitions, one dancer moves up to next grade if there are less than 20 competitors.
12. Mean Grád competitions are confined to dancers who at the time of entry have never won 1st place for that particular dance in Mean Grad or Ard Grád in that age group or a higher age group.



13. Preliminary Rules

- To be eligible to compete in a Prelim Championship: Dancers must not have placed in the top 3 in an Open Championship judged by 3 or more adjudicators.
 - Dancers must not have won a Preliminary Championship more than 2 times in the current year, HOWEVER, if there are 5 or less in a prelim competition the dancer is still eligible to compete in Preliminary Championship.
 - Dancers must not have qualified for Oireachtas Rince na Cruinne in the current year or previous year. Dancers must not have recalled in the actual Championship at Oireachtas Rince na hEireann in the current year or previous year.
 - Dancers having won 2 Preliminary Championships may not compete in any Mean grad competition for the remainder of the year however, if a dancer has won only one Preliminary Championship they may continue to compete in Mean grad (with the exception of the dances that they have won the Prelim Championship with).
 - Dancers must not have recalled in Oireachtas Rince Na hEireann in the current year or must not have qualified for Oireachtas Rince na Cruinne.
 - Boys who have qualified for Oireachtas Rince na Cruinne, but were not placed in the top 3 at their Regional Oireachtas and who otherwise fulfil the Prelim Criteria, may continue to compete in Preliminary Grade.
14. Any form of unauthorised photography which has the capability to capture a dancer's image whilst in motion, using electronic or manual means e.g. mobile phones, ipads, standard cameras, video camcorders, cine recorder, commercial film, with or without flash enhancement, is forbidden during competition.
15. No block, En pointe work, stationary or moving, is allowed to be performed on all ages up to and including U11.
16. If you wish your child to be excluded from any photographs that may be uploaded onto social media websites, please ensure that you inform the feis organiser in advance.