



Cox Academy Spring Feis 2023
Registration number: 1839/23

Dates:

Saturday 2nd September – 11 Years and Over
Sunday 3rd September – 10 Years and Under

Venue:

St Paul's College
124 Darley Rd
Manly NSW 2095

Adjudicators:

Catherine Poulton ADCRG (VIC)
Monica Poulton ADCRG (VIC)
Gabrielle Hall (VIC)



Entry Options:

Warm Up Dances for Novice, Beginner, Primary and Elementary

Novice, Beginner, Primary and Elementary Premierships – 2 Dances

Intermediate/Open Championships – 3 Dances

See further details on following page.

Enter Online:

[Click Here to Enter!](#)



Syllabus

Door Entry Fee is \$20 per family.

Cox Academy Spring Feis – 2nd and 3rd September 2023

Our Feis will be in the school hall of St Paul's College, Manly in the Northern Beaches of Sydney. Our warmup room will be located downstairs in the school theatre rooms. Our day will include a canteen, raffles and hopefully a nice Sydney Spring Day to enjoy some sunshine in the beautiful grounds of the college.

ADCRG

We welcome our adjudicators, Catherine Poulton ADCRG (VIC), Monica Poulton ADCRG (VIC) and Gabrielle Hall ADCRG (VIC) to our Feis.

Closing Date

Entries will close **Monday 7th August**. Late entries *may* be accepted with an additional fee of \$20. Entry numbers will be capped to ensure we stay on schedule.

Entry Options

Novice, Beginner, Primary and Elementary

Warm up Dance - \$15

- Novice Options – Light Jig, Extra Jig and Reel
- Beginner Options – Light Jig, Extra Jig, Reel and Single Jig
- Primary Options – Heavy Jig (Speed 82 or 92), Reel and Traditional Set Dance
- Elementary Options – Heavy Jig/Hornpipe, Reel/Slip Jig, Own Choice Set Dance/Traditional Set Dance

Premiership adjudicated by 3 ADCRG's - \$40

- Novice Premiership – Light Jig and Extra Jig or Light Jig and Reel
- Beginner Premiership – Light Jig and Extra Jig or Light Jig and Reel
- Primary Premiership – Heavy Jig (Speed 82 or 92) and Reel
- Elementary Premiership – Jig/Hornpipe and Reel/Slip Jig



Intermediate/Open

Championship adjudicated by 3 ADCRG's - \$60

Online Entry

Enter the Feis on our website at <https://www.tickettailor.com/events/coxacademyofirishdance>

Contact

Questions? Contact info@coxacademy.com.au for any questions.





Rules of the Feis

The following rules should be read in light of the AIDA Mission statement, the objective of which is to encourage good sportsmanship in a healthy, positive and fair spirited environment. This objective should be upheld by ALL teachers, dancers, parents and spectators at all events.

1. Competitors must be pupils of Registered Teachers with An Coimisiun Le Rinci Gaelacha who are also registered with AIDA Inc for the year 2023.
2. Competitors must be registered with AIDA Inc. for 2023 and proof of age must also have been ascertained.
3. Entries must be submitted on the official entry form and fees paid by the due date (Monday 5th September 2022). Late entries may be accepted until Monday 12th September 2022, with a late fee of \$20 per dancer. No entries will be received after this date.
4. All competitors must be in the marshalling area prior to the commencement of their sections otherwise they may face disqualification.
5. The competition organizer reserves the right to amend the order of dances at any time.
6. In the case of a tie, there will be no dance off. Competitors in the next position will move back a place.
7. Competitors will be required to dance to music supplied by the Feis organizer. Teachers may be required to supply their own music for Own Choice Set Dances.
8. If there is a problem with music, either manual or recorded, the dancer will be permitted to re-dance.
9. If a dancer loses a heel or a complete shoe, he/she may stand back allowing the other dancer to continue dancing uninhibited. Such a dancer will then be allowed to re-dance.
10. Should a dancer bump, slip or fall, they may re-dance at the adjudicator's discretion.



