

The Harp Irish Dance Company

Proudly Presents

The 6th Annual



Host of the



American Fork High School

510 Caveman Blvd, American Fork, UT 84003

Adjudicators

Joseph Seletski New York
Laura Cass Texas
Lisa Power Steinmetz California
Nicole McKeever California
Michelle Malone California

Musicians

Lindsay Davis, Utah
Roan Fraser, Colorado

Closing date for entries is July 19, 2024

Enter online at www.feisworx.com for all competitions except for music. Music entries must be electronically submitted [HERE using this form](#). All entries must be paid online.

Tentative Schedule

Friday Evening: starting at 4:00pm
Adult, Preliminary and Open Championships
Novice and Prizewinner Supplemental competitions
Future Champs Special
Adult Contemporary Set Special

Saturday: starting at 8:30am
Western US Region Senior Belt
Figures
All Grades Solos
Adult, Preliminary and Open Championships
Specials/Music and Art



SYLLABUS APPROVAL

CROSSROADS FEIS

IS REGISTERED WITH THE
WESTERN U.S. REGIONAL COUNCIL

SYLLABUS APPROVED BY:

Annie Darlington
ANNIE DARLINGTON, ADCRG
SERGEANT AT ARMS

JUNE 6, 2024
DATE

FRIDAY AFTERNOON, AUGUST 2nd

Competitions are open to Novice, Prizewinner, Preliminary, Open and Adult Championship only. Our Friday night Feis competition is traditionally a "blackout" Feis. Casual black dance dress and no wigs is encouraged; CLRG costume rules still apply.

Supplemental Grades Competitions

Novice

	Reel	Light Jig	Slip Jig	Single Jig	Treble Jig	Hornpipe	Traditional Set
U10	1301	1302	1303	1304	1305	1306	1307
U12	1311	1312	1313	1314	1315	1316	1317
U14	1321	1322	1323	1324	1325	1326	1327
U16	1331	1332	1333	1334	1335	1336	1337
16 & Over	1341	1342	1343	1344	1345	1346	1347

Prizewinner

	Reel	Light Jig	Slip Jig	Single Jig	Treble Jig	Hornpipe	Traditional Set
U10	1401	1402	1403	1404	1405	1406	1407
U12	1411	1412	1413	1414	1415	1416	1417
U14	1421	1422	1423	1424	1425	1426	1427
U16	1431	1432	1433	1434	1435	1436	1437
16 & over	1441	1442	1443	1444	1445	1446	1447
Adult Nov/PZ	1611	1612	1613	1614	1615	1616	1617

CHAMPIONSHIPS

FRIDAY Preliminary Championship: Reel (48 Bars) or Slip Jig (40 Bars) and 1 Set Dance.

FRIDAY Open Championship: Reel (48 Bars) or Slip Jig (40 Bars), and Treble Jig (48 Bars) or Hornpipe (40 Bars)

	U10	U 12	U 14	U 16	U 18	18 & over
Preliminary Championship	1700	1701	1702	1703	1704	1705

*Open to a dancer who has not won a Preliminary Championship three times previously

	U 12	U 14	U 16	U 18	18 & over
Open Championship	1711	1712	1713	1714	1715

Adult Championship	1670	Advanced Adult Championship	1671
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The top five placers in each championship are invited to perform in a "Parade of Sashes" following the championship awards ceremony. 16 bars softshoe reel stepabout style.

Friday Specials

Future Champion Special - Comp. #910

Is your dancer a rising star? A future champion? Open for Grade Level Dancers in novice and prizewinner getting ready for champ level! Must enter at least two Novice/Prizewinner level dances at the Feis to be eligible for competition. Full awards ceremony and special awards will be awarded. Must dance TWO ROUNDS: EITHER Reel (48 bars) OR Slip Jig (40 bars) AND EITHER Hornpipe (40 bars) OR Treble Jig (48 bars).

Adult Championship Contemporary Set- Competition #920

Open to Adult and Advanced Adult Champions. Requirements- Contemporary set at chosen speed.

SATURDAY , AUGUST 3rd

First Feis- Dancers eligible only if they have never competed in a feis previously.

