

SOUTH EAST GRADES FEIS 2023 **(Bun Grad, Tús Grad & Mean Grad)**

SUNDAY 26TH MARCH 2023

**The Arklow Bay Hotel
Sea Road, Ferrybank,
Arklow, Co. Wicklow, Y14 DX02**

Adjudicators:

Niamh Gavin A.D.C.R.G (Dublin)
Órla Nic Conuladh A.D.C.R.G (Meath)

Musician:

Kevin Warren (Dublin)



Enquiries:

Laura Kitt ADCRG - 086 3531841
Andrea Curley ADCRG - 087 9165864
Martin Brennan TCRG - 087 9981715
Email: laurakitt.dancing@gmail.com

Parents can enter dancers on www.entrytable.ie

Trophies will be awarded to prize winners from 1st to 5th place in all Trophy Competitions

Syllabus approved by:

Phoebe O'Donoghue

Feis Registrar An Comhairle Laighean

Provisional Timetable

		GRADE	STAGE 1	STAGE 2
9am	Cor (Reel)	Bun	5-6 6-7	U-5 7-8
	Port Eadtrom (Light Jig)	Bun	5-6 6-7	U-5 7-8
	Port Luascadh (Slip Jig)	Bun	5-6 6-7	U-5 7-8
TROPHY DANCE	Rince Eadtrom (Light Dance Trophy)	Bun	5-6 6-7	U-5 7-8
	Cor Beirte (Two hand reel)			U-9
RESULTS				
10.30am approx	Cor (Reel)	Tús	U-7	7-9
	Port Singil (Single Jig)	Tús	U-7	7-9
TROPHY DANCE	Rince Eadtrom (Light Dance Trophy)	Tús	U-7	7-9
	Port (Light or Heavy Jig)	Tús	U-7	7-9
	Cor (Reel)	Mean	U-7	7-9
	Port Singil (Single Jig)	Mean	U-7	7-9
TROPHY DANCE	Port (Light/Heavy Jig)	Mean	U-7	7-9
TROPHY DANCE	Rince Leath Trad (Traditional Set Dance)	Mean	U-7	7-9
RESULTS				

★ **NEW FOR 2023 - TINY TOTS** ★

*(16 bars of an easy reel for dancers who may not be 100% ready for a feis)
A parent or teacher is welcome to accompany them on stage*

		GRADE	STAGE 1	STAGE 2
12.30pm approx	Cor (Reel)	Bun	8-9	9-10
	Port Luascadh (Slip Jig)	Bun	8-9	9-10
	Port Singil (Single Jig)	Bun	8-9	9-10
TROPHY DANCE	Rince Eadtrom (Light Dance Trophy)	Bun	8-9	9-10
	Port (Light / Heavy Jig)	Bun	8-9	9-10
	Cor Beirte (Two Hand Reel)		U-11	
	Cor Triur (Three Hand Reel)			U-11
RESULTS				

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Provisional Timetable

		GRADE	STAGE 1	STAGE 2
2.15pm approx	Cor (Reel)	Bun	10-11 12-14	11-12
	Port Luascadh (Slip Jig)	Bun	10-11 12-14	11-12
	Port Singil (Single Jig)	Bun	10-11 12-14	11-12
TROPHY DANCE	Rince Eadtrom (Light Dance Trophy)	Bun	10-11 12-14	11-12
	Port (Light / Heavy Jig)	Bun	10-11 12-14	11-12
	Cor Beirte (Two Hand Reel)		U-12	
	Cor Triur (Three Hand Reel)			U-12
RESULTS				
	Cor (Reel)	Tús	9-11	11-13 13-15
	Port Luascadh (Slip Jig)	Tús	9-11	11-13 13-15
TROPHY DANCE	Rince Eadtrom (Light Dance Trophy)	Tús	9-11	11-13 13-15
	Port (Light / Heavy Jig)	Tús	9-11	11-13 13-15
RESULTS				
4.15pm approx	Cor (Reel)	Mean	9-11 O-15	11-13 13-15
	Port Luascadh (Slip Jig)	Mean	9-11 O-15	11-13 13-15
TROPHY DANCE	Rince Eadtrom (Light Dance Trophy)	Mean	9-11 O-15	11-13 13-15
	Port (Light / Heavy Jig)	Mean	9-11 O-15	11-13 13-15
TROPHY DANCE	Rince Leath Trad (Traditional Set Dance)	Mean	9-11 O-15	11-13 13-15
RESULTS				

ENTRY PROCESS

PARENTS CAN ENTER DANCERS ON www.entrytable.ie

Entries will only be accepted from parents or dancers whose teachers are registered with CLRG