11. No block, en point, stationary or moving is allowed to be performed for all ages up to and including the 11 years and under age groups.
12. If a dancer falls the adjudicator must ring the bell. The dancer will be permitted to re-dance at the adjudicator's discretion.
13. Where a dancer fails to complete his/her performance in any given round, that dancer is to be given zero marks by each adjudicator for that round.
14. Lead Round / heavy dancing. In all competitions for Primary, Intermediate and Open, in all heavy dancing ie Jig and Hornpipe, the Lead Round must be danced on both right and left foot.
15. In graded sections, competitors are required to perform correct standard of work as set out in the AIDA Inc Competitions Rules and Regulations. Competitors will be disqualified by adjudicators if incorrect standard of work is performed.
16. Make-Up & false tan will not be permitted for any Dancer in the first three grades (Novice, Beginner or Primary) up to and including the under 12 age group worldwide.
17. Make-Up (including false eyelashes) & false tan is not permitted for dancers, in either solo or team competitions, up to and including the Under 10 age group. (Effective March 1, 2014).
18. Dancers competing in Beginner Grade (11 years and under) may only wear Team costume, skirt and top with no sleeveless tops permitted. Solo costumes and wigs are not permitted in Beginners for 11 years and under. Boys may wear shorts / trousers / kilt and shirt. Dancers competing in the Beginners sections must abide by the Beginner costume rule for dancers under 11 years.
19. The decision of the adjudicator is final. Any protests are to be directed in writing to the competition organizers, accompanied by a fee of \$100.00, to be forfeited if the objection is over-ruled.
20. To receive prizes or awards, competitors must be in full dancing costume including shoes.
21. Any form of unauthorised photography which has the capability to capture a dancer's image whilst in motion, using electronic or manual means eg mobile phone, standard camera, video camcorder, cinerecorder, commercial film with or without flash enhancement is expressly forbidden in competition unless prior permission has been given by the Feis organizers. Except for dancers in the Novice and Beginner sections, refer to the photography conditions for novice and beginner dancers as listed below.



22. Costume dress necklines must be of collar-bone level or above. This does not preclude the use of alternative fabrics eg lace as an insert
23. Where chiffon or lace material is used as sleeves, the sleeves must start at the shoulder line and end at the cuff.
24. Appropriate underwear must be worn. Where tights are worn, they must be of a denier not less than 70.
25. In accordance with our obligations under the Protection policy, dancers are reminded to wear appropriate dress at all times whilst at the Feis (especially in the auditorium area). NB This means that shorts / skirt must be worn over leotards at all times.
26. All forms of dance school identification; be it by sign, shape, colour-piece, logo or symbol is banned from all solo costumes worn by any competitor in any competition. Initials & name are added to this rule from Jan 2025.
27. The use of artificial arm aids is not permitted.
28. Although all care will be taken to provide a safe stage surface, all dancers participate at their own risk.
29. Cox Academy of Irish Dance will not accept any liability for injuries sustained. Lodgement of an entry will be deemed to be an acceptance of this provision by a dancer, their parent/guardian and teacher.
30. The Feis Organizer will not enter into any correspondence with parents or non-parents concerning the organization and procedure at a Feis unless these matters are put in writing.
31. All dancers must wear the number provided on the front of their costume.
32. Following the awards, parents may photograph their own child or others with parental permission but be highly aware that there must not be other children in the shot whose privacy must be protected (if applicable). As organisers of this event, we plan to photograph winning competitors for the purpose of posting on our Facebook and Instagram page. Please indicate if you wish to opt out of this process.
33. Lodgement of an entry shall be taken to signify that the Teacher, Parent and Pupils concerned accept these rules in full and agree to strictly abide by them.



Following recent changes made to the photography rule as set down by An Comisiun le Rinci Gaelacha, Ireland, families will now be given the opportunity to film their children dancing in NOVICE AND BEGINNER SECTIONS ONLY under the guidelines set out below.

- **Who**

Only persons known to the Dancer may be photographers. There will only be one photographer permitted per dancer per dance.

- **What**

Video and still Photo images only. NO FLASH Photography permitted. Only those permitted to take images of the Dancer/s for whom the Photographer has been granted permission. Photography of any other Dancer is NOT Permitted. If the same Dancer who competes in Novice/Beginners also competes in a higher Grade event, photography is not allowed in the higher Grade event under any circumstances.

- **Where**

Any Novice/Beginner events of any AIDA Feis. Photographers only permitted to take photographic images from the designated area/s assigned by the Feis Organisers. Prize presentation photography is permitted and is not limited to the designated photography area.