First Feis	Reel	Light Jig	Slip Jig	Single Jig
U11	001	002	003	004
11 & over	011	012	013	014

Beginner 1

	Reel	Light Jig	Slip Jig	Single Jig	Treble Jig	Hornpipe	St. Patrick's Day
U7	101	102	103	104	105	106	107
U9	111	112	113	114	115	116	117
U11	121	122	123	124	125	126	127
11 & over	131	132	133	134	135	136	137

Beginner 2

	Reel	Light Jig	Slip Jig	Single Jig	Treble Jig	Hornpipe	St. Patrick's Day
U7	201	202	203	204	205	206	207
U9	211	212	213	214	215	216	217
U11	221	222	223	224	225	226	227
11 & over	231	231	233	234	235	236	237

Novice

	Reel	Light Jig	Slip Jig	Single Jig	Treble Jig	Hornpipe	Traditional Set
U9	301	302	303	304	305	306	307
U11	311	312	313	314	315	316	317
U13	321	322	323	324	325	326	327
U15	331	332	333	334	335	336	337
15 & Over	341	342	343	344	345	346	347

Prizewinner

	Reel	Light Jig	Slip Jig	Single Jig	Treble Jig	Hornpipe	Traditional Set
U9	401	402	403	404	405	406	407
U11	411	412	413	414	415	416	417
U13	421	422	423	424	425	426	427
U15	431	432	433	434	435	436	437
15 & over	441	442	443	444	445	446	447

Adult

	Reel	Light Jig	Slip Jig	Single Jig	Treble Jig	Hornpipe	Traditional Set
Beginner I/II	601	602	603	604	605	606	607 (St. Patrick's Day)
Novice/ Prizewinner	611	612	613	614	615	616	617

CHAMPIONSHIPS

Preliminary Championship: Reel (48 Bars) or Slip Jig (40 Bars), and Treble Jig (48 Bars) or Hornpipe (40 Bars), and 1 Set Dance.

Open Championship: Reel (48 Bars) or Slip Jig (40 Bars), and Treble Jig (48 Bars) or Hornpipe (40 Bars), and 1 Set Dance.

	U 9	U 11	U 13	U 15	U17	U19	19&O
Preliminary Championship	701	702	703	704	705	706	707

*Open to a dancer who has not won a Preliminary Championship three times previously

	U 9	U 11	U 13	U 15	U17	U19	19 & over
Open Championship	711	712	713	714	715	716	717

Adult Championship	670	Advanced Adult Championship	671
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The top five placers in each championship are invited to perform in a "Parade of Sashes" following each championship awards ceremony. 16 bars softshoe Reel stepabout style.

Figure Dancing

Beginner Figure- Dancer must be entered in at least one solo dance in Beg. 1 or Beg. 2

	2 hand reel	3 hand reel
U8	801	802
U10	803	804
U12	805	806
12 & over	807	808

Open Figure

	2 hand reel	3 hand reel	4 hand*	6 hand*	8 hand*
U10	810	811	812	813	814
U12	815	816	817	818	819
U15	820	821	822	823	824
15&Over	825	826	827	828	829

* Dances must be by the book.

Adult Figure

	2 Hand Reel	3 Hand Reel	4 Hand*	6 Hand*	8 Hand*
Beginner	640	641	642	643	644
Open	650	651	652	653	654

*Dance must be a book dance

Crossroads Ceili Cup- Competition #930

This new competition awards the honor of the Crossroads Ceili Perpetual Cup to the school with the best 8-hand* team entered. Team age makeup must follow Western Region Oireachtas Guidelines. The Ceili must follow CLRG Worlds guidelines . All ages.

Family Figure- Competition # 940

Dancers must include at least 1 adult and 1 child dancer. 48 bars. May only dance once in the Family Figure.

Specials

Tir Na Nog- Competition #000

Under 5 Pre-Feis. No fee. Participation medals awarded. Register at side stage as announced at feis.

THE ORIGINAL Blind Man Special- One Treble Reel step down the line (16 Bars)

Adjudicator will have their back turned and will adjudicate based on rhythm, timing and sounds only!

	Non- championship	Championship	All
U13	951	954	
13 & over	952	955	
Adult			953

Themed Special 2024- "Hoedown"- Comp. # 960

Solo competitors- 16 bars of reel music

Group Entries- 32 bars of reel music

This is an "anything goes" special. Costumes and props are highly encouraged. Please feel free to be as creative as you'd like and have fun in the Wild Wild West! Open to all dancers.

Championship Traditional Set- Competition #970

Requirements- One traditional Set at traditional speed

Western US Region Senior Belt- Competition #975

Open to all Open champion dancers residing in the Western Region. Adjudicated by a Panel of 5 judges.

Dancers will perform: Reel (48 Bars) or Slip Jig (40 Bars), and Treble Jig (48 Bars) or Hornpipe (40 Bars), and 1 Set Dance.

Where there are 20 or more, there will be a recall for the set round. Less than 20, all dancers will dance their set. Awards given to 1/3 of the competitors up to a maximum of 5 places. The winner will receive \$500 from the Western Region.

Art- Competition #980

Theme: "The Irish Diaspora". All medium/ forms of art accepted. All art must be turned in by Saturday at noon and will be judged during the lunch break.

Music- Competition #990

Perform or Sing a traditional Irish Song not to exceed 3 minutes. Open to all ages and instruments/vocalists. Will be judged during the Senior Belt.

Entry Fees and Information

Soft Shoe Solos/Supplemental Comp	\$20.00	FAMILY/REGISTRATION FEE. \$30.00
Hard Shoe Solos/Supplemental Comp	\$15.00	Feisworx Admin Fee \$5.00/dancer
All Figure Dancing (per competitor)	\$15.00	Late Entries (after 7/19/2024) \$25.00
Championships Friday/2 Round	\$40.00	Day of Feis Entry Fee \$40.00
Championships Saturday/ 3 Round	\$55.00	Day of Feis Changes \$20.00
Western US Region Senior Belt	\$75.00	
Specials	\$10.00 Each	FAMILY MAXIMUM FEE: \$150.00
Art and Music Specials	\$5.00 Each	(Does not include Specials, Late,
Future Champions Special	\$40.00	Service and Change fees)

All music competition registration will NOT be through feisworx. If you are interested in participating in the following competitions, please click here

Dancing Competition Rules

1. The Crossroads Feis is registered with and will follow the rules of the Western US Regional Council and the Irish Dance Teachers' Association of North America.
2. Dancer's age is determined as of January 1st.
3. First Feis competitions are open only to dancers who have never competed at a feis. Dancer may only enter First Feis once even in the case of back-to-back Feisianna.
4. Competitions of less than five competitors may be combined; sixteen or more competitors may be split by age if there are a minimum of five dancers in each age group.
5. Competitors must be at the stage, prepared to dance, at least fifteen minutes prior to the beginning of their scheduled event.
6. Dancers who appear in competitions in which they are not entered and paid will not be eligible for placement or awards.
7. When awards are announced, competitors must be in costume, including dance shoes, to receive their awards. Only Championship and Specials will be announced and given in person. Results for Grades will be posted and available on Feisworx. There will be a designated area to pick up awards for Grades. Awards will not be mailed.
8. Championship competitions are awarded by the entire adjudicator panel; individual rounds will be awarded based on one, randomly selected, adjudicator's scores as in solo competitions.
9. Blackout Guidelines: Competitions will be danced in appropriate black shirts and black skirts with black spankies/tights for girls or black shorts/pants for boys. To meet CLRG considerations, "appropriate" is defined as not too short (mid-thigh length is appropriate), not too tight, no scooped necklines, no sleeveless or cap sleeve tops and no specific school identification by lettering, words or symbol.
10. Music Competition Guidelines: The Selection of Tunes are Jigs (Single Jig / Double Jigs / Slip Jigs), Reels, Polkas, Marches, Hornpipes and Airs. No amplified instruments allowed.
11. Definition of Adults & Advanced Adults:
 - a. Adults: Dancers who started after the age of 18, or who have been out of competitions for 5 years.
 - b. Advanced Adults: Anyone age 18 or older who has previously placed in the top 3 of a Prelim Championship or competed in Open Champ levels in the youth/& over levels regardless of when the competitor was active. An Advanced Adult dancer has opted to leave youth/& over categories and once the dancer begins competing in Advanced Adult, the dancer may not return to youth/& over categories. Advanced Adult Championships at NAIDC 2024 and WUSR 2024 will dance Reel/Hornpipe. In 2025, Advanced Adults shall follow the rotation of dances for the Senior Ladies/Men age groups. For the recall round, set of choice will be performed.
12. Beginner Figures are open only to dancers in beginner for at least one solo dance.
13. Open Figures are open to all grade levels.
14. The Harp Irish Dance Company, the Feis Committee, American Fork High School, and anyone associated in putting on the Feis, shall not be held responsible or liable for any personal injury, property loss or damage incurred before, during, or after the Feis, by any participants or by anyone attending the event. By entering the feis, the entrant and/or the entrant's parent or legal guardian agrees to indemnify and hold harmless the above-mentioned parties from any liabilities or personal injury as a result of the entrant's participation.
15. PERPETUAL TROPHY - A Teacher or designated adult must sign for the Crossroads Ceili Cup award. Winners must arrange for the return of the trophy before the following years' feis. All terms of signed agreement must be met prior to returning the trophy.

Member of the Western United States Regional Council
Member of An Coimisiún le Rincí Gaelacha, Dublin, Ireland