Entries OPEN: Tuesday 7th February 2023

Entries CLOSE: Tuesday 21st March 2023



ENTER NOW
WWW.ENTRYTABLE.IE

★ **TOP 5 DANCERS IN TROPHY COMPETITIONS WILL RECEIVE A TROPHY** 🏆🏆🏆🏆🏆

★ **ALL SOLO AND FIGURE DANCE WINNERS WILL RECEIVE A TROPHY** 🏆

★ **ALL DANCERS WILL BE PLACED IN THE REEL AND TROPHY DANCES**

PRICES

Solo Dance €5
 Trophy Dance €8
 Teams €3 per competitor
 Tiny Tots €6
 Admission €5 per adult (payable at the door)



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Facebook page for regular updates

ALL FEES ARE NON - REFUNDABLE EXCEPT IN THE EVENT THAT THE FEIS DOES NOT PROCEED

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Phoebe O'Donoghue

Feis Registrar An Comhairle Laighean

Rialacha na Féile

1. Age as on 1st January in each year of feis.
2. Entries only accepted from teachers registered with an Coimisiún le Rincí Gaelacha.
3. Make up and false tan is not permitted in Bun Grád and Tús Grád competitions up to and including under 12 age group. Make-up including false eyelashes is not permitted for dancers, in either solo or team competitions, up to and including the Under 10 *age group*.
4. Competitors in Bun Grad & Tus Grad, up to and including the Under 12 age group, may only wear traditional class costumes or long/short-sleeved blouses/shirts & skirts/trousers, polo tops & skirts/ trousers, body suits & skirts or tunics that conform to the regular costume length rule. Low-cut tops and short tight skirts are not permitted.
5. The use of artificial carriage aids is strictly forbidden. Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition. Medically prescribed apparatus (proof of which may be required) will be exempt from this ruling.
6. In order to comply with health and safety measures, all dancers lining up side stage prior to any round at any competition will be required to perform the simple exercise of raising their arms to shoulder level unhindered. If unable to do this by the time of their rotation due to costume stitching or arm attachments, these competitors will not be permitted to perform.
7. Bun Grád competitions confined to dancers who have never won 1st prize for that particular dance in any age group or grade. Basic steps only.
8. In Bun and Tús Grád competitions one dancer moves up to the next grade if there are less than 20 competitors, between 21 and 40 competitors two dancers move up and if in excess of 40 competitors three dancers move up to the next grade.
9. Tús Grád competitions confined to dancers who have never won 1st prize for that particular dance in any age group in Lár, Méan or Árd.
10. Méan grad competitions confined to dancers who have never won 1st prize for that particular dance in that age group or a higher age group in either Méan or Árd Grád.
11. Costume Length: Length of costumes must adhere to principles of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty may ask a competitor to change into black tights (of a denier not less than 70 per cent) in order for the dancer to continue in the competition. When wearing body suits with skirts (commonly known as black-out attire) black tights (of a denier less than 70) must be worn from the age of 14 and above. As a point of clarification, this rule is not limited to just body suits but also to tops/ blouses and skirts/shorts of all colours and is in effect from the 14-15 age group upwards.
12. Traditional set dance must be chosen from the following list:- St. Patrick's day, Garden of Daisies, Job of Journeywork, The Blackbird, King of the Fairies, Jockey to the Fair or Three Sea Captains.
13. Dances permitted in Rince Trom are : Heavy Jig or Hornpipe
14. Dances permitted in Rince Eadtrom are : Reel, Light Jig, Slip Jig, Single Jig
15. With regard to toe movements no block, en pointe, stationary or moving, is allowed to be performed for all ages up to and including under 12 years. However, according to the an Coimisiun rule, dancers who will compete under 13 from 1st January may perform en pointe from September of the previous year.
16. Any form of unauthorised photography, which has the capability to capture a dancers' image, whilst in motion, using electronic/manual means, e.g. mobile phones, I pads, video, still camera, commercial film with/without a flash enhancement or any other means of recording is strictly forbidden.
17. Parents are responsible for the conduct and behaviour of their children at all times whilst attending the Feis within and around the hall.
18. Feis committee, as far as practicable, will provide a surface floor suitable for dancing. However, the committee cannot accept any liability whatsoever for injuries sustained whilst on stage or within the practice area. The lodgement of an entry will be deemed to be an acceptance of this provision by a dancer and by her/his parent or guardian. (or teacher)
19. An Coimisiún rules will apply if disputes arise that are not covered by the above rules.
20. Objections must be lodged within one hour of the announcement of the results of a competition and must be accompanied by a fee of €20.
21. Changing of costumes, dressing and undressing, is not permitted in the halls or public areas.
22. Social Media Rule - Feis Organisers must continually make all persons aware that the taking of photographs of any children without parental permission is not permitted. Those who do not wish to be photographed should make themselves known to the Feis Organiser.
23. Comhairle Laighean Child Safety officer is Orla Nic Conuladh. DLPLeinster@gmail.com Please contact her if you have any concerns in regard to any child safety at the event.